Results

Íslands- og unglingameistaramótið í 25m laug 2026

Place: Ásvallalaug
Pool: 25m
Organizer: Sundsamband Íslands í samstarfi við ÍF
Competition Date: Nov 13, 2026 to Nov 15, 2026

Event 1, 100m fjórsund kvenna - undanrásir

Sponsor: Wise

ISL	1:00.31	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Windsor (CAN)	12/8/2016
UM	1:02.00	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/10/2011
AM	1:03.94	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.74	518	**1:08.60**		Q
	50m: 31.60	100m: 1:08.60 (37.00)						
2	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.69	509	**1:08.98**	+0.38	Q
	50m: 32.42	100m: 1:08.98 (36.56)						
3	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.49	497	**1:09.56**	+0.96	Q
	50m: 32.06	100m: 1:09.56 (37.50)						
4	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.80	491	**1:09.82**	+1.22	Q
	50m: 31.40	100m: 1:09.82 (38.42)						
5	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.62	477	**1:10.52**	+1.92	Q
	50m: 31.98	100m: 1:10.52 (38.54)						
6	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.70	464	**1:11.14**	+2.54	-
	50m: 33.76	100m: 1:11.14 (37.38)						
7	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.72	452	**1:11.76**	+3.16	Q
	50m: 33.69	100m: 1:11.76 (38.07)						
8	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.67	444	**1:12.19**	+3.59	Q
	50m: 32.79	100m: 1:12.19 (39.40)						
9	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík		423	**1:13.40**	+4.80	Q
	50m: 34.03	100m: 1:13.40 (39.37)						
10	**Thelma Ösp Sveinbjörnsdóttir**	2010	Sundfélag Hafnarfjarðar	0.63	415	**1:13.84**	+5.24	-
	50m: 33.55	100m: 1:13.84 (40.29)						
11	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.74	412	**1:14.05**	+5.45	R1
	50m: 34.20	100m: 1:14.05 (39.85)						
12	**Gabriela Róza Bondarow**	2010	Reykjavík	0.67	402	**1:14.66**	+6.06	R2
	50m: 33.50	100m: 1:14.66 (41.16)						
13	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.69	401	**1:14.71**	+6.11	
	50m: 34.07	100m: 1:14.71 (40.64)						
14	**Herdís Daðadóttir**	2012	Reykjavík	0.70	393	**1:15.21**	+6.61	
	50m: 35.44	100m: 1:15.21 (39.77)						
15	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.64	391	**1:15.34**	+6.74	
	50m: 33.87	100m: 1:15.34 (41.47)						
16	**Emilía Björt Magnúsdóttir**	2010	Sundfélag Hafnarfjarðar	0.67	391	**1:15.36**	+6.76	
	50m: 34.48	100m: 1:15.36 (40.88)						
17	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.77	370	**1:16.70**	+8.10	
	50m: 37.11	100m: 1:16.70 (39.59)						
18	**Katrín Lind Rúnarsdóttir**	2011	Sunddeild UMF Bolungarvíkur	0.66	369	**1:16.78**	+8.18	
	50m: 35.44	100m: 1:16.78 (41.34)						
19	**Stefanía Rún Hjartardóttir**	2009	Sunddeild UMF Bolungarvíkur	0.77	344	**1:18.59**	+9.99	
	50m: 37.24	100m: 1:18.59 (41.35)						
20	**Lovísa Austfjörð Stefánsdóttir**	2012	Sundfélagið Óðinn	0.78	335	**1:19.33**	+10.73	
	50m: 35.24	100m: 1:19.33 (44.09)						
21	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn	0.75	330	**1:19.67**	+11.07	
	50m: 38.45	100m: 1:19.67 (41.22)						
-	**Kornelia Nadia Maniak**	2010	Íþróttabandalag Reykjanesbæjar	0.74		**DSQ**		
	7.1 Fleiri en eitt flugsundsfótatak notað í upphafi sunds eða eftir snúning							
-	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.63		**DSQ**		
	7.1 Fleiri en eitt flugsundsfótatak notað í upphafi sunds eða eftir snúning							

Results

Event 1, 100m fjórsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Event official at: 11/13/2026 9:13:18 AM

Event 1, 100m fjórsund kvenna - úrslit

Sponsor: Wise

ISL	1:00.31	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Windsor (CAN)	12/8/2016
UM	1:02.00	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/10/2011
AM	1:03.94	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.74	511	**1:08.92**	
	50m: 31.72	100m: 1:08.92	(37.20)				
2	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.68	497	**1:09.54**	+0.62
	50m: 31.90	100m: 1:09.54	(37.64)				
3	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.74	497	**1:09.56**	+0.64
	50m: 32.89	100m: 1:09.56	(36.67)				
4	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.79	491	**1:09.82**	+0.90
	50m: 32.32	100m: 1:09.82	(37.50)				
5	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.64	467	**1:11.03**	+2.11
	50m: 32.00	100m: 1:11.03	(39.03)				
6	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.74	466	**1:11.08**	+2.16
	50m: 33.22	100m: 1:11.08	(37.86)				
7	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.79	438	**1:12.52**	+3.60
	50m: 33.22	100m: 1:12.52	(39.30)				
8	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.74	421	**1:13.52**	+4.60
	50m: 33.46	100m: 1:13.52	(40.06)				

Event official at: 11/13/2026 4:37:14 PM

Event 2, 100m fjórsund karla - undanrásir

Sponsor: Wise

ISL	53.85	Kristinn Þórarinsson	1996	Íþróttabandalag Reykjavík	Hafnarfjoerdur (ISL)	11/8/2019
UM	55.75	Einar Margeir Ágústsson	2005	Sundfelag Akraness (ISL)	Hafnarfjordur (ISL)	11/10/2023
AM	58.52	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/12/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.57	586	**58.88**		Q
	50m: 27.43	100m: 58.88	(31.45)					
2	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.59	567	**59.53**	+0.65	Q
	50m: 27.64	100m: 59.53	(31.89)					
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.67	540	**1:00.50**	+1.62	Q
	50m: 28.09	100m: 1:00.50	(32.41)					
4	**Finlay German**	2009	Reykjavík	0.64	540	**1:00.51**	+1.63	Q
	50m: 27.75	100m: 1:00.51	(32.76)					
5	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.76	452	**1:04.18**	+5.30	Q
	50m: 29.76	100m: 1:04.18	(34.42)					
6	**Ásberg Halldór Hansson**	2007	Reykjavík	0.60	445	**1:04.53**	+5.65	Q
	50m: 28.74	100m: 1:04.53	(35.79)					
7	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.62	408	**1:06.41**	+7.53	Q
	50m: 30.64	100m: 1:06.41	(35.77)					
8	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.69	391	**1:07.36**	+8.48	Q
	50m: 32.45	100m: 1:07.36	(34.91)					
9	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.65	366	**1:08.87**	+9.99	R1
	50m: 32.37	100m: 1:08.87	(36.50)					

Event official at: 11/13/2026 9:20:29 AM

Event 2, 100m fjórsund karla - úrslit

Sponsor: Wise

Results

Event 2, 100m fjórsund karla - úrslit

ISL	53.85	Kristinn Þórarinsson	1996	Íþróttabandalag Reykjavík	Hafnarfjoerdur (ISL)	11/8/2019
UM	55.75	Einar Margeir Ágústsson	2005	Sundfelag Akraness (ISL)	Hafnarfjordur (ISL)	11/10/2023
AM	58.52	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/12/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.60	603	**58.32**	
	50m: 27.14	100m: 58.32 (31.18)					
2	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.62	557	**59.86**	+1.54
	50m: 27.45	100m: 59.86 (32.41)					
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.69	552	**1:00.06**	+1.74
	50m: 28.27	100m: 1:00.06 (31.79)					
4	**Finlay German**	2009	Reykjavík	0.68	539	**1:00.55**	+2.23
	50m: 27.76	100m: 1:00.55 (32.79)					
5	**Ásberg Halldór Hansson**	2007	Reykjavík	0.64	469	**1:03.39**	+5.07
	50m: 28.61	100m: 1:03.39 (34.78)					
6	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.73	460	**1:03.82**	+5.50
	50m: 29.67	100m: 1:03.82 (34.15)					
7	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.60	412	**1:06.21**	+7.89
	50m: 30.81	100m: 1:06.21 (35.40)					
8	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.71	402	**1:06.76**	+8.44
	50m: 32.31	100m: 1:06.76 (34.45)					

Event official at: 11/13/2026 4:42:55 PM

Event 3, 400m skriðsund kvenna - undanrásir

Sponsor: Wise

ISL	4:11.61	Inga Elín Cryer	1993	Sundfelag Akraness (ISL)	Doha (QAT)	12/5/2014
UM	4:13.69	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
AM	4:15.57	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/26/2010
ISL S14	2:22.05	Kolbrún Alda Stefánsdót		(ISL)		11/17/2012
NM	4:22.27					
NM-ung	4:28.30					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.73	654	**4:25.25**		Q	NM-ung
	50m: 30.29	100m: 1:03.47 (33.18)	150m: 1:36.91 (33.44)	200m: 2:10.84 (33.93)					
	250m: 2:44.22 (33.38)	300m: 3:18.26 (34.04)	350m: 3:52.14 (33.88)	400m: 4:25.25 (33.11)					
2	**Katja Lilja Andriysdóttir**	2006	Sundfélag Hafnarfjarðar	0.68	631	**4:28.38**	+3.13	Q	
	50m: 30.45	100m: 1:03.43 (32.98)	150m: 1:36.72 (33.29)	200m: 2:10.43 (33.71)					
	250m: 2:44.74 (34.31)	300m: 3:19.43 (34.69)	350m: 3:54.14 (34.71)	400m: 4:28.38 (34.24)					
3	**Guðrún Ísold Harðardóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.62	574	**4:36.92**	+11.67	Q	
	50m: 31.19	100m: 1:05.31 (34.12)	150m: 1:40.49 (35.18)	200m: 2:15.75 (35.26)					
	250m: 2:50.63 (34.88)	300m: 3:26.22 (35.59)	350m: 4:01.86 (35.64)	400m: 4:36.92 (35.06)					
4	**Natalía Eir Curtis**	2010	Reykjavík	0.74	569	**4:37.80**	+12.55	Q	
	50m: 31.64	100m: 1:06.00 (34.36)	150m: 1:40.93 (34.93)	200m: 2:16.09 (35.16)					
	250m: 2:51.71 (35.62)	300m: 3:27.63 (35.92)	350m: 4:02.94 (35.31)	400m: 4:37.80 (34.86)					
5	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.69	565	**4:38.46**	+13.21	-	
	50m: 31.37	100m: 1:06.44 (35.07)	150m: 1:42.09 (35.65)	200m: 2:18.03 (35.94)					
	250m: 2:53.30 (35.27)	300m: 3:28.43 (35.13)	350m: 4:03.73 (35.30)	400m: 4:38.46 (34.73)					
6	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.73	531	**4:44.17**	+18.92	Q	
	50m: 31.70	100m: 1:06.74 (35.04)	150m: 1:42.62 (35.88)	200m: 2:18.96 (36.34)					
	250m: 2:55.36 (36.40)	300m: 3:32.17 (36.81)	350m: 4:08.82 (36.65)	400m: 4:44.17 (35.35)					
7	**Bjarndís Olga Hansen**	2010	Reykjavík	0.66	527	**4:44.92**	+19.67	Q	
	50m: 31.66	100m: 1:06.42 (34.76)	150m: 1:42.40 (35.98)	200m: 2:18.51 (36.11)					
	250m: 2:55.63 (37.12)	300m: 3:32.35 (36.72)	350m: 4:09.55 (37.20)	400m: 4:44.92 (35.37)					
8	**Karen Sif Helgadóttir**	2010	Reykjavík	0.78	507	**4:48.74**	+23.49	Q	
	50m: 32.13	100m: 1:07.77 (35.64)	150m: 1:44.19 (36.42)	200m: 2:21.61 (37.42)					
	250m: 2:59.05 (37.44)	300m: 3:35.99 (36.94)	350m: 4:12.77 (36.78)	400m: 4:48.74 (35.97)					

Results

Event 3, 400m skriðsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
9	**Jovana Malbasa**	2013	Sundfélag Hafnarfjarðar	0.70	486	**4:52.78**	+27.53	Q
	50m: 32.69		100m: 1:09.69 (37.00)	150m: 1:47.52 (37.83)		200m: 2:26.01 (38.49)		
	250m: 3:03.20 (37.19)		300m: 3:41.11 (37.91)	350m: 4:17.57 (36.46)		400m: 4:52.78 (35.21)		
10	**Elsa Karen Káradóttir**	2014	Sunddeild Breiðabliks	0.83	473	**4:55.48**	+30.23	R1
	50m: 32.90		100m: 1:09.44 (36.54)	150m: 1:46.88 (37.44)		200m: 2:25.32 (38.44)		
	250m: 3:04.63 (39.31)		300m: 3:42.35 (37.72)	350m: 4:20.22 (37.87)		400m: 4:55.48 (35.26)		
11	**Kamilla Ýr Ísaksdóttir Guðmann**	2011	Sunddeild Breiðabliks	0.78	427	**5:05.73**	+40.48	R2
	50m: 33.24		100m: 1:10.98 (37.74)	150m: 1:50.18 (39.20)		200m: 2:29.25 (39.07)		
	250m: 3:08.66 (39.41)		300m: 3:48.78 (40.12)	350m: 4:27.62 (38.84)		400m: 5:05.73 (38.11)		
12	**Hildur Eldey Guðjónsdóttir**	2011	Sunddeild Breiðabliks	0.66	414	**5:08.89**	+43.64	
	50m: 35.45		100m: 1:13.89 (38.44)	150m: 1:53.44 (39.55)		200m: 2:33.08 (39.64)		
	250m: 3:13.07 (39.99)		300m: 3:52.89 (39.82)	350m: 4:32.42 (39.53)		400m: 5:08.89 (36.47)		
13	**Austéja Savickaité**	2009	Íþróttabandalag Reykjanesbæjar		412	**5:09.33**	+44.08	
	50m: 34.51		100m: 1:12.95 (38.44)	150m: 1:52.17 (39.22)		200m: 2:31.81 (39.64)		
	250m: 3:12.20 (40.39)		300m: 3:52.41 (40.21)	350m: 4:31.98 (39.57)		400m: 5:09.33 (37.35)		
14	**Friðrika Sif Ágústsdóttir**	2010	Sundfélagið Óðinn	0.69	403	**5:11.65**	+46.40	
	50m: 35.85		100m: 1:14.96 (39.11)	150m: 1:54.97 (40.01)		200m: 2:35.20 (40.23)		
	250m: 3:14.48 (39.28)		300m: 3:53.87 (39.39)	350m: 4:33.60 (39.73)		400m: 5:11.65 (38.05)		
15	**Lena Przybylska**	2011	Íþróttabandalag Reykjanesbæjar	0.77	384	**5:16.57**	+51.32	
	50m: 34.72		100m: 1:13.07 (38.35)	150m: 1:53.68 (40.61)		200m: 2:33.98 (40.30)		
	250m: 3:14.97 (40.99)		300m: 3:56.54 (41.57)	350m: 4:37.12 (40.58)		400m: 5:16.57 (39.45)		

Event official at: 11/13/2026 9:36:25 AM

Event 3, 400m skriðsund kvenna - úrslit

Sponsor: Wise

ISL	4:11.61	Inga Elín Cryer	1993	Sundfelag Akraness (ISL)	Doha (QAT)	12/5/2014
UM	4:13.69	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
AM	4:15.57	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/26/2010
ISL S14	2:22.05	Kolbrún Alda Stefánsdót		(ISL)		11/17/2012
NM	4:22.27					
NM-ung	4:28.30					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.82	672	**4:22.81**		NM-ung
	50m: 30.76		100m: 1:03.81 (33.05)	150m: 1:37.34 (33.53)		200m: 2:11.02 (33.68)		
	250m: 2:44.49 (33.47)		300m: 3:18.05 (33.56)	350m: 3:51.13 (33.08)		400m: 4:22.81 (31.68)		
2	**Katja Lilja Andriysdóttir**	2006	Sundfélag Hafnarfjarðar	0.62	659	**4:24.46**	+1.65	
	50m: 30.51		100m: 1:03.84 (33.33)	150m: 1:37.43 (33.59)		200m: 2:11.15 (33.72)		
	250m: 2:44.79 (33.64)		300m: 3:18.50 (33.71)	350m: 3:51.90 (33.40)		400m: 4:24.46 (32.56)		
3	**Natalía Eir Curtis**	2010	Reykjavík	0.74	604	**4:32.34**	+9.53	
	50m: 30.91		100m: 1:04.80 (33.89)	150m: 1:39.00 (34.20)		200m: 2:13.33 (34.33)		
	250m: 2:48.06 (34.73)		300m: 3:23.24 (35.18)	350m: 3:58.37 (35.13)		400m: 4:32.34 (33.97)		
4	**Guðrún Ísold Harðardóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.78	573	**4:37.14**	+14.33	
	50m: 30.71		100m: 1:04.67 (33.96)	150m: 1:39.27 (34.60)		200m: 2:14.40 (35.13)		
	250m: 2:49.41 (35.01)		300m: 3:25.27 (35.86)	350m: 4:01.30 (36.03)		400m: 4:37.14 (35.84)		
5	**Karen Sif Helgadóttir**	2010	Reykjavík	0.81	523	**4:45.74**	+22.93	
	50m: 31.28		100m: 1:05.69 (34.41)	150m: 1:41.49 (35.80)		200m: 2:18.06 (36.57)		
	250m: 2:55.12 (37.06)		300m: 3:31.92 (36.80)	350m: 4:09.06 (37.14)		400m: 4:45.74 (36.68)		
6	**Bjarndís Olga Hansen**	2010	Reykjavík	0.65	516	**4:47.04**	+24.23	
	50m: 31.79		100m: 1:07.06 (35.27)	150m: 1:43.18 (36.12)		200m: 2:20.03 (36.85)		
	250m: 2:56.69 (36.66)		300m: 3:34.06 (37.37)	350m: 4:10.95 (36.89)		400m: 4:47.04 (36.09)		
7	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.78	512	**4:47.67**	+24.86	
	50m: 31.88		100m: 1:06.57 (34.69)	150m: 1:42.57 (36.00)		200m: 2:19.35 (36.78)		
	250m: 2:56.47 (37.12)		300m: 3:33.71 (37.24)	350m: 4:11.75 (38.04)		400m: 4:47.67 (35.92)		
8	**Jovana Malbasa**	2013	Sundfélag Hafnarfjarðar	0.73	473	**4:55.37**	+32.56	
	50m: 32.03		100m: 1:08.54 (36.51)	150m: 1:46.44 (37.90)		200m: 2:24.09 (37.65)		
	250m: 3:01.74 (37.65)		300m: 3:40.07 (38.33)	350m: 4:18.76 (38.69)		400m: 4:55.37 (36.61)		

Event official at: 11/13/2026 4:52:53 PM

Results

Event 4, 400m skriðsund karla - undanrásir

Sponsor: Wise

ISL	3:47.83	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/14/2012
UM	3:52.06	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/11/2011
AM	4:04.34	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/21/2023
ISL S19	4:30.81	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL		
NM	3:57.30					
NM-ung	4:02.65					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.64	703	**3:58.64**		Q
	50m: 27.63		100m: 58.36 (30.73)	150m: 1:28.69 (30.33)		200m: 1:59.36 (30.67)		
	250m: 2:28.96 (29.60)		300m: 2:59.39 (30.43)	350m: 3:29.15 (29.76)		400m: 3:58.64 (29.49)		
2	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.58	671	**4:02.40**	+3.76	Q
	50m: 27.87		100m: 58.78 (30.91)	150m: 1:30.42 (31.64)		200m: 2:01.42 (31.00)		
	250m: 2:31.20 (29.78)		300m: 3:01.45 (30.25)	350m: 3:32.10 (30.65)		400m: 4:02.40 (30.30)		
3	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.68	626	**4:08.07**	+9.43	Q
	50m: 28.00		100m: 58.81 (30.81)	150m: 1:30.21 (31.40)		200m: 2:02.13 (31.92)		
	250m: 2:33.36 (31.23)		300m: 3:04.99 (31.63)	350m: 3:36.87 (31.88)		400m: 4:08.07 (31.20)		
4	**Árni Þór Pálmason**	2009	Íþróttabandalag Reykjanesbæjar	0.66	621	**4:08.77**	+10.13	Q
	50m: 27.82		100m: 58.67 (30.85)	150m: 1:29.88 (31.21)		200m: 2:01.55 (31.67)		
	250m: 2:33.17 (31.62)		300m: 3:05.37 (32.20)	350m: 3:37.87 (32.50)		400m: 4:08.77 (30.90)		
5	**Viktor Bergmann Arnarsson**	2010	Íþróttabandalag Reykjanesbæjar	0.64	564	**4:16.86**	+18.22	Q
	50m: 28.65		100m: 1:00.48 (31.83)	150m: 1:33.09 (32.61)		200m: 2:06.38 (33.29)		
	250m: 2:39.52 (33.14)		300m: 3:12.92 (33.40)	350m: 3:46.06 (33.14)		400m: 4:16.86 (30.80)		
6	**Andri Ólafsson**	2009	Sundfélag Hafnarfjarðar	0.68	563	**4:16.90**	+18.26	Q
	50m: 28.57		100m: 1:00.13 (31.56)	150m: 1:32.52 (32.39)		200m: 2:05.38 (32.86)		
	250m: 2:38.25 (32.87)		300m: 3:11.21 (32.96)	350m: 3:44.78 (33.57)		400m: 4:16.90 (32.12)		
7	**Huginn Leví Pétursson**	2009	Sunddeild Breiðabliks	0.70	544	**4:20.00**	+21.36	Q
	50m: 28.55		100m: 1:00.80 (32.25)	150m: 1:34.03 (33.23)		200m: 2:07.25 (33.22)		
	250m: 2:40.49 (33.24)		300m: 3:13.99 (33.50)	350m: 3:47.32 (33.33)		400m: 4:20.00 (32.68)		
8	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.66	524	**4:23.13**	+24.49	Q
	50m: 29.05		100m: 1:00.93 (31.88)	150m: 1:33.39 (32.46)		200m: 2:06.97 (33.58)		
	250m: 2:40.75 (33.78)		300m: 3:15.20 (34.45)	350m: 3:49.84 (34.64)		400m: 4:23.13 (33.29)		
9	**Kristjón Hrafn Kjartansson**	2011	Sundfélag Hafnarfjarðar	0.69	517	**4:24.32**	+25.68	R1
	50m: 29.19		100m: 1:01.03 (31.84)	150m: 1:34.44 (33.41)		200m: 2:07.69 (33.25)		
	250m: 2:41.62 (33.93)		300m: 3:15.73 (34.11)	350m: 3:50.33 (34.60)		400m: 4:24.32 (33.99)		
10	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.70	485	**4:30.09**	+31.45	R2
	50m: 30.08		100m: 1:03.42 (33.34)	150m: 1:37.39 (33.97)		200m: 2:11.73 (34.34)		
	250m: 2:46.34 (34.61)		300m: 3:21.24 (34.90)	350m: 3:56.20 (34.96)		400m: 4:30.09 (33.89)		
11	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.71	476	**4:31.83**	+33.19	
	50m: 30.08		100m: 1:03.45 (33.37)	150m: 1:37.89 (34.44)		200m: 2:13.21 (35.32)		
	250m: 2:49.09 (35.88)		300m: 3:24.96 (35.87)	350m: 3:59.78 (34.82)		400m: 4:31.83 (32.05)		
12	**Andrej Tepavcevic**	2012	Sundfélag Hafnarfjarðar	0.67	470	**4:32.81**	+34.17	
	50m: 29.97		100m: 1:03.63 (33.66)	150m: 1:37.85 (34.22)		200m: 2:13.25 (35.40)		
	250m: 2:48.45 (35.20)		300m: 3:24.07 (35.62)	350m: 3:59.61 (35.54)		400m: 4:32.81 (33.20)		
13	**Daníel Andriysson**	2011	Sundfélag Hafnarfjarðar	0.69	466	**4:33.74**	+35.10	
	50m: 30.20		100m: 1:04.13 (33.93)	150m: 1:38.68 (34.55)		200m: 2:13.95 (35.27)		
	250m: 2:49.13 (35.18)		300m: 3:24.54 (35.41)	350m: 3:59.77 (35.23)		400m: 4:33.74 (33.97)		
14	**Nói Nikolai Davíðsson**	2013	Sunddeild UMF Aftureldingar	0.80	451	**4:36.65**	+38.01	
	50m: 30.43		100m: 1:04.05 (33.62)	150m: 1:38.94 (34.89)		200m: 2:14.32 (35.38)		
	250m: 2:50.42 (36.10)		300m: 3:26.37 (35.95)	350m: 4:02.15 (35.78)		400m: 4:36.65 (34.50)		
15	**Þórbergur Eriksson**	2012	Íþróttabandalag Reykjanesbæjar	0.74	405	**4:46.75**	+48.11	
	50m: 30.80		100m: 1:05.88 (35.08)	150m: 1:42.46 (36.58)		200m: 2:19.34 (36.88)		
	250m: 2:56.64 (37.30)		300m: 3:33.52 (36.88)	350m: 4:10.58 (37.06)		400m: 4:46.75 (36.17)		
16	**Franciszek Adam Czachorows** S19	2014	Íþróttabandalag Reykjanesbæjar	0.66	375	**4:54.08**	+55.44	
	50m: 32.81		100m: 1:09.15 (36.34)	150m: 1:46.64 (37.49)		200m: 2:24.61 (37.97)		
	250m: 3:02.64 (38.03)		300m: 3:40.61 (37.97)	350m: 4:18.50 (37.89)		400m: 4:54.08 (35.58)		

Event official at: 11/13/2026 9:50:45 AM

Event 4, 400m skriðsund karla - úrslit

Results

Event 4, 400m skriðsund karla - úrslit

Sponsor: Wise

ISL	3:47.83	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/14/2012
UM	3:52.06	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/11/2011
AM	4:04.34	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/21/2023
ISL S19	4:30.81	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL		
NM	3:57.30					
NM-ung	4:02.65					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.68	745	**3:54.05**		NM
	50m: 26.81		100m: 56.03 (29.22)	150m: 1:25.03 (29.00)		200m: 1:54.56 (29.53)		
	250m: 2:24.31 (29.75)		300m: 2:54.36 (30.05)	350m: 3:24.49 (30.13)		400m: 3:54.05 (29.56)		
2	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.59	713	**3:57.57**	+3.52	
	50m: 27.06		100m: 56.72 (29.66)	150m: 1:26.60 (29.88)		200m: 1:56.83 (30.23)		
	250m: 2:26.62 (29.79)		300m: 2:56.77 (30.15)	350m: 3:27.68 (30.91)		400m: 3:57.57 (29.89)		
3	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.72	636	**4:06.73**	+12.68	
	50m: 27.49		100m: 57.78 (30.29)	150m: 1:28.55 (30.77)		200m: 1:59.81 (31.26)		
	250m: 2:31.32 (31.51)		300m: 3:02.87 (31.55)	350m: 3:35.27 (32.40)		400m: 4:06.73 (31.46)		
4	**Árni Þór Pálmason**	2009	Íþróttabandalag Reykjanesbæjar	0.67	620	**4:08.90**	+14.85	
	50m: 27.73		100m: 58.47 (30.74)	150m: 1:29.79 (31.32)		200m: 2:01.87 (32.08)		
	250m: 2:34.01 (32.14)		300m: 3:06.42 (32.41)	350m: 3:38.49 (32.07)		400m: 4:08.90 (30.41)		
5	**Huginn Leví Pétursson**	2009	Sunddeild Breiðabliks	0.71	584	**4:13.87**	+19.82	
	50m: 28.46		100m: 1:00.10 (31.64)	150m: 1:32.75 (32.65)		200m: 2:05.48 (32.73)		
	250m: 2:37.65 (32.17)		300m: 3:10.02 (32.37)	350m: 3:42.24 (32.22)		400m: 4:13.87 (31.63)		
6	**Viktor Bergmann Arnarsson**	2010	Íþróttabandalag Reykjanesbæjar	0.62	573	**4:15.46**	+21.41	
	50m: 28.22		100m: 59.70 (31.48)	150m: 1:32.21 (32.51)		200m: 2:05.22 (33.01)		
	250m: 2:38.03 (32.81)		300m: 3:11.33 (33.30)	350m: 3:42.48 (31.15)		400m: 4:15.46 (32.98)		
7	**Andri Ólafsson**	2009	Sundfélag Hafnarfjarðar	0.67	557	**4:17.84**	+23.79	
	50m: 28.40		100m: 59.90 (31.50)	150m: 1:32.24 (32.34)		200m: 2:05.47 (33.23)		
	250m: 2:38.77 (33.30)		300m: 3:12.41 (33.64)	350m: 3:45.61 (33.20)		400m: 4:17.84 (32.23)		
8	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.67	537	**4:21.10**	+27.05	
	50m: 28.94		100m: 1:00.24 (31.30)	150m: 1:32.90 (32.66)		200m: 2:06.40 (33.50)		
	250m: 2:40.33 (33.93)		300m: 3:14.48 (34.15)	350m: 3:48.94 (34.46)		400m: 4:21.10 (32.16)		

Event official at: 11/13/2026 5:03:54 PM

Event 5, 50m baksund kvenna - undanrásir

Sponsor: Wise

ISL	27.40	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Windsor (CAN)	12/7/2016
UM	27.45	Ingibjörg Kristín Jónsdót	1993	Sundfélag Hafnarfjarðar (I	Szczecin (POL)	12/10/2011
AM	29.42	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/12/2010
ISL S3	1:10.22	Sonja Sigurðardóttir		Íþróttafélag Fatlaðra Reyk		
ISL S14	36.43	Kolbrún Alda Stefánsdót		(ISL)	Vejle (DK)	10/4/2014
ISL S19	37.45	Agnetha Ýr Guðmundsd	2012	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/13/2026
NM	28.26					
NM-ung	28.26					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.54	597	**29.95**		Q
2	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.61	522	**31.33**	+1.38	-
3	**Íris Ásta Magnúsdóttir**	2011	Sunddeild Breiðabliks	0.59	476	**32.31**	+2.36	Q
4	**Ásdís Gunnarsdóttir**	2008	Íþróttabandalag Reykjanesbæjar	0.62	464	**32.57**	+2.62	-
5	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.70	462	**32.63**	+2.68	Q
6	**Dagmar Arna Sigurðardóttir**	2009	Sundfélag Hafnarfjarðar	0.66	453	**32.84**	+2.89	Q
7	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.64	447	**32.98**	+3.03	Q
8	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.74	447	**32.99**	+3.04	Q
9	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.65	446	**33.00**	+3.05	Q

Results

Event 5, 50m baksund kvenna - undanrásir

Rank	Name		Born	Team	R.T.	Pts	Time	Diff	
10	**Freyja Dís Dagmarardóttir**		2013	Reykjavík	0.68	432	**33.37**	+3.42	Q
11	**Elsa Diljá Lunddal Rúnarsdóttir**		2010	Sundfélag Hafnarfjarðar	0.55	423	**33.59**	+3.64	R1
12	**Lovísa Austfjörð Stefánsdóttir**		2012	Sundfélagið Óðinn	0.56	415	**33.81**	+3.86	R2
13	**Thea Sif Hjaltadóttir**		2011	Reykjavík	0.77	414	**33.84**	+3.89	
14	**Þeódís Styrmisdóttir**		2011	Sunddeild Breiðabliks	0.58	401	**34.20**	+4.25	
15	**Anna Gloría Káradóttir**		2011	Reykjavík	0.64	391	**34.49**	+4.54	
16	**Ágústa Elly Kristinsdóttir**		2011	Reykjavík	0.68	386	**34.64**	+4.69	
17	**Margrét Brynja Steingrímsdóttir**		2012	Sunddeild UMF Aftureldingar	0.69	369	**35.16**	+5.21	
18	**Katrín Ísold Gunnsteinsdóttir**		2010	Reykjavík	0.74	366	**35.27**	+5.32	
19	**Lilja Rakel Hannesdóttir Bridde**		2011	Sunddeild Breiðabliks	0.66	362	**35.40**	+5.45	
20	**Sofia Cogalniceanu**		2012	Reykjavík	0.60	356	**35.58**	+5.63	
21	**Sigurborg Sesselía Skúladóttir**		2010	Sunddeild UMF Bolungarvíkur	0.60	352	**35.70**	+5.75	
22	**Sara Steinunn Elvarsdóttir**		2011	Íþróttabandalag Reykjanesbæjar	0.65	352	**35.73**	+5.78	
23	**Hrafney Eiríksdóttir**		2014	Sundfélagið Óðinn	0.70	338	**36.21**	+6.26	
24	**Ayja Katrín Armstrong**		2011	Reykjavík	0.65	325	**36.68**	+6.73	
25	**Agnetha Ýr Guðmundsdóttir**	S19	2012	Sunddeild Breiðabliks	0.71	319	**37.45**	+7.50	ISL S19
26	**Emelía Ýr Gunnarsdóttir**	S14	2005	Íþróttafélagið Fjörður	0.70	516	**39.09**	+9.14	
27	**Rósa Kristín Kristmannsdóttir**	S14	2009	Íþróttafélagið Fjörður	0.81	435	**41.39**	+11.44	
28	**Sonja Sigurðardóttir**	S3	1990	Reykjavík	0.35	298	**1:15.74**	+45.79	

