



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 1

Women, 400m Freestyle

Open

12.04.2024 - 9:30

Results Prelim

Íslandsmet	4:20.16	Snaefridur Sol Jorunnardóttir	ISL	Gzira (MLT)	31.05.2023
Unglingamet	4:20.66	Sunneva Dögg Robertson	IRB	Reykjavík	22.04.2016
Aldursflokkamet	4:23.24	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	15.07.2010

ÓL OQT (A) : 4:07.90 / ÓL OCT (B) : 4:09.14 / EM50 Opið : 4:20.29 / EM50 2003-2005 19 - 21: 4:22.95 / EMU 2006-2008 16 -

18: 4:27.53 / NÆM 2008-2010 14 - 16: 4:38.57 / A-landslið : 4:25.60 / Úrvalshópur 2003 21: 4:26.85 /

Úrvalshópur 2004 20: 4:28.07 / Úrvalshópur 2005 19: 4:30.54 / Unglingalandslið 2006 18: 4:32.99 /

Unglingalandslið 2007 17: 4:34.95 / Unglingalandslið 2008 16: 4:38.57 / Framtíðarhópur 2009 15: 4:42.18 /

Framtíðarhópur 2010 14: 4:48.18 / Framtíðarhópur 2011 13: 4:57.56

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m	300m	400m
18 years and younger							
1.	Vala Dis Cicero 08 SH	4:26.13	691 Q EMU	1:04.66	1:08.94	1:06.33	1:06.20
	50m: 30.81 30.81	150m: 1:39.24 34.58	250m: 2:46.36 32.76	350m: 3:53.54 33.61			
	100m: 1:04.66 33.85	200m: 2:13.60 34.36	300m: 3:19.93 33.57	400m: 4:26.13 32.59			
2.	Asdis Steindorsdóttir 09 Breiðablik	4:30.74	657 Q NÆM	1:04.25	1:08.89	1:09.84	1:07.76
	50m: 30.66 30.66	150m: 1:38.68 34.43	250m: 2:48.01 34.87	350m: 3:57.88 34.90			
	100m: 1:04.25 33.59	200m: 2:13.14 34.46	300m: 3:22.98 34.97	400m: 4:30.74 32.86			
3.	Katja Lilja Andriydsdóttir 06 SH	4:30.82	656 Q UNG	1:04.56	1:09.50	1:09.03	1:07.73
	50m: 30.85 30.85	150m: 1:39.39 34.83	250m: 2:48.44 34.38	350m: 3:57.48 34.39			
	100m: 1:04.56 33.71	200m: 2:14.06 34.67	300m: 3:23.09 34.65	400m: 4:30.82 33.34			
4.	Freyja Birkisdóttir 06 Breiðablik	4:32.84	642 Q UNG	1:05.90	1:09.42	1:08.90	1:08.62
	50m: 31.46 31.46	150m: 1:40.78 34.88	250m: 2:49.72 34.40	350m: 3:59.07 34.85			
	100m: 1:05.90 34.44	200m: 2:15.32 34.54	300m: 3:24.22 34.50	400m: 4:32.84 33.77			
5.	Sólveig Freyja H. 09 Breiðablik	4:40.07	593 Q FRAM	1:07.65	1:11.08	1:10.97	1:10.37
	50m: 32.44 32.44	150m: 1:43.09 35.44	250m: 2:54.23 35.50	350m: 4:05.56 35.86			
	100m: 1:07.65 35.21	200m: 2:18.73 35.64	300m: 3:29.70 35.47	400m: 4:40.07 34.51			
6.	Alicja Julia Kempisty 10 Óðinn	4:48.70	541 Q	1:08.85	1:13.57	1:14.89	1:11.39
	50m: 32.97 32.97	150m: 1:45.21 36.36	250m: 2:59.84 37.42	350m: 4:13.83 36.52			
	100m: 1:08.85 35.88	200m: 2:22.42 37.21	300m: 3:37.31 37.47	400m: 4:48.70 34.87			
7.	Katla María Brynjarsdóttir 07 ÍRB	4:50.65	531 Q	1:08.97	1:14.19	1:14.62	1:12.87
	50m: 32.81 32.81	150m: 1:45.92 36.95	250m: 3:00.25 37.09	350m: 4:15.01 37.23			
	100m: 1:08.97 36.16	200m: 2:23.16 37.24	300m: 3:37.78 37.53	400m: 4:50.65 35.64			
8.	Hulda Bjorg M. 08 Ægir	4:51.17	528 Q	1:08.62	1:14.36	1:15.21	1:12.98
	50m: 32.69 32.69	150m: 1:45.73 37.11	250m: 3:00.39 37.41	350m: 4:15.47 37.28			
	100m: 1:08.62 35.93	200m: 2:22.98 37.25	300m: 3:38.19 37.80	400m: 4:51.17 35.70			
9.	Maria Skorastein S. 07 SH	4:53.20	517 R	1:08.38	1:13.05	1:15.42	1:16.35
	50m: 32.96 32.96	150m: 1:44.38 36.00	250m: 2:58.90 37.47	350m: 4:15.18 38.33			
	100m: 1:08.38 35.42	200m: 2:21.43 37.05	300m: 3:36.85 37.95	400m: 4:53.20 38.02			
10.	Bjarndis Olga Hansen 10 Ægir	4:55.35	506 R	1:08.25	1:15.41	1:16.86	1:14.83
	50m: 32.13 32.13	150m: 1:45.32 37.07	250m: 3:02.21 38.55	350m: 4:18.97 38.45			
	100m: 1:08.25 36.12	200m: 2:23.66 38.34	300m: 3:40.52 38.31	400m: 4:55.35 36.38			
11.	Katrín Lóa Ingadóttir 08 Ármann	4:56.65	499	1:09.84	1:14.34	1:15.68	1:16.79
	50m: 33.23 33.23	150m: 1:46.91 37.07	250m: 3:01.80 37.62	350m: 4:18.63 38.77			
	100m: 1:09.84 36.61	200m: 2:24.18 37.27	300m: 3:39.86 38.06	400m: 4:56.65 38.02			
12.	Auguste Balciunaite 11 SH	5:00.24	481	1:09.05	1:17.32	1:18.54	1:15.33
	50m: 32.51 32.51	150m: 1:47.42 38.37	250m: 3:05.48 39.11	350m: 4:23.08 38.17			
	100m: 1:09.05 36.54	200m: 2:26.37 38.95	300m: 3:44.91 39.43	400m: 5:00.24 37.16			
13.	Hildur Erla Hákonardóttir 10 SH	5:05.52	457	1:12.93	1:18.43	1:18.18	1:15.98
	50m: 35.09 35.09	150m: 1:51.97 39.04	250m: 3:10.57 39.21	350m: 4:27.94 38.40			
	100m: 1:12.93 37.84	200m: 2:31.36 39.39	300m: 3:49.54 38.97	400m: 5:05.52 37.58			
14.	Karen Sif Helgadóttir 10 Fjölnir	5:06.64	452	1:09.77	1:19.27	1:19.21	1:18.39
	50m: 32.67 32.67	150m: 1:48.66 38.89	250m: 3:08.85 39.81	350m: 4:27.69 39.44			
	100m: 1:09.77 37.10	200m: 2:29.04 40.38	300m: 3:48.25 39.40	400m: 5:06.64 38.95			



Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 1, Girls, 400m Freestyle, Prelim, 18 years and younger

Rank	YB		Time		Pts	100m	200m	300m	400m
15.	Guðrún Ísöld Harðardóttir	11	Breiðablik	5:06.68	452	1:11.34	1:17.92	1:18.85	1:18.57
	50m: 33.63	33.63	150m: 1:50.37	39.03	250m: 3:08.56	39.30	350m: 4:27.53	39.42	
	100m: 1:11.34	37.71	200m: 2:29.26	38.89	300m: 3:48.11	39.55	400m: 5:06.68	39.15	
16.	Éma Austa Pratusyte	10	SH	5:08.18	445	1:12.71	1:19.28	1:19.37	1:16.82
	50m: 34.36	34.36	150m: 1:52.28	39.57	250m: 3:12.03	40.04	350m: 4:31.35	39.99	
	100m: 1:12.71	38.35	200m: 2:31.99	39.71	300m: 3:51.36	39.33	400m: 5:08.18	36.83	
17.	Tinna Karen Sigurdardóttir	08	SH	5:08.56	443	1:12.44	1:18.94	1:18.99	1:18.19
	50m: 34.34	34.34	150m: 1:51.93	39.49	250m: 3:10.85	39.47	350m: 4:30.20	39.83	
	100m: 1:12.44	38.10	200m: 2:31.38	39.45	300m: 3:50.37	39.52	400m: 5:08.56	38.36	
18.	Guðbjörg Helga H.	11	Breiðablik	5:09.00	442	1:10.63	1:19.81	1:19.22	1:19.34
	50m: 32.88	32.88	150m: 1:50.38	39.75	250m: 3:09.71	39.27	350m: 4:29.93	40.27	
	100m: 1:10.63	37.75	200m: 2:30.44	40.06	300m: 3:49.66	39.95	400m: 5:09.00	39.07	
19.	Matthildur María R.	09	SH	5:13.24	424	1:13.55	1:19.27	1:20.72	1:19.70
	50m: 35.14	35.14	150m: 1:52.72	39.17	250m: 3:12.54	39.72	350m: 4:34.76	41.22	
	100m: 1:13.55	38.41	200m: 2:32.82	40.10	300m: 3:53.54	41.00	400m: 5:13.24	38.48	
20.	Aldís Ögmundsdóttir	09	KR	5:14.58	418	1:14.97	1:19.45	1:20.46	1:19.70
	50m: 35.37	35.37	150m: 1:54.50	39.53	250m: 3:14.63	40.21	350m: 4:35.18	40.30	
	100m: 1:14.97	39.60	200m: 2:34.42	39.92	300m: 3:54.88	40.25	400m: 5:14.58	39.40	
21.	Rebekka Rún M.	08	SH	5:15.08	416	1:14.39	1:21.38	1:21.10	1:18.21
	50m: 35.11	35.11	150m: 1:54.55	40.16	250m: 3:15.53	39.76	350m: 4:37.13	40.26	
	100m: 1:14.39	39.28	200m: 2:35.77	41.22	300m: 3:56.87	41.34	400m: 5:15.08	37.95	
22.	Natalía Eir Curtis	10	Ármann	5:15.54	415	1:16.03	1:20.29	1:20.91	1:18.31
	50m: 36.04	36.04	150m: 1:55.85	39.82	250m: 3:16.54	40.22	350m: 4:36.97	39.74	
	100m: 1:16.03	39.99	200m: 2:36.32	40.47	300m: 3:57.23	40.69	400m: 5:15.54	38.57	
23.	Þorgerður Freyja H.	11	Breiðablik	5:15.65	414	1:15.18	1:21.08	1:20.09	1:19.30
	50m: 35.13	35.13	150m: 1:56.01	40.83	250m: 3:16.29	40.03	350m: 4:36.54	40.19	
	100m: 1:15.18	40.05	200m: 2:36.26	40.25	300m: 3:56.35	40.06	400m: 5:15.65	39.11	
24.	Yrsa Gunnlaugsdóttir	08	Ármann	5:16.42	411	1:17.31	1:22.27	1:21.68	1:15.16
	50m: 37.14	37.14	150m: 1:58.61	41.30	250m: 3:21.04	41.46	350m: 4:40.11	38.85	
	100m: 1:17.31	40.17	200m: 2:39.58	40.97	300m: 4:01.26	40.22	400m: 5:16.42	36.31	
25.	Elsa Dilja L.	10	SH	5:18.62	403	1:14.32	1:20.80	1:22.07	1:21.43
	50m: 35.76	35.76	150m: 1:54.32	40.00	250m: 3:15.96	40.84	350m: 4:39.29	42.10	
	100m: 1:14.32	38.56	200m: 2:35.12	40.80	300m: 3:57.19	41.23	400m: 5:18.62	39.33	
26.	Viktoria Emilia Orlita	09	ÍA	5:19.13	401	1:12.27	1:20.88	1:23.42	1:22.56
	50m: 34.68	34.68	150m: 1:52.14	39.87	250m: 3:14.67	41.52	350m: 4:38.30	41.73	
	100m: 1:12.27	37.59	200m: 2:33.15	41.01	300m: 3:56.57	41.90	400m: 5:19.13	40.83	
27.	Hugrun Gudmundsdóttir	08	Ægir	5:25.36	378	1:13.29	1:21.88	1:25.18	1:25.01
	50m: 34.84	34.84	150m: 1:53.92	40.63	250m: 3:17.61	42.44	350m: 4:43.24	42.89	
	100m: 1:13.29	38.45	200m: 2:35.17	41.25	300m: 4:00.35	42.74	400m: 5:25.36	42.12	
28.	Hanna Steinunn G.	11	ÍRB	5:28.62	367	1:18.54	1:24.68	1:23.79	1:21.61
	50m: 37.08	37.08	150m: 2:01.02	42.48	250m: 3:25.10	41.88	350m: 4:48.30	41.29	
	100m: 1:18.54	41.46	200m: 2:43.22	42.20	300m: 4:07.01	41.91	400m: 5:28.62	40.32	

