

Results

Íslands- og unglíngameistaramótið í 50m laug 2025

Place: Laugardalslaug

Organizer: Sundsamband Íslands

Pool: 50m

Competition Date: Apr 11, 2025 to Apr 13, 2025

Event 1, 400m skriðsund kvenna - undanrásir

ISL	4:20.16	Snaefridur Sol Jorunnar	2000	Iceland (ISL)	Gzira (MLT)	5/31/2023
UNG	4:20.66	Sunneva Dögg Robertso	1999	Íþróttabandalag Reykjane	Reykjavik (ISL)	4/22/2016
ALD	4:23.24	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Helsinki (FIN)	7/15/2010

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Katja Lilja Andriysoóttir	2006	Sundfélag Hafnarfjarðar	0.64	647	4:32.13	Q
	50m: 31.17	100m: 1:04.59	(33.42)	150m: 1:38.49	(33.90)	200m: 2:12.65	(34.16)
	250m: 2:47.35	300m: 3:22.39	(35.04)	350m: 3:57.52	(35.13)	400m: 4:32.13	(34.61)
2	Freyja Birkisdóttir	2006	Sunddeild Breiðabliks	0.73	641	4:32.86	+0.73 Q
	50m: 30.59	100m: 1:04.59	(33.42)	150m: 1:38.20	(1:38.20)	200m: 2:12.65	(34.16)
	250m: 2:47.48	300m: 3:22.39	(35.04)	350m: 3:58.16	(3:58.16)	400m: 4:32.86	(34.70)
3	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar	0.71	635	4:33.83	+1.70 Q
	50m: 31.41	100m: 1:06.04	(34.63)	150m: 1:41.06	(35.02)	200m: 2:12.65	(34.16)
	250m: 2:50.57	300m: 3:22.39	(35.04)	350m: 3:59.98	(3:59.98)	400m: 4:33.83	(33.85)
4	Sólveig Freyja Hákonardóttir	2009	Sunddeild Breiðabliks	0.55	630	4:34.55	+2.42 -
	50m: 31.77	100m: 1:06.09	(34.32)	150m: 1:41.48	(35.39)	200m: 2:16.62	(35.14)
	250m: 2:51.89	300m: 3:26.80	(34.91)	350m: 4:01.84	(35.04)	400m: 4:34.55	(32.71)
5	Alicja Julia Kempisty	2010	Sundfélagið Óðinn		572	4:43.40	+11.27 Q
	50m: 32.38	100m: 1:06.68	(34.30)	150m: 1:42.42	(35.74)	200m: 2:18.84	(36.42)
	250m: 2:55.34	300m: 3:31.68	(36.34)	350m: 4:08.18	(36.50)	400m: 4:43.40	(35.22)
6	Ásdis Steindórsdóttir	2009	Sunddeild Breiðabliks	0.60	562	4:45.16	+13.03 Q
	50m: 31.70	100m: 1:06.61	(34.91)	150m: 1:42.81	(36.20)	200m: 2:19.28	(36.47)
	250m: 2:55.97	300m: 3:32.86	(36.89)	350m: 4:09.73	(36.87)	400m: 4:45.16	(35.43)
7	Katrín Lóa Ingadóttir	2008	Sundfélag Hafnarfjarðar	0.71	522	4:52.29	+20.16 Q
	50m: 33.43	100m: 1:09.04	(35.61)	150m: 1:44.91	(35.87)	200m: 2:21.89	(36.98)
	250m: 2:58.90	300m: 3:36.52	(37.62)	350m: 4:14.83	(38.31)	400m: 4:52.29	(37.46)
8	Bjarndís Olga Hansen	2010	Sundráð Íþróttabandalags Reykj	0.69	506	4:55.23	+23.10 Q
	50m: 32.35	100m: 1:08.88	(36.53)	150m: 1:46.49	(37.61)	200m: 2:24.40	(37.91)
	250m: 3:02.06	300m: 3:40.38	(38.32)	350m: 4:18.17	(37.79)	400m: 4:55.23	(37.06)
9	Karen Sif Helgadóttir	2010	Sundráð Íþróttabandalags Reykj		491	4:58.28	+26.15 Q
	50m: 32.59	100m: 1:09.09	(36.50)	150m: 1:46.80	(37.71)	200m: 2:25.17	(38.37)
	250m: 3:03.79	300m: 3:42.78	(38.99)	350m: 4:20.43	(37.65)	400m: 4:58.28	(37.85)
10	Guðrún Ísold Harðardóttir	2011	Sunddeild Breiðabliks		482	5:00.10	+27.97 R1
	50m: 33.75	100m: 1:11.65	(37.90)	150m: 1:49.97	(38.32)	200m: 2:28.08	(38.11)
	250m: 3:06.07	300m: 3:44.91	(38.84)	350m: 4:22.67	(37.76)	400m: 5:00.10	(37.43)
11	Hildur Erla Hákonardóttir	2010	Sundfélag Hafnarfjarðar	0.70	467	5:03.20	+31.07 R2
	50m: 33.72	100m: 1:11.55	(37.83)	150m: 1:49.46	(37.91)	200m: 2:28.17	(38.71)
	250m: 3:07.18	300m: 3:46.60	(39.42)	350m: 4:25.27	(38.67)	400m: 5:03.20	(37.93)
12	Viktoria Emilia Orlita	2009	Sundfélag Akraness	0.56	452	5:06.56	+34.43
	50m: 34.10	100m: 1:11.39	(37.29)	150m: 1:50.07	(38.68)	200m: 2:29.44	(39.37)
	250m: 3:09.22	300m: 3:48.71	(37.49)	350m: 4:29.05	(40.34)	400m: 5:06.56	(37.51)
13	Þorgerður Freyja Helgadóttir	2011	Sunddeild Breiðabliks		451	5:06.92	+34.79
	50m: 34.51	100m: 1:13.41	(38.90)	150m: 1:52.82	(39.41)	200m: 2:32.07	(39.25)
	250m: 3:11.28	300m: 3:50.27	(38.99)	350m: 4:29.04	(38.77)	400m: 5:06.92	(37.88)
14	Thelma Ösp Sveinbjörnsdóttir	2010	Sundfélag Hafnarfjarðar		440	5:09.39	+37.26
	50m: 34.53	100m: 1:12.74	(38.21)	150m: 1:52.49	(39.75)	200m: 2:32.80	(40.31)
	250m: 3:13.33	300m: 3:53.82	(40.49)	350m: 4:32.98	(39.16)	400m: 5:09.39	(36.41)
15	Sóley Helga Sigfríðardóttir	2012	Sundráð Íþróttabandalags Reykj	0.82	436	5:10.40	+38.27
	50m: 34.30	100m: 1:12.27	(37.97)	150m: 1:50.64	(38.37)	200m: 2:30.72	(40.08)
	250m: 3:10.87	300m: 3:51.35	(40.48)	350m: 4:31.87	(40.52)	400m: 5:10.40	(38.53)
16	Natalía Fanney Sigurðardóttir	2010	Íþróttabandalag Reykjanesbæjar		425	5:12.92	+40.79
	50m: 34.93	100m: 1:14.50	(39.57)	150m: 1:55.43	(40.93)	200m: 2:36.15	(40.72)
	250m: 3:16.51	300m: 3:56.44	(39.93)	350m: 4:35.41	(38.97)	400m: 5:12.92	(37.51)
17	Hanna Steinunn Guðnadóttir	2011	Íþróttabandalag Reykjanesbæjar	0.85	411	5:16.56	+44.43
	50m: 35.15	100m: 1:14.34	(39.19)	150m: 1:54.42	(40.08)	200m: 2:34.99	(40.57)
	250m: 3:15.33	300m: 3:56.37	(41.04)	350m: 4:37.02	(40.65)	400m: 5:16.56	(39.54)

Results

Event 1, 400m skriðsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
18	Karen Anna Orlita	2012	Sundfélag Akraness	0.56	410	5:16.82	+44.69	
	50m: 35.65	100m: 1:15.43	(39.78)	150m: 1:55.59	(40.16)	200m: 2:36.70	(41.11)	
	250m: 3:17.28 (40.58)	300m: 3:57.53 (40.25)	350m: 4:37.47 (39.94)	400m: 5:16.82 (39.35)				
19	Ásta Þórey Einarisdóttir	2013	Sundfélag Hafnarfjarðar	0.68	406	5:17.71	+45.58	
	50m: 36.03	100m: 1:15.93	(39.90)	150m: 1:57.24	(41.31)	200m: 2:39.24	(42.00)	
	250m: 3:19.28 (40.04)	300m: 3:59.10 (39.82)	350m: 4:38.67 (39.57)	400m: 5:17.71 (39.04)				
20	Lilja Rakel Hannesdóttir Bridde	2011	Sunddeild Breiðabliks	0.70	393	5:21.18	+49.05	
	50m: 36.57	100m: 1:16.35	(39.78)	150m: 1:57.17	(40.82)	200m: 2:38.17	(41.00)	
	250m: 3:19.39 (41.22)	300m: 4:00.22 (40.83)	350m: 4:40.86 (40.64)	400m: 5:21.18 (40.32)				
21	Thelma Björg Björnsdóttir	1996	Sundráð Íþróttabandalags Reykj		436	6:41.60	+2:09.47	S6
	50m: 46.71	100m: 1:36.45	(49.74)	150m: 2:27.17	(50.72)	200m: 3:18.03	(50.86)	
	250m: 4:09.35 (51.32)	300m: 5:00.53 (51.18)	350m: 5:52.14 (51.61)	400m: 6:41.60 (49.46)				

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Event 1, 400m skriðsund kvenna - úrslit

ISL	4:20.16	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Gzira (MLT)	5/31/2023
UNG	4:20.66	Sunneva Dögg Robertso	1999 Íþróttabandalag Reykjane	Reykjavik (ISL)	4/22/2016
ALD	4:23.24	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Helsinki (FIN)	7/15/2010

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Vala Dís Cicero		2008 Sundfélag Hafnarfjarðar	0.66	682	4:27.37	
	50m: 30.78	100m: 1:03.98	(33.20)	150m: 1:38.04	(34.06)	200m: 2:12.60	(34.56)
	250m: 2:47.04 (34.44)	300m: 3:21.77 (34.73)	350m: 3:55.70	(33.93)	400m: 4:27.37	(31.67)	
2	Freyja Birkisdóttir		2006 Sunddeild Breiðabliks	0.57	678	4:27.82	+0.45
	50m: 31.69	100m: 1:05.68	(33.99)	150m: 1:40.26	(34.58)	200m: 2:14.60	(34.34)
	250m: 2:48.86 (34.26)	300m: 3:22.79 (33.93)	350m: 3:56.01	(33.22)	400m: 4:27.82	(31.81)	
3	Katja Lilja Andriysdóttir		2006 Sundfélag Hafnarfjarðar	0.67	663	4:29.86	+2.49
	50m: 31.64	100m: 1:05.18	(33.54)	150m: 1:38.84	(33.66)	200m: 2:13.05	(34.21)
	250m: 2:47.12 (34.07)	300m: 3:21.90 (34.78)	350m: 3:56.14	(34.24)	400m: 4:29.86	(33.72)	
4	Ásdis Steindórsdóttir		2009 Sunddeild Breiðabliks	0.75	580	4:42.12	+14.75
	50m: 31.68	100m: 1:06.03	(34.35)	150m: 1:41.31	(35.28)	200m: 2:17.47	(36.16)
	250m: 2:53.77 (36.30)	300m: 3:30.01 (36.24)	350m: 4:06.57	(36.56)	400m: 4:42.12	(35.55)	
5	Alicja Julia Kempisty		2010 Sundfélagið Óðinn		561	4:45.28	+17.91
	50m: 32.45	100m: 1:07.36	(34.91)	150m: 1:43.02	(35.66)	200m: 2:19.52	(36.50)
	250m: 2:56.44 (36.92)	300m: 3:33.73 (37.29)	350m: 4:10.49	(36.76)	400m: 4:45.28	(34.79)	
6	Katrín Lóa Ingadóttir		2008 Sundfélag Hafnarfjarðar	0.70	533	4:50.13	+22.76
	50m: 32.89	100m: 1:08.30	(35.41)	150m: 1:44.75	(36.45)	200m: 2:21.58	(36.83)
	250m: 2:58.54 (36.96)	300m: 3:35.99 (37.45)	350m: 4:13.30	(37.31)	400m: 4:50.13	(36.83)	
7	Bjarndís Olga Hansen		2010 Sundráð Íþróttabandalags Reykj		527	4:51.32	+23.95
	50m: 32.60	100m: 1:07.62	(35.02)	150m: 1:44.16	(36.54)	200m: 2:21.48	(37.32)
	250m: 2:58.85 (37.37)	300m: 3:36.72 (37.87)	350m: 4:14.36	(37.64)	400m: 4:51.32	(36.96)	
8	Karen Sif Helgadóttir		2010 Sundráð Íþróttabandalags Reykj		497	4:57.07	+29.70
	50m: 32.68	100m: 1:09.30	(36.62)	150m: 1:46.86	(37.56)	200m: 2:25.37	(38.51)
	250m: 3:04.19 (38.82)	300m: 3:42.14 (37.95)	350m: 4:20.53	(38.39)	400m: 4:57.07	(36.54)	

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Event 2, 100m flugsund karla - undanrásir

ISL	53.29	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/11/2025
UNG	55.22	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2024
ALD	57.42	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/10/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Birnir Freyr Hálfðánarsson	2006	Sundfélag Hafnarfjarðar	0.60	768	53.99	Q
	50m: 25.49	100m: 53.99	(28.50)				
2	Hólmur Grétarsson	2008	Sundfélag Hafnarfjarðar	0.68	637	57.46	+3.47 -
	50m: 27.45	100m: 57.46	(30.01)				
3	Alexander Ari Andrason	2010	Sundráð Íþróttabandalags Reykj	0.67	586	59.07	+5.08 Q
	50m: 28.20	100m: 59.07	(30.87)				
4	Róbert Ísak Jónsson	2001	Sundfélag Hafnarfjarðar	0.65	698	1:01.07	+7.08 Q S14
	50m: 27.94	100m: 1:01.07	(33.13)				

Results

Event 2, 100m flugsund karla - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff	
5	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.44	520	1:01.49	+7.50	Q
	50m: 28.09	100m: 1:01.49 (33.40)					
6	Snævar Örn Kristmannsson	2006 Sunddeild Breiðabliks	0.71	643	1:02.43	+8.44	Q S15
	50m: 28.84	100m: 1:02.43 (33.59)					
7	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.41	478	1:03.21	+9.22	Q
	50m: 28.92	100m: 1:03.21 (34.29)					
8	Jón Ingvar Eyþórsson	2010 Sunddeild Breiðabliks	0.80	464	1:03.83	+9.84	Q
	50m: 29.55	100m: 1:03.83 (34.28)					
9	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.66	454	1:04.32	+10.33	Q
	50m: 29.06	100m: 1:04.32 (35.26)					
10	Styrmir Snær Árnason	2010 Sundfélag Hafnarfjarðar	0.86	448	1:04.62	+10.63	R1
	50m: 30.55	100m: 1:04.62 (34.07)					
11	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.64	432	1:05.38	+11.39	R2
	50m: 29.01	100m: 1:05.38 (36.37)					
12	Jón Haukur Þórsson	2008 Sundráð Íþróttabandalags Reykj	0.80	429	1:05.55	+11.56	
	50m: 30.04	100m: 1:05.55 (35.51)					
13	Viljar Fannarsson	2010 Sundráð Íþróttabandalags Reykj	0.76	386	1:07.91	+13.92	
	50m: 31.65	100m: 1:07.91 (36.26)					
14	Egill Orri Baldursson	2009 Íþróttabandalag Reykjanesbæjar		350	1:10.11	+16.12	
	50m: 31.77	100m: 1:10.11 (38.34)					

Event official at: 4/11/2025 9:36:07 AM

Event 2, 100m flugsund karla - úrslit

ISL	53.29	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/11/2025
UNG	55.22	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2024
ALD	57.42	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/10/2021

Rank	Name	Born Team	R.T.	Pts	Time	Diff	
1	Birnir Freyr Hálfðánarsson	2006 Sundfélag Hafnarfjarðar	0.60	799	53.29		ISL
	50m: 24.82	100m: 53.29 (28.47)					
2	Róbert Ísak Jónsson	2001 Sundfélag Hafnarfjarðar	0.61	733	1:00.08	+6.79	S14
	50m: 27.78	100m: 1:00.08 (32.30)					
3	Alexander Ari Andrason	2010 Sundráð Íþróttabandalags Reykj	0.69	547	1:00.44	+7.15	
	50m: 28.94	100m: 1:00.44 (31.50)					
4	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.48	523	1:01.34	+8.05	
	50m: 28.16	100m: 1:01.34 (33.18)					
5	Snævar Örn Kristmannsson	2006 Sunddeild Breiðabliks	0.73	622	1:03.11	+9.82	S15
	50m: 29.29	100m: 1:03.11 (33.82)					
6	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.63	480	1:03.13	+9.84	
	50m: 28.88	100m: 1:03.13 (34.25)					
7	Jón Ingvar Eyþórsson	2010 Sunddeild Breiðabliks	0.75	453	1:04.38	+11.09	
	50m: 29.86	100m: 1:04.38 (34.52)					
8	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.67	447	1:04.63	+11.34	
	50m: 29.44	100m: 1:04.63 (35.19)					

Event official at: 4/11/2025 4:46:44 PM

Event 3, 50m baksund kvenna - undanrásir

ISL	28.53	Ingibjörg Kristí Jónsdóttir	1993 Sundfélag Hafnarfjarðar (I Budapest (HUN)	7/26/2017
UNG	29.07	Ingibjörg Kristí Jónsdóttir	1993 Sundfélag Hafnarfjarðar (I Laugardalslaug (ISL)	4/9/2011
ALD	30.45	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL) Reykjavík (ISL)	3/20/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff	
1	Ylfa Lind Kristmannsdóttir	2008 Sundráð Íþróttabandalags Reykj	0.57	701	30.23		Q
2	Ástrós Lovísa Hauksdóttir	2008 Íþróttabandalag Reykjanesbæjar	0.59	636	31.23	+1.00	Q
3	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness	0.70	628	31.35	+1.12	Q
4	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.57	589	32.03	+1.80	Q

Results

Event 3, 50m baksund kvenna - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
5	Kristín Rebekka Gunnarsdóttir	2009 Sundráð Íþróttabandalags Reykj	0.68	567	32.44	+2.21 Q
6	Sunna Arnfinnsdóttir	2007 Sundfélag Akraness	0.75	516	33.47	+3.24 Q
7	Ylfa Ásgerður Eyjólfssdóttir	2006 Sundráð Íþróttabandalags Reykj	0.60	513	33.55	+3.32 Q
8	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar	0.67	485	34.18	+3.95 Q
9	Ema Austa Pratusyté	2010 Sundfélag Hafnarfjarðar	0.69	479	34.31	+4.08 R1
=10	Thea Sif Hjaltadóttir	2011 Sundráð Íþróttabandalags Reykj	0.76	447	35.11	+4.88 -
=10	Dagmar Arna Sigurðardóttir	2009 Sundfélag Hafnarfjarðar	0.61	447	35.11	+4.88 -
12	Rannveig Perla Pétursdóttir	2010 Sundráð Íþróttabandalags Reykj	0.65	436	35.42	+5.19 R2
13	Kornelia Nadia Maniak	2010 Íþróttabandalag Reykjanesbæjar	0.64	432	35.51	+5.28
14	Elísabet Arnoddsdóttir	2009 Íþróttabandalag Reykjanesbæjar	0.64	422	35.80	+5.57
15	Guðbjörg Helga Hilmarsdóttir	2011 Sunddeild Breiðabliks	0.68	419	35.89	+5.66
16	Þeodís Styrmisdóttir	2011 Sunddeild Breiðabliks	0.75	406	36.27	+6.04
17	Tinna Karen Sigurðardóttir	2008 Sundfélag Hafnarfjarðar	0.69	396	36.55	+6.32
18	Natalía Eir Curtis	2010 Sundráð Íþróttabandalags Reykj	0.74	396	36.57	+6.34
19	Rebekka Rún Magnúsdóttir	2008 Sundfélag Hafnarfjarðar	0.64	390	36.76	+6.53
20	Lovísa Austfjörð Stefánsdóttir	2012 Sundfélagið Óðinn	0.67	372	37.32	+7.09
21	Julia Maja Walczak	2011 Íþróttabandalag Reykjanesbæjar	0.71	369	37.43	+7.20
22	Guðrún Lára Arnarsdóttir	2009 Sunddeild Stjörnunnar	0.69	364	37.59	+7.36
23	Freyja Dís Dagmarardóttir	2013 Sundráð Íþróttabandalags Reykj	0.93	329	38.88	+8.65
24	Anna Rósa Þrastardóttir	2004 Íþróttafélagið Fjörður	0.61	341	43.13	+12.90 S14
25	Sigrún Kjartansdóttir	2003 Íþróttafélagið Fjörður	0.96	314	55.45	+25.22 S16
26	Sonja Sigurdardóttir	1990 Sundráð Íþróttabandalags Reykj		361	1:08.09	+37.86 S3

Event official at: 4/11/2025 9:48:41 AM

Event 3, 50m baksund kvenna - úrslit

ISL	28.53	Ingibjörg Kristí Jónsdótti	1993 Sundfélag Hafnarfjarðar (I Budapest (HUN)	7/26/2017
UNG	29.07	Ingibjörg Kristí Jónsdótti	1993 Sundfélag Hafnarfjarðar (I Laugardalslaug (ISL)	4/9/2011
ALD	30.45	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL) Reykjavík (ISL)	3/20/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir	2008 Sundráð Íþróttabandalags Reykj	0.56	724	29.91	
2	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness	0.64	647	31.05	+1.14
3	Ástrós Lovísa Hauksdóttir	2008 Íþróttabandalag Reykjanesbæjar	0.61	645	31.08	+1.17
4	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.56	605	31.75	+1.84
5	Kristín Rebekka Gunnarsdóttir	2009 Sundráð Íþróttabandalags Reykj	0.70	574	32.31	+2.40
6	Sunna Arnfinnsdóttir	2007 Sundfélag Akraness	0.73	558	32.62	+2.71
7	Ylfa Ásgerður Eyjólfssdóttir	2006 Sundráð Íþróttabandalags Reykj	0.57	524	33.31	+3.40
8	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar	0.68	489	34.09	+4.18

Event official at: 4/11/2025 4:53:45 PM

Event 4, 400m skriðsund karla - undanrásir

ISL	3:54.36	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Los Angeles (USA)	7/18/2014
UNG	3:59.48	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Belgrade (SRB)	7/6/2011
ALD	4:08.86	Hólmur Grétarsson	2008 Sundfélag Hafnarfjarðar (I Maribor (SLO)		7/24/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Andri Már Kristjánsson	2006 Sundfélag Hafnarfjarðar	0.65	656	4:13.24	-
	50m: 28.33	100m: 1:00.07 (31.74)	150m: 1:32.56 (32.49)	200m: 2:05.30 (32.74)		
	250m: 2:36.86 (31.56)	300m: 3:09.95 (33.09)	350m: 3:41.88 (31.93)	400m: 4:13.24 (31.36)		

Results

Event 4, 400m skriðsund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
2	Magnús Víðir Jónsson	2008	Sundfélag Hafnarfjarðar	0.60	632	4:16.43	+3.19 Q
	50m: 29.39	100m: 1:01.88	(32.49)	150m: 1:33.69	(31.81)	200m: 2:05.95	(32.26)
	250m: 2:38.68	(32.73)	300m: 3:11.49	(32.81)	350m: 3:44.52	(33.03)	400m: 4:16.43 (31.91)
3	Birgir Hrafn Kjartansson	2008	Sundráð Íþróttabandalags Reykj	0.63	612	4:19.15	+5.91 Q
	50m: 29.48	100m: 1:01.48	(32.00)	150m: 1:34.38	(32.90)	200m: 2:06.98	(32.60)
	250m: 2:39.99	(33.01)	300m: 3:13.31	(33.32)	350m: 3:46.27	(32.96)	400m: 4:19.15 (32.88)
4	Árni Þór Pálmason	2009	Íþróttabandalag Reykjanesbæjar	0.65	577	4:24.28	+11.04 Q
	50m: 30.48	100m: 1:03.56	(33.08)	150m: 1:37.67	(34.11)	200m: 2:11.94	(34.27)
	250m: 2:45.04	(33.10)	300m: 3:18.66	(33.62)	350m: 3:51.80	(33.14)	400m: 4:24.28 (32.48)
5	Bartosz Aron Henke	2005	Sundfélag Hafnarfjarðar	0.62	561	4:26.75	+13.51 -
	50m: 29.72	100m: 1:02.58	(32.86)	150m: 1:36.71	(34.13)	200m: 2:10.91	(34.20)
	250m: 2:44.85	(33.94)	300m: 3:19.07	(34.22)	350m: 3:53.42	(34.35)	400m: 4:26.75 (33.33)
6	Björn Yngvi Guðmundsson	2007	Sundfélag Hafnarfjarðar	0.50	540	4:30.22	+16.98 -
	50m: 30.45	100m: 1:03.75	(33.30)	150m: 1:37.89	(34.14)	200m: 2:11.97	(34.08)
	250m: 2:46.33	(34.36)	300m: 3:20.90	(34.57)	350m: 3:55.96	(35.06)	400m: 4:30.22 (34.26)
7	Vanja Djurovic	2009	Sundfélag Hafnarfjarðar		527	4:32.36	+19.12 Q
	50m: 30.83	100m: 1:04.26	(33.43)	150m: 1:38.21	(33.95)	200m: 2:12.89	(34.68)
	250m: 2:47.76	(34.87)	300m: 3:23.09	(33.53)	350m: 3:58.51	(35.42)	400m: 4:32.36 (33.85)
8	Már Óskar Þorsteinsson	2007	Sundfélag Hafnarfjarðar	0.63	509	4:35.61	+22.37 Q
	50m: 31.13	100m: 1:04.68	(33.55)	150m: 1:39.53	(34.85)	200m: 2:14.84	(35.31)
	250m: 2:49.94	(35.10)	300m: 3:25.40	(35.46)	350m: 4:01.19	(35.79)	400m: 4:35.61 (34.42)
9	Kristján Hrafn Kjartansson	2011	Sundfélag Hafnarfjarðar	0.57	478	4:41.46	+28.22 Q
	50m: 31.34	100m: 1:05.98	(34.64)	150m: 1:41.42	(35.44)	200m: 2:17.87	(36.45)
	250m: 2:53.75	(35.88)	300m: 3:30.26	(36.51)	350m: 4:06.36	(36.10)	400m: 4:41.46 (35.10)
10	Magni Rafn Ragnarsson	2010	Sundfélagið Óðinn	0.68	467	4:43.63	+30.39 Q
	50m: 31.41	100m: 1:06.34	(34.93)	150m: 1:42.34	(36.00)	200m: 2:18.55	(36.21)
	250m: 2:54.88	(36.33)	300m: 3:31.48	(36.60)	350m: 4:08.16	(36.68)	400m: 4:43.63 (35.47)
11	Julian Jarnutowski	2010	Íþróttabandalag Reykjanesbæjar	0.63	451	4:46.94	+33.70 Q
	50m: 31.98	100m: 1:07.57	(35.59)	150m: 1:44.72	(37.15)	200m: 2:21.89	(37.17)
	250m: 2:58.89	(37.00)	300m: 3:35.54	(36.65)	350m: 4:12.28	(36.74)	400m: 4:46.94 (34.66)
12	Víktor Bergmann Arnarsson	2010	Íþróttabandalag Reykjanesbæjar	0.64	447	4:47.74	+34.50 R1
	50m: 31.94	100m: 1:08.75	(36.81)	150m: 1:46.01	(37.26)	200m: 2:22.83	(36.82)
	250m: 2:59.47	(36.64)	300m: 3:36.79	(37.32)	350m: 4:13.27	(36.48)	400m: 4:47.74 (34.47)
13	Stefán Hagalín Árnason	2010	Sundráð Íþróttabandalags Reykj		417	4:54.42	+41.18 R2
	50m: 32.61	100m: 1:09.87	(37.26)	150m: 1:47.32	(37.45)	200m: 2:25.00	(37.68)
	250m: 3:02.67	(37.67)	300m: 3:40.64	(37.97)	350m: 4:18.22	(37.58)	400m: 4:54.42 (36.20)
-	Guðfinnur Karlsson	1988	Íþróttafélagið Fjörður			DNS	S11
-	Huginn Levi Pétursson	2009	Sunddeild Breiðabliks			DNS	

Event official at: 4/11/2025 10:04:28 AM

Event 4, 400m skriðsund karla - úrslit

ISL	3:54.36	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Los Angeles (USA)	7/18/2014		
UNG	3:59.48	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Belgrade (SRB)	7/6/2011		
ALD	4:08.86	Hólmur Grétarsson	2008 Sundfélag Hafnarfjarðar (I	Maribor (SLO)	7/24/2023		
Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Magnús Víðir Jónsson		2008 Sundfélag Hafnarfjarðar	0.62	693	4:08.60	
	50m: 28.43	100m: 59.09	(30.66)	150m: 1:30.53	(31.44)	200m: 2:02.35	(31.82)
	250m: 2:34.24	(31.89)	300m: 3:06.41	(32.17)	350m: 3:38.28	(31.87)	400m: 4:08.60 (30.32)
2	Birgir Hrafn Kjartansson		2008 Sundráð Íþróttabandalags Reykj	0.66	620	4:18.06	+9.46
	50m: 29.04	100m: 1:00.36	(31.32)	150m: 1:32.98	(32.62)	200m: 2:05.52	(32.54)
	250m: 2:38.72	(33.20)	300m: 3:12.07	(33.35)	350m: 3:45.50	(33.43)	400m: 4:18.06 (32.56)
3	Árni Þór Pálmason		2009 Íþróttabandalag Reykjanesbæjar	0.70	578	4:24.06	+15.46
	50m: 30.04	100m: 1:02.49	(32.45)	150m: 1:36.50	(34.01)	200m: 2:10.24	(33.74)
	250m: 2:44.56	(34.32)	300m: 3:17.94	(33.38)	350m: 3:51.66	(33.72)	400m: 4:24.06 (32.40)
4	Vanja Djurovic		2009 Sundfélag Hafnarfjarðar	0.45	511	4:35.16	+26.56
	50m: 30.92	100m: 1:04.41	(33.49)	150m: 1:39.40	(34.99)	200m: 2:14.78	(35.38)
	250m: 2:50.90	(36.12)	300m: 3:26.38	(35.48)	350m: 4:02.38	(36.00)	400m: 4:35.16 (32.78)