Event official at: 11/13/2026 10:04:18 AM

Event 5, 50m baksund kvenna - úrslit

Sponsor: **Wise**

ISL	27.40	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Windsor (CAN)	12/7/2016
UM	27.45	Ingibjörg Kristín Jónsdót	1993	Sundfélag Hafnarfjarðar (I	Szczecin (POL)	12/10/2011
AM	29.42	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/12/2010
ISL S3	1:10.22	Sonja Sigurðardóttir		Íþróttafélag Fatlaðra Reyk		
ISL S14	36.43	Kolbrún Alda Stefánsdót		(ISL)	Vejle (DK)	10/4/2014
ISL S19	37.45	Agnetha Ýr Guðmundsd	2012	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/13/2026
NM	28.26					
NM-ung	28.26					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.58	595	**29.99**	
2	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.63	490	**32.00**	+2.01
3	**Íris Ásta Magnúsdóttir**	2011	Sunddeild Breiðabliks	0.63	472	**32.39**	+2.40
4	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.63	468	**32.48**	+2.49
5	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.70	457	**32.75**	+2.76
6	**Dagmar Arna Sigurðardóttir**	2009	Sundfélag Hafnarfjarðar	0.62	452	**32.86**	+2.87
7	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.66	452	**32.87**	+2.88
8	**Freyja Dís Dagmarardóttir**	2013	Reykjavík	0.63	451	**32.88**	+2.89

Event official at: 11/13/2026 5:10:57 PM

Event 6, 100m flugsund karla - undanrásir

Sponsor: **Wise**

ISL	52.41	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/7/2025
UM	52.51	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
AM	54.94	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/12/2021

Results

Event 6, 100m flugsund karla - undanrásir

ER S19	59.61	Snævar Örn Kristmanns	Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/28/2025
ISL S19	59.61	Snævar Örn Kristmanns	Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/28/2025
NM	53.56				
NM-ung	54.77				

Rank	Name		Born	Team	R.T.	Pts	Time	Diff	
1	**Veigar Hrafn Sigþórsson**		2005	Sundfélag Hafnarfjarðar	0.66	600	**56.52**		Q
	50m: 25.91	100m: 56.52 (30.61)							
2	**Daði Rafn Falsson**		2008	Íþróttabandalag Reykjanesbæjar	0.70	551	**58.13**	+1.61	Q
	50m: 27.03	100m: 58.13 (31.10)							
3	**Oliver Kaldal**		2007	Reykjavík	0.66	515	**59.48**	+2.96	Q
	50m: 26.96	100m: 59.48 (32.52)							
4	**Snævar Örn Kristmannsson**	S19	2006	Sunddeild Breiðabliks	0.73	480	**1:00.99**	+4.47	Q
	50m: 28.02	100m: 1:00.99 (32.97)							
5	**Viljar Fannarsson**		2010	Reykjavík	0.50	466	**1:01.47**	+4.95	Q
	50m: 28.98	100m: 1:01.47 (32.49)							
6	**Benjamín Pétursson**		2012	Sunddeild UMF Aftureldingar	0.75	449	**1:02.23**	+5.71	Q
	50m: 28.86	100m: 1:02.23 (33.37)							
7	**Jóhannes Gabríel Friðjónsson**		2011	Reykjavík	0.68	355	**1:07.33**	+10.81	Q
	50m: 31.52	100m: 1:07.33 (35.81)							
8	**Haraldur Marinó Kjartansson**		2009	Sundfélag Hafnarfjarðar	0.66	326	**1:09.27**	+12.75	Q
	50m: 30.64	100m: 1:09.27 (38.63)							

Event official at: 11/13/2026 10:13:19 AM

Event 6, 100m flugsund karla - úrslit

Sponsor: Wise

ISL	52.41	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/7/2025
UM	52.51	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
AM	54.94	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/12/2021
ER S19	59.61	Snævar Örn Kristmanns	Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/28/2025
ISL S19	59.61	Snævar Örn Kristmanns	Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/28/2025
NM	53.56				
NM-ung	54.77				

Rank	Name		Born	Team	R.T.	Pts	Time	Diff
1	**Veigar Hrafn Sigþórsson**		2005	Sundfélag Hafnarfjarðar	0.65	610	**56.21**	
	50m: 25.97	100m: 56.21 (30.24)						
2	**Daði Rafn Falsson**		2008	Íþróttabandalag Reykjanesbæjar	0.63	568	**57.54**	+1.33
	50m: 26.81	100m: 57.54 (30.73)						
3	**Oliver Kaldal**		2007	Reykjavík	0.65	494	**1:00.31**	+4.10
	50m: 27.32	100m: 1:00.31 (32.99)						
4	**Snævar Örn Kristmannsson**	S19	2006	Sunddeild Breiðabliks	0.72	490	**1:00.58**	+4.37
	50m: 28.08	100m: 1:00.58 (32.50)						
5	**Viljar Fannarsson**		2010	Reykjavík	0.62	479	**1:00.93**	+4.72
	50m: 28.26	100m: 1:00.93 (32.67)						
6	**Benjamín Pétursson**		2012	Sunddeild UMF Aftureldingar	0.76	442	**1:02.58**	+6.37
	50m: 29.20	100m: 1:02.58 (33.38)						
7	**Jóhannes Gabríel Friðjónsson**		2011	Reykjavík	0.69	359	**1:07.05**	+10.84
	50m: 30.77	100m: 1:07.05 (36.28)						
8	**Haraldur Marinó Kjartansson**		2009	Sundfélag Hafnarfjarðar	0.69	337	**1:08.49**	+12.28
	50m: 31.14	100m: 1:08.49 (37.35)						

Event official at: 11/13/2026 5:18:22 PM

Event 7, 200m flugsund kvenna - undanrásir

Sponsor: Wise

ISL	2:12.95	Inga Elín Cryer	1993 Sundfelag Akraness (ISL)	Netanya (ISR)	12/4/2015
UM	2:16.72	Inga Elín Cryer	1993 Sundfelag Akraness (ISL)	Laugardalslaug (ISL)	11/11/2011

Results

Event 7, 200m flugsund kvenna - undanrásir

AM	2:18.68	Jóhanna Júlía Júlíusdótti	1996	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	11/11/2011
NM	2:17.22					
NM-ung	2:20.38					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Sólveig Freyja Hákonardóttir**	2009	Sundfélag Hafnarfjarðar	0.65	560	**2:24.72**		Q
	50m: 31.86	100m: 1:08.08 (36.22)	150m: 1:45.75 (37.67)	200m: 2:24.72 (38.97)				
2	**Adríana Agnes Derti**	2010	Íþróttabandalag Reykjanesbæjar	0.71	464	**2:34.10**	+9.38	Q
	50m: 34.89	100m: 1:14.42 (39.53)	150m: 1:54.70 (40.28)	200m: 2:34.10 (39.40)				
3	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.43	462	**2:34.25**	+9.53	Q
	50m: 33.76	100m: 1:14.01 (40.25)	150m: 1:55.53 (41.52)	200m: 2:34.25 (38.72)				
4	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.71	434	**2:37.59**	+12.87	Q
	50m: 33.83	100m: 1:13.74 (39.91)	150m: 1:55.14 (41.40)	200m: 2:37.59 (42.45)				
5	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.69	367	**2:46.65**	+21.93	Q
	50m: 36.51	100m: 1:18.61 (42.10)	150m: 2:02.18 (43.57)	200m: 2:46.65 (44.47)				
6	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.74	354	**2:48.66**	+23.94	Q
	50m: 36.33	100m: 1:18.76 (42.43)	150m: 2:03.61 (44.85)	200m: 2:48.66 (45.05)				
7	**Viktoria Vasile**	2011	Reykjavík	0.70	321	**2:54.20**	+29.48	Q
	50m: 37.17	100m: 1:22.43 (45.26)	150m: 2:08.47 (46.04)	200m: 2:54.20 (45.73)				
-	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík			**DNS**		

Event official at: 11/13/2026 10:20:31 AM

Event 7, 200m flugsund kvenna - úrslit

Sponsor: Wise

ISL	2:12.95	Inga Elín Cryer	1993	Sundfelag Akraness (ISL)	Netanya (ISR)	12/4/2015
UM	2:16.72	Inga Elín Cryer	1993	Sundfelag Akraness (ISL)	Laugardalslaug (ISL)	11/11/2011
AM	2:18.68	Jóhanna Júlía Júlíusdótti	1996	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	11/11/2011
NM	2:17.22					
NM-ung	2:20.38					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Sólveig Freyja Hákonardóttir**	2009	Sundfélag Hafnarfjarðar	0.65	576	**2:23.35**	
	50m: 31.07	100m: 1:07.02 (35.95)	150m: 1:44.66 (37.64)	200m: 2:23.35 (38.69)			
2	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.67	491	**2:31.17**	+7.82
	50m: 32.63	100m: 1:11.38 (38.75)	150m: 1:51.40 (40.02)	200m: 2:31.17 (39.77)			
3	**Adríana Agnes Derti**	2010	Íþróttabandalag Reykjanesbæjar	0.75	460	**2:34.54**	+11.19
	50m: 33.83	100m: 1:12.96 (39.13)	150m: 1:53.37 (40.41)	200m: 2:34.54 (41.17)			
4	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.75	446	**2:36.08**	+12.73
	50m: 34.26	100m: 1:14.59 (40.33)	150m: 1:56.22 (41.63)	200m: 2:36.08 (39.86)			
5	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.71	389	**2:43.35**	+20.00
	50m: 35.70	100m: 1:16.95 (41.25)	150m: 2:00.25 (43.30)	200m: 2:43.35 (43.10)			
6	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.85	381	**2:44.47**	+21.12
	50m: 36.13	100m: 1:17.93 (41.80)	150m: 2:01.34 (43.41)	200m: 2:44.47 (43.13)			
7	**Viktoria Vasile**	2011	Reykjavík	0.72	297	**2:58.65**	+35.30
	50m: 36.90	100m: 1:23.33 (46.43)	150m: 2:12.01 (48.68)	200m: 2:58.65 (46.64)			

Event official at: 11/13/2026 5:30:28 PM

Event 8, 200m baksund karla - undanrásir

Sponsor: Wise

ISL	1:52.90	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Valencia (ESP)	12/14/2000
UM	1:54.23	Orn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Lisbon (POR)	12/9/1999
AM	2:02.74	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/18/2016
NM	1:59.74					
NM-ung	2:02.44					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.55	698	**1:58.47**		Q	NM
	50m: 28.87	100m: 59.93 (31.06)	150m: 1:29.14 (29.21)	200m: 1:58.47 (29.33)					

Results

Event 8, 200m baksund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
2	**Finlay German**	2009	Reykjavík	0.63	528	**2:10.04**	+11.57	Q
	50m: 30.16	100m: 1:03.74 (33.58)	150m: 1:37.36 (33.62)	200m: 2:10.04 (32.68)				
3	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.54	510	**2:11.53**	+13.06	Q
	50m: 29.74	100m: 1:02.48 (32.74)	150m: 1:36.49 (34.01)	200m: 2:11.53 (35.04)				
4	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.60	440	**2:18.18**	+19.71	Q
	50m: 32.56	100m: 1:07.61 (35.05)	150m: 1:42.82 (35.21)	200m: 2:18.18 (35.36)				
5	**Ásberg Halldór Hansson**	2007	Reykjavík	0.81	410	**2:21.50**	+23.03	Q
	50m: 32.00	100m: 1:08.61 (36.61)	150m: 1:45.61 (37.00)	200m: 2:21.50 (35.89)				
6	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.53	378	**2:25.33**	+26.86	Q
	50m: 33.75	100m: 1:11.17 (37.42)	150m: 1:48.70 (37.53)	200m: 2:25.33 (36.63)				
7	**Travis Bensow**	2011	Sundfélag Hafnarfjarðar	0.71	369	**2:26.44**	+27.97	Q
	50m: 32.94	100m: 1:10.78 (37.84)	150m: 1:48.81 (38.03)	200m: 2:26.44 (37.63)				
8	**Tristan Orri Borghildarson**	2010	Íþróttabandalag Reykjanesbæjar	0.67	369	**2:26.51**	+28.04	Q
	50m: 35.00	100m: 1:11.83 (36.83)	150m: 1:49.11 (37.28)	200m: 2:26.51 (37.40)				
9	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.58	359	**2:27.86**	+29.39	R1
	50m: 35.11	100m: 1:13.10 (37.99)	150m: 1:50.83 (37.73)	200m: 2:27.86 (37.03)				
10	**Cecil Bjartur Cameron**	2012	Reykjavík	0.56	339	**2:30.66**	+32.19	R2
	50m: 33.93	100m: 1:12.76 (38.83)	150m: 1:52.79 (40.03)	200m: 2:30.66 (37.87)				
11	**Ingibjörn Natan Guðmundsson**	2009	Reykjavík	0.81	312	**2:34.89**	+36.42	
	50m: 33.83	100m: 1:12.35 (38.52)	150m: 1:53.82 (41.47)	200m: 2:34.89 (41.07)				

Event official at: 11/13/2026 10:30:45 AM

Event 8, 200m baksund karla - úrslit

Sponsor: Wise

ISL	1:52.90	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Valencia (ESP)	12/14/2000
UM	1:54.23	Orn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Lisbon (POR)	12/9/1999
AM	2:02.74	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/18/2016
NM	1:59.74					
NM-ung	2:02.44					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.57	739	**1:56.24**		NM
	50m: 28.22	100m: 57.06 (28.84)	150m: 1:26.57 (29.51)	200m: 1:56.24 (29.67)				
2	**Finlay German**	2009	Reykjavík	0.62	517	**2:10.91**	+14.67	
	50m: 29.91	100m: 1:03.48 (33.57)	150m: 1:37.69 (34.21)	200m: 2:10.91 (33.22)				
3	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.54	498	**2:12.54**	+16.30	
	50m: 29.89	100m: 1:02.82 (32.93)	150m: 1:37.61 (34.79)	200m: 2:12.54 (34.93)				
4	**Ásberg Halldór Hansson**	2007	Reykjavík	0.72	481	**2:14.15**	+17.91	
	50m: 30.10	100m: 1:03.52 (33.42)	150m: 1:38.80 (35.28)	200m: 2:14.15 (35.35)				
5	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.62	433	**2:18.88**	+22.64	
	50m: 32.48	100m: 1:07.45 (34.97)	150m: 1:43.50 (36.05)	200m: 2:18.88 (35.38)				
6	**Travis Bensow**	2011	Sundfélag Hafnarfjarðar	0.74	388	**2:24.03**	+27.79	
	50m: 32.78	100m: 1:09.06 (36.28)	150m: 1:46.47 (37.41)	200m: 2:24.03 (37.56)				
7	**Tristan Orri Borghildarson**	2010	Íþróttabandalag Reykjanesbæjar	0.72	379	**2:25.19**	+28.95	
	50m: 33.75	100m: 1:10.87 (37.12)	150m: 1:48.44 (37.57)	200m: 2:25.19 (36.75)				
8	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.55	373	**2:25.98**	+29.74	
	50m: 33.76	100m: 1:11.73 (37.97)	150m: 1:49.88 (38.15)	200m: 2:25.98 (36.10)				

Event official at: 11/13/2026 5:37:58 PM

Event 9, 200m bringusund kvenna - undanrásir

Sponsor: Wise

ISL	2:22.69	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Doha (QAT)	12/7/2014
UM	2:28.43	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/20/2009
AM	2:31.98	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjane	Hafnarfjoerdur (ISL)	11/8/2019
NM	2:31.13					







Results

Event 9, 200m bringusund kvenna - undanrásir

NM-ung 2:34.61

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Auguste Balciunaite**	2011	Sundfélag Hafnarfjarðar	0.79	554	**2:41.28**		Q
	50m: 36.07	100m: 1:17.01 (40.94)	150m: 1:59.02 (42.01)	200m: 2:41.28 (42.26)				
2	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.57	538	**2:42.83**	+1.55	Q
	50m: 38.44	100m: 1:21.18 (42.74)	150m: 2:02.60 (41.42)	200m: 2:42.83 (40.23)				
3	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.66	531	**2:43.57**	+2.29	Q
	50m: 36.60	100m: 1:18.13 (41.53)	150m: 2:00.87 (42.74)	200m: 2:43.57 (42.70)				
4	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.72	499	**2:46.95**	+5.67	Q
	50m: 37.37	100m: 1:19.61 (42.24)	150m: 2:02.88 (43.27)	200m: 2:46.95 (44.07)				
5	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.69	493	**2:47.63**	+6.35	-
	50m: 37.75	100m: 1:20.41 (42.66)	150m: 2:04.38 (43.97)	200m: 2:47.63 (43.25)				
6	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.73	478	**2:49.41**	+8.13	Q
	50m: 39.19	100m: 1:22.13 (42.94)	150m: 2:05.46 (43.33)	200m: 2:49.41 (43.95)				
7	**Viktoría Rós Guseva**	2012	Sundfélagið Óðinn	0.75	461	**2:51.49**	+10.21	Q
	50m: 38.63	100m: 1:22.39 (43.76)	150m: 2:07.94 (45.55)	200m: 2:51.49 (43.55)				
8	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.72	445	**2:53.52**	+12.24	Q
	50m: 39.66	100m: 1:24.11 (44.45)	150m: 2:09.07 (44.96)	200m: 2:53.52 (44.45)				
9	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.50	434	**2:54.91**	+13.63	-
	50m: 39.37	100m: 1:23.95 (44.58)	150m: 2:09.94 (45.99)	200m: 2:54.91 (44.97)				
10	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.80	433	**2:55.11**	+13.83	Q
	50m: 39.15	100m: 1:24.22 (45.07)	150m: 2:09.72 (45.50)	200m: 2:55.11 (45.39)				
11	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn	0.76	417	**2:57.24**	+15.96	R1
	50m: 39.93	100m: 1:24.69 (44.76)	150m: 2:10.61 (45.92)	200m: 2:57.24 (46.63)				
12	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.79	411	**2:58.15**	+16.87	R2
	50m: 39.65	100m: 1:24.97 (45.32)	150m: 2:11.25 (46.28)	200m: 2:58.15 (46.90)				
13	**Natalía Fanney Sigurðardóttir**	2010	Íþróttabandalag Reykjanesbæjar	0.76	396	**3:00.33**	+19.05	
	50m: 40.21	100m: 1:26.90 (46.69)	150m: 2:14.08 (47.18)	200m: 3:00.33 (46.25)				
14	**Bríet Laufey Ingimarsdóttir**	2011	Sundfélagið Óðinn	0.71	393	**3:00.84**	+19.56	
	50m: 38.53	100m: 1:23.13 (44.60)	150m: 2:11.88 (48.75)	200m: 3:00.84 (48.96)				
15	**Brynja Dís Bjarkardóttir**	2014	Reykjavík	0.79	385	**3:02.03**	+20.75	
	50m: 41.53	100m: 1:28.57 (47.04)	150m: 2:15.77 (47.20)	200m: 3:02.03 (46.26)				
16	**Austéja Savickaité**	2009	Íþróttabandalag Reykjanesbæjar	0.79	332	**3:11.33**	+30.05	
	50m: 42.02	100m: 1:30.34 (48.32)	150m: 2:20.91 (50.57)	200m: 3:11.33 (50.42)				
17	**Eyvör Ása Hólm**	2011	Reykjavík	0.79	312	**3:15.31**	+34.03	
	50m: 44.25	100m: 1:34.19 (49.94)	150m: 2:24.98 (50.79)	200m: 3:15.31 (50.33)				
-	**Stefanía Rún Hjartardóttir**	2009	Sunddeild UMF Bolungarvíkur			**DNS**		

Event official at: 11/13/2026 10:45:29 AM

Event 9, 200m bringusund kvenna - úrslit

Sponsor: Wise

ISL	2:22.69	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Doha (QAT)	12/7/2014
UM	2:28.43	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/20/2009
AM	2:31.98	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjane	Hafnarfjoerdur (ISL)	11/8/2019
NM	2:31.13					
NM-ung	2:34.61					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.57	572	**2:39.56**	
	50m: 36.96	100m: 1:18.72 (41.76)	150m: 1:59.80 (41.08)	200m: 2:39.56 (39.76)			
2	**Auguste Balciunaite**	2011	Sundfélag Hafnarfjarðar	0.76	570	**2:39.75**	+0.19
	50m: 35.20	100m: 1:15.99 (40.79)	150m: 1:57.93 (41.94)	200m: 2:39.75 (41.82)			
3	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.67	525	**2:44.19**	+4.63
	50m: 37.33	100m: 1:19.62 (42.29)	150m: 2:01.65 (42.03)	200m: 2:44.19 (42.54)			
4	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.74	493	**2:47.62**	+8.06
	50m: 37.23	100m: 1:20.10 (42.87)	150m: 2:03.76 (43.66)	200m: 2:47.62 (43.86)			

Results

Event 9, 200m bringusund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
5	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.74	477	**2:49.48**	+9.92
	50m: 38.24	100m: 1:20.78 (42.54)	150m: 2:04.57 (43.79)	200m: 2:49.48 (44.91)			
6	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.72	473	**2:50.02**	+10.46
	50m: 38.91	100m: 1:23.19 (44.28)	150m: 2:07.21 (44.02)	200m: 2:50.02 (42.81)			
7	**Viktoría Rós Guseva**	2012	Sundfélagið Óðinn	0.81	450	**2:52.81**	+13.25
	50m: 38.66	100m: 1:23.01 (44.35)	150m: 2:08.16 (45.15)	200m: 2:52.81 (44.65)			
8	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.75	413	**2:57.87**	+18.31
	50m: 38.79	100m: 1:24.16 (45.37)	150m: 2:10.51 (46.35)	200m: 2:57.87 (47.36)			

Event official at: 11/13/2026 5:46:43 PM

Event 10, 100m bringusund karla - undanrásir

Sponsor: Wise

ISL	56.30	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Budapest (HUN)	10/25/2020
UM	58.57	Snorri Dagur Einarsson	2005	Sundfélag Hafnarfjarðar (I	Otopeni (ROU)	12/6/2023
AM	1:03.81	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/8/2019
NM	1:01.29					
NM-ung	1:02.67					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.60	741	**1:01.07**		Q	NM
	50m: 28.80	100m: 1:01.07 (32.27)							
2	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.62	698	**1:02.31**	+1.24	Q	
	50m: 29.01	100m: 1:02.31 (33.30)							
3	**Aron Bjarki Pétursson**	2001	Sundfélag Hafnarfjarðar	0.60	667	**1:03.25**	+2.18	-	
	50m: 28.74	100m: 1:03.25 (34.51)							
4	**Arnór Egill Einarsson**	2007	Sundfélag Hafnarfjarðar	0.65	621	**1:04.79**	+3.72	Q	
	50m: 30.01	100m: 1:04.79 (34.78)							
5	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.62	576	**1:06.43**	+5.36	-	
	50m: 30.60	100m: 1:06.43 (35.83)							
6	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.72	542	**1:07.80**	+6.73	Q	
	50m: 31.98	100m: 1:07.80 (35.82)							
7	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.62	496	**1:09.83**	+8.76	Q	
	50m: 32.26	100m: 1:09.83 (37.57)							
8	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.72	466	**1:11.29**	+10.22	Q	
	50m: 33.49	100m: 1:11.29 (37.80)							
9	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.71	451	**1:12.05**	+10.98	-	
	50m: 33.67	100m: 1:12.05 (38.38)							
10	**Björn Elvar Austfjörð**	2011	Sundfélagið Óðinn	0.69	441	**1:12.62**	+11.55	Q	
	50m: 34.07	100m: 1:12.62 (38.55)							
11	**Cecil Bjartur Cameron**	2012	Reykjavík	0.70	353	**1:18.21**	+17.14	Q	
	50m: 37.06	100m: 1:18.21 (41.15)							
12	**Svanberg Leó Jóelsson**	2012	Reykjavík	0.63	348	**1:18.55**	+17.48	R1	
	50m: 36.56	100m: 1:18.55 (41.99)							
13	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.64	343	**1:18.97**	+17.90	R2	
	50m: 37.00	100m: 1:18.97 (41.97)							

Event official at: 11/13/2026 10:52:53 AM

Event 10, 100m bringusund karla - úrslit

Sponsor: Wise

ISL	56.30	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Budapest (HUN)	10/25/2020
UM	58.57	Snorri Dagur Einarsson	2005	Sundfélag Hafnarfjarðar (I	Otopeni (ROU)	12/6/2023
AM	1:03.81	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/8/2019
NM	1:01.29					
NM-ung	1:02.67					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 10, 100m bringusund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.60	776	**1:00.14**		NM
	50m: 27.81	100m: 1:00.14 (32.33)						
2	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.64	706	**1:02.06**	+1.92	
	50m: 28.30	100m: 1:02.06 (33.76)						
3	**Arnór Egill Einarsson**	2007	Sundfélag Hafnarfjarðar	0.65	632	**1:04.40**	+4.26	
	50m: 29.91	100m: 1:04.40 (34.49)						
4	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.73	511	**1:09.12**	+8.98	
	50m: 31.96	100m: 1:09.12 (37.16)						
5	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.69	498	**1:09.73**	+9.59	
	50m: 32.57	100m: 1:09.73 (37.16)						
6	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.78	485	**1:10.35**	+10.21	
	50m: 32.75	100m: 1:10.35 (37.60)						
7	**Björn Elvar Austfjörð**	2011	Sundfélagið Óðinn	0.68	449	**1:12.14**	+12.00	
	50m: 33.57	100m: 1:12.14 (38.57)						
8	**Cecil Bjartur Cameron**	2012	Reykjavík	0.71	360	**1:17.66**	+17.52	
	50m: 36.42	100m: 1:17.66 (41.24)						

Event official at: 11/13/2026 5:52:24 PM

Event 11, 50m skriðsund kvenna - undanrásir

Sponsor: Wise

ISL	24.68	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Lublin (POL)	12/2/2025
UM	25.31	Ingibjörg Kristín Jónsdót	1993	Sundfélag Hafnarfjarðar (I	Laugardalslaug (ISL)	11/13/2011
AM	25.87	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2023
ISL S6	39.59	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		9/23/2018
ISL S14	30.46	Kolbrún Alda Stefánsdót		(ISL)		11/24/2012
ISL S18	36.27	Kristín Þorsteinsdóttir		(ISL)		11/2/2017
ISL S19	32.20					
NM	25.91					
NM-ung	25.91					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.65	756	**25.06**		Q	NM
2	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.59	628	**26.65**	+1.59	Q	
3	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.68	579	**27.39**	+2.33	Q	
4	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.61	577	**27.42**	+2.36	Q	
5	**Thelma Ösp Sveinbjörnsdóttir**	2010	Sundfélag Hafnarfjarðar	0.59	534	**28.13**	+3.07	Q	
6	**Gabriela Róza Bondarow**	2010	Reykjavík	0.70	530	**28.21**	+3.15	Q	
7	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.72	526	**28.27**	+3.21	Q	
8	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.43	518	**28.42**	+3.36	Q	
9	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.71	516	**28.46**	+3.40	-	
10	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks		512	**28.52**	+3.46	-	
11	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.69	509	**28.59**	+3.53	R1	
12	**Natalía Eir Curtis**	2010	Reykjavík	0.75	498	**28.80**	+3.74	R2	
13	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.72	497	**28.82**	+3.76		
14	**Karen Sif Helgadóttir**	2010	Reykjavík	0.78	487	**29.01**	+3.95	-	
15	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.74	486	**29.02**	+3.96		
16	**Kornelia Nadia Maniak**	2010	Íþróttabandalag Reykjanesbæjar	0.63	476	**29.22**	+4.16		
17	**Anna Gloría Káradóttir**	2011	Reykjavík	0.71	475	**29.25**	+4.19		
18	**Sofia Cogalniceanu**	2012	Reykjavík	0.68	460	**29.57**	+4.51		
19	**Emilía Björt Magnúsdóttir**	2010	Sundfélag Hafnarfjarðar	0.66	451	**29.75**	+4.69		

Results

Event 11, 50m skriðsund kvenna - undanrásir

Rank	Name		Born	Team	R.T.	Pts	Time	Diff
20	**Margrét Brynja Steingrímsdóttir**		2012	Sunddeild UMF Aftureldingar	0.68	443	**29.93**	+4.87
=21	**Herdís Daðadóttir**		2012	Reykjavík	0.79	442	**29.96**	+4.90
=21	**Katrín Lind Rúnarsdóttir**		2011	Sunddeild UMF Bolungarvíkur	0.66	442	**29.96**	+4.90
=21	**Viktoria Vasile**		2011	Reykjavík	0.69	442	**29.96**	+4.90
24	**Sóley Helga Sigfríðardóttir**		2012	Reykjavík	0.80	441	**29.98**	+4.92
25	**Karen Júlía Traustadóttir**		2012	Íþróttabandalag Reykjanesbæjar	0.72	436	**30.10**	+5.04
26	**Elsa Karen Káradóttir**		2014	Sunddeild Breiðabliks	0.85	435	**30.13**	+5.07
27	**Ljósbrá Líf Sigurðardóttir**		2010	Íþróttabandalag Reykjanesbæjar	0.72	432	**30.19**	+5.13
=28	**Sigurborg Sesselía Skúladóttir**		2010	Sunddeild UMF Bolungarvíkur	0.67	425	**30.35**	+5.29
=28	**Þeódís Styrmisdóttir**		2011	Sunddeild Breiðabliks	0.77	425	**30.35**	+5.29
30	**Ayja Katrín Armstrong**		2011	Reykjavík	0.65	425	**30.36**	+5.30
31	**Alexandra Dís Gunnarsdóttir**		2011	Íþróttabandalag Reykjanesbæjar	0.69	420	**30.48**	+5.42
32	**Bríet Björk Jóhannsdóttir**		2013	Reykjavík	0.63	419	**30.50**	+5.44
33	**Freyja Dís Dagmarardóttir**		2013	Reykjavík	0.72	410	**30.71**	+5.65
34	**Ágústa Elly Kristinsdóttir**		2011	Reykjavík	0.74	410	**30.73**	+5.67
35	**Soffía Bára Gestsdóttir**		2011	Sunddeild Stjörnunnar	0.78	409	**30.74**	+5.68
36	**Lovísa Austfjörð Stefánsdóttir**		2012	Sundfélagið Óðinn	0.64	402	**30.91**	+5.85
37	**Lena Przybylska**		2011	Íþróttabandalag Reykjanesbæjar	0.74	400	**30.97**	+5.91
38	**Stefanía Rún Hjartardóttir**		2009	Sunddeild UMF Bolungarvíkur	0.77	398	**31.02**	+5.96
39	**Embla Dögg Helgadóttir**		2008	Reykjavík	0.70	382	**31.46**	+6.40
=40	**Freyja Mjöll Einarsdóttir**		2013	Sunddeild Breiðabliks	0.62	376	**31.61**	+6.55
=40	**Tinna Salome Róbertsdóttir**		2011	Sunddeild Breiðabliks	0.62	376	**31.61**	+6.55
42	**Anna Rósa Þrastardóttir**	S14	2004	Íþróttafélagið Fjörður	0.81	635	**32.04**	+6.98
43	**Eyvör Ása Hólm**		2011	Reykjavík	0.70	335	**32.84**	+7.78
44	**Agnetha Ýr Guðmundsdóttir**	S19	2012	Sunddeild Breiðabliks	0.65	339	**32.86**	+7.80
45	**Rósa Kristín Kristmannsdóttir**	S14	2009	Íþróttafélagið Fjörður	0.89	580	**33.03**	+7.97
46	**Emelía Ýr Gunnarsdóttir**	S14	2005	Íþróttafélagið Fjörður	0.67	501	**34.67**	+9.61
47	**Sigrún Kjartansdóttir**	S18	2003	Íþróttafélagið Fjörður		580	**40.59**	+15.53
48	**Thelma Björg Björnsdóttir**	S6	1996	Reykjavík		486	**43.52**	+18.46
-	**Hugrún Guðmundsdóttir**		2008	Reykjavík			**DNS**	

Event official at: 11/13/2026 11:05:16 AM

Event 11, 50m skriðsund kvenna - úrslit

Sponsor: Wise

ISL	24.68	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Lublin (POL)	12/2/2025
UM	25.31	Ingibjörg Kristín Jónsdót	1993	Sundfélag Hafnarfjarðar (I	Laugardalslaug (ISL)	11/13/2011
AM	25.87	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2023
ISL S6	39.59	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		9/23/2018
ISL S14	30.46	Kolbrún Alda Stefánsdót		(ISL)		11/24/2012
ISL S18	36.27	Kristín Þorsteinsdóttir		(ISL)		11/2/2017
ISL S19	32.20					
NM	25.91					
NM-ung	25.91					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.67	757	**25.04**	NM
2	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.59	617	**26.81**	+1.77

Results

Event 11, 50m skriðsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
3	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.74	587	**27.26**	+2.22
4	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.65	574	**27.46**	+2.42
5	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.74	521	**28.37**	+3.33
6	**Thelma Ösp Sveinbjörnsdóttir**	2010	Sundfélag Hafnarfjarðar	0.61	517	**28.43**	+3.39
=7	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.77	516	**28.46**	+3.42
=7	**Gabriela Róza Bondarow**	2010	Reykjavík	0.67	516	**28.46**	+3.42