19 years and older

1.	Thelma Björnsdóttir	96	ÍFR	6:35.34	211	1:36.17	1:39.77	1:40.64	1:38.76
	50m:		150m: 2:26.11	49.94	250m: 4:06.13	50.19	350m: 5:46.62	50.04	
	100m: 1:36.17		200m: 3:15.94	49.83	300m: 4:56.58	50.45	400m: 6:35.34	48.72	



Event 2

Men, 400m Freestyle

Open

12.04.2024 - 9:58

Results Prelim

Íslandsmet	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Unglingamet	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Aldursflokkamet	4:08.86	Hólmar Grétarsson	SH	Maribor (SLO)	24.07.2023

ÓL OQT (A) : 3:46.78 / ÓL OCT (B) : 3:47.91 / EM50 Opið : 3:57.00 / EM50 2003-2005 19 - 21: 3:59.42 / EMU 2006-2008 16 -

18: 4:04.18 / NÆM 2008-2010 14 - 16: 4:17.24 / A-landslið : 4:01.84 / Úrvalshópur 2003 21: 4:03.68 /

Úrvalshópur 2004 20: 4:05.49 / Úrvalshópur 2005 19: 4:07.33 / Unglingalandslið 2006 18: 4:09.17 /

Unglingalandslið 2007 17: 4:12.94 / Unglingalandslið 2008 16: 4:17.24 / Framtíðarhópur 2009 15: 4:25.32 /

Framtíðarhópur 2010 14: 4:35.77 / Framtíðarhópur 2011 13: 4:51.54

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m	300m	400m
18 years and younger							
1.	Magnús Víðir Jónsson 08 SH	4:12.73	660 Q NÆM	1:00.30	1:05.47	1:04.84	1:02.12
	50m: 28.71 28.71 150m: 1:32.84 32.54 250m: 2:38.07 32.30 350m: 3:42.18 31.57			100m: 1:00.30 31.59 200m: 2:05.77 32.93 300m: 3:10.61 32.54 400m: 4:12.73 30.55			
2.	Hólmar Grétarsson 08 SH	4:13.32	655 Q NÆM	1:00.89	1:05.02	1:04.95	1:02.46
	50m: 29.11 29.11 150m: 1:33.36 32.47 250m: 2:38.09 32.18 350m: 3:42.64 31.78			100m: 1:00.89 31.78 200m: 2:05.91 32.55 300m: 3:10.86 32.77 400m: 4:13.32 30.68			
3.	Karl Björnsson 08 SH	4:20.39	603 Q	1:01.54	1:06.59	1:06.96	1:05.30
	50m: 29.66 29.66 150m: 1:35.20 33.66 250m: 2:41.86 33.73 350m: 3:48.91 33.82			100m: 1:01.54 31.88 200m: 2:08.13 32.93 300m: 3:15.09 33.23 400m: 4:20.39 31.48			
4.	Andri Már Kristjánsson 06 SH	4:25.83	567 Q	1:02.82	1:08.13	1:08.76	1:06.12
	50m: 29.32 29.32 150m: 1:36.66 33.84 250m: 2:44.97 34.02 350m: 3:53.61 33.90			100m: 1:02.82 33.50 200m: 2:10.95 34.29 300m: 3:19.71 34.74 400m: 4:25.83 32.22			
5.	Stefan Ingi Olafsson 06 Ægir	4:26.56	562 Q	1:03.06	1:08.30	1:08.62	1:06.58
	50m: 30.00 30.00 150m: 1:37.02 33.96 250m: 2:45.71 34.35 350m: 3:53.83 33.85			100m: 1:03.06 33.06 200m: 2:11.36 34.34 300m: 3:19.98 34.27 400m: 4:26.56 32.73			
6.	Birgir Hrafn Kjartansson 08 Ægir	4:28.78	548 R	1:03.49	1:09.35	1:08.73	1:07.21
	50m: 30.30 30.30 150m: 1:37.86 34.37 250m: 2:48.20 35.36 350m: 3:55.58 34.01			100m: 1:03.49 33.19 200m: 2:12.84 34.98 300m: 3:21.57 33.37 400m: 4:28.78 33.20			
7.	Árni Þór Pálmason 09 ÍRB	4:33.57	520 R	1:03.91	1:10.22	1:11.09	1:08.35
	50m: 30.30 30.30 150m: 1:38.93 35.02 250m: 2:49.60 35.47 350m: 4:00.20 34.98			100m: 1:03.91 33.61 200m: 2:14.13 35.20 300m: 3:25.22 35.62 400m: 4:33.57 33.37			
8.	Vanja Djurovic 09 Breiðablik	4:43.13	469	1:05.91	1:11.83	1:13.57	1:11.82
	50m: 31.65 31.65 150m: 1:41.49 35.58 250m: 2:54.49 36.75 350m: 4:08.04 36.73			100m: 1:05.91 34.26 200m: 2:17.74 36.25 300m: 3:31.31 36.82 400m: 4:43.13 35.09			
9.	Egill Orri Baldursson 09 ÍRB	4:46.54	453	1:05.75	1:14.01	1:14.43	1:12.35
	50m: 30.67 30.67 150m: 1:42.23 36.48 250m: 2:57.40 37.64 350m: 4:11.30 37.11			100m: 1:05.75 35.08 200m: 2:19.76 37.53 300m: 3:34.19 36.79 400m: 4:46.54 35.24			
10.	Jón Ingvar Eypórsson 10 Breiðablik	4:47.05	450	1:06.46	1:14.32	1:14.87	1:11.40
	50m: 31.43 31.43 150m: 1:43.43 36.97 250m: 2:58.43 37.65 350m: 4:12.43 36.78			100m: 1:06.46 35.03 200m: 2:20.78 37.35 300m: 3:35.65 37.22 400m: 4:47.05 34.62			
11.	Kajus Jatautas 10 ÍA	4:52.64	425	1:07.30	1:14.40	1:16.72	1:14.22
	50m: 32.29 32.29 150m: 1:44.67 37.37 250m: 3:00.18 38.48 350m: 4:16.44 38.02			100m: 1:07.30 35.01 200m: 2:21.70 37.03 300m: 3:38.42 38.24 400m: 4:52.64 36.20			
12.	Már Óskar Þorsteinsson 07 SH	4:53.52	421	1:08.10	1:15.26	1:16.31	1:13.85
	50m: 32.44 32.44 150m: 1:45.72 37.62 250m: 3:01.72 38.36 350m: 4:17.87 38.20			100m: 1:08.10 35.66 200m: 2:23.36 37.64 300m: 3:39.67 37.95 400m: 4:53.52 35.65			
13.	Julian Jarnutowski 10 ÍRB	4:53.68	420	1:07.64	1:15.75	1:16.73	1:13.56
	50m: 31.97 31.97 150m: 1:45.11 37.47 250m: 3:02.04 38.65 350m: 4:17.25 37.13			100m: 1:07.64 35.67 200m: 2:23.39 38.28 300m: 3:40.12 38.08 400m: 4:53.68 36.43			
14.	Kristjón Hrafn Kjartansson11 SH	4:53.96	419	1:08.52	1:15.57	1:16.27	1:13.60
	50m: 32.53 32.53 150m: 1:46.35 37.83 250m: 3:02.15 38.06 350m: 4:18.32 37.96			100m: 1:08.52 35.99 200m: 2:24.09 37.74 300m: 3:40.36 38.21 400m: 4:53.96 35.64			



Event 2, Boys, 400m Freestyle, Prelim, 18 years and younger

Rank	YB		Time		Pts	100m	200m	300m	400m
15.	Viktor Bergmann A.	10	ÍRB	4:56.09	410	1:11.07	1:16.43	1:16.90	1:11.69
	50m: 33.49	33.49	150m: 1:49.37	38.30	250m: 3:06.04	38.54	350m: 4:21.30	36.90	
	100m: 1:11.07	37.58	200m: 2:27.50	38.13	300m: 3:44.40	38.36	400m: 4:56.09	34.79	
16.	Ragnar Halldórsson	09	Breiðablik	4:56.94	407	1:08.31	1:17.41	1:18.35	1:12.87
	50m: 31.98	31.98	150m: 1:46.70	38.39	250m: 3:04.64	38.92	350m: 4:21.57	37.50	
	100m: 1:08.31	36.33	200m: 2:25.72	39.02	300m: 3:44.07	39.43	400m: 4:56.94	35.37	
17.	Huginn Leví Pétursson	09	Breiðablik	4:57.69	404	1:08.37	1:15.62	1:17.25	1:16.45
	50m: 31.84	31.84	150m: 1:45.49	37.12	250m: 3:02.41	38.42	350m: 4:20.24	39.00	
	100m: 1:08.37	36.53	200m: 2:23.99	38.50	300m: 3:41.24	38.83	400m: 4:57.69	37.45	
18.	Jakob Máni Júlíusson	08	ÍRB	5:03.36	381	1:08.63	1:16.47	1:19.87	1:18.39
	50m: 32.32	32.32	150m: 1:46.58	37.95	250m: 3:04.42	39.32	350m: 4:25.35	40.38	
	100m: 1:08.63	36.31	200m: 2:25.10	38.52	300m: 3:44.97	40.55	400m: 5:03.36	38.01	