Results

Event 4, 400m skriðsund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
5	Már Óskar Þorsteinsson		2007 Sundfélag Hafnarfjarðar	0.61	509	4:35.55	+26.95
	50m: 30.65	100m: 1:04.82	(34.17)	150m: 1:39.51	(34.69)	200m: 2:14.78	(35.27)
	250m: 2:50.09 (35.31)	300m: 3:25.92 (35.83)		350m: 4:01.54 (35.62)		400m: 4:35.55 (34.01)	
6	Julian Jarnutowski		2010 Íþróttabandalag Reykjanesbæjar	0.71	506	4:36.15	+27.55
	50m: 30.56	100m: 1:04.51	(33.95)	150m: 1:40.63	(36.12)	200m: 2:16.01	(35.38)
	250m: 2:52.01 (36.00)	300m: 3:27.88 (35.87)		350m: 4:03.72 (35.84)		400m: 4:36.15 (32.43)	
7	Kristjón Hrafn Kjartansson		2011 Sundfélag Hafnarfjarðar	0.66	503	4:36.69	+28.09
	50m: 31.05	100m: 1:04.76	(33.71)	150m: 1:39.68	(34.92)	200m: 2:15.20	(35.52)
	250m: 2:51.01 (35.81)	300m: 3:26.74 (35.73)		350m: 4:02.49 (35.75)		400m: 4:36.69 (34.20)	
8	Magni Rafn Ragnarsson		2010 Sundfélagið Óðinn	0.60	461	4:44.69	+36.09
	50m: 32.21	100m: 1:07.42	(35.21)	150m: 1:43.12	(35.70)	200m: 2:19.24	(36.12)
	250m: 2:55.81 (36.57)	300m: 3:32.70 (36.89)		350m: 4:09.68 (36.98)		400m: 4:44.69 (35.01)	

Event official at: 4/11/2025 5:04:13 PM

Event 5, 200m flugsund kvenna - undanrásir

ISL	2:18.79	Erla Dogg Haraldsdóttir	1988	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	4/6/2008
UNG	2:19.71	Sigrún Sverrisdóttir	1990	Sunddeild Fjölnis (ISL)	Monte-Carlo (MON)	6/5/2007
ALD	2:22.99	Soffía Klemenzdóttir	1993	Íþróttabandalag Reykjane	Belgrade (SRB)	7/30/2008

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Sólveig Freyja Hákonardóttir	2009	Sunddeild Breiðabliks	0.64	526	2:30.82	Q
	50m: 33.68	100m: 1:12.16	(38.48)	150m: 1:51.98	(39.82)	200m: 2:30.82	(38.84)
2	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.73	484	2:35.10	+4.28 Q
	50m: 33.72	100m: 1:12.79	(39.07)	150m: 1:53.67	(40.88)	200m: 2:35.10	(41.43)
3	Freydís Lilja Bergþórsdóttir	2009	Íþróttabandalag Reykjanesbæjar	0.68	475	2:36.01	+5.19 Q
	50m: 35.26	100m: 1:14.52	(39.26)	150m: 1:54.60	(40.08)	200m: 2:36.01	(41.41)
4	Adriana Agnes Derti	2010	Íþróttabandalag Reykjanesbæjar	0.62	436	2:40.61	+9.79 Q
	50m: 35.05	100m: 1:14.52	(39.47)	150m: 1:56.41	(41.89)	200m: 2:40.61	(44.20)
5	Aldís Ögmundsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.51	365	2:50.35	+19.53 Q
	50m: 36.97	100m: 1:20.17	(43.20)	150m: 2:05.74	(45.57)	200m: 2:50.35	(44.61)
6	Þorgerður Freyja Helgadóttir	2011	Sunddeild Breiðabliks	0.59	360	2:51.19	+20.37 Q
	50m: 36.22	100m: 1:19.31	(43.09)	150m: 2:05.67	(46.36)	200m: 2:51.19	(45.52)
7	Austėja Savickaitė	2009	Íþróttabandalag Reykjanesbæjar	0.78	358	2:51.47	+20.65 Q
	50m: 37.38	100m: 1:20.40	(43.02)	150m: 2:05.97	(45.57)	200m: 2:51.47	(45.50)
8	Kristín Ásta Sigtryggisdóttir	2009	Sundráð Íþróttabandalags Reykj	0.67	331	2:55.96	+25.14 -
	50m: 35.49	100m: 1:19.11	(43.62)	150m: 2:06.92	(47.81)	200m: 2:55.96	(49.04)
9	Bergey Huld Arnarsdóttir	2011	Sunddeild Breiðabliks	0.64	323	2:57.37	+26.55 Q
	50m: 36.74	100m: 1:23.38	(46.64)	150m: 2:11.22	(47.84)	200m: 2:57.37	(46.15)

Event official at: 4/11/2025 10:14:51 AM

Event 5, 200m flugsund kvenna - úrslit

ISL	2:18.79	Erla Dogg Haraldsdóttir	1988	Íþróttabandalag Reykjane	Laugardalslaug (ISL)	4/6/2008
UNG	2:19.71	Sigrún Sverrisdóttir	1990	Sunddeild Fjölnis (ISL)	Monte-Carlo (MON)	6/5/2007
ALD	2:22.99	Soffía Klemenzdóttir	1993	Íþróttabandalag Reykjane	Belgrade (SRB)	7/30/2008

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Sólveig Freyja Hákonardóttir	2009	Sunddeild Breiðabliks	0.65	570	2:26.85	
	50m: 32.23	100m: 1:09.55	(37.32)	150m: 1:48.21	(38.66)	200m: 2:26.85	(38.64)
2	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.69	562	2:27.55	+0.70
	50m: 32.86	100m: 1:09.76	(36.90)	150m: 1:49.21	(39.45)	200m: 2:27.55	(38.34)
3	Freydís Lilja Bergþórsdóttir	2009	Íþróttabandalag Reykjanesbæjar	0.70	510	2:32.43	+5.58
	50m: 34.08	100m: 1:12.39	(38.31)	150m: 1:51.86	(39.47)	200m: 2:32.43	(40.57)
4	Adriana Agnes Derti	2010	Íþróttabandalag Reykjanesbæjar	0.63	438	2:40.39	+13.54
	50m: 34.90	100m: 1:14.82	(39.92)	150m: 1:57.67	(42.85)	200m: 2:40.39	(42.72)
5	Þorgerður Freyja Helgadóttir	2011	Sunddeild Breiðabliks	0.57	391	2:46.44	+19.59
	50m: 35.59	100m: 1:18.92	(43.33)	150m: 2:03.00	(44.08)	200m: 2:46.44	(43.44)
6	Austėja Savickaitė	2009	Íþróttabandalag Reykjanesbæjar	0.75	362	2:50.76	+23.91
	50m: 36.69	100m: 1:19.35	(42.66)	150m: 2:04.70	(45.35)	200m: 2:50.76	(46.06)

Results

Event 5, 200m flugsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
7	Bergey Huld Arnarsdóttir	2011	Sunddeild Breiðabliks		358	2:51.44	+24.59
	50m: 34.79	100m: 1:18.33	(43.54)	150m: 2:04.93	(46.60)	200m: 2:51.44	(46.51)
8	Aldís Ögmundsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.75	341	2:54.30	+27.45
	50m: 37.59	100m: 1:20.56	(42.97)	150m: 2:06.79	(46.23)	200m: 2:54.30	(47.51)

Event official at: 4/11/2025 5:13:28 PM

Event 6, 200m baksund karla - undanrásir

ISL	1:58.37	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Fukuoka (JPN)	7/27/2001
UNG	2:01.13	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Moscow (RUS)	7/14/1999
ALD	2:11.83	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/22/2016

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006	Íþróttabandalag Reykjanesbæjar	0.56	770	2:02.08	Q
	50m: 28.99	100m: 59.75	(30.76)	150m: 1:31.19	(31.44)	200m: 2:02.08	(30.89)
2	Bergur Fáfñir Bjarnason	2006	Sundfélag Hafnarfjarðar	0.53	670	2:07.85	+5.77 Q
	50m: 30.62	100m: 1:03.54	(32.92)	150m: 1:35.76	(32.22)	200m: 2:07.85	(32.09)
3	Daði Rafn Falsón	2008	Íþróttabandalag Reykjanesbæjar	0.67	576	2:14.51	+12.43 Q
	50m: 31.93	100m: 1:06.85	(34.92)	150m: 1:41.68	(34.83)	200m: 2:14.51	(32.83)
4	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar	0.56	574	2:14.61	+12.53 Q
	50m: 32.31	100m: 1:07.07	(34.76)	150m: 1:41.49	(34.42)	200m: 2:14.61	(33.12)
5	Ásberg Halldór Hansson	2007	Sundráð Íþróttabandalags Reykj	0.61	465	2:24.45	+22.37 -
	50m: 31.82	100m: 1:07.57	(35.75)	150m: 1:45.89	(38.32)	200m: 2:24.45	(38.56)
6	Halldór Ingi Hafþórsson	2008	Sundfélag Hafnarfjarðar	0.76	441	2:26.97	+24.89 Q
	50m: 34.71	100m: 1:11.27	(36.56)	150m: 1:49.34	(38.07)	200m: 2:26.97	(37.63)
7	Gísli Kristján Traustason	2009	Íþróttabandalag Reykjanesbæjar	0.62	430	2:28.18	+26.10 Q
	50m: 33.52	100m: 1:10.72	(37.20)	150m: 1:49.90	(39.18)	200m: 2:28.18	(38.28)
8	Kajus Jatautas	2010	Sundfélag Akraness	0.63	417	2:29.74	+27.66 Q
	50m: 35.12	100m: 1:12.75	(37.63)	150m: 1:52.02	(39.27)	200m: 2:29.74	(37.72)
9	Pór Eli Gunnarsson	2011	Sundfélag Hafnarfjarðar	0.68	416	2:29.87	+27.79 Q
	50m: 34.87	100m: 1:12.52	(37.65)	150m: 1:51.67	(39.15)	200m: 2:29.87	(38.20)
10	Hrafn Guðmundsson	2011	Sundráð Íþróttabandalags Reykj	0.69	333	2:41.47	+39.39 R1
	50m: 37.21	100m: 1:18.30	(41.09)	150m: 2:00.22	(41.92)	200m: 2:41.47	(41.25)
11	Pórður Karl Steinarsson	2009	Sundráð Íþróttabandalags Reykj	0.59	289	2:49.24	+47.16 R2
	50m: 39.14	100m: 1:22.52	(43.38)	150m: 2:06.14	(43.62)	200m: 2:49.24	(43.10)

Event official at: 4/11/2025 10:25:22 AM

Event 6, 200m baksund karla - úrslit

ISL	1:58.37	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Fukuoka (JPN)	7/27/2001
UNG	2:01.13	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Moscow (RUS)	7/14/1999
ALD	2:11.83	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/22/2016

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006	Íþróttabandalag Reykjanesbæjar	0.58	768	2:02.20	
	50m: 29.02	100m: 1:00.02	(31.00)	150m: 1:31.29	(31.27)	200m: 2:02.20	(30.91)
2	Bergur Fáfñir Bjarnason	2006	Sundfélag Hafnarfjarðar	0.56	680	2:07.27	+5.07
	50m: 30.35	100m: 1:02.36	(32.01)	150m: 1:34.86	(32.50)	200m: 2:07.27	(32.41)
3	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar	0.55	575	2:14.54	+12.34
	50m: 32.49	100m: 1:06.85	(34.36)	150m: 1:41.89	(35.04)	200m: 2:14.54	(32.65)
4	Daði Rafn Falsón	2008	Íþróttabandalag Reykjanesbæjar	0.77	536	2:17.74	+15.54
	50m: 32.71	100m: 1:07.80	(35.09)	150m: 1:43.77	(35.97)	200m: 2:17.74	(33.97)
5	Halldór Ingi Hafþórsson	2008	Sundfélag Hafnarfjarðar	0.70	466	2:24.30	+22.10
	50m: 33.79	100m: 1:10.25	(36.46)	150m: 1:47.26	(37.01)	200m: 2:24.30	(37.04)
6	Gísli Kristján Traustason	2009	Íþróttabandalag Reykjanesbæjar	0.63	435	2:27.61	+25.41
	50m: 34.16	100m: 1:11.37	(37.21)	150m: 1:50.19	(38.82)	200m: 2:27.61	(37.42)
7	Kajus Jatautas	2010	Sundfélag Akraness	0.62	432	2:27.97	+25.77
	50m: 34.38	100m: 1:11.52	(37.14)	150m: 1:49.89	(38.37)	200m: 2:27.97	(38.08)

Results

Event 6, 200m baksund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
8	Pór Eli Gunnarsson		2011 Sundfélag Hafnarfjarðar	0.70	415	2:29.99	+27.79
	50m: 34.23	100m: 1:11.91	(37.68)	150m: 1:51.70	(39.79)	200m: 2:29.99	(38.29)

Event official at: 4/11/2025 5:22:01 PM

Event 7, 200m bringusund kvenna - undanrásir

ISL	2:22.96	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I London (GBR)	5/20/2016
UNG	2:31.39	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Rome (ITA)	7/30/2009
ALD	2:36.69	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane Reykjavík (ISL)	4/7/2019

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjanesbæjar	0.72	684	2:36.06	Q
	50m: 34.68	100m: 1:13.71	(39.03)	150m: 1:54.32	(40.61)	200m: 2:36.06	(41.74)
2	Birgitta Ingólfssdóttir	2005	Sundfélag Hafnarfjarðar	0.77	630	2:40.40	+4.34 Q
	50m: 36.36	100m: 1:16.92	(40.56)	150m: 1:58.76	(41.84)	200m: 2:40.40	(41.64)
3	Auguste Balcunaite	2011	Sundfélag Hafnarfjarðar	0.74	572	2:45.70	+9.64 Q
	50m: 37.13	100m: 1:18.98	(41.85)	150m: 2:02.07	(43.09)	200m: 2:45.70	(43.63)
4	Álfrún Lóa Jónsdóttir	2010	Sundráð Íþróttabandalags Reykj	0.72	510	2:52.13	+16.07 Q
	50m: 39.18	100m: 1:22.83	(43.65)	150m: 2:07.67	(44.84)	200m: 2:52.13	(44.46)
5	Eydís Jóhannesdóttir	2011	Íþróttabandalag Reykjanesbæjar		492	2:54.15	+18.09 Q
	50m: 38.79	100m: 1:23.10	(44.31)	150m: 2:09.79	(46.69)	200m: 2:54.15	(44.36)
6	Valdís Rós Þorsteinsdóttir	2007	Sundfélag Hafnarfjarðar	0.68	466	2:57.41	+21.35 Q
	50m: 39.05	100m: 1:24.16	(45.11)	150m: 2:10.98	(46.82)	200m: 2:57.41	(46.43)
7	Ísabella Jóhannsdóttir	2010	Sundfélagið Óðinn	0.79	464	2:57.58	+21.52 Q
	50m: 40.74	100m: 1:26.07	(45.33)	150m: 2:12.73	(46.66)	200m: 2:57.58	(44.85)
8	Katla Mist Bragadóttir	2007	Sundráð Íþróttabandalags Reykj	0.59	439	3:00.85	+24.79 Q
	50m: 40.54	100m: 1:26.66	(46.12)	150m: 2:14.16	(47.50)	200m: 3:00.85	(46.69)
9	Ágústa Elly Kristinsdóttir	2011	Sundráð Íþróttabandalags Reykj	0.77	433	3:01.70	+25.64 R1
	50m: 42.16	100m: 1:29.66	(47.50)	150m: 2:16.72	(47.06)	200m: 3:01.70	(44.98)
10	Kamilla Ýr Ísaksdóttir Guðmann	2011	Sunddeild Breiðabliks		425	3:02.81	+26.75 R2
	50m: 41.67	100m: 1:28.60	(46.93)	150m: 2:16.23	(47.63)	200m: 3:02.81	(46.58)
11	Matthildur María Ríkarðsdóttir	2009	Sundfélag Hafnarfjarðar	0.81	414	3:04.49	+28.43
	50m: 39.94	100m: 1:26.31	(46.37)	150m: 2:15.02	(48.71)	200m: 3:04.49	(49.47)
12	Natalía Eir Curtis	2010	Sundráð Íþróttabandalags Reykj	0.61	408	3:05.33	+29.27
	50m: 42.42	100m: 1:28.37	(45.95)	150m: 2:16.44	(48.07)	200m: 3:05.33	(48.89)
13	Thea Sif Hjaltadóttir	2011	Sundráð Íþróttabandalags Reykj	0.56	407	3:05.53	+29.47
	50m: 42.43	100m: 1:29.53	(47.10)	150m: 2:17.82	(48.29)	200m: 3:05.53	(47.71)
14	Ásta Þórey Einarsdóttir	2013	Sundfélag Hafnarfjarðar	0.53	378	3:10.11	+34.05
	50m: 44.24	100m: 1:34.04	(49.80)	150m: 2:23.56	(49.52)	200m: 3:10.11	(46.55)
15	Embla Dögg Helgadóttir	2008	Sundráð Íþróttabandalags Reykj	0.71	377	3:10.34	+34.28
	50m: 40.93	100m: 1:29.67	(48.74)	150m: 2:19.85	(50.18)	200m: 3:10.34	(50.49)
16	Áróra Mjöll Jónsdóttir	2013	Sundráð Íþróttabandalags Reykj	0.75	366	3:12.23	+36.17
	50m: 44.59	100m: 1:34.13	(49.54)	150m: 2:24.23	(50.10)	200m: 3:12.23	(48.00)
17	Þórey Ísafold Magnúsdóttir	1999	Sundráð Íþróttabandalags Reykj		591	3:13.49	+37.43 SB14
	50m: 43.63	100m: 1:31.65	(48.02)	150m: 2:22.60	(50.95)	200m: 3:13.49	(50.89)
18	Herdís Daðadóttir	2012	Sundráð Íþróttabandalags Reykj	0.64	355	3:14.18	+38.12
	50m: 43.63	100m: 1:33.41	(49.78)	150m: 2:24.17	(50.76)	200m: 3:14.18	(50.01)
19	Bríet Laufey Ingimarsdóttir	2011	Sundfélagið Óðinn	0.59	345	3:15.95	+39.89
	50m: 43.90	100m: 1:34.51	(50.61)	150m: 2:26.47	(51.96)	200m: 3:15.95	(49.48)
20	Katrín Birta Birkisdóttir	2012	Sundfélagið Óðinn		336	3:17.78	+41.72
	50m: 44.52	100m: 1:34.06	(49.54)	150m: 2:25.72	(51.66)	200m: 3:17.78	(52.06)

Event official at: 4/11/2025 10:39:56 AM

Event 7, 200m bringusund kvenna - úrslit

ISL	2:22.96	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I London (GBR)	5/20/2016
UNG	2:31.39	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Rome (ITA)	7/30/2009
ALD	2:36.69	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane Reykjavík (ISL)	4/7/2019

Results

Event 7, 200m bringusund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjanesbæjar	0.67	695	2:35.26	
	50m: 34.15	100m: 1:12.80	(38.65)	150m: 1:53.49	(40.69)	200m: 2:35.26	(41.77)
2	Birgitta Ingólfssdóttir	2005	Sundfélag Hafnarfjarðar	0.71	658	2:38.08	+2.82
	50m: 36.19	100m: 1:16.41	(40.22)	150m: 1:57.54	(41.13)	200m: 2:38.08	(40.54)
3	Auguste Balciunaite	2011	Sundfélag Hafnarfjarðar	0.76	557	2:47.09	+11.83
	50m: 37.38	100m: 1:20.63	(43.25)	150m: 2:04.11	(43.48)	200m: 2:47.09	(42.98)
4	Álfrún Lóa Jónsdóttir	2010	Sundráð Íþróttabandalags Reykj	0.64	499	2:53.39	+18.13
	50m: 38.45	100m: 1:22.37	(43.92)	150m: 2:07.87	(45.50)	200m: 2:53.39	(45.52)
5	Valdís Rós Þorsteinsdóttir	2007	Sundfélag Hafnarfjarðar		488	2:54.69	+19.43
	50m: 39.90	100m: 1:24.51	(44.61)	150m: 2:10.12	(45.61)	200m: 2:54.69	(44.57)
6	Eydís Jóhannesdóttir	2011	Íþróttabandalag Reykjanesbæjar	0.73	487	2:54.81	+19.55
	50m: 38.52	100m: 1:22.93	(44.41)	150m: 2:09.54	(46.61)	200m: 2:54.81	(45.27)
7	Ísabella Jóhannsdóttir	2010	Sundfélagið Óðinn	0.65	475	2:56.25	+20.99
	50m: 39.29	100m: 1:25.29	(46.00)	150m: 2:12.15	(46.86)	200m: 2:56.25	(44.10)
8	Katla Mist Bragadóttir	2007	Sundráð Íþróttabandalags Reykj	0.52	431	3:02.09	+26.83
	50m: 41.76	100m: 1:28.22	(46.46)	150m: 2:15.15	(46.93)	200m: 3:02.09	(46.94)

Event official at: 4/11/2025 5:31:17 PM

Event 8, 100m bringusund karla - undanrásir

ISL	1:00.21	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2024
UNG	1:03.43	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/1/2023
ALD	1:07.46	Dadi Björnsson	2004 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/5/2019

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snorri Dagur Einarsson	2005	Sundfélag Hafnarfjarðar	0.56	789	1:01.54	Q
	50m: 28.98	100m: 1:01.54	(32.56)				
2	Einar Margeir Ágústsson	2005	Sundfélag Akraness	0.60	753	1:02.51	+0.97 Q
	50m: 29.73	100m: 1:02.51	(32.78)				
3	Aron Bjarki Pétursson	2001	Sundfélag Hafnarfjarðar	0.59	654	1:05.52	+3.98 Q
	50m: 29.77	100m: 1:05.52	(35.75)				
4	Karl Björnsson	2008	Sundfélag Hafnarfjarðar	0.49	565	1:08.79	+7.25 Q
	50m: 32.08	100m: 1:08.79	(36.71)				
5	Nikolai Leo Jónsson	2008	Íþróttabandalag Reykjanesbæjar	0.59	565	1:08.80	+7.26 Q
	50m: 31.33	100m: 1:08.80	(37.47)				
6	Arnór Egill Einarsson	2007	Sundfélag Hafnarfjarðar	0.68	537	1:09.95	+8.41 Q
	50m: 32.31	100m: 1:09.95	(37.64)				
7	Alexander Ari Andrason	2010	Sundráð Íþróttabandalags Reykj	0.54	470	1:13.14	+11.60 Q
	50m: 33.55	100m: 1:13.14	(39.59)				
8	Mikael Fannar Arnarson	2009	Íþróttabandalag Reykjanesbæjar	0.66	454	1:13.97	+12.43 Q
	50m: 34.58	100m: 1:13.97	(39.39)				
9	Róbert Ísak Jónsson	2001	Sundfélag Hafnarfjarðar	0.52	596	1:14.56	+13.02 - SB14
	50m: 34.18	100m: 1:14.56	(40.38)				
10	Már Óskar Þorsteinsson	2007	Sundfélag Hafnarfjarðar	0.65	392	1:17.68	+16.14 -
	50m: 36.69	100m: 1:17.68	(40.99)				
11	Valentín Kristmundsson Genov	2010	Sundráð Íþróttabandalags Reykj	0.51	367	1:19.42	+17.88 R1
	50m: 37.52	100m: 1:19.42	(41.90)				
12	Magni Rafn Ragnarsson	2010	Sundfélagið Óðinn		366	1:19.50	+17.96 R2
	50m: 37.69	100m: 1:19.50	(41.81)				
13	Benedikt Már Þorvaldsson	2010	Sundfélagið Óðinn	0.83	312	1:23.81	+22.27
	50m: 40.89	100m: 1:23.81	(42.92)				
14	Björn Elvar Austfjörð	2011	Sundfélagið Óðinn		310	1:24.02	+22.48
	50m: 39.74	100m: 1:24.02	(44.28)				
15	Gabriel Ingi Derti	2008	Íþróttabandalag Reykjanesbæjar	0.66	298	1:25.08	+23.54
	50m: 40.19	100m: 1:25.08	(44.89)				
-	Guðfinnur Karlsson	1988	Íþróttafélagið Fjörður			DNS	SB11

Event official at: 4/11/2025 10:48:00 AM

Results

Event 8, 100m bringusund karla - úrslit

ISL	1:00.21	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2024
UNG	1:03.43	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/1/2023
ALD	1:07.46	Dadi Björnsson	2004 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/5/2019

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snorri Dagur Einarsson		2005 Sundfélag Hafnarfjarðar	0.56	824	1:00.67	
	50m: 28.51	100m: 1:00.67	(32.16)				
2	Einar Margeir Ágústsson		2005 Sundfélag Akraness	0.58	780	1:01.79	+1.12
	50m: 28.60	100m: 1:01.79	(33.19)				
3	Aron Bjarki Pétursson		2001 Sundfélag Hafnarfjarðar	0.61	685	1:04.52	+3.85
	50m: 29.56	100m: 1:04.52	(34.96)				
4	Karl Björnsson		2008 Sundfélag Hafnarfjarðar	0.49	572	1:08.50	+7.83
	50m: 31.67	100m: 1:08.50	(36.83)				
5	Arnór Egill Einarsson		2007 Sundfélag Hafnarfjarðar	0.66	558	1:09.08	+8.41
	50m: 32.63	100m: 1:09.08	(36.45)				
6	Nikolai Leo Jónsson		2008 Íþróttabandalag Reykjanesbæjar	0.67	545	1:09.61	+8.94
	50m: 32.13	100m: 1:09.61	(37.48)				
7	Mikael Fannar Arnarson		2009 Íþróttabandalag Reykjanesbæjar	0.66	468	1:13.26	+12.59
	50m: 34.26	100m: 1:13.26	(39.00)				
8	Alexander Ari Andrasen		2010 Sundráð Íþróttabandalags Reykj	0.67	443	1:14.59	+13.92
	50m: 35.59	100m: 1:14.59	(39.00)				

Event official at: 4/11/2025 5:38:26 PM

Event 9, 50m skriðsund kvenna - undanrásir

ISL	25.24	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	Debrecen (HUN)	5/26/2012
UNG	26.08	Ingibjörg Kristí Jónsdóttir	1993 Sundfélag Hafnarfjarðar (I Laugardalslaug (ISL)		4/9/2011
ALD	26.65	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)		4/1/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Jóhanna Elín Guðmundsdóttir		2001 Sundfélag Hafnarfjarðar	0.67	741	26.08	Q
2	Snæfríður Sól Jórunnardóttir		2000 Aalborg Svømmeklub	0.70	729	26.23	+0.15 Q
3	Guðbjörg Bjartey Guðmundsdóttir		2005 Sundfélag Akraness	0.63	711	26.45	+0.37 Q
4	Nadja Djurovic		2007 Sundfélag Hafnarfjarðar	0.63	665	27.04	+0.96 -
5	Ylfa Lind Kristmannsdóttir		2008 Sundráð Íþróttabandalags Reykj	0.52	664	27.06	+0.98 -
6	Ásdís Gunnarsdóttir		2008 Sunddeild Breiðabliks	0.72	621	27.67	+1.59 Q
7	Kristín Rebekka Gunnarsdóttir		2009 Sundráð Íþróttabandalags Reykj	0.71	556	28.71	+2.63 Q
8	Ragnheiður Ásta Magnúsdóttir		2007 Sunddeild Breiðabliks	0.62	546	28.87	+2.79 Q
9	Viktoria Emilia Orlita		2009 Sundfélag Akraness	0.53	545	28.90	+2.82 Q
10	María Skorastein Sigurdardóttir		2007 Sundfélag Hafnarfjarðar	0.52	540	28.99	+2.91 Q
11	Ágústa Inga Arnarsdóttir		2006 Sunddeild Stjórnunnar	0.68	530	29.16	+3.08 R1
12	Halldóra Björt Ingimundardóttir		2008 Sunddeild Breiðabliks	0.62	515	29.44	+3.36 R2
13	Margrét Anna Lapas		2009 Íþróttabandalag Reykjanesbæjar	0.58	514	29.47	+3.39
14	Guðbjörg Helga Hilmarsdóttir		2011 Sunddeild Breiðabliks	0.49	513	29.48	+3.40
15	Kornelia Nadia Maniak		2010 Íþróttabandalag Reykjanesbæjar		511	29.53	+3.45
16	Ylfa Ásgerður Eyjólfssdóttir		2006 Sundráð Íþróttabandalags Reykj	0.69	509	29.57	+3.49
17	Guðrún Ísold Harðardóttir		2011 Sunddeild Breiðabliks	0.75	500	29.73	+3.65
18	Katrín Ósk Aðalsteinsdóttir		2009 Sundfélag Hafnarfjarðar	0.45	495	29.84	+3.76
19	Sunna Dís Skarphéðinsdóttir		2008 Sundfélag Akraness	0.51	487	29.99	+3.91
20	Karen Anna Orlita		2012 Sundfélag Akraness	0.75	485	30.03	+3.95
21	Bergey Huld Arnarsdóttir		2011 Sunddeild Breiðabliks	0.70	484	30.07	+3.99
=22	Hekla Krístrún Mist Arnarsdóttir		2006 Sundráð Íþróttabandalags Reykj	0.46	455	30.68	+4.60
=22	Karen Sif Helgadóttir		2010 Sundráð Íþróttabandalags Reykj		455	30.68	+4.60

Results

Event 9, 50m skriðsund kvenna - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
24	Anna Gloría Káradóttir	2011 Sundráð Íþróttabandalags Reykj		451	30.78	+4.70
25	Alexandra Dís Gunnarsdóttir	2011 Íþróttabandalag Reykjanesbæjar	0.78	448	30.84	+4.76
26	Lena Przybylska	2011 Íþróttabandalag Reykjanesbæjar		446	30.90	+4.82
27	Thelma Ösp Sveinbjörnsdóttir	2010 Sundfélag Hafnarfjarðar		440	31.02	+4.94
28	Elísabet Arnoddsdóttir	2009 Íþróttabandalag Reykjanesbæjar	0.61	437	31.11	+5.03
29	Rebekka Rún Magnúsdóttir	2008 Sundfélag Hafnarfjarðar	0.42	430	31.28	+5.20
30	Katrín Ísold Gunnsteinsdóttir	2010 Sundráð Íþróttabandalags Reykj		423	31.43	+5.35
31	Bryndís Rún Guðnadóttir	2013 Sundráð Íþróttabandalags Reykj	0.60	413	31.69	+5.61
32	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar	0.66	411	31.74	+5.66
33	Sóley Helga Sigfríðardóttir	2012 Sundráð Íþróttabandalags Reykj	0.74	395	32.17	+6.09
34	Aldís Ögmundsdóttir	2009 Sundráð Íþróttabandalags Reykj	0.50	393	32.21	+6.13
35	Þeódís Styrmisdóttir	2011 Sunddeild Breiðabliks		386	32.41	+6.33
36	Tinna Salome Róbertsdóttir	2011 Sunddeild Breiðabliks	0.63	381	32.55	+6.47
37	Arna Ingólfssdóttir	2010 Sundráð Íþróttabandalags Reykj	0.71	342	33.73	+7.65
38	Hildur Eldey Guðjónsdóttir	2011 Sunddeild Breiðabliks		341	33.79	+7.71
39	Anna Rósa Þrastardóttir	2004 Íþróttafélagið Fjörður	0.80	407	34.56	+8.48 S14
40	Emelía Ýr Gunnarsdóttir	2005 Íþróttafélagið Fjörður		378	35.42	+9.34 S14
41	Sigrún Kjartansdóttir	2003 Íþróttafélagið Fjörður	0.66	362	41.21	+15.13 S16
42	Thelma Björg Björnsdóttir	1996 Sundráð Íþróttabandalags Reykj		440	42.79	+16.71 S6
43	Sonja Sigurdardóttir	1990 Sundráð Íþróttabandalags Reykj		190	1:10.13	+44.05 S3
-	Birgitta Björt Kjartansdóttir	2010 Sundfélag Hafnarfjarðar	0.41		DSQ	