Event official at: 11/13/2026 5:58:22 PM

Event 12, 50m skriðsund karla - undanrásir

Sponsor: Wise

ISL	21.73	Símon E Statkevicius	2003	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	10/24/2026
UM	22.43	Denas Kazulis	2008	Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/13/2026
AM	24.08	Jón Ingi Einarsson	2011	Sundfélagið Óðinn (ISL)	Hafnarfjörður (ISL)	11/13/2026
ISL S19	26.16	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL		1/3/2026
NM	22.63					
NM-ung	22.63					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Símon Elías Statkevicius**	2003	Sundfélag Hafnarfjarðar	0.61	748	**21.92**		Q	NM
2	**Denas Kazulis**	2008	Íþróttabandalag Reykjanesbæjar	0.61	680	**22.62**	+0.70	Q	NM
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.68	537	**24.47**	+2.55	Q	
4	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.60	524	**24.67**	+2.75	Q	
5	**Finlay German**	2009	Reykjavík	0.64	494	**25.16**	+3.24	Q	
6	**Oliver Kaldal**	2007	Reykjavík	0.65	478	**25.45**	+3.53	Q	
7	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.76	457	**25.82**	+3.90	Q	
8	**Huginn Leví Pétursson**	2009	Sunddeild Breiðabliks	0.67	456	**25.85**	+3.93	-	
9	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.68	450	**25.95**	+4.03	Q	
10	**Viljar Fannarsson**	2010	Reykjavík	0.64	438	**26.20**	+4.28	-	
11	**Styrmir Snær Árnason**	2010	Sundfélag Hafnarfjarðar	0.74	436	**26.23**	+4.31	R1	
12	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.58	435	**26.26**	+4.34	R2	
13	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.69	426	**26.44**	+4.52		
14	**Ingimar Hang Ingimarsson**	2012	Sundfélag Hafnarfjarðar	0.59	419	**26.58**	+4.66		
15	**Snævar Örn Kristmannsson** S19	2006	Sunddeild Breiðabliks	0.73	434	**26.62**	+4.70		
16	**Daníel Rafn Atlason**	2010	Sundfélag Hafnarfjarðar	0.60	413	**26.71**	+4.79		
17	**Búi Heinrich Mímir Þorsteinsson**	2010	Reykjavík	0.68	409	**26.79**	+4.87		
18	**Paul Ingi Cicero**	2010	Sundfélag Hafnarfjarðar	0.48	407	**26.84**	+4.92		
19	**Ívan Elí Ólafsson**	2010	Sundfélagið Óðinn	0.62	402	**26.96**	+5.04		
20	**Ingibjörn Natan Guðmundsson**	2009	Reykjavík	0.72	390	**27.22**	+5.30		
21	**Arnar Logi Ægisson**	2007	Sundfélag Hafnarfjarðar	0.54	385	**27.35**	+5.43		
22	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.64	384	**27.37**	+5.45		
23	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.68	379	**27.48**	+5.56		
24	**Haraldur Marinó Kjartansson**	2009	Sundfélag Hafnarfjarðar	0.67	349	**28.25**	+6.33		
25	**Franciszek Adam Czachorows** S19	2014	Íþróttabandalag Reykjanesbæjar	0.67	325	**29.30**	+7.38		
-	**Þórður Karl Steinarsson**	2009	Reykjavík			**DNS**			

Event official at: 11/13/2026 11:16:09 AM

Event 12, 50m skriðsund karla - úrslit

Results

Event 12, 50m skriðsund karla - úrslit

Sponsor: Wise

ISL	21.73	Símon E Statkevicius	2003	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	10/24/2026
UM	22.43	Denas Kazulis	2008	Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/13/2026
AM	24.08	Jón Ingi Einarsson	2011	Sundfélagið Óðinn (ISL)	Hafnarfjörður (ISL)	11/13/2026
ISL S19	26.16	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL		1/3/2026
NM	22.63					
NM-ung	22.63					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Símon Elías Statkevicius**	2003	Sundfélag Hafnarfjarðar	0.61	766	**21.74**		NM
2	**Denas Kazulis**	2008	Íþróttabandalag Reykjanesbæjar	0.59	698	**22.43**	+0.69	UM
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.67	564	**24.08**	+2.34	AM
4	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.59	517	**24.78**	+3.04	
5	**Finlay German**	2009	Reykjavík	0.61	509	**24.92**	+3.18	
6	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.66	487	**25.29**	+3.55	
7	**Oliver Kaldal**	2007	Reykjavík	0.65	478	**25.45**	+3.71	
8	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.68	464	**25.70**	+3.96	

Event official at: 11/13/2026 6:03:14 PM

Event 13, 4x50m fjórsund kvenna - úrslit

Sponsor: Wise

ISL	1:53.52	Sundfélag Hafnarfjarðar	2000	Sundfélag Hafnarfjarðar (I	Reykjavík (ISL)	11/7/2025
UM	1:59.35	Íþróttabandalag Reykjan		Íþróttabandalag Reykjane	Hafnarfjordur (ISL)	11/18/2022
AM	2:05.51	Sundfélagið Óðinn		Sundfélagið Óðinn (ISL)	Reykjavik (ISL)	6/20/2008

Rank	Name	Age	Team	Pts		Time	Diff
1	**SH**	25	Sundfélag Hafnarfjarðar	638	R1	**1:58.84**	
	Sólveig Freyja Hákonardóttir	2009	0.59	31.00		31.00	
	Katja Lilja Andriysdóttir	2006	0.28	34.87		1:05.87	
	Nadja Djurovic	2007	0.30	27.91		1:33.78	
	Jóhanna Elín Guðmundsdóttir	2001	0.38	25.06		1:58.84	
2	**Reykjavík**	19	Reykjavík	585	R2	**2:02.34**	+3.50
	Sunna Arnfinnsdóttir	2007	0.70	31.44		31.44	
	Álfrún Lóa Jónsdóttir	2010	0.54	34.51		1:05.95	
	Ylfa Lind Kristmannsdóttir	2008	0.52	28.67		1:34.62	
	Thea Sif Hjaltadóttir	2011	0.22	27.72		2:02.34	
3	**SH 2**	16	Sundfélag Hafnarfjarðar	539		**2:05.72**	+6.88
	Alicja Julia Kempisty	2010	0.73	31.19		31.19	
	Auguste Balciunaite	2011	0.48	34.54		1:05.73	
	Ema Austa Pratusyté	2010	0.64	31.57		1:37.30	
	Hildur Erla Hákonardóttir	2010	0.42	28.42		2:05.72	
4	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar	531		**2:06.35**	+7.51
	Eydís Jóhannesdóttir	2011	0.63	33.48		33.48	
	Margrét Anna Lapas	2009	0.35	32.98		1:06.46	
	Kornelia Nadia Maniak	2010	0.32	31.43		1:37.89	
	Ásdís Gunnarsdóttir	2008		28.46		2:06.35	







Results

Event 13, 4x50m fjórsund kvenna - úrslit

Rank	Name	Age	Team			Pts	Time	Diff
5	**Reykjavík 2**	14	Reykjavík			444	**2:14.13**	+15.29
	Sofia Cogalniceanu	2012		0.59	34.44		34.44	
	Áróra Mjöll Jónsdóttir	2013		0.65	37.44		1:11.88	
	Bryndís Rún Guðnadóttir	2013		0.59	32.61		1:44.49	
	Sóley Helga Sigfríðardóttir	2012		0.65	29.64		2:14.13	
6	**ÍRB 2**	16	Íþróttabandalag Reykjanesbæjar			431	**2:15.45**	+16.61
	Lena Przybylska	2011		0.70	35.93		35.93	
	Natalía Fanney Sigurðardóttir	2010		0.55	37.39		1:13.32	
	Karen Júlía Traustadóttir	2012		0.30	32.16		1:45.48	
	Alexandra Dís Gunnarsdóttir	2011		0.48	29.97		2:15.45	
7	**Óðinn**	16	Sundfélagið Óðinn			403	**2:18.47**	+19.63
	Lovísa Austfjörð Stefánsdóttir	2012		0.77	34.96		34.96	
	Ísabella Jóhannsdóttir	2010		0.77	38.43		1:13.39	
	Friðrika Sif Ágústsdóttir	2010		0.47	33.63		1:47.02	
	Katrín Birta Birkisdóttir	2012		0.47	31.45		2:18.47	
8	**Breiðablik**	15	Sunddeild Breiðabliks			350	**2:25.15**	+26.31
	Hildur Eldey Guðjónsdóttir	2011		0.76	39.12		39.12	
	Freyja Mjöll Einarsdóttir	2013		0.57	41.20		1:20.32	
	Elsa Karen Káradóttir	2014		0.58	33.02		1:53.34	
	Arney Dröfn Pétursdóttir	2013		0.53	31.81		2:25.15	

Event official at: 11/13/2026 11:27:38 AM

Event 14, 4x50m fjórsund karla - úrslit

Sponsor: **Wise**

ISL	1:38.70	Sundfélag Hafnarfjarðar		Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
UM	1:46.36	ÍRB	2000	Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/13/2026
AM	1:51.82	Íþröttabandalag Reykjan		Íþróttabandalag Reykjane	Reykjanesbaer (ISL)	12/18/2023

Rank	Name	Age	Team			Pts	Time	Diff
1	**SH**	23	Sundfélag Hafnarfjarðar			698	**1:41.13**	
	Bergur Fáfnir Bjarnason	2006		0.60	25.87		25.87	
	Snorri Dagur Einarsson	2005		0.42	27.50		53.37	
	Símon Elías Statkevicius	2003		0.33	24.56		1:17.93	
	Veigar Hrafn Sigþórsson	2005		0.31	23.20		1:41.13	
2	**SH 2**	19	Sundfélag Hafnarfjarðar			653	**1:43.39**	+2.26
	Adam Leó Tómasson	2007		0.61	27.18		27.18	
	Karl Björnsson	2008		0.31	27.94		55.12	
	Hólmar Grétarsson	2008		0.28	24.62		1:19.74	
	Magnús Víðir Jónsson	2008		0.03	23.65		1:43.39	
3	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar			600	**1:46.36**	+5.23 UM
	Mikael Fannar Arnarsson	2009		0.57	28.58		28.58	
	Nikolai Leo Jónsson	2008		0.35	29.55		58.13	
	Daði Rafn Falsson	2008		0.33	25.99		1:24.12	
	Denas Kazulis	2008		0.19	22.24		1:46.36	

Results

Event 14, 4x50m fjórsund karla - úrslit

Rank	Name	Age	Team			Pts	Time	Diff
4	**SH 3**	25	Sundfélag Hafnarfjarðar			526	**1:51.13**	+10.00
	Þór Eli Gunnarsson	2011		0.63	29.15		29.15	
	Aron Bjarki Pétursson	2001		0.68	28.19		57.34	
	Kristjón Hrafn Kjartansson	2011		0.54	28.73		1:26.07	
	Kajus Jatautas	2010		0.35	25.06		1:51.13	
5	**Reykjavík**	19	Reykjavík			507	**1:52.49**	+11.36
	Ásberg Halldór Hansson	2007		0.66	29.29		29.29	
	Valentín Kristmundsson Genov	2010		0.37	31.12		1:00.41	
	Oliver Kaldal	2007		0.44	27.64		1:28.05	
	Birgir Hrafn Kjartansson	2008		0.46	24.44		1:52.49	
6	**Óðinn**	16	Sundfélagið Óðinn			503	**1:52.81**	+11.68
	Ívan Elí Ólafsson	2010		0.56	29.85		29.85	
	Alexander Reid McCormick	2010		0.53	31.47		1:01.32	
	Jón Ingi Einarsson	2011		0.42	26.33		1:27.65	
	Magni Rafn Ragnarsson	2010		0.36	25.16		1:52.81	
-	**ÍRB 2**	17	Íþróttabandalag Reykjanesbæjar				**DSQ**	
	10.12 Keppandi sleppir fótum af ráspalli áður en keppandinn á undan honum í sömu sveit snertir bakkann (þjófstart).							
	Gabriel Jarnutowski	2011		0.57	33.12		33.12	
	Julian Jarnutowski	2010		0.32	32.14		1:05.26	
	Tristan Orri Borghildarson	2010		-0.06			DSQ	
	Árni Þór Pálmason	2009		0.40				

Event official at: 11/13/2026 11:36:55 AM

Event 15, 4x200m skriðsund kvenna - úrslit

Sponsor: Wise

ISL	8:14.55	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/8/2024
UM	8:26.12	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2023
AM	8:48.98	Íþróttabandalag Reykjan	Íþróttabandalag Reykjane	Reykjanesbar (ISL)	12/7/2012

Rank	Name	Age	Team						Pts	Time	Diff
1	**SH**	25	Sundfélag Hafnarfjarðar						709	**8:24.62**	
	Alicja Julia Kempisty	2010		0.76	30.15	1:02.01	1:34.59	2:07.33		2:07.33	
	Sólveig Freyja Hákonardóttir	2009		0.38	28.37	59.97	1:32.64	2:04.55		4:11.88	
	Nadja Djurovic	2007		0.28	28.93	1:01.26	1:33.91	2:06.45		6:18.33	
	Jóhanna Elín Guðmundsdóttir	2001		0.40	27.58	59.47	1:32.89	2:06.29		8:24.62	
2	**Reykjavík**	19	Reykjavík						622	**8:47.28**	+22.66
	Ylfa Lind Kristmannsdóttir	2008		0.63	30.09	1:01.86	1:33.57	2:04.49		2:04.49	
	Bjarndís Olga Hansen	2010		0.55	30.61	1:05.23	1:41.65	2:17.84		4:22.33	
	Sunna Arnfinnsdóttir	2007		0.17	30.59	1:04.10	1:39.07	2:13.20		6:35.53	
	Natalía Eir Curtis	2010		0.23	29.61	1:03.60	1:37.81	2:11.75		8:47.28	
3	**SH 2**	20	Sundfélag Hafnarfjarðar						586	**8:57.70**	+33.08
	Auguste Balciunaite	2011		0.82	31.08	1:04.55	1:38.45	2:12.45		2:12.45	
	Hildur Erla Hákonardóttir	2010		0.55	31.19	1:06.27	1:42.18	2:17.81		4:30.26	
	Ema Austa Pratusyté	2010		0.39	30.96	1:06.11	1:42.45	2:17.62		6:47.88	
	Katja Lilja Andriysdóttir	2006		0.51	29.93	1:02.91	1:36.47	2:09.82		8:57.70	

Results

Event 15, 4x200m skriðsund kvenna - úrslit

Rank	Name	Age	Team					Pts	Time	Diff
4	**ÍRB**	17	Íþróttabandalag Reykjanesbæjar					538	**9:13.24**	+48.62
	Guðrún Ísold Harðardóttir	2011			31.03	1:05.52	1:40.94		2:16.53	2:16.53
	Adríana Agnes Derti	2010			32.40	1:08.86	1:45.60		2:21.73	4:38.26
	Margrét Anna Lapas	2009			31.12	1:06.20	1:42.06		2:17.86	6:56.12
	Eydís Jóhannesdóttir	2011			31.03	1:06.66	1:42.46		2:17.12	9:13.24
5	**Reykjavík 2**	14	Reykjavík					502	**9:26.35**	+1:01.7
	Herdís Daðadóttir	2012		0.78	31.90	1:08.38	1:46.86		2:26.00	2:26.00
	Sóley Helga Sigfríðardóttir	2012		0.53	31.38	1:05.84	1:41.48		2:16.90	4:42.90
	Áróra Mjöll Jónsdóttir	2013		0.74	32.35	1:08.78	1:45.22		2:21.62	7:04.52
	Bryndís Rún Guðnadóttir	2013		0.56	31.40	1:07.97	1:46.00		2:21.83	9:26.35
6	**Breiðablik**	15	Sunddeild Breiðabliks					481	**9:34.34**	+1:09.7
	Elsa Karen Káradóttir	2014		0.83	31.67	1:07.52	1:44.07		2:19.21	2:19.21
	Þeódís Styrmisdóttir	2011		0.53	32.88	1:09.92	1:48.59		2:26.68	4:45.89
	Bergey Huld Arnarsdóttir	2011		0.31	30.44	1:06.89	1:44.88		2:21.96	7:07.85
	Kamilla Ýr Ísaksdóttir Guðmann	2011		0.05	32.50	1:09.77	1:48.76		2:26.49	9:34.34
7	**Óðinn**	16	Sundfélagið Óðinn					414	**10:03.87**	+1:39.2
	Friðrika Sif Ágústsdóttir	2010		0.71	33.62	1:10.79	1:49.93		2:29.05	2:29.05
	Lovísa Austfjörð Stefánsdóttir	2012		0.57	33.28	1:12.50	1:53.26		2:33.11	5:02.16
	Viktoría Rós Guseva	2012		0.66	34.90	1:14.58	1:54.30		2:31.99	7:34.15
	Ísabella Jóhannsdóttir	2010		0.66	34.29	1:13.19	1:53.04		2:29.72	10:03.87

Event official at: 11/13/2026 6:22:05 PM

Event 16, 4x200m skriðsund karla - úrslit

Sponsor: Wise

ISL	7:17.51	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	11/8/2024
UM	7:30.99	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	11/10/2023
AM	8:02.58	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	12/9/2023

Rank	Name	Age	Team					Pts	Time	Diff
1	**SH 2**	19	Sundfélag Hafnarfjarðar					686	**7:33.93**	NM
	Magnús Víðir Jónsson	2008		0.60	25.79	53.66	1:22.01		1:50.20	1:50.20
	Hólmar Grétarsson	2008		0.42	25.23	52.93	1:21.36		1:50.34	3:40.54
	Adam Leó Tómasson	2007		0.38	25.89	54.45	1:24.18		1:54.58	5:35.12
	Kajus Jatautas	2010		0.30	26.02	55.22	1:26.55		1:58.81	7:33.93
2	**SH**	21	Sundfélag Hafnarfjarðar					671	**7:37.32**	+3.39
	Veigar Hrafn Sigþórsson	2005		0.71	25.69	54.03	1:23.49		1:52.95	1:52.95
	Bergur Fáfnir Bjarnason	2006		0.46	25.85	53.62	1:22.23		1:51.04	3:43.99
	Birnir Freyr Hálfdánarsson	2006		0.35	24.21	51.14	1:20.85		1:51.35	5:35.34
	Vanja Djurovic	2009		0.20	27.17	57.24	1:29.28		2:01.98	7:37.32
3	**Reykjavík**	19	Reykjavík					558	**8:06.39**	+32.46
	Birgir Hrafn Kjartansson	2008		0.71	26.48	55.49	1:25.48		1:55.60	1:55.60
	Finlay German	2009		0.41	26.30	56.03	1:27.73		1:59.43	3:55.03
	Viljar Fannarsson	2010		0.44	28.19	1:00.38	1:33.83		2:05.70	6:00.73
	Ásberg Halldór Hansson	2007		0.28	26.71	57.24	1:31.09		2:05.66	8:06.39

Results

Event 16, 4x200m skriðsund karla - úrslit

Rank	Name	Age	Team				Pts	Time	Diff
4	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar				549	**8:09.00**	+35.07
	Árni Þór Pálmason	2009		0.61	27.52	58.14	1:29.45	2:00.16	2:00.16
	Viktor Bergmann Arnarsson	2010		0.41	28.15	1:00.33	1:34.40	2:05.84	4:06.00
	Julian Jarnutowski	2010		0.47	27.92	59.29	1:33.71	2:07.00	6:13.00
	Daði Rafn Falsson	2008		0.41	25.75	54.66	1:25.38	1:56.00	8:09.00
5	**Óðinn**	16	Sundfélagið Óðinn				480	**8:31.23**	+57.30
	Alexander Reid McCormick	2010		0.84	28.68	1:00.28	1:33.39	2:06.75	2:06.75
	Jón Ingi Einarsson	2011		0.12	26.73	57.32	1:28.37	1:59.00	4:05.75
	Björn Elvar Austfjörð	2011		0.57	29.77	1:04.36	1:40.72	2:17.45	6:23.20
	Magni Rafn Ragnarsson	2010		0.55	28.09	1:00.30	1:34.04	2:08.03	8:31.23

Event official at: 11/13/2026 6:36:31 PM

Event 17, 400m fjórsund kvenna - undanrásir

Sponsor: Wise

ISL	4:43.56	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/15/2015
UM	4:46.36	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/24/2013
AM	4:53.67	Ólöf Edda Eðvarðsdóttir	1997	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	12/10/2011
NM	4:55.49					
NM-ung	5:02.28					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Sólveig Freyja Hákonardóttir**	2009	Sundfélag Hafnarfjarðar	0.69	588	**5:04.94**		Q
	50m: 32.03		100m: 1:08.33 (36.30)	150m: 1:47.08 (38.75)		200m: 2:24.66 (37.58)		
	250m: 3:09.10 (44.44)		300m: 3:54.30 (45.20)	350m: 4:30.01 (35.71)		400m: 5:04.94 (34.93)		
2	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.68	537	**5:14.31**	+9.37	Q
	50m: 33.16		100m: 1:12.86 (39.70)	150m: 1:54.86 (42.00)		200m: 2:35.61 (40.75)		
	250m: 3:17.86 (42.25)		300m: 4:02.95 (45.09)	350m: 4:39.90 (36.95)		400m: 5:14.31 (34.41)		
3	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.66	528	**5:16.02**	+11.08	Q
	50m: 32.92		100m: 1:12.49 (39.57)	150m: 1:53.18 (40.69)		200m: 2:33.13 (39.95)		
	250m: 3:19.92 (46.79)		300m: 4:06.14 (46.22)	350m: 4:42.02 (35.88)		400m: 5:16.02 (34.00)		
4	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.55	493	**5:23.25**	+18.31	-
	50m: 33.27		100m: 1:13.98 (40.71)	150m: 1:54.55 (40.57)		200m: 2:34.73 (40.18)		
	250m: 3:21.29 (46.56)		300m: 4:07.73 (46.44)	350m: 4:46.46 (38.73)		400m: 5:23.25 (36.79)		
5	**Auguste Balciunaite**	2011	Sundfélag Hafnarfjarðar	0.64	478	**5:26.71**	+21.77	Q
	50m: 34.21		100m: 1:15.65 (41.44)	150m: 1:58.12 (42.47)		200m: 2:39.45 (41.33)		
	250m: 3:25.77 (46.32)		300m: 4:12.11 (46.34)	350m: 4:49.60 (37.49)		400m: 5:26.71 (37.11)		
6	**Bjarndís Olga Hansen**	2010	Reykjavík	0.67	458	**5:31.35**	+26.41	Q
	50m: 34.68		100m: 1:18.27 (43.59)	150m: 1:59.79 (41.52)		200m: 2:40.15 (40.36)		
	250m: 3:28.40 (48.25)		300m: 4:17.75 (49.35)	350m: 4:54.99 (37.24)		400m: 5:31.35 (36.36)		
7	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.72	453	**5:32.51**	+27.57	Q
	50m: 34.37		100m: 1:17.36 (42.99)	150m: 2:00.37 (43.01)		200m: 2:41.63 (41.26)		
	250m: 3:29.30 (47.67)		300m: 4:18.76 (49.46)	350m: 4:56.99 (38.23)		400m: 5:32.51 (35.52)		
8	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.77	444	**5:34.86**	+29.92	-
	50m: 35.01		100m: 1:17.24 (42.23)	150m: 1:59.90 (42.66)		200m: 2:42.09 (42.19)		
	250m: 3:29.71 (47.62)		300m: 4:18.60 (48.89)	350m: 4:57.21 (38.61)		400m: 5:34.86 (37.65)		
9	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.68	442	**5:35.20**	+30.26	-
	50m: 36.09		100m: 1:19.75 (43.66)	150m: 2:02.05 (42.30)		200m: 2:43.08 (41.03)		
	250m: 3:32.59 (49.51)		300m: 4:22.03 (49.44)	350m: 4:59.40 (37.37)		400m: 5:35.20 (35.80)		
10	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar		437	**5:36.65**	+31.71	Q
	50m: 37.95		100m: 1:25.87 (47.92)	150m: 2:10.33 (44.46)		200m: 2:53.75 (43.42)		
	250m: 3:38.90 (45.15)		300m: 4:24.21 (45.31)	350m: 5:01.33 (37.12)		400m: 5:36.65 (35.32)		
11	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.84	431	**5:37.99**	+33.05	-
	50m: 38.53		100m: 1:24.39 (45.86)	150m: 2:08.47 (44.08)		200m: 2:51.32 (42.85)		
	250m: 3:36.67 (45.35)		300m: 4:22.81 (46.14)	350m: 5:01.24 (38.43)		400m: 5:37.99 (36.75)		

Results

Event 17, 400m fjórsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
12	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.68	424	**5:39.99**	+35.05	Q
	50m: 35.85		100m: 1:17.96 (42.11)	150m: 2:01.74 (43.78)		200m: 2:44.73 (42.99)		
	250m: 3:32.95 (48.22)		300m: 4:21.53 (48.58)	350m: 5:01.80 (40.27)		400m: 5:39.99 (38.19)		
13	**Elsa Karen Káradóttir**	2014	Sunddeild Breiðabliks	0.81	413	**5:43.03**	+38.09	R1
	50m: 36.83		100m: 1:19.40 (42.57)	150m: 2:05.36 (45.96)		200m: 2:50.81 (45.45)		
	250m: 3:39.47 (48.66)		300m: 4:29.97 (50.50)	350m: 5:06.96 (36.99)		400m: 5:43.03 (36.07)		
14	**Herdís Daðadóttir**	2012	Reykjavík	0.81	387	**5:50.36**	+45.42	-
	50m: 39.80		100m: 1:27.51 (47.71)	150m: 2:11.76 (44.25)		200m: 2:55.53 (43.77)		
	250m: 3:41.40 (45.87)		300m: 4:28.70 (47.30)	350m: 5:09.96 (41.26)		400m: 5:50.36 (40.40)		
15	**Friðrika Sif Ágústsdóttir**	2010	Sundfélagið Óðinn	0.80	339	**6:06.37**	+1:01.43	R2
	50m: 36.71		100m: 1:21.47 (44.76)	150m: 2:08.51 (47.04)		200m: 2:55.07 (46.56)		
	250m: 3:49.22 (54.15)		300m: 4:45.31 (56.09)	350m: 5:26.31 (41.00)		400m: 6:06.37 (40.06)		

Event official at: 11/14/2026 9:18:53 AM

Event 17, 400m fjórsund kvenna - úrslit

Sponsor: Wise

ISL	4:43.56	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/15/2015
UM	4:46.36	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/24/2013
AM	4:53.67	Ólöf Edda Eðvarðsdóttir	1997	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	12/10/2011
NM	4:55.49					
NM-ung	5:02.28					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Sólveig Freyja Hákonardóttir**	2009	Sundfélag Hafnarfjarðar	0.70	635	**4:57.21**		NM-ung
	50m: 31.87		100m: 1:08.57 (36.70)	150m: 1:47.12 (38.55)		200m: 2:24.43 (37.31)		
	250m: 3:07.27 (42.84)		300m: 3:50.46 (43.19)	350m: 4:24.23 (33.77)		400m: 4:57.21 (32.98)		
2	**Auguste Balciunaite**	2011	Sundfélag Hafnarfjarðar	0.76	562	**5:09.52**	+12.31	
	50m: 33.31		100m: 1:12.31 (39.00)	150m: 1:51.56 (39.25)		200m: 2:30.99 (39.43)		
	250m: 3:14.98 (43.99)		300m: 3:59.81 (44.83)	350m: 4:35.22 (35.41)		400m: 5:09.52 (34.30)		
3	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.58	541	**5:13.41**	+16.20	
	50m: 33.09		100m: 1:13.07 (39.98)	150m: 1:53.26 (40.19)		200m: 2:33.20 (39.94)		
	250m: 3:17.95 (44.75)		300m: 4:03.66 (45.71)	350m: 4:38.88 (35.22)		400m: 5:13.41 (34.53)		
4	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.57	514	**5:18.91**	+21.70	
	50m: 33.07		100m: 1:13.41 (40.34)	150m: 1:55.60 (42.19)		200m: 2:36.69 (41.09)		
	250m: 3:19.68 (42.99)		300m: 4:04.82 (45.14)	350m: 4:42.94 (38.12)		400m: 5:18.91 (35.97)		
5	**Bjarndís Olga Hansen**	2010	Reykjavík	0.67	487	**5:24.57**	+27.36	
	50m: 33.41		100m: 1:13.45 (40.04)	150m: 1:54.49 (41.04)		200m: 2:34.69 (40.20)		
	250m: 3:22.36 (47.67)		300m: 4:11.08 (48.72)	350m: 4:48.39 (37.31)		400m: 5:24.57 (36.18)		
6	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.77	452	**5:32.84**	+35.63	
	50m: 36.28		100m: 1:18.93 (42.65)	150m: 2:00.10 (41.17)		200m: 2:41.26 (41.16)		
	250m: 3:29.23 (47.97)		300m: 4:18.34 (49.11)	350m: 4:56.32 (37.98)		400m: 5:32.84 (36.52)		
7	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.73	439	**5:36.05**	+38.84	
	50m: 38.17		100m: 1:25.26 (47.09)	150m: 2:08.74 (43.48)		200m: 2:50.97 (42.23)		
	250m: 3:36.03 (45.06)		300m: 4:21.90 (45.87)	350m: 4:59.43 (37.53)		400m: 5:36.05 (36.62)		
8	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.72	424	**5:39.91**	+42.70	
	50m: 35.16		100m: 1:17.66 (42.50)	150m: 2:01.24 (43.58)		200m: 2:44.47 (43.23)		
	250m: 3:32.20 (47.73)		300m: 4:22.80 (50.60)	350m: 5:02.05 (39.25)		400m: 5:39.91 (37.86)		

Event official at: 11/14/2026 4:41:08 PM

Event 18, 1500m skriðsund karla - bein úrslit

Sponsor: Wise

ISL	15:00.51	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/16/2012
UM	15:01.35	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/9/2011
AM	15:52.21	Arnór Stefánsson	1997	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/18/2012
NM	15:49.81					
NM-ung	16:11.21					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 18, 1500m skriðsund karla - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Árni Þór Pálmason	2009	Íþróttabandalag Reykjanesbæjar	0.68	622	**16:31.64**	

50m: 28.01		100m: 59.50	(31.49)	150m: 1:31.90	(32.40)	200m: 2:04.63	(32.73)
250m: 2:37.66	(33.03)	300m: 3:11.08	(33.42)	350m: 3:44.58	(33.50)	400m: 4:18.44	(33.86)
450m: 4:51.90	(33.46)	500m: 5:25.40	(33.50)	550m: 5:58.38	(32.98)	600m: 6:31.67	(33.29)
650m: 7:05.42	(33.75)	700m: 7:38.81	(33.39)	750m: 8:12.32	(33.51)	800m: 8:45.91	(33.59)
850m: 9:19.55	(33.64)	900m: 9:53.12	(33.57)	950m: 10:26.33	(33.21)	1000m: 10:59.47	(33.14)
1050m: 11:32.68	(33.21)	1100m: 12:05.97	(33.29)	1150m: 12:39.33	(33.36)	1200m: 13:12.74	(33.41)
1250m: 13:46.17	(33.43)	1300m: 14:19.74	(33.57)	1350m: 14:53.48	(33.74)	1400m: 15:27.20	(33.72)
1450m: 16:00.74	(33.54)	1500m: 16:31.64	(30.90)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
2	Andri Ólafsson	2009	Sundfélag Hafnarfjarðar	0.57	589	**16:49.76**	+18.12

50m: 28.79		100m: 1:00.79	(32.00)	150m: 1:33.60	(32.81)	200m: 2:06.23	(32.63)
250m: 2:39.31	(33.08)	300m: 3:13.12	(33.81)	350m: 3:47.00	(33.88)	400m: 4:20.88	(33.88)
450m: 4:54.74	(33.86)	500m: 5:28.70	(33.96)	550m: 6:03.43	(34.73)	600m: 6:37.49	(34.06)
650m: 7:11.27	(33.78)	700m: 7:45.30	(34.03)	750m: 8:19.21	(33.91)	800m: 8:53.14	(33.93)
850m: 9:26.74	(33.60)	900m: 10:01.05	(34.31)	950m: 10:35.19	(34.14)	1000m: 11:09.23	(34.04)
1050m: 11:43.61	(34.38)	1100m: 12:17.45	(33.84)	1150m: 12:51.47	(34.02)	1200m: 13:25.50	(34.03)
1250m: 13:59.99	(34.49)	1300m: 14:34.25	(34.26)	1350m: 15:08.34	(34.09)	1400m: 15:42.61	(34.27)
1450m: 16:16.50	(33.89)	1500m: 16:49.76	(33.26)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
3	Viktor Bergmann Arnarsson	2010	Íþróttabandalag Reykjanesbæjar	0.68	542	**17:18.34**	+46.70

50m: 29.09		100m: 1:01.63	(32.54)	150m: 1:35.43	(33.80)	200m: 2:09.51	(34.08)
250m: 2:43.81	(34.30)	300m: 3:18.58	(34.77)	350m: 3:53.42	(34.84)	400m: 4:28.04	(34.62)
450m: 5:02.79	(34.75)	500m: 5:37.80	(35.01)	550m: 6:12.67	(34.87)	600m: 6:47.09	(34.42)
650m: 7:21.59	(34.50)	700m: 7:57.10	(35.51)	750m: 8:32.03	(34.93)	800m: 9:06.86	(34.83)
850m: 9:42.16	(35.30)	900m: 10:17.97	(35.81)	950m: 10:52.75	(34.78)	1000m: 11:27.66	(34.91)
1050m: 12:02.82	(35.16)	1100m: 12:37.97	(35.15)	1150m: 13:13.16	(35.19)	1200m: 13:47.87	(34.71)
1250m: 14:23.49	(35.62)	1300m: 14:58.13	(34.64)	1350m: 15:34.11	(35.98)	1400m: 16:09.51	(35.40)
1450m: 16:44.75	(35.24)	1500m: 17:18.34	(33.59)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
4	Andrej Tepavcevic	2012	Sundfélag Hafnarfjarðar	0.72	501	**17:45.70**	+1:14.06