19 years and older

1.	Veigar Hrafn Sigthorsson	05	SH	4:14.22	648 Q	1:01.41	1:06.61	1:05.44	1:00.76
	50m: 28.84	28.84	150m: 1:34.67	33.26	250m: 2:40.76	32.74	350m: 3:44.67	31.21	
	100m: 1:01.41	32.57	200m: 2:08.02	33.35	300m: 3:13.46	32.70	400m: 4:14.22	29.55	
2.	Bartosz Henke	05	SH	4:23.33	583 Q	1:02.76	1:07.91	1:07.87	1:04.79
	50m: 29.52	29.52	150m: 1:36.29	33.53	250m: 2:44.43	33.76	350m: 3:51.90	33.36	
	100m: 1:02.76	33.24	200m: 2:10.67	34.38	300m: 3:18.54	34.11	400m: 4:23.33	31.43	
3.	Guðmundur Karl Karlsson	05	ÍRB	4:25.77	567 Q	1:02.08	1:07.59	1:09.21	1:06.89
	50m: 29.11	29.11	150m: 1:35.79	33.71	250m: 2:43.84	34.17	350m: 3:52.56	33.68	
	100m: 1:02.08	32.97	200m: 2:09.67	33.88	300m: 3:18.88	35.04	400m: 4:25.77	33.21	
4.	Guðfinnur Karlsson	88	Fjörður	5:30.26	295	1:19.06	1:23.80	1:24.77	1:22.63
	50m: 38.40	38.40	150m: 2:00.84	41.78	250m: 3:25.19	42.33	350m: 4:50.32	42.69	
	100m: 1:19.06	40.66	200m: 2:42.86	42.02	300m: 4:07.63	42.44	400m: 5:30.26	39.94	

Event 3

Women, 50m Backstroke

Open
Results Prelim

12.04.2024 - 10:18

Íslandsmet	28.53	Ingibjörg Kristí Jónsdóttir	SH	Budapest (HUN)	26.07.2017
Unglingamet	29.07	Ingibjörg Kristí Jónsdóttir	SH	Laugardalslaug	09.04.2011
Aldursflokkamet	30.45	Eygló Ósk Gústafsdóttir	AEGIR	Reykjavík	20.03.2010

EM50 Ópið : 29.31 / EM50 2003-2005 19 - 21: 29.61 / EMU 2006-2008 16 - 18: 30.13 / A-landslíð : 29.91 /
Úrvalshópur 2003 21: 30.05 / Úrvalshópur 2004 20: 30.19 / Úrvalshópur 2005 19: 30.47 / Unglingalandslíð 2006 18: 30.74 /
Unglingalandslíð 2007 17: 30.97 / Unglingalandslíð 2008 16: 31.37

Points: FINA 2024

Rank	YB		Time		Pts
18 years and younger					
1.	Ylfa Lind Kristmannsdóttir	08	Ármann	30.46	685 Q UNG
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	30.88	658 Q UNG
3.	Ragnheiður Ásta Magnúsdóttir	07	Breiðablik	31.63	612 Q
4.	Kristin Rebekka Gunnarsdóttir	09	Ægir	33.29	525 Q
5.	Ylfa Asgerdur Eyjolfsson	06	Ægir	33.40	520 Q
6.	Helga Sigurlaug Helgadóttir	07	SH	33.94	495 Q
7.	Dagmar Arna Sigurðardóttir	09	SH	34.15	486 R
8.	Athena Líf Þrastardóttir	07	ÍRB	34.16	486 R
9.	Iris Asta Magnúsdóttir	11	Breiðablik	34.51	471
10.	Halla Run Fannarsdóttir	08	Óðinn	35.08	448
11.	Dýrleif Hanna Guðbjartsdóttir	08	UMFB	36.82	388
12.	Kornelia Nadia Maniak	10	ÍRB	37.03	381
13.	Thea Sif Hjaltadóttir	11	Ármann	37.54	366



Íslands- og unglingsmeistaramótið í 50m laug 2024
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Event 3, Girls, 50m Backstroke, Prelim, 18 years and younger

Rank	YB	Time	Pts
14.	Ingibjörg Þóra Stefánsdóttir	08 SH	38.14 349

19 years and older

1.	Guðbjörg Bjartey Guðmundsdóttir	05 ÍA	32.02 590 Q
2.	Dagbjörg Hlíf Ólafsdóttir	05 SH	33.21 529 Q
3.	Ran Björnsdóttir	05 Ægir	34.63 466
4.	Ingibjörg Svava Magnúsdóttir	05 ÍA	35.05 450
5.	Emelía Ýr Gunnarsdóttir	05 Fjörður	43.11 241
6.	Sigríður Aníta Sveinsdóttir	01 ÍFR	44.72 216
7.	Sigrún Kjartansdóttir	03 Fjörður	57.24 103
8.	Sonja Sigurðardóttir	90 ÍFR	1:09.02 58

Event 4

Men, 100m Butterfly

Open
Results Prelim

12.04.2024 - 10:27

Íslandsmet	53.42	Orn Arnarson	SH	Budapest (HUN)	04.08.2006
Unglingamet	55.38	Birnir Freyr Hálfðánarsson	SH	Reykjavík	01.04.2023
Aldursflokkamet	57.42	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	10.07.2021

ÓL OQT (A) : 51.67 / ÓL OCT (B) : 51.93 / EM50 Opið : 53.98 / EM50 2003-2005 19 - 21: 54.53 / EMU 2006-2008 16 - 18: 55.61 /
NÆM 2008-2010 14 - 16: 58.59 / A-landslið : 55.08 / Úrvalshópur 2003 21: 55.50 / Úrvalshópur 2004 20: 55.91 /
Úrvalshópur 2005 19: 56.33 / Unglingalandslið 2006 18: 56.75 / Unglingalandslið 2007 17: 57.61 /
Unglingalandslið 2008 16: 58.59 / Framtíðarhópur 2009 15: 1:00.43 / Framtíðarhópur 2010 14: 1:02.80 /
Framtíðarhópur 2011 13: 1:06.40

Points: FINA 2024

Rank	YB	Time	Pts
18 years and younger			
1.	Birnir Freyr Hálfðánarsson	06 SH	58.49 604 Q
2.	Snævar Örn Kristmannsson	06 ÍFR	1:01.85 511 Q
3.	Daði Þór Friðriksson	07 SH	1:04.45 451 Q
4.	Dominic Dadi Wheeler	07 Breiðablik	1:04.64 447 Q
5.	Oliver Kaldal	07 Ægir	1:06.25 415 Q
6.	Kacper Kogut	06 Breiðablik	1:06.62 408 R
7.	Styrmir Snær Árnason	10 SH	1:07.18 398 R
8.	Örn Ægisson	06 Ármann	1:07.20 398

19 years and older

1.	Fannar Snævar Hauksson	04 ÍRB	56.77 660 Q
2.	Robert Isak Jonsson	01 SH	1:00.68 541 Q
3.	Einar Helgi Guðlaugsson	91 Ægir	1:03.95 462 Q



Event 5
12.04.2024 - 10:34

Women, 200m Butterfly

Open
Results Prelim

Íslandsmet	2:18.79	Erla Dogg Haraldsdóttir	IRB	Laugardalslaug	06.04.2008
Unglingamet	2:19.71	Sigrún Sverrisdóttir	FJOL	Monte-Carlo (MON)	05.06.2007
Aldursflokkamet	2:22.99	Soffía Klemenzdóttir	IRB	Belgrade (SRB)	30.07.2008

ÓL OQT (A) : 2:08.43 / ÓL OCT (B) : 2:09.07 / EM50 Opið : 2:14.22 / EM50 2003-2005 19 - 21: 2:15.59 / EMU 2006-2008 16 - 18: 2:17.95 / NÆM 2008-2010 14 - 16: 2:23.65 / A-landslið : 2:16.96 / Úrvalshópur 2003 21: 2:17.61 / Úrvalshópur 2004 20: 2:18.24 / Úrvalshópur 2005 19: 2:19.51 / Unglingalandslið 2006 18: 2:20.77 / Unglingalandslið 2007 17: 2:21.78 / Unglingalandslið 2008 16: 2:23.65 / Framtíðarhópur 2009 15: 2:25.51 / Framtíðarhópur 2010 14: 2:28.60 / Framtíðarhópur 2011 13: 2:33.44

Points: FINA 2024

Rank	YB		Time	Pts		100m	200m	
18 years and younger								
1.		Nadja Djurovic	07	Breiðablik	2:34.17	493 Q	1:12.71	1:21.46
2.		Elísabet Arnoddsdóttir	09	ÍRB	2:36.95	467 Q	1:13.97	1:22.98
3.		Sunna Arnfinnsdóttir	07	ÍA	2:37.46	462 Q	1:14.57	1:22.89
4.		Adriana Agnes Derti	10	ÍRB	2:38.01	458 Q	1:14.15	1:23.86
5.		Freydís Lilja Bergþórsdóttir	09	ÍRB	2:38.35	455 Q	1:16.38	1:21.97
6.		Kristin Asta Sigtryggsdóttir	09	Ægir	2:43.34	414 Q	1:17.17	1:26.17
7.		Nicole Jona Johannsdóttir	08	SH	3:01.62	301 Q	1:23.11	1:38.51
8.		Sandra Rut Fannarsdóttir	06	Árman	3:03.90	290 Q	1:23.46	1:40.44

Event 6
12.04.2024 - 10:40

Men, 200m Backstroke

Open
Results Prelim

Íslandsmet	1:58.37	Orn Arnarson	SH	Fukuoka (JPN)	27.07.2001
Unglingamet	2:01.13	Orn Arnarson	SH	Moscow (RUS)	14.07.1999
Aldursflokkamet	2:11.83	Brynjólfur Óli Karlsson	UBK	Reykjavík	22.04.2016

ÓL OQT (A) : 1:57.50 / ÓL OCT (B) : 1:58.09 / EM50 Opið : 2:02.65 / EM50 2003-2005 19 - 21: 2:03.90 / EMU 2006-2008 16 - 18: 2:06.37 / NÆM 2008-2010 14 - 16: 2:13.13 / A-landslið : 2:05.15 / Úrvalshópur 2003 21: 2:06.11 / Úrvalshópur 2004 20: 2:07.04 / Úrvalshópur 2005 19: 2:08.00 / Unglingalandslið 2006 18: 2:08.95 / Unglingalandslið 2007 17: 2:10.90 / Unglingalandslið 2008 16: 2:13.13 / Framtíðarhópur 2009 15: 2:17.31 / Framtíðarhópur 2010 14: 2:22.71 / Framtíðarhópur 2011 13: 2:30.87