SW 4.4. Starting before the starting signal

Event official at: 4/11/2025 11:00:27 AM

Event 9, 50m skriðsund kvenna - úrslit

ISL	25.24	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	Debrecen (HUN)	5/26/2012
UNG	26.08	Ingibjörg Kristí Jónsdótti	1993 Sundfélag Hafnarfjarðar (I	Laugardalslaug (ISL)	4/9/2011
ALD	26.65	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I	Reykjavík (ISL)	4/1/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Jóhanna Elín Guðmundsdóttir	2001 Sundfélag Hafnarfjarðar	0.65	778	25.67	
2	Snæfríður Sól Jórunnardóttir	2000 Aalborg Svømmeklub	0.65	755	25.92	+0.25
3	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness	0.64	698	26.61	+0.94
4	Ásdís Gunnarsdóttir	2008 Sunddeild Breiðabliks	0.71	613	27.79	+2.12
5	Kristín Rebekka Gunnarsdóttir	2009 Sundráð Íþróttabandalags Reykj	0.71	566	28.54	+2.87
6	Viktoria Emilia Orlita	2009 Sundfélag Akraness	0.61	555	28.72	+3.05
7	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.71	549	28.82	+3.15
8	María Skorastein Sigurdardóttir	2007 Sundfélag Hafnarfjarðar	0.59	542	28.94	+3.27

Event official at: 4/11/2025 5:44:39 PM

Event 10, 50m skriðsund karla - undanrásir

ISL	22.53	Már Árni Árnason	1987 Íþróttabandalag Reykjane	Canet-En-Roussillon (FRA)	6/6/2012
UNG	23.29	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Hafnarfjoerdur (ISL)	12/30/1998
ALD	25.17	Denas Kazulis	2008 Íþróttabandalag Reykjane	Reykjanesbaer (ISL)	12/19/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Símon Elías Statkevicius	2003 Sundfélag Hafnarfjarðar	0.63	754	22.97	Q
2	Ýmir Chatenay Sölvason	2006 Sundfélag Hafnarfjarðar	0.57	696	23.59	+0.62 -
3	Einar Margeir Ágústsson	2005 Sundfélag Akraness	0.60	673	23.86	+0.89 -

Results

Event 10, 50m skriðsund karla - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
4	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.60	652	24.11	+1.14 Q
5	Denas Kazulis	2008 Íþróttabandalag Reykjanesbæjar	0.61	642	24.23	+1.26 Q
6	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.59	564	25.30	+2.33 Q
7	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.63	528	25.86	+2.89 Q
8	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.63	523	25.94	+2.97 Q
9	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.69	503	26.28	+3.31 Q
10	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.54	498	26.37	+3.40 Q
11	Kajus Jatautas	2010 Sundfélag Akraness	0.65	488	26.55	+3.58 R1
12	Julian Jarnutowski	2010 Íþróttabandalag Reykjanesbæjar	0.77	465	26.99	+4.02 R2
13	Jón Ingvar Eyþórsson	2010 Sunddeild Breiðabliks	0.70	456	27.15	+4.18
14	Þórður Karl Steinarsson	2009 Sundráð Íþróttabandalags Reykj	0.59	456	27.16	+4.19
15	Snævar Örn Kristmannsson	2006 Sunddeild Breiðabliks	0.70	606	27.34	+4.37 S15
16	Jón Haukur Þórsson	2008 Sundráð Íþróttabandalags Reykj	0.74	446	27.35	+4.38
17	Vanja Djurovic	2009 Sundfélag Hafnarfjarðar	0.67	432	27.66	+4.69
18	Viljar Fannarsson	2010 Sundráð Íþróttabandalags Reykj	0.75	407	28.21	+5.24
19	Már Gunnarsson	1999 Íþróttabandalag Reykjanesbæjar	0.73	654	29.10	+6.13 S11
20	Arnór Karlsson	2009 UMF Selfoss	0.68	366	29.22	+6.25
21	Ívan Elí Ólafsson	2010 Sundfélagið Óðinn	0.49	318	30.63	+7.66
-	Huginn Levi Pétursson	2009 Sunddeild Breiðabliks			DNS	

Event official at: 4/11/2025 11:09:22 AM

Event 10, 50m skriðsund karla - úrslit

ISL	22.53	Már Árni Árnason	1987 Íþróttabandalag Reykjane	Canet-En-Roussillon (FRA)	6/6/2012
UNG	23.29	Örn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Hafnarfjoerdur (ISL)	12/30/1998
ALD	25.17	Denas Kazulis	2008 Íþróttabandalag Reykjane	Reykjanesbaer (ISL)	12/19/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Símon Elías Statkevicius	2003 Sundfélag Hafnarfjarðar	0.65	767	22.84	
2	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.64	679	23.79	+0.95
3	Denas Kazulis	2008 Íþróttabandalag Reykjanesbæjar	0.60	664	23.96	+1.12
4	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.55	551	25.50	+2.66
5	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.48	550	25.52	+2.68
6	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.58	524	25.93	+3.09
7	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.64	508	26.19	+3.35
8	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.56	503	26.28	+3.44

Event official at: 4/11/2025 5:50:59 PM

Event 11, 4x200m skriðsund kvenna - úrslit

ISL	8:24.80	Sundfélagið Ægir	Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/13/2012
UNG	8:35.46	Sunddeild Breiðabliks	Sunddeild Breiðabliks (ISL)	Reykjavik (ISL)	4/12/2024
ALD	9:08.58	Íþróttabandalag Reykjan	Íþróttabandalag Reykjane	Reykjanesbar (ISL)	12/8/2012

Rank	Name	Age Team	Pts	Time	Diff
1	Sundfélag Hafnarfjarðar 1	24 Sundfélag Hafnarfjarðar	682	8:39.67	
	Nadja Djurovic	2007	0.69	29.67	1:01.89 2:08.64 2:08.64
	Katja Lilja Andriysoðttir	2006	0.23	29.37	1:02.35 2:11.59 4:20.23
	Jóhanna Elín Guðmundsdóttir	2001	0.28	28.71	1:01.41 2:09.59 6:29.82
	Vala Dís Cicero	2008	0.39	28.98	1:01.52 2:09.85 8:39.67

Results

Event 11, 4x200m skriðsund kvenna - úrslit

Rank	Name	Age	Team		Pts	Time	Diff
2	Sunddeild Breiðabliks 1	19	Sunddeild Breiðabliks		632	8:53.11	+13.44
	Sólveig Freyja Hákonardóttir	2009	0.66	29.82	1:02.68	2:08.58	2:08.58
	Ásdis Steindórsdóttir	2009	0.22	30.04	1:03.85	2:14.27	4:22.85
	Guðrún Ísold Harðardóttir	2011	0.20	30.48	1:06.37	2:19.46	6:42.31
	Freyja Birkisdóttir	2006	0.24	30.71	1:04.30	2:10.80	8:53.11
3	Íþróttabandalag Reykjanesbæj	20	Íþróttabandalag Reykjanesbæjar		559	9:15.21	+35.54
	Eva Margrét Falsdóttir	2005	0.58	29.65	1:02.19	2:07.95	2:07.95
	Margrét Anna Lapas	2009	0.33	31.55	1:06.90	2:19.00	4:26.95
	Kornelia Nadia Maniak	2010	0.41	32.67	1:10.03	2:25.15	6:52.10
	Austėja Savickaitė	2009	0.76	33.73	1:10.15	2:23.11	9:15.21
4	Reykjavík 1	17	Sundráð Íþróttabandalags Reykj		555	9:16.44	+36.77
	Natalía Eir Curtis	2010	0.79	32.66	1:08.57	2:20.00	2:20.00
	Karen Sif Helgadóttir	2010	0.72	32.69	1:08.59	2:23.01	4:43.01
	Álfrún Lóa Jónsdóttir	2010	0.53	33.02	1:09.58	2:22.42	7:05.43
	Ylfa Lind Kristmannsdóttir	2008	0.66	29.46	1:02.10	2:11.01	9:16.44
5	Sundfélag Akraness 1	20	Sundfélag Akraness		549	9:18.65	+38.98
	Sunna Arnfinnsdóttir	2007	0.73	32.39	1:07.16	2:17.93	2:17.93
	Viktoria Emilia Orlita	2009	0.48	32.59	1:08.58	2:22.65	4:40.58
	Karen Anna Orlita	2012	0.49	33.77	1:11.31	2:25.80	7:06.38
	Guðbjörg Bjartey	2005	0.43	29.31	1:02.66	2:12.27	9:18.65
	Guðmundsdóttir						
6	Sunddeild Breiðabliks 2	14	Sunddeild Breiðabliks		451	9:56.25	+1:16.5
	Guðbjörg Helga Hilmarsdóttir	2011	0.67	31.60	1:06.37	2:19.68	2:19.68
	Bergey Huld Arnarsdóttir	2011	0.03	33.15	1:12.91		
	Kamilla Ýr Ísaksdóttir Guðmann	2011		5:27.75	6:06.87	7:26.03	7:26.03
	Þorgerður Freyja Helgadóttir	2011	0.35	33.68	1:12.58	2:30.22	9:56.25
7	Sundfélagið Óðinn 1	15	Sundfélagið Óðinn		424	10:08.59	+1:28.9
	Alicja Julia Kempisty	2010	0.77	31.13	1:05.69	2:16.37	2:16.37
	Lovísa Austfjörð Stefánsdóttir	2012	0.01	34.59	1:14.60	2:38.76	4:55.13
	Ísabella Jóhannsdóttir	2010	0.39		1:18.96	2:41.23	7:36.36
	Friðrika Sif Ágústsdóttir	2010	0.72	35.96	1:14.01	2:32.23	10:08.59
8	Reykjavík 2	14	Sundráð Íþróttabandalags Reykj		415	10:13.20	+1:33.5
	Thea Sif Hjaltadóttir	2011	0.56	33.95	1:12.11	2:29.31	2:29.31
	Bryndís Rún Guðnadóttir	2013		34.54	1:15.49	2:38.98	5:08.29
	Áróra Mjöll Jónsdóttir	2013		35.90	1:17.15	2:36.95	7:45.24
	Sóley Helga Sigfríðardóttir	2012	0.42	33.59	1:11.01	2:27.96	10:13.20

Event official at: 4/11/2025 6:11:25 PM

Event 12, 4x200m skriðsund karla - úrslit

ISL	7:41.05	Sundfélag Hafnarfjarðar	2000	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/11/2025
UNG	7:56.47	Sundfélag Hafnarfjarðar		Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/1/2023
ALD	8:21.77	Sundfélag Hafnarfjarðar		Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/1/2023

Rank	Name	Age	Team	Pts	Time	Diff
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Results

Event 12, 4x200m skriðsund karla - úrslit

Rank	Name	Age	Team		Pts	Time	Diff
1	Sundfélag Hafnarfjarðar 1	20	Sundfélag Hafnarfjarðar		748	7:41.05	ISL
	Ýmir Chatenay Sölvason	2006	0.57	26.14	54.31	1:52.95	1:52.95
	Magnús Víðir Jónsson	2008	0.18	26.54	55.69	1:56.59	3:49.54
	Birnir Freyr Hálfðánarsson	2006	0.37	26.16	55.84	1:55.91	5:45.45
	Veigar Hrafn Sigþórsson	2005	0.28	26.53	55.87	1:55.60	7:41.05
2	Sundfélag Hafnarfjarðar 2	19	Sundfélag Hafnarfjarðar		673	7:57.51	+16.46
	Hólmar Grétarsson	2008	0.66	28.00	58.02	1:58.56	1:58.56
	Bergur Fálnir Bjarnason	2006	0.36	27.38	57.49	1:59.15	3:57.71
	Adam Leó Tómasson	2007	0.42	27.92	58.51	2:01.22	5:58.93
	Andri Már Kristjánsson	2006	0.41	26.25	56.88	1:58.58	7:57.51
3	Íþróttabandalag Reykjaneshæjar	19	Íþróttabandalag Reykjaneshæjar		627	8:08.94	+27.89
	Denas Kazulis	2008	0.64	27.68	58.11	1:59.60	1:59.60
	Nikolai Leo Jónsson	2008	0.44	28.29	1:00.38	2:06.77	4:06.37
	Árni Þór Pálmason	2009	0.34	28.49	1:00.71	2:05.59	6:11.96
	Guðmundur Leo Rafnsson	2006	0.29	25.72	54.17	1:56.98	8:08.94
4	Sundfélag Hafnarfjarðar 3	20	Sundfélag Hafnarfjarðar		588	8:19.47	+38.42
	Bartosz Aron Henke	2005	0.61	29.22	1:01.04	2:05.82	2:05.82
	Karl Björnsson	2008	0.22	27.88	59.76	2:05.68	4:11.50
	Björn Yngvi Guðmundsson	2007	0.21	27.64	59.31	2:02.58	6:14.08
	Daði Þór Friðriksson	2007	0.53	27.59	58.59	2:05.39	8:19.47
5	Reykjavík 1	18	Sundráð Íþróttabandalags Reykj		522	8:39.58	+58.53
	Birgir Hrafn Kjartansson	2008	0.70	27.65	58.54	2:01.91	2:01.91
	Oliver Kaldal	2007	0.58	29.98	1:03.98	2:14.77	4:16.68
	Þórður Karl Steinarsson	2009	0.64	29.27	1:03.57	2:13.85	6:30.53
	Ásberg Halldór Hansson	2007	0.30	28.16	1:00.01	2:09.05	8:39.58
6	Sundfélagið Óðinn 1	15	Sundfélagið Óðinn		405	9:25.45	+1:44.4
	Magni Rafn Ragnarsson	2010	0.66	31.23	1:05.81	2:14.51	2:14.51
	Benedikt Már Þorvaldsson	2010	0.36	35.06	1:15.69	2:35.47	4:49.98
	Jón Ingi Einarsson	2011	0.21	30.27	1:05.61	2:14.74	7:04.72
	Alexander Reid McCormick	2010	0.48	32.75	1:08.75	2:20.73	9:25.45

Event official at: 4/11/2025 6:26:11 PM

Event 13, 400m fjórsund kvenna - bein úrslit

ISL	4:46.70	Hrafnhildur Luthersdóttir	1991	Sundfélag Hafnarfjarðar (I)	Reykjavík (ISL)	6/5/2015
UNG	4:55.17	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Luxembourg (LUX)	5/31/2013
ALD	5:04.17	Eygló Ósk Gústafsdóttir	1995	Sundfélagið Ægir (ISL)	Reykjaneshæjar (ISL)	5/29/2010

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjaneshæjar	0.67	666	5:02.63	
	50m: 30.86	100m: 1:06.74	(35.88)	150m: 1:48.24	(41.50)	200m: 2:28.63	(40.39)
	250m: 3:10.44	(41.81)	300m: 3:52.69	(42.25)	350m: 4:28.51	(35.82)	400m: 5:02.63 (34.12)
2	Sólveig Freyja Hákonardóttir	2009	Sunddeild Breiðabliks	0.61	609	5:11.76	+9.13
	50m: 33.05	100m: 1:11.76	(38.71)	150m: 1:53.13	(41.37)	200m: 2:33.18	(40.05)
	250m: 3:17.43	(44.25)	300m: 4:02.74	(45.31)	350m: 4:37.94	(35.20)	400m: 5:11.76 (33.82)
3	Auguste Balcunaite	2011	Sundfélag Hafnarfjarðar	0.67	544	5:23.84	+21.21
	50m: 34.22	100m: 1:16.13	(41.91)	150m: 1:58.75	(42.62)	200m: 2:39.86	(41.11)
	250m: 3:25.69	(45.83)	300m: 4:11.29	(45.60)	350m: 4:47.96	(36.67)	400m: 5:23.84 (35.88)
4	Ema Austa Pratusyté	2010	Sundfélag Hafnarfjarðar		522	5:28.29	+25.66
	50m: 35.11	100m: 1:17.35	(42.24)	150m: 1:58.91	(41.56)	200m: 2:38.77	(39.86)
	250m: 3:27.54	(48.77)	300m: 4:15.90	(48.36)	350m: 4:52.70	(36.80)	400m: 5:28.29 (35.59)

Results

Event 13, 400m fjórsund kvenna - bein úrslit

Rank	Name	Born Team	R.T.	Pts	Time	Diff
5	Austėja Savickaitė	2009 Íþróttabandalag Reykjanesbæjar		479	5:37.83	+35.20
	50m: 36.54	100m: 1:16.17 (39.63)	150m: 2:00.86 (44.69)	200m: 2:44.05 (43.19)		
	250m: 3:31.51 (47.46)	300m: 4:20.17 (48.66)	350m: 5:00.47 (40.30)	400m: 5:37.83 (37.36)		
6	Guðrún Ísold Harðardóttir	2011 Sunddeild Breiðabliks	0.72	478	5:38.10	+35.47
	50m: 36.15	100m: 1:20.01 (43.86)	150m: 2:04.78 (44.77)	200m: 2:47.64 (42.86)		
	250m: 3:34.21 (46.57)	300m: 4:22.54 (48.33)	350m: 5:00.80 (38.26)	400m: 5:38.10 (37.30)		
7	Þorgerður Freyja Helgadóttir	2011 Sunddeild Breiðabliks		477	5:38.33	+35.70
	50m: 35.52	100m: 1:17.99 (42.47)	150m: 2:02.92 (44.93)	200m: 2:45.80 (42.88)		
	250m: 3:33.75 (47.95)	300m: 4:22.07 (48.32)	350m: 5:00.74 (38.67)	400m: 5:38.33 (37.59)		
8	Natalía Eir Curtis	2010 Sundráð Íþróttabandalags Reykj	0.62	471	5:39.77	+37.14
	50m: 36.97	100m: 1:22.11 (45.14)	150m: 2:06.10 (43.99)	200m: 2:49.12 (43.02)		
	250m: 3:37.30 (48.18)	300m: 4:25.14 (47.84)	350m: 5:03.59 (38.45)	400m: 5:39.77 (36.18)		
9	Eydís Jóhannesdóttir	2011 Íþróttabandalag Reykjanesbæjar	0.59	467	5:40.75	+38.12
	50m: 35.52	100m: 1:20.64 (45.12)	150m: 2:07.68 (47.04)	200m: 2:51.20 (43.52)		
	250m: 3:36.88 (45.68)	300m: 4:24.12 (47.24)	350m: 5:03.50 (39.38)	400m: 5:40.75 (37.25)		
10	Dagmar Arna Sigurðardóttir	2009 Sundfélag Hafnarfjarðar		442	5:47.00	+44.37
	50m: 35.41	100m: 1:16.97 (41.56)	150m: 1:59.98 (43.01)	200m: 2:40.60 (40.62)		
	250m: 3:35.23 (54.63)	300m: 4:28.46 (53.23)	350m: 5:08.53 (40.07)	400m: 5:47.00 (38.47)		
11	Adriana Agnes Derti	2010 Íþróttabandalag Reykjanesbæjar	0.64	423	5:52.12	+49.49
	50m: 34.76	100m: 1:14.58 (39.82)	150m: 2:00.97 (46.39)	200m: 2:45.62 (44.65)		
	250m: 3:39.27 (53.65)	300m: 4:33.36 (54.09)		400m: 5:52.12 (5:52.12)		
12	Álfrún Lóa Jónsdóttir	2010 Sundráð Íþróttabandalags Reykj	0.59	401	5:58.25	+55.62
	50m: 38.49	100m: 1:26.99 (48.50)	150m: 2:15.14 (48.15)	200m: 3:01.86 (46.72)		
	250m: 3:50.00 (48.14)	300m: 4:37.63 (47.63)	350m: 5:19.24 (41.61)	400m: 5:58.25 (39.01)		
13	Katrín Ísold Gunnsteinsdóttir	2010 Sundráð Íþróttabandalags Reykj	0.82	388	6:02.44	+59.81
	50m: 38.17	100m: 1:26.07 (47.90)	150m: 2:12.01 (45.94)	200m: 2:56.90 (44.89)		
	250m: 3:48.33 (51.43)	300m: 4:40.61 (52.28)	350m: 5:21.20 (40.59)	400m: 6:02.44 (41.24)		
14	Ásta Þórey Einarsdóttir	2013 Sundfélag Hafnarfjarðar		385	6:03.24	+1:00.61
	50m: 38.00	100m: 1:22.71 (44.71)		200m: 3:02.75 (3:02.75)		
	250m: 3:52.52 (49.77)	300m: 4:43.92 (51.40)	350m: 5:24.47 (40.55)	400m: 6:03.24 (38.77)		
15	Karen Júlía Traustadóttir	2012 Íþróttabandalag Reykjanesbæjar		385	6:03.28	+1:00.65
	50m: 39.13	100m: 1:25.17 (46.04)	150m: 2:09.58 (44.41)	200m: 2:53.93 (44.35)		
	250m: 3:46.16 (52.23)	300m: 4:38.83 (52.67)	350m: 5:21.92 (43.09)	400m: 6:03.28 (41.36)		
16	Friðrika Sif Ágústsdóttir	2010 Sundfélagið Óðinn		374	6:06.69	+1:04.06
	50m: 37.18	100m: 1:20.97 (43.79)	150m: 2:10.32 (49.35)	200m: 2:57.99 (47.67)		
	250m: 3:52.76 (54.77)	300m: 4:47.44 (54.68)	350m: 5:28.20 (40.76)	400m: 6:06.69 (38.49)		
17	Ísabella Jóhannsdóttir	2010 Sundfélagið Óðinn	0.47	366	6:09.40	+1:06.77
	50m: 39.17	100m: 1:26.09 (46.92)	150m: 2:20.90 (54.81)	200m: 3:12.88 (51.98)		
	250m: 3:59.87 (46.99)	300m: 4:49.58 (49.71)	350m: 5:31.23 (41.65)	400m: 6:09.40 (38.17)		
18	Ágústa Elly Kristinsdóttir	2011 Sundráð Íþróttabandalags Reykj		352	6:14.29	+1:11.66
	50m: 43.46	100m: 1:31.87 (48.41)	150m: 2:21.28 (49.41)	200m: 3:08.24 (46.96)		
	250m: 3:58.15 (49.91)	300m: 4:47.93 (49.78)	350m: 5:31.96 (44.03)	400m: 6:14.29 (42.33)		
19	Eva Goda Pratusytė	2012 Sundfélag Hafnarfjarðar		332	6:21.79	+1:19.16
	50m: 46.62	100m: 1:39.06 (52.44)	150m: 2:24.25 (45.19)	200m: 3:07.89 (43.64)		
	250m: 4:06.31 (58.42)	300m: 5:02.35 (56.04)	350m: 5:42.71 (40.36)	400m: 6:21.79 (39.08)		
-	Thea Sif Hjaltadóttir	2011 Sundráð Íþróttabandalags Reykj			DNS	

Event official at: 4/12/2025 4:47:27 PM

Event 14, 50m baksund karla - undanrásir

ISL	25.86	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Eindhoven (NED)	3/20/2008
UNG	26.66	Guðmundur Leo Rafnss	2006 Íþróttabandalag Reykjane Vilnius (LTU)	7/2/2024
ALD	27.97	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/24/2016

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Fannar Snævar Hauksson	2004 Íþróttabandalag Reykjanesbæjar	0.54	680	26.77	Q
2	Guðmundur Leo Rafnsson	2006 Íþróttabandalag Reykjanesbæjar	0.56	678	26.80	+0.03 Q
3	Bergur Fáfmr Bjarnason	2006 Sundfélag Hafnarfjarðar	0.56	606	27.82	+1.05 Q
4	Ásberg Halldór Hansson	2007 Sundráð Íþróttabandalags Reykj	0.57	477	30.12	+3.35 Q

Results

Event 14, 50m baksund karla - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
5	Timotei Roland Randhawa	2010 Sundráð Íþróttabandalags Reykj	0.55	434	31.09	+4.32 -
6	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.63	430	31.19	+4.42 Q
7	Kajus Jatautas	2010 Sundfélag Akraness	0.67	417	31.51	+4.74 Q
8	Hrafn Guðmundsson	2011 Sundráð Íþróttabandalags Reykj	0.75	349	33.43	+6.66 Q
=9	Jón Ingi Einarsson	2011 Sundfélagið Óðinn	0.73	347	33.51	+6.74 Q
=9	Már Gunnarsson	1999 Íþróttabandalag Reykjanesbæjar	0.61	767	33.51	+6.74 - S11
11	Ívan Elí Ólafsson	2010 Sundfélagið Óðinn	0.57	316	34.57	+7.80 R1
12	Pórður Karl Steinarsson	2009 Sundráð Íþróttabandalags Reykj	0.58	271	36.37	+9.60 R2

Event official at: 4/12/2025 9:25:07 AM

Event 14, 50m baksund karla - úrslit

ISL	25.86	Örn Arnarson	1981 Sundfélag Hafnarfjarðar (I Eindhoven (NED)	3/20/2008
UNG	26.66	Guðmundur Leo Rafnss	2006 Íþróttabandalag Reykjane Vilnius (LTU)	7/2/2024
ALD	27.97	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/24/2016

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006 Íþróttabandalag Reykjanesbæjar	0.53	682	26.75	
2	Fannar Snævar Hauksson	2004 Íþróttabandalag Reykjanesbæjar	0.53	672	26.88	+0.13
3	Bergur Fáfniir Bjarnason	2006 Sundfélag Hafnarfjarðar	0.54	598	27.95	+1.20
4	Ásberg Halldór Hansson	2007 Sundráð Íþróttabandalags Reykj	0.59	495	29.77	+3.02
=5	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.60	427	31.26	+4.51
=5	Kajus Jatautas	2010 Sundfélag Akraness	0.62	427	31.26	+4.51
7	Jón Ingi Einarsson	2011 Sundfélagið Óðinn	0.71	365	32.95	+6.20
8	Hrafn Guðmundsson	2011 Sundráð Íþróttabandalags Reykj	0.68	341	33.68	+6.93

Event official at: 4/12/2025 4:36:26 PM

Event 15, 200m skriðsund kvenna - undanrásir

ISL	1:57.85	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Belgrade (SRB)	6/20/2024
UNG	2:01.82	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Odense (DEN)	7/15/2018
ALD	2:05.17	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)		4/2/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Snaefríður Sól Jórunnardóttir	2000 Aalborg Svømmeklub	0.70	689	2:07.01	Q
	50m: 29.81	100m: 1:03.58 (33.77)	150m: 1:35.48 (31.90)	200m: 2:07.01 (31.53)		
2	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar	0.68	671	2:08.19	+1.18 Q
	50m: 30.09	100m: 1:02.38 (32.29)	150m: 1:35.21 (32.83)	200m: 2:08.19 (32.98)		
3	Sólveig Freyja Hákonardóttir	2009 Sunddeild Breiðabliks	0.62	646	2:09.81	+2.80 Q
	50m: 30.28	100m: 1:03.31 (33.03)	150m: 1:36.72 (33.41)	200m: 2:09.81 (33.09)		
4	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks	0.55	630	2:10.89	+3.88 Q
	50m: 30.53	100m: 1:03.81 (33.28)	150m: 1:37.79 (33.98)	200m: 2:10.89 (33.10)		
5	Nadja Djurovic	2007 Sundfélag Hafnarfjarðar	0.66	622	2:11.46	+4.45 Q
	50m: 30.48	100m: 1:03.59 (33.11)	150m: 1:37.52 (33.93)	200m: 2:11.46 (33.94)		
6	Alicja Julia Kempisty	2010 Sundfélagið Óðinn	0.64	580	2:14.50	+7.49 Q
	50m: 30.68	100m: 1:04.17 (33.49)	150m: 1:39.57 (35.40)	200m: 2:14.50 (34.93)		
7	Ásdis Steindórsdóttir	2009 Sunddeild Breiðabliks	0.60	580	2:14.53	+7.52 -
	50m: 30.86	100m: 1:04.63 (33.77)	150m: 1:39.75 (35.12)	200m: 2:14.53 (34.78)		
8	Bjarnís Olga Hansen	2010 Sundráð Íþróttabandalags Reykj	0.56	568	2:15.44	+8.43 Q
	50m: 31.19	100m: 1:04.74 (33.55)	150m: 1:41.16 (36.42)	200m: 2:15.44 (34.28)		
9	Guðbjörg Helga Hilmarsdóttir	2011 Sunddeild Breiðabliks		559	2:16.19	+9.18 Q
	50m: 31.26	100m: 1:05.90 (34.64)	150m: 1:41.26 (35.36)	200m: 2:16.19 (34.93)		
10	Katrín Lóa Ingadóttir	2008 Sundfélag Hafnarfjarðar	0.53	534	2:18.31	+11.30 R1
	50m: 32.47	100m: 1:07.22 (34.75)	150m: 1:42.75 (35.53)	200m: 2:18.31 (35.56)		