50m: 30.77		100m: 1:05.13	(34.36)	150m: 1:40.06	(34.93)	200m: 2:15.65	(35.59)
250m: 2:51.36	(35.71)	300m: 3:27.40	(36.04)	350m: 4:04.02	(36.62)	400m: 4:39.84	(35.82)
450m: 5:15.65	(35.81)	500m: 5:51.87	(36.22)	550m: 6:28.58	(36.71)	600m: 7:04.81	(36.23)
650m: 7:40.96	(36.15)	700m: 8:17.06	(36.10)	750m: 8:53.06	(36.00)	800m: 9:28.57	(35.51)
850m: 10:04.43	(35.86)	900m: 10:39.96	(35.53)	950m: 11:16.12	(36.16)	1000m: 11:51.64	(35.52)
1050m: 12:27.62	(35.98)	1100m: 13:03.06	(35.44)	1150m: 13:38.93	(35.87)	1200m: 14:14.63	(35.70)
1250m: 14:50.24	(35.61)	1300m: 15:26.64	(36.40)	1350m: 16:02.64	(36.00)	1400m: 16:38.47	(35.83)
1450m: 17:13.70	(35.23)	1500m: 17:45.70	(32.00)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
5	Daníel Andriysson	2011	Sundfélag Hafnarfjarðar	0.73	496	**17:49.37**	+1:17.73

50m: 31.15		100m: 1:06.43	(35.28)	150m: 1:42.30	(35.87)	200m: 2:18.09	(35.79)
250m: 2:53.46	(35.37)	300m: 3:29.65	(36.19)	350m: 4:05.78	(36.13)	400m: 4:42.17	(36.39)
450m: 5:18.29	(36.12)	500m: 5:54.63	(36.34)	550m: 6:30.88	(36.25)	600m: 7:07.12	(36.24)
650m: 7:43.62	(36.50)	700m: 8:18.97	(35.35)	750m: 8:54.70	(35.73)	800m: 9:30.77	(36.07)
850m: 10:05.86	(35.09)	900m: 10:41.27	(35.41)	950m: 11:16.75	(35.48)	1000m: 11:52.17	(35.42)
1050m: 12:28.14	(35.97)	1100m: 13:03.62	(35.48)	1150m: 13:39.54	(35.92)	1200m: 14:15.21	(35.67)
1250m: 14:51.29	(36.08)	1300m: 15:27.44	(36.15)	1350m: 16:03.29	(35.85)	1400m: 16:39.12	(35.83)
1450m: 17:15.01	(35.89)	1500m: 17:49.37	(34.36)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
6	Þórbergur Eriksson	2012	Íþróttabandalag Reykjanesbæjar	0.72	418	**18:51.78**	+2:20.14

50m: 31.38		100m: 1:07.40	(36.02)	150m: 1:44.57	(37.17)	200m: 2:21.91	(37.34)
250m: 2:59.80	(37.89)	300m: 3:37.63	(37.83)	350m: 4:16.24	(38.61)	400m: 4:53.84	(37.60)
450m: 5:31.90	(38.06)	500m: 6:10.69	(38.79)	550m: 6:48.90	(38.21)	600m: 7:27.23	(38.33)
650m: 8:05.75	(38.52)	700m: 8:44.79	(39.04)	750m: 9:23.12	(38.33)	800m: 10:01.55	(38.43)
850m: 10:38.83	(37.28)	900m: 11:16.95	(38.12)	950m: 11:55.36	(38.41)	1000m: 12:33.37	(38.01)
1050m: 13:12.29	(38.92)	1100m: 13:50.70	(38.41)	1150m: 14:29.05	(38.35)	1200m: 15:07.36	(38.31)
1250m: 15:45.90	(38.54)	1300m: 16:24.07	(38.17)	1350m: 17:02.07	(38.00)	1400m: 17:38.49	(36.42)
1450m: 18:15.41	(36.92)	1500m: 18:51.78	(36.37)				

Event official at: 11/14/2026 5:05:17 PM

Event 19, 50m baksund karla - undanrásir

Sponsor: Wise

ISL	24.05	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Debrecen (HUN) 12/14/2007
UM	24.99	Guðmundur Leo Rafnss	2006	Íþróttabandalag Reykjane	Hafnarfjordur (ISL) 11/9/2024
AM	26.48	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL) 11/19/2016
NM	24.96				
NM-ung	24.96				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 19, 50m baksund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.57	636	**25.70**		Q
2	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.55	502	**27.81**	+2.11	Q
3	**Finlay German**	2009	Reykjavík	0.60	487	**28.10**	+2.40	Q
4	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.62	452	**28.80**	+3.10	Q
5	**Ásberg Halldór Hansson**	2007	Reykjavík	0.76	434	**29.20**	+3.50	Q
6	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.63	429	**29.31**	+3.61	Q
7	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.71	424	**29.42**	+3.72	Q
8	**Ívan Elí Ólafsson**	2010	Sundfélagið Óðinn	0.57	410	**29.75**	+4.05	Q
9	**Travis Bensow**	2011	Sundfélag Hafnarfjarðar	0.64	375	**30.66**	+4.96	R1
10	**Tristan Orri Borghildarson**	2010	Íþróttabandalag Reykjanesbæjar	0.74	366	**30.89**	+5.19	R2
11	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.65	343	**31.58**	+5.88	
12	**Cecil Bjartur Cameron**	2012	Reykjavík	0.54	339	**31.70**	+6.00	
13	**Ingibjörn Natan Guðmundsson**	2009	Reykjavík	0.69	326	**32.10**	+6.40	

Event official at: 11/14/2026 9:27:05 AM

Event 19, 50m baksund karla - úrslit

Sponsor: Wise

ISL	24.05	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Debrecen (HUN)	12/14/2007
UM	24.99	Guðmundur Leo Rafnss	2006	Íþröttabandalag Reykjane	Hafnarfjordur (ISL)	11/9/2024
AM	26.48	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/19/2016
NM	24.96					
NM-ung	24.96					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.61	639	**25.66**	
2	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.57	533	**27.26**	+1.60
3	**Finlay German**	2009	Reykjavík	0.57	463	**28.56**	+2.90
4	**Ásberg Halldór Hansson**	2007	Reykjavík	0.79	452	**28.80**	+3.14
5	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.56	439	**29.09**	+3.43
6	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.57	433	**29.22**	+3.56
7	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.68	431	**29.27**	+3.61
8	**Ívan Elí Ólafsson**	2010	Sundfélagið Óðinn	0.58	405	**29.86**	+4.20

Event official at: 11/14/2026 5:12:17 PM

Event 20, 200m skriðsund kvenna - undanrásir

Sponsor: Wise

ISL	1:53.78	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Lublin (POL)	12/3/2025
UM	1:58.63	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/9/2024
AM	2:00.66	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Tartu (EST)	12/2/2023
ISL S18	3:07.99	Sigrún Kjartansdóttir		Íþróttafélagið Fjörður (ISL		11/11/2023
ISL S19	2:34.00					
NM	2:03.11					
NM-ung	2:05.94					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.75	610	**2:08.94**		Q
	50m: 30.89	100m: 1:03.81 (32.92)	150m: 1:35.86 (32.05)	200m: 2:08.94 (33.08)				
2	**Natalía Eir Curtis**	2010	Reykjavík	0.80	581	**2:11.02**	+2.08	Q
	50m: 30.75	100m: 1:04.00 (33.25)	150m: 1:37.61 (33.61)	200m: 2:11.02 (33.41)				
3	**Guðrún Ísold Harðardóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.65	578	**2:11.24**	+2.30	Q
	50m: 31.18	100m: 1:05.35 (34.17)	150m: 1:38.25 (32.90)	200m: 2:11.24 (32.99)				

Results

Event 20, 200m skriðsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
4	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.63	547	**2:13.65**	+4.71	Q
	50m: 31.33	100m: 1:05.13 (33.80)	150m: 1:39.30 (34.17)	200m: 2:13.65 (34.35)				
5	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.68	534	**2:14.75**	+5.81	Q
	50m: 31.43	100m: 1:05.71 (34.28)	150m: 1:40.35 (34.64)	200m: 2:14.75 (34.40)				
6	**Karen Sif Helgadóttir**	2010	Reykjavík	0.78	512	**2:16.67**	+7.73	-
	50m: 31.40	100m: 1:05.65 (34.25)	150m: 1:41.15 (35.50)	200m: 2:16.67 (35.52)				
7	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.78	509	**2:16.95**	+8.01	Q
	50m: 31.24	100m: 1:05.50 (34.26)	150m: 1:41.07 (35.57)	200m: 2:16.95 (35.88)				
8	**Gabriela Róza Bondarow**	2010	Reykjavík	0.70	501	**2:17.67**	+8.73	-
	50m: 30.81	100m: 1:05.77 (34.96)	150m: 1:41.86 (36.09)	200m: 2:17.67 (35.81)				
9	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.70	500	**2:17.71**	+8.77	Q
	50m: 31.81	100m: 1:07.07 (35.26)	150m: 1:42.99 (35.92)	200m: 2:17.71 (34.72)				
10	**Jovana Malbasa**	2013	Sundfélag Hafnarfjarðar	0.73	468	**2:20.79**	+11.85	Q
	50m: 31.99	100m: 1:08.34 (36.35)	150m: 1:45.72 (37.38)	200m: 2:20.79 (35.07)				
11	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.74	468	**2:20.82**	+11.88	R1
	50m: 32.04	100m: 1:08.53 (36.49)	150m: 1:45.42 (36.89)	200m: 2:20.82 (35.40)				
12	**Emilía Björt Magnúsdóttir**	2010	Sundfélag Hafnarfjarðar	0.69	458	**2:21.83**	+12.89	R2
	50m: 32.55	100m: 1:08.83 (36.28)	150m: 1:45.55 (36.72)	200m: 2:21.83 (36.28)				
13	**Viktoria Vasile**	2011	Reykjavík	0.50	454	**2:22.19**	+13.25	
	50m: 32.52	100m: 1:09.91 (37.39)	150m: 1:46.70 (36.79)	200m: 2:22.19 (35.49)				
14	**Freyja Sigríður Ásgeirsdóttir**	2007	Reykjavík	0.29	448	**2:22.92**	+13.98	
	50m: 32.38	100m: 1:08.47 (36.09)	150m: 1:45.91 (37.44)	200m: 2:22.92 (37.01)				
15	**Anna Gloría Káradóttir**	2011	Reykjavík	0.58	437	**2:24.05**	+15.11	
	50m: 32.17	100m: 1:08.26 (36.09)	150m: 1:45.93 (37.67)	200m: 2:24.05 (38.12)				
16	**Katrín Lind Rúnarsdóttir**	2011	Sunddeild UMF Bolungarvíkur	0.64	434	**2:24.34**	+15.40	
	50m: 33.02	100m: 1:10.22 (37.20)	150m: 1:48.01 (37.79)	200m: 2:24.34 (36.33)				
17	**Friðrika Sif Ágústsdóttir**	2010	Sundfélagið Óðinn	0.74	398	**2:28.66**	+19.72	
	50m: 33.84	100m: 1:11.22 (37.38)	150m: 1:50.40 (39.18)	200m: 2:28.66 (38.26)				
18	**Ásgerður Einarsdóttir**	2011	Reykjavík	0.71	357	**2:34.12**	+25.18	
	50m: 33.99	100m: 1:13.68 (39.69)	150m: 1:54.12 (40.44)	200m: 2:34.12 (40.00)				
19	**Rósa Kristín Kristmannsdóttir** S14	2009	Íþróttafélagið Fjörður	0.92	469	**2:39.18**	+30.24	
	50m: 35.79	100m: 1:17.44 (41.65)	150m: 1:59.33 (41.89)	200m: 2:39.18 (39.85)				
20	**Anna Rósa Þrastardóttir** S14	2004	Íþróttafélagið Fjörður	0.84	438	**2:42.80**	+33.86	
	50m: 36.36	100m: 1:17.51 (41.15)	150m: 2:00.85 (43.34)	200m: 2:42.80 (41.95)				
21	**Sigrún Kjartansdóttir** S18	2003	Íþróttafélagið Fjörður	0.73	705	**3:09.58**	+1:00.64	
	50m: 42.61	100m: 1:31.25 (48.64)	150m: 2:21.78 (50.53)	200m: 3:09.58 (47.80)				

Event official at: 11/14/2026 9:41:11 AM

Event 20, 200m skriðsund kvenna - úrslit

Sponsor: Wise

ISL	1:53.78	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Lublin (POL)	12/3/2025
UM	1:58.63	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/9/2024
AM	2:00.66	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Tartu (EST)	12/2/2023
ISL S18	3:07.99	Sigrún Kjartansdóttir		Íþróttafélagið Fjörður (ISL		11/11/2023
ISL S19	2:34.00					
NM	2:03.11					
NM-ung	2:05.94					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.72	702	**2:03.00**		NM-ung
	50m: 29.27	100m: 1:00.42 (31.15)	150m: 1:31.63 (31.21)	200m: 2:03.00 (31.37)				
2	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.70	628	**2:07.67**	+4.67	
	50m: 29.90	100m: 1:02.33 (32.43)	150m: 1:35.12 (32.79)	200m: 2:07.67 (32.55)				
3	**Natalía Eir Curtis**	2010	Reykjavík	0.59	597	**2:09.81**	+6.81	
	50m: 30.21	100m: 1:03.29 (33.08)	150m: 1:37.06 (33.77)	200m: 2:09.81 (32.75)				

Results

Event 20, 200m skriðsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
4	**Guðrún Ísold Harðardóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.74	597	**2:09.87**	+6.87
	50m: 30.26	100m: 1:03.69 (33.43)	150m: 1:36.56 (32.87)	200m: 2:09.87 (33.31)			
5	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.64	565	**2:12.28**	+9.28
	50m: 30.14	100m: 1:02.99 (32.85)	150m: 1:37.71 (34.72)	200m: 2:12.28 (34.57)			
6	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.71	517	**2:16.20**	+13.20
	50m: 31.05	100m: 1:05.36 (34.31)	150m: 1:41.02 (35.66)	200m: 2:16.20 (35.18)			
7	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.79	511	**2:16.72**	+13.72
	50m: 31.11	100m: 1:05.38 (34.27)	150m: 1:40.99 (35.61)	200m: 2:16.72 (35.73)			
8	**Jovana Malbasa**	2013	Sundfélag Hafnarfjarðar	0.73	485	**2:19.10**	+16.10
	50m: 32.00	100m: 1:07.41 (35.41)	150m: 1:43.90 (36.49)	200m: 2:19.10 (35.20)			

Event official at: 11/14/2026 5:18:54 PM

Event 21, 200m fjórsund karla - undanrásir

Sponsor: Wise

ISL	1:57.57	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	10/24/2026
UM	1:59.07	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	11/11/2023
AM	2:03.54	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/13/2021
NM	2:03.09			
NM-ung	2:05.87			

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Daði Rafn Falsson**	2008	Íþróttabandalag Reykjanesbæjar	0.71	634	**2:06.68**		Q
	50m: 27.27	100m: 59.64 (32.37)	150m: 1:36.60 (36.96)	200m: 2:06.68 (30.08)				
2	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.57	593	**2:09.55**	+2.87	Q
	50m: 27.93	100m: 1:02.29 (34.36)	150m: 1:38.78 (36.49)	200m: 2:09.55 (30.77)				
3	**Birnir Freyr Hálfdánarsson**	2006	Sundfélag Hafnarfjarðar	0.69	592	**2:09.65**	+2.97	Q
	50m: 27.55	100m: 1:02.80 (35.25)	150m: 1:39.95 (37.15)	200m: 2:09.65 (29.70)				
4	**Finlay German**	2009	Reykjavík	0.61	546	**2:13.18**	+6.50	Q
	50m: 28.30	100m: 1:01.82 (33.52)	150m: 1:40.59 (38.77)	200m: 2:13.18 (32.59)				
5	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.69	509	**2:16.34**	+9.66	Q
	50m: 28.87	100m: 1:04.92 (36.05)	150m: 1:44.36 (39.44)	200m: 2:16.34 (31.98)				
6	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.65	483	**2:18.75**	+12.07	-
	50m: 30.20	100m: 1:04.34 (34.14)	150m: 1:45.44 (41.10)	200m: 2:18.75 (33.31)				
7	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.70	471	**2:19.89**	+13.21	Q
	50m: 30.53	100m: 1:08.85 (38.32)	150m: 1:46.45 (37.60)	200m: 2:19.89 (33.44)				
8	**Viljar Fannarsson**	2010	Reykjavík	0.62	470	**2:19.94**	+13.26	Q
	50m: 29.44	100m: 1:06.52 (37.08)	150m: 1:47.25 (40.73)	200m: 2:19.94 (32.69)				
9	**Kristjón Hrafn Kjartansson**	2011	Sundfélag Hafnarfjarðar	0.67	461	**2:20.87**	+14.19	Q
	50m: 29.39	100m: 1:03.95 (34.56)	150m: 1:47.92 (43.97)	200m: 2:20.87 (32.95)				
10	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.73	446	**2:22.42**	+15.74	R1
	50m: 30.55	100m: 1:07.46 (36.91)	150m: 1:49.50 (42.04)	200m: 2:22.42 (32.92)				
11	**Benjamín Pétursson**	2012	Sunddeild UMF Aftureldingar	0.78	422	**2:25.15**	+18.47	-
	50m: 30.06	100m: 1:08.86 (38.80)	150m: 1:51.45 (42.59)	200m: 2:25.15 (33.70)				
12	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.60	389	**2:29.08**	+22.40	R2
	50m: 31.58	100m: 1:10.03 (38.45)	150m: 1:53.17 (43.14)	200m: 2:29.08 (35.91)				
13	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.75	379	**2:30.43**	+23.75	
	50m: 30.76	100m: 1:09.14 (38.38)	150m: 1:58.78 (49.64)	200m: 2:30.43 (31.65)				

Event official at: 11/14/2026 9:53:41 AM

Event 21, 200m fjórsund karla - úrslit

Sponsor: Wise

ISL	1:57.57	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	10/24/2026
UM	1:59.07	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	11/11/2023
AM	2:03.54	Birnir Freyr Hálfdánarss	2006 Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/13/2021
NM	2:03.09			

Results

Event 21, 200m fjórsund karla - úrslit

NM-ung 2:05.87

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Birnir Freyr Hálfdánarsson**	2006	Sundfélag Hafnarfjarðar	0.60	679	**2:03.84**	
	50m: 25.94	100m: 57.77 (31.83)	150m: 1:33.89 (36.12)	200m: 2:03.84 (29.95)			
2	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.58	672	**2:04.25**	+0.41
	50m: 27.59	100m: 59.56 (31.97)	150m: 1:34.69 (35.13)	200m: 2:04.25 (29.56)			
3	**Daði Rafn Falsson**	2008	Íþróttabandalag Reykjanesbæjar	0.74	654	**2:05.39**	+1.55
	50m: 27.06	100m: 58.73 (31.67)	150m: 1:35.28 (36.55)	200m: 2:05.39 (30.11)			
4	**Finlay German**	2009	Reykjavík	0.60	563	**2:11.84**	+8.00
	50m: 27.88	100m: 1:00.55 (32.67)	150m: 1:38.94 (38.39)	200m: 2:11.84 (32.90)			
5	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.70	540	**2:13.69**	+9.85
	50m: 28.66	100m: 1:04.06 (35.40)	150m: 1:42.31 (38.25)	200m: 2:13.69 (31.38)			
6	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.72	476	**2:19.39**	+15.55
	50m: 30.27	100m: 1:07.60 (37.33)	150m: 1:45.37 (37.77)	200m: 2:19.39 (34.02)			
7	**Viljar Fannarsson**	2010	Reykjavík	0.67	470	**2:20.01**	+16.17
	50m: 28.93	100m: 1:07.12 (38.19)	150m: 1:47.13 (40.01)	200m: 2:20.01 (32.88)			
8	**Kristjón Hrafn Kjartansson**	2011	Sundfélag Hafnarfjarðar	0.68	455	**2:21.54**	+17.70
	50m: 29.33	100m: 1:03.57 (34.24)	150m: 1:48.24 (44.67)	200m: 2:21.54 (33.30)			

Event official at: 11/14/2026 5:28:08 PM

Event 22, 100m bringusund kvenna - undanrásir

Sponsor: Wise

ISL	1:05.67	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Windsor (CAN)	12/9/2016
UM	1:08.34	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Istanbul (TUR)	12/12/2009
AM	1:11.91	Karen M Arngeirsdóttir	2000	Íþróttabandalag Reykjane	Hafnarfjordur (ISL)	11/14/2014
ISL S5	1:48.99	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		5/7/2017
ISL S19	1:31.00					
NM	1:09.19					
NM-ung	1:10.78					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Birgitta Ingólfsdóttir**	2005	Sundfélag Hafnarfjarðar	0.72	622	**1:13.02**	-	
	50m: 34.30	100m: 1:13.02 (38.72)						
2	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.64	602	**1:13.84**	+0.82	Q
	50m: 34.53	100m: 1:13.84 (39.31)						
3	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.56	557	**1:15.78**	+2.76	Q
	50m: 36.17	100m: 1:15.78 (39.61)						
4	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.75	549	**1:16.15**	+3.13	Q
	50m: 35.91	100m: 1:16.15 (40.24)						
5	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.68	515	**1:17.78**	+4.76	-
	50m: 36.79	100m: 1:17.78 (40.99)						
6	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.74	500	**1:18.52**	+5.50	Q
	50m: 37.21	100m: 1:18.52 (41.31)						
7	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn		488	**1:19.16**	+6.14	Q
	50m: 36.73	100m: 1:19.16 (42.43)						
8	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.75	476	**1:19.83**	+6.81	Q
	50m: 37.97	100m: 1:19.83 (41.86)						
9	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.74	473	**1:19.98**	+6.96	Q
	50m: 36.94	100m: 1:19.98 (43.04)						
10	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.81	455	**1:21.03**	+8.01	Q
	50m: 37.94	100m: 1:21.03 (43.09)						
11	**Herdís Daðadóttir**	2012	Reykjavík	0.79	452	**1:21.25**	+8.23	R1
	50m: 37.70	100m: 1:21.25 (43.55)						
12	**Viktoría Rós Guseva**	2012	Sundfélagið Óðinn	0.78	450	**1:21.35**	+8.33	R2
	50m: 38.77	100m: 1:21.35 (42.58)						

Results

Event 22, 100m bringusund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
13	**Embla Dögg Helgadóttir**	2008	Reykjavík	0.71	439	**1:21.99**	+8.97
	50m: 38.08	100m: 1:21.99	(43.91)				
14	**Natalía Fanney Sigurðardóttir**	2010	Íþróttabandalag Reykjanesbæjar	0.76	428	**1:22.73**	+9.71
	50m: 38.25	100m: 1:22.73	(44.48)				
15	**Bríet Laufey Ingimarsdóttir**	2011	Sundfélagið Óðinn	0.63	421	**1:23.20**	+10.18
	50m: 38.43	100m: 1:23.20	(44.77)				
16	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.76	416	**1:23.50**	+10.48
	50m: 38.85	100m: 1:23.50	(44.65)				
17	**Brynja Dís Bjarkardóttir**	2014	Reykjavík	0.66	415	**1:23.56**	+10.54
	50m: 38.71	100m: 1:23.56	(44.85)				
18	**Ljósbrá Líf Sigurðardóttir**	2010	Íþróttabandalag Reykjanesbæjar	0.78	379	**1:26.15**	+13.13
	50m: 39.51	100m: 1:26.15	(46.64)				
19	**Stefanía Rún Hjartardóttir**	2009	Sunddeild UMF Bolungarvíkur	0.79	353	**1:28.22**	+15.20
	50m: 40.73	100m: 1:28.22	(47.49)				
20	**Eyvör Ása Hólm**	2011	Reykjavík	0.78	327	**1:30.43**	+17.41
	50m: 42.60	100m: 1:30.43	(47.83)				
21	**Agnetha Ýr Guðmundsdóttir** SB1 9	2012	Sunddeild Breiðabliks	0.72	239	**1:40.44**	+27.42
	50m: 46.60	100m: 1:40.44	(53.84)				
22	**Thelma Björg Björnsdóttir** SB5	1996	Reykjavík		463	**2:03.17**	+50.15
	50m: 57.51	100m: 2:03.17	(1:05.66)				

Event official at: 11/14/2026 10:07:06 AM

Event 22, 100m bringusund kvenna - úrslit

Sponsor: **Wise**

ISL	1:05.67	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Windsor (CAN)	12/9/2016
UM	1:08.34	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Istanbul (TUR)	12/12/2009
AM	1:11.91	Karen M Arngeirsdóttir	2000	Íþróttabandalag Reykjane	Hafnarfjordur (ISL)	11/14/2014
ISL S5	1:48.99	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		5/7/2017
ISL S19	1:31.00					
NM	1:09.19					
NM-ung	1:10.78					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.60	625	**1:12.92**	
	50m: 33.62	100m: 1:12.92	(39.30)				
2	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.59	588	**1:14.43**	+1.51
	50m: 35.16	100m: 1:14.43	(39.27)				
3	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.70	563	**1:15.51**	+2.59
	50m: 35.49	100m: 1:15.51	(40.02)				
4	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.72	500	**1:18.53**	+5.61
	50m: 36.26	100m: 1:18.53	(42.27)				
5	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.74	490	**1:19.06**	+6.14
	50m: 37.94	100m: 1:19.06	(41.12)				
6	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.77	487	**1:19.24**	+6.32
	50m: 37.34	100m: 1:19.24	(41.90)				
7	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn	0.65	482	**1:19.48**	+6.56
	50m: 37.15	100m: 1:19.48	(42.33)				
8	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.81	472	**1:20.05**	+7.13
	50m: 37.35	100m: 1:20.05	(42.70)				

Event official at: 11/14/2026 5:34:41 PM

Event 23, 50m bringusund karla - undanrásir

Sponsor: **Wise**

ISL	26.14	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Glasgow (GBR)	12/4/2019

Results

Event 23, 50m bringusund karla - undanrásir

UM	26.96	Snorri Dagur Einarsson	2005	Sundfélag Hafnarfjarðar (I	Otopeni (ROU)	12/9/2023
AM	29.68	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/9/2019
NM	28.04					
NM-ung	28.04					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.60	719	**27.85**		Q	NM
2	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.63	715	**27.89**	+0.04	Q	NM
3	**Aron Bjarki Pétursson**	2001	Sundfélag Hafnarfjarðar	0.67	684	**28.31**	+0.46	Q	
4	**Arnór Egill Einarsson**	2007	Sundfélag Hafnarfjarðar	0.64	598	**29.61**	+1.76	Q	
5	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.60	581	**29.89**	+2.04	Q	
6	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.61	515	**31.11**	+3.26	Q	
7	**Arnar Logi Ægisson**	2007	Sundfélag Hafnarfjarðar	0.62	508	**31.25**	+3.40	Q	
8	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.70	504	**31.34**	+3.49	Q	
9	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.68	449	**32.57**	+4.72	R1	
10	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.68	442	**32.73**	+4.88	R2	
11	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.73	408	**33.63**	+5.78		
12	**Björn Elvar Austfjörð**	2011	Sundfélagið Óðinn	0.65	404	**33.75**	+5.90		
13	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.67	369	**34.78**	+6.93		
14	**Andrej Tepavcevic**	2012	Sundfélag Hafnarfjarðar	0.71	364	**34.94**	+7.09		

Event official at: 11/14/2026 10:15:05 AM

Event 23, 50m bringusund karla - úrslit

Sponsor: Wise

ISL	26.14	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Glasgow (GBR)	12/4/2019
UM	26.96	Snorri Dagur Einarsson	2005	Sundfélag Hafnarfjarðar (I	Otopeni (ROU)	12/9/2023
AM	29.68	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/9/2019
NM	28.04					
NM-ung	28.04					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.53	785	**27.04**		NM
=2	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.64	711	**27.95**	+0.91	NM
=2	**Aron Bjarki Pétursson**	2001	Sundfélag Hafnarfjarðar	0.61	711	**27.95**	+0.91	NM
4	**Arnór Egill Einarsson**	2007	Sundfélag Hafnarfjarðar	0.63	627	**29.14**	+2.10	
5	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.61	579	**29.93**	+2.89	
6	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.63	518	**31.05**	+4.01	
7	**Arnar Logi Ægisson**	2007	Sundfélag Hafnarfjarðar	0.56	517	**31.07**	+4.03	
8	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.70	505	**31.33**	+4.29	

Event official at: 11/14/2026 5:41:00 PM

Event 24, 50m flugsund kvenna - undanrásir

Sponsor: Wise

ISL	26.22	Bryndís Hansen	1993	Sundfélagið Óðinn (ISL)	Windsor (CAN)	12/8/2016
UM	26.70	Bryndís Hansen	1993	Sundfélagið Óðinn (ISL)	Szczecin (POL)	12/9/2011
AM	27.75	Bryndís Hansen	1993	Sundfélagið Óðinn (ISL)	Reykjavik (ISL)	11/22/2008
ISL S14	34.80	Emelía Ýr Gunnarsdóttir	2005	Íþróttafélagið Fjörður (ISL		
NM	27.39					
NM-ung	27.39					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.69	630	**27.66**		Q

Results

Event 24, 50m flugsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
2	**Nadja Djurovic**	2007	Sundfélag Hafnarfjarðar	0.66	593	**28.23**	+0.57	Q
3	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.71	505	**29.78**	+2.12	Q
4	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.60	495	**29.97**	+2.31	Q
5	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.61	489	**30.10**	+2.44	-
6	**Gabriela Róza Bondarow**	2010	Reykjavík	0.71	444	**31.09**	+3.43	Q
7	**Kornelia Nadia Maniak**	2010	Íþróttabandalag Reykjanesbæjar	0.74	426	**31.50**	+3.84	Q
8	**Sofia Cogalniceanu**	2012	Reykjavík	0.51	420	**31.66**	+4.00	-
9	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.48	418	**31.71**	+4.05	Q
10	**Margrét Brynja Steingrímsdóttir**	2012	Sunddeild UMF Aftureldingar	0.72	403	**32.09**	+4.43	Q
11	**Viktoria Vasile**	2011	Reykjavík	0.68	401	**32.16**	+4.50	R1
12	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.73	396	**32.29**	+4.63	R2
13	**Ylfa Ásgerður Eyjólfsdóttir**	2006	Reykjavík	0.78	392	**32.39**	+4.73	
14	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.76	385	**32.59**	+4.93	
15	**Sigurborg Sesselía Skúladóttir**	2010	Sunddeild UMF Bolungarvíkur	0.67	384	**32.61**	+4.95	
16	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.57	375	**32.88**	+5.22	
17	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.56	374	**32.92**	+5.26	
18	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.77	369	**33.06**	+5.40	
19	**Emilía Björt Magnúsdóttir**	2010	Sundfélag Hafnarfjarðar	0.71	357	**33.43**	+5.77	
20	**Elsa Diljá Lunddal Rúnarsdóttir**	2010	Sundfélag Hafnarfjarðar	0.67	355	**33.49**	+5.83	
21	**Katrín Lind Rúnarsdóttir**	2011	Sunddeild UMF Bolungarvíkur	0.63	350	**33.63**	+5.97	
22	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn	0.69	312	**34.97**	+7.31	
23	**Ayja Katrín Armstrong**	2011	Reykjavík	0.72	307	**35.14**	+7.48	
24	**Tinna Salome Róbertsdóttir**	2011	Sunddeild Breiðabliks	0.67	296	**35.56**	+7.90	
25	**Soffía Bára Gestsdóttir**	2011	Sunddeild Stjörnunnar	0.75	293	**35.71**	+8.05	
26	**Bríet Björk Jóhannsdóttir**	2013	Reykjavík	0.66	279	**36.27**	+8.61	
27	**Emelía Ýr Gunnarsdóttir** S14	2005	Íþróttafélagið Fjörður	0.68	642	**36.37**	+8.71	

Event official at: 11/14/2026 10:25:49 AM

Event 24, 50m flugsund kvenna - úrslit

Sponsor: Wise

ISL	26.22	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Windsor (CAN)	12/8/2016
UM	26.70	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Szczecin (POL)	12/9/2011
AM	27.75	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Reykjavik (ISL)	11/22/2008
ISL S14	34.80	Emelía Ýr Gunnarsdóttir	2005 Íþróttafélagið Fjörður (ISL		
NM	27.39				
NM-ung	27.39				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.65	666	**27.15**		NM
2	**Nadja Djurovic**	2007	Sundfélag Hafnarfjarðar	0.53	632	**27.63**	+0.48	
3	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.68	511	**29.66**	+2.51	
4	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.60	502	**29.83**	+2.68	
5	**Gabriela Róza Bondarow**	2010	Reykjavík	0.66	464	**30.63**	+3.48	
6	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.63	422	**31.61**	+4.46	
7	**Kornelia Nadia Maniak**	2010	Íþróttabandalag Reykjanesbæjar	0.75	420	**31.67**	+4.52	
8	**Margrét Brynja Steingrímsdóttir**	2012	Sunddeild UMF Aftureldingar	0.73	418	**31.70**	+4.55	