Points: FINA 2024

Rank	YB		Time	Pts		100m	200m
18 years and younger							
1.		Guðmundur Leo Rafnsson	06	ÍRB	2:03.01	753 Q EMU A-11:00.29	1:02.72
2.		Bergur Fálnir Bjarnason	06	SH	2:09.98	638 Q	1:02.67
3.		Adam Leó Tómasson	07	SH	2:18.11	532 Q	1:08.74
4.		Asberg Halldor Hansson	07	Ægir	2:20.02	510 Q	1:06.99
5.		Daði Rafn Falsson	08	ÍRB	2:22.98	479 Q	1:08.92
6.		Halldór Ingi Hafþórsson	08	SH	2:28.52	427 Q	1:12.16
7.		Gísli Kristján Traustason	09	ÍRB	2:29.97	415 Q	1:12.44
8.		Andri Ólafsson	09	SH	2:33.75	385 Q	1:13.41
9.		Kajus Jatautas	10	ÍA	2:34.66	378 R	1:16.52
10.		Þór Eli Gunnarsson	11	SH	2:35.32	374 R	1:14.38
11.		Timotei Roland Randhawa	10	KR	2:39.46	345	1:15.72

Íslands- og unglingsmeistararnótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 7 Women, 200m Breaststroke Open
12.04.2024 - 10:49 Results Prelim

Íslandsmei	2:22.96	Hrafnhildur Luthersdóttir	SH	London (GBR)	20.05.2016
Unglingamei	2:31.39	Hrafnhildur Luthersdóttir	SH	Rome (ITA)	30.07.2009
Aldursflokkamei	2:36.69	Eva Margrét Falsdóttir	IRB	Reykjavík	07.04.2019

ÓL OQT (A) : 2:23.91 / ÓL OCT (B) : 2:24.63 / EM50 Opið : 2:31.57 / EM50 2003-2005 19 - 21: 2:33.12 / EMU 2006-2008 16 - 18: 2:35.78 / NÆM 2008-2010 14 - 16: 2:42.21 / A-landslið : 2:34.66 / Úrvalshópur 2003 21: 2:35.39 / Úrvalshópur 2004 20: 2:36.10 / Úrvalshópur 2005 19: 2:37.54 / Unglingalandslið 2006 18: 2:38.96 / Unglingalandslið 2007 17: 2:40.11 / Unglingalandslið 2008 16: 2:42.21 / Framtíðarhópur 2009 15: 2:44.32 / Framtíðarhópur 2010 14: 2:47.81 / Framtíðarhópur 2011 13: 2:53.27

Points: FINA 2024

Rank	YB		Time	Pts		100m	200m	
18 years and younger								
1.	Auguste Balciunaite	11	SH	2:47.43	554	Q FRAM	1:19.74	1:27.69
2.	Margrét Anna Lapas	09	Breiðablik	2:47.74	551	Q	1:21.77	1:25.97
3.	Sunneva Bergmann Á.	07	ÍRB	2:50.70	523	Q	1:21.67	1:29.03
4.	Katla Mist Bragadóttir	07	Ármann	2:51.04	520	Q	1:23.10	1:27.94
5.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	3:00.83	440	Q	1:25.73	1:35.10
6.	Álfrún Lóa Jónsdóttir	10	Fjölpir	3:01.30	436	R	1:25.60	1:35.70
7.	Eydís Jóhannesdóttir	11	ÍRB	3:01.72	433	R	1:28.80	1:32.92
8.	Eydís Arna Ísaksen	08	SH	3:02.90	425		1:27.66	1:35.24
9.	Natalía Fanney Sigurðardóttir	10	ÍRB	3:03.07	424		1:28.86	1:34.21
10.	Isabella Johannsdóttir	10	Óðinn	3:03.29	422		1:29.09	1:34.20
11.	Austėja Savickaitė	09	ÍRB	3:04.09	417		1:28.53	1:35.56
12.	Kamilla Ýr Ísaksdóttir Guðman	11	Breiðablik	3:06.64	400		1:29.50	1:37.14
13.	Valdis Ros Thorsteinsdóttir	07	SH	3:06.66	400		1:28.43	1:38.23
14.	Ema Austa Pratusyte	10	SH	3:09.02	385		1:31.75	1:37.27
15.	Ágústa Elly Kristinsdóttir	11	Ármann	3:09.03	385		1:31.85	1:37.18
16.	Embla Dogg Helgadóttir	08	Ægir	3:13.11	361		1:29.49	1:43.62
17.	Dóróthea Margrét Jakobsdóttir	08	Ármann	3:19.23	329		1:35.31	1:43.92
18.	Thea Sif Hjaltadóttir	11	Ármann	3:19.76	326		1:37.02	1:42.74
19.	Þeódís Styrmsdóttir	11	Breiðablik	3:23.31	309		1:37.08	1:46.23
20.	Gabija Marija Savickaitė	08	ÍRB	3:24.39	304		1:37.93	1:46.46

19 years and older

1.	Eva Margrét Falsdóttir	05	ÍRB	2:38.09	658	Q	1:15.05	1:23.04
2.	Birgitta Ingólfssdóttir	05	SH	2:45.97	569	Q	1:18.94	1:27.03
3.	Maja Lind Cicero	05	SH	2:52.80	504	Q	1:22.26	1:30.54
4.	Þórey Ísafold Magnúsdóttir	99	Ármann	3:11.33	371		1:32.76	1:38.57



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 8 Men, 100m Breaststroke Open
12.04.2024 - 11:04 Results Prelim

Íslandsmet	1:00.32	Anton Sveinn McKee	SH	Gwangju (KOR)	21.07.2019
Unglingamet	1:03.43	Snorri Dagur Einarsson	SH	Reykjavík	01.04.2023
Aldursflokkamet	1:07.46	Dadi Björnsson	SH	Reykjavík	05.04.2019

ÓL OQT (A) : 59.49 / ÓL OCT (B) : 59.79 / EM50 Opið : 1:02.07 / EM50 2003-2005 19 - 21: 1:02.70 / EMU 2006-2008 16 - 18: 1:03.95 / N/EM 2008-2010 14 - 16: 1:07.37 / A-landslið : 1:03.33 / Úrvalshópur 2003 21: 1:03.82 / Úrvalshópur 2004 20: 1:04.29 / Úrvalshópur 2005 19: 1:04.77 / Unglingalandslið 2006 18: 1:05.25 / Unglingalandslið 2007 17: 1:06.24 / Unglingalandslið 2008 16: 1:07.37 / Framtíðarhópur 2009 15: 1:09.48 / Framtíðarhópur 2010 14: 1:12.22 / Framtíðarhópur 2011 13: 1:16.35

Points: FINA 2024

Rank	YB	Time	Pts
18 years and younger			
1.	Nikolai Leo Jónsson	08 ÍRB	1:09.91 538 Q
2.	Adam Leó Tómasson	07 SH	1:11.31 507 Q
3.	Arnór Egill Einarsson	07 SH	1:11.60 501 Q
4.	Arnar Logi Ægisson	07 SH	1:11.85 496 Q
5.	Mikael Fannar Arnarson	09 ÍRB	1:14.62 442 Q
6.	Már Óskar Þorsteinsson	07 SH	1:17.74 391 R
7.	Dominic Dadi Wheeler	07 Breiðablik	1:17.92 388 R
8.	Ragnar Halldórsson	09 Breiðablik	1:26.15 287
19 years and older			
1.	Anton Sveinn McKee	93 SH	1:01.37 796 Q EM50 A-LIÐ
2.	Snorri Dagur Einarsson	05 SH	1:05.81 645 Q
3.	Robert Isak Jonsson	01 SH	1:15.07 434 Q
4.	Guðfinnur Karlsson	88 Fjörður	1:31.37 241
DSQ	Einar Margeir Ágústsson	05 ÍA	1:06.43
<i>G8 - Obstructing or interfering with another swimmer - foul (SW 10.7)</i>			

Event 9 Women, 50m Freestyle Open
12.04.2024 - 11:11 Results Prelim

Íslandsmet	25.24	Sarah Blake Bateman	AEGIR	Debrecen (HUN)	26.05.2012
Unglingamet	26.08	Ingibjörg Kristí Jónsdóttir	SH	Laugardalslaug	09.04.2011
Aldursflokkamet	26.65	Vala Dís Cicero	SH	Reykjavík	01.04.2023

ÓL OQT (A) : 24.70 / ÓL OCT (B) : 24.82 / EM50 Opið : 26.01 / EM50 2003-2005 19 - 21: 26.28 / EMU 2006-2008 16 - 18: 26.73 / A-landslið : 26.54 / Úrvalshópur 2003 21: 26.67 / Úrvalshópur 2004 20: 26.79 / Úrvalshópur 2005 19: 27.04 / Unglingalandslið 2006 18: 27.28 / Unglingalandslið 2007 17: 27.48 / Unglingalandslið 2008 16: 27.84

Points: FINA 2024

Rank	YB	Time	Pts
18 years and younger			
1.	Vala Dís Cicero	08 SH	26.41 714 Q EMU A-LIÐ UN
2.	Ylfa Lind Kristmannsdóttir	08 Ármann	27.64 623 Q UNG
3.	Asdis Gunnarsdóttir	08 UMFA	27.77 614 Q UNG
4.	Ragnheiður Ásta Magnúsdóttir	07 Breiðablik	28.29 581 Q
5.	Kristin Rebekka Gunnarsdóttir	09 Ægir	28.66 559 R
6.	Halldóra Björt Ingimundardóttir	08 Breiðablik	28.70 556 R
7.	Maria Skorastein Sigurdardóttir	07 SH	28.82 549
8.	Ágústa Inga Arnarsdóttir	06 Stjarnan	29.09 534
9.	Katrín Ósk Aðalsteinsdóttir	09 SH	29.69 502



Event 9, Girls, 50m Freestyle, Prelim, 18 years and younger

Rank		YB		Time	Pts
10.	Alicja Julia Kempisty	10	Óðinn	29.71	501
11.	Viktoría Emilia Orlita	09	ÍA	29.80	497
12.	Ylfa Asgerdur Eyjolfsson	06	Ægir	29.82	496
13.	Hekla Kristrun Mist Arnarsdóttir	06	Ægir	30.32	472
14.	Bergey Huld Arnarsdóttir	11	Breiðablik	30.38	469
15.	Sigrún Halla Olgeirsdóttir	08	UMFB	30.43	467
16.	Guðbjörg Helga Hilmarsdóttir	11	Breiðablik	30.51	463
17.	Karen Sif Helgadóttir	10	Fjölnir	30.53	462
18.	Halla Run Fannarsdóttir	08	Óðinn	30.59	459
19.	Álfrún Lóa Jónsdóttir	10	Fjölnir	30.63	457
20.	Karen Anna Orlita	12	ÍA	30.65	457
21.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	30.79	450
22.	Kornelia Nadia Maniak	10	ÍRB	31.05	439
23.	Birgitta Björt Kjartansdóttir	10	SH	31.15	435
	Sunna Dís Skarphéðinsdóttir	08	ÍA	31.15	435
25.	Sigurborg Sesselja Skúladóttir	10	UMFB	31.16	435
26.	Freyja Sigridur Asgeirsdóttir	07	Ægir	31.21	432