Results

Event 15, 200m skriðsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
11	Guðrún Ísold Harðardóttir	2011	Sunddeild Breiðabliks		532	2:18.49	+11.48 R2
	50m: 32.58	100m: 1:08.88 (36.30)	150m: 1:43.84 (34.96)			200m: 2:18.49 (34.65)	
12	Karen Sif Helgadóttir	2010	Sundráð Íþróttabandalags Reykj	0.65	501	2:21.30	+14.29
	50m: 32.31	100m: 1:07.73 (35.42)	150m: 1:44.75 (37.02)			200m: 2:21.30 (36.55)	
13	Viktoria Emilia Orlita	2009	Sundfélag Akraness	0.54	490	2:22.32	+15.31
	50m: 32.45	100m: 1:08.22 (35.77)	150m: 1:45.36 (37.14)			200m: 2:22.32 (36.96)	
14	Hildur Erla Hákonardóttir	2010	Sundfélag Hafnarfjarðar	0.69	483	2:23.00	+15.99
	50m: 33.35	100m: 1:09.68 (36.33)	150m: 1:46.67 (36.99)			200m: 2:23.00 (36.33)	
15	Hulda Björg Magnusdóttir Nilsen	2008	Sundráð Íþróttabandalags Reykj	0.72	463	2:24.97	+17.96
	50m: 31.93	100m: 1:07.56 (35.63)	150m: 1:46.02 (38.46)			200m: 2:24.97 (38.95)	
16	Freyja Sigríður Ásgeirsdóttir	2007	Sundráð Íþróttabandalags Reykj	0.50	438	2:27.68	+20.67
	50m: 33.08	100m: 1:09.85 (36.77)	150m: 1:49.18 (39.33)			200m: 2:27.68 (38.50)	
17	Matthildur María Ríkarðsdóttir	2009	Sundfélag Hafnarfjarðar	0.76	438	2:27.76	+20.75
	50m: 33.52	100m: 1:10.96 (37.44)	150m: 1:50.14 (39.18)			200m: 2:27.76 (37.62)	
18	Sóley Helga Sigfríðardóttir	2012	Sundráð Íþróttabandalags Reykj		436	2:28.00	+20.99
	50m: 33.73	100m: 1:10.80 (37.07)	150m: 1:49.65 (38.85)			200m: 2:28.00 (38.35)	
19	Bergey Huld Arnarsdóttir	2011	Sunddeild Breiðabliks		435	2:28.01	+21.00
	50m: 33.94	100m: 1:11.67 (37.73)	150m: 1:50.33 (38.66)			200m: 2:28.01 (37.68)	
20	Rannveig Perla Pétursdóttir	2010	Sundráð Íþróttabandalags Reykj		422	2:29.53	+22.52
	50m: 34.07	100m: 1:11.78 (37.71)	150m: 1:50.91 (39.13)			200m: 2:29.53 (38.62)	
21	Rebekka Rún Magnúsdóttir	2008	Sundfélag Hafnarfjarðar	0.45	419	2:29.98	+22.97
	50m: 33.33	100m: 1:11.65 (38.32)	150m: 1:49.35 (37.70)			200m: 2:29.98 (40.63)	
22	Sunna Dís Skarphéðinsdóttir	2008	Sundfélag Akraness	0.68	394	2:33.03	+26.02
	50m: 32.71	100m: 1:10.73 (38.02)	150m: 1:51.40 (40.67)			200m: 2:33.03 (41.63)	
23	Anna Gloría Káradóttir	2011	Sundráð Íþróttabandalags Reykj		385	2:34.24	+27.23
	50m: 35.08	100m: 1:14.51 (39.43)	150m: 1:55.07 (40.56)			200m: 2:34.24 (39.17)	
24	Tinna Salome Róbertsdóttir	2011	Sunddeild Breiðabliks	0.47	355	2:38.40	+31.39
	50m: 35.74	100m: 1:16.90 (41.16)	150m: 1:58.84 (41.94)			200m: 2:38.40 (39.56)	
25	Hildur Eldey Guðjónsdóttir	2011	Sunddeild Breiðabliks		348	2:39.49	+32.48
	50m: 36.52	100m: 1:17.12 (40.60)	150m: 1:58.93 (41.81)			200m: 2:39.49 (40.56)	
26	Anna Rósa Þrastardóttir	2004	Íþróttafélagið Fjörður	0.84	370	2:50.05	+43.04 S14
	50m: 37.81	100m: 1:20.79 (42.98)	150m: 2:05.68 (44.89)			200m: 2:50.05 (44.37)	
27	Herdís Daðadóttir	2012	Sundráð Íþróttabandalags Reykj	0.53	284	2:50.65	+43.64
	50m: 36.70	100m: 1:21.17 (44.47)	150m: 2:07.00 (45.83)			200m: 2:50.65 (43.65)	
28	Thelma Björg Björnsdóttir	1996	Sundráð Íþróttabandalags Reykj		501	3:15.17	+1:08.16 S6
	50m: 44.95	100m: 1:34.74 (49.79)	150m: 2:25.55 (50.81)			200m: 3:15.17 (49.62)	
29	Sigrún Kjartansdóttir	2003	Íþróttafélagið Fjörður	0.69	436	3:17.96	+1:10.95 S16
	50m: 42.92	100m: 1:32.78 (49.86)	150m: 2:25.73 (52.95)			200m: 3:17.96 (52.23)	
-	Emilía Anna Jóhannsdóttir	2011	Sundfélag Hafnarfjarðar			DSQ	
	SW 10.2. A swimmer did not cover the whole distance - DNF						
-	Karen Anna Orlita	2012	Sundfélag Akraness			DNS	

Event official at: 4/12/2025 9:43:42 AM

Event 15, 200m skriðsund kvenna - úrslit

ISL	1:57.85	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Belgrade (SRB)	6/20/2024		
UNG	2:01.82	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Odense (DEN)	7/15/2018		
ALD	2:05.17	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)		4/2/2023		
Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snaefríður Sól Jórunnardóttir	2000	Aalborg Svømmeklub	0.72	798	2:00.95	
	50m: 28.30	100m: 58.27 (29.97)	150m: 1:29.21 (30.94)			200m: 2:00.95 (31.74)	
2	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar	0.72	701	2:06.32	+5.37
	50m: 29.18	100m: 1:00.98 (31.80)	150m: 1:34.10 (33.12)			200m: 2:06.32 (32.22)	
3	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.64	672	2:08.09	+7.14
	50m: 29.93	100m: 1:02.01 (32.08)	150m: 1:35.17 (33.16)			200m: 2:08.09 (32.92)	

Results

Event 15, 200m skriðsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
4	Freyja Birkisdóttir		2006 Sunddeild Breiðabliks	0.55	664	2:08.60	+7.65
	50m: 30.78	100m: 1:03.33 (32.55)	150m: 1:36.61 (33.28)			200m: 2:08.60 (31.99)	
5	Sólveig Freyja Hákonardóttir		2009 Sunddeild Breiðabliks	0.65	625	2:11.24	+10.29
	50m: 30.17	100m: 1:03.41 (33.24)	150m: 1:37.51 (34.10)			200m: 2:11.24 (33.73)	
6	Alicja Julia Kempisty		2010 Sundfélagið Óðinn	0.76	571	2:15.25	+14.30
	50m: 31.00	100m: 1:04.91 (33.91)	150m: 1:40.49 (35.58)			200m: 2:15.25 (34.76)	
7	Guðbjörg Helga Hilmarsdóttir		2011 Sunddeild Breiðabliks	0.55	570	2:15.28	+14.33
	50m: 31.29	100m: 1:05.49 (34.20)	150m: 1:40.83 (35.34)			200m: 2:15.28 (34.45)	
8	Bjarndís Olga Hansen		2010 Sundráð Íþróttabandalags Reykj	0.53	543	2:17.49	+16.54
	50m: 30.93	100m: 1:05.47 (34.54)	150m: 1:41.92 (36.45)			200m: 2:17.49 (35.57)	

Event official at: 4/12/2025 5:20:50 PM

Event 16, 200m fjórsund karla - undanrásir

ISL	2:04.05	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023
UNG	2:04.05	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023
ALD	2:09.92	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/11/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Birnir Freyr Hálfðánarsson		2006 Sundfélag Hafnarfjarðar	0.61	682	2:09.47	Q
	50m: 26.89	100m: 1:00.98 (34.09)	150m: 1:39.88 (38.90)			200m: 2:09.47 (29.59)	
2	Veigar Hrafn Sigþórsson		2005 Sundfélag Hafnarfjarðar	0.67	662	2:10.74	+1.27 -
	50m: 27.51	100m: 1:01.55 (34.04)	150m: 1:41.67 (40.12)			200m: 2:10.74 (29.07)	
3	Adam Leó Tómasson		2007 Sundfélag Hafnarfjarðar	0.59	642	2:12.14	+2.67 Q
	50m: 29.05	100m: 1:04.08 (35.03)	150m: 1:41.08 (37.00)			200m: 2:12.14 (31.06)	
4	Daði Rafn Fálsson		2008 Íþróttabandalag Reykjanesbæjar	0.72	596	2:15.44	+5.97 Q
	50m: 28.26	100m: 1:03.49 (35.23)	150m: 1:43.71 (40.22)			200m: 2:15.44 (31.73)	
5	Árni Þór Pálmason		2009 Íþróttabandalag Reykjanesbæjar	0.67	541	2:19.84	+10.37 -
	50m: 30.68	100m: 1:08.43 (37.75)	150m: 1:49.62 (41.19)			200m: 2:19.84 (30.22)	
6	Alexander Ari Andrason		2010 Sundráð Íþróttabandalags Reykj	0.62	538	2:20.15	+10.68 Q
	50m: 28.99	100m: 1:06.92 (37.93)	150m: 1:47.66 (40.74)			200m: 2:20.15 (32.49)	
7	Julian Jarnutowski		2010 Íþróttabandalag Reykjanesbæjar	0.60	481	2:25.44	+15.97 Q
	50m: 31.54	100m: 1:10.21 (38.67)	150m: 1:52.22 (42.01)			200m: 2:25.44 (33.22)	
8	Mikael Fannar Arnarson		2009 Íþróttabandalag Reykjanesbæjar	0.66	455	2:28.14	+18.67 Q
	50m: 33.24	100m: 1:10.99 (37.75)	150m: 1:52.98 (41.99)			200m: 2:28.14 (35.16)	
9	Jón Ingvar Eyþórsson		2010 Sunddeild Breiðabliks	0.77	434	2:30.46	+20.99 Q
	50m: 30.60	100m: 1:08.49 (37.89)	150m: 1:56.25 (47.76)			200m: 2:30.46 (34.21)	
10	Þór Eli Gunnarsson		2011 Sundfélag Hafnarfjarðar	0.47	412	2:33.10	+23.63 Q
	50m: 32.79	100m: 1:11.81 (39.02)	150m: 1:57.58 (45.77)			200m: 2:33.10 (35.52)	
11	Egill Orri Baldursson		2009 Íþróttabandalag Reykjanesbæjar	0.87	384	2:36.78	+27.31 R1
	50m: 32.35	100m: 1:11.22 (38.87)	150m: 2:00.13 (48.91)			200m: 2:36.78 (36.65)	
12	Daníel Andriysson		2011 Sundfélag Hafnarfjarðar		334	2:44.26	+34.79 R2
	50m: 35.19	100m: 1:17.36 (42.17)	150m: 2:07.03 (49.67)			200m: 2:44.26 (37.23)	

Event official at: 4/12/2025 9:54:32 AM

Event 16, 200m fjórsund karla - úrslit

ISL	2:04.05	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023
UNG	2:04.05	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023
ALD	2:09.92	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/11/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Adam Leó Tómasson		2007 Sundfélag Hafnarfjarðar	0.59	648	2:11.71	
	50m: 28.92	100m: 1:04.25 (35.33)	150m: 1:41.30 (37.05)			200m: 2:11.71 (30.41)	
2	Daði Rafn Fálsson		2008 Íþróttabandalag Reykjanesbæjar	0.74	588	2:16.06	+4.35
	50m: 28.96	100m: 1:05.42 (36.46)	150m: 1:44.97 (39.55)			200m: 2:16.06 (31.09)	
3	Alexander Ari Andrason		2010 Sundráð Íþróttabandalags Reykj	0.53	548	2:19.26	+7.55
	50m: 28.99	100m: 1:06.36 (37.37)	150m: 1:47.11 (40.75)			200m: 2:19.26 (32.15)	

Results

Event 16, 200m fjórsund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
4	Julian Jarnutowski	2010	Íþróttabandalag Reykjanesbæjar	0.77	487	2:24.80	+13.09
	50m: 31.35	100m: 1:10.59 (39.24)	150m: 1:52.33 (41.74)		200m: 2:24.80 (32.47)		
5	Mikael Fannar Arnarson	2009	Íþróttabandalag Reykjanesbæjar	0.68	474	2:26.19	+14.48
	50m: 32.61	100m: 1:09.97 (37.36)	150m: 1:51.35 (41.38)		200m: 2:26.19 (34.84)		
6	Jón Ingvar Eyþórsson	2010	Sunddeild Breiðabliks	0.73	450	2:28.73	+17.02
	50m: 30.15	100m: 1:07.31 (37.16)	150m: 1:54.60 (47.29)		200m: 2:28.73 (34.13)		
7	Þór Eli Gunnarsson	2011	Sundfélag Hafnarfjarðar	0.50	415	2:32.72	+21.01
	50m: 32.49	100m: 1:11.38 (38.89)	150m: 1:57.82 (46.44)		200m: 2:32.72 (34.90)		
-	Birnir Freyr Hálfðánarsson	2006	Sundfélag Hafnarfjarðar	0.62		DSQ	
	SW 6.5. Not on the back at finish						

Event official at: 4/12/2025 5:28:54 PM

Event 17, 100m baksund kvenna - undanrásir

ISL	1:00.25	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Kazan (RUS)	8/3/2015
UNG	1:01.08	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Broenshoej (DEN)	3/28/2013
ALD	1:04.64	Ylfa Lind Kristmannsdóttir	2008 Sunddeild Ármanns (ISL)	Reykjavik (ISL)	4/2/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir	2008	Sundráð Íþróttabandalags Reykj	0.60	667	1:05.37	Q
	50m: 31.74	100m: 1:05.37 (33.63)					
2	Ástrós Lovísa Hauksdóttir	2008	Íþróttabandalag Reykjanesbæjar	0.62	568	1:08.96	+3.59 Q
	50m: 32.90	100m: 1:08.96 (36.06)					
3	Kristín Rebekka Gunnarsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.66	561	1:09.25	+3.88 Q
	50m: 33.19	100m: 1:09.25 (36.06)					
4	Sunna Arnfinnsdóttir	2007	Sundfélag Akraness	0.73	560	1:09.31	+3.94 Q
	50m: 34.18	100m: 1:09.31 (35.13)					
5	Ásdís Gunnarsdóttir	2008	Sunddeild Breiðabliks	0.56	536	1:10.33	+4.96 Q
	50m: 33.82	100m: 1:10.33 (36.51)					
6	Ema Austa Pratusyté	2010	Sundfélag Hafnarfjarðar	0.65	501	1:11.90	+6.53 Q
	50m: 35.18	100m: 1:11.90 (36.72)					
7	Ylfa Ásgerður Eyjólfssdóttir	2006	Sundráð Íþróttabandalags Reykj	0.62	490	1:12.43	+7.06 Q
	50m: 34.69	100m: 1:12.43 (37.74)					
8	Helga Sigurlaug Helgadóttir	2007	Sundfélag Hafnarfjarðar	0.67	473	1:13.28	+7.91 Q
	50m: 35.48	100m: 1:13.28 (37.80)					
9	Dagmar Arna Sigurðardóttir	2009	Sundfélag Hafnarfjarðar	0.57	456	1:14.17	+8.80 R1
	50m: 36.43	100m: 1:14.17 (37.74)					
10	Freydís Lilja Bergþórsdóttir	2009	Íþróttabandalag Reykjanesbæjar	0.80	432	1:15.53	+10.16 R2
	50m: 37.15	100m: 1:15.53 (38.38)					
11	Lilja Rakel Hannesdóttir Bridde	2011	Sunddeild Breiðabliks	0.61	400	1:17.51	+12.14
	50m: 37.09	100m: 1:17.51 (40.42)					
12	Peódís Styrmisdóttir	2011	Sunddeild Breiðabliks	0.70	386	1:18.46	+13.09
	50m: 37.98	100m: 1:18.46 (40.48)					
13	Julia Maja Walczak	2011	Íþróttabandalag Reykjanesbæjar	0.84	372	1:19.40	+14.03
	50m: 38.49	100m: 1:19.40 (40.91)					
14	Lena Przybylska	2011	Íþróttabandalag Reykjanesbæjar	0.65	368	1:19.67	+14.30
	50m: 37.74	100m: 1:19.67 (41.93)					
15	Tinna Karen Sigurðardóttir	2008	Sundfélag Hafnarfjarðar	0.74	367	1:19.73	+14.36
	50m: 38.37	100m: 1:19.73 (41.36)					
16	Hanna Steinunn Guðnadóttir	2011	Íþróttabandalag Reykjanesbæjar	0.90	344	1:21.47	+16.10
	50m: 40.32	100m: 1:21.47 (41.15)					
17	Guðrún Lára Arnarsdóttir	2009	Sunddeild Stjörnnunar	0.72	340	1:21.79	+16.42
	50m: 38.89	100m: 1:21.79 (42.90)					
18	Freyja Dís Dagmarardóttir	2013	Sundráð Íþróttabandalags Reykj	0.74	324	1:23.12	+17.75
	50m: 39.97	100m: 1:23.12 (43.15)					

Results

Event 17, 100m baksund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
19	Lovísa Austfjörð Stefánsdóttir		2012 Sundfélagið Óðinn	0.69	324	1:23.17	+17.80
	50m: 40.91	100m: 1:23.17	(42.26)				
20	Sonja Sigurdardóttir		1990 Sundráð Íþróttabandalags Reykj		352	2:28.61	+1:23.24 S3
	50m: 1:11.42	100m: 2:28.61	(1:17.19)				

Event official at: 4/12/2025 10:06:42 AM

Event 17, 100m baksund kvenna - úrslit

ISL	1:00.25	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Kazan (RUS)	8/3/2015
UNG	1:01.08	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Broenshoej (DEN)	3/28/2013
ALD	1:04.64	Ylfa Lind Kristmannsdóttir	2008 Sunddeild Ármanns (ISL)	Reykjavik (ISL)	4/2/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir		2008 Sundráð Íþróttabandalags Reykj	0.56	681	1:04.92	
	50m: 31.65	100m: 1:04.92	(33.27)				
2	Ástrós Lovísa Hauksdóttir		2008 Íþróttabandalag Reykjanesbæjar	0.63	579	1:08.51	+3.59
	50m: 32.74	100m: 1:08.51	(35.77)				
3	Sunna Arnfinnsdóttir		2007 Sundfélag Akraness	0.73	559	1:09.32	+4.40
	50m: 33.52	100m: 1:09.32	(35.80)				
4	Ásdís Gunnarsdóttir		2008 Sunddeild Breiðabliks	0.61	552	1:09.62	+4.70
	50m: 33.60	100m: 1:09.62	(36.02)				
5	Kristín Rebekka Gunnarsdóttir		2009 Sundráð Íþróttabandalags Reykj	0.64	548	1:09.81	+4.89
	50m: 33.54	100m: 1:09.81	(36.27)				
6	Helga Sigurlaug Helgadóttir		2007 Sundfélag Hafnarfjarðar	0.68	506	1:11.66	+6.74
	50m: 34.86	100m: 1:11.66	(36.80)				
7	Ylfa Ásgerður Eyjólfssdóttir		2006 Sundráð Íþróttabandalags Reykj	0.61	500	1:11.96	+7.04
	50m: 34.35	100m: 1:11.96	(37.61)				
8	Ema Austa Pratusyté		2010 Sundfélag Hafnarfjarðar	0.59	491	1:12.39	+7.47
	50m: 35.24	100m: 1:12.39	(37.15)				

Event official at: 4/12/2025 5:37:09 PM

Event 18, 50m bringusund karla - undanrásir

ISL	27.46	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Gwangju (KOR)	7/23/2019
UNG	28.33	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Gzira (MLT)	6/2/2023
ALD	31.41	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	7/18/2020

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snorri Dagur Einarsson		2005 Sundfélag Hafnarfjarðar	0.56	791	28.05	Q
2	Aron Bjarki Pétursson		2001 Sundfélag Hafnarfjarðar	0.60	738	28.71	+0.66 Q
3	Einar Margeir Ágústsson		2005 Sundfélag Akraness	0.59	736	28.73	+0.68 Q
4	Karl Björnsson		2008 Sundfélag Hafnarfjarðar	0.54	579	31.13	+3.08 Q
5	Nikolai Leo Jónsson		2008 Íþróttabandalag Reykjanesbæjar	0.47	578	31.14	+3.09 Q
6	Arnór Egill Einarsson		2007 Sundfélag Hafnarfjarðar	0.52	566	31.37	+3.32 Q
7	Róbert Ísak Jónsson		2001 Sundfélag Hafnarfjarðar	0.50	744	32.09	+4.04 Q SB14
8	Arnar Logi Ægisson		2007 Sundfélag Hafnarfjarðar	0.46	493	32.83	+4.78 Q
9	Mikael Fannar Arnarson		2009 Íþróttabandalag Reykjanesbæjar	0.61	420	34.65	+6.60 R1
10	Magni Rafn Ragnarsson		2010 Sundfélagið Óðinn	0.45	383	35.73	+7.68 R2
11	Benedikt Már Þorvaldsson		2010 Sundfélagið Óðinn	0.83	325	37.72	+9.67
12	Gabriel Ingi Derti		2008 Íþróttabandalag Reykjanesbæjar	0.58	324	37.75	+9.70
13	Björn Elvar Austfjörð		2011 Sundfélagið Óðinn	0.56	275	39.88	+11.83
	- Valentín Kristmundsson Genov		2010 Sundráð Íþróttabandalags Reykj	-0.11		DSQ	
	SW 4.4. Starting before the starting signal						

Event official at: 4/12/2025 10:12:52 AM

Event 18, 50m bringusund karla - úrslit

Results

Event 18, 50m bringusund karla - úrslit

ISL	27.46	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Gwangju (KOR)	7/23/2019
UNG	28.33	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Gzira (MLT)	6/2/2023
ALD	31.41	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	7/18/2020

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar	0.55	814	27.79	
2	Einar Margeir Ágústsson	2005 Sundfélag Akraness	0.59	787	28.10	+0.31
3	Aron Bjarki Pétursson	2001 Sundfélag Hafnarfjarðar	0.60	745	28.62	+0.83
4	Karl Björnsson	2008 Sundfélag Hafnarfjarðar	0.55	607	30.64	+2.85
5	Nikolai Leo Jónsson	2008 Íþróttabandalag Reykjanesbæjar	0.66	572	31.25	+3.46
6	Arnór Egill Einarsson	2007 Sundfélag Hafnarfjarðar	0.61	565	31.38	+3.59
7	Róbert Ísak Jónsson	2001 Sundfélag Hafnarfjarðar	0.60	893	31.45	+3.66 SB14
8	Arnar Logi Ægisson	2007 Sundfélag Hafnarfjarðar	0.59	481	33.11	+5.32

Event official at: 4/12/2025 5:41:41 PM

Event 19, 50m flugsund kvenna - undanrásir

ISL	26.68	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	London (GBR)	5/16/2016
UNG	27.65	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Reykjavik (ISL)	3/19/2010
ALD	27.93	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Belgrade (SRB)	8/3/2008

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Jóhanna Elín Guðmundsdóttir	2001 Sundfélag Hafnarfjarðar	0.66	661	28.04	Q
2	Nadja Djurovic	2007 Sundfélag Hafnarfjarðar	0.66	637	28.39	+0.35 Q
3	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness	0.67	605	28.87	+0.83 Q
4	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.68	536	30.06	+2.02 Q
5	Elísabet Arnoddsdóttir	2009 Íþróttabandalag Reykjanesbæjar	0.67	512	30.52	+2.48 Q
6	Hekla Krístrún Mist Arnarsdóttir	2006 Sundráð Íþróttabandalags Reykj	0.58	479	31.21	+3.17 Q
7	Bergey Huld Arnarsdóttir	2011 Sunddeild Breiðabliks	0.59	477	31.25	+3.21 Q
8	Kornelia Nadia Maniak	2010 Íþróttabandalag Reykjanesbæjar		438	32.15	+4.11 Q
9	Katrín Ósk Aðalsteinsdóttir	2009 Sundfélag Hafnarfjarðar	0.66	430	32.36	+4.32 R1
10	Halldóra Björt Ingimundardóttir	2008 Sunddeild Breiðabliks	0.63	420	32.62	+4.58 R2
11	Guðbjörg Helga Hilmarisdóttir	2011 Sunddeild Breiðabliks	0.69	413	32.80	+4.76
12	Freydís Lilja Bergþórsdóttir	2009 Íþróttabandalag Reykjanesbæjar		393	33.35	+5.31
13	Adriana Agnes Derti	2010 Íþróttabandalag Reykjanesbæjar	0.62	387	33.52	+5.48
14	Maja Lind Cicero	2005 Sundfélag Hafnarfjarðar	0.66	385	33.56	+5.52
15	Viktoria Vasile	2011 Sundráð Íþróttabandalags Reykj	0.64	384	33.59	+5.55
16	María Skorastein Sigurdardóttir	2007 Sundfélag Hafnarfjarðar	0.61	360	34.32	+6.28
17	Birgitta Björt Kjartansdóttir	2010 Sundfélag Hafnarfjarðar	0.69	326	35.48	+7.44
18	Friðrika Sif Ágústsdóttir	2010 Sundfélagið Óðinn		314	35.93	+7.89
19	Katrín Birta Birkisdóttir	2012 Sundfélagið Óðinn	0.65	302	36.38	+8.34
20	Bryndís Rún Guðnadóttir	2013 Sundráð Íþróttabandalags Reykj		296	36.64	+8.60
21	Emelía Ýr Gunnarsdóttir	2005 Íþróttafélagið Fjörður		416	37.50	+9.46 S14

Event official at: 4/12/2025 10:23:22 AM

Event 19, 50m flugsund kvenna - úrslit

ISL	26.68	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	London (GBR)	5/16/2016
UNG	27.65	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Reykjavik (ISL)	3/19/2010
ALD	27.93	Bryndís Hansen	1993 Sundfélagið Óðinn (ISL)	Belgrade (SRB)	8/3/2008

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Jóhanna Elín Guðmundsdóttir	2001 Sundfélag Hafnarfjarðar	0.62	715	27.31	

Results

Event 19, 50m flugsund kvenna - úrslit

Rank	Name	Born Team	R.T.	Pts	Time	Diff
2	Nadja Djurovic	2007 Sundfélag Hafnarfjarðar	0.62	643	28.29	+0.98
3	Guðbjörg Bjartey Guðmundsdóttir	2005 Sundfélag Akraness	0.66	620	28.64	+1.33
4	Ragnheiður Ásta Magnúsdóttir	2007 Sunddeild Breiðabliks	0.57	535	30.09	+2.78
5	Elísabet Arnoddsdóttir	2009 Íþróttabandalag Reykjanesbæjar	0.69	516	30.44	+3.13
6	Bergey Huld Arnarsdóttir	2011 Sunddeild Breiðabliks	0.58	493	30.92	+3.61
7	Hekla Krístrún Mist Arnarsdóttir	2006 Sundráð Íþróttabandalags Reykj	0.61	480	31.18	+3.87
8	Kornelia Nadia Maniak	2010 Íþróttabandalag Reykjanesbæjar		471	31.38	+4.07

Event official at: 4/12/2025 5:47:33 PM

Event 20, 100m skriðsund karla - undanrásir

ISL	49.97	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Monte-Carlo (MON)	6/5/2007
UNG	51.65	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Istanbul (TUR)	7/26/1999
ALD	54.31	Birni Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/10/2021

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ýmir Chatenay Sölvason	2006 Sundfélag Hafnarfjarðar	0.56	725	51.63	Q
	50m: 25.26	100m: 51.63 (26.37)				
2	Guðmundur Leo Rafnsson	2006 Íþróttabandalag Reykjanesbæjar	0.60	705	52.11	+0.48 Q
	50m: 25.33	100m: 52.11 (26.78)				
3	Denas Kazulis	2008 Íþróttabandalag Reykjanesbæjar	0.66	675	52.89	+1.26 Q
	50m: 26.12	100m: 52.89 (26.77)				
4	Veigar Hrafn Sigþórsson	2005 Sundfélag Hafnarfjarðar	0.64	671	52.98	+1.35 Q
	50m: 25.94	100m: 52.98 (27.04)				
5	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.63	665	53.14	+1.51 Q
	50m: 25.85	100m: 53.14 (27.29)				
6	Magnús Víðir Jónsson	2008 Sundfélag Hafnarfjarðar	0.59	634	53.99	+2.36 Q
	50m: 26.35	100m: 53.99 (27.64)				
7	Birgir Hrafn Kjartansson	2008 Sundráð Íþróttabandalags Reykj	0.71	602	54.95	+3.32 Q
	50m: 26.38	100m: 54.95 (28.57)				
8	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.67	574	55.83	+4.20 Q
	50m: 27.15	100m: 55.83 (28.68)				
9	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.57	563	56.19	+4.56 R1
	50m: 26.99	100m: 56.19 (29.20)				
10	Björn Yngvi Guðmundsson	2007 Sundfélag Hafnarfjarðar	0.59	523	57.58	+5.95 R2
	50m: 27.13	100m: 57.58 (30.45)				
11	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.50	497	58.55	+6.92
	50m: 27.55	100m: 58.55 (31.00)				
12	Alexander Ari Andrasen	2010 Sundráð Íþróttabandalags Reykj	0.60	492	58.77	+7.14
	50m: 28.27	100m: 58.77 (30.50)				
13	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.68	487	58.94	+7.31
	50m: 28.53	100m: 58.94 (30.41)				
14	Kajus Jatautas	2010 Sundfélag Akraness	0.70	480	59.25	+7.62
	50m: 27.69	100m: 59.25 (31.56)				
15	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.54	477	59.35	+7.72
	50m: 28.21	100m: 59.35 (31.14)				
16	Vanja Djurovic	2009 Sundfélag Hafnarfjarðar	0.46	476	59.39	+7.76
	50m: 28.68	100m: 59.39 (30.71)				
17	Gísli Kristján Traustason	2009 Íþróttabandalag Reykjanesbæjar	0.44	474	59.51	+7.88
	50m: 28.25	100m: 59.51 (31.26)				
18	Jón Haukur Þórsson	2008 Sundráð Íþróttabandalags Reykj	0.69	465	59.86	+8.23
	50m: 28.38	100m: 59.86 (31.48)				
19	Már Óskar Þorsteinsson	2007 Sundfélag Hafnarfjarðar	0.45	449	1:00.57	+8.94
	50m: 28.97	100m: 1:00.57 (31.60)				

Results

Event 20, 100m skriðsund karla - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
20	Magni Rafn Ragnarsson	2010	Sundfélagið Óðinn	0.54	448	1:00.63	+9.00
	50m: 29.07	100m: 1:00.63	(31.56)				
21	Maciej Stefan Markowski	2006	Sunddeild Stjörnunnar	0.49	441	1:00.94	+9.31
	50m: 28.68	100m: 1:00.94	(32.26)				
22	Þórður Karl Steinarsson	2009	Sundráð Íþróttabandalags Reykj	0.74	437	1:01.11	+9.48
	50m: 29.24	100m: 1:01.11	(31.87)				
23	Halldór Ingi Hafþórsson	2008	Sundfélag Hafnarfjarðar	0.53	414	1:02.21	+10.58
	50m: 30.19	100m: 1:02.21	(32.02)				
24	Jón Ingi Einarsson	2011	Sundfélagið Óðinn	0.75	391	1:03.44	+11.81
	50m: 30.09	100m: 1:03.44	(33.35)				