Event official at: 11/14/2026 5:46:38 PM

Results

Event 25, 100m skriðsund karla - undanrásir

Sponsor: Wise

ISL	48.42	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/16/2007
UM	49.20	Denas Kazulis	2008	Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/14/2026
AM	52.70	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/11/2023
NM	50.08					
NM-ung	51.21					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Denas Kazulis**	2008	Íþróttabandalag Reykjanesbæjar	0.62	754	**49.26**		Q	UM
	50m: 23.41	100m: 49.26	(25.85)						
2	**Birnir Freyr Hálfdánarsson**	2006	Sundfélag Hafnarfjarðar	0.59	699	**50.51**	+1.25	-	
	50m: 24.26	100m: 50.51	(26.25)						
3	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.49	697	**50.57**	+1.31	Q	
	50m: 24.19	100m: 50.57	(26.38)						
4	**Veigar Hrafn Sigþórsson**	2005	Sundfélag Hafnarfjarðar	0.60	686	**50.82**	+1.56	Q	
	50m: 24.28	100m: 50.82	(26.54)						
5	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.66	591	**53.42**	+4.16	Q	
	50m: 25.34	100m: 53.42	(28.08)						
6	**Jón Ingvar Eyþórsson**	2010	Sunddeild Breiðabliks	0.71	580	**53.75**	+4.49	-	
	50m: 26.07	100m: 53.75	(27.68)						
7	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.75	565	**54.23**	+4.97	Q	
	50m: 26.22	100m: 54.23	(28.01)						
8	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.66	562	**54.31**	+5.05	Q	
	50m: 25.88	100m: 54.31	(28.43)						
9	**Oliver Kaldal**	2007	Reykjavík	0.66	527	**55.50**	+6.24	Q	
	50m: 26.20	100m: 55.50	(29.30)						
10	**Björn Yngvi Guðmundsson**	2007	Sundfélag Hafnarfjarðar	0.56	515	**55.91**	+6.65	-	
	50m: 26.51	100m: 55.91	(29.40)						
11	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.66	500	**56.46**	+7.20	Q	
	50m: 26.74	100m: 56.46	(29.72)						
12	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.69	487	**56.96**	+7.70	R1	
	50m: 27.48	100m: 56.96	(29.48)						
13	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.71	486	**57.01**	+7.75	R2	
	50m: 27.63	100m: 57.01	(29.38)						
14	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.77	463	**57.94**	+8.68		
	50m: 27.26	100m: 57.94	(30.68)						
15	**Paul Ingi Cicero**	2010	Sundfélag Hafnarfjarðar	0.49	459	**58.10**	+8.84		
	50m: 27.48	100m: 58.10	(30.62)						
16	**Tristan Orri Borghildarson**	2010	Íþróttabandalag Reykjanesbæjar	0.77	455	**58.26**	+9.00		
	50m: 27.82	100m: 58.26	(30.44)						
17	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.58	452	**58.39**	+9.13		
	50m: 28.16	100m: 58.39	(30.23)						
18	**Ásberg Halldór Hansson**	2007	Reykjavík	0.54	444	**58.77**	+9.51		
	50m: 28.28	100m: 58.77	(30.49)						
19	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.68	442	**58.84**	+9.58		
	50m: 28.37	100m: 58.84	(30.47)						
20	**Ingimar Hang Ingimarsson**	2012	Sundfélag Hafnarfjarðar	0.59	439	**58.96**	+9.70		
	50m: 27.79	100m: 58.96	(31.17)						
21	**Daníel Andriysson**	2011	Sundfélag Hafnarfjarðar	0.73	424	**59.66**	+10.40		
	50m: 28.77	100m: 59.66	(30.89)						
22	**Daníel Rafn Atlason**	2010	Sundfélag Hafnarfjarðar	0.61	423	**59.73**	+10.47		
	50m: 28.52	100m: 59.73	(31.21)						
23	**Búi Heinrich Mímir Þorsteinsson**	2010	Reykjavík	0.71	417	**59.98**	+10.72		
	50m: 28.38	100m: 59.98	(31.60)						
24	**Ingibjörn Natan Guðmundsson**	2009	Reykjavík	0.68	417	**1:00.00**	+10.74		
	50m: 28.20	100m: 1:00.00	(31.80)						

Results

Event 25, 100m skriðsund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
25	**Svanberg Leó Jóelsson**	2012	Reykjavík	0.65	399	**1:00.88**	+11.62
	50m: 28.99	100m: 1:00.88	(31.89)				
26	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.63	397	**1:00.99**	+11.73
	50m: 28.83	100m: 1:00.99	(32.16)				
27	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.60	396	**1:01.06**	+11.80
	50m: 28.75	100m: 1:01.06	(32.31)				

Event official at: 11/14/2026 10:37:20 AM

Event 25, 100m skriðsund karla - úrslit

Sponsor: Wise

ISL	48.42	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/16/2007
UM	49.20	Denas Kazulis	2008	Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/14/2026
AM	52.70	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/11/2023
NM	50.08					
NM-ung	51.21					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Denas Kazulis**	2008	Íþróttabandalag Reykjanesbæjar	0.61	757	**49.20**		UM
	50m: 23.52	100m: 49.20	(25.68)					
2	**Veigar Hrafn Sigþórsson**	2005	Sundfélag Hafnarfjarðar	0.61	698	**50.53**	+1.33	
	50m: 24.34	100m: 50.53	(26.19)					
3	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.54	697	**50.55**	+1.35	
	50m: 24.36	100m: 50.55	(26.19)					
4	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.67	613	**52.78**	+3.58	
	50m: 25.25	100m: 52.78	(27.53)					
5	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.62	570	**54.08**	+4.88	
	50m: 25.87	100m: 54.08	(28.21)					
6	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.67	561	**54.34**	+5.14	
	50m: 26.23	100m: 54.34	(28.11)					
7	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.64	512	**56.05**	+6.85	
	50m: 26.27	100m: 56.05	(29.78)					
8	**Oliver Kaldal**	2007	Reykjavík	0.68	497	**56.59**	+7.39	
	50m: 26.60	100m: 56.59	(29.99)					

Event official at: 11/14/2026 5:52:37 PM

Event 26, 100m baksund kvenna - undanrásir

Sponsor: Wise

ISL	57.42	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Netanya (ISR)	12/3/2015
UM	59.26	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Herning (DEN)	12/12/2013
AM	1:02.18	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/13/2010
ISL S3	2:31.86	Sonja Sigurðardóttir		Íþróttafélag Fatlaðra Reyk	Vejle (DK)	12/2/2024
ISL S14	1:17.46	Kolbrún Alda Stefánsdót		(ISL)		11/29/2013
ISL S19	1:21.00					
NM	1:01.26					
NM-ung	1:02.67					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.59	588	**1:04.46**		Q
	50m: 31.18	100m: 1:04.46	(33.28)					
2	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.76	540	**1:06.30**	+1.84	Q
	50m: 32.77	100m: 1:06.30	(33.53)					
3	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.65	466	**1:09.67**	+5.21	Q
	50m: 33.92	100m: 1:09.67	(35.75)					
4	**Dagmar Arna Sigurðardóttir**	2009	Sundfélag Hafnarfjarðar	0.63	453	**1:10.32**	+5.86	Q
	50m: 34.17	100m: 1:10.32	(36.15)					

Results

Event 26, 100m baksund kvenna - undanrásir

Rank	Name		Born	Team	R.T.	Pts	Time	Diff	
5	**Eva Goda Pratusyté**		2012	Sundfélag Hafnarfjarðar	0.63	442	**1:10.87**	+6.41	Q
	50m: 34.49	100m: 1:10.87 (36.38)							
6	**Elsa Diljá Lunddal Rúnarsdóttir**		2010	Sundfélag Hafnarfjarðar	0.54	440	**1:11.01**	+6.55	Q
	50m: 34.65	100m: 1:11.01 (36.36)							
7	**Sofia Cogalniceanu**		2012	Reykjavík	0.62	435	**1:11.29**	+6.83	Q
	50m: 34.57	100m: 1:11.29 (36.72)							
8	**Thea Sif Hjaltadóttir**		2011	Reykjavík	0.72	422	**1:11.97**	+7.51	Q
	50m: 35.17	100m: 1:11.97 (36.80)							
9	**Freyja Dís Dagmarardóttir**		2013	Reykjavík	0.68	420	**1:12.11**	+7.65	R1
	50m: 34.88	100m: 1:12.11 (37.23)							
10	**Ágústa Elly Kristinsdóttir**		2011	Reykjavík	0.62	417	**1:12.27**	+7.81	R2
	50m: 34.51	100m: 1:12.27 (37.76)							
11	**Þeódís Styrmisdóttir**		2011	Sunddeild Breiðabliks	0.56	400	**1:13.31**	+8.85	
	50m: 35.45	100m: 1:13.31 (37.86)							
12	**Anna Gloría Káradóttir**		2011	Reykjavík	0.60	389	**1:13.99**	+9.53	
	50m: 35.60	100m: 1:13.99 (38.39)							
13	**Sigurborg Sesselía Skúladóttir**		2010	Sunddeild UMF Bolungarvíkur	0.72	379	**1:14.60**	+10.14	
	50m: 35.64	100m: 1:14.60 (38.96)							
14	**Freyja Sigríður Ásgeirsdóttir**		2007	Reykjavík	0.65	360	**1:15.87**	+11.41	
	50m: 36.61	100m: 1:15.87 (39.26)							
=15	**Lilja Rakel Hannesdóttir Bridde**		2011	Sunddeild Breiðabliks	0.71	360	**1:15.90**	+11.44	
	50m: 36.16	100m: 1:15.90 (39.74)							
=15	**Lovísa Austfjörð Stefánsdóttir**		2012	Sundfélagið Óðinn	0.58	360	**1:15.90**	+11.44	
	50m: 35.67	100m: 1:15.90 (40.23)							
17	**Hrafney Eiríksdóttir**		2014	Sundfélagið Óðinn	0.72	347	**1:16.87**	+12.41	
	50m: 37.03	100m: 1:16.87 (39.84)							
18	**Sara Steinunn Elvarsdóttir**		2011	Íþróttabandalag Reykjanesbæjar	0.71	340	**1:17.33**	+12.87	
	50m: 37.78	100m: 1:17.33 (39.55)							
19	**Freyja Mjöll Einarsdóttir**		2013	Sunddeild Breiðabliks	0.65	309	**1:19.88**	+15.42	
	50m: 38.53	100m: 1:19.88 (41.35)							
20	**Sóley Katrín Simonsdóttir Knight**		2012	Reykjavík	0.72	305	**1:20.18**	+15.72	
	50m: 39.23	100m: 1:20.18 (40.95)							
21	**Bríana Ósk Alvarsdóttir**		2012	Sundfélag Hafnarfjarðar	0.60	300	**1:20.68**	+16.22	
	50m: 38.49	100m: 1:20.68 (42.19)							
22	**Agnetha Ýr Guðmundsdóttir**	S19	2012	Sunddeild Breiðabliks	0.72	259	**1:26.02**	+21.56	
	50m: 40.85	100m: 1:26.02 (45.17)							
23	**Rósa Kristín Kristmannsdóttir**	S14	2009	Íþróttafélagið Fjörður	0.88	396	**1:29.37**	+24.91	
	50m: 44.26	100m: 1:29.37 (45.11)							
24	**Sonja Sigurðardóttir**	S3	1990	Reykjavík		270	**2:44.43**	+1:39.97	
	50m: 1:20.44	100m: 2:44.43 (1:23.99)							
-	**Íris Ásta Magnúsdóttir**		2011	Sunddeild Breiðabliks			**DNS**		

Event official at: 11/14/2026 10:52:38 AM

Event 26, 100m baksund kvenna - úrslit

Sponsor: Wise

ISL	57.42	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Netanya (ISR)	12/3/2015
UM	59.26	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Herning (DEN)	12/12/2013
AM	1:02.18	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/13/2010
ISL S3	2:31.86	Sonja Sigurðardóttir		Íþróttafélag Fatlaðra Reyk	Vejle (DK)	12/2/2024
ISL S14	1:17.46	Kolbrún Alda Stefánsdót		(ISL)		11/29/2013
ISL S19	1:21.00					
NM	1:01.26					
NM-ung	1:02.67					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 26, 100m baksund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.61	619	**1:03.36**	
	50m: 30.72	100m: 1:03.36	(32.64)				
2	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.73	548	**1:06.01**	+2.65
	50m: 32.57	100m: 1:06.01	(33.44)				
3	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.64	503	**1:07.90**	+4.54
	50m: 32.73	100m: 1:07.90	(35.17)				
4	**Dagmar Arna Sigurðardóttir**	2009	Sundfélag Hafnarfjarðar	0.65	473	**1:09.32**	+5.96
	50m: 33.25	100m: 1:09.32	(36.07)				
5	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.60	470	**1:09.47**	+6.11
	50m: 33.58	100m: 1:09.47	(35.89)				
6	**Sofia Cogalniceanu**	2012	Reykjavík	0.62	439	**1:11.04**	+7.68
	50m: 34.33	100m: 1:11.04	(36.71)				
7	**Elsa Diljá Lunddal Rúnarsdóttir**	2010	Sundfélag Hafnarfjarðar	0.62	426	**1:11.74**	+8.38
	50m: 35.09	100m: 1:11.74	(36.65)				
8	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.81	410	**1:12.66**	+9.30
	50m: 35.28	100m: 1:12.66	(37.38)				

Event official at: 11/14/2026 5:59:00 PM

Event 27, 200m flugsund karla - undanrásir

Sponsor: **Wise**

ISL	1:57.21	Sindri Thor Jakobsson	1991	Íþróttabandalag Reykjane	Istanbul (TUR)	12/12/2009
UM	1:57.21	Sindri Thor Jakobsson	1991	Íþröttabandalag Reykjane	Istanbul (TUR)	12/12/2009
AM	2:07.15	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/18/2016
ER S19	2:14.57	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/8/2025
ISL S19	2:14.57	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/8/2025
NM	2:00.89					
NM-ung	2:03.62					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.67	671	**2:02.01**		Q
	50m: 27.45	100m: 58.32 (30.87)	150m: 1:29.91 (31.59)	200m: 2:02.01 (32.10)				
2	**Benjamín Pétursson**	2012	Sunddeild UMF Aftureldingar	0.77	425	**2:22.09**	+20.08	Q
	50m: 31.11	100m: 1:08.81 (37.70)	150m: 1:46.22 (37.41)	200m: 2:22.09 (35.87)				
3	**Snævar Örn Kristmannsson** S19	2006	Sunddeild Breiðabliks	0.77	441	**2:22.17**	+20.16	Q
	50m: 30.94	100m: 1:07.77 (36.83)	150m: 1:45.57 (37.80)	200m: 2:22.17 (36.60)				
4	**Viktor Bergmann Arnarsson**	2010	Íþróttabandalag Reykjanesbæjar	0.65	421	**2:22.52**	+20.51	Q
	50m: 30.02	100m: 1:06.30 (36.28)	150m: 1:45.01 (38.71)	200m: 2:22.52 (37.51)				
5	**Viljar Fannarsson**	2010	Reykjavík	0.44	391	**2:26.07**	+24.06	-
	50m: 31.16	100m: 1:08.11 (36.95)	150m: 1:46.51 (38.40)	200m: 2:26.07 (39.56)				
6	**Jóhannes Gabríel Friðjónsson**	2011	Reykjavík	0.76	341	**2:32.80**	+30.79	Q
	50m: 33.14	100m: 1:11.29 (38.15)	150m: 1:52.57 (41.28)	200m: 2:32.80 (40.23)				
7	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.63	316	**2:36.71**	+34.70	Q
	50m: 33.88	100m: 1:13.98 (40.10)	150m: 1:55.93 (41.95)	200m: 2:36.71 (40.78)				
8	**Franciszek Adam Czachorows** S19	2014	Íþróttabandalag Reykjanesbæjar	0.69	265	**2:48.41**	+46.40	Q
	50m: 35.29	100m: 1:17.79 (42.50)	150m: 2:02.70 (44.91)	200m: 2:48.41 (45.71)				

Event official at: 11/14/2026 11:00:11 AM

Event 27, 200m flugsund karla - úrslit

Sponsor: **Wise**

ISL	1:57.21	Sindri Thor Jakobsson	1991	Íþróttabandalag Reykjane	Istanbul (TUR)	12/12/2009
UM	1:57.21	Sindri Thor Jakobsson	1991	Íþröttabandalag Reykjane	Istanbul (TUR)	12/12/2009
AM	2:07.15	Brynjólfur Óli Karlsson	2001	Sunddeild Breiðabliks (ISL	Hafnarfjörður (ISL)	11/18/2016
ER S19	2:14.57	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/8/2025
ISL S19	2:14.57	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/8/2025
NM	2:00.89					

Results

Event 27, 200m flugsund karla - úrslit

NM-ung 2:03.62

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.67	720	**1:59.20**		NM
	50m: 27.25	100m: 57.68 (30.43)	150m: 1:27.92 (30.24)	200m: 1:59.20 (31.28)				
2	**Snævar Örn Kristmannsson**	S19 2006	Sunddeild Breiðabliks	0.75	476	**2:18.59**	+19.39	
	50m: 30.14	100m: 1:05.05 (34.91)	150m: 1:40.69 (35.64)	200m: 2:18.59 (37.90)				
3	**Benjamín Pétursson**	2012	Sunddeild UMF Afturelding	0.62	430	**2:21.47**	+22.27	
	50m: 30.00	100m: 1:05.58 (35.58)	150m: 1:43.22 (37.64)	200m: 2:21.47 (38.25)				
4	**Viktor Bergmann Arnarsson**	2010	Íþróttabandalag Reykjanesbæjar	0.63	363	**2:29.76**	+30.56	
	50m: 30.59	100m: 1:07.22 (36.63)	150m: 1:47.72 (40.50)	200m: 2:29.76 (42.04)				
5	**Jóhannes Gabríel Friðjónsson**	2011	Reykjavík	0.71	357	**2:30.52**	+31.32	
	50m: 33.14	100m: 1:10.94 (37.80)	150m: 1:50.18 (39.24)	200m: 2:30.52 (40.34)				
6	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.57	329	**2:34.66**	+35.46	
	50m: 32.40	100m: 1:12.66 (40.26)	150m: 1:53.24 (40.58)	200m: 2:34.66 (41.42)				
-	**Franciszek Adam Czachorows**	S19 2014	Íþróttabandalag Reykjanesbæjar			**DNS**		

Event official at: 11/14/2026 6:07:50 PM

Event 28, 800m skriðsund kvenna - bein úrslit

Sponsor: Wise

ISL	8:38.79	Inga Elín Cryer	1993 Sundfelag Akraness (ISL)	Doha (QAT)	12/4/2014
UM	8:41.79	Inga Elín Cryer	1993 Sundfelag Akraness (ISL)	Laugardalslaug (ISL)	12/9/2011
AM	8:49.26	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/24/2010
NM	9:00.19				
NM-ung	9:12.61				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Sólveig Freyja Hákonardóttir**	2009	Sundfélag Hafnarfjarðar	0.68	670	**9:01.55**		NM-ung
	50m: 30.58	100m: 1:04.19 (33.61)	150m: 1:38.38 (34.19)	200m: 2:12.79 (34.41)				
	250m: 2:47.44 (34.65)	300m: 3:21.97 (34.53)	350m: 3:56.64 (34.67)	400m: 4:31.43 (34.79)				
	450m: 5:05.54 (34.11)	500m: 5:39.66 (34.12)	550m: 6:13.87 (34.21)	600m: 6:47.66 (33.79)				
	650m: 7:21.46 (33.80)	700m: 7:55.31 (33.85)	750m: 8:29.27 (33.96)	800m: 9:01.55 (32.28)				
2	**Katja Lilja Andriysdóttir**	2006	Sundfélag Hafnarfjarðar	0.66	646	**9:08.10**	+6.55	
	50m: 30.63	100m: 1:04.31 (33.68)	150m: 1:38.48 (34.17)	200m: 2:12.70 (34.22)				
	250m: 2:47.02 (34.32)	300m: 3:21.54 (34.52)	350m: 3:55.89 (34.35)	400m: 4:30.20 (34.31)				
	450m: 5:04.35 (34.15)	500m: 5:38.74 (34.39)	550m: 6:13.04 (34.30)	600m: 6:47.57 (34.53)				
	650m: 7:22.53 (34.96)	700m: 7:57.53 (35.00)	750m: 8:33.30 (35.77)	800m: 9:08.10 (34.80)				
3	**Natalía Eir Curtis**	2010	Reykjavík	0.76	587	**9:25.99**	+24.44	
	50m: 31.39	100m: 1:06.23 (34.84)	150m: 1:41.35 (35.12)	200m: 2:16.94 (35.59)				
	250m: 2:52.77 (35.83)	300m: 3:28.63 (35.86)	350m: 4:04.55 (35.92)	400m: 4:40.52 (35.97)				
	450m: 5:16.24 (35.72)	500m: 5:52.29 (36.05)	550m: 6:28.20 (35.91)	600m: 7:04.26 (36.06)				
	650m: 7:40.17 (35.91)	700m: 8:16.03 (35.86)	750m: 8:51.97 (35.94)	800m: 9:25.99 (34.02)				
4	**Guðrún Ísold Harðardóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.75	541	**9:41.40**	+39.85	
	50m: 32.21	100m: 1:07.38 (35.17)	150m: 1:43.39 (36.01)	200m: 2:19.39 (36.00)				
	250m: 2:55.56 (36.17)	300m: 3:31.97 (36.41)	350m: 4:08.58 (36.61)	400m: 4:44.98 (36.40)				
	450m: 5:21.27 (36.29)	500m: 5:58.33 (37.06)	550m: 6:35.12 (36.79)	600m: 7:12.53 (37.41)				
	650m: 7:49.55 (37.02)	700m: 8:26.71 (37.16)	750m: 9:03.70 (36.99)	800m: 9:41.40 (37.70)				
5	**Adríana Agnes Derti**	2010	Íþróttabandalag Reykjanesbæjar	0.70	512	**9:52.26**	+50.71	
	50m: 33.42	100m: 1:10.02 (36.60)	150m: 1:47.09 (37.07)	200m: 2:24.50 (37.41)				
	250m: 3:01.98 (37.48)	300m: 3:39.43 (37.45)	350m: 4:16.88 (37.45)	400m: 4:54.57 (37.69)				
	450m: 5:32.53 (37.96)	500m: 6:10.01 (37.48)	550m: 6:47.46 (37.45)	600m: 7:24.69 (37.23)				
	650m: 8:02.45 (37.76)	700m: 8:39.52 (37.07)	750m: 9:16.54 (37.02)	800m: 9:52.26 (35.72)				
6	**Karen Sif Helgadóttir**	2010	Reykjavík	0.81	511	**9:52.78**	+51.23	
	50m: 31.91	100m: 1:07.83 (35.92)	150m: 1:45.87 (38.04)	200m: 2:24.08 (38.21)				
	250m: 3:02.43 (38.35)	300m: 3:40.47 (38.04)	350m: 4:18.91 (38.44)	400m: 4:57.48 (38.57)				
	450m: 5:36.05 (38.57)	500m: 6:14.52 (38.47)	550m: 6:52.43 (37.91)	600m: 7:28.87 (36.44)				
	650m: 8:05.28 (36.41)	700m: 8:41.49 (36.21)	750m: 9:17.81 (36.32)	800m: 9:52.78 (34.97)				
7	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.75	491	**10:00.61**	+59.06	
	50m: 32.35	100m: 1:08.03 (35.68)	150m: 1:44.97 (36.94)	200m: 2:22.01 (37.04)				
	250m: 2:59.23 (37.22)	300m: 3:36.78 (37.55)	350m: 4:16.13 (39.35)	400m: 4:54.56 (38.43)				
	450m: 5:32.85 (38.29)	500m: 6:11.38 (38.53)	550m: 6:50.20 (38.82)	600m: 7:28.79 (38.59)				
	650m: 8:07.44 (38.65)	700m: 8:45.53 (38.09)	750m: 9:23.93 (38.40)	800m: 10:00.61 (36.68)				

Results

Event 28, 800m skriðsund kvenna - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
8	**Elsa Karen Káradóttir**	2014	Sunddeild Breiðabliks	0.84	449	**10:18.60**	+1:17.05
	50m: 34.99		100m: 1:13.79 (38.80)	150m: 1:53.95 (40.16)		200m: 2:33.00 (39.05)	
	250m: 3:12.54 (39.54)		300m: 3:52.81 (40.27)	350m: 4:31.88 (39.07)		400m: 5:11.90 (40.02)	
	450m: 5:51.71 (39.81)		500m: 6:31.44 (39.73)	550m: 7:11.27 (39.83)		600m: 7:49.92 (38.65)	
	650m: 8:28.02 (38.10)		700m: 9:06.38 (38.36)	750m: 9:44.57 (38.19)		800m: 10:18.60 (34.03)	
9	**Hildur Eldey Guðjónsdóttir**	2011	Sunddeild Breiðabliks	0.71	434	**10:25.73**	+1:24.18
	50m: 35.48		100m: 1:14.17 (38.69)	150m: 1:53.63 (39.46)		200m: 2:32.97 (39.34)	
	250m: 3:12.65 (39.68)		300m: 3:52.00 (39.35)	350m: 4:31.75 (39.75)		400m: 5:11.32 (39.57)	
	450m: 5:51.02 (39.70)		500m: 6:31.09 (40.07)	550m: 7:10.68 (39.59)		600m: 7:50.43 (39.75)	
	650m: 8:29.27 (38.84)		700m: 9:08.92 (39.65)	750m: 9:48.01 (39.09)		800m: 10:25.73 (37.72)	
10	**Austéja Savickaité**	2009	Íþróttabandalag Reykjanesbæjar	0.76	428	**10:28.58**	+1:27.03
	50m: 34.90		100m: 1:13.07 (38.17)	150m: 1:52.04 (38.97)		200m: 2:31.37 (39.33)	
	250m: 3:10.69 (39.32)		300m: 3:50.59 (39.90)	350m: 4:30.55 (39.96)		400m: 5:10.46 (39.91)	
	450m: 5:50.41 (39.95)		500m: 6:30.66 (40.25)	550m: 7:10.96 (40.30)		600m: 7:51.53 (40.57)	
	650m: 8:31.12 (39.59)		700m: 9:11.13 (40.01)	750m: 9:50.57 (39.44)		800m: 10:28.58 (38.01)	
11	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn		416	**10:34.94**	+1:33.39
	50m: 34.49		100m: 1:13.75 (39.26)	150m: 1:53.46 (39.71)		200m: 2:33.16 (39.70)	
	250m: 3:13.07 (39.91)		300m: 3:52.96 (39.89)	350m: 4:33.29 (40.33)		400m: 5:12.79 (39.50)	
	450m: 5:53.28 (40.49)		500m: 6:33.63 (40.35)	550m: 7:13.98 (40.35)		600m: 7:54.75 (40.77)	
	650m: 8:35.57 (40.82)		700m: 9:16.54 (40.97)	750m: 9:56.66 (40.12)		800m: 10:34.94 (38.28)	
12	**Kamilla Ýr Ísaksdóttir Guðmann**	2011	Sunddeild Breiðabliks	0.76	409	**10:38.09**	+1:36.54
	50m: 34.40		100m: 1:12.91 (38.51)	150m: 1:52.33 (39.42)		200m: 2:31.46 (39.13)	
	250m: 3:11.36 (39.90)		300m: 3:51.24 (39.88)	350m: 4:31.64 (40.40)		400m: 5:12.50 (40.86)	
	450m: 5:53.33 (40.83)		500m: 6:34.67 (41.34)	550m: 7:15.44 (40.77)		600m: 7:56.33 (40.89)	
	650m: 8:37.21 (40.88)		700m: 9:18.09 (40.88)	750m: 9:58.71 (40.62)		800m: 10:38.09 (39.38)	
13	**Alexandra Dís Gunnarsdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.78	394	**10:46.53**	+1:44.98
	50m: 35.58		100m: 1:15.68 (40.10)	150m: 1:55.53 (39.85)		200m: 2:35.74 (40.21)	
	250m: 3:16.05 (40.31)		300m: 3:56.95 (40.90)	350m: 4:37.91 (40.96)		400m: 5:18.85 (40.94)	
	450m: 6:00.15 (41.30)		500m: 6:41.73 (41.58)	550m: 7:22.61 (40.88)		600m: 8:03.81 (41.20)	
	650m: 8:44.93 (41.12)		700m: 9:26.09 (41.16)	750m: 10:06.84 (40.75)		800m: 10:46.53 (39.69)	
14	**Friðrika Sif Ágústsdóttir**	2010	Sundfélagið Óðinn	0.74	391	**10:47.92**	+1:46.37
	50m: 35.50		100m: 1:15.28 (39.78)	150m: 1:55.64 (40.36)		200m: 2:36.03 (40.39)	
	250m: 3:16.95 (40.92)		300m: 3:57.58 (40.63)	350m: 4:38.68 (41.10)		400m: 5:19.75 (41.07)	
	450m: 6:01.38 (41.63)		500m: 6:42.56 (41.18)	550m: 7:24.21 (41.65)		600m: 8:05.62 (41.41)	
	650m: 8:46.71 (41.09)		700m: 9:27.21 (40.50)	750m: 10:08.44 (41.23)		800m: 10:47.92 (39.48)	

Event official at: 11/14/2026 6:23:48 PM

Event 29, 4x50m fjórsund blandað - úrslit

Sponsor: Wise

ISL 1:45.10 Sundfélag Hafnarfjarðar 2000 Sundfélag Hafnarfjarðar (I Reykjavík (ISL) 11/8/2025

Rank	Name	Age	Team			Pts	Time	Diff
1	**SH**	25	Sundfélag Hafnarfjarðar			677	**1:48.33**	
	Bergur Fáfnir Bjarnason	2006		0.57	25.61		25.61	
	Birgitta Ingólfsdóttir	2005		0.48	32.93		58.54	
	Birnir Freyr Hálfdánarsson	2006		0.31	24.84		1:23.38	
	Jóhanna Elín Guðmundsdóttir	2001		0.24	24.95		1:48.33	
2	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar			578	**1:54.19**	+5.86
	Ásdís Gunnarsdóttir	2008		0.67	32.80		32.80	
	Margrét Anna Lapas	2009			32.82		1:05.62	
	Daði Rafn Falsson	2008		0.25	26.04		1:31.66	
	Denas Kazulis	2008		0.34	22.53		1:54.19	
3	**Reykjavík**	19	Reykjavík			548	**1:56.25**	+7.92
	Ylfa Lind Kristmannsdóttir	2008		0.66	30.55		30.55	
	Álfrún Lóa Jónsdóttir	2010		0.57	34.75		1:05.30	
	Oliver Kaldal	2007		0.18	26.95		1:32.25	
	Birgir Hrafn Kjartansson	2008		0.16	24.00		1:56.25	

Results

Event 29, 4x50m fjórsund blandað - úrslit

Rank	Name	Age	Team				Pts	Time	Diff
4	**ÍRB 2**	18	Íþróttabandalag Reykjanesbæjar				515	**1:58.69**	+10.36
	Nikolai Leo Jónsson	2008		0.56	27.48			27.48	
	Eydís Jóhannesdóttir	2011		0.34	35.97			1:03.45	
	Kornelia Nadia Maniak	2010		0.50	31.02			1:34.47	
	Árni Þór Pálmason	2009		0.22	24.22			1:58.69	
5	**SH 2**	16	Sundfélag Hafnarfjarðar				503	**1:59.63**	+11.30
	Þór Eli Gunnarsson	2011		0.64	29.29			29.29	
	Ásta Þórey Einarsdóttir	2013		0.69	36.00			1:05.29	
	Kajus Jatautas	2010		0.37	27.23			1:32.52	
	Alicja Julia Kempisty	2010		0.48	27.11			1:59.63	
6	**Óðinn**	16	Sundfélagið Óðinn				452	**2:03.97**	+15.64
	Ívan Elí Ólafsson	2010		0.60	30.12			30.12	
	Ísabella Jóhannsdóttir	2010		0.64	37.73			1:07.85	
	Jón Ingi Einarsson	2011		0.01	26.27			1:34.12	
	Katrín Birta Birkisdóttir	2012		0.49	29.85			2:03.97	
7	**Breiðablik**	15	Sunddeild Breiðabliks				345	**2:15.54**	+27.21
	Þeódís Styrmisdóttir	2011		0.58	33.78			33.78	
	Guðlaugur Santiago Guðlaugsson	2013		0.64	38.52			1:12.30	
	Stefán G. Fanneyjarson	2013		0.79	33.09			1:45.39	
	Sóllilja Þórðardóttir	2011		0.40	30.15			2:15.54	

Event official at: 11/14/2026 11:25:49 AM

Event 30, 4x100m skriðsund karla - úrslit

Sponsor: Wise

ISL	3:17.16	Sundfélag Hafnarfjarðar	2000	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/8/2025
AM	3:43.11	Íþröttabandalag Reykjan		Íþróttabandalag Reykjane	Hafnarfjörður (ISL)	11/11/2023

Rank	Name	Age	Team					Pts	Time	Diff
1	**SH**	23	Sundfélag Hafnarfjarðar					737	**3:21.03**	
	Birnir Freyr Hálfdánarsson	2006		0.65	24.34	50.75			50.75	
	Magnús Víðir Jónsson	2008		0.18	24.04	50.23			1:40.98	
	Veigar Hrafn Sigþórsson	2005		0.35	24.21	50.40			2:31.38	
	Símon Elías Statkevicius	2003		0.20	23.38	49.65			3:21.03	
2	**SH 2**	21	Sundfélag Hafnarfjarðar					660	**3:28.56**	+7.53
	Bergur Fáfnir Bjarnason	2006		0.64	24.84	51.59			51.59	
	Snorri Dagur Einarsson	2005		0.46	24.98	52.55			1:44.14	
	Adam Leó Tómasson	2007		0.46	25.06	52.84			2:36.98	
	Hólmar Grétarsson	2008		0.37	24.72	51.58			3:28.56	
3	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar					634	**3:31.36**	+10.33 NM
	Denas Kazulis	2008		0.58	24.15	49.71			49.71	
	Nikolai Leo Jónsson	2008		0.44	25.57	54.67			1:44.38	
	Árni Þór Pálmason	2009		0.06	25.73	53.95			2:38.33	
	Daði Rafn Falsson	2008		0.37	25.33	53.03			3:31.36	