19 years and older

1.	Snæfríður Sól Jórunnardóttir	00	Aalborg Svømmeklub	26.47	709	Q A-LIÐ
2.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	27.06	664	Q
3.	Guðbjörg Bjarney Guðmundsdóttir	05	ÍA	27.18	655	Q
4.	Stefanía Sigurþórsdóttir	01	ÍRB	28.63	560	Q
5.	Dagbjörg Hlíf Ólafsdóttir	05	SH	29.14	531	
6.	Ran Björnsdóttir	05	Ægir	29.54	510	
7.	Ingibjörg Svava Magnúsdóttir	05	ÍA	29.97	488	
8.	Elisa Björnsdóttir	05	Ægir	30.64	457	
9.	Hallgerður Hoskuldsdóttir	04	Selfoss	31.33	427	
10.	Anna Rósa Þrastardóttir	04	Fjörður	33.79	341	
11.	Sigríður Aníta Sveinsdóttir	01	ÍFR	36.87	262	
12.	Sigrún Kjartansdóttir	03	Fjörður	41.81	180	
13.	Thelma Björnsdóttir	96	ÍFR	43.00	165	



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 10 Men, 50m Freestyle Open
12.04.2024 - 11:21 Results Prelim

Íslandsmet	22.53	Már Árne Árnason	IRB	Canet-En-Roussillon (FRA)	06.06.2012
Unglingamet	23.29	Orn Arnarson	SH	Hafnarfjoerdur	30.12.1998
Aldursflokkamet	25.17	Denas Kazulis	IRB	Reykjanesbaer	19.12.2023

ÓL OQT (A) : 21.96 / ÓL OCT (B) : 22.07 / EM50 Opið : 22.98 / EM50 2003-2005 19 - 21: 23.21 / EMU 2006-2008 16 - 18: 23.67 /
A-landslið : 23.45 / Úrvalshópur 2003 21: 23.63 / Úrvalshópur 2004 20: 23.80 / Úrvalshópur 2005 19: 23.98 /
Unglingalandslið 2006 18: 24.16 / Unglingalandslið 2007 17: 24.52 / Unglingalandslið 2008 16: 24.94

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Guðmundur Leo Rafnsson	06	ÍRB	24.01	660	Q UNG
2.	Ýmir Chatenay Sölvason	06	Breiðablik	24.13	650	Q UNG
3.	Guðbjarni Sigþórsson	06	ÍA	24.61	613	Q
4.	Denas Kazulis	08	ÍRB	24.81	598	Q UNG
5.	Daði Þór Friðriksson	07	SH	25.97	521	R
6.	Bjorn Yngvi Gudmundsson	07	SH	26.36	499	
7.	Örn Ægisson	06	Ármann	26.37	498	
8.	Stefan Ingi Olafsson	06	Ægir	26.40	496	
9.	Oliver Kaldal	07	Ægir	26.83	473	
10.	Maciej Stefan Markowski	06	Stjarnan	27.13	457	
11.	Arnar Milos Arnbjörnsson	08	ÍRB	27.38	445	
12.	Snævar Örn Kristmannsson	06	ÍFR	27.50	439	
13.	Mykhailo S. Lafleur	07	ÍRB	27.62	433	
14.	Jakob Máni Júlíusson	08	ÍRB	27.66	432	
15.	Jón Haukur Þórsson	08	KR	27.76	427	
19 years and older						
1.	Einar Margeir Ágústsson	05	ÍA	24.42	627	Q
2.	Guðmundur Karl Karlsson	05	ÍRB	25.14	575	Q
3.	Przemysław Puławski	93	Breiðablik	25.26	567	Q
4.	Stefán Elías Berman	03	ÍRB	25.33	562	Q
5.	Aron Bjarki Pétursson	01	SH	25.72	537	R
6.	Einar Helgi Gudlaugsson	91	Ægir	26.47	492	
7.	Martin Tsenov	92	ÍRB	27.55	437	
8.	Jón Ingi Halldórsson	04	Breiðablik	27.72	429	
9.	Guðmundur Halldórsson	04	Breiðablik	28.06	413	
10.	Halldór Björn Kristinsson	02	Ármann	28.46	396	



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 1 Women, 400m Freestyle Open
12.04.2024 - 17:00 Results Final

Íslandsmet	4:20.16	Snaefridur Sol Jorunnardóttir	ISL	Gzira (MLT)	31.05.2023
Unglingamet	4:20.66	Sunneva Dögg Robertson	IRB	Reykjavík	22.04.2016
Aldursflokkamet	4:23.24	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	15.07.2010

ÓL OQT (A) : 4:07.90 / ÓL OCT (B) : 4:09.14 / EM50 Opið : 4:20.29 / EM50 2003-2005 19 - 21: 4:22.95 / EMU 2006-2008 16 - 18: 4:27.53 / NÆM 2008-2010 14 - 16: 4:38.57 / A-landslið : 4:25.60 / Úrvalshópur 2003 21: 4:26.85 / Úrvalshópur 2004 20: 4:28.07 / Úrvalshópur 2005 19: 4:30.54 / Unglingalandslið 2006 18: 4:32.99 / Unglingalandslið 2007 17: 4:34.95 / Unglingalandslið 2008 16: 4:38.57 / Framtíðarhópur 2009 15: 4:42.18 / Framtíðarhópur 2010 14: 4:48.18 / Framtíðarhópur 2011 13: 4:57.56

Points: FINA 2024

Rank	YB		Time		Pts	100m	200m	300m	400m	
1.	Vala Dis Cicero	08	SH	4:24.28	706	EMU N	1:03.48	1:08.38	1:07.05	1:05.37
	50m: 30.05	30.05	150m: 1:37.55	34.07	250m: 2:44.96	33.10	350m: 3:52.08	33.17		
	100m: 1:03.48	33.43	200m: 2:11.86	34.31	300m: 3:18.91	33.95	400m: 4:24.28	32.20		
2.	Freyja Birkisdóttir	06	Breiðablik	4:27.76	679	UNG	1:03.83	1:06.90	1:08.24	1:08.79
	50m: 30.38	30.38	150m: 1:37.24	33.41	250m: 2:44.50	33.77	350m: 3:53.75	34.78		
	100m: 1:03.83	33.45	200m: 2:10.73	33.49	300m: 3:18.97	34.47	400m: 4:27.76	34.01		
3.	Katja Lilja Andriysoðottir	06	SH	4:31.22	653	UNG	1:03.66	1:08.94	1:09.65	1:08.97
	50m: 30.30	30.30	150m: 1:38.12	34.46	250m: 2:47.43	34.83	350m: 3:57.05	34.80		
	100m: 1:03.66	33.36	200m: 2:12.60	34.48	300m: 3:22.25	34.82	400m: 4:31.22	34.17		
4.	Sólveig Freyja H.	09	Breiðablik	4:31.36	652	NÆM F	1:04.96	1:09.44	1:09.33	1:07.63
	50m: 31.21	31.21	150m: 1:39.76	34.80	250m: 2:48.88	34.48	350m: 3:57.97	34.24		
	100m: 1:04.96	33.75	200m: 2:14.40	34.64	300m: 3:23.73	34.85	400m: 4:31.36	33.39		
5.	Asdis Steindorsdóttir	09	Breiðablik	4:33.35	638	NÆM F	1:04.62	1:09.64	1:10.36	1:08.73
	50m: 30.77	30.77	150m: 1:39.23	34.61	250m: 2:49.26	35.00	350m: 3:59.73	35.11		
	100m: 1:04.62	33.85	200m: 2:14.26	35.03	300m: 3:24.62	35.36	400m: 4:33.35	33.62		
6.	Hulda Björg M.	08	Ægir	4:46.86	552		1:06.70	1:12.24	1:14.26	1:13.66
	50m: 31.83	31.83	150m: 1:42.66	35.96	250m: 2:56.19	37.25	350m: 4:10.45	37.25		
	100m: 1:06.70	34.87	200m: 2:18.94	36.28	300m: 3:33.20	37.01	400m: 4:46.86	36.41		
7.	Alicja Julia Kempisty	10	Óðinn	4:50.46	532		1:07.81	1:14.57	1:15.75	1:12.33
	50m: 32.33	32.33	150m: 1:45.05	37.24	250m: 3:00.06	37.68	350m: 4:15.06	36.93		
	100m: 1:07.81	35.48	200m: 2:22.38	37.33	300m: 3:38.13	38.07	400m: 4:50.46	35.40		
8.	Katla María Brynjarsdóttir	07	ÍRB	4:53.36	516		1:08.82	1:13.97	1:15.37	1:15.20
	50m: 32.67	32.67	150m: 1:45.45	36.63	250m: 3:00.24	37.45	350m: 4:15.97	37.81		
	100m: 1:08.82	36.15	200m: 2:22.79	37.34	300m: 3:38.16	37.92	400m: 4:53.36	37.39		



Event 2 Men, 400m Freestyle Open
12.04.2024 - 17:10 Results Final

Íslandsmet	3:54.67	Anton Sveinn McKee	AEGIR	Barcelona (ESP)	28.07.2013
Unglingamet	3:59.48	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	06.07.2011
Aldursflokkamet	4:08.86	Hólmar Grétarsson	SH	Maribor (SLO)	24.07.2023

ÓL OQT (A) : 3:46.78 / ÓL OCT (B) : 3:47.91 / EM50 Opið : 3:57.00 / EM50 2003-2005 19 - 21: 3:59.42 / EMU 2006-2008 16 - 18: 4:04.18 / NÆM 2008-2010 14 - 16: 4:17.24 / A-landslið : 4:01.84 / Úrvalshópur 2003 21: 4:03.68 / Úrvalshópur 2004 20: 4:05.49 / Úrvalshópur 2005 19: 4:07.33 / Unglingalandslið 2006 18: 4:09.17 / Unglingalandslið 2007 17: 4:12.94 / Unglingalandslið 2008 16: 4:17.24 / Framtíðarhópur 2009 15: 4:25.32 / Framtíðarhópur 2010 14: 4:35.77 / Framtíðarhópur 2011 13: 4:51.54