Event official at: 4/12/2025 10:34:27 AM

Event 20, 100m skriðsund karla - úrslit

ISL	49.97	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Monte-Carlo (MON)	6/5/2007
UNG	51.65	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Istanbul (TUR)	7/26/1999
ALD	54.31	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Klaipeda (LTU)	7/10/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006	Íþróttabandalag Reykjanesbæjar	0.59	710	51.99	
	50m: 25.31	100m: 51.99	(26.68)				
2	Ýmir Chatenay Sölvason	2006	Sundfélag Hafnarfjarðar	0.58	709	52.03	+0.04
	50m: 24.84	100m: 52.03	(27.19)				
3	Veigar Hrafn Sigþórsson	2005	Sundfélag Hafnarfjarðar	0.64	697	52.31	+0.32
	50m: 25.45	100m: 52.31	(26.86)				
4	Guðbjarni Sigþórsson	2006	Sundfélag Akraness	0.63	691	52.48	+0.49
	50m: 25.63	100m: 52.48	(26.85)				
5	Denas Kazulis	2008	Íþróttabandalag Reykjanesbæjar	0.65	676	52.85	+0.86
	50m: 25.57	100m: 52.85	(27.28)				
6	Magnús Víðir Jónsson	2008	Sundfélag Hafnarfjarðar	0.58	645	53.68	+1.69
	50m: 26.12	100m: 53.68	(27.56)				
7	Birgir Hrafn Kjartansson	2008	Sundráð Íþróttabandalags Reykj	0.68	602	54.94	+2.95
	50m: 26.36	100m: 54.94	(28.58)				
8	Daði Þór Friðriksson	2007	Sundfélag Hafnarfjarðar	0.65	569	55.99	+4.00
	50m: 27.24	100m: 55.99	(28.75)				

Event official at: 4/12/2025 5:54:23 PM

Event 21, 100m bringusund kvenna - undanrásir

ISL	1:06.45	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I London (GBR)	5/18/2016
UNG	1:10.19	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	3/20/2009
ALD	1:14.21	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane Reykjavik (ISL)	7/18/2020

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Birgitta Ingólfssdóttir	2005	Sundfélag Hafnarfjarðar	0.76	720	1:11.52	Q
	50m: 33.62	100m: 1:11.52	(37.90)				
2	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjanesbæjar	0.70	631	1:14.75	+3.23 Q
	50m: 34.96	100m: 1:14.75	(39.79)				
3	Auguste Balciunaite	2011	Sundfélag Hafnarfjarðar	0.64	593	1:16.30	+4.78 Q
	50m: 35.18	100m: 1:16.30	(41.12)				
4	Margrét Anna Lapas	2009	Íþróttabandalag Reykjanesbæjar	0.58	545	1:18.47	+6.95 Q
	50m: 36.45	100m: 1:18.47	(42.02)				
5	Valdís Rós Þorsteinsdóttir	2007	Sundfélag Hafnarfjarðar	0.56	506	1:20.45	+8.93 Q
	50m: 37.33	100m: 1:20.45	(43.12)				
6	Álfrún Lóa Jónsdóttir	2010	Sundráð Íþróttabandalags Reykj	0.60	490	1:21.34	+9.82 Q
	50m: 38.37	100m: 1:21.34	(42.97)				
7	Eydís Jóhannesdóttir	2011	Íþróttabandalag Reykjanesbæjar		480	1:21.90	+10.38 Q
	50m: 39.88	100m: 1:21.90	(42.02)				

Results

Event 21, 100m bringusund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
8	Elín Michalec Árnadóttir	2010	Sunddeild Breiðabliks	0.67	457	1:23.24	+11.72	Q
	50m: 38.84	100m: 1:23.24	(44.40)					
9	Hildur Erla Hákonardóttir	2010	Sundfélag Hafnarfjarðar	0.68	439	1:24.36	+12.84	R1
	50m: 40.53	100m: 1:24.36	(43.83)					
10	Matthildur María Ríkarðsdóttir	2009	Sundfélag Hafnarfjarðar	0.66	436	1:24.51	+12.99	R2
	50m: 39.56	100m: 1:24.51	(44.95)					
11	Ísabella Jóhannsdóttir	2010	Sundfélagið Óðinn	0.72	435	1:24.63	+13.11	
	50m: 39.72	100m: 1:24.63	(44.91)					
12	Embla Dögg Helgadóttir	2008	Sundráð Íþróttabandalags Reykj	0.68	431	1:24.89	+13.37	
	50m: 39.50	100m: 1:24.89	(45.39)					
13	Ágústa Elly Kristinsdóttir	2011	Sundráð Íþróttabandalags Reykj	0.81	423	1:25.37	+13.85	
	50m: 41.16	100m: 1:25.37	(44.21)					
14	Katla Mist Bragadóttir	2007	Sundráð Íþróttabandalags Reykj	0.62	421	1:25.53	+14.01	
	50m: 40.14	100m: 1:25.53	(45.39)					
=15	Natalía Eir Curtis	2010	Sundráð Íþróttabandalags Reykj	0.71	416	1:25.85	+14.33	
	50m: 40.88	100m: 1:25.85	(44.97)					
=15	Kamilla Ýr Ísaksdóttir Guðmann	2011	Sunddeild Breiðabliks		416	1:25.85	+14.33	
	50m: 40.60	100m: 1:25.85	(45.25)					
17	Þórey Ísafold Magnúsdóttir	1999	Sundráð Íþróttabandalags Reykj	0.86	521	1:29.45	+17.93	SB14
	50m: 42.47	100m: 1:29.45	(46.98)					
18	Áróra Mjöll Jónsdóttir	2013	Sundráð Íþróttabandalags Reykj		359	1:30.16	+18.64	
	50m: 42.94	100m: 1:30.16	(47.22)					
19	Bríet Laufey Ingimarsdóttir	2011	Sundfélagið Óðinn	0.49	356	1:30.44	+18.92	
	50m: 41.94	100m: 1:30.44	(48.50)					
20	Herdís Daðadóttir	2012	Sundráð Íþróttabandalags Reykj	0.59	315	1:34.24	+22.72	
	50m: 44.86	100m: 1:34.24	(49.38)					
21	Anna Rósa Þrastardóttir	2004	Íþróttafélagið Fjörður	0.84	287	1:49.06	+37.54	SB14
	50m: 50.39	100m: 1:49.06	(58.67)					
22	Thelma Björg Björnsdóttir	1996	Sundráð Íþróttabandalags Reykj		467	2:00.91	+49.39	SB5
	50m: 56.98	100m: 2:00.91	(1:03.93)					
-	Thea Sif Hjaltadóttir	2011	Sundráð Íþróttabandalags Reykj			DNS		

Event official at: 4/12/2025 10:46:00 AM

Event 21, 100m bringusund kvenna - úrslit

ISL	1:06.45	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I London (GBR)	5/18/2016
UNG	1:10.19	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	3/20/2009
ALD	1:14.21	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane Reykjavik (ISL)	7/18/2020

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Birgitta Ingólfssdóttir	2005	Sundfélag Hafnarfjarðar	0.67	753	1:10.47	
	50m: 33.17	100m: 1:10.47	(37.30)				
2	Eva Margrét Falsdóttir	2005	Íþróttabandalag Reykjanesbæjar	0.63	646	1:14.18	+3.71
	50m: 34.28	100m: 1:14.18	(39.90)				
3	Auguste Balcunaite	2011	Sundfélag Hafnarfjarðar	0.66	582	1:16.81	+6.34
	50m: 35.98	100m: 1:16.81	(40.83)				
4	Margrét Anna Lapas	2009	Íþróttabandalag Reykjanesbæjar		535	1:18.97	+8.50
	50m: 37.20	100m: 1:18.97	(41.77)				
5	Valdís Rós Þorsteinsdóttir	2007	Sundfélag Hafnarfjarðar	0.70	527	1:19.37	+8.90
	50m: 36.60	100m: 1:19.37	(42.77)				
6	Álfrún Lóa Jónsdóttir	2010	Sundráð Íþróttabandalags Reykj	0.73	504	1:20.55	+10.08
	50m: 38.38	100m: 1:20.55	(42.17)				
7	Elín Michalec Árnadóttir	2010	Sunddeild Breiðabliks	0.55	469	1:22.53	+12.06
	50m: 38.42	100m: 1:22.53	(44.11)				
8	Eydís Jóhannesdóttir	2011	Íþróttabandalag Reykjanesbæjar		449	1:23.69	+13.22
	50m: 38.95	100m: 1:23.69	(44.74)				

Event official at: 4/12/2025 6:00:53 PM

Results

Event 22, 200m flugsund karla - undanrásir

ISL	2:02.97	Sindri Thor Jakobsson	1991 Íþróttabandalag Reykjane	Prague (CZE)	7/9/2009
UNG	2:02.97	Sindri Thor Jakobsson	1991 Íþróttabandalag Reykjane	Prague (CZE)	7/9/2009
ALD	2:12.82	Viktor Forafonov	2002 Fjölnir (ISL)	Bergen (NOR)	5/5/2017

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Hólmur Grétarsson	2008	Sundfélag Hafnarfjarðar	0.67	692	2:04.74	Q
	50m: 28.38	100m: 59.81	(31.43)	150m: 1:32.32	(32.51)	200m: 2:04.74	(32.42)
2	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar	0.62	515	2:17.60	+12.86 -
	50m: 30.65	100m: 1:05.75	(35.10)	150m: 1:41.69	(35.94)	200m: 2:17.60	(35.91)
3	Daði Rafn Falsón	2008	Íþróttabandalag Reykjanesbæjar	0.73	486	2:20.30	+15.56 -
	50m: 30.15	100m: 1:05.11	(34.96)	150m: 1:42.44	(37.33)	200m: 2:20.30	(37.86)
4	Snævar Örn Kristmannsson	2006	Sunddeild Breiðabliks	0.71	592	2:24.87	+20.13 Q S15
	50m: 32.04	100m: 1:09.15	(37.11)	150m: 1:47.93	(38.78)	200m: 2:24.87	(36.94)
5	Bartosz Aron Henke	2005	Sundfélag Hafnarfjarðar	0.67	422	2:27.10	+22.36 -
	50m: 31.41	100m: 1:08.76	(37.35)	150m: 1:47.78	(39.02)	200m: 2:27.10	(39.32)
6	Styrmir Snær Árnason	2010	Sundfélag Hafnarfjarðar	0.65	390	2:30.92	+26.18 Q
	50m: 32.41	100m: 1:08.60	(36.19)	150m: 1:47.64	(39.04)	200m: 2:30.92	(43.28)
7	Viljar Fannarsson	2010	Sundráð Íþróttabandalags Reykj	0.80	353	2:36.12	+31.38 Q
	50m: 32.07	100m: 1:10.26	(38.19)	150m: 1:51.11	(40.85)	200m: 2:36.12	(45.01)
8	Egill Orri Baldursson	2009	Íþróttabandalag Reykjanesbæjar	0.89	320	2:41.19	+36.45 -
	50m: 33.05	100m: 1:11.59	(38.54)	150m: 1:55.33	(43.74)	200m: 2:41.19	(45.86)

Event official at: 4/12/2025 10:54:06 AM

Event 22, 200m flugsund karla - úrslit

ISL	2:02.97	Sindri Thor Jakobsson	1991 Íþróttabandalag Reykjane	Prague (CZE)	7/9/2009
UNG	2:02.97	Sindri Thor Jakobsson	1991 Íþróttabandalag Reykjane	Prague (CZE)	7/9/2009
ALD	2:12.82	Viktor Forafonov	2002 Fjölnir (ISL)	Bergen (NOR)	5/5/2017

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Hólmur Grétarsson	2008	Sundfélag Hafnarfjarðar	0.71	681	2:05.41	
	50m: 28.57	100m: 1:00.49	(31.92)	150m: 1:33.07	(32.58)	200m: 2:05.41	(32.34)
2	Snævar Örn Kristmannsson	2006	Sunddeild Breiðabliks	0.76	627	2:22.16	+16.75 S15
	50m: 31.63	100m: 1:08.21	(36.58)	150m: 1:44.20	(35.99)	200m: 2:22.16	(37.96)
3	Styrmir Snær Árnason	2010	Sundfélag Hafnarfjarðar	0.78	398	2:30.00	+24.59
	50m: 32.16	100m: 1:08.20	(36.04)	150m: 1:46.11	(37.91)	200m: 2:30.00	(43.89)
4	Viljar Fannarsson	2010	Sundráð Íþróttabandalags Reykj	0.75	370	2:33.60	+28.19
	50m: 32.32	100m: 1:09.83	(37.51)	150m: 1:50.31	(40.48)	200m: 2:33.60	(43.29)

Event official at: 4/12/2025 6:07:08 PM

Event 23, 800m skriðsund kvenna - bein úrslit

ISL	8:53.76	Sigrún Sverrisdóttir	1990 Sundfélagið Ægir (ISL)	Columbus (USA)	3/11/2012
UNG	9:08.33	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks (ISL)	London (GBR)	5/27/2024
ALD	9:09.32	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks (ISL)	Reykjavík (ISL)	4/24/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	Katja Lilja Andriydsóttir	2006	Sundfélag Hafnarfjarðar	0.57	646	9:20.77		
	50m: 31.42	100m: 1:04.97	(33.55)	150m: 1:39.30	(34.33)	200m: 2:13.79	(34.49)	
	250m: 2:49.11	(35.32)	300m: 3:24.54	(35.43)	350m: 4:00.12	(35.58)	400m: 4:35.90	(35.78)
	450m: 5:11.56	(35.66)	500m: 5:47.15	(35.59)	550m: 6:23.14	(35.99)	600m: 6:58.76	(35.62)
	650m: 7:34.69	(35.93)	700m: 8:10.26	(35.57)	750m: 8:45.75	(35.49)	800m: 9:20.77	(35.02)
2	Ásdís Steindórsdóttir	2009	Sunddeild Breiðabliks	0.61	592	9:37.07	+16.30	
	50m: 32.09	100m: 1:06.93	(34.84)	150m: 1:42.80	(35.87)	200m: 2:19.20	(36.40)	
	250m: 2:55.89	(36.69)	300m: 3:32.47	(36.58)	350m: 4:09.40	(36.93)	400m: 4:46.30	(36.90)
	450m: 5:23.17	(36.87)	500m: 6:00.09	(36.92)	550m: 6:36.74	(36.65)	600m: 7:13.32	(36.58)
	650m: 7:50.23	(36.91)	700m: 8:26.55	(36.32)	750m: 9:02.23	(35.68)	800m: 9:37.07	(34.84)
3	Alicja Julia Kempisty	2010	Sundfélagið Óðinn		534	9:57.51	+36.74	
	50m: 32.66	100m: 1:09.11	(36.45)	150m: 1:46.82	(37.71)	200m: 2:24.64	(37.82)	
	250m: 3:02.66	(38.02)	300m: 3:40.51	(37.85)	350m: 4:18.59	(38.08)	400m: 4:57.05	(38.46)
	450m: 5:34.64	(37.59)	500m: 6:12.78	(38.14)	550m: 6:50.56	(37.78)	600m: 7:28.88	(38.32)
	650m: 8:07.08	(38.20)	700m: 8:44.61	(37.53)	750m: 9:22.18	(37.57)	800m: 9:57.51	(35.33)

Event 23, 800m skriðsund kvenna - bein úrslit

Event official at: 4/12/2025 6:23:02 PM

Event 24, 1500m skriðsund karla - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
2025-04-15 23:01:01	Datahandling: Swimify 2.12		Licensed to: Icelandic Swimming Association				Page 26/45

Results

Event 24, 1500m skriðsund karla - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Andri Már Kristjánsson		2006 Sundfélag Hafnarfjarðar	0.67	679	16:30.59	
	50m: 29.83	100m: 1:02.98 (33.15)	150m: 1:35.78 (32.80)	200m: 2:09.33 (33.55)			
	250m: 2:42.80 (33.47)	300m: 3:17.27 (34.47)	350m: 3:50.18 (32.91)	400m: 4:24.26 (34.08)			
	450m: 4:56.59 (32.33)	500m: 5:30.44 (33.85)	550m: 6:04.02 (33.58)	600m: 6:38.32 (34.30)			
	650m: 7:12.56 (34.24)	700m: 7:46.12 (33.56)	750m: 8:19.44 (33.32)	800m: 8:52.49 (33.05)			
	850m: 9:25.53 (33.04)	900m: 9:58.95 (33.42)	950m: 10:31.73 (32.78)	1000m: 11:05.25 (33.52)			
	1050m: 11:38.10 (32.85)	1100m: 12:11.50 (33.40)	1150m: 12:43.91 (32.41)	1200m: 13:17.28 (33.37)			
	1250m: 13:50.66 (33.38)	1300m: 14:23.84 (33.18)	1350m: 14:56.31 (32.47)	1400m: 15:29.07 (32.76)			
	1450m: 16:00.59 (31.52)	1500m: 16:30.59 (30.00)					
2	Björn Yngvi Guðmundsson		2007 Sundfélag Hafnarfjarðar	0.47	635	16:52.45	+21.86
	50m: 30.02	100m: 1:02.81 (32.79)	150m: 1:35.89 (33.08)	200m: 2:09.34 (33.45)			
	250m: 2:42.83 (33.49)	300m: 3:16.58 (33.75)	350m: 3:50.07 (33.49)	400m: 4:23.68 (33.61)			
	450m: 4:57.15 (33.47)	500m: 5:30.62 (33.47)	550m: 6:04.44 (33.82)	600m: 6:38.44 (34.00)			
	650m: 7:12.70 (34.26)	700m: 7:46.49 (33.79)	750m: 8:20.16 (33.67)	800m: 8:54.02 (33.86)			
	850m: 9:28.00 (33.98)	900m: 10:01.98 (33.98)	950m: 10:36.29 (34.31)	1000m: 11:10.25 (33.96)			
	1050m: 11:44.43 (34.18)	1100m: 12:18.88 (34.45)	1150m: 12:53.30 (34.42)	1200m: 13:27.71 (34.41)			
	1250m: 14:02.22 (34.51)	1300m: 14:36.51 (34.29)	1350m: 15:10.98 (34.47)	1400m: 15:45.43 (34.45)			
	1450m: 16:19.53 (34.10)	1500m: 16:52.45 (32.92)					
3	Árni Þór Pálmason		2009 Íþróttabandalag Reykjanæsbæjar	0.77	576	17:25.84	+55.25
	50m: 31.22	100m: 1:05.79 (34.57)	150m: 1:40.68 (34.89)	200m: 2:15.40 (34.72)			
	250m: 2:51.05 (35.65)	300m: 3:26.12 (35.07)	350m: 4:01.43 (35.31)	400m: 4:36.49 (35.06)			
	450m: 5:11.59 (35.10)	500m: 5:46.63 (35.04)	550m: 6:22.13 (35.50)	600m: 6:56.97 (34.84)			
	650m: 7:32.59 (35.62)	700m: 8:07.41 (34.82)	750m: 8:42.94 (35.53)	800m: 9:18.18 (35.24)			
	850m: 9:53.66 (35.48)	900m: 10:29.07 (35.41)	950m: 11:04.25 (35.18)	1000m: 11:39.22 (34.97)			
	1050m: 12:14.33 (35.11)	1100m: 12:49.33 (35.00)	1150m: 13:24.53 (35.20)	1200m: 13:59.27 (34.74)			
	1250m: 14:34.07 (34.80)	1300m: 15:08.92 (34.85)	1350m: 15:44.32 (35.40)	1400m: 16:19.13 (34.81)			
	1450m: 16:52.74 (33.61)	1500m: 17:25.84 (33.10)					
4	Viktor Bergmann Arnarsson		2010 Íþróttabandalag Reykjanæsbæjar	0.65	488	18:25.56	+1:54.97
	50m: 32.09	100m: 1:07.86 (35.77)	150m: 1:45.04 (37.18)	200m: 2:22.02 (36.98)			
	250m: 2:59.12 (37.10)	300m: 3:36.61 (37.49)	350m: 4:13.77 (37.16)	400m: 4:51.38 (37.61)			
	450m: 5:28.69 (37.31)	500m: 6:06.20 (37.51)	550m: 6:44.31 (38.11)	600m: 7:21.37 (37.06)			
	650m: 7:58.65 (37.28)	700m: 8:35.47 (36.82)	750m: 9:12.97 (37.50)	800m: 9:50.38 (37.41)			
	850m: 10:27.63 (37.25)	900m: 11:04.70 (37.07)	950m: 11:41.27 (36.57)	1000m: 12:18.34 (37.07)			
	1050m: 12:54.96 (36.62)	1100m: 13:32.31 (37.35)	1150m: 14:08.94 (36.63)	1200m: 14:46.33 (37.39)			
	1250m: 15:23.74 (37.41)	1300m: 16:01.19 (37.45)	1350m: 16:37.94 (36.75)	1400m: 17:15.18 (37.24)			
	1450m: 17:51.07 (35.89)	1500m: 18:25.56 (34.49)					
5	Kristján Hrafn Kjartansson		2011 Sundfélag Hafnarfjarðar	0.56	469	18:39.87	+2:09.28
	50m: 31.42	100m: 1:06.17 (34.75)	150m: 1:42.05 (35.88)	200m: 2:18.50 (36.45)			
	250m: 2:55.44 (36.94)	300m: 3:32.49 (37.05)	350m: 4:10.07 (37.58)	400m: 4:47.80 (37.73)			
	450m: 5:25.25 (37.45)	500m: 6:02.86 (37.61)	550m: 6:40.62 (37.76)	600m: 7:18.41 (37.79)			
	650m: 7:56.74 (38.33)	700m: 8:33.88 (37.14)	750m: 9:11.81 (37.93)	800m: 9:49.34 (37.53)			
	850m: 10:27.39 (38.05)	900m: 11:05.38 (37.99)	950m: 11:43.16 (37.78)	1000m: 12:20.18 (37.02)			
	1050m: 12:58.16 (37.98)	1100m: 13:36.31 (38.15)	1150m: 14:14.61 (38.30)	1200m: 14:52.69 (38.08)			
	1250m: 15:30.51 (37.82)	1300m: 16:08.38 (37.87)	1350m: 16:46.92 (38.54)	1400m: 17:24.33 (37.41)			
	1450m: 18:02.59 (38.26)	1500m: 18:39.87 (37.28)					
6	Alexander Reid McCormick		2010 Sundfélagið Óðinn	0.54	441	19:03.85	+2:33.26
	50m: 33.47	100m: 1:09.81 (36.34)	150m: 1:47.28 (37.47)	200m: 2:25.13 (37.85)			
	250m: 3:03.25 (38.12)	300m: 3:41.88 (38.63)	350m: 4:20.42 (38.54)	400m: 4:59.48 (39.06)			
	450m: 5:38.32 (38.84)	500m: 6:16.84 (38.52)	550m: 6:55.98 (39.14)	600m: 7:35.51 (39.53)			
	650m: 8:14.77 (39.26)	700m: 8:54.01 (39.24)	750m: 9:33.37 (39.36)	800m: 10:12.24 (38.87)			
	850m: 10:51.13 (38.89)	900m: 11:30.29 (39.16)	950m: 12:09.08 (38.79)	1000m: 12:47.76 (38.68)			
	1050m: 13:26.65 (38.89)	1100m: 14:05.23 (38.58)	1150m: 14:42.92 (37.69)	1200m: 15:21.15 (38.23)			
	1250m: 15:59.47 (38.32)	1300m: 16:37.14 (37.67)	1350m: 17:14.28 (37.14)	1400m: 17:51.61 (37.33)			
	1450m: 18:28.93 (37.32)	1500m: 19:03.85 (34.92)					
7	Stefán Hagalín Árnason		2010 Sundráð Íþróttabandalags Reykj	0.56	432	19:11.06	+2:40.47
	50m: 33.51	100m: 1:11.56 (38.05)	150m: 1:49.86 (38.30)	200m: 2:28.30 (38.44)			
	250m: 3:06.60 (38.30)	300m: 3:45.34 (38.74)	350m: 4:23.84 (38.50)	400m: 5:02.53 (38.69)			
	450m: 5:41.38 (38.85)	500m: 6:19.85 (38.47)	550m: 6:58.87 (39.02)	600m: 7:37.37 (38.50)			
	650m: 8:16.23 (38.86)	700m: 8:54.69 (38.46)	750m: 9:33.35 (38.66)	800m: 10:11.61 (38.26)			
	850m: 10:50.67 (39.06)	900m: 11:29.63 (38.96)	950m: 12:07.92 (38.29)	1000m: 12:46.70 (38.78)			
	1050m: 13:25.15 (38.45)	1100m: 14:03.61 (38.46)	1150m: 14:42.37 (38.76)	1200m: 15:21.41 (39.04)			
	1250m: 15:59.72 (38.31)	1300m: 16:38.33 (38.61)	1350m: 17:16.79 (38.46)	1400m: 17:55.27 (38.48)			
	1450m: 18:33.44 (38.17)	1500m: 19:11.06 (37.62)					

Event official at: 4/12/2025 5:12:32 PM

Event 25, 4x100m skriðsund karla - úrslit

Results

Event 25, 4x100m skriðsund karla - úrslit

ISL	3:26.14	Sundfélag Hafnarfjarðar	2000	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2025	
UNG	3:35.21	Sundfélag Hafnarfjarðar		Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023	
ALD	3:54.97	Sundfélag Hafnarfjarðar		Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/2/2023	
Rank	Name	Age	Team	Pts	Time	Diff
1	Sundfélag Hafnarfjarðar 1	22	Sundfélag Hafnarfjarðar	761	3:26.14	ISL
	Birnir Freyr Hálfðánarsson	2006		0.62 24.23 51.21	51.21	
	Veigar Hrafn Sigþórsson	2005		0.41 25.44 52.21	1:43.42	
	Símon Elías Statkevicius	2003		0.34 23.86 50.84	2:34.26	
	Ýmir Chatenay Sölvason	2006		0.23 25.02 51.88	3:26.14	
2	Sundfélag Hafnarfjarðar 2	20	Sundfélag Hafnarfjarðar	672	3:34.84	+8.70
	Bergur Fáfniir Bjarnason	2006		0.56 26.04 54.60	54.60	
	Magnús Víðir Jónsson	2008		0.11 25.37 52.97	1:47.57	
	Andri Már Kristjánsson	2006		0.33 26.16 53.90	2:41.47	
	Snorri Dagur Einarsson	2005		0.34 25.21 53.37	3:34.84	
3	Íþróttabandalag Reykjanesbæj	20	Íþróttabandalag Reykjanesbæjar	659	3:36.30	+10.16
	Denas Kazulis	2008		0.62 25.63 52.90	52.90	
	Guðmundur Leo Rafnsson	2006		0.49 25.04 52.38	1:45.28	
	Guðmundur Karl Karlsson	2005		0.22 25.91 54.75	2:40.03	
	Nikolai Leo Jónsson	2008		0.56 26.65 56.27	3:36.30	
4	Reykjavík 1	19	Sundráð Íþróttabandalags Reykj	562	3:48.00	+21.86
	Stefán Ingi Ólafsson	2006		0.60 26.89 56.96	56.96	
	Alexander Ari Andrason	2010		0.37 27.27 57.23	1:54.19	
	Ásberg Halldór Hansson	2007		0.13 27.32 57.53	2:51.72	
	Birgir Hrafn Kjartansson	2008		0.35 26.64 56.28	3:48.00	
5	Reykjavík 2	19	Sundráð Íþróttabandalags Reykj	498	3:57.47	+31.33
	Örn Ægisson	2006		0.70 28.03 58.35	58.35	
	Oliver Kaldal	2007		0.36 27.71 58.97	1:57.32	
	Jón Haukur Þórsson	2008		0.77 28.59 59.98	2:57.30	
	Þórður Karl Steinarsson	2009		0.58 28.91 1:00.17	3:57.47	
6	Sundfélagið Óðinn 1	15	Sundfélagið Óðinn	365	4:23.32	+57.18
	Jón Ingi Einarsson	2011		0.72 29.79 1:02.42	1:02.42	
	Alexander Reid McCormick	2010		0.55 31.34 1:05.40	2:07.82	
	Björn Elvar Austfjörð	2011		0.26 34.43		
	Magni Rafn Ragnarsson	2010		3:50.51 4:23.32	4:23.32	

Event official at: 4/12/2025 6:34:03 PM

Event 26, 4x100m skriðsund kvenna - úrslit

ISL	3:51.64	Sundfélagið Ægir		Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/14/2012
UNG	3:57.29	Sunddeild Breiðabliks		Sunddeild Breiðabliks (ISL)	Reykjavík (ISL)	4/13/2024
ALD	4:14.38	Sundfélagið Óðinn		Sundfélagið Óðinn (ISL)	Laugardalslaug (ISL)	2/17/2008
Rank	Name	Age	Team	Pts	Time	Diff
1	Sundfélag Hafnarfjarðar 1	24	Sundfélag Hafnarfjarðar	699	3:54.26	
	Jóhanna Elín Guðmundsdóttir	2001		0.65 27.13 56.82	56.82	
	Vala Dís Cicero	2008		0.47 27.79 57.99	1:54.81	
	Nadja Djurovic	2007		0.39 28.46 59.62	2:54.43	
	Birgitta Ingólfssdóttir	2005		0.50 28.52 59.83	3:54.26	

Results

Event 26, 4x100m skriðsund kvenna - úrslit

Rank	Name	Age	Team		Pts	Time	Diff
2	Sunddeild Breiðabliks 1		19 Sunddeild Breiðabliks		626	4:03.03	+8.77
	Ásdís Gunnarsdóttir	2008	0.69	29.55	1:01.55	1:01.55	
	Sólveig Freyja Hákonardóttir	2009	0.45	29.10	1:00.12	2:01.67	
	Ásdis Steindórsdóttir	2009	0.25	29.10	1:01.20	3:02.87	
	Freyja Birkisdóttir	2006	0.21	29.38	1:00.16	4:03.03	
3	Reykjavík 1		19 Sundráð Íþróttabandalags Reykj		587	4:08.32	+14.06
	Kristín Rebekka Gunnarsdóttir	2009	0.62	29.73	1:02.82	1:02.82	
	Ylfa Lind Kristmannsdóttir	2008	0.71	28.47	58.98	2:01.80	
	Bjarnís Olga Hansen	2010	0.51	29.25	1:02.13	3:03.93	
	Ylfa Ásgerður Eyjólfssdóttir	2006	0.55	29.31	1:04.39	4:08.32	
4	Sundfélag Akraness 1		20 Sundfélag Akraness		564	4:11.62	+17.36
	Guðbjörg Bjartey	2005	0.52	28.50	58.81	58.81	
	Gudmundsdóttir						
	Viktoria Emilia Orlita	2009	0.42	30.40	1:03.50	2:02.31	
	Sunna Dís Skarphéðinsdóttir	2008	0.49	31.56	1:06.59	3:08.90	
	Sunna Arnfinnsdóttir	2007	0.42	30.33	1:02.72	4:11.62	
5	Íþróttabandalag Reykjanesbæj		20 Íþróttabandalag Reykjanesbæjar		560	4:12.28	+18.02
	Eva Margrét Falsdóttir	2005	0.69	28.87	59.56	59.56	
	Margrét Anna Lapas	2009	0.31	30.39	1:03.67	2:03.23	
	Kornelia Nadia Maniak	2010	0.47	30.37	1:04.31	3:07.54	
	Ástrós Lovísa Hauksdóttir	2008	0.33	30.12	1:04.74	4:12.28	
6	Reykjavík 3		15 Sundráð Íþróttabandalags Reykj		491	4:23.54	+29.28
	Natalía Eir Curtis	2010	0.58	31.72	1:05.84	1:05.84	
	Rannveig Perla Pétursdóttir	2010	0.35	31.20	1:06.44	2:12.28	
	Álfrún Lóa Jónsdóttir	2010	0.52	31.30	1:05.07	3:17.35	
	Karen Sif Helgadóttir	2010	0.07	31.24	1:06.19	4:23.54	
7	Reykjavík 2		19 Sundráð Íþróttabandalags Reykj		452	4:30.89	+36.63
	Freyja Sigríður Ásgeirsdóttir	2007	0.52	31.05	1:05.99	1:05.99	
	Katla Mist Bragadóttir	2007	0.36	31.91	1:07.70	2:13.69	
	Viktoria Vasile	2011	0.51	33.22	1:09.19	3:22.88	
	Hekla Krístrún Mist	2006	0.49	31.87	1:08.01	4:30.89	
	Arnarsdóttir						
8	Sunddeild Breiðabliks 2		14 Sunddeild Breiðabliks		450	4:31.26	+37.00
	Guðbjörg Helga Hilmarsdóttir	2011	0.72	31.88	1:06.93	1:06.93	
	Bergey Huld Arnarsdóttir	2011		31.51			
	Þeódís Styrmisdóttir	2011		2:48.52	3:24.99	3:24.99	
	Guðrún Ísold Harðardóttir	2011	0.46	30.92	1:06.27	4:31.26	
9	Sundfélagið Óðinn 1		15 Sundfélagið Óðinn		381	4:46.82	+52.56
	Friðrika Sif Ágústsdóttir	2010		33.96	1:11.77	1:11.77	
	Bríet Laufey Ingimarsdóttir	2011	0.14	35.75	1:17.97	2:29.74	
	Katrín Birta Birkisdóttir	2012	0.51	33.61	1:10.74	3:40.48	
	Alicja Julia Kempisty	2010	0.36	31.65	1:06.34	4:46.82	