Results

Event 30, 4x100m skriðsund karla - úrslit

Rank	Name	Age	Team				Pts	Time	Diff
4	**Reykjavík**	19	Reykjavík				558	**3:40.62**	+19.59
	Viljar Fannarsson	2010		0.61	26.63	55.22		55.22	
	Finlay German	2009		0.42	26.02	55.21		1:50.43	
	Oliver Kaldal	2007		0.30	26.78	57.09		2:47.52	
	Birgir Hrafn Kjartansson	2008		0.36	24.90	53.10		3:40.62	
5	**Óðinn**	16	Sundfélagið Óðinn				501	**3:48.64**	+27.61
	Magni Rafn Ragnarsson	2010		0.68	26.39	56.43		56.43	
	Alexander Reid McCormick	2010		0.42	27.74	58.37		1:54.80	
	Ívan Elí Ólafsson	2010		0.48	27.65	59.52		2:54.32	
	Jón Ingi Einarsson	2011		0.35	25.92	54.32		3:48.64	
6	**ÍRB 2**	17	Íþróttabandalag Reykjanesbæjar				492	**3:50.04**	+29.01
	Mikael Fannar Arnarsson	2009		0.65	26.60	57.47		57.47	
	Tristan Orri Borghildarson	2010		0.02	26.96	57.34		1:54.81	
	Julian Jarnutowski	2010		0.29	26.41	56.30		2:51.11	
	Viktor Bergmann Arnarsson	2010		0.45	27.83	58.93		3:50.04	

Event official at: 11/14/2026 6:34:21 PM

Event 31, 4x100m skriðsund kvenna - úrslit

Sponsor: Wise

ISL	3:45.58	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/9/2024
AM	3:46.07	Sundfélagið Óðinn	Sundfélagið Óðinn (ISL)	Akureyrarlaug (ISL)	9/28/2008

Rank	Name	Age	Team				Pts	Time	Diff
1	**SH**	25	Sundfélag Hafnarfjarðar				723	**3:48.32**	
	Nadja Djurovic	2007		0.70	27.55	57.49		57.49	
	Jóhanna Elín Guðmundsdóttir	2001		0.34	26.26	55.36		1:52.85	
	Alicja Julia Kempisty	2010		0.37	27.67	58.21		2:51.06	
	Sólveig Freyja Hákonardóttir	2009		0.43	27.70	57.26		3:48.32	
2	**Reykjavík**	19	Reykjavík				618	**4:00.68**	+12.36
	Ylfa Lind Kristmannsdóttir	2008		0.44	27.96	57.85		57.85	
	Natalía Eir Curtis	2010		0.45	28.51	59.27		1:57.12	
	Sunna Arnfinnsdóttir	2007			29.60	1:00.95		2:58.07	
	Thea Sif Hjaltadóttir	2011		0.13	29.44	1:02.61		4:00.68	
3	**SH 2**	20	Sundfélag Hafnarfjarðar				589	**4:04.57**	+16.25
	Hildur Erla Hákonardóttir	2010		0.74	29.48	1:02.05		1:02.05	
	Ema Austa Pratusyté	2010		0.43	29.48	1:02.05		2:04.10	
	Katja Lilja Andriysdóttir	2006		0.27	29.06	1:01.21		3:05.31	
	Auguste Balciunaite	2011		0.56	28.18	59.26		4:04.57	
4	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar				559	**4:08.74**	+20.42
	Ásdís Gunnarsdóttir	2008		0.69	29.72	1:01.17		1:01.17	
	Margrét Anna Lapas	2009		0.30	29.23	1:01.34		2:02.51	
	Eydís Jóhannesdóttir	2011		0.45	30.45	1:03.95		3:06.46	
	Guðrún Ísold Harðardóttir	2011		0.58	29.66	1:02.28		4:08.74	
5	**Breiðablik**	15	Sunddeild Breiðabliks				553	**4:09.64**	+21.32
	Guðbjörg Helga Hilmarsdóttir	2011		0.73	28.80	1:00.60		1:00.60	
	Þorgerður Freyja Helgadóttir	2011		0.66	29.52	1:03.20		2:03.80	
	Bergey Huld Arnarsdóttir	2011		0.30	29.65	1:02.63		3:06.43	
	Elsa Karen Káradóttir	2014		0.51	30.55	1:03.21		4:09.64	

Results

Event 31, 4x100m skriðsund kvenna - úrslit

Rank	Name	Age	Team				Pts	Time	Diff
6	**Reykjavík 2**	14	Reykjavík				498	**4:18.64**	+30.32
	Áróra Mjöll Jónsdóttir	2013		0.80	31.17	1:05.90		1:05.90	
	Bryndís Rún Guðnadóttir	2013		0.58	30.63	1:04.40		2:10.30	
	Sofia Cogalniceanu	2012		0.41	30.78	1:04.23		3:14.53	
	Sóley Helga Sigfríðardóttir	2012		0.69	30.87	1:04.11		4:18.64	
7	**ÍRB 2**	16	Íþróttabandalag Reykjanesbæjar				464	**4:24.80**	+36.48
	Karen Júlía Traustadóttir	2012		0.73	30.48	1:04.33		1:04.33	
	Lena Przybylska	2011		0.27	31.25	1:07.54		2:11.87	
	Adríana Agnes Derti	2010		0.31	31.86	1:06.97		3:18.84	
	Alexandra Dís Gunnarsdóttir	2011		0.56	31.55	1:05.96		4:24.80	
8	**Óðinn**	16	Sundfélagið Óðinn				421	**4:33.41**	+45.09
	Katrín Birta Birkisdóttir	2012		0.72	31.82	1:08.42		1:08.42	
	Viktoría Rós Guseva	2012		0.59	32.16	1:08.04		2:16.46	
	Lovísa Austfjörð Stefánsdóttir	2012		0.29	31.66	1:07.83		3:24.29	
	Ísabella Jóhannsdóttir	2010		0.63	32.39	1:09.12		4:33.41	

Event official at: 11/14/2026 6:45:43 PM

Event 32, 400m fjórsund karla - undanrásir

Sponsor: Wise

ISL	4:11.78	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I Vestmannaeyjar (ISL)	3/16/2001
UM	4:17.81	Hólmar Grétarsson	2008	Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	11/9/2025
AM	4:27.16	Hólmar Grétarsson	2008	Sundfélag Hafnarfjarðar (I Tartu (EST)	12/3/2023
NM	4:25.81				
NM-ung	4:31.80				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.69	653	**4:30.58**		Q
	50m: 28.02		100m: 59.95 (31.93)	150m: 1:33.31 (33.36)		200m: 2:05.96 (32.65)		
	250m: 2:43.27 (37.31)		300m: 3:21.03 (37.76)	350m: 3:57.01 (35.98)		400m: 4:30.58 (33.57)		
2	**Daði Rafn Falsson**	2008	Íþróttabandalag Reykjanesbæjar	0.67	637	**4:32.81**	+2.23	Q
	50m: 28.19		100m: 1:00.61 (32.42)	150m: 1:35.93 (35.32)		200m: 2:10.92 (34.99)		
	250m: 2:49.79 (38.87)		300m: 3:29.55 (39.76)	350m: 4:01.51 (31.96)		400m: 4:32.81 (31.30)		
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.72	517	**4:52.54**	+21.96	Q
	50m: 29.77		100m: 1:06.50 (36.73)	150m: 1:44.52 (38.02)		200m: 2:23.05 (38.53)		
	250m: 3:02.97 (39.92)		300m: 3:44.45 (41.48)	350m: 4:19.47 (35.02)		400m: 4:52.54 (33.07)		
4	**Finlay German**	2009	Reykjavík	0.62	484	**4:58.89**	+28.31	-
	50m: 29.54		100m: 1:03.90 (34.36)	150m: 1:41.51 (37.61)		200m: 2:18.49 (36.98)		
	250m: 3:00.11 (41.62)		300m: 3:45.06 (44.95)	350m: 4:22.33 (37.27)		400m: 4:58.89 (36.56)		
5	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.74	461	**5:03.82**	+33.24	Q
	50m: 31.40		100m: 1:09.70 (38.30)	150m: 1:48.70 (39.00)		200m: 2:27.17 (38.47)		
	250m: 3:10.58 (43.41)		300m: 3:54.85 (44.27)	350m: 4:30.20 (35.35)		400m: 5:03.82 (33.62)		
6	**Kristjón Hrafn Kjartansson**	2011	Sundfélag Hafnarfjarðar	0.71	456	**5:04.97**	+34.39	Q
	50m: 30.39		100m: 1:06.19 (35.80)	150m: 1:44.31 (38.12)		200m: 2:22.12 (37.81)		
	250m: 3:08.11 (45.99)		300m: 3:55.44 (47.33)	350m: 4:30.52 (35.08)		400m: 5:04.97 (34.45)		
7	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.80	424	**5:12.37**	+41.79	Q
	50m: 31.11		100m: 1:09.28 (38.17)	150m: 1:49.78 (40.50)		200m: 2:29.05 (39.27)		
	250m: 3:16.87 (47.82)		300m: 4:05.18 (48.31)	350m: 4:40.15 (34.97)		400m: 5:12.37 (32.22)		
8	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.57	418	**5:13.90**	+43.32	Q
	50m: 33.44		100m: 1:12.21 (38.77)	150m: 1:52.40 (40.19)		200m: 2:30.88 (38.48)		
	250m: 3:17.21 (46.33)		300m: 4:03.62 (46.41)	350m: 4:39.53 (35.91)		400m: 5:13.90 (34.37)		
9	**Daníel Andriysson**	2011	Sundfélag Hafnarfjarðar	0.70	393	**5:20.54**	+49.96	Q
	50m: 33.07		100m: 1:12.22 (39.15)	150m: 1:53.40 (41.18)		200m: 2:33.34 (39.94)		
	250m: 3:19.72 (46.38)		300m: 4:07.06 (47.34)	350m: 4:44.52 (37.46)		400m: 5:20.54 (36.02)		

Results

Event 32, 400m fjórsund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
10	**Cecil Bjartur Cameron**	2012	Reykjavík	0.68	370	**5:26.89**	+56.31	R1
	50m: 32.94	100m: 1:12.78 (39.84)	150m: 1:53.50 (40.72)	200m: 2:33.85 (40.35)				
	250m: 3:19.85 (46.00)	300m: 4:07.19 (47.34)	350m: 4:49.95 (42.76)	400m: 5:26.89 (36.94)				
11	**Svanberg Leó Jóelsson**	2012	Reykjavík	0.50	361	**5:29.68**	+59.10	R2
	50m: 33.69	100m: 1:15.12 (41.43)	150m: 1:58.41 (43.29)	200m: 2:40.52 (42.11)				
	250m: 3:27.17 (46.65)	300m: 4:15.23 (48.06)	350m: 4:52.01 (36.78)	400m: 5:29.68 (37.67)				
12	**Þórbergur Eriksson**	2012	Íþróttabandalag Reykjanesbæjar	0.68	348	**5:33.60**	+1:03.02	
	50m: 35.32	100m: 1:19.42 (44.10)	150m: 2:01.38 (41.96)	200m: 2:42.51 (41.13)				
	250m: 3:30.06 (47.55)	300m: 4:19.32 (49.26)	350m: 4:56.33 (37.01)	400m: 5:33.60 (37.27)				

Event official at: 11/15/2026 9:19:21 AM

Event 32, 400m fjórsund karla - úrslit

Sponsor: Wise

ISL	4:11.78	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Vestmannaeyjar (ISL)	3/16/2001
UM	4:17.81	Hólmar Grétarsson	2008	Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	11/9/2025
AM	4:27.16	Hólmar Grétarsson	2008	Sundfélag Hafnarfjarðar (I	Tartu (EST)	12/3/2023
NM	4:25.81					
NM-ung	4:31.80					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Hólmar Grétarsson**	2008	Sundfélag Hafnarfjarðar	0.68	750	**4:18.33**		NM
	50m: 27.40	100m: 58.69 (31.29)	150m: 1:32.37 (33.68)	200m: 2:05.39 (33.02)				
	250m: 2:41.88 (36.49)	300m: 3:18.76 (36.88)	350m: 3:49.15 (30.39)	400m: 4:18.33 (29.18)				
2	**Daði Rafn Falsson**	2008	Íþróttabandalag Reykjanesbæjar	0.67	653	**4:30.57**	+12.24	
	50m: 27.79	100m: 1:00.17 (32.38)	150m: 1:35.48 (35.31)	200m: 2:10.62 (35.14)				
	250m: 2:48.48 (37.86)	300m: 3:27.42 (38.94)	350m: 3:59.46 (32.04)	400m: 4:30.57 (31.11)				
3	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.69	522	**4:51.49**	+33.16	
	50m: 30.36	100m: 1:07.01 (36.65)	150m: 1:46.15 (39.14)	200m: 2:24.20 (38.05)				
	250m: 3:04.49 (40.29)	300m: 3:45.68 (41.19)	350m: 4:19.81 (34.13)	400m: 4:51.49 (31.68)				
4	**Kristjón Hrafn Kjartansson**	2011	Sundfélag Hafnarfjarðar	0.70	491	**4:57.47**	+39.14	
	50m: 30.03	100m: 1:05.67 (35.64)	150m: 1:43.46 (37.79)	200m: 2:21.04 (37.58)				
	250m: 3:05.08 (44.04)	300m: 3:50.53 (45.45)	350m: 4:24.67 (34.14)	400m: 4:57.47 (32.80)				
5	**Julian Jarnutowski**	2010	Íþróttabandalag Reykjanesbæjar	0.73	479	**4:59.98**	+41.65	
	50m: 30.57	100m: 1:08.51 (37.94)	150m: 1:47.62 (39.11)	200m: 2:26.44 (38.82)				
	250m: 3:08.50 (42.06)	300m: 3:51.66 (43.16)	350m: 4:26.30 (34.64)	400m: 4:59.98 (33.68)				
6	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.75	445	**5:07.49**	+49.16	
	50m: 30.99	100m: 1:09.92 (38.93)	150m: 1:50.56 (40.64)	200m: 2:28.88 (38.32)				
	250m: 3:15.03 (46.15)	300m: 4:01.79 (46.76)	350m: 4:35.56 (33.77)	400m: 5:07.49 (31.93)				
7	**Daníel Andriysson**	2011	Sundfélag Hafnarfjarðar	0.71	440	**5:08.70**	+50.37	
	50m: 32.81	100m: 1:10.71 (37.90)	150m: 1:49.86 (39.15)	200m: 2:28.32 (38.46)				
	250m: 3:12.07 (43.75)	300m: 3:57.83 (45.76)	350m: 4:34.17 (36.34)	400m: 5:08.70 (34.53)				
8	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.58	420	**5:13.42**	+55.09	
	50m: 33.48	100m: 1:12.63 (39.15)	150m: 1:51.93 (39.30)	200m: 2:30.76 (38.83)				
	250m: 3:15.96 (45.20)	300m: 4:02.32 (46.36)	350m: 4:38.39 (36.07)	400m: 5:13.42 (35.03)				

Event official at: 11/15/2026 4:39:15 PM

Event 33, 1500m skriðsund kvenna - bein úrslit

Sponsor: Wise

ISL	16:46.95	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	10/27/2012
UM	16:46.95	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	10/27/2012
AM	17:02.31	Freyja Birkisdóttir	2006	Sunddeild Breiðabliks (ISL	Hafnarfjoerdur (ISL)	11/14/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 33, 1500m skriðsund kvenna - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Katja Lilja Andriysdóttir	2006	Sundfélag Hafnarfjarðar	0.66	634	**17:37.16**	

50m: 30.95		100m: 1:04.78	(33.83)	150m: 1:39.26	(34.48)	200m: 2:14.07	(34.81)
250m: 2:49.20	(35.13)	300m: 3:24.19	(34.99)	350m: 3:59.25	(35.06)	400m: 4:34.40	(35.15)
450m: 5:09.57	(35.17)	500m: 5:45.26	(35.69)	550m: 6:20.63	(35.37)	600m: 6:55.93	(35.30)
650m: 7:31.40	(35.47)	700m: 8:07.00	(35.60)	750m: 8:42.30	(35.30)	800m: 9:17.27	(34.97)
850m: 9:52.42	(35.15)	900m: 10:28.07	(35.65)	950m: 11:03.86	(35.79)	1000m: 11:39.63	(35.77)
1050m: 12:15.40	(35.77)	1100m: 12:51.13	(35.73)	1150m: 13:27.06	(35.93)	1200m: 14:03.31	(36.25)
1250m: 14:39.27	(35.96)	1300m: 15:15.54	(36.27)	1350m: 15:51.18	(35.64)	1400m: 16:26.78	(35.60)
1450m: 17:02.51	(35.73)	1500m: 17:37.16	(34.65)				

2	Sunna Arnfinnsdóttir	2007	Reykjavík	0.81	598	**17:57.44**	+20.28

50m: 31.52		100m: 1:06.33	(34.81)	150m: 1:41.79	(35.46)	200m: 2:17.85	(36.06)
250m: 2:54.09	(36.24)	300m: 3:29.97	(35.88)	350m: 4:05.98	(36.01)	400m: 4:42.11	(36.13)
450m: 5:18.20	(36.09)	500m: 5:54.31	(36.11)	550m: 6:30.82	(36.51)	600m: 7:06.99	(36.17)
650m: 7:43.18	(36.19)	700m: 8:19.68	(36.50)	750m: 8:56.16	(36.48)	800m: 9:32.63	(36.47)
850m: 10:09.15	(36.52)	900m: 10:45.46	(36.31)	950m: 11:21.73	(36.27)	1000m: 11:57.92	(36.19)
1050m: 12:34.61	(36.69)	1100m: 13:11.05	(36.44)	1150m: 13:47.16	(36.11)	1200m: 14:23.11	(35.95)
1250m: 14:59.73	(36.62)	1300m: 15:35.69	(35.96)	1350m: 16:12.01	(36.32)	1400m: 16:47.82	(35.81)
1450m: 17:23.80	(35.98)	1500m: 17:57.44	(33.64)				

3	Natalía Eir Curtis	2010	Reykjavík	0.78	590	**18:02.65**	+25.49

50m: 31.67		100m: 1:06.80	(35.13)	150m: 1:42.46	(35.66)	200m: 2:18.69	(36.23)
250m: 2:54.62	(35.93)	300m: 3:30.89	(36.27)	350m: 4:07.19	(36.30)	400m: 4:43.60	(36.41)
450m: 5:20.04	(36.44)	500m: 5:56.54	(36.50)	550m: 6:32.97	(36.43)	600m: 7:08.95	(35.98)
650m: 7:45.10	(36.15)	700m: 8:21.19	(36.09)	750m: 8:57.50	(36.31)	800m: 9:33.57	(36.07)
850m: 10:09.72	(36.15)	900m: 10:46.16	(36.44)	950m: 11:22.10	(35.94)	1000m: 11:58.50	(36.40)
1050m: 12:35.26	(36.76)	1100m: 13:11.96	(36.70)	1150m: 13:48.77	(36.81)	1200m: 14:25.38	(36.61)
1250m: 15:02.07	(36.69)	1300m: 15:38.66	(36.59)	1350m: 16:15.03	(36.37)	1400m: 16:51.85	(36.82)
1450m: 17:28.50	(36.65)	1500m: 18:02.65	(34.15)				

4	Guðrún Ísold Harðardóttir	2011	Íþróttabandalag Reykjanesbæjar	0.75	532	**18:40.31**	+1:03.15

50m: 31.55		100m: 1:06.73	(35.18)	150m: 1:42.42	(35.69)	200m: 2:18.34	(35.92)
250m: 2:54.20	(35.86)	300m: 3:30.27	(36.07)	350m: 4:06.81	(36.54)	400m: 4:43.33	(36.52)
450m: 5:19.88	(36.55)	500m: 5:56.76	(36.88)	550m: 6:34.00	(37.24)	600m: 7:11.18	(37.18)
650m: 7:48.79	(37.61)	700m: 8:26.20	(37.41)	750m: 9:03.49	(37.29)	800m: 9:41.60	(38.11)
850m: 10:20.86	(39.26)	900m: 10:59.91	(39.05)	950m: 11:38.25	(38.34)	1000m: 12:16.85	(38.60)
1050m: 12:55.18	(38.33)	1100m: 13:33.38	(38.20)	1150m: 14:11.49	(38.11)	1200m: 14:49.66	(38.17)
1250m: 15:27.84	(38.18)	1300m: 16:06.03	(38.19)	1350m: 16:44.62	(38.59)	1400m: 17:23.34	(38.72)
1450m: 18:01.91	(38.57)	1500m: 18:40.31	(38.40)				

5	Adríana Agnes Derti	2010	Íþróttabandalag Reykjanesbæjar	0.75	511	**18:55.91**	+1:18.75

50m: 34.37		100m: 1:11.71	(37.34)	150m: 1:49.39	(37.68)	200m: 2:27.26	(37.87)
250m: 3:04.92	(37.66)	300m: 3:42.45	(37.53)	350m: 4:20.15	(37.70)	400m: 4:57.52	(37.37)
450m: 5:34.84	(37.32)	500m: 6:12.45	(37.61)	550m: 6:49.63	(37.18)	600m: 7:27.36	(37.73)
650m: 8:05.18	(37.82)	700m: 8:43.06	(37.88)	750m: 9:20.81	(37.75)	800m: 9:59.04	(38.23)
850m: 10:37.56	(38.52)	900m: 11:16.24	(38.68)	950m: 11:54.68	(38.44)	1000m: 12:33.73	(39.05)
1050m: 13:12.45	(38.72)	1100m: 13:51.12	(38.67)	1150m: 14:29.64	(38.52)	1200m: 15:08.18	(38.54)
1250m: 15:46.98	(38.80)	1300m: 16:25.73	(38.75)	1350m: 17:04.28	(38.55)	1400m: 17:42.18	(37.90)
1450m: 18:19.35	(37.17)	1500m: 18:55.91	(36.56)				

6	Sóley Helga Sigfríðardóttir	2012	Reykjavík	0.77	506	**18:59.49**	+1:22.33

50m: 32.68		100m: 1:08.26	(35.58)	150m: 1:45.15	(36.89)	200m: 2:22.57	(37.42)
250m: 3:00.01	(37.44)	300m: 3:37.68	(37.67)	350m: 4:16.01	(38.33)	400m: 4:54.14	(38.13)
450m: 5:32.93	(38.79)	500m: 6:11.22	(38.29)	550m: 6:49.46	(38.24)	600m: 7:28.16	(38.70)
650m: 8:07.92	(39.76)	700m: 8:46.39	(38.47)	750m: 9:25.39	(39.00)	800m: 10:04.30	(38.91)
850m: 10:43.36	(39.06)	900m: 11:22.53	(39.17)	950m: 12:00.74	(38.21)	1000m: 12:39.55	(38.81)
1050m: 13:17.68	(38.13)	1100m: 13:57.28	(39.60)	1150m: 14:35.64	(38.36)	1200m: 15:14.25	(38.61)
1250m: 15:52.69	(38.44)	1300m: 16:31.35	(38.66)	1350m: 17:09.09	(37.74)	1400m: 17:46.52	(37.43)
1450m: 18:23.64	(37.12)	1500m: 18:59.49	(35.85)				

7	Hildur Eldey Guðjónsdóttir	2011	Sunddeild Breiðabliks	0.73	426	**20:06.32**	+2:29.16

50m: 36.13		100m: 1:14.69	(38.56)	150m: 1:54.28	(39.59)	200m: 2:34.34	(40.06)
250m: 3:13.86	(39.52)	300m: 3:54.06	(40.20)	350m: 4:33.78	(39.72)	400m: 5:14.20	(40.42)
450m: 5:54.76	(40.56)	500m: 6:35.06	(40.30)	550m: 7:16.12	(41.06)	600m: 7:56.72	(40.60)
650m: 8:37.65	(40.93)	700m: 9:18.34	(40.69)	750m: 9:59.24	(40.90)	800m: 10:40.13	(40.89)
850m: 11:20.95	(40.82)	900m: 12:01.86	(40.91)	950m: 12:42.92	(41.06)	1000m: 13:23.76	(40.84)
1050m: 14:04.03	(40.27)	1100m: 14:45.12	(41.09)	1150m: 15:25.35	(40.23)	1200m: 16:05.40	(40.05)
1250m: 16:46.26	(40.86)	1300m: 17:26.98	(40.72)	1350m: 18:07.92	(40.94)	1400m: 18:48.34	(40.42)
1450m: 19:28.07	(39.73)	1500m: 20:06.32	(38.25)				

Results

Event 33, 1500m skriðsund kvenna - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
8	Friðrika Sif Ágústsdóttir	2010	Sundfélagið Óðinn	0.75	411	**20:20.87**	+2:43.71

50m: 35.11		100m: 1:13.70	(38.59)	150m: 1:53.29	(39.59)	200m: 2:33.56	(40.27)
250m: 3:13.96	(40.40)	300m: 3:54.88	(40.92)	350m: 4:35.90	(41.02)	400m: 5:17.36	(41.46)
450m: 5:58.50	(41.14)	500m: 6:40.38	(41.88)	550m: 7:21.42	(41.04)	600m: 8:02.07	(40.65)
650m: 8:43.26	(41.19)	700m: 9:24.53	(41.27)	750m: 10:04.99	(40.46)	800m: 10:45.60	(40.61)
850m: 11:26.62	(41.02)	900m: 12:07.81	(41.19)	950m: 12:48.57	(40.76)	1000m: 13:29.92	(41.35)
1050m: 14:11.52	(41.60)	1100m: 14:52.69	(41.17)	1150m: 15:33.62	(40.93)	1200m: 16:15.38	(41.76)
1250m: 16:56.20	(40.82)	1300m: 17:37.25	(41.05)	1350m: 18:18.76	(41.51)	1400m: 18:59.55	(40.79)
1450m: 19:40.94	(41.39)	1500m: 20:20.87	(39.93)				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
9	Lena Przybylska	2011	Íþróttabandalag Reykjanesbæjar	0.78	371	**21:03.39**	+3:26.23

50m: 36.14		100m: 1:16.46	(40.32)	150m: 1:57.12	(40.66)	200m: 2:37.98	(40.86)
250m: 3:19.00	(41.02)	300m: 4:01.05	(42.05)	350m: 4:43.41	(42.36)	400m: 5:26.21	(42.80)
450m: 6:08.91	(42.70)	500m: 6:50.78	(41.87)	550m: 7:33.25	(42.47)	600m: 8:16.21	(42.96)
650m: 8:58.71	(42.50)	700m: 9:41.43	(42.72)	750m: 10:24.19	(42.76)	800m: 11:07.68	(43.49)
850m: 11:49.91	(42.23)	900m: 12:32.67	(42.76)	950m: 13:15.63	(42.96)	1000m: 13:58.05	(42.42)
1050m: 14:41.71	(43.66)	1100m: 15:24.12	(42.41)	1150m: 16:06.82	(42.70)	1200m: 16:50.08	(43.26)
1250m: 17:32.55	(42.47)	1300m: 18:15.37	(42.82)	1350m: 18:57.76	(42.39)	1400m: 19:39.48	(41.72)
1450m: 20:21.28	(41.80)	1500m: 21:03.39	(42.11)				

Event official at: 11/15/2026 5:05:16 PM

Event 34, 200m baksund kvenna - undanrásir

Sponsor: Wise

ISL	2:03.53	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Netanya (ISR)	12/4/2015
UM	2:06.59	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/22/2013
AM	2:12.38	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/14/2010
NM	2:13.70					
NM-ung	2:16.77					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	Ylfa Lind Kristmannsdóttir	2008	Reykjavík	0.65	607	**2:18.52**		Q

50m: 32.51		100m: 1:07.06	(34.55)	150m: 1:42.24	(35.18)	200m: 2:18.52	(36.28)

2	Auguste Balciunaite	2011	Sundfélag Hafnarfjarðar	0.70	551	**2:23.09**	+4.57	Q
	50m: 33.31	100m: 1:09.51	(36.20)	150m: 1:46.51	(37.00)	200m: 2:23.09	(36.58)	
3	Bjarndís Olga Hansen	2010	Reykjavík	0.64	484	**2:29.42**	+10.90	Q
	50m: 34.79	100m: 1:12.26	(37.47)	150m: 1:50.61	(38.35)	200m: 2:29.42	(38.81)	
4	Ema Austa Pratusyté	2010	Sundfélag Hafnarfjarðar	0.65	476	**2:30.26**	+11.74	Q
	50m: 35.31	100m: 1:13.26	(37.95)	150m: 1:52.58	(39.32)	200m: 2:30.26	(37.68)	
5	Dagmar Arna Sigurðardóttir	2009	Sundfélag Hafnarfjarðar	0.62	463	**2:31.62**	+13.10	Q
	50m: 35.08	100m: 1:13.47	(38.39)	150m: 1:52.58	(39.11)	200m: 2:31.62	(39.04)	
6	Rannveig Perla Pétursdóttir	2010	Reykjavík	0.68	443	**2:33.88**	+15.36	Q
	50m: 35.73	100m: 1:14.67	(38.94)	150m: 1:54.58	(39.91)	200m: 2:33.88	(39.30)	
7	Eva Goda Pratusyté	2012	Sundfélag Hafnarfjarðar	0.63	442	**2:33.95**	+15.43	Q
	50m: 35.85	100m: 1:15.36	(39.51)	150m: 1:55.65	(40.29)	200m: 2:33.95	(38.30)	
8	Elsa Diljá Lunddal Rúnarsdóttir	2010	Sundfélag Hafnarfjarðar	0.58	414	**2:37.38**	+18.86	Q
	50m: 36.39	100m: 1:15.74	(39.35)	150m: 1:56.58	(40.84)	200m: 2:37.38	(40.80)	
9	Jovana Malbasa	2013	Sundfélag Hafnarfjarðar	0.68	399	**2:39.32**	+20.80	R1
	50m: 37.16	100m: 1:17.80	(40.64)	150m: 1:59.23	(41.43)	200m: 2:39.32	(40.09)	
10	Freyja Dís Dagmarardóttir	2013	Reykjavík	0.67	396	**2:39.73**	+21.21	R2
	50m: 37.74	100m: 1:18.80	(41.06)	150m: 1:59.72	(40.92)	200m: 2:39.73	(40.01)	
11	Þeódís Styrmisdóttir	2011	Sunddeild Breiðabliks	0.61	385	**2:41.22**	+22.70	
	50m: 37.51	100m: 1:18.40	(40.89)	150m: 2:00.81	(42.41)	200m: 2:41.22	(40.41)	
12	Ágústa Elly Kristinsdóttir	2011	Reykjavík	0.67	374	**2:42.75**	+24.23	
	50m: 37.68	100m: 1:18.59	(40.91)	150m: 2:01.49	(42.90)	200m: 2:42.75	(41.26)	
13	Sara Steinunn Elvarsdóttir	2011	Íþróttabandalag Reykjanesbæjar	0.66	363	**2:44.45**	+25.93	
	50m: 37.77	100m: 1:19.45	(41.68)	150m: 2:02.35	(42.90)	200m: 2:44.45	(42.10)	
14	Hrafney Eiríksdóttir	2014	Sundfélagið Óðinn	0.71	362	**2:44.59**	+26.07	
	50m: 38.15	100m: 1:20.27	(42.12)	150m: 2:03.96	(43.69)	200m: 2:44.59	(40.63)	
15	Elsa Karen Káradóttir	2014	Sunddeild Breiðabliks	0.78	351	**2:46.29**	+27.77	
	50m: 38.42	100m: 1:21.65	(43.23)	150m: 2:05.45	(43.80)	200m: 2:46.29	(40.84)	

Results

Event 34, 200m baksund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
16	**Lovísa Austfjörð Stefánsdóttir**	2012	Sundfélagið Óðinn	0.62	348	**2:46.65**	+28.13
	50m: 37.21	100m: 1:20.72 (43.51)	150m: 2:04.37 (43.65)	200m: 2:46.65 (42.28)			
17	**Freyja Mjöll Einarsdóttir**	2013	Sunddeild Breiðabliks	0.67	341	**2:47.79**	+29.27
	50m: 39.07	100m: 1:21.00 (41.93)	150m: 2:05.15 (44.15)	200m: 2:47.79 (42.64)			
18	**Bríet Laufey Ingimarsdóttir**	2011	Sundfélagið Óðinn	0.56	337	**2:48.44**	+29.92
	50m: 39.12	100m: 1:22.63 (43.51)	150m: 2:06.60 (43.97)	200m: 2:48.44 (41.84)			
19	**Lena Przybylska**	2011	Íþróttabandalag Reykjanesbæjar	0.72	333	**2:49.20**	+30.68
	50m: 37.36	100m: 1:19.73 (42.37)	150m: 2:04.77 (45.04)	200m: 2:49.20 (44.43)			
20	**Bríana Ósk Alvarsdóttir**	2012	Sundfélag Hafnarfjarðar	0.67	314	**2:52.54**	+34.02
	50m: 39.99	100m: 1:24.20 (44.21)	150m: 2:08.38 (44.18)	200m: 2:52.54 (44.16)			
21	**Sóley Katrín Simonsdóttir Knight**	2012	Reykjavík	0.71	303	**2:54.53**	+36.01
	50m: 40.57	100m: 1:24.65 (44.08)	150m: 2:10.08 (45.43)	200m: 2:54.53 (44.45)			
-	**Sofia Cogalniceanu**	2012	Reykjavík			**DNS**	