Points: FINA 2024

Rank	YB		Time		Pts	100m	200m	300m	400m			
1.	Veigar Hrafn Sigthorsson	05	SH	4:09.44	686	1:00.07	1:04.20	1:04.38	1:00.79			
	50m:	28.59	28.59	150m:	1:31.98	31.91	250m:	2:36.28	32.01	350m:	3:39.61	30.96
	100m:	1:00.07	31.48	200m:	2:04.27	32.29	300m:	3:08.65	32.37	400m:	4:09.44	29.83
2.	Magnús Víðir Jónsson	08	SH	4:10.46	678	NÆM U1:00.03	1:04.78	1:04.60	1:01.05			
	50m:	28.66	28.66	150m:	1:32.24	32.21	250m:	2:37.10	32.29	350m:	3:40.58	31.17
	100m:	1:00.03	31.37	200m:	2:04.81	32.57	300m:	3:09.41	32.31	400m:	4:10.46	29.88
3.	Hólmar Grétarsson	08	SH	4:12.85	659	NÆM U1:00.71	1:04.78	1:04.40	1:02.96			
	50m:	29.37	29.37	150m:	1:33.17	32.46	250m:	2:37.50	32.01	350m:	3:41.99	32.10
	100m:	1:00.71	31.34	200m:	2:05.49	32.32	300m:	3:09.89	32.39	400m:	4:12.85	30.86
4.	Guðmundur Karl Karlsson	05	ÍRB	4:17.42	624	1:00.19	1:05.01	1:06.30	1:05.92			
	50m:	28.47	28.47	150m:	1:32.27	32.08	250m:	2:38.17	32.97	350m:	3:44.97	33.47
	100m:	1:00.19	31.72	200m:	2:05.20	32.93	300m:	3:11.50	33.33	400m:	4:17.42	32.45
5.	Karl Björnsson	08	SH	4:19.61	609	1:01.43	1:05.27	1:07.00	1:05.91			
	50m:	29.42	29.42	150m:	1:33.47	32.04	250m:	2:39.83	33.13	350m:	3:47.27	33.57
	100m:	1:01.43	32.01	200m:	2:06.70	33.23	300m:	3:13.70	33.87	400m:	4:19.61	32.34
6.	Andri Már Kristjánsson	06	SH	4:21.02	599	1:01.44	1:07.50	1:07.82	1:04.26			
	50m:	28.90	28.90	150m:	1:35.24	33.80	250m:	2:42.76	33.82	350m:	3:50.44	33.68
	100m:	1:01.44	32.54	200m:	2:08.94	33.70	300m:	3:16.76	34.00	400m:	4:21.02	30.58
7.	Bartosz Henke	05	SH	4:21.11	598	1:01.72	1:06.99	1:07.64	1:04.76			
	50m:	29.21	29.21	150m:	1:34.99	33.27	250m:	2:42.56	33.85	350m:	3:49.77	33.42
	100m:	1:01.72	32.51	200m:	2:08.71	33.72	300m:	3:16.35	33.79	400m:	4:21.11	31.34
8.	Stefan Ingi Olafsson	06	Ægir	4:27.27	558	1:02.72	1:07.84	1:09.37	1:07.34			
	50m:	29.77	29.77	150m:	1:36.50	33.78	250m:	2:45.28	34.72	350m:	3:54.12	34.19
	100m:	1:02.72	32.95	200m:	2:10.56	34.06	300m:	3:19.93	34.65	400m:	4:27.27	33.15

Event 3 Women, 50m Backstroke Open
12.04.2024 - 17:19 Results Final

Íslandsmet	28.53	Ingibjörg Kristí Jónsdóttir	SH	Budapest (HUN)	26.07.2017
Unglingamet	29.07	Ingibjörg Kristí Jónsdóttir	SH	Laugardalslaug	09.04.2011
Aldursflokkamet	30.45	Eygló Ósk Gústafsdóttir	AEGIR	Reykjavík	20.03.2010

EM50 Opið : 29.31 / EM50 2003-2005 19 - 21: 29.61 / EMU 2006-2008 16 - 18: 30.13 / A-landslið : 29.91 / Úrvalshópur 2003 21: 30.05 / Úrvalshópur 2004 20: 30.19 / Úrvalshópur 2005 19: 30.47 / Unglingalandslið 2006 18: 30.74 / Unglingalandslið 2007 17: 30.97 / Unglingalandslið 2008 16: 31.37

Points: FINA 2024

Rank	YB		Time		Pts
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Event 3, Women, 50m Backstroke, Final

1.	Ylfa Lind Kristmannsdóttir	08	Ármann	30.44	687	UNG
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	31.04	647	UNG
3.	Ragnheiður Ásta Magnúsdóttir	07	Breiðablik	31.78	603	
4.	Dagbjörg Hlíf Ólafsdóttir	05	SH	32.93	542	
5.	Helga Sigurlaug Helgadóttir	07	SH	33.07	535	
6.	Kristin Rebekka Gunnarsdóttir	09	Ægir	33.53	514	
	Ylfa Asgerdur Eyjolfsson	06	Ægir	33.53	514	
8.	Dagmar Arna Sigurðardóttir	09	SH	33.86	499	

Event 4

Men, 100m Butterfly

Open
Results Final

12.04.2024 - 17:25

Íslandsmet	53.42	Orn Arnarson	SH	Budapest (HUN)	04.08.2006
Unglingamet	55.38	Birnir Freyr Hálfðánarsson	SH	Reykjavík	01.04.2023
Aldursflokkamet	57.42	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	10.07.2021

ÓL OQT (A) : 51.67 / ÓL OCT (B) : 51.93 / EM50 Opið : 53.98 / EM50 2003-2005 19 - 21: 54.53 / EMU 2006-2008 16 - 18: 55.61 / NÆM 2008-2010 14 - 16: 58.59 / A-landslíð : 55.08 / Úrvalshópur 2003 21: 55.50 / Úrvalshópur 2004 20: 55.91 / Úrvalshópur 2005 19: 56.33 / Unglingalandslið 2006 18: 56.75 / Unglingalandslið 2007 17: 57.61 / Unglingalandslið 2008 16: 58.59 / Framtíðarhópur 2009 15: 1:00.43 / Framtíðarhópur 2010 14: 1:02.80 / Framtíðarhópur 2011 13: 1:06.40

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Birnir Freyr Hálfðánarsson	06	SH	55.22	718	EMU UNG
	<i>Unglingamet</i>					
2.	Fannar Snævar Hauksson	04	ÍRB	56.62	666	
3.	Robert Isak Jonsson	01	SH	59.65	569	
4.	Snævar Örn Kristmannsson	06	ÍFR	1:01.93	509	
5.	Daði Þór Friðriksson	07	SH	1:04.46	451	
6.	Einar Helgi Guðlaugsson	91	Ægir	1:04.91	442	
7.	Dominic Dadi Wheeler	07	Breiðablik	1:05.08	438	
8.	Oliver Kaldal	07	Ægir	1:05.99	420	

Event 5

Women, 200m Butterfly

Open
Results Final

12.04.2024 - 17:31

Íslandsmet	2:18.79	Erla Dogg Haraldsdóttir	IRB	Laugardalslaug	06.04.2008
Unglingamet	2:19.71	Sigrún Sverrisdóttir	FJOL	Monte-Carlo (MON)	05.06.2007
Aldursflokkamet	2:22.99	Soffía Klemenzdóttir	IRB	Belgrade (SRB)	30.07.2008

ÓL OQT (A) : 2:08.43 / ÓL OCT (B) : 2:09.07 / EM50 Opið : 2:14.22 / EM50 2003-2005 19 - 21: 2:15.59 / EMU 2006-2008 16 - 18: 2:17.95 / NÆM 2008-2010 14 - 16: 2:23.65 / A-landslíð : 2:16.96 / Úrvalshópur 2003 21: 2:17.61 / Úrvalshópur 2004 20: 2:18.24 / Úrvalshópur 2005 19: 2:19.51 / Unglingalandslið 2006 18: 2:20.77 / Unglingalandslið 2007 17: 2:21.78 / Unglingalandslið 2008 16: 2:23.65 / Framtíðarhópur 2009 15: 2:25.51 / Framtíðarhópur 2010 14: 2:28.60 / Framtíðarhópur 2011 13: 2:33.44

Points: FINA 2024

Rank		YB		Time	Pts	100m	200m
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Event 5, Women, 200m Butterfly, Final

1.	Nadja Djurovic	07	Breiðablik	2:29.13	544	1:09.02	1:20.11
2.	Sunna Arnfinnsdóttir	07	ÍA	2:35.72	478	1:13.15	1:22.57
3.	Elísabet Arnoddsdóttir	09	ÍRB	2:36.08	475	1:13.52	1:22.56
4.	Adriana Agnes Derti	10	ÍRB	2:38.27	455	1:14.48	1:23.79
5.	Kristin Asta Sigtryggsdóttir	09	Ægir	2:41.41	429	1:17.66	1:23.75
6.	Freydís Lilja Bergþórsdóttir	09	ÍRB	2:42.34	422	1:17.70	1:24.64
7.	Nicole Jona Johannsdóttir	08	SH	2:58.90	315	1:23.13	1:35.77
8.	Sandra Rut Fannarsdóttir	06	Árman	3:01.61	301	1:24.68	1:36.93

Event 6

Men, 200m Backstroke

Open

12.04.2024 - 17:39

Results Final

Íslandsmet	1:58.37	Orn Arnarson	SH	Fukuoka (JPN)	27.07.2001
Unglingamet	2:01.13	Orn Arnarson	SH	Moscow (RUS)	14.07.1999
Aldursflokkamet	2:11.83	Brynjólfur Óli Karlsson	UBK	Reykjavik	22.04.2016

ÓL OQT (A) : 1:57.50 / ÓL OCT (B) : 1:58.09 / EM50 Opið : 2:02.65 / EM50 2003-2005 19 - 21: 2:03.90 / EMU 2006-2008 16 - 18: 2:06.37 / NÆM 2008-2010 14 - 16: 2:13.13 / A-landslið : 2:05.15 / Úrvalshópur 2003 21: 2:06.11 / Úrvalshópur 2004 20: 2:07.04 / Úrvalshópur 2005 19: 2:08.00 / Unglingalandslið 2006 18: 2:08.95 / Unglingalandslið 2007 17: 2:10.90 / Unglingalandslið 2008 16: 2:13.13 / Framtíðarhópur 2009 15: 2:17.31 / Framtíðarhópur 2010 14: 2:22.71 / Framtíðarhópur 2011 13: 2:30.87

Points: FINA 2024

Rank		YB		Time	Pts		100m	200m
1.	Guðmundur Leo Rafnsson	06	ÍRB	2:04.10	733	EMU A-LIÉ1:	1:00.91	1:03.19
2.	Bergur Fáfur Bjarnason	06	SH	2:09.88	639		1:03.37	1:06.51
3.	Asberg Halldor Hansson	07	Ægir	2:17.31	541		1:05.89	1:11.42
4.	Adam Leó Tómasson	07	SH	2:18.17	531		1:08.17	1:10.00
5.	Daði Rafn Falsson	08	ÍRB	2:19.22	519		1:08.02	1:11.20
6.	Halldór Ingi Hafþórsson	08	SH	2:28.72	426		1:12.50	1:16.22
7.	Gísli Kristján Traustason	09	ÍRB	2:30.30	412		1:12.70	1:17.60
8.	Andri Ólafsson	09	SH	2:32.80	392		1:13.86	1:18.94