Results

Event 26, 4x100m skriðsund kvenna - úrslit

Rank	Name	Age	Team	Pts	Time	Diff
-	Reykjavík 4	14	Sundráð Íþróttabandalags Reykj		DSQ	
	SW 10.11. Swimmer's feet lost touch with starting platform before preceding team-mate touches					
	Sóley Helga Sigfríðardóttir	2012	0.79	32.91	1:08.91	1:08.91
	Bryndís Rún Guðnadóttir	2013	0.30	33.14	1:10.72	2:19.63
	Áróra Mjöll Jónsdóttir	2013	0.53	34.50	1:12.02	3:31.65
	Anna Gloría Káradóttir	2011	-0.09			DSQ

Event official at: 4/12/2025 6:47:16 PM

Event 27, 400m fjórsund karla - bein úrslit

ISL	4:23.64	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/15/2012
UNG	4:30.15	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Belgrade (SRB)	7/10/2011
ALD	4:35.30	Hólmur Grétarsson	2008 Sundfélag Hafnarfjarðar (I	Maribor (SLO)	7/28/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Hólmur Grétarsson	2008	Sundfélag Hafnarfjarðar	0.71	700	4:33.02	
	50m: 28.63	100m: 1:00.65	(32.02)	150m: 1:37.53	(36.88)	200m: 2:13.26	(35.73)
	250m: 2:51.72	300m: 3:30.49	(38.77)	350m: 4:02.74	(32.25)	400m: 4:33.02	(30.28)
2	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar	0.63	624	4:43.74	+10.72
	50m: 29.94	100m: 1:04.39	(34.45)	150m: 1:42.44	(38.05)	200m: 2:20.01	(37.57)
	250m: 2:58.90	300m: 3:38.89	(39.99)	350m: 4:13.02	(34.13)	400m: 4:43.74	(30.72)
3	Daði Rafn Falsón	2008	Íþróttabandalag Reykjanesbæjar	0.68	617	4:44.71	+11.69
	50m: 29.04	100m: 1:02.68	(33.64)	150m: 1:41.41	(38.73)	200m: 2:18.70	(37.29)
	250m: 2:59.21	300m: 3:40.23	(41.02)	350m: 4:13.04	(32.81)	400m: 4:44.71	(31.67)
4	Árni Þór Pálmason	2009	Íþróttabandalag Reykjanesbæjar	0.74	521	5:01.27	+28.25
	50m: 31.68	100m: 1:08.27	(36.59)	150m: 1:48.20	(39.93)	200m: 2:26.69	(38.49)
	250m: 3:10.54	300m: 3:54.10	(43.56)	350m: 4:28.34	(34.24)	400m: 5:01.27	(32.93)
5	Kristján Hrafn Kjartansson	2011	Sundfélag Hafnarfjarðar	0.68	437	5:19.50	+46.48
	50m: 31.81	100m: 1:09.23	(37.42)	150m: 1:49.96	(40.73)	200m: 2:30.21	(40.25)
	250m: 3:18.58	300m: 4:07.57	(48.99)	350m: 4:44.03	(36.46)	400m: 5:19.50	(35.47)
6	Styrmir Snær Árnason	2010	Sundfélag Hafnarfjarðar	0.76	428	5:21.58	+48.56
	50m: 32.40	100m: 1:08.82	(36.42)	150m: 1:53.97	(45.15)	200m: 2:36.34	(42.37)
	250m: 3:22.56	300m: 4:08.88	(46.32)	350m: 4:46.61	(37.73)	400m: 5:21.58	(34.97)
=7	Viktor Bergmann Arnarsson	2010	Íþróttabandalag Reykjanesbæjar	0.64	418	5:24.22	+51.20
	50m: 34.37	100m: 1:13.43	(39.06)	150m: 1:57.42	(43.99)	200m: 2:38.88	(41.46)
	250m: 3:26.72	300m: 4:16.23	(49.51)	350m: 4:51.30	(35.07)	400m: 5:24.22	(32.92)
=7	Þór Eli Gunnarsson	2011	Sundfélag Hafnarfjarðar	0.49	418	5:24.22	+51.20
	50m: 34.47	100m: 1:16.95	(42.48)	150m: 1:59.63	(42.68)	200m: 2:40.37	(40.74)
	250m: 3:27.15	300m: 4:14.47	(47.32)	350m: 4:50.78	(36.31)	400m: 5:24.22	(33.44)
9	Daníel Andriysson	2011	Sundfélag Hafnarfjarðar	0.56	352	5:43.25	+1:10.23
	50m: 35.96	100m: 1:17.63	(41.67)	150m: 2:02.53	(44.90)	200m: 2:45.14	(42.61)
	250m: 3:34.29	300m: 4:25.44	(51.15)	350m: 5:05.18	(39.74)	400m: 5:43.25	(38.07)

Event official at: 4/13/2025 4:46:26 PM

Event 28, 100m flugsund kvenna - undanrásir

ISL	59.87	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	London (GBR)	7/28/2012
UNG	1:01.54	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	Omaha (USA)	6/29/2008
ALD	1:03.44	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I	Jonkoping (SWE)	7/8/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.65	652	1:03.63	Q
	50m: 29.96	100m: 1:03.63	(33.67)				
2	Freydís Lilja Bergþórsdóttir	2009	Íþróttabandalag Reykjanesbæjar	0.72	471	1:10.88	+7.25 Q
	50m: 33.13	100m: 1:10.88	(37.75)				
3	Bergey Huld Arnarsdóttir	2011	Sunddeild Breiðabliks	0.62	441	1:12.47	+8.84 Q
	50m: 34.07	100m: 1:12.47	(38.40)				
4	Adriana Agnes Derti	2010	Íþróttabandalag Reykjanesbæjar	0.62	436	1:12.72	+9.09 Q
	50m: 33.66	100m: 1:12.72	(39.06)				

Results

Event 28, 100m flugsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
5	Hekla Krístrún Mist Arnarsdóttir	2006	Sundráð Íþróttabandalags Reykj	0.64	429	1:13.14	+9.51 Q
	50m: 33.58	100m: 1:13.14	(39.56)				
6	Kornelia Nadia Maniak	2010	Íþróttabandalag Reykjanesbæjar		412	1:14.13	+10.50 Q
	50m: 33.94	100m: 1:14.13	(40.19)				
7	Þorgerður Freyja Helgadóttir	2011	Sunddeild Breiðabliks	0.58	410	1:14.24	+10.61 -
	50m: 34.53	100m: 1:14.24	(39.71)				
8	Kristín Ásta Sigtryggisdóttir	2009	Sundráð Íþróttabandalags Reykj	0.65	408	1:14.35	+10.72 Q
	50m: 33.27	100m: 1:14.35	(41.08)				
9	Maja Lind Cicero	2005	Sundfélag Hafnarfjarðar	0.62	397	1:15.07	+11.44 Q
	50m: 34.59	100m: 1:15.07	(40.48)				
10	Viktoria Vasile	2011	Sundráð Íþróttabandalags Reykj	0.35	354	1:17.94	+14.31 R1
	50m: 35.48	100m: 1:17.94	(42.46)				
11	Aldís Ögmundsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.37	349	1:18.34	+14.71 R2
	50m: 35.70	100m: 1:18.34	(42.64)				
12	Þórey Ísafold Magnúsdóttir	1999	Sundráð Íþróttabandalags Reykj	0.72	404	1:25.96	+22.33 S14
	50m: 38.78	100m: 1:25.96	(47.18)				

Event official at: 4/13/2025 9:17:07 AM

Event 28, 100m flugsund kvenna - úrslit

ISL	59.87	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	London (GBR)	7/28/2012
UNG	1:01.54	Sarah Blake Bateman	1990 Sundfélagið Ægir (ISL)	Omaha (USA)	6/29/2008
ALD	1:03.44	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I	Jonkoping (SWE)	7/8/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.62	707	1:01.93	
	50m: 28.61	100m: 1:01.93	(33.32)				
2	Freydís Lilja Bergþórsdóttir	2009	Íþróttabandalag Reykjanesbæjar	0.35	499	1:09.55	+7.62
	50m: 32.59	100m: 1:09.55	(36.96)				
3	Hekla Krístrún Mist Arnarsdóttir	2006	Sundráð Íþróttabandalags Reykj	0.63	492	1:09.89	+7.96
	50m: 32.11	100m: 1:09.89	(37.78)				
4	Adriana Agnes Derti	2010	Íþróttabandalag Reykjanesbæjar	0.60	445	1:12.23	+10.30
	50m: 33.63	100m: 1:12.23	(38.60)				
5	Bergey Huld Arnarsdóttir	2011	Sunddeild Breiðabliks	0.56	430	1:13.10	+11.17
	50m: 33.62	100m: 1:13.10	(39.48)				
6	Kornelia Nadia Maniak	2010	Íþróttabandalag Reykjanesbæjar	0.62	416	1:13.89	+11.96
	50m: 33.77	100m: 1:13.89	(40.12)				
7	Kristín Ásta Sigtryggisdóttir	2009	Sundráð Íþróttabandalags Reykj	0.71	400	1:14.83	+12.90
	50m: 33.36	100m: 1:14.83	(41.47)				
8	Maja Lind Cicero	2005	Sundfélag Hafnarfjarðar	0.44	391	1:15.45	+13.52
	50m: 34.74	100m: 1:15.45	(40.71)				

Event official at: 4/13/2025 4:36:32 PM

Event 29, 200m skriðsund karla - undanrásir

ISL	1:49.78	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Sydney (AUS)	9/16/2000
UNG	1:50.63	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I	Antwerpen (BEL)	7/30/1998
ALD	1:57.07	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I	Maribor (SLO)	7/27/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Ýmir Chatenay Sölvason	2006	Sundfélag Hafnarfjarðar	0.58	701	1:54.77	Q
	50m: 26.43	100m: 54.90	(28.47)	150m: 1:24.65	(29.75)	200m: 1:54.77	(30.12)
2	Magnús Viðir Jónsson	2008	Sundfélag Hafnarfjarðar	0.60	684	1:55.76	+0.99 Q
	50m: 26.64	100m: 55.22	(28.58)	150m: 1:25.05	(29.83)	200m: 1:55.76	(30.71)
3	Veigar Hrafn Sigþórsson	2005	Sundfélag Hafnarfjarðar	0.66	602	2:00.78	+6.01 Q
	50m: 27.79	100m: 58.21	(30.42)	150m: 1:29.51	(31.30)	200m: 2:00.78	(31.27)
4	Denas Kazulis	2008	Íþróttabandalag Reykjanesbæjar	0.69	600	2:00.91	+6.14 Q
	50m: 27.76	100m: 58.89	(31.13)	150m: 1:30.07	(31.18)	200m: 2:00.91	(30.84)

Results

Event 29, 200m skriðsund karla - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
5	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.66	585	2:01.90	+7.13 Q
	50m: 27.57	100m: 59.14 (31.57) 150m: 1:30.89 (31.75)			200m: 2:01.90 (31.01)	
6	Birgir Hrafn Kjartansson	2008 Sundráð Íþróttabandalags Reykj	0.75	579	2:02.37	+7.60 Q
	50m: 27.60	100m: 57.99 (30.39) 150m: 1:30.26 (32.27)			200m: 2:02.37 (32.11)	
7	Björn Yngvi Guðmundsson	2007 Sundfélag Hafnarfjarðar	0.50	524	2:06.50	+11.73 -
	50m: 28.41	100m: 1:00.72 (32.31) 150m: 1:34.25 (33.53)			200m: 2:06.50 (32.25)	
8	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.66	517	2:07.06	+12.29 Q
	50m: 28.04	100m: 59.43 (31.39) 150m: 1:33.14 (33.71)			200m: 2:07.06 (33.92)	
9	Vanja Djurovic	2009 Sundfélag Hafnarfjarðar	0.52	475	2:10.72	+15.95 Q
	50m: 30.19	100m: 1:02.12 (31.93) 150m: 1:36.34 (34.22)			200m: 2:10.72 (34.38)	
10	Kajus Jatautas	2010 Sundfélag Akraness	0.67	456	2:12.51	+17.74 R1
	50m: 29.50	100m: 1:01.94 (32.44) 150m: 1:37.12 (35.18)			200m: 2:12.51 (35.39)	
11	Gísli Kristján Traustason	2009 Íþróttabandalag Reykjanesbæjar	0.44	447	2:13.34	+18.57 -
	50m: 29.83	100m: 1:03.23 (33.40) 150m: 1:38.60 (35.37)			200m: 2:13.34 (34.74)	
12	Magni Rafn Ragnarsson	2010 Sundfélagið Óðinn		442	2:13.85	+19.08 R2
	50m: 30.57	100m: 1:04.67 (34.10) 150m: 1:39.83 (35.16)			200m: 2:13.85 (34.02)	
13	Halldór Ingi Hafþórsson	2008 Sundfélag Hafnarfjarðar	0.71	441	2:13.95	+19.18
	50m: 31.23	100m: 1:05.31 (34.08) 150m: 1:39.89 (34.58)			200m: 2:13.95 (34.06)	
14	Jón Haukur Þórsson	2008 Sundráð Íþróttabandalags Reykj	0.71	439	2:14.17	+19.40
	50m: 29.78	100m: 1:04.62 (34.84) 150m: 1:40.58 (35.96)			200m: 2:14.17 (33.59)	
15	Þórður Karl Steinarsson	2009 Sundráð Íþróttabandalags Reykj	0.72	435	2:14.53	+19.76
	50m: 29.90	100m: 1:04.57 (34.67) 150m: 1:40.27 (35.70)			200m: 2:14.53 (34.26)	
16	Jón Ingi Einarsson	2011 Sundfélagið Óðinn	0.76	432	2:14.86	+20.09
	50m: 30.34	100m: 1:04.53 (34.19) 150m: 1:40.52 (35.99)			200m: 2:14.86 (34.34)	
17	Egill Orri Baldursson	2009 Íþróttabandalag Reykjanesbæjar	0.85	348	2:24.91	+30.14 -
	50m: 32.29	100m: 1:09.51 (37.22) 150m: 1:46.95 (37.44)			200m: 2:24.91 (37.96)	
-	Jón Ingvar Eyþórsson	2010 Sunddeild Breiðabliks			DNS	

Event official at: 4/13/2025 9:30:07 AM

Event 29, 200m skriðsund karla - úrslit

ISL	1:49.78	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Sydney (AUS)	9/16/2000
UNG	1:50.63	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Antwerpen (BEL)	7/30/1998
ALD	1:57.07	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar (I Maribor (SLO)	7/27/2023

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ýmir Chatenay Sölvason	2006 Sundfélag Hafnarfjarðar	0.57	710	1:54.30	
	50m: 26.57	100m: 55.33 (28.76) 150m: 1:25.04 (29.71)			200m: 1:54.30 (29.26)	
2	Veigar Hrafn Sigþórsson	2005 Sundfélag Hafnarfjarðar	0.64	695	1:55.11	+0.81
	50m: 26.60	100m: 55.29 (28.69) 150m: 1:24.70 (29.41)			200m: 1:55.11 (30.41)	
3	Magnús Viðir Jónsson	2008 Sundfélag Hafnarfjarðar	0.60	688	1:55.53	+1.23
	50m: 27.19	100m: 55.97 (28.78) 150m: 1:25.63 (29.66)			200m: 1:55.53 (29.90)	
4	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.66	673	1:56.38	+2.08
	50m: 27.04	100m: 56.09 (29.05) 150m: 1:26.06 (29.97)			200m: 1:56.38 (30.32)	
5	Denas Kazulis	2008 Íþróttabandalag Reykjanesbæjar	0.52	625	1:59.26	+4.96
	50m: 27.33	100m: 57.24 (29.91) 150m: 1:28.17 (30.93)			200m: 1:59.26 (31.09)	
6	Birgir Hrafn Kjartansson	2008 Sundráð Íþróttabandalags Reykj	0.69	589	2:01.64	+7.34
	50m: 27.88	100m: 58.44 (30.56) 150m: 1:30.69 (32.25)			200m: 2:01.64 (30.95)	
7	Daði Þór Friðriksson	2007 Sundfélag Hafnarfjarðar	0.67	541	2:05.17	+10.87
	50m: 28.28	100m: 59.36 (31.08) 150m: 1:32.21 (32.85)			200m: 2:05.17 (32.96)	
8	Vanja Djurovic	2009 Sundfélag Hafnarfjarðar		505	2:08.06	+13.76
	50m: 30.00	100m: 1:02.44 (32.44) 150m: 1:34.66 (32.22)			200m: 2:08.06 (33.40)	

Event official at: 4/13/2025 5:23:01 PM

Event 30, 200m baksund kvenna - undanrásir

ISL	2:08.84	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Rio (BRA)	8/11/2016
UNG	2:10.38	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/13/2012

Results

Event 30, 200m baksund kvenna - undanrásir

ALD 2:18.83 Eygló Ósk Gústafsdóttir 1995 Sundfélagið Ægir (ISL) Helsinki (FIN) 7/14/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir	2008 Sundráð Íþróttabandalags Reykj	0.57	631	2:23.54	Q
	50m: 32.58	100m: 1:07.90 (35.32) 150m: 1:45.12 (37.22)			200m: 2:23.54 (38.42)	
2	Ástrós Lovísa Hauksdóttir	2008 Íþróttabandalag Reykjanesbæjar	0.72	549	2:30.36	+6.82 Q
	50m: 35.42	100m: 1:13.50 (38.08) 150m: 1:52.74 (39.24)			200m: 2:30.36 (37.62)	
3	Sólveig Freyja Hákonardóttir	2009 Sunddeild Breiðabliks	0.67	548	2:30.40	+6.86 Q
	50m: 36.30	100m: 1:14.89 (38.59) 150m: 1:53.71 (38.82)			200m: 2:30.40 (36.69)	
4	Sunna Arnfinnsdóttir	2007 Sundfélag Akraness	0.77	522	2:32.89	+9.35 Q
	50m: 35.31	100m: 1:13.67 (38.36) 150m: 1:53.55 (39.88)			200m: 2:32.89 (39.34)	
5	Katrín Lóa Ingadóttir	2008 Sundfélag Hafnarfjarðar	0.68	504	2:34.66	+11.12 Q
	50m: 36.71	100m: 1:15.37 (38.66) 150m: 1:55.16 (39.79)			200m: 2:34.66 (39.50)	
6	Dagmar Arna Sigurðardóttir	2009 Sundfélag Hafnarfjarðar	0.59	486	2:36.55	+13.01 Q
	50m: 36.71	100m: 1:16.10 (39.39) 150m: 1:56.84 (40.74)			200m: 2:36.55 (39.71)	
7	Ema Austa Pratusyté	2010 Sundfélag Hafnarfjarðar	0.63	478	2:37.47	+13.93 Q
	50m: 36.46	100m: 1:16.35 (39.89) 150m: 1:57.58 (41.23)			200m: 2:37.47 (39.89)	
8	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar	0.67	449	2:40.79	+17.25 Q
	50m: 37.19	100m: 1:17.32 (40.13) 150m: 2:00.62 (43.30)			200m: 2:40.79 (40.17)	
9	Natalía Eir Curtis	2010 Sundráð Íþróttabandalags Reykj	0.76	429	2:43.27	+19.73 R1
	50m: 38.83	100m: 1:20.81 (41.98) 150m: 2:02.93 (42.12)			200m: 2:43.27 (40.34)	
10	Lilja Rakel Hannesdóttir Bridde	2011 Sunddeild Breiðabliks	0.61	426	2:43.64	+20.10 R2
	50m: 37.94	100m: 1:19.46 (41.52) 150m: 2:01.18 (41.72)			200m: 2:43.64 (42.46)	
11	Hanna Steinunn Guðnadóttir	2011 Íþróttabandalag Reykjanesbæjar	0.87	400	2:47.05	+23.51
	50m: 39.08	100m: 1:21.52 (42.44) 150m: 2:05.04 (43.52)			200m: 2:47.05 (42.01)	
12	Eva Goda Pratusyté	2012 Sundfélag Hafnarfjarðar	0.66	392	2:48.13	+24.59
	50m: 40.26	100m: 1:23.77 (43.51) 150m: 2:07.23 (43.46)			200m: 2:48.13 (40.90)	
13	Karen Júlía Traustadóttir	2012 Íþróttabandalag Reykjanesbæjar	0.67	389	2:48.66	+25.12
	50m: 37.61	100m: 1:20.74 (43.13) 150m: 2:04.79 (44.05)			200m: 2:48.66 (43.87)	
14	Rebekka Rún Magnúsdóttir	2008 Sundfélag Hafnarfjarðar	0.67	376	2:50.55	+27.01
	50m: 39.67	100m: 1:23.13 (43.46) 150m: 2:07.79 (44.66)			200m: 2:50.55 (42.76)	
15	Rannveig Perla Pétursdóttir	2010 Sundráð Íþróttabandalags Reykj	0.65	374	2:50.86	+27.32
	50m: 38.74	100m: 1:22.13 (43.39) 150m: 2:07.45 (45.32)			200m: 2:50.86 (43.41)	
16	Thea Sif Hjaltadóttir	2011 Sundráð Íþróttabandalags Reykj	0.74	365	2:52.21	+28.67
	50m: 40.56	100m: 1:24.43 (43.87) 150m: 2:09.67 (45.24)			200m: 2:52.21 (42.54)	
17	Katrín Ísold Gunnsteinsdóttir	2010 Sundráð Íþróttabandalags Reykj	0.71	365	2:52.28	+28.74
	50m: 39.65	100m: 1:23.19 (43.54) 150m: 2:08.05 (44.86)			200m: 2:52.28 (44.23)	
18	Tinna Karen Sigurðardóttir	2008 Sundfélag Hafnarfjarðar	0.73	360	2:53.05	+29.51
	50m: 39.77	100m: 1:23.44 (43.67) 150m: 2:08.44 (45.00)			200m: 2:53.05 (44.61)	
19	Freyja Dís Dagmarardóttir	2013 Sundráð Íþróttabandalags Reykj	0.72	353	2:54.17	+30.63
	50m: 40.69	100m: 1:25.46 (44.77) 150m: 2:10.16 (44.70)			200m: 2:54.17 (44.01)	
20	Guðrún Lára Arnarsdóttir	2009 Sunddeild Stjörnunnar	0.76	342	2:55.94	+32.40
	50m: 39.82	100m: 1:24.50 (44.68) 150m: 2:11.76 (47.26)			200m: 2:55.94 (44.18)	
21	Lovísa Austfjörð Stefánsdóttir	2012 Sundfélagið Óðinn	0.71	337	2:56.84	+33.30
	50m: 40.14	100m: 1:24.39 (44.25) 150m: 2:11.03 (46.64)			200m: 2:56.84 (45.81)	
22	Alexandra Dís Gunnarsdóttir	2011 Íþróttabandalag Reykjanesbæjar	0.81	330	2:58.19	+34.65
	50m: 41.15	100m: 1:26.02 (44.87) 150m: 2:13.09 (47.07)			200m: 2:58.19 (45.10)	
23	Lena Przybylska	2011 Íþróttabandalag Reykjanesbæjar	0.63	326	2:58.75	+35.21
	50m: 39.65	100m: 1:24.72 (45.07) 150m: 2:12.82 (48.10)			200m: 2:58.75 (45.93)	
24	Emilía Anna Jóhannsdóttir	2011 Sundfélag Hafnarfjarðar	0.76	315	3:00.88	+37.34
	50m: 40.29	150m: 2:14.10 (2:14.10)			200m: 3:00.88 (46.78)	
25	Tinna Salome Róbertsdóttir	2011 Sunddeild Breiðabliks	0.78	314	3:01.08	+37.54
	50m: 42.93	100m: 1:29.16 (46.23) 150m: 2:16.44 (47.28)			200m: 3:01.08 (44.64)	
-	Bjarndís Olga Hansen	2010 Sundráð Íþróttabandalags Reykj	0.45		DSQ	
	SW 4.4. Starting before the starting signal					

Results

Event 30, 200m baksund kvenna - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
-	Bríet Laufey Ingimarsdóttir	2011 Sundfélagið Óðinn	0.64		DSQ	
SW 6.4. More than one single or double simultaneous arm pull used to initiate the turn or not performed immediately						
-	Julia Maja Walczak	2011 Íþróttabandalag Reykjanesbæjar			DNS	

Event official at: 4/13/2025 9:49:59 AM

Event 30, 200m baksund kvenna - úrslit

ISL	2:08.84	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Rio (BRA)	8/11/2016
UNG	2:10.38	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/13/2012
ALD	2:18.83	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Helsinki (FIN)	7/14/2010

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Ylfa Lind Kristmannsdóttir	2008 Sundráð Íþróttabandalags Reykj	0.63	660	2:21.38	
	50m: 32.48	100m: 1:07.66 (35.18) 150m: 1:44.14 (36.48)			200m: 2:21.38 (37.24)	
2	Sólveig Freyja Hákonardóttir	2009 Sunddeild Breiðabliks	0.61	559	2:29.40	+8.02
	50m: 35.75	100m: 1:14.18 (38.43) 150m: 1:52.80 (38.62)			200m: 2:29.40 (36.60)	
3	Ástrós Lovísa Hauksdóttir	2008 Íþróttabandalag Reykjanesbæjar	0.66	558	2:29.52	+8.14
	50m: 34.79	100m: 1:12.86 (38.07) 150m: 1:51.32 (38.46)			200m: 2:29.52 (38.20)	
4	Ema Austa Pratusyté	2010 Sundfélag Hafnarfjarðar	0.63	527	2:32.42	+11.04
	50m: 35.78	100m: 1:14.68 (38.90) 150m: 1:54.75 (40.07)			200m: 2:32.42 (37.67)	
5	Sunna Arnfinnsdóttir	2007 Sundfélag Akraness	0.78	523	2:32.75	+11.37
	50m: 35.79	100m: 1:14.19 (38.40) 150m: 1:53.74 (39.55)			200m: 2:32.75 (39.01)	
6	Katrín Lóa Ingadóttir	2008 Sundfélag Hafnarfjarðar	0.66	505	2:34.55	+13.17
	50m: 36.54	100m: 1:15.20 (38.66) 150m: 1:55.10 (39.90)			200m: 2:34.55 (39.45)	
7	Dagmar Arna Sigurðardóttir	2009 Sundfélag Hafnarfjarðar	0.61	503	2:34.78	+13.40
	50m: 36.16	100m: 1:15.14 (38.98) 150m: 1:55.22 (40.08)			200m: 2:34.78 (39.56)	
8	Helga Sigurlaug Helgadóttir	2007 Sundfélag Hafnarfjarðar	0.72	465	2:38.87	+17.49
	50m: 36.62	100m: 1:16.72 (40.10) 150m: 1:58.54 (41.82)			200m: 2:38.87 (40.33)	

Event official at: 4/13/2025 5:30:23 PM

Event 31, 50m flugsund karla - undanrásir

ISL	23.99	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/13/2025
UNG	24.87	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/14/2024
ALD	26.06	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	6/5/2021

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birnir Freyr Hálfðánarsson	2006 Sundfélag Hafnarfjarðar	0.57	776	24.23	Q
2	Símon Elías Statkevicius	2003 Sundfélag Hafnarfjarðar	0.67	720	24.84	+0.61 -
3	Fannar Snævar Hauksson	2004 Íþróttabandalag Reykjanesbæjar	0.59	691	25.18	+0.95 -
4	Snorri Dagur Einarsson	2005 Sundfélag Hafnarfjarðar	0.56	627	26.01	+1.78 -
5	Alexander Ari Andrason	2010 Sundráð Íþróttabandalags Reykj	0.64	596	26.46	+2.23 Q
6	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.46	545	27.25	+3.02 Q
7	Róbert Ísak Jónsson	2001 Sundfélag Hafnarfjarðar	0.60	860	27.50	+3.27 Q S14
8	Denas Kazulis	2008 Íþróttabandalag Reykjanesbæjar	0.60	520	27.69	+3.46 -
9	Guðbjarni Sigþórsson	2006 Sundfélag Akraness	0.62	519	27.70	+3.47 -
10	Snævar Örn Kristmannsson	2006 Sunddeild Breiðabliks	0.67	696	27.87	+3.64 Q S15
11	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.67	509	27.89	+3.66 Q
12	Daði Rafn Falsson	2008 Íþróttabandalag Reykjanesbæjar	0.68	498	28.08	+3.85 Q
13	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.64	494	28.16	+3.93 Q
14	Ásberg Halldór Hansson	2007 Sundráð Íþróttabandalags Reykj	0.69	491	28.21	+3.98 R1
15	Maciej Stefan Markowski	2006 Sunddeild Stjörnunnar	0.70	475	28.54	+4.31 R2
16	Örn Ægisson	2006 Sundráð Íþróttabandalags Reykj	0.67	433	29.43	+5.20
17	Jón Ingi Einarsson	2011 Sundfélagið Óðinn	0.75	404	30.11	+5.88

Results

Event 31, 50m flugsund karla - undanrásir

Rank	Name	Born Team	R.T.	Pts	Time	Diff
18	Arnar Logi Ægisson	2007 Sundfélag Hafnarfjarðar	0.58	367	31.08	+6.85