Event official at: 11/15/2026 9:34:51 AM

Event 34, 200m baksund kvenna - úrslit

Sponsor: Wise

ISL	2:03.53	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Netanya (ISR)	12/4/2015
UM	2:06.59	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/22/2013
AM	2:12.38	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	11/14/2010
NM	2:13.70					
NM-ung	2:16.77					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.60	633	**2:16.62**	
	50m: 32.29	100m: 1:06.90 (34.61)	150m: 1:41.94 (35.04)	200m: 2:16.62 (34.68)			
2	**Auguste Balciunaite**	2011	Sundfélag Hafnarfjarðar	0.69	566	**2:21.80**	+5.18
	50m: 32.96	100m: 1:08.76 (35.80)	150m: 1:45.60 (36.84)	200m: 2:21.80 (36.20)			
3	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.67	501	**2:27.69**	+11.07
	50m: 34.63	100m: 1:11.74 (37.11)	150m: 1:50.12 (38.38)	200m: 2:27.69 (37.57)			
4	**Bjarndís Olga Hansen**	2010	Reykjavík	0.63	484	**2:29.34**	+12.72
	50m: 34.73	100m: 1:11.97 (37.24)	150m: 1:50.62 (38.65)	200m: 2:29.34 (38.72)			
5	**Dagmar Arna Sigurðardóttir**	2009	Sundfélag Hafnarfjarðar	0.60	475	**2:30.30**	+13.68
	50m: 34.50	100m: 1:12.13 (37.63)	150m: 1:52.12 (39.99)	200m: 2:30.30 (38.18)			
6	**Eva Goda Pratusyté**	2012	Sundfélag Hafnarfjarðar	0.61	467	**2:31.20**	+14.58
	50m: 35.38	100m: 1:14.23 (38.85)	150m: 1:53.57 (39.34)	200m: 2:31.20 (37.63)			
7	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.73	444	**2:33.77**	+17.15
	50m: 35.71	100m: 1:14.93 (39.22)	150m: 1:55.00 (40.07)	200m: 2:33.77 (38.77)			
8	**Elsa Diljá Lunddal Rúnarsdóttir**	2010	Sundfélag Hafnarfjarðar	0.59	425	**2:35.95**	+19.33
	50m: 35.55	100m: 1:14.46 (38.91)	150m: 1:55.09 (40.63)	200m: 2:35.95 (40.86)			

Event official at: 11/15/2026 5:13:43 PM

Event 35, 200m skriðsund karla - undanrásir

Sponsor: Wise

ISL	1:46.72	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Vestmannaeyjar (ISL)	3/16/2001
UM	1:47.17	Orn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Lisbon (POR)	12/9/1999
AM	1:53.29	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/12/2023
NM	1:50.52					
NM-ung	1:53.01					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.55	721	**1:49.97**		Q	NM
	50m: 25.76	100m: 53.50 (27.74)	150m: 1:21.69 (28.19)	200m: 1:49.97 (28.28)					
2	**Veigar Hrafn Sigþórsson**	2005	Sundfélag Hafnarfjarðar	0.62	623	**1:55.43**	+5.46	Q	
	50m: 26.12	100m: 54.85 (28.73)	150m: 1:24.82 (29.97)	200m: 1:55.43 (30.61)					

Results

Event 35, 200m skriðsund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
3	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.56	599	**1:56.93**	+6.96	Q
	50m: 26.69	100m: 56.23 (29.54)	150m: 1:26.67 (30.44)	200m: 1:56.93 (30.26)				
4	**Árni Þór Pálmason**	2009	Íþróttabandalag Reykjanesbæjar	0.66	590	**1:57.53**	+7.56	-
	50m: 27.06	100m: 57.20 (30.14)	150m: 1:27.70 (30.50)	200m: 1:57.53 (29.83)				
5	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.62	533	**2:01.55**	+11.58	Q
	50m: 27.53	100m: 58.08 (30.55)	150m: 1:29.91 (31.83)	200m: 2:01.55 (31.64)				
6	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.65	525	**2:02.23**	+12.26	Q
	50m: 28.83	100m: 59.60 (30.77)	150m: 1:31.67 (32.07)	200m: 2:02.23 (30.56)				
7	**Viktor Bergmann Arnarsson**	2010	Íþróttabandalag Reykjanesbæjar	0.66	510	**2:03.40**	+13.43	-
	50m: 28.49	100m: 1:00.34 (31.85)	150m: 1:32.14 (31.80)	200m: 2:03.40 (31.26)				
8	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.71	481	**2:05.85**	+15.88	Q
	50m: 28.13	100m: 59.62 (31.49)	150m: 1:32.40 (32.78)	200m: 2:05.85 (33.45)				
9	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.67	477	**2:06.20**	+16.23	Q
	50m: 28.79	100m: 1:00.66 (31.87)	150m: 1:33.51 (32.85)	200m: 2:06.20 (32.69)				
10	**Andrej Tepavcevic**	2012	Sundfélag Hafnarfjarðar	0.56	448	**2:08.87**	+18.90	-
	50m: 29.57	100m: 1:02.40 (32.83)	150m: 1:36.19 (33.79)	200m: 2:08.87 (32.68)				
11	**Nói Nikolai Davíðsson**	2013	Sunddeild UMF Afturelding	0.79	431	**2:10.45**	+20.48	-
	50m: 29.63	100m: 1:02.63 (33.00)	150m: 1:36.85 (34.22)	200m: 2:10.45 (33.60)				
12	**Ingimar Hang Ingimarsson**	2012	Sundfélag Hafnarfjarðar	0.57	410	**2:12.68**	+22.71	Q
	50m: 31.23	100m: 1:06.24 (35.01)	150m: 1:40.47 (34.23)	200m: 2:12.68 (32.21)				
13	**Aaron Sebastian Jóhannsson**	2012	Sundfélag Hafnarfjarðar	0.48	400	**2:13.82**	+23.85	R1
	50m: 30.11	100m: 1:04.45 (34.34)	150m: 1:39.94 (35.49)	200m: 2:13.82 (33.88)				

Event official at: 11/15/2026 9:45:26 AM

Event 35, 200m skriðsund karla - úrslit

Sponsor: Wise

ISL	1:46.72	Örn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Vestmannaeyjar (ISL) 3/16/2001
UM	1:47.17	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Lisbon (POR) 12/9/1999
AM	1:53.29	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL) 11/12/2023
NM	1:50.52			
NM-ung	1:53.01			

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Magnús Víðir Jónsson**	2008	Sundfélag Hafnarfjarðar	0.53	718	**1:50.11**		NM
	50m: 25.54	100m: 53.20 (27.66)	150m: 1:21.76 (28.56)	200m: 1:50.11 (28.35)				
2	**Veigar Hrafn Sigþórsson**	2005	Sundfélag Hafnarfjarðar	0.63	693	**1:51.40**	+1.29	
	50m: 25.67	100m: 53.66 (27.99)	150m: 1:22.38 (28.72)	200m: 1:51.40 (29.02)				
3	**Birgir Hrafn Kjartansson**	2008	Reykjavík	0.66	606	**1:56.49**	+6.38	
	50m: 26.82	100m: 56.01 (29.19)	150m: 1:26.28 (30.27)	200m: 1:56.49 (30.21)				
4	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.67	568	**1:59.04**	+8.93	
	50m: 26.94	100m: 56.47 (29.53)	150m: 1:27.29 (30.82)	200m: 1:59.04 (31.75)				
5	**Vanja Djurovic**	2009	Sundfélag Hafnarfjarðar	0.65	535	**2:01.45**	+11.34	
	50m: 28.09	100m: 58.46 (30.37)	150m: 1:29.69 (31.23)	200m: 2:01.45 (31.76)				
6	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.69	481	**2:05.82**	+15.71	
	50m: 27.46	100m: 59.27 (31.81)	150m: 1:32.19 (32.92)	200m: 2:05.82 (33.63)				
7	**Alexander Reid McCormick**	2010	Sundfélagið Óðinn	0.68	472	**2:06.61**	+16.50	
	50m: 28.40	100m: 1:00.37 (31.97)	150m: 1:33.16 (32.79)	200m: 2:06.61 (33.45)				
8	**Ingimar Hang Ingimarsson**	2012	Sundfélag Hafnarfjarðar	0.58	410	**2:12.67**	+22.56	
	50m: 30.80	100m: 1:04.03 (33.23)	150m: 1:38.32 (34.29)	200m: 2:12.67 (34.35)				

Event official at: 11/15/2026 5:20:25 PM

Event 36, 100m flugsund kvenna - undanrásir

Sponsor: Wise

ISL	59.95	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Windsor (CAN)	12/10/2016
UM	1:00.25	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Szczecin (POL)	12/10/2011

Results

Event 36, 100m flugsund kvenna - undanrásir

AM	1:03.14	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/12/2023
ISL S14	1:19.34	Þórey Ísafold Magnúsdó		Sunddeild Ármanns (ISL)		12/16/2023
NM	1:01.13					
NM-ung	1:02.54					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.67	608	**1:02.19**		Q
	50m: 28.65	100m: 1:02.19 (33.54)						
2	**Nadja Djurovic**	2007	Sundfélag Hafnarfjarðar	0.53	560	**1:03.94**	+1.75	Q
	50m: 29.21	100m: 1:03.94 (34.73)						
3	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks		455	**1:08.51**	+6.32	Q
	50m: 31.83	100m: 1:08.51 (36.68)						
4	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.56	442	**1:09.19**	+7.00	Q
	50m: 32.52	100m: 1:09.19 (36.67)						
5	**Adríana Agnes Derti**	2010	Íþróttabandalag Reykjanesbæjar	0.69	411	**1:10.89**	+8.70	-
	50m: 32.87	100m: 1:10.89 (38.02)						
6	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.76	379	**1:12.78**	+10.59	Q
	50m: 33.24	100m: 1:12.78 (39.54)						
7	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.63	374	**1:13.14**	+10.95	Q
	50m: 33.49	100m: 1:13.14 (39.65)						
8	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.69	371	**1:13.35**	+11.16	Q
	50m: 33.97	100m: 1:13.35 (39.38)						
9	**Kornelia Nadia Maniak**	2010	Íþróttabandalag Reykjanesbæjar	0.76	367	**1:13.59**	+11.40	-
	50m: 33.08	100m: 1:13.59 (40.51)						
10	**Viktoria Vasile**	2011	Reykjavík	0.71	343	**1:15.23**	+13.04	Q
	50m: 34.49	100m: 1:15.23 (40.74)						
11	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.71	337	**1:15.72**	+13.53	R1
	50m: 33.80	100m: 1:15.72 (41.92)						
12	**Karen Sif Helgadóttir**	2010	Reykjavík	0.80	326	**1:16.57**	+14.38	R2
	50m: 35.12	100m: 1:16.57 (41.45)						
13	**Emelía Ýr Gunnarsdóttir**	S14 2005	Íþróttafélagið Fjörður	0.67	430	**1:27.14**	+24.95	
	50m: 40.23	100m: 1:27.14 (46.91)						
-	**Sofia Cogalniceanu**	2012	Reykjavík			**DNS**		

Event official at: 11/15/2026 9:55:05 AM

Event 36, 100m flugsund kvenna - úrslit

Sponsor: Wise

ISL	59.95	Bryndís Hansen	1993	Sundfélagið Óðinn (ISL)	Windsor (CAN)	12/10/2016
UM	1:00.25	Bryndís Hansen	1993	Sundfélagið Óðinn (ISL)	Szczecin (POL)	12/10/2011
AM	1:03.14	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/12/2023
ISL S14	1:19.34	Þórey Ísafold Magnúsdó		Sunddeild Ármanns (ISL)		12/16/2023
NM	1:01.13					
NM-ung	1:02.54					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Jóhanna Elín Guðmundsdóttir**	2001	Sundfélag Hafnarfjarðar	0.65	658	**1:00.59**		NM
	50m: 27.99	100m: 1:00.59 (32.60)						
2	**Nadja Djurovic**	2007	Sundfélag Hafnarfjarðar	0.66	620	**1:01.81**	+1.22	
	50m: 28.32	100m: 1:01.81 (33.49)						
3	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.63	493	**1:06.70**	+6.11	
	50m: 30.74	100m: 1:06.70 (35.96)						
4	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.63	480	**1:07.30**	+6.71	
	50m: 31.13	100m: 1:07.30 (36.17)						
5	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.72	460	**1:08.27**	+7.68	
	50m: 31.38	100m: 1:08.27 (36.89)						
6	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.79	389	**1:12.15**	+11.56	
	50m: 33.03	100m: 1:12.15 (39.12)						

Results

Event 36, 100m flugsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
7	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.64	376	**1:13.02**	+12.43
	50m: 33.56	100m: 1:13.02	(39.46)				
8	**Viktoria Vasile**	2011	Reykjavík	0.74	344	**1:15.18**	+14.59
	50m: 34.91	100m: 1:15.18	(40.27)				

Event official at: 11/15/2026 5:25:54 PM

Event 37, 50m flugsund karla - undanrásir

Sponsor: Wise

ISL	23.55	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Helsinki (FIN)	12/10/2006
UM	23.84	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024
AM	24.68	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/14/2021
WR S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
ER S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
ISL S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
NM	23.96					
NM-ung	23.96					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Símon Elías Statkevicius**	2003	Sundfélag Hafnarfjarðar	0.63	672	**24.33**		Q
2	**Birnir Freyr Hálfdánarsson**	2006	Sundfélag Hafnarfjarðar	0.60	634	**24.81**	+0.48	Q
3	**Oliver Kaldal**	2007	Reykjavík	0.56	513	**26.62**	+2.29	Q
4	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.67	509	**26.70**	+2.37	Q
5	**Jón Ingvar Eyþórsson**	2010	Sunddeild Breiðabliks	0.68	482	**27.18**	+2.85	Q
6	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.63	479	**27.23**	+2.90	Q
7	**Snævar Örn Kristmannsson** S19	2006	Sunddeild Breiðabliks	0.71	508	**27.25**	+2.92	Q
8	**Viljar Fannarsson**	2010	Reykjavík	0.51	470	**27.42**	+3.09	Q
9	**Styrmir Snær Árnason**	2010	Sundfélag Hafnarfjarðar	0.69	405	**28.80**	+4.47	R1
10	**Björn Yngvi Guðmundsson**	2007	Sundfélag Hafnarfjarðar	0.61	402	**28.88**	+4.55	-
11	**Ívan Elí Ólafsson**	2010	Sundfélagið Óðinn	0.61	398	**28.98**	+4.65	R2
=12	**Guðlaugur Santiago Guðlaugsson**	2013	Sunddeild Breiðabliks	0.74	392	**29.13**	+4.80	
=12	**Valentín Kristmundsson Genov**	2010	Reykjavík	0.61	392	**29.13**	+4.80	
14	**Jóhannes Gabríel Friðjónsson**	2011	Reykjavík	0.74	365	**29.82**	+5.49	
15	**Búi Heinrich Mímir Þorsteinsson**	2010	Reykjavík	0.65	351	**30.22**	+5.89	
16	**Daníel Rafn Atlason**	2010	Sundfélag Hafnarfjarðar	0.62	313	**31.37**	+7.04	
-	**Benjamín Pétursson**	2012	Sunddeild UMF Aftureldingar	0.59		**DSQ**		
	4.4 Keppandi hefur ræsingu áður en rásmerki er gefið (þjófstart).							
-	**Aron Bjarki Pétursson**	2001	Sundfélag Hafnarfjarðar			**DNS**		

Event official at: 11/15/2026 10:05:22 AM

Event 37, 50m flugsund karla - úrslit

Sponsor: Wise

ISL	23.55	Örn Arnarson	1981	Sundfélag Hafnarfjarðar (I	Helsinki (FIN)	12/10/2006
UM	23.84	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024
AM	24.68	Birnir Freyr Hálfdánarss	2006	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	11/14/2021
WR S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
ER S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
ISL S19	26.69	Snævar Örn Kristmanns		Sunddeild Breiðabliks (ISL	Laugardalslaug (ISL)	11/9/2025
NM	23.96					
NM-ung	23.96					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 37, 50m flugsund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Símon Elías Statkevicius**	2003	Sundfélag Hafnarfjarðar	0.62	681	**24.23**	
2	**Birnir Freyr Hálfdánarsson**	2006	Sundfélag Hafnarfjarðar	0.60	668	**24.38**	+0.15
3	**Oliver Kaldal**	2007	Reykjavík	0.65	522	**26.47**	+2.24
4	**Jón Ingi Einarsson**	2011	Sundfélagið Óðinn	0.72	485	**27.13**	+2.90
5	**Jón Ingvar Eyþórsson**	2010	Sunddeild Breiðabliks	0.70	478	**27.26**	+3.03
6	**Viljar Fannarsson**	2010	Reykjavík	0.62	461	**27.59**	+3.36
7	**Kajus Jatautas**	2010	Sundfélag Hafnarfjarðar	0.64	456	**27.68**	+3.45
8	**Snævar Örn Kristmannsson** S19	2006	Sunddeild Breiðabliks	0.68	482	**27.74**	+3.51

Event official at: 11/15/2026 5:31:28 PM

Event 38, 50m bringusund kvenna - undanrásir

Sponsor: Wise

ISL	30.03	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Copenhagen (DEN)	12/13/2017
UM	31.49	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Istanbul (TUR)	12/10/2009
AM	33.37	Auguste Balciunaite	2011	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024
NM	32.17					
NM-ung	32.17					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Birgitta Ingólfsdóttir**	2005	Sundfélag Hafnarfjarðar	0.70	653	**32.70**		Q
2	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.70	604	**33.55**	+0.85	Q
3	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.56	528	**35.09**	+2.39	Q
4	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.72	526	**35.14**	+2.44	Q
5	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.84	484	**36.12**	+3.42	Q
6	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.88	480	**36.23**	+3.53	Q
7	**Ásdís Gunnarsdóttir**	2008	Íþróttabandalag Reykjanesbæjar	0.72	464	**36.63**	+3.93	Q
8	**Herdís Daðadóttir**	2012	Reykjavík	0.78	461	**36.70**	+4.00	Q
9	**Viktoría Rós Guseva**	2012	Sundfélagið Óðinn	0.78	448	**37.07**	+4.37	R1
10	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn		442	**37.22**	+4.52	R2
11	**Embla Dögg Helgadóttir**	2008	Reykjavík	0.74	438	**37.34**	+4.64	
12	**Brynja Dís Bjarkardóttir**	2014	Reykjavík	0.62	431	**37.54**	+4.84	
13	**Natalía Fanney Sigurðardóttir**	2010	Íþróttabandalag Reykjanesbæjar	0.59	424	**37.74**	+5.04	
14	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.71	421	**37.85**	+5.15	
15	**Bríet Laufey Ingimarsdóttir**	2011	Sundfélagið Óðinn	0.68	412	**38.12**	+5.42	
16	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.71	408	**38.24**	+5.54	
17	**Ljósbrá Líf Sigurðardóttir**	2010	Íþróttabandalag Reykjanesbæjar	0.75	406	**38.30**	+5.60	
18	**Ema Austa Pratusyté**	2010	Sundfélag Hafnarfjarðar	0.53	402	**38.44**	+5.74	
19	**Stefanía Rún Hjartardóttir**	2009	Sunddeild UMF Bolungarvíkur	0.75	380	**39.14**	+6.44	
20	**Kamilla Ýr Ísaksdóttir Guðmann**	2011	Sunddeild Breiðabliks	0.74	363	**39.77**	+7.07	
21	**Eyvör Ása Hólm**	2011	Reykjavík	0.75	317	**41.57**	+8.87	
22	**Thelma Björg Björnsdóttir** SB5	1996	Reykjavík		484	**55.43**	+22.73	

Event official at: 11/15/2026 10:14:15 AM

Event 38, 50m bringusund kvenna - úrslit

Sponsor: Wise

ISL	30.03	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Copenhagen (DEN)	12/13/2017
UM	31.49	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Istanbul (TUR)	12/10/2009
AM	33.37	Auguste Balciunaite	2011	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024

Results

Event 38, 50m bringusund kvenna - úrslit

NM	32.17
NM-ung	32.17

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Birgitta Ingólfsdóttir**	2005	Sundfélag Hafnarfjarðar	0.69	662	**32.55**	
2	**Margrét Anna Lapas**	2009	Íþróttabandalag Reykjanesbæjar	0.66	643	**32.86**	+0.31
3	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.70	548	**34.65**	+2.10
4	**Ásta Þórey Einarsdóttir**	2013	Sundfélag Hafnarfjarðar	0.69	535	**34.93**	+2.38
5	**Matthildur María Ríkarðsdóttir**	2009	Sundfélag Hafnarfjarðar	0.72	505	**35.62**	+3.07
6	**Ásdís Gunnarsdóttir**	2008	Íþróttabandalag Reykjanesbæjar	0.72	484	**36.11**	+3.56
7	**Herdís Daðadóttir**	2012	Reykjavík	0.77	465	**36.61**	+4.06
8	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.82	458	**36.80**	+4.25

Event official at: 11/15/2026 5:37:07 PM

Event 39, 200m bringusund karla - undanrásir

Sponsor: Wise

ISL	2:01.65	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Budapest (HUN)	11/1/2020
UM	2:12.15	Einar Margeir Ágústsson	2005	Sundfelag Akraness (ISL)	Otopeni (ROU)	12/8/2023
AM	2:21.15	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/20/2019
NM	2:14.82					
NM-ung	2:17.86					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.60	611	**2:20.79**		Q
	50m: 30.58	100m: 1:06.47 (35.89)	150m: 1:43.54 (37.07)	200m: 2:20.79 (37.25)				
2	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.60	539	**2:26.86**	+6.07	Q
	50m: 33.42	100m: 1:11.42 (38.00)	150m: 1:50.22 (38.80)	200m: 2:26.86 (36.64)				
3	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.56	537	**2:26.98**	+6.19	Q
	50m: 33.16	100m: 1:10.99 (37.83)	150m: 1:49.92 (38.93)	200m: 2:26.98 (37.06)				
4	**Nikolai Leo Jónsson**	2008	Íþróttabandalag Reykjanesbæjar	0.61	535	**2:27.22**	+6.43	-
	50m: 32.62	100m: 1:10.42 (37.80)	150m: 1:48.59 (38.17)	200m: 2:27.22 (38.63)				
5	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.67	467	**2:33.98**	+13.19	Q
	50m: 33.68	100m: 1:12.23 (38.55)	150m: 1:51.88 (39.65)	200m: 2:33.98 (42.10)				
6	**Björn Elvar Austfjörð**	2011	Sundfélagið Óðinn	0.67	428	**2:38.51**	+17.72	Q
	50m: 34.75	100m: 1:14.30 (39.55)	150m: 1:56.00 (41.70)	200m: 2:38.51 (42.51)				
7	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.70	415	**2:40.13**	+19.34	Q
	50m: 35.68	100m: 1:16.42 (40.74)	150m: 1:57.89 (41.47)	200m: 2:40.13 (42.24)				
8	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.63	393	**2:43.15**	+22.36	Q
	50m: 37.83	100m: 1:20.24 (42.41)	150m: 2:02.43 (42.19)	200m: 2:43.15 (40.72)				
9	**Cecil Bjartur Cameron**	2012	Reykjavík	0.65	345	**2:50.32**	+29.53	Q
	50m: 37.70	100m: 1:21.47 (43.77)	150m: 2:06.81 (45.34)	200m: 2:50.32 (43.51)				

Event official at: 11/15/2026 10:26:29 AM

Event 39, 200m bringusund karla - úrslit

Sponsor: Wise

ISL	2:01.65	Anton Sveinn McKee	1993	Sundfélag Hafnarfjarðar (I	Budapest (HUN)	11/1/2020
UM	2:12.15	Einar Margeir Ágústsson	2005	Sundfelag Akraness (ISL)	Otopeni (ROU)	12/8/2023
AM	2:21.15	Dadi Björnsson	2004	Sundfélag Hafnarfjarðar (I	Hafnarfjörður (ISL)	10/20/2019
NM	2:14.82					
NM-ung	2:17.86					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Snorri Dagur Einarsson**	2005	Sundfélag Hafnarfjarðar	0.63	672	**2:16.45**	
	50m: 30.90	100m: 1:05.26 (34.36)	150m: 1:40.78 (35.52)	200m: 2:16.45 (35.67)			
2	**Karl Björnsson**	2008	Sundfélag Hafnarfjarðar	0.64	625	**2:19.72**	+3.27
	50m: 30.67	100m: 1:06.04 (35.37)	150m: 1:42.47 (36.43)	200m: 2:19.72 (37.25)			

Results

Event 39, 200m bringusund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
3	**Adam Leó Tómasson**	2007	Sundfélag Hafnarfjarðar	0.57	605	**2:21.24**	+4.79
	50m: 32.32	100m: 1:08.18 (35.86)	150m: 1:44.89 (36.71)	200m: 2:21.24 (36.35)			
4	**Benedikt Már Þorvaldsson**	2010	Sundfélagið Óðinn	0.69	451	**2:35.76**	+19.31
	50m: 34.80	100m: 1:14.33 (39.53)	150m: 1:55.35 (41.02)	200m: 2:35.76 (40.41)			
5	**Björn Elvar Austfjörð**	2011	Sundfélagið Óðinn	0.68	439	**2:37.25**	+20.80
	50m: 35.17	100m: 1:15.13 (39.96)	150m: 1:56.15 (41.02)	200m: 2:37.25 (41.10)			
6	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.61	400	**2:42.12**	+25.67
	50m: 37.52	100m: 1:19.23 (41.71)	150m: 2:01.33 (42.10)	200m: 2:42.12 (40.79)			
7	**Magni Rafn Ragnarsson**	2010	Sundfélagið Óðinn	0.75	395	**2:42.82**	+26.37
	50m: 36.59	100m: 1:18.12 (41.53)	150m: 2:00.84 (42.72)	200m: 2:42.82 (41.98)			
8	**Cecil Bjartur Cameron**	2012	Reykjavík	0.75	390	**2:43.50**	+27.05
	50m: 37.21	100m: 1:18.89 (41.68)	150m: 2:02.01 (43.12)	200m: 2:43.50 (41.49)			

Event official at: 11/15/2026 5:43:48 PM

Event 40, 100m skriðsund kvenna - undanrásir

Sponsor: **Wise**

ISL	52.68	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Budapest (HUN)	12/11/2024
UM	54.43	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024
AM	56.09	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/12/2023
ISL S6	1:23.71	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		8/12/2018
ISL S14	1:05.94	Kolbrún Alda Stefánsdót		(ISL)		12/15/2012
ISL S18	1:21.53	Kristín Þorsteinsdóttir		(ISL)		11/9/2015
ISL S19	1:11.00					
NM	56.47					
NM-ung	57.76					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff		
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.54	649	**57.66**		Q	NM-ung
	50m: 27.52	100m: 57.66 (30.14)							
2	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.64	575	**1:00.03**	+2.37	Q	
	50m: 28.52	100m: 1:00.03 (31.51)							
3	**Natalía Eir Curtis**	2010	Reykjavík	0.75	573	**1:00.09**	+2.43	Q	
	50m: 29.08	100m: 1:00.09 (31.01)							
4	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.68	573	**1:00.11**	+2.45	Q	
	50m: 28.82	100m: 1:00.11 (31.29)							
5	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.76	525	**1:01.87**	+4.21	Q	
	50m: 29.74	100m: 1:01.87 (32.13)							
6	**Rannveig Perla Pétursdóttir**	2010	Reykjavík	0.72	514	**1:02.32**	+4.66	-	
	50m: 30.57	100m: 1:02.32 (31.75)							
7	**Gabriela Róza Bondarow**	2010	Reykjavík	0.64	514	**1:02.33**	+4.67	Q	
	50m: 29.90	100m: 1:02.33 (32.43)							
8	**Thelma Ösp Sveinbjörnsdóttir**	2010	Sundfélag Hafnarfjarðar	0.65	511	**1:02.43**	+4.77	Q	
	50m: 29.49	100m: 1:02.43 (32.94)							
9	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.71	493	**1:03.19**	+5.53	Q	
	50m: 30.48	100m: 1:03.19 (32.71)							
10	**Sóley Helga Sigfríðardóttir**	2012	Reykjavík	0.73	492	**1:03.24**	+5.58	R1	
	50m: 30.40	100m: 1:03.24 (32.84)							
11	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.74	482	**1:03.64**	+5.98	-	
	50m: 29.89	100m: 1:03.64 (33.75)							
12	**Anna Gloría Káradóttir**	2011	Reykjavík		474	**1:04.02**	+6.36	R2	
	50m: 30.07	100m: 1:04.02 (33.95)							
13	**Bergey Huld Arnarsdóttir**	2011	Sunddeild Breiðabliks	0.70	468	**1:04.28**	+6.62	-	
	50m: 30.80	100m: 1:04.28 (33.48)							
14	**Katrín Lind Rúnarsdóttir**	2011	Sunddeild UMF Bolungarvíkur	0.61	455	**1:04.88**	+7.22		
	50m: 31.12	100m: 1:04.88 (33.76)							

Results

Event 40, 100m skriðsund kvenna - undanrásir

Rank	Name		Born	Team	R.T.	Pts	Time	Diff
15	**Emilía Björt Magnúsdóttir**		2010	Sundfélag Hafnarfjarðar	0.68	454	**1:04.94**	+7.28
	50m: 30.44	100m: 1:04.94 (34.50)						
16	**Elsa Karen Káradóttir**		2014	Sunddeild Breiðabliks	0.82	450	**1:05.13**	+7.47
	50m: 31.53	100m: 1:05.13 (33.60)						
17	**Viktoria Vasile**		2011	Reykjavík	0.68	429	**1:06.17**	+8.51
	50m: 31.58	100m: 1:06.17 (34.59)						
18	**Margrét Brynja Steingrímsdóttir**		2012	Sunddeild UMF Aftureldingar	0.71	429	**1:06.18**	+8.52
	50m: 31.65	100m: 1:06.18 (34.53)						
19	**Sigurborg Sesselía Skúladóttir**		2010	Sunddeild UMF Bolungarvíkur	0.67	417	**1:06.80**	+9.14
	50m: 31.58	100m: 1:06.80 (35.22)						
20	**Alexandra Dís Gunnarsdóttir**		2011	Íþróttabandalag Reykjanesbæjar	0.67	416	**1:06.88**	+9.22
	50m: 31.63	100m: 1:06.88 (35.25)						
21	**Jovana Malbasa**		2013	Sundfélag Hafnarfjarðar	0.69	414	**1:06.99**	+9.33
	50m: 32.13	100m: 1:06.99 (34.86)						
22	**Freyja Dís Dagmarardóttir**		2013	Reykjavík	0.81	412	**1:07.10**	+9.44
	50m: 31.94	100m: 1:07.10 (35.16)						
23	**Herdís Daðadóttir**		2012	Reykjavík	0.77	411	**1:07.15**	+9.49
	50m: 31.87	100m: 1:07.15 (35.28)						
24	**Stefanía Rún Hjartardóttir**		2009	Sunddeild UMF Bolungarvíkur	0.77	379	**1:08.99**	+11.33
	50m: 32.33	100m: 1:08.99 (36.66)						
25	**Soffía Bára Gestsdóttir**		2011	Sunddeild Stjörnunnar	0.76	375	**1:09.19**	+11.53
	50m: 32.58	100m: 1:09.19 (36.61)						
26	**Tinna Salome Róbertsdóttir**		2011	Sunddeild Breiðabliks	0.68	364	**1:09.87**	+12.21
	50m: 33.40	100m: 1:09.87 (36.47)						
27	**Rósa Kristín Kristmannsdóttir**	S14	2009	Íþróttafélagið Fjörður	0.84	531	**1:11.42**	+13.76
	50m: 34.48	100m: 1:11.42 (36.94)						
28	**Agnetha Ýr Guðmundsdóttir**	S19	2012	Sunddeild Breiðabliks	0.69	331	**1:12.64**	+14.98
	50m: 34.02	100m: 1:12.64 (38.62)						
29	**Anna Rósa Þrastardóttir**	S14	2004	Íþróttafélagið Fjörður	0.81	498	**1:12.98**	+15.32
	50m: 33.86	100m: 1:12.98 (39.12)						
30	**Sóley Katrín Simonsdóttir Knight**		2012	Reykjavík	0.71	300	**1:14.53**	+16.87
	50m: 36.05	100m: 1:14.53 (38.48)						
31	**Emelía Ýr Gunnarsdóttir**	S14	2005	Íþróttafélagið Fjörður	0.53	457	**1:15.07**	+17.41
	50m: 35.67	100m: 1:15.07 (39.40)						
32	**Sigrún Kjartansdóttir**	S18	2003	Íþróttafélagið Fjörður	0.75	642	**1:30.05**	+32.39
	50m: 42.77	100m: 1:30.05 (47.28)						
33	**Thelma Björg Björnsdóttir**	S6	1996	Reykjavík		549	**1:33.68**	+36.02
	50m: 45.10	100m: 1:33.68 (48.58)						
-	**Vala Dís Cicero**		2008	Sundfélag Hafnarfjarðar			**SICK**	
-	**Nadja Djurovic**		2007	Sundfélag Hafnarfjarðar			**DNS**	
-	**Ásgerður Einarsdóttir**		2011	Reykjavík			**DNS**	

Event official at: 11/15/2026 10:40:32 AM

Event 40, 100m skriðsund kvenna - úrslit

Sponsor: **Wise**

ISL	52.68	Snæfríður Sól Jórunnard	2000	Iceland (ISL)	Budapest (HUN)	12/11/2024
UM	54.43	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/10/2024
AM	56.09	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/12/2023
ISL S6	1:23.71	Thelma Björg Björnsdótt		Íþróttafélag Fatlaðra Reyk		8/12/2018
ISL S14	1:05.94	Kolbrún Alda Stefánsdót		(ISL)		12/15/2012
ISL S18	1:21.53	Kristín Þorsteinsdóttir		(ISL)		11/9/2015
ISL S19	1:11.00					
NM	56.47					