Event 7

Women, 200m Breaststroke

Open

12.04.2024 - 17:47

Results Final

Íslandsmet	2:22.96	Hrafnhildur Luthersdóttir	SH	London (GBR)	20.05.2016
Unglingamet	2:31.39	Hrafnhildur Luthersdóttir	SH	Rome (ITA)	30.07.2009
Aldursflokkamet	2:36.69	Eva Margrét Falsdóttir	IRB	Reykjavik	07.04.2019

ÓL OQT (A) : 2:23.91 / ÓL OCT (B) : 2:24.63 / EM50 Opið : 2:31.57 / EM50 2003-2005 19 - 21: 2:33.12 / EMU 2006-2008 16 - 18: 2:35.78 / NÆM 2008-2010 14 - 16: 2:42.21 / A-landslið : 2:34.66 / Úrvalshópur 2003 21: 2:35.39 / Úrvalshópur 2004 20: 2:36.10 / Úrvalshópur 2005 19: 2:37.54 / Unglingalandslið 2006 18: 2:38.96 / Unglingalandslið 2007 17: 2:40.11 / Unglingalandslið 2008 16: 2:42.21 / Framtíðarhópur 2009 15: 2:44.32 / Framtíðarhópur 2010 14: 2:47.81 / Framtíðarhópur 2011 13: 2:53.27

Points: FINA 2024

Rank		YB		Time	Pts		100m	200m
1.	Eva Margrét Falsdóttir	05	ÍRB	2:36.75	675	ÚRV	1:14.00	1:22.75
2.	Birgitta Ingólfssdóttir	05	SH	2:41.52	617		1:17.08	1:24.44
3.	Margrét Anna Lapas	09	Breiðablik	2:45.32	575		1:20.20	1:25.12
4.	Sunneva Bergmann Á.	07	ÍRB	2:48.41	544		1:21.05	1:27.36
5.	Maja Lind Cicero	05	SH	2:48.93	539		1:21.97	1:26.96
6.	Auguste Balciunaite	11	SH	2:50.35	526	FRAM	1:20.53	1:29.82
7.	Katla Mist Bragadóttir	07	Árman	2:50.72	523		1:22.83	1:27.89
8.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	2:59.83	447		1:24.90	1:34.93



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 8 Men, 100m Breaststroke Open
12.04.2024 - 17:55 Results Final

Íslandsmet	1:00.32	Anton Sveinn McKee	SH	Gwangju (KOR)	21.07.2019
Unglingamet	1:03.43	Snorri Dagur Einarsson	SH	Reykjavík	01.04.2023
Aldursflokkamet	1:07.46	Dadi Björnsson	SH	Reykjavík	05.04.2019

ÓL OQT (A) : 59.49 / ÓL OCT (B) : 59.79 / EM50 Opið : 1:02.07 / EM50 2003-2005 19 - 21: 1:02.70 / EMU 2006-2008 16 - 18: 1:03.95 / NÆM 2008-2010 14 - 16: 1:07.37 / A-landslið : 1:03.33 / Úrvalshópur 2003 21: 1:03.82 / Úrvalshópur 2004 20: 1:04.29 / Úrvalshópur 2005 19: 1:04.77 / Unglingalandslið 2006 18: 1:05.25 / Unglingalandslið 2007 17: 1:06.24 / Unglingalandslið 2008 16: 1:07.37 / Framtíðarhópur 2009 15: 1:09.48 / Framtíðarhópur 2010 14: 1:12.22 / Framtíðarhópur 2011 13: 1:16.35

Points: FINA 2024

Rank	YB	Time	Pts	
1.	Anton Sveinn McKee <i>Íslandsmet</i>	93 SH	1:00.21	843 EM50 A-LIÐ
2.	Snorri Dagur Einarsson	05 SH	1:03.04	734 A-LIÐ ÚRV
3.	Nikolai Leo Jónsson	08 ÍRB	1:08.92	562
4.	Arnór Egill Einarsson	07 SH	1:11.01	513
5.	Adam Leó Tómasson	07 SH	1:11.90	495
6.	Arnar Logi Ægisson	07 SH	1:13.07	471
7.	Mikael Fannar Arnarson	09 ÍRB	1:13.52	463
8.	Már Óskar Þorsteinsson	07 SH	1:16.37	413

Event 9 Women, 50m Freestyle Open
12.04.2024 - 18:01 Results Final

Íslandsmet	25.24	Sarah Blake Bateman	AEGIR	Debrecen (HUN)	26.05.2012
Unglingamet	26.08	Ingibjörg Kristí Jónsdóttir	SH	Laugardalslaug	09.04.2011
Aldursflokkamet	26.65	Vala Dís Cicero	SH	Reykjavík	01.04.2023

ÓL OQT (A) : 24.70 / ÓL OCT (B) : 24.82 / EM50 Opið : 26.01 / EM50 2003-2005 19 - 21: 26.28 / EMU 2006-2008 16 - 18: 26.73 / A-landslið : 26.54 / Úrvalshópur 2003 21: 26.67 / Úrvalshópur 2004 20: 26.79 / Úrvalshópur 2005 19: 27.04 / Unglingalandslið 2006 18: 27.28 / Unglingalandslið 2007 17: 27.48 / Unglingalandslið 2008 16: 27.84

Points: FINA 2024

Rank	YB	Time	Pts	
1.	Snæfríður Sól Jórunnardóttir	00 Aalborg Svømmeklub	25.62	782 EM50 A-LIÐ
2.	Vala Dís Cicero	08 SH	26.65	695 EMU UNG
3.	Eydís Ósk Kolbeinsdóttir	00 ÍRB	26.95	672
4.	Guðbjörg Bjartey Guðmundsdóttir	05 ÍA	27.17	656
5.	Asdis Gunnarsdóttir	08 UMFA	28.05	596
6.	Stefanía Sigurþórsdóttir	01 ÍRB	28.10	593
7.	Ragnheiður Ásta Magnúsdóttir	07 Breiðablik	28.70	556
8.	Ylfa Lind Kristmannsdóttir	08 Ármann	28.77	552



Event 10 Men, 50m Freestyle Open Results Final
12.04.2024 - 18:06

Íslandsmet	22.53	Már Árni Árnason	IRB	Canet-En-Roussillon (FRA)	06.06.2012
Unglingamet	23.29	Orn Arnarson	SH	Hafnarfjoerdur	30.12.1998
Aldursflokkamet	25.17	Denas Kazulis	IRB	Reykjanesbaer	19.12.2023

ÓL OQT (A) : 21.96 / ÓL OCT (B) : 22.07 / EM50 Opið : 22.98 / EM50 2003-2005 19 - 21: 23.21 / EMU 2006-2008 16 - 18: 23.67 /
A-landslið : 23.45 / Úrvalshópur 2003 21: 23.63 / Úrvalshópur 2004 20: 23.80 / Úrvalshópur 2005 19: 23.98 /
Unglingalandslið 2006 18: 24.16 / Unglingalandslið 2007 17: 24.52 / Unglingalandslið 2008 16: 24.94

Points: FINA 2024

Rank		YB			Time	Pts	
1.	Einar Margeir Ágústsson	05	ÍA		23.78	679	ÚRV
2.	Ýmir Chatenay Sölvason	06	Breiðablik		23.94	666	UNG
3.	Guðbjarni Sigþórsson	06	ÍA		24.28	638	
4.	Guðmundur Karl Karlsson	05	ÍRB		24.87	594	
5.	Denas Kazulis	08	ÍRB		24.97	587	
6.	Stefán Elías Berman	03	ÍRB		25.12	576	
7.	Przemysław Puławski	93	Breiðablik		25.20	571	
8.	Daði Þór Friðriksson	07	SH		25.91	525	

Event 11 Women, 4 x 200m Freestyle Open Results
12.04.2024 - 18:17

Íslandsmet	8:24.80	Sundfélagið Ægir	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	8:51.57	Sundfélag Hafnarfjarðar	SH	Reykjavik	08.04.2022
Aldursflokkamet	9:08.58	Íþróttabandalag Reykjanesbæjar	IRB	Reykjanesbar	08.12.2012

Points: FINA 2024

Rank						Time	Pts	
1.	Breiðablik 1		Breiðablik			8:35.46	699	
	Nadja Djurovic	07	+0.72	30.15	32.46	33.58	32.81	2:09.00
	Asdis Steindorsdóttir	09	+0.32	29.71	33.09	33.87	33.03	2:09.70
	Sólveig Freyja Hákonardóttir	09	+0.36	29.15	32.62	33.99	33.53	2:09.29
	Freyja Birkisdóttir	06	+0.43	29.11	31.59	33.51	33.26	2:07.47
2.	SH 1		SH			8:45.75	658	
	Katja Lilja Andriydsdóttir	06	+0.54	30.05	32.93	33.97	34.09	2:11.04
	Vala Dis Cicero	08	+0.31	28.53	31.91	33.23	32.67	2:06.34
	Maria Skorastein Sigurdardóttir	07	+0.68	30.31	33.07	35.94	36.16	2:15.48
	Birgitta Ingólfssdóttir	05	+0.65	29.68	33.16	34.86	35.19	2:12.89
3.	ÍRB 1		ÍRB			9:09.27	577	
	Sunneva Bergmann Ásbjornsdóttir	07	+0.69	30.60	33.66	35.80	34.92	2:14.98
	Adriana Agnes Derti	10	+0.58	32.38	36.13	37.59	36.32	2:22.42
	Katla María Brynjarsdóttir	07	+0.56	31.98	35.87	36.65	36.63	2:21.13
	Eva Margrét Falsdóttir	05	+0.34	29.14	32.57	34.69	34.34	2:10.74
4.	Ægir 1		Ægir			9:20.87	542	
	Hulda Bjorg Magnusdóttir Nilsen	08	+0.58	30.76	34.44	36.12	35.96	2:17.28
	Bjarndis Olga Hansen	10	+0.62	31.88	36.22	36.93	35.52	2:20.55
	Ylfa Asgerdur Eyjolfssdóttir	06	+0.60	31.98	35.96	36.82	36.26	2:21.02
	Kristin Rebekka Gunnarsdóttir	09	+0.38	30.58	35.86	37.75	37.83	2:22.02
5.	Breiðablik 3		Breiðablik			9:34.61	504	
	Guðrún Ísöld Harðardóttir	11		32.60	37.08	38.62	38.08	2:26.38
	Guðbjörg Helga Hilmarsdóttir	11	+0.36	31.09	35.56	37.72	37.18	2:21.55
	Þorgerður Freyja Helgadóttir	11		33.24	38.19	38.90	38.60	2:28.93
	Halldóra Björt Ingimundardóttir	08	+0.15	30.08	34.86	36.85	35.96	2:17.75



Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 12 Men, 4 x 200m Freestyle Open Results
12.04.2024 - 18:32

Íslandsmet	7:46.24	Sunddeild Fjölris	FJOL	Reykjavík	11.04.2014
Unglingamet	7:56.47	Sundfélag Hafnarfjarðar	SH	Reykjavík	01.04.2023
Aldursflokkamet	8:21.77	Sundfélag Hafnarfjarðar	SH	Reykjavík	01.04.2023

Points: FINA 2024

Rank								Time	Pts
1.	SH 1	SH						7:49.10	710
	Veigar Hrafn Sigthorsson	05	+0.66	26.93	29.73	29.89	29.32	1:55.87	
	Magnús Víðir Jónsson	08	+0.15	26.96	29.57	30.84	30.10	1:57.47	
	Bergur Fálnir Bjarnason	06	+0.39	27.37	30.07	30.92	30.45	1:58.81	
	Birnir Freyr Hálfánarsson	06	+0.48	26.17	29.07	30.63	31.08	1:56.95	
2.	ÍRB 1	ÍRB						8:01.96	654
	Denas Kazulis	08	+0.63	27.38	30.69	31.75	31.02	2:00.84	
	Stefán Elías Berman	03	+0.28	25.86	30.83	31.95	32.95	2:01.59	
	Guðmundur Karl Karlsson	05	+0.15	27.03	30.68	31.85	31.10	2:00.66	
	Guðmundur Leo Rafnsson	06	+0.33	26.06	28.72	32.05	32.04	1:58.87	
3.	Ægir 1	Ægir						8:30.96	549
	Stefan Ingi Olafsson	06	+0.68	29.00	31.49	32.64	32.23	2:05.36	
	Birgir Hrafn Kjartansson	08	+0.36	28.24	31.81	32.35	31.64	2:04.04	
	Oliver Kaldal	07	+0.51	30.67	34.51	36.08	35.31	2:16.57	
	Asberg Halldor Hansson	07	+0.14	27.83	31.23	32.79	33.14	2:04.99	

Event 13 Women, 400m Medley Open Results Prelim
13.04.2024 - 9:30

Íslandsmet	4:46.70	Hrafnhildur Luthersdóttir	SH	Reykjavík	05.06.2015
Unglingamet	4:55.17	Eygló Ósk Gústafsdóttir	AEGIR	Luxembourg (LUX)	31.05.2013
Aldursflokkamet	5:04.17	Eygló Ósk Gústafsdóttir	AEGIR	Reykjanesbaer	29.05.2010

ÓL OQT (A) : 4:38.53 / ÓL OCT (B) : 4:39.92 / EM50 Opið : 4:54.04 / EM50 2003-2005 19 - 21: 4:57.04 / EMU 2006-2008 16 - 18: 5:02.22 / NÆM 2008-2010 14 - 16: 5:14.69 / A-landslíð : 5:00.04 / Úrvalshópur 2003 21: 5:01.45 / Úrvalshópur 2004 20: 5:02.83 / Úrvalshópur 2005 19: 5:05.62 / Unglingalandslið 2006 18: 5:08.38 / Unglingalandslið 2007 17: 5:10.61 / Unglingalandslið 2008 16: 5:14.69 / Framtíðarhópur 2009 15: 5:18.77 / Framtíðarhópur 2010 14: 5:25.55 / Framtíðarhópur 2011 13: 5:36.14

Points: FINA 2024

Rank		YB			Time	Pts	100m	200m	300m	400m
18 years and younger										
1.	Sólveig Freyja H.	09	Breiðablik		5:16.25	594 Q	FRAM1:13.70	1:24.06	1:30.34	1:08.15
	50m: 34.09	34.09	150m: 1:56.58	42.88	250m: 3:22.27	44.51	350m: 4:43.71	35.61		
	100m: 1:13.70	39.61	200m: 2:37.76	41.18	300m: 4:08.10	45.83	400m: 5:16.25	32.54		
2.	Sunneva Bergmann Á.	07	ÍRB		5:17.46	587 Q	1:13.28	1:22.35	1:29.40	1:12.43
	50m: 33.18	33.18	150m: 1:55.16	41.88	250m: 3:19.60	43.97	350m: 4:41.65	36.62		
	100m: 1:13.28	40.10	200m: 2:35.63	40.47	300m: 4:05.03	45.43	400m: 5:17.46	35.81		
3.	Sunna Arnfinnsdóttir	07	ÍA		5:17.81	585 Q	1:14.65	1:20.54	1:32.55	1:10.07
	50m: 34.75	34.75	150m: 1:55.35	40.70	250m: 3:21.88	46.69	350m: 4:43.88	36.14		
	100m: 1:14.65	39.90	200m: 2:35.19	39.84	300m: 4:07.74	45.86	400m: 5:17.81	33.93		
4.	Austėja Savickaitė	09	ÍRB		5:39.81	478 Q	1:19.54	1:29.31	1:32.64	1:18.32
	50m: 37.02	37.02	150m: 2:05.36	45.82	250m: 3:34.81	45.96	350m: 5:01.74	40.25		
	100m: 1:19.54	42.52	200m: 2:48.85	43.49	300m: 4:21.49	46.68	400m: 5:39.81	38.07		
5.	Dagmar Arna S.	09	SH		5:42.86	466 Q	1:18.10	1:20.87	1:46.62	1:17.27
	50m: 35.07	35.07	150m: 1:59.28	41.18	250m: 3:31.79	52.82	350m: 5:04.59	39.00		
	100m: 1:18.10	43.03	200m: 2:38.97	39.69	300m: 4:25.59	53.80	400m: 5:42.86	38.27		
6.	Adriana Agnes Derti	10	ÍRB		5:44.81	458 Q	1:15.66	1:29.07	1:45.28	1:14.80
	50m: 35.01	35.01	150m: 2:00.82	45.16	250m: 3:36.86	52.13	350m: 5:07.81	37.80		
	100m: 1:15.66	40.65	200m: 2:44.73	43.91	300m: 4:30.01	53.15	400m: 5:44.81	37.00		



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 13, Girls, 400m Medley, Prelim, 18 years and younger

Rank	YB				Time	Pts	100m	200m	300m	400m
7.	Katla Mist Bragadóttir	07	Ármann		5:45.41	456 R	1:21.91	1:32.87	1:33.41	1:17.22
	50m: 36.89	36.89	150m: 2:08.78	46.87	250m: 3:40.64		45.86	350m: 5:07.30	39.11	
	100m: 1:21.91	45.02	200m: 2:54.78	46.00	300m: 4:28.19		47.55	400m: 5:45.41	38.11	
8.	Freydís Lilja Bergþórsdóttir	09	ÍRB		5:48.92	442 R	1:19.79	1:28.10	1:41.38	1:19.65
	50m: 36.55	36.55	150m: 2:04.27	44.48	250m: 3:38.21		50.32	350m: 5:08.42	39.15	
	100m: 1:19.79	43.24	200m: 2:47.89	43.62	300m: 4:29.27		51.06	400m: 5:48.92	40.50	
9.	Ema Austa Pratusyte	10	SH		5:50.13	437	1:26.18	1:27.82	1:39.39	1:16.74
	50m: 37.79	37.79	150m: 2:11.65	45.47	250m: 3:43.54		49.54	350m: 5:12.95	39.56	
	100m: 1:26.18	48.39	200m: 2:54.00	42.35	300m: 4:33.39		49.85	400m: 5:50.13	37.18	
10.	Eydís Jóhannesdóttir	11	ÍRB		5:55.58	418	1:27.03	1:32.63	1:36.15	1:19.77
	50m: 40.13	40.13	150m: 2:14.18	47.15	250m: 3:46.82		47.16	350m: 5:17.18	41.37	
	100m: 1:27.03	46.90	200m: 2:59.66	45.48	300m: 4:35.81		48.99	400m: 5:55.58	38.40	
11.	Rebekka Rún M.	08	SH		6:05.25	385	1:27.96	1:30.89	1:44.36	1:22.04
	50m: 39.40	39.40	150m: 2:15.03	47.07	250m: 3:52.42		53.57	350m: 5:25.61	42.40	
	100m: 1:27.96	48.56	200m: 2:58.85	43.82	300m: 4:43.21		50.79	400m: 6:05.25	39.64	
12.	Natalía Eir Curtis	10	Ármann		6:06.51	381	1:33.30	1:30.83	1:43.37	1:19.01
	50m: 43.01	43.01	150m: 2:19.67	46.37	250m: 3:56.66		52.53	350m: 5:27.84	40.34	
	100m: 1:33.30	50.29	200m: 3:04.13	44.46	300m: 4:47.50		50.84	400m: 6:06.51	38.67	
13.	Isabella Johannsdóttir	10	Óðinn		6:07.43	378	1:25.55	1:42.14	1:38.56	1:21.18
	50m: 38.74	38.74	150m: 2:18.16	52.61	250m: 3:55.75		48.06	350m: 5:27.66	41.41	
	100m: 1:25.55	46.81	200m: 3:07.69	49.53	300m: 4:46.25		50.50	400m: 6:07.43	39.77	
14.	Vilte Milleryte	09	ÍRB		6:14.88	356	1:23.62	1:31.45	1:52.18	1:27.63
	50m: 37.77	37.77	150m: 2:09.42	45.80	250m: 3:49.62		54.55	350m: 5:31.88	44.63	
	100m: 1:23.62	45.85	200m: 2:55.07	45.65	300m: 4:47.25		57.63	400m: 6:14.88	43.00	

19 years and older

1.	Eva Margrét Falsdóttir	05	ÍRB		5:10.95	625 Q	1:09.01	1:22.96	1:25.75	1:13.23
	50m: 31.53	31.53	150m: 1:51.04	42.03	250m: 3:14.97		43.00	350m: 4:35.07	37.35	
	100m: 1:09.01	37.48	200m: 2:31.97	40.93	300m: 3:57.72		42.75	400m: 5:10.95	35.88	
2.	Maja Lind Cicero	05	SH		5:34.66	501 Q	1:15.32	1:29.26	1:31.31	1:18.77
	50m: 34.99	34.99	150m: 2:00.92	45.60	250m: 3:29.68		45.10	350m: 4:56.31	40.42	
	100m: 1:15.32	40.33	200m: 2:44.58	43.66	300m: 4:15.89		46.21	400m: 5:34.66	38.35	

Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 14 Men, 1500m Freestyle Open Results
13.04.2024 - 9:48

Íslandsmet	15:27.08	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	15:45.21	Anton Sveinn McKee	AEGIR	Canet-en-Roussillon (FRA)	09.06.2011
Aldursflokkamet	16:12.57	Hólmar Grétarsson	SH	Gzira (MLT)	02.06.2023

ÓL OQT (A) : 15:00.99 / ÓL OCT (B) : 15:05.49 / EM50 Opið : 15:39.74 / EM50 2003-2005 19 - 21: 15:49.33 / EMU 2006-2008 16 - 18: 16:08.21 / NÆM 2008-2010 14 - 16: 17:00.00 / A-landslíð : 15:58.92 / Úrvalshópur 2003 21: 16:06.21 / Úrvalshópur 2004 20: 16:13.40 / Úrvalshópur 2005 19: 16:20.69 / Unglingalandslíð 2006 18: 16:27.97 / Unglingalandslíð 2007 17: 16:42.93 / Unglingalandslíð 2008 16: 17:00.00 / Framtíðarhópur 2009 15: 17:32.03 / Framtíðarhópur