Event official at: 4/13/2025 9:57:30 AM

Event 31, 50m flugsund karla - úrslit

ISL	23.99	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			4/13/2025
UNG	24.87	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			4/14/2024
ALD	26.06	Birnir Freyr Hálfðánarss	2006 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			6/5/2021
Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birnir Freyr Hálfðánarsson	2006 Sundfélag Hafnarfjarðar	0.58	799	23.99	ISL
2	Alexander Ari Andrasen	2010 Sundráð Íþróttabandalags Reykj	0.66	616	26.16	+2.17
3	Róbert Ísak Jónsson	2001 Sundfélag Hafnarfjarðar	0.62	898	27.11	+3.12 S14
4	Oliver Kaldal	2007 Sundráð Íþróttabandalags Reykj	0.61	534	27.44	+3.45
5	Daði Rafn Falsen	2008 Íþróttabandalag Reykjanesbæjar	0.73	533	27.45	+3.46
6	Guðmundur Karl Karlsson	2005 Íþróttabandalag Reykjanesbæjar	0.59	531	27.49	+3.50
7	Snævar Örn Kristmannsson	2006 Sunddeild Breiðabliks	0.68	723	27.52	+3.53 S15
8	Arnar Milos Arnbjornsson	2008 Íþróttabandalag Reykjanesbæjar	0.61	507	27.92	+3.93

Event official at: 4/13/2025 5:36:16 PM

Event 32, 50m bringusund kvenna - undanrásir

ISL	30.71	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Budapest (HUN)			7/29/2017
UNG	32.56	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			3/21/2009
ALD	34.36	Karen M Arngeirsdóttir	2000 Íþróttabandalag Reykjane Reykjavík (ISL)			4/11/2015
Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birgitta Ingólfssdóttir	2005 Sundfélag Hafnarfjarðar	0.69	702	32.81	Q
2	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjanesbæjar	0.66	630	34.00	+1.19 -
3	Auguste Balcunaite	2011 Sundfélag Hafnarfjarðar	0.54	586	34.84	+2.03 Q
4	Margrét Anna Lapas	2009 Íþróttabandalag Reykjanesbæjar	0.58	568	35.21	+2.40 Q
5	Valdís Rós Þorsteinsdóttir	2007 Sundfélag Hafnarfjarðar	0.63	532	35.97	+3.16 Q
6	Álfrún Lóa Jónsdóttir	2010 Sundráð Íþróttabandalags Reykj	0.58	513	36.41	+3.60 Q
7	Elín Michalec Árnadóttir	2010 Sunddeild Breiðabliks	0.71	460	37.76	+4.95 Q
8	Ísabella Jóhannsdóttir	2010 Sundfélagið Óðinn	0.80	451	38.02	+5.21 Q
9	Eydís Jóhannesdóttir	2011 Íþróttabandalag Reykjanesbæjar		444	38.22	+5.41 -
10	Natalía Fanney Sigurðardóttir	2010 Íþróttabandalag Reykjanesbæjar	0.72	439	38.35	+5.54 Q
11	Embla Dögg Helgadóttir	2008 Sundráð Íþróttabandalags Reykj	0.70	435	38.47	+5.66 R1
12	Maja Lind Cicero	2005 Sundfélag Hafnarfjarðar	0.65	409	39.26	+6.45 R2
13	Ásta Þórey Einarsdóttir	2013 Sundfélag Hafnarfjarðar	0.66	409	39.28	+6.47
14	Áróra Mjöll Jónsdóttir	2013 Sundráð Íþróttabandalags Reykj		394	39.76	+6.95
15	Katla Mist Bragadóttir	2007 Sundráð Íþróttabandalags Reykj	0.58	392	39.84	+7.03
16	Kamilla Ýr Ísaksdóttir Guðmann	2011 Sunddeild Breiðabliks		361	40.94	+8.13
17	Þórey Ísafold Magnúsdóttir	1999 Sundráð Íþróttabandalags Reykj	0.82	360	41.16	+8.35 SB14
18	Thelma Björg Björnsdóttir	1996 Sundráð Íþróttabandalags Reykj		450	56.72	+23.91 SB5

Event official at: 4/13/2025 10:07:00 AM

Event 32, 50m bringusund kvenna - úrslit

ISL	30.71	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Budapest (HUN)			7/29/2017
UNG	32.56	Hrafnhildur Luthersdóttir	1991 Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			3/21/2009
ALD	34.36	Karen M Arngeirsdóttir	2000 Íþróttabandalag Reykjane Reykjavík (ISL)			4/11/2015
Rank	Name	Born Team	R.T.	Pts	Time	Diff

Results

Event 32, 50m bringusund kvenna - úrslit

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Birgitta Ingólfssdóttir	2005 Sundfélag Hafnarfjarðar	0.69	737	32.27	
2	Margrét Anna Lapas	2009 Íþróttabandalag Reykjanesbæjar	0.70	603	34.51	+2.24
3	Auguste Balciunaite	2011 Sundfélag Hafnarfjarðar	0.51	598	34.60	+2.33
4	Valdís Rós Þorsteinsdóttir	2007 Sundfélag Hafnarfjarðar	0.52	551	35.56	+3.29
5	Álfrún Lóa Jónsdóttir	2010 Sundráð Íþróttabandalags Reykj	0.72	535	35.91	+3.64
6	Elín Michalec Árnadóttir	2010 Sunddeild Breiðabliks	0.75	470	37.50	+5.23
7	Ísabella Jóhannsdóttir	2010 Sundfélagið Óðinn	0.53	442	38.27	+6.00
8	Natalía Fanney Sigurðardóttir	2010 Íþróttabandalag Reykjanesbæjar		441	38.30	+6.03

Event official at: 4/13/2025 5:41:48 PM

Event 33, 200m bringusund karla - undanrásir

ISL	2:08.74	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Budapest (HUN)	6/22/2022
UNG	2:17.86	Jakob Sveinsson	1982 Sundfélagið Ægir (ISL) Sydney (AUS)	9/18/2000
ALD	2:29.86	Dadi Björnsson	2004 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	1/27/2019

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Einar Margeir Ágústsson	2005 Sundfélag Akraness	0.61	634	2:26.03	Q
	50m: 31.05	100m: 1:08.84 (37.79)	150m: 1:48.21 (39.37)	200m: 2:26.03 (37.82)		
2	Adam Leó Tómasson	2007 Sundfélag Hafnarfjarðar	0.57	600	2:28.74	+2.71 Q
	50m: 34.54	100m: 1:12.01 (37.47)	150m: 1:50.29 (38.28)	200m: 2:28.74 (38.45)		
3	Nikolai Leo Jónsson	2008 Íþróttabandalag Reykjanesbæjar	0.62	576	2:30.81	+4.78 Q
	50m: 33.08	100m: 1:10.66 (37.58)	150m: 1:49.74 (39.08)	200m: 2:30.81 (41.07)		
4	Karl Björnsson	2008 Sundfélag Hafnarfjarðar	0.65	521	2:35.89	+9.86 Q
	50m: 33.87	100m: 1:13.44 (39.57)	150m: 1:54.09 (40.65)	200m: 2:35.89 (41.80)		
5	Aron Bjarki Pétursson	2001 Sundfélag Hafnarfjarðar	0.69	501	2:37.96	+11.93 Q
	50m: 33.09	100m: 1:13.25 (40.16)	150m: 1:55.78 (42.53)	200m: 2:37.96 (42.18)		
6	Mikael Fannar Arnarson	2009 Íþróttabandalag Reykjanesbæjar	0.69	473	2:40.99	+14.96 Q
	50m: 35.85	100m: 1:16.09 (40.24)	150m: 1:58.23 (42.14)	200m: 2:40.99 (42.76)		
7	Alexander Ari Andrason	2010 Sundráð Íþróttabandalags Reykj	0.66	435	2:45.56	+19.53 Q
	50m: 37.46	100m: 1:19.60 (42.14)	150m: 2:03.38 (43.78)	200m: 2:45.56 (42.18)		
8	Már Óskar Þorsteinsson	2007 Sundfélag Hafnarfjarðar	0.58	427	2:46.52	+20.49 Q
	50m: 37.10	100m: 1:19.24 (42.14)	150m: 2:02.62 (43.38)	200m: 2:46.52 (43.90)		
9	Magni Rafn Ragnarsson	2010 Sundfélagið Óðinn	0.46	391	2:51.46	+25.43 R1
	50m: 38.81	100m: 1:22.32 (43.51)	150m: 2:07.07 (44.75)	200m: 2:51.46 (44.39)		
10	Björn Elvar Austfjörð	2011 Sundfélagið Óðinn	0.63	372	2:54.39	+28.36 R2
	50m: 40.08	100m: 1:24.99 (44.91)	150m: 2:10.16 (45.17)	200m: 2:54.39 (44.23)		
11	Valentín Kristmundsson Genov	2010 Sundráð Íþróttabandalags Reykj	0.64	332	3:01.17	+35.14
	50m: 41.98	100m: 1:29.17 (47.19)	150m: 2:16.82 (47.65)	200m: 3:01.17 (44.35)		
12	Benedikt Már Þorvaldsson	2010 Sundfélagið Óðinn	0.81	321	3:03.23	+37.20
	50m: 42.71	100m: 1:30.43 (47.72)	150m: 2:19.09 (48.66)	200m: 3:03.23 (44.14)		
13	Gabriel Ingi Derti	2008 Íþróttabandalag Reykjanesbæjar	0.69	313	3:04.69	+38.66
	50m: 41.95	100m: 1:29.60 (47.65)	150m: 2:17.98 (48.38)	200m: 3:04.69 (46.71)		
-	Arnór Egill Einarsson	2007 Sundfélag Hafnarfjarðar	0.65		DSQ	

SW 7.2. Body not on the breast during the swim or when leaving the wall after a turn (except when executing a turn)

Event official at: 4/13/2025 10:18:22 AM

Event 33, 200m bringusund karla - úrslit

ISL	2:08.74	Anton Sveinn McKee	1993 Sundfélag Hafnarfjarðar (I Budapest (HUN)	6/22/2022
UNG	2:17.86	Jakob Sveinsson	1982 Sundfélagið Ægir (ISL) Sydney (AUS)	9/18/2000
ALD	2:29.86	Dadi Björnsson	2004 Sundfélag Hafnarfjarðar (I Reykjavik (ISL)	1/27/2019

Rank	Name	Born Team	R.T.	Pts	Time	Diff
1	Einar Margeir Ágústsson	2005 Sundfélag Akraness	0.59	743	2:18.52	
	50m: 29.87	100m: 1:04.22 (34.35)	150m: 1:40.43 (36.21)	200m: 2:18.52 (38.09)		

Results

Event 33, 200m bringusund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
2	Nikolai Leo Jónsson	2008	Íþróttabandalag Reykjanesbæjar	0.66	591	2:29.46	+10.94
	50m: 33.11	100m: 1:10.54	(37.43)	150m: 1:49.86	(39.32)	200m: 2:29.46	(39.60)
3	Adam Leó Tómasson	2007	Sundfélag Hafnarfjarðar	0.58	590	2:29.55	+11.03
	50m: 34.77	100m: 1:13.43	(38.66)	150m: 1:51.99	(38.56)	200m: 2:29.55	(37.56)
4	Aron Bjarki Pétursson	2001	Sundfélag Hafnarfjarðar	0.66	539	2:34.12	+15.60
	50m: 33.32	100m: 1:12.41	(39.09)	150m: 1:53.64	(41.23)	200m: 2:34.12	(40.48)
5	Karl Björnsson	2008	Sundfélag Hafnarfjarðar	0.52	538	2:34.27	+15.75
	50m: 33.98	100m: 1:13.37	(39.39)	150m: 1:54.20	(40.83)	200m: 2:34.27	(40.07)
6	Mikael Fannar Arnarson	2009	Íþróttabandalag Reykjanesbæjar	0.67	477	2:40.52	+22.00
	50m: 35.43	100m: 1:15.54	(40.11)	150m: 1:57.43	(41.89)	200m: 2:40.52	(43.09)
7	Alexander Ari Andrasen	2010	Sundráð Íþróttabandalags Reykj	0.65	462	2:42.31	+23.79
	50m: 37.31	100m: 1:18.48	(41.17)	150m: 2:01.20	(42.72)	200m: 2:42.31	(41.11)
8	Már Óskar Þorsteinsson	2007	Sundfélag Hafnarfjarðar	0.47	428	2:46.44	+27.92
	50m: 37.60	100m: 1:20.07	(42.47)	150m: 2:03.68	(43.61)	200m: 2:46.44	(42.76)

Event official at: 4/13/2025 5:50:51 PM

Event 34, 100m skriðsund kvenna - undanrásir

ISL	54.74	Snæfríður Sol Jorunnar	2000	Iceland (ISL)	Fukuoka (JPN)	7/27/2023
UNG	56.31	Snæfríður Sol Jorunnar	2000	Iceland (ISL)	Odense (DEN)	7/12/2018
ALD	58.00	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar (I	Maribor (SLO)	7/24/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snæfríður Sól Jórunnardóttir	2000	Aalborg Svømmeklub	0.68	743	57.08	Q
	50m: 27.91	100m: 57.08	(29.17)				
2	Jóhanna Elín Guðmundsdóttir	2001	Sundfélag Hafnarfjarðar	0.66	716	57.80	+0.72 Q
	50m: 27.86	100m: 57.80	(29.94)				
3	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar	0.67	697	58.30	+1.22 Q
	50m: 28.30	100m: 58.30	(30.00)				
4	Guðbjörg Bjartey Guðmundsdóttir	2005	Sundfélag Akraness	0.67	682	58.74	+1.66 Q
	50m: 28.36	100m: 58.74	(30.38)				
5	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.63	661	59.35	+2.27 Q
	50m: 28.96	100m: 59.35	(30.39)				
6	Ásdís Gunnarsdóttir	2008	Sunddeild Breiðabliks	0.69	617	1:00.73	+3.65 Q
	50m: 29.20	100m: 1:00.73	(31.53)				
=7	Kristín Rebekka Gunnarsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.65	543	1:03.35	+6.27 Q
	50m: 30.43	100m: 1:03.35	(32.92)				
=7	María Skorastein Sigurdardóttir	2007	Sundfélag Hafnarfjarðar	0.60	543	1:03.35	+6.27 Q
	50m: 30.43	100m: 1:03.35	(1:03.35)				
9	Viktoria Emilia Orlita	2009	Sundfélag Akraness	0.58	524	1:04.10	+7.02 R1
	50m: 31.05	100m: 1:04.10	(33.05)				
10	Halldóra Björt Ingimundardóttir	2008	Sunddeild Breiðabliks	0.64	512	1:04.62	+7.54 R2
	50m: 30.27	100m: 1:04.62	(34.35)				
11	Guðrún Ísold Harðardóttir	2011	Sunddeild Breiðabliks		508	1:04.78	+7.70
	50m: 30.92	100m: 1:04.78	(33.86)				
12	Ylfa Ásgerður Eyjólfsdóttir	2006	Sundráð Íþróttabandalags Reykj	0.69	506	1:04.86	+7.78
	50m: 30.23	100m: 1:04.86	(34.63)				
13	Guðbjörg Helga Hilmarsdóttir	2011	Sunddeild Breiðabliks	0.60	504	1:04.96	+7.88
	50m: 31.13	100m: 1:04.96	(33.83)				
14	Ágústa Inga Arnarsdóttir	2006	Sunddeild Stjörnnunnar	0.58	498	1:05.20	+8.12
	50m: 29.88	100m: 1:05.20	(35.32)				
15	Matthildur María Ríkarðsdóttir	2009	Sundfélag Hafnarfjarðar	0.65	488	1:05.68	+8.60
	50m: 31.85	100m: 1:05.68	(33.83)				
16	Hildur Erla Hákonardóttir	2010	Sundfélag Hafnarfjarðar	0.69	487	1:05.72	+8.64
	50m: 31.21	100m: 1:05.72	(34.51)				
17	Thelma Ösp Sveinbjörnsdóttir	2010	Sundfélag Hafnarfjarðar		480	1:06.01	+8.93
	50m: 31.57	100m: 1:06.01	(34.44)				

Results

Event 34, 100m skriðsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
18	Katrín Ósk Aðalsteinsdóttir	2009	Sundfélag Hafnarfjarðar	0.70	480	1:06.04	+8.96
	50m: 30.84	100m: 1:06.04	(35.20)				
19	Freyja Sigríður Ásgeirsdóttir	2007	Sundráð Íþróttabandalags Reykj	0.62	470	1:06.50	+9.42
	50m: 31.80	100m: 1:06.50	(34.70)				
=20	Rannveig Perla Pétursdóttir	2010	Sundráð Íþróttabandalags Reykj	0.49	443	1:07.80	+10.72
	50m: 32.25	100m: 1:07.80	(35.55)				
=20	Sunna Dís Skarphéðinsdóttir	2008	Sundfélag Akraness	0.70	443	1:07.80	+10.72
	50m: 32.14	100m: 1:07.80	(35.66)				
22	Sóley Helga Sigfríðardóttir	2012	Sundráð Íþróttabandalags Reykj	0.77	434	1:08.26	+11.18
	50m: 32.74	100m: 1:08.26	(35.52)				
23	Anna Gloría Káradóttir	2011	Sundráð Íþróttabandalags Reykj	0.54	434	1:08.29	+11.21
	50m: 32.90	100m: 1:08.29	(35.39)				
24	Rebekka Rún Magnúsdóttir	2008	Sundfélag Hafnarfjarðar	0.62	424	1:08.82	+11.74
	50m: 32.78	100m: 1:08.82	(36.04)				
25	Ásta Þórey Einarsdóttir	2013	Sundfélag Hafnarfjarðar	0.67	416	1:09.26	+12.18
	50m: 33.33	100m: 1:09.26	(35.93)				
26	Lena Przybylska	2011	Íþróttabandalag Reykjanesbæjar	0.80	403	1:09.96	+12.88
	50m: 33.02	100m: 1:09.96	(36.94)				
27	Bryndís Rún Guðnadóttir	2013	Sundráð Íþróttabandalags Reykj		398	1:10.24	+13.16
	50m: 33.50	100m: 1:10.24	(36.74)				
28	Alexandra Dís Gunnarsdóttir	2011	Íþróttabandalag Reykjanesbæjar	0.80	394	1:10.48	+13.40
	50m: 33.02	100m: 1:10.48	(37.46)				
29	Emilía Anna Jóhannsdóttir	2011	Sundfélag Hafnarfjarðar	0.65	380	1:11.35	+14.27
	50m: 33.80	100m: 1:11.35	(37.55)				
30	Kristín Ásta Sigtryggisdóttir	2009	Sundráð Íþróttabandalags Reykj	0.52	364	1:12.41	+15.33
	50m: 34.46	100m: 1:12.41	(37.95)				
31	Emelía Ýr Gunnarsdóttir	2005	Íþróttafélagið Fjörður	0.59	396	1:17.02	+19.94
	50m: 36.58	100m: 1:17.02	(40.44)				S14
32	Anna Rósa Þrastardóttir	2004	Íþróttafélagið Fjörður	0.74	395	1:17.09	+20.01
	50m: 36.07	100m: 1:17.09	(41.02)				S14
33	Sigrún Kjartansdóttir	2003	Íþróttafélagið Fjörður	0.71	616	1:30.07	+32.99
	50m: 41.90	100m: 1:30.07	(48.17)				S16
34	Thelma Björg Björnsdóttir	1996	Sundráð Íþróttabandalags Reykj		455	1:30.59	+33.51
	50m: 44.69	100m: 1:30.59	(45.90)				S6
-	Karen Anna Orlita	2012	Sundfélag Akraness			DNS	

Event official at: 4/13/2025 10:32:25 AM

Event 34, 100m skriðsund kvenna - úrslit

ISL	54.74	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Fukuoka (JPN)			7/27/2023
UNG	56.31	Snaefridur Sol Jorunnar	2000 Iceland (ISL)	Odense (DEN)			7/12/2018
ALD	58.00	Vala Dís Cicero	2008 Sundfélag Hafnarfjarðar (I	Maribor (SLO)			7/24/2023
Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Snæfríður Sól Jórunnardóttir	2000	Aalborg Svømmeklub	0.55	807	55.53	
	50m: 27.14	100m: 55.53	(28.39)				
2	Jóhanna Elín Guðmundsdóttir	2001	Sundfélag Hafnarfjarðar	0.64	778	56.22	+0.69
	50m: 27.29	100m: 56.22	(28.93)				
3	Vala Dís Cicero	2008	Sundfélag Hafnarfjarðar	0.65	724	57.58	+2.05
	50m: 27.77	100m: 57.58	(29.81)				
4	Guðbjörg Bjartey Guðmundsdóttir	2005	Sundfélag Akraness	0.62	692	58.46	+2.93
	50m: 28.28	100m: 58.46	(30.18)				
5	Nadja Djurovic	2007	Sundfélag Hafnarfjarðar	0.66	690	58.51	+2.98
	50m: 28.30	100m: 58.51	(30.21)				
6	Ásdís Gunnarsdóttir	2008	Sunddeild Breiðabliks	0.68	627	1:00.41	+4.88
	50m: 28.91	100m: 1:00.41	(31.50)				

Results

Event 34, 100m skriðsund kvenna - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
7	María Skorastein Sigurdardóttir	2007	Sundfélag Hafnarfjarðar	0.58	554	1:02.95	+7.42
	50m: 30.23	100m: 1:02.95	(32.72)				
8	Kristín Rebekka Gunnarsdóttir	2009	Sundráð Íþróttabandalags Reykj	0.53	550	1:03.11	+7.58
	50m: 29.80	100m: 1:03.11	(33.31)				

Event official at: 4/13/2025 5:57:31 PM

Event 35, 100m baksund karla - undanrásir

ISL	54.75	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Fukuoka (JPN)	7/23/2001
UNG	56.68	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Moscow (RUS)	7/14/1999
ALD	1:00.40	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/23/2016

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006	Íþróttabandalag Reykjanesbæjar	0.58	750	56.79	Q
	50m: 27.46	100m: 56.79	(29.33)				
2	Bergur Fáfniir Bjarnason	2006	Sundfélag Hafnarfjarðar	0.52	648	59.60	+2.81 Q
	50m: 28.97	100m: 59.60	(30.63)				
3	Ásberg Halldór Hansson	2007	Sundráð Íþróttabandalags Reykj	0.60	505	1:04.76	+7.97 Q
	50m: 31.43	100m: 1:04.76	(33.33)				
4	Kajus Jatautas	2010	Sundfélag Akraness	0.63	448	1:07.40	+10.61 Q
	50m: 33.00	100m: 1:07.40	(34.40)				
5	Örn Ægisson	2006	Sundráð Íþróttabandalags Reykj	0.63	448	1:07.43	+10.64 -
	50m: 32.66	100m: 1:07.43	(34.77)				
6	Halldór Ingi Hafþórsson	2008	Sundfélag Hafnarfjarðar	0.67	442	1:07.73	+10.94 Q
	50m: 32.99	100m: 1:07.73	(34.74)				
7	Gísli Kristján Traustason	2009	Íþróttabandalag Reykjanesbæjar	0.62	424	1:08.66	+11.87 Q
	50m: 33.09	100m: 1:08.66	(35.57)				
8	Þór Eli Gunnarsson	2011	Sundfélag Hafnarfjarðar	0.66	401	1:09.94	+13.15 Q
	50m: 33.81	100m: 1:09.94	(36.13)				
9	Kristjón Hrafn Kjartansson	2011	Sundfélag Hafnarfjarðar	0.71	395	1:10.29	+13.50 Q
	50m: 33.82	100m: 1:10.29	(36.47)				
10	Egill Orri Baldursson	2009	Íþróttabandalag Reykjanesbæjar	0.81	386	1:10.85	+14.06 R1
	50m: 34.18	100m: 1:10.85	(36.67)				
11	Timotei Roland Randhawa	2010	Sundráð Íþróttabandalags Reykj	0.56	368	1:11.97	+15.18 -
	50m: 34.18	100m: 1:11.97	(1:11.97)				
12	Már Gunnarsson	1999	Íþróttabandalag Reykjanesbæjar	0.66	757	1:12.22	+15.43 R2 S11
	50m: 35.20	100m: 1:12.22	(37.02)				
13	Hrafn Guðmundsson	2011	Sundráð Íþróttabandalags Reykj	0.70	340	1:13.92	+17.13
	50m: 35.63	100m: 1:13.92	(38.29)				
14	Ívan Elí Ólafsson	2010	Sundfélagið Óðinn	0.59	317	1:15.60	+18.81
	50m: 36.04	100m: 1:15.60	(39.56)				
-	Jón Ingvar Eyþórsson	2010	Sunddeild Breiðabliks			DNS	

Event official at: 4/13/2025 10:41:09 AM

Event 35, 100m baksund karla - úrslit

ISL	54.75	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Fukuoka (JPN)	7/23/2001
UNG	56.68	Orn Arnarson	1981 Sundfélag Hafnarfjarðar (I Moscow (RUS)	7/14/1999
ALD	1:00.40	Brynjólfur Óli Karlsson	2001 Sunddeild Breiðabliks (ISL Reykjavik (ISL)	4/23/2016

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Guðmundur Leo Rafnsson	2006	Íþróttabandalag Reykjanesbæjar	0.57	748	56.82	
	50m: 27.55	100m: 56.82	(29.27)				
2	Bergur Fáfniir Bjarnason	2006	Sundfélag Hafnarfjarðar	0.53	647	59.65	+2.83
	50m: 29.05	100m: 59.65	(30.60)				
3	Ásberg Halldór Hansson	2007	Sundráð Íþróttabandalags Reykj	0.64	518	1:04.24	+7.42
	50m: 31.54	100m: 1:04.24	(32.70)				
4	Kajus Jatautas	2010	Sundfélag Akraness	0.65	457	1:06.98	+10.16
	50m: 32.41	100m: 1:06.98	(34.57)				

Results

Event 35, 100m baksund karla - úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
5	Halldór Ingi Hafþórsson		2008 Sundfélag Hafnarfjarðar	0.68	454	1:07.09	+10.27
	50m: 32.64	100m: 1:07.09	(34.45)				
6	Gísli Kristján Traustason		2009 Íþróttabandalag Reykjanesbæjar	0.61	409	1:09.48	+12.66
	50m: 33.17	100m: 1:09.48	(36.31)				
7	Kristjón Hrafn Kjartansson		2011 Sundfélag Hafnarfjarðar	0.67	391	1:10.55	+13.73
	50m: 34.50	100m: 1:10.55	(36.05)				
8	Þór Eli Gunnarsson		2011 Sundfélag Hafnarfjarðar	0.71	389	1:10.64	+13.82
	50m: 34.27	100m: 1:10.64	(36.37)				

Event official at: 4/13/2025 6:03:44 PM

Event 36, 200m fjórsund kvenna - undanrásir

ISL	2:13.83	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I	Reykjavik (ISL)	6/2/2015
UNG	2:14.87	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/12/2012
ALD	2:24.69	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane	Reykjavik (ISL)	7/19/2020

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir		2005 Íþróttabandalag Reykjanesbæjar	0.65	660	2:24.79	Q
	50m: 30.59	100m: 1:08.52	(37.93)	150m: 1:49.89	(41.37)	200m: 2:24.79	(34.90)
2	Ylfa Lind Kristmannsdóttir		2008 Sundráð Íþróttabandalags Reykj	0.47	639	2:26.37	+1.58 Q
	50m: 30.89	100m: 1:07.12	(36.23)	150m: 1:51.12	(44.00)	200m: 2:26.37	(35.25)
3	Freyja Birkisdóttir		2006 Sunddeild Breiðabliks	0.52	632	2:26.90	+2.11 Q
	50m: 31.38	100m: 1:10.41	(39.03)	150m: 1:51.81	(41.40)	200m: 2:26.90	(35.09)
4	Sólveig Freyja Hákonardóttir		2009 Sunddeild Breiðabliks	0.64	596	2:29.84	+5.05 Q
	50m: 31.93	100m: 1:11.73	(39.80)	150m: 1:55.39	(43.66)	200m: 2:29.84	(34.45)
5	Auguste Balciunaite		2011 Sundfélag Hafnarfjarðar	0.72	551	2:33.82	+9.03 -
	50m: 34.15	100m: 1:15.35	(41.20)	150m: 1:59.46	(44.11)	200m: 2:33.82	(34.36)
6	Bjarnís Olga Hansen		2010 Sundráð Íþróttabandalags Reykj	0.69	496	2:39.25	+14.46 Q
	50m: 34.02	100m: 1:14.55	(40.53)	150m: 2:04.03	(49.48)	200m: 2:39.25	(35.22)
7	Eydís Jóhannesdóttir		2011 Íþróttabandalag Reykjanesbæjar		491	2:39.84	+15.05 Q
	50m: 35.02	100m: 1:18.57	(43.55)	150m: 2:03.37	(44.80)	200m: 2:39.84	(36.47)
8	Þorgerður Freyja Helgadóttir		2011 Sunddeild Breiðabliks	0.56	486	2:40.35	+15.56 Q
	50m: 34.34	100m: 1:16.53	(42.19)	150m: 2:02.77	(46.24)	200m: 2:40.35	(37.58)
9	Ema Austa Pratusyté		2010 Sundfélag Hafnarfjarðar		485	2:40.48	+15.69 Q
	50m: 35.37	100m: 1:15.64	(40.27)	150m: 2:05.23	(49.59)	200m: 2:40.48	(35.25)
10	Austėja Savickaitė		2009 Íþróttabandalag Reykjanesbæjar	0.75	479	2:41.11	+16.32 R1
	50m: 34.46	100m: 1:16.55	(42.09)	150m: 2:03.94	(47.39)	200m: 2:41.11	(37.17)
11	Katrín Lóa Ingadóttir		2008 Sundfélag Hafnarfjarðar	0.73	477	2:41.31	+16.52 R2
	50m: 35.48	100m: 1:15.49	(40.01)	150m: 2:04.91	(49.42)	200m: 2:41.31	(36.40)
12	Kornelia Nadia Maniak		2010 Íþróttabandalag Reykjanesbæjar	0.61	473	2:41.80	+17.01
	50m: 33.68	100m: 1:14.03	(40.35)	150m: 2:02.46	(48.43)	200m: 2:41.80	(39.34)
13	Natalía Eir Curtis		2010 Sundráð Íþróttabandalags Reykj	0.56	461	2:43.19	+18.40
	50m: 36.43	100m: 1:19.19	(42.76)	150m: 2:07.39	(48.20)	200m: 2:43.19	(35.80)
14	Alicja Julia Kempisty		2010 Sundfélagið Óðinn		455	2:43.90	+19.11
	50m: 35.00	100m: 1:18.23	(43.23)	150m: 2:11.26	(53.03)	200m: 2:43.90	(32.64)
15	Álfrún Lóa Jónsdóttir		2010 Sundráð Íþróttabandalags Reykj	0.69	452	2:44.30	+19.51
	50m: 36.39	100m: 1:21.12	(44.73)	150m: 2:06.96	(45.84)	200m: 2:44.30	(37.34)
16	Katla Mist Bragadóttir		2007 Sundráð Íþróttabandalags Reykj	0.62	446	2:45.07	+20.28
	50m: 35.57		150m: 2:07.69	(2:07.69)	200m: 2:45.07	(37.38)	
17	Adriana Agnes Derti		2010 Íþróttabandalag Reykjanesbæjar	0.66	421	2:48.22	+23.43
	50m: 34.02	100m: 1:17.27	(43.25)	150m: 2:11.32	(54.05)	200m: 2:48.22	(36.90)
18	Bergey Huld Arnarsdóttir		2011 Sunddeild Breiðabliks	0.60	420	2:48.40	+23.61
	50m: 33.63	100m: 1:19.01	(45.38)	150m: 2:10.83	(51.82)	200m: 2:48.40	(37.57)
19	Karen Júlía Traustadóttir		2012 Íþróttabandalag Reykjanesbæjar		419	2:48.51	+23.72
	50m: 35.67	100m: 1:19.13	(43.46)	150m: 2:10.12	(50.99)	200m: 2:48.51	(38.39)
20	Aldís Ögmundsdóttir		2009 Sundráð Íþróttabandalags Reykj	0.75	399	2:51.22	+26.43
	50m: 36.00	100m: 1:21.62	(45.62)	150m: 2:12.75	(51.13)	200m: 2:51.22	(38.47)