Results

Event 40, 100m skriðsund kvenna - úrslit

NM-ung 57.76

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Alicja Julia Kempisty**	2010	Sundfélag Hafnarfjarðar	0.74	655	**57.49**		NM-ung
	50m: 28.21	100m: 57.49 (29.28)						
2	**Guðbjörg Helga Hilmarsdóttir**	2011	Sunddeild Breiðabliks	0.71	610	**58.86**	+1.37	
	50m: 28.24	100m: 58.86 (30.62)						
3	**Karen Anna Orlita**	2012	Sundfélag Akraness	0.69	587	**59.60**	+2.11	
	50m: 28.50	100m: 59.60 (31.10)						
4	**Natalía Eir Curtis**	2010	Reykjavík	0.76	550	**1:00.92**	+3.43	
	50m: 29.31	100m: 1:00.92 (31.61)						
5	**Hildur Erla Hákonardóttir**	2010	Sundfélag Hafnarfjarðar	0.78	521	**1:02.04**	+4.55	
	50m: 29.73	100m: 1:02.04 (32.31)						
6	**Gabriela Róza Bondarow**	2010	Reykjavík	0.64	505	**1:02.68**	+5.19	
	50m: 29.62	100m: 1:02.68 (33.06)						
7	**Thelma Ösp Sveinbjörnsdóttir**	2010	Sundfélag Hafnarfjarðar	0.52	492	**1:03.21**	+5.72	
	50m: 29.75	100m: 1:03.21 (33.46)						
8	**Bryndís Rún Guðnadóttir**	2013	Reykjavík	0.69	468	**1:04.28**	+6.79	
	50m: 30.93	100m: 1:04.28 (33.35)						

Event official at: 11/15/2026 5:48:56 PM

Event 41, 100m baksund karla - undanrásir

Sponsor: Wise

ISL	51.74	Örn Arnarson	1981 Íþróttabandalag Reykjane	Dublin (IRL)	12/14/2003
UM	52.69	Guðmundur Leo Rafnss	2006 Íþröttabandalag Reykjane	Budapest (HUN)	12/10/2024
AM	56.82	Kristinn Þórarinsson	1996 Sunddeild Fjölnis (ISL)	Laugardalslaug (ISL)	11/12/2011
ISL S19	1:10.90				
NM	54.27				
NM-ung	55.49				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.56	664	**55.18**		Q
	50m: 28.37	100m: 55.18 (26.81)						
2	**Finlay German**	2009	Reykjavík	0.55	489	**1:01.09**	+5.91	Q
	50m: 29.69	100m: 1:01.09 (31.40)						
3	**Ásberg Halldór Hansson**	2007	Reykjavík	0.64	472	**1:01.85**	+6.67	Q
	50m: 29.65	100m: 1:01.85 (32.20)						
4	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.51	469	**1:01.97**	+6.79	Q
	50m: 29.05	100m: 1:01.97 (32.92)						
5	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.58	444	**1:03.11**	+7.93	Q
	50m: 30.32	100m: 1:03.11 (32.79)						
6	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.66	435	**1:03.52**	+8.34	Q
	50m: 30.83	100m: 1:03.52 (32.69)						
7	**Paul Ingi Cicero**	2010	Sundfélag Hafnarfjarðar	0.65	395	**1:05.59**	+10.41	Q
	50m: 31.34	100m: 1:05.59 (34.25)						
8	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.55	366	**1:07.30**	+12.12	Q
	50m: 32.49	100m: 1:07.30 (34.81)						
9	**Travis Bensow**	2011	Sundfélag Hafnarfjarðar	0.70	352	**1:08.15**	+12.97	R1
	50m: 32.80	100m: 1:08.15 (35.35)						
10	**Ingibjörn Natan Guðmundsson**	2009	Reykjavík	0.78	350	**1:08.30**	+13.12	R2
	50m: 32.34	100m: 1:08.30 (35.96)						
11	**Gabriel Jarnutowski**	2011	Íþróttabandalag Reykjanesbæjar	0.55	331	**1:09.60**	+14.42	
	50m: 34.47	100m: 1:09.60 (35.13)						
12	**Snævar Örn Kristmannsson**	S19 2006	Sunddeild Breiðabliks	0.75	311	**1:11.30**	+16.12	
	50m: 33.97	100m: 1:11.30 (37.33)						

Event official at: 11/15/2026 10:49:29 AM

Event 41, 100m baksund karla - úrslit

Results

Sponsor: Wise

ISL	51.74	Örn Arnarson	1981 Íþróttabandalag Reykjane	Dublin (IRL)	12/14/2003
UM	52.69	Guðmundur Leo Rafnss	2006 Íþröttabandalag Reykjane	Budapest (HUN)	12/10/2024
AM	56.82	Kristinn Þórarinsson	1996 Sunddeild Fjölnis (ISL)	Laugardalslaug (ISL)	11/12/2011
ISL S19	1:10.90				
NM	54.27				
NM-ung	55.49				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Bergur Fáfnir Bjarnason**	2006	Sundfélag Hafnarfjarðar	0.58	714	**53.86**		NM
	50m: 26.08	100m: 53.86 (27.78)						
2	**Finlay German**	2009	Reykjavík	0.54	493	**1:00.93**	+7.07	
	50m: 28.91	100m: 1:00.93 (32.02)						
3	**Mikael Fannar Arnarsson**	2009	Íþróttabandalag Reykjanesbæjar	0.55	486	**1:01.25**	+7.39	
	50m: 29.16	100m: 1:01.25 (32.09)						
4	**Ásberg Halldór Hansson**	2007	Reykjavík	0.78	455	**1:02.59**	+8.73	
	50m: 30.18	100m: 1:02.59 (32.41)						
5	**Þór Eli Gunnarsson**	2011	Sundfélag Hafnarfjarðar	0.57	447	**1:02.98**	+9.12	
	50m: 30.32	100m: 1:02.98 (32.66)						
6	**Bjarki Ragnar Arnarsson**	2012	Sunddeild UMF Aftureldingar	0.68	433	**1:03.61**	+9.75	
	50m: 31.25	100m: 1:03.61 (32.36)						
7	**Paul Ingi Cicero**	2010	Sundfélag Hafnarfjarðar	0.64	397	**1:05.52**	+11.66	
	50m: 31.04	100m: 1:05.52 (34.48)						
8	**Halldór Ingi Ólafsson**	2013	Sundfélag Hafnarfjarðar	0.51	318	**1:10.51**	+16.65	
	50m: 33.77	100m: 1:10.51 (36.74)						

Event official at: 11/15/2026 5:54:51 PM

Event 42, 200m fjórsund kvenna - undanrásir

Sponsor: Wise

ISL	2:11.57	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/13/2015
UM	2:13.41	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/22/2013
AM	2:18.19	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/26/2010
NM	2:17.78				
NM-ung	2:20.94				

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.64	632	**2:21.69**		Q
	50m: 29.93	100m: 1:06.10 (36.17)	150m: 1:47.71 (41.61)	200m: 2:21.69 (33.98)				
2	**Sunna Arnfinnsdóttir**	2007	Reykjavík	0.79	530	**2:30.25**	+8.56	-
	50m: 32.39	100m: 1:09.92 (37.53)	150m: 1:54.66 (44.74)	200m: 2:30.25 (35.59)				
3	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.67	529	**2:30.32**	+8.63	Q
	50m: 32.36	100m: 1:12.69 (40.33)	150m: 1:54.80 (42.11)	200m: 2:30.32 (35.52)				
4	**Þorgerður Freyja Helgadóttir**	2011	Sunddeild Breiðabliks	0.64	497	**2:33.51**	+11.82	-
	50m: 33.01	100m: 1:13.79 (40.78)	150m: 1:59.62 (45.83)	200m: 2:33.51 (33.89)				
5	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.79	492	**2:34.04**	+12.35	Q
	50m: 33.59	100m: 1:14.28 (40.69)	150m: 1:59.30 (45.02)	200m: 2:34.04 (34.74)				
6	**Álfrún Lóa Jónsdóttir**	2010	Reykjavík	0.73	475	**2:35.85**	+14.16	-
	50m: 34.68	100m: 1:16.98 (42.30)	150m: 1:59.28 (42.30)	200m: 2:35.85 (36.57)				
7	**Katrín Ísold Gunnsteinsdóttir**	2010	Reykjavík	0.76	454	**2:38.18**	+16.49	-
	50m: 34.31	100m: 1:15.22 (40.91)	150m: 2:01.40 (46.18)	200m: 2:38.18 (36.78)				
8	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.87	452	**2:38.42**	+16.73	Q
	50m: 36.19	100m: 1:18.34 (42.15)	150m: 2:03.53 (45.19)	200m: 2:38.42 (34.89)				
9	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.78	444	**2:39.33**	+17.64	Q
	50m: 33.31	100m: 1:14.13 (40.82)	150m: 2:02.43 (48.30)	200m: 2:39.33 (36.90)				
10	**Freyja Sigríður Ásgeirsdóttir**	2007	Reykjavík	0.72	440	**2:39.86**	+18.17	-
	50m: 33.86	100m: 1:14.64 (40.78)	150m: 2:02.42 (47.78)	200m: 2:39.86 (37.44)				
11	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.47	436	**2:40.34**	+18.65	Q
	50m: 33.78	100m: 1:14.58 (40.80)	150m: 2:02.37 (47.79)	200m: 2:40.34 (37.97)				

Results

Event 42, 200m fjórsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
12	**Ágústa Elly Kristinsdóttir**	2011	Reykjavík	0.73	432	**2:40.83**	+19.14	Q
	50m: 34.85	100m: 1:18.09 (43.24)	150m: 2:02.82 (44.73)	200m: 2:40.83 (38.01)				
13	**Kristín Ásta Sigtryggsdóttir**	2009	Reykjavík	0.65	415	**2:43.03**	+21.34	-
	50m: 33.46	100m: 1:16.40 (42.94)	150m: 2:04.45 (48.05)	200m: 2:43.03 (38.58)				
14	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.73	408	**2:43.93**	+22.24	Q
	50m: 39.19	100m: 1:21.37 (42.18)	150m: 2:07.52 (46.15)	200m: 2:43.93 (36.41)				
15	**Katrín Birta Birkisdóttir**	2012	Sundfélagið Óðinn	0.72	399	**2:45.19**	+23.50	R1
	50m: 34.95	100m: 1:20.37 (45.42)	150m: 2:06.04 (45.67)	200m: 2:45.19 (39.15)				
16	**Kamilla Ýr Ísaksdóttir Guðmann**	2011	Sunddeild Breiðabliks	0.74	385	**2:47.08**	+25.39	R2
	50m: 37.50	100m: 1:19.80 (42.30)	150m: 2:08.34 (48.54)	200m: 2:47.08 (38.74)				
17	**Austéja Savickaité**	2009	Íþróttabandalag Reykjanesbæjar	0.81	374	**2:48.78**	+27.09	
	50m: 35.83	100m: 1:19.59 (43.76)	150m: 2:09.14 (49.55)	200m: 2:48.78 (39.64)				
18	**Ísabella Jóhannsdóttir**	2010	Sundfélagið Óðinn	0.81	363	**2:50.48**	+28.79	
	50m: 36.52	100m: 1:24.91 (48.39)	150m: 2:11.75 (46.84)	200m: 2:50.48 (38.73)				
19	**Bríet Björk Jóhannsdóttir**	2013	Reykjavík	0.71	284	**3:04.86**	+43.17	
	50m: 39.92	100m: 1:27.77 (47.85)	150m: 2:23.60 (55.83)	200m: 3:04.86 (41.26)				

Event official at: 11/15/2026 11:04:42 AM

Event 42, 200m fjórsund kvenna - úrslit

Sponsor: Wise

ISL	2:11.57	Hrafnhildur Luthersdótti	1991	Sundfélag Hafnarfjarðar (I	Hafnarfjordur (ISL)	11/13/2015
UM	2:13.41	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjordur (ISL)	11/22/2013
AM	2:18.19	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Hafnarfjoerdur (ISL)	6/26/2010
NM	2:17.78					
NM-ung	2:20.94					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	**Ylfa Lind Kristmannsdóttir**	2008	Reykjavík	0.71	662	**2:19.54**	
	50m: 30.11	100m: 1:06.05 (35.94)	150m: 1:46.95 (40.90)	200m: 2:19.54 (32.59)			
2	**Eydís Jóhannesdóttir**	2011	Íþróttabandalag Reykjanesbæjar	0.70	542	**2:29.13**	+9.59
	50m: 32.28	100m: 1:11.63 (39.35)	150m: 1:53.88 (42.25)	200m: 2:29.13 (35.25)			
3	**Thea Sif Hjaltadóttir**	2011	Reykjavík	0.71	478	**2:35.50**	+15.96
	50m: 33.43	100m: 1:13.41 (39.98)	150m: 1:58.32 (44.91)	200m: 2:35.50 (37.18)			
4	**Karen Júlía Traustadóttir**	2012	Íþróttabandalag Reykjanesbæjar	0.68	469	**2:36.44**	+16.90
	50m: 32.92	100m: 1:13.07 (40.15)	150m: 2:00.23 (47.16)	200m: 2:36.44 (36.21)			
5	**Elín Helga Arnardóttir**	2014	Sundfélag Hafnarfjarðar	0.69	448	**2:38.85**	+19.31
	50m: 36.30	100m: 1:18.48 (42.18)	150m: 2:02.84 (44.36)	200m: 2:38.85 (36.01)			
6	**Ágústa Elly Kristinsdóttir**	2011	Reykjavík	0.77	445	**2:39.26**	+19.72
	50m: 35.52	100m: 1:17.98 (42.46)	150m: 2:02.67 (44.69)	200m: 2:39.26 (36.59)			
7	**Emilý Sóley P M Eysteinsdóttir**	2012	Reykjavík	0.67	444	**2:39.43**	+19.89
	50m: 34.55	100m: 1:16.30 (41.75)	150m: 2:03.59 (47.29)	200m: 2:39.43 (35.84)			
8	**Áróra Mjöll Jónsdóttir**	2013	Reykjavík	0.87	443	**2:39.51**	+19.97
	50m: 36.01	100m: 1:17.87 (41.86)	150m: 2:03.49 (45.62)	200m: 2:39.51 (36.02)			

Event official at: 11/15/2026 6:01:44 PM

Event 43, 800m skriðsund karla - bein úrslit

Sponsor: Wise

ISL	7:52.84	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Istanbul (TUR)	12/16/2012
UM	7:58.40	Anton Sveinn McKee	1993	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	12/9/2011
AM	8:25.20	Hólmar Grétarsson	2008	Sundfélag Hafnarfjarðar (I	Akureyri (ISL)	6/24/2023
ISL S19	8:20.30					

Rank	Name	Born	Team	R.T.	Pts	Time	Diff

Results

Event 43, 800m skriðsund karla - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Árni Þór Pálmason	2009	Íþróttabandalag Reykjanesbæjar	0.66	604	**8:41.03**	

50m: 27.92		100m: 58.89	(30.97)	150m: 1:30.91	(32.02)	200m: 2:03.70	(32.79)
250m: 2:36.53	(32.83)	300m: 3:09.73	(33.20)	350m: 3:42.98	(33.25)	400m: 4:16.21	(33.23)
450m: 4:49.60	(33.39)	500m: 5:22.99	(33.39)	550m: 5:56.46	(33.47)	600m: 6:29.88	(33.42)
650m: 7:03.25	(33.37)	700m: 7:36.39	(33.14)	750m: 8:09.82	(33.43)	800m: 8:41.03	(31.21)

2	Viktor Bergmann Arnarsson	2010	Íþróttabandalag Reykjanesbæjar	0.62	571	**8:50.82**	+9.79		
50m: 28.47		100m: 1:00.47	(32.00)	150m: 1:33.12	(32.65)	200m: 2:06.25	(33.13)		
250m: 2:39.86	(33.61)	300m: 3:13.74	(33.88)	350m: 3:47.79	(34.05)	400m: 4:22.07	(34.28)		
450m: 4:56.10	(34.03)	500m: 5:30.12	(34.02)	550m: 6:04.41	(34.29)	600m: 6:38.80	(34.39)		
650m: 7:12.71	(33.91)	700m: 7:46.63	(33.92)	750m: 8:20.03	(33.40)	800m: 8:50.82	(30.79)		

3	Andri Ólafsson	2009	Sundfélag Hafnarfjarðar	0.67	570	**8:51.04**	+10.01		
50m: 28.57		100m: 59.83	(31.26)	150m: 1:32.29	(32.46)	200m: 2:05.50	(33.21)		
250m: 2:38.44	(32.94)	300m: 3:12.34	(33.90)	350m: 3:46.12	(33.78)	400m: 4:20.65	(34.53)		
450m: 4:54.76	(34.11)	500m: 5:29.15	(34.39)	550m: 6:03.72	(34.57)	600m: 6:37.84	(34.12)		
650m: 7:12.04	(34.20)	700m: 7:45.98	(33.94)	750m: 8:19.67	(33.69)	800m: 8:51.04	(31.37)		

4	Vanja Djurovic	2009	Sundfélag Hafnarfjarðar	0.74	515	**9:09.40**	+28.37		
50m: 29.41		100m: 1:01.64	(32.23)	150m: 1:35.14	(33.50)	200m: 2:09.26	(34.12)		
250m: 2:44.23	(34.97)	300m: 3:18.95	(34.72)	350m: 3:54.13	(35.18)	400m: 4:29.38	(35.25)		
450m: 5:04.78	(35.40)	500m: 5:40.22	(35.44)	550m: 6:15.72	(35.50)	600m: 6:50.62	(34.90)		
650m: 7:25.49	(34.87)	700m: 8:00.77	(35.28)	750m: 8:35.66	(34.89)	800m: 9:09.40	(33.74)		

5	Andrej Tepavcevic	2012	Sundfélag Hafnarfjarðar	0.73	479	**9:22.85**	+41.82		
50m: 30.53		100m: 1:04.39	(33.86)	150m: 1:39.90	(35.51)	200m: 2:15.84	(35.94)		
250m: 2:51.95	(36.11)	300m: 3:28.16	(36.21)	350m: 4:03.90	(35.74)	400m: 4:39.95	(36.05)		
450m: 5:15.36	(35.41)	500m: 5:51.12	(35.76)	550m: 6:27.15	(36.03)	600m: 7:03.35	(36.20)		
650m: 7:39.11	(35.76)	700m: 8:15.32	(36.21)	750m: 8:50.08	(34.76)	800m: 9:22.85	(32.77)		

6	Alexander Reid McCormick	2010	Sundfélagið Óðinn	0.74	467	**9:27.55**	+46.52		
50m: 30.13		100m: 1:03.72	(33.59)	150m: 1:38.58	(34.86)	200m: 2:14.34	(35.76)		
250m: 2:50.46	(36.12)	300m: 3:26.60	(36.14)	350m: 4:02.67	(36.07)	400m: 4:39.35	(36.68)		
450m: 5:15.74	(36.39)	500m: 5:52.40	(36.66)	550m: 6:28.85	(36.45)	600m: 7:04.84	(35.99)		
650m: 7:41.10	(36.26)	700m: 8:17.43	(36.33)	750m: 8:53.01	(35.58)	800m: 9:27.55	(34.54)		

7	Nói Nikolai Davíðsson	2013	Sunddeild UMF Afturelding	0.80	442	**9:38.20**	+57.17		
50m: 31.33		100m: 1:06.15	(34.82)	150m: 1:41.50	(35.35)	200m: 2:17.43	(35.93)		
250m: 2:53.87	(36.44)	300m: 3:30.83	(36.96)	350m: 4:08.15	(37.32)	400m: 4:44.91	(36.76)		
450m: 5:22.00	(37.09)	500m: 5:58.90	(36.90)	550m: 6:36.27	(37.37)	600m: 7:13.06	(36.79)		
650m: 7:49.88	(36.82)	700m: 8:26.86	(36.98)	750m: 9:03.70	(36.84)	800m: 9:38.20	(34.50)		

8	Tristan Orri Borghildarson	2010	Íþróttabandalag Reykjanesbæjar	0.79	425	**9:45.56**	+1:04.53		
50m: 29.63		100m: 1:03.69	(34.06)	150m: 1:38.81	(35.12)	200m: 2:15.57	(36.76)		
250m: 2:53.62	(38.05)	300m: 3:29.96	(36.34)	350m: 4:06.87	(36.91)	400m: 4:43.78	(36.91)		
450m: 5:21.89	(38.11)	500m: 5:59.29	(37.40)	550m: 6:36.98	(37.69)	600m: 7:15.37	(38.39)		
650m: 7:54.00	(38.63)	700m: 8:31.47	(37.47)	750m: 9:08.87	(37.40)	800m: 9:45.56	(36.69)		

9	Þórbergur Eriksson	2012	Íþróttabandalag Reykjanesbæjar	0.77	416	**9:49.75**	+1:08.72		
50m: 31.45		100m: 1:07.58	(36.13)	150m: 1:44.58	(37.00)	200m: 2:22.53	(37.95)		
250m: 2:59.86	(37.33)	300m: 3:37.31	(37.45)	350m: 4:14.58	(37.27)	400m: 4:52.27	(37.69)		
450m: 5:29.47	(37.20)	500m: 6:07.41	(37.94)	550m: 6:45.08	(37.67)	600m: 7:22.34	(37.26)		
650m: 8:00.24	(37.90)	700m: 8:37.58	(37.34)	750m: 9:13.80	(36.22)	800m: 9:49.75	(35.95)		

10	Franciszek Adam Czachorows	S19	2014	Íþróttabandalag Reykjanesbæjar	0.63	379	**10:08.52**	+1:27.49	
50m: 32.81		100m: 1:09.76	(36.95)	150m: 1:47.96	(38.20)	200m: 2:26.44	(38.48)		
250m: 3:04.45	(38.01)	300m: 3:42.80	(38.35)	350m: 4:21.73	(38.93)	400m: 5:00.38	(38.65)		
450m: 5:39.18	(38.80)	500m: 6:18.06	(38.88)	550m: 6:56.97	(38.91)	600m: 7:35.89	(38.92)		
650m: 8:15.73	(39.84)	700m: 8:53.78	(38.05)	750m: 9:32.02	(38.24)	800m: 10:08.52	(36.50)		

Event official at: 11/15/2026 6:17:30 PM

Event 44, 4x50m skriðsund blandað - úrslit

Sponsor: Wise

ISL 1:35.27 Sundfélag Hafnarfjarðar Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL) 11/10/2024

Rank	Name	Age	Team	Pts	Time	Diff
1	SH	25	Sundfélag Hafnarfjarðar	754	**1:35.84**	NM

Símon Elías Statkevicius	2003	0.60	21.91	21.91	
Birnir Freyr Hálfdánarsson	2006	0.37	23.11	45.02	
Vala Dís Cicero	2008	0.32	25.70	1:10.72	
Jóhanna Elín Guðmundsdóttir	2001	0.40	25.12	1:35.84	

Results

Event 44, 4x50m skriðsund blandað - úrslit

Rank	Name	Age	Team			Pts	Time	Diff
2	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar			613	**1:42.72**	+6.88 NM
	Denas Kazulis	2008		0.57	22.44		22.44	
	Árni Þór Pálmason	2009		0.07	23.97		46.41	
	Guðrún Ísold Harðardóttir	2011		0.53	28.03		1:14.44	
	Ásdís Gunnarsdóttir	2008			28.28		1:42.72	
3	**Reykjavík**	18	Reykjavík			577	**1:44.77**	+8.93
	Birgir Hrafn Kjartansson	2008		0.64	24.65		24.65	
	Thea Sif Hjaltadóttir	2011		0.32	28.36		53.01	
	Ylfa Lind Kristmannsdóttir	2008		0.40	26.93		1:19.94	
	Finlay German	2009		0.41	24.83		1:44.77	
4	**ÍRB 2**	17	Íþróttabandalag Reykjanesbæjar			517	**1:48.72**	+12.88
	Viktor Bergmann Arnarsson	2010		0.64	25.96		25.96	
	Julian Jarnutowski	2010		0.26	25.65		51.61	
	Eydís Jóhannesdóttir	2011		0.43	29.68		1:21.29	
	Margrét Anna Lapas	2009		0.17	27.43		1:48.72	
5	**Óðinn**	16	Sundfélagið Óðinn			486	**1:50.94**	+15.10
	Ívan Elí Ólafsson	2010		0.59	26.37		26.37	
	Katrín Birta Birkisdóttir	2012		0.44	30.19		56.56	
	Jón Ingi Einarsson	2011		0.21	24.36		1:20.92	
	Lovísa Austfjörð Stefánsdóttir	2012		0.35	30.02		1:50.94	
6	**Breiðablik**	16	Sunddeild Breiðabliks			467	**1:52.42**	+16.58
	Jón Ingvar Eyþórsson	2010		0.68	24.61		24.61	
	Guðlaugur Santiago Guðlaugsson	2013		0.56	26.75		51.36	
	Freyja Mjöll Einarsdóttir	2013		0.53	31.57		1:22.93	
	Elsa Karen Káradóttir	2014		0.62	29.49		1:52.42	

Event official at: 11/15/2026 11:12:16 AM

Event 45, 4x100m fjórsund kvenna - úrslit

Sponsor: Wise

ISL	4:13.11	Sundfélag Hafnarfjarðar	2000	Sundfélag Hafnarfjarðar (I	Reykjavík (ISL)	11/9/2025
AM	4:26.59	Sunddeild Breiðabliks		Sunddeild Breiðabliks (ISL	Reykjanesbaer (ISL)	6/28/2024

Rank	Name	Age	Team				Pts	Time	Diff
1	**SH**	25	Sundfélag Hafnarfjarðar				614	**4:19.25**	
	Ema Austa Pratusyté	2010		0.66	32.44	1:07.37		1:07.37	
	Birgitta Ingólfsdóttir	2005		0.52	33.61	1:13.48		2:20.85	
	Nadja Djurovic	2007		0.60	29.26	1:03.07		3:23.92	
	Jóhanna Elín Guðmundsdóttir	2001		0.24	26.21	55.33		4:19.25	
2	**Reykjavík**	19	Reykjavík				585	**4:23.50**	+4.25
	Sunna Arnfinnsdóttir	2007		0.71	32.96	1:07.02		1:07.02	
	Álfrún Lóa Jónsdóttir	2010		0.45	34.96	1:14.21		2:21.23	
	Ylfa Lind Kristmannsdóttir	2008		0.53	29.15	1:02.19		3:23.42	
	Natalía Eir Curtis	2010		0.69	28.67	1:00.08		4:23.50	

Results

Event 45, 4x100m fjórsund kvenna - úrslit

Rank	Name	Age	Team				Pts	Time	Diff
3	**SH 2**	17	Sundfélag Hafnarfjarðar				520	**4:33.93**	+14.68
	Dagmar Arna Sigurðardóttir	2009		0.63	33.77	1:09.97		1:09.97	
	Hildur Erla Hákonardóttir	2010		0.50	36.85	1:18.40		2:28.37	
	Auguste Balciunaite	2011		0.46	30.89	1:07.65		3:36.02	
	Alicja Julia Kempisty	2010		0.42	27.35	57.91		4:33.93	
4	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar				501	**4:37.46**	+18.21
	Ásdís Gunnarsdóttir	2008		0.67	34.77	1:12.59		1:12.59	
	Margrét Anna Lapas	2009		0.22	33.85	1:13.60		2:26.19	
	Eydís Jóhannesdóttir	2011		0.44	32.66	1:11.33		3:37.52	
	Guðrún Ísold Harðardóttir	2011		0.36	28.33	59.94		4:37.46	
5	**Breiðablik**	15	Sunddeild Breiðabliks				498	**4:38.04**	+18.79
	Þeódís Styrmisdóttir	2011		0.59	34.72	1:12.55		1:12.55	
	Þorgerður Freyja Helgadóttir	2011		0.62	36.66	1:18.97		2:31.52	
	Bergey Huld Arnarsdóttir	2011		0.08	30.61	1:07.74		3:39.26	
	Guðbjörg Helga Hilmarsdóttir	2011		0.44	27.98	58.78		4:38.04	
6	**ÍRB 2**	16	Íþróttabandalag Reykjanesbæjar				420	**4:54.13**	+34.88
	Karen Júlía Traustadóttir	2012		0.75	35.53	1:14.73		1:14.73	
	Natalía Fanney Sigurðardóttir	2010		0.52	37.50	1:22.62		2:37.35	
	Adríana Agnes Derti	2010		0.34	33.09	1:11.40		3:48.75	
	Alexandra Dís Gunnarsdóttir	2011		0.56	31.10	1:05.38		4:54.13	
7	**Reykjavík 2**	14	Reykjavík				401	**4:58.81**	+39.56
	Áróra Mjöll Jónsdóttir	2013		0.70	35.98	1:14.47		1:14.47	
	Herdís Daðadóttir	2012		0.47	38.38	1:22.87		2:37.34	
	Bryndís Rún Guðnadóttir	2013		0.49	35.10	1:18.03		3:55.37	
	Sóley Helga Sigfríðardóttir	2012		0.68	30.85	1:03.44		4:58.81	
8	**Óðinn**	16	Sundfélagið Óðinn				396	**4:59.90**	+40.65
	Hrafney Eiríksdóttir	2014		0.70	36.63	1:15.16		1:15.16	
	Katrín Birta Birkisdóttir	2012		0.51	36.94	1:19.76		2:34.92	
	Friðrika Sif Ágústsdóttir	2010		0.41	35.33	1:17.47		3:52.39	
	Lovísa Austfjörð Stefánsdóttir	2012		0.26	31.39	1:07.51		4:59.90	

Event official at: 11/15/2026 6:29:25 PM

Event 46, 4x100m fjórsund karla - úrslit

Sponsor: Wise

ISL	3:36.15	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjordur (ISL)	11/10/2024
UM	3:43.39	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	12/15/2023
AM	4:05.48	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Hafnarfjörður (ISL)	11/20/2022

Rank	Name	Age	Team				Pts	Time	Diff
1	**SH**	23	Sundfélag Hafnarfjarðar				732	**3:40.41**	
	Bergur Fáfnir Bjarnason	2006		0.62	26.43	54.38		54.38	
	Snorri Dagur Einarsson	2005		0.46	27.53	1:00.21		1:54.59	
	Símon Elías Statkevicius	2003		0.29	24.97	55.06		2:49.65	
	Birnir Freyr Hálfdánarsson	2006		0.25	24.04	50.76		3:40.41	

Results

Event 46, 4x100m fjórsund karla - úrslit

Rank	Name	Age	Team			Pts	Time	Diff
2	**SH 3**	18	Sundfélag Hafnarfjarðar			638	**3:50.69**	+10.28
	Þór Eli Gunnarsson	2011		0.59	30.08	1:02.49	1:02.49	
	Karl Björnsson	2008		0.37	28.97	1:02.72	2:05.21	
	Hólmar Grétarsson	2008		0.29	25.40	54.91	3:00.12	
	Magnús Víðir Jónsson	2008		0.07	23.93	50.57	3:50.69	
3	**SH 2**	21	Sundfélag Hafnarfjarðar			614	**3:53.74**	+13.33
	Veigar Hrafn Sigþórsson	2005		0.62	26.91	55.92	55.92	
	Arnór Egill Einarsson	2007		0.45	29.32	1:05.93	2:01.85	
	Adam Leó Tómasson	2007		0.46	27.01	57.82	2:59.67	
	Kajus Jatautas	2010		0.56	26.32	54.07	3:53.74	
4	**ÍRB**	18	Íþróttabandalag Reykjanesbæjar			605	**3:54.81**	+14.40
	Mikael Fannar Arnarsson	2009		0.55	29.19	1:01.72	1:01.72	
	Nikolai Leo Jónsson	2008		0.36	29.79	1:05.99	2:07.71	
	Daði Rafn Falsson	2008		0.33	26.41	58.01	3:05.72	
	Denas Kazulis	2008		0.43	23.14	49.09	3:54.81	
5	**Óðinn**	16	Sundfélagið Óðinn			480	**4:13.66**	+33.25
	Ívan Elí Ólafsson	2010		0.59	30.62	1:04.41	1:04.41	
	Alexander Reid McCormick	2010		0.44	31.52	1:09.08	2:13.49	
	Jón Ingi Einarsson	2011		0.41	28.12	1:02.40	3:15.89	
	Magni Rafn Ragnarsson	2010		0.26	27.28	57.77	4:13.66	
6	**ÍRB 2**	17	Íþróttabandalag Reykjanesbæjar			424	**4:24.32**	+43.91
	Gabriel Jarnutowski	2011		0.58	33.75	1:09.20	1:09.20	
	Julian Jarnutowski	2010		0.14	33.41	1:13.54	2:22.74	
	Viktor Bergmann Arnarsson	2010		0.28	29.94	1:06.71	3:29.45	
	Árni Þór Pálmason	2009		0.27	26.12	54.87	4:24.32	
-	**Reykjavík**	19	Reykjavík				**DSQ**	
	4.4 Keppandi hefur ræsingu áður en rásmerki er gefið (þjófstart).							
	Ásberg Halldór Hansson	2007		0.70			DSQ	
	Finlay German	2009		0.43				
	Viljar Fannarsson	2010		0.38				
	Birgir Hrafn Kjartansson	2008		-0.06				

Event official at: 11/15/2026 6:42:46 PM