Results

Event 36, 200m fjórsund kvenna - undanrásir

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
21	Thea Sif Hjaltadóttir	2011 Sundráð	Íþróttabandalags Reykj	0.69	397	2:51.47	+26.68
	50m: 37.93	100m: 1:21.95 (44.02)	150m: 2:12.41 (50.46)		200m: 2:51.47 (39.06)		
22	Ísabella Jóhannsdóttir	2010 Sundfélagið	Óðinn	0.73	396	2:51.63	+26.84
	50m: 37.65	100m: 1:27.22 (49.57)	150m: 2:13.38 (46.16)		200m: 2:51.63 (38.25)		
23	Katrín Birta Birkisdóttir	2012 Sundfélagið	Óðinn	0.59	373	2:55.06	+30.27
	50m: 37.53	100m: 1:26.02 (48.49)	150m: 2:16.07 (50.05)		200m: 2:55.06 (38.99)		
=24	Friðrika Sif Ágústsdóttir	2010 Sundfélagið	Óðinn	0.71	368	2:55.87	+31.08
	50m: 36.56	100m: 1:23.05 (46.49)	150m: 2:18.13 (55.08)		200m: 2:55.87 (37.74)		
=24	Freydís Lilja Bergþórsdóttir	2009 Íþróttabandalag	Reykjanesbæjar		368	2:55.87	+31.08
	50m: 37.14	100m: 1:22.83 (45.69)	150m: 2:14.48 (51.65)		200m: 2:55.87 (41.39)		
26	Þórey Ísafold Magnúsdóttir	1999 Sundráð	Íþróttabandalags Reykj	0.82	322	3:03.93	+39.14 SM14
	50m: 38.57	100m: 1:31.64 (53.07)	150m: 2:21.74 (50.10)		200m: 3:03.93 (42.19)		

Event official at: 4/13/2025 10:59:54 AM

Event 36, 200m fjórsund kvenna - úrslit

ISL	2:13.83	Hrafnhildur Luthersdótti	1991 Sundfélag Hafnarfjarðar (I)	Reykjavik (ISL)	6/2/2015
UNG	2:14.87	Eygló Ósk Gústafsdóttir	1995 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/12/2012
ALD	2:24.69	Eva Margrét Falsdóttir	2005 Íþróttabandalag Reykjane	Reykjavik (ISL)	7/19/2020

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Eva Margrét Falsdóttir	2005 Íþróttabandalag	Reykjanesbæjar	0.68	716	2:20.95	
	50m: 29.97	100m: 1:06.19 (36.22)	150m: 1:46.61 (40.42)		200m: 2:20.95 (34.34)		
2	Ylfa Lind Kristmannsdóttir	2008 Sundráð	Íþróttabandalags Reykj	0.51	662	2:24.69	+3.74
	50m: 30.24	100m: 1:05.99 (35.75)	150m: 1:50.61 (44.62)		200m: 2:24.69 (34.08)		
3	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks		0.67	635	2:26.66	+5.71
	50m: 31.16	100m: 1:10.94 (39.78)	150m: 1:52.33 (41.39)		200m: 2:26.66 (34.33)		
4	Sólveig Freyja Hákonardóttir	2009 Sunddeild Breiðabliks		0.49	543	2:34.53	+13.58
	50m: 33.48	100m: 1:15.20 (41.72)	150m: 2:00.52 (45.32)		200m: 2:34.53 (34.01)		
5	Bjarndís Olga Hansen	2010 Sundráð	Íþróttabandalags Reykj	0.69	543	2:34.56	+13.61
	50m: 32.68	100m: 1:10.97 (38.29)	150m: 1:59.50 (48.53)		200m: 2:34.56 (35.06)		
6	Eydís Jóhannesdóttir	2011 Íþróttabandalag	Reykjanesbæjar	0.50	522	2:36.59	+15.64
	50m: 33.95	100m: 1:15.60 (41.65)	150m: 1:59.91 (44.31)		200m: 2:36.59 (36.68)		
7	Ema Austa Pratusyté	2010 Sundfélag	Hafnarfjarðar		506	2:38.21	+17.26
	50m: 35.84	100m: 1:15.43 (39.59)	150m: 2:03.13 (47.70)		200m: 2:38.21 (35.08)		
8	Þorgerður Freyja Helgadóttir	2011 Sunddeild Breiðabliks		0.57	505	2:38.35	+17.40
	50m: 33.64	100m: 1:15.81 (42.17)	150m: 2:01.99 (46.18)		200m: 2:38.35 (36.36)		

Event official at: 4/13/2025 6:10:52 PM

Event 37, 800m skriðsund karla - bein úrslit

ISL	8:08.09	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Laugardalslaug (ISL)	4/13/2012
UNG	8:15.66	Anton Sveinn McKee	1993 Sundfélagið Ægir (ISL)	Belgrade (SRB)	7/9/2011
ALD	8:35.15	Hólmar Grétarsson	2008 Sundfélag Hafnarfjarðar (I)	Gzira (MLT)	5/30/2023

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Magnús Víðir Jónsson	2008 Sundfélag	Hafnarfjarðar	0.48	646	8:42.91	
	50m: 30.95	100m: 1:04.15 (33.20)	150m: 1:37.99 (33.84)		200m: 2:11.69 (33.70)		
	250m: 2:45.65 (33.96)	300m: 3:19.65 (34.00)	350m: 3:52.85 (33.20)		400m: 4:26.44 (33.59)		
	450m: 4:59.58 (33.14)	500m: 5:32.04 (32.46)	550m: 6:04.59 (32.55)		600m: 6:37.59 (33.00)		
	650m: 7:10.40 (32.81)	700m: 7:42.78 (32.38)	750m: 8:13.75 (30.97)		800m: 8:42.91 (29.16)		
2	Andri Már Kristjánsson	2006 Sundfélag	Hafnarfjarðar	0.68	646	8:42.98	+0.07
	50m: 30.36	100m: 1:03.99 (33.63)	150m: 1:37.65 (33.66)		200m: 2:11.43 (33.78)		
	250m: 2:45.51 (34.08)	300m: 3:19.72 (34.21)	350m: 3:53.73 (34.01)		400m: 4:27.68 (33.95)		
	450m: 5:00.34 (32.66)	500m: 5:33.18 (32.84)	550m: 6:05.22 (32.04)		600m: 6:37.79 (32.57)		
	650m: 7:10.26 (32.47)	700m: 7:43.05 (32.79)	750m: 8:13.91 (30.86)		800m: 8:42.98 (29.07)		
3	Birgir Hrafn Kjartansson	2008 Sundráð	Íþróttabandalags Reykj	0.57	567	9:06.08	+23.17
	50m: 30.13	100m: 1:02.55 (32.42)			200m: 2:10.12 (2:10.12)		
	250m: 2:44.90 (34.78)	300m: 3:19.47 (34.57)	350m: 3:54.36 (34.89)		400m: 4:29.06 (34.70)		
	450m: 5:03.95 (34.89)	500m: 5:38.53 (34.58)	550m: 6:13.65 (35.12)		600m: 6:48.60 (34.95)		
	650m: 7:23.38 (34.78)	700m: 7:58.19 (34.81)	750m: 8:32.75 (34.56)		800m: 9:06.08 (33.33)		

Results

Event 37, 800m skriðsund karla - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
4	Árni Þór Pálmason	2009	Íþróttabandalag Reykjanesbæjar	0.68	550	9:11.82	+28.91	
	50m: 31.50	100m: 1:05.98	(34.48)	150m: 1:40.38	(34.40)	200m: 2:15.22	(34.84)	
	250m: 2:50.59	(35.37)	300m: 3:25.10	(34.51)	350m: 4:00.05	(34.95)	400m: 4:35.21	(35.16)
	450m: 5:10.56	(35.35)	500m: 5:45.57	(35.01)	550m: 6:19.96	(34.39)	600m: 6:54.84	(34.88)
	650m: 7:29.92	(35.08)	700m: 8:04.72	(34.80)	750m: 8:38.90	(34.18)	800m: 9:11.82	(32.92)
5	Viktor Bergmann Arnarsson	2010	Íþróttabandalag Reykjanesbæjar	0.61	470	9:41.50	+58.59	
	50m: 31.83	100m: 1:07.95	(36.12)	150m: 1:44.93	(36.98)	200m: 2:22.45	(37.52)	
	250m: 2:59.81	(37.36)	300m: 3:37.29	(37.48)	350m: 4:14.52	(37.23)	400m: 4:52.07	(37.55)
	450m: 5:28.78	(36.71)	500m: 6:05.73	(36.95)	550m: 6:42.41	(36.68)	600m: 7:19.48	(37.07)
	650m: 7:56.10	(36.62)	700m: 8:32.95	(36.85)	750m: 9:08.68	(35.73)	800m: 9:41.50	(32.82)
6	Julian Jarnutowski	2010	Íþróttabandalag Reykjanesbæjar	0.76	465	9:43.45	+1:00.54	
	50m: 31.35	100m: 1:06.56	(35.21)	150m: 1:43.45	(36.89)	200m: 2:20.33	(36.88)	
	250m: 2:57.65	(37.32)	300m: 3:34.87	(37.22)	350m: 4:12.35	(37.48)	400m: 4:49.67	(37.32)
	450m: 5:26.90	(37.23)	500m: 6:04.28	(37.38)	550m: 6:41.32	(37.04)	600m: 7:18.82	(37.50)
	650m: 7:55.79	(36.97)	700m: 8:32.38	(36.59)	750m: 9:09.06	(36.68)	800m: 9:43.45	(34.39)
7	Stefán Hagalín Árnason	2010	Sundráð Íþróttabandalags Reykj		427	10:00.09	+1:17.18	
	50m: 33.36	100m: 1:11.08	(37.72)	150m: 1:48.54	(37.46)	200m: 2:26.43	(37.89)	
	250m: 3:04.39	(37.96)	300m: 3:42.25	(37.86)	350m: 4:20.71	(38.46)	400m: 4:58.11	(37.40)
	450m: 5:36.63	(38.52)	500m: 6:14.55	(37.92)	550m: 6:52.52	(37.97)	600m: 7:30.27	(37.75)
	650m: 8:08.33	(38.06)	700m: 8:46.12	(37.79)	750m: 9:23.74	(37.62)	800m: 10:00.09	(36.35)
8	Daníel Andriysson	2011	Sundfélag Hafnarfjarðar	0.50	411	10:07.78	+1:24.87	
	50m: 33.71	100m: 1:10.74	(37.03)	150m: 1:48.81	(38.07)	200m: 2:27.33	(38.52)	
	250m: 3:05.17	(37.84)	300m: 3:43.75	(38.58)	350m: 4:22.60	(38.85)	400m: 5:01.40	(38.80)
	450m: 5:39.56	(38.16)	500m: 6:18.42	(38.86)	550m: 6:56.65	(38.23)	600m: 7:35.37	(38.72)
	650m: 8:13.53	(38.16)	700m: 8:52.44	(38.91)	750m: 9:30.57	(38.13)	800m: 10:07.78	(37.21)
9	Ingibjörn Natan Guðmundsson	2009	Sundráð Íþróttabandalags Reykj	0.65	364	10:33.14	+1:50.23	
	50m: 32.01	100m: 1:08.69	(36.68)	150m: 1:47.34	(38.65)	200m: 2:25.64	(38.30)	
	250m: 3:05.63	(39.99)	300m: 3:45.29	(39.66)	350m: 4:25.83	(40.54)	400m: 5:06.11	(40.28)
	450m: 5:46.33	(40.22)	500m: 6:27.20	(40.87)	550m: 7:08.91	(41.71)	600m: 7:49.88	(40.97)
	650m: 8:31.35	(41.47)	700m: 9:12.26	(40.91)	750m: 9:53.07	(40.81)	800m: 10:33.14	(40.07)

Event official at: 4/13/2025 6:26:33 PM

Event 38, 1500m skriðsund kvenna - bein úrslit

ISL	17:17.61	Sigrún Sverrisdóttir	1990 Sundfélagið Ægir (ISL)	Columbus (USA)	7/23/2011
UNG	17:25.46	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks (ISL)	Otopeni (ROU)	7/5/2022
ALD	17:32.11	Freyja Birkisdóttir	2006 Sunddeild Breiðabliks (ISL)	Reykjavik (ISL)	4/25/2021

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	Katja Lilja Andriydsóttir	2006	Sundfélag Hafnarfjarðar	0.55	626	17:55.77		
	50m: 32.24	100m: 1:06.75	(34.51)	150m: 1:41.91	(35.16)	200m: 2:16.70	(34.79)	
	250m: 2:51.92	(35.22)	300m: 3:27.48	(35.56)	350m: 4:03.04	(35.56)	400m: 4:38.72	(35.68)
	450m: 5:14.76	(36.04)	500m: 5:50.52	(35.76)	550m: 6:26.62	(36.10)	600m: 7:02.57	(35.95)
	650m: 7:38.66	(36.09)	700m: 8:14.76	(36.10)	750m: 8:50.91	(36.15)	800m: 9:26.99	(36.08)
	850m: 10:03.35	(36.36)	900m: 10:39.60	(36.25)	950m: 11:15.99	(36.39)	1000m: 11:52.49	(36.50)
	1050m: 12:29.13	(36.64)	1100m: 13:05.58	(36.45)	1150m: 13:42.23	(36.65)	1200m: 14:18.66	(36.43)
	1250m: 14:55.00	(36.34)	1300m: 15:31.70	(36.70)	1350m: 16:08.53	(36.83)	1400m: 16:45.06	(36.53)
	1450m: 17:20.92	(35.86)	1500m: 17:55.77	(34.85)				
2	Ásdís Steindórsdóttir	2009	Sunddeild Breiðabliks	0.71	560	18:36.10	+40.33	
	50m: 32.62	100m: 1:08.88	(36.26)	150m: 1:45.85	(36.97)	200m: 2:22.83	(36.98)	
	250m: 3:00.12	(37.29)	300m: 3:37.39	(37.27)	350m: 4:14.85	(37.46)	400m: 4:52.42	(37.57)
	450m: 5:30.04	(37.62)	500m: 6:07.77	(37.73)	550m: 6:45.32	(37.55)	600m: 7:23.11	(37.79)
	650m: 8:00.76	(37.65)	700m: 8:38.54	(37.78)	750m: 9:16.08	(37.54)	800m: 9:53.87	(37.79)
	850m: 10:31.30	(37.43)	900m: 11:08.82	(37.52)	950m: 11:46.14	(37.32)	1000m: 12:23.72	(37.58)
	1050m: 13:01.06	(37.34)	1100m: 13:38.41	(37.35)	1150m: 14:15.69	(37.28)	1200m: 14:53.18	(37.49)
	1250m: 15:30.49	(37.31)	1300m: 16:08.04	(37.55)	1350m: 16:45.41	(37.37)	1400m: 17:22.99	(37.58)
	1450m: 18:00.00	(37.01)	1500m: 18:36.10	(36.10)				
3	Guðrún Ísold Harðardóttir	2011	Sunddeild Breiðabliks	0.76	503	19:16.73	+1:20.96	
	50m: 34.85	100m: 1:13.21	(38.36)	150m: 1:52.47	(39.26)	200m: 2:31.15	(38.68)	
	250m: 3:09.96	(38.81)	300m: 3:48.63	(38.67)	350m: 4:27.90	(39.27)	400m: 5:06.69	(38.79)
	450m: 5:46.10	(39.41)	500m: 6:25.11	(39.01)	550m: 7:03.92	(38.81)	600m: 7:42.85	(38.93)
	650m: 8:21.75	(38.90)	700m: 9:00.78	(39.03)	750m: 9:38.13	(37.35)	800m: 10:15.69	(37.56)
	850m: 10:53.82	(38.13)	900m: 11:32.15	(38.33)	950m: 12:10.57	(38.42)	1000m: 12:49.36	(38.79)
	1050m: 13:28.16	(38.80)	1100m: 14:06.88	(38.72)	1150m: 14:45.75	(38.87)	1200m: 15:24.80	(39.05)
	1250m: 16:04.07	(39.27)	1300m: 16:43.02	(38.95)	1350m: 17:21.60	(38.58)	1400m: 18:00.36	(38.76)
	1450m: 18:38.78	(38.42)	1500m: 19:16.73	(37.95)				

Results

Event 38, 1500m skriðsund kvenna - bein úrslit

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
4	Austėja Savickaitė		2009 Íþróttabandalag Reykjaneshæjar	0.59	496	19:22.73	+1:26.96	
	50m: 35.14	100m: 1:12.94	(37.80)	150m: 1:51.96	(39.02)	200m: 2:30.87	(38.91)	
	250m: 3:09.80	(38.93)	300m: 3:48.49	(38.69)	350m: 4:27.53	(39.04)	400m: 5:06.43	(38.90)
	450m: 5:45.36	(38.93)	500m: 6:23.85	(38.49)	550m: 7:03.16	(39.31)	600m: 7:41.36	(38.20)
	650m: 8:20.60	(39.24)	700m: 8:59.01	(38.41)	750m: 9:37.83	(38.82)	800m: 10:15.62	(37.79)
	850m: 10:54.75	(39.13)	900m: 11:33.48	(38.73)	950m: 12:12.94	(39.46)	1000m: 12:52.23	(39.29)
	1050m: 13:31.97	(39.74)	1100m: 14:11.42	(39.45)	1150m: 14:51.19	(39.77)	1200m: 15:30.68	(39.49)
	1250m: 16:10.33	(39.65)	1300m: 16:49.75	(39.42)	1350m: 17:29.30	(39.55)	1400m: 18:07.91	(38.61)
	1450m: 18:46.33	(38.42)	1500m: 19:22.73	(36.40)				
5	Hanna Steinunn Guðnadóttir		2011 Íþróttabandalag Reykjaneshæjar	0.88	429	20:19.55	+2:23.78	
	50m: 35.52	100m: 1:14.74	(39.22)	150m: 1:55.52	(40.78)	200m: 2:35.90	(40.38)	
	250m: 3:17.10	(41.20)	300m: 3:58.12	(41.02)	350m: 4:39.03	(40.91)	400m: 5:20.34	(41.31)
	450m: 6:00.83	(40.49)	500m: 6:41.19	(40.36)	550m: 7:22.44	(41.25)	600m: 8:03.21	(40.77)
	650m: 8:44.61	(41.40)	700m: 9:25.46	(40.85)	750m: 10:05.13	(39.67)	800m: 10:46.57	(41.44)
	850m: 11:27.99	(41.42)	900m: 12:09.03	(41.04)	950m: 12:51.00	(41.97)	1000m: 13:32.46	(41.46)
	1050m: 14:14.25	(41.79)	1100m: 14:54.57	(40.32)	1150m: 15:35.49	(40.92)	1200m: 16:16.73	(41.24)
	1250m: 16:58.06	(41.33)	1300m: 17:39.12	(41.06)	1350m: 18:19.75	(40.63)	1400m: 19:00.63	(40.88)
	1450m: 19:41.46	(40.83)	1500m: 20:19.55	(38.09)				
6	Natalía Fanney Sigurðardóttir		2010 Íþróttabandalag Reykjaneshæjar	0.72	419	20:29.86	+2:34.09	
	50m: 35.70	100m: 1:15.88	(40.18)	150m: 1:57.47	(41.59)	200m: 2:37.87	(40.40)	
	250m: 3:19.18	(41.31)	300m: 3:59.80	(40.62)	350m: 4:40.73	(40.93)	400m: 5:21.35	(40.62)
	450m: 6:02.51	(41.16)	500m: 6:43.45	(40.94)	550m: 7:25.12	(41.67)	600m: 8:06.15	(41.03)
	650m: 8:47.38	(41.23)	700m: 9:28.54	(41.16)	750m: 10:10.09	(41.55)	800m: 10:52.77	(42.68)
	850m: 11:34.61	(41.84)	900m: 12:16.45	(41.84)	950m: 12:58.59	(42.14)	1000m: 13:41.09	(42.50)
	1050m: 14:23.14	(42.05)	1100m: 15:04.73	(41.59)	1150m: 15:47.00	(42.27)	1200m: 16:29.03	(42.03)
	1250m: 17:10.60	(41.57)	1300m: 17:51.29	(40.69)	1350m: 18:31.44	(40.15)	1400m: 19:12.64	(41.20)
	1450m: 19:51.54	(38.90)	1500m: 20:29.86	(38.32)				
7	Hildur Eldey Guðjónsdóttir		2011 Sunddeild Breiðabliks	0.70	379	21:11.19	+3:15.42	
	50m: 36.76	100m: 1:18.24	(41.48)	150m: 2:00.68	(42.44)	200m: 2:43.79	(43.11)	
	250m: 3:26.40	(42.61)	300m: 4:09.42	(43.02)	350m: 4:52.98	(43.56)	400m: 5:35.66	(42.68)
	450m: 6:18.93	(43.27)	500m: 7:02.18	(43.25)	550m: 7:44.86	(42.68)	600m: 8:27.66	(42.80)
	650m: 9:10.60	(42.94)	700m: 9:53.18	(42.58)	750m: 10:35.97	(42.79)	800m: 11:18.16	(42.19)
	850m: 12:00.94	(42.78)	900m: 12:43.25	(42.31)	950m: 13:26.30	(43.05)	1000m: 14:09.52	(43.22)
	1050m: 14:52.52	(43.00)	1100m: 15:35.13	(42.61)	1150m: 16:17.77	(42.64)	1200m: 17:00.89	(43.12)
	1250m: 17:43.61	(42.72)	1300m: 18:26.25	(42.64)	1350m: 19:08.36	(42.11)	1400m: 19:50.12	(41.76)
	1450m: 20:31.41	(41.29)	1500m: 21:11.19	(39.78)				

Event official at: 4/13/2025 5:13:33 PM

Event 39, 4x100m fjórsund kvenna - úrslit

ISL	4:16.18	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)	4/12/2014		
UNG	4:28.74	Sunddeild Breiðabliks	Sunddeild Breiðabliks (ISL Reykjavík (ISL)	4/14/2024		
ALD	4:43.70	Íþróttabandalag Reykjan	Íþróttabandalag Reykjane Reykjaneshæjar (ISL)	12/7/2014		
Rank	Name	Age	Team	Pts	Time	Diff
1	Sundfélag Hafnarfjarðar 1	24	Sundfélag Hafnarfjarðar	681	4:20.89	
	Vala Dís Cicero	2008	0.73	33.03	1:09.15	1:09.15
	Birgitta Ingólfssdóttir	2005	0.55	33.02	1:11.21	2:20.36
	Nadja Djurovic	2007	0.20	29.00	1:03.57	3:23.93
	Jóhanna Elín Guðmundsdóttir	2001	0.18	26.94	56.96	4:20.89
2	Sunddeild Breiðabliks 1	19	Sunddeild Breiðabliks	587	4:34.14	+13.25
	Ragnheiður Ásta Magnúsdóttir	2007	0.58	32.77	1:08.99	1:08.99
	Freyja Birkisdóttir	2006	0.21	35.82	1:16.33	2:25.32
	Sólveig Freyja Hákonardóttir	2009	0.28	31.35	1:07.76	3:33.08
	Ásdis Steindórsdóttir	2009	0.41	29.36	1:01.06	4:34.14
3	Íþróttabandalag Reykjaneshæjar	20	Íþróttabandalag Reykjaneshæjar	583	4:34.74	+13.85
	Ástrós Lovísa Hauksdóttir	2008	0.64	32.72	1:08.08	1:08.08
	Margrét Anna Lapas	2009	0.22	36.37	1:18.29	2:26.37
	Freydís Lilja Bergþórsdóttir	2009	0.49	32.03	1:09.35	3:35.72
	Eva Margrét Falsdóttir	2005	0.47	28.49	59.02	4:34.74

Results

Event 39, 4x100m fjórsund kvenna - úrslit

Rank	Name	Age	Team	Pts	Time	Diff
4	Reykjavík 1	17	Sundráð Íþróttabandalags Reykj	546	4:40.93	+20.04
	Kristín Rebekka Gunnarsdóttir	2009	0.78 34.78	1:12.02	1:12.02	
	Álfrún Lóa Jónsdóttir	2010	0.59 37.25	1:19.54	2:31.56	
	Ylfa Lind Kristmannsdóttir	2008	0.64 30.83	1:06.24	3:37.80	
	Bjarndís Olga Hansen	2010	0.57 30.31	1:03.13	4:40.93	
5	Sundfélag Akraness 1	20	Sundfélag Akraness	450	4:59.61	+38.72
	Guðbjörg Bjartey	2005	0.73 33.79	1:09.69	1:09.69	
	Gudmundsdóttir					
	Viktoria Emilia Orlita	2009	0.38 40.84	1:28.33	2:38.02	
	Sunna Arnfinnsdóttir	2007	0.33 33.49	1:12.40	3:50.42	
	Sunna Dís Skarphéðinsdóttir	2008	0.30 32.71	1:09.19	4:59.61	
6	Reykjavík 2	19	Sundráð Íþróttabandalags Reykj	439	5:02.03	+41.14
	Rannveig Perla Pétursdóttir	2010	0.59 37.87	1:19.35	1:19.35	
	Embla Dögg Helgadóttir	2008	0.21 39.11	1:26.57	2:45.92	
	Hekla Krístrún Mist	2006	0.56 32.73	1:12.20	3:58.12	
	Arnarsdóttir					
	Ylfa Ásgerður Eyjólfssdóttir	2006	0.56 29.82	1:03.91	5:02.03	
7	Sunddeild Breiðabliks 2	14	Sunddeild Breiðabliks	437	5:02.39	+41.50
	Lilja Rakel Hannesdóttir Bridde	2011	0.63 36.61	1:16.88	1:16.88	
	Kamilla Ýr Ísaksdóttir Guðmann	2011	0.31 40.26	1:26.51	2:43.39	
	Bergey Huld Arnarsdóttir	2011	0.02 33.55	1:14.77	3:58.16	
	Guðbjörg Helga Hilmarsdóttir	2011	0.12 30.43	1:04.23	5:02.39	
8	Reykjavík 3	18	Sundráð Íþróttabandalags Reykj	402	5:10.92	+50.03
	Freyja Dís Dagmarardóttir	2013	0.84 39.99	1:22.00	1:22.00	
	Katla Mist Bragadóttir	2007	0.34 40.55	1:26.25	2:48.25	
	Viktoria Vasile	2011	0.42 34.87	1:16.81	4:05.06	
	Freyja Sigríður Ásgeirsdóttir	2007	0.63 31.51	1:05.86	5:10.92	
-	Sunddeild Breiðabliks 3	15	Sunddeild Breiðabliks		DSQ	
	SW 10.11 Swimmer's feet lost touch with starting platform before preceding team-mate touches					
	Tinna Salome Róbertsdóttir	2011	0.73 40.60	1:23.05	1:23.05	
	Elín Michalec Árnadóttir	2010	0.58 38.27	1:22.19	2:45.24	
	Þorgerður Freyja Helgadóttir	2011	0.55		DSQ	
	Hildur Eldey Guðjónsdóttir	2011	-0.06			

Event official at: 4/13/2025 6:44:48 PM

Event 40, 4x100m fjórsund karla - úrslit

UNG	3:51.92	Sundfélag Hafnarfjarðar	Sundfélag Hafnarfjarðar (I Reykjavík (ISL)			4/3/2023	
ALD	4:19.11	Íþróttabandalag Reykjan	Íþróttabandalag Reykjane Reykjanesbaer (ISL)			12/19/2023	
Rank	Name	Age	Team	Pts		Time	Diff
1	Sundfélag Hafnarfjarðar 1	22	Sundfélag Hafnarfjarðar	760		3:46.58	
	Bergur Fáfniir Bjarnason	2006	0.56	28.86	1:00.23	1:00.23	
	Snorri Dagur Einarsson	2005	0.22	28.26	1:01.71	2:01.94	
	Birnir Freyr Hálfðánarsson	2006	0.40	25.04	54.17	2:56.11	
	Símon Elías Statkevicius	2003	0.25	23.67	50.47	3:46.58	

Results

Event 40, 4x100m fjórsund karla - úrslit

Rank	Name	Age	Team		Pts	Time	Diff
2	Sundfélag Hafnarfjarðar 2		24 Sundfélag Hafnarfjarðar		701	3:52.73	+6.15
	Veigar Hrafn Sigþórsson	2005	0.65	28.88	59.22	59.22	
	Aron Bjarki Pétursson	2001	0.70	29.96	1:05.16	2:04.38	
	Hólmar Grétarsson	2008	0.49	26.54	56.95	3:01.33	
	Ýmir Chatenay Sölvason	2006	0.27	24.65	51.40	3:52.73	
3	Íþróttabandalag Reykjanesbæj		19 Íþróttabandalag Reykjanesbæjar		650	3:58.70	+12.12
	Guðmundur Leo Rafnsson	2006	0.56	27.82	56.97	56.97	
	Nikolai Leo Jónsson	2008	0.30	31.91	1:08.61	2:05.58	
	Daði Rafn Falsson	2008	0.42	27.27	59.56	3:05.14	
	Denas Kazulis	2008	0.61	25.55	53.56	3:58.70	
4	Reykjavík 1		19 Sundráð Íþróttabandalags Reykj		517	4:17.59	+31.01
	Ásberg Halldór Hansson	2007	0.59	31.51	1:04.93	1:04.93	
	Stefán Ingi Ólafsson	2006	0.23	35.80	1:16.83	2:21.76	
	Alexander Ari Andrason	2010	0.27	27.69	1:00.67	3:22.43	
	Birgir Hrafn Kjartansson	2008	0.39	26.16	55.16	4:17.59	
5	Reykjavík 2		19 Sundráð Íþróttabandalags Reykj		439	4:31.95	+45.37
	Örn Ægisson	2006	0.61	32.02	1:07.00	1:07.00	
	Valentín Kristmundsson Genov	2010	0.42	37.11	1:19.95	2:26.95	
	Oliver Kaldal	2007	0.13	28.57	1:04.24	3:31.19	
	Þórður Karl Steinarsson	2009	0.65	29.10	1:00.76	4:31.95	

Event official at: 4/13/2025 6:54:30 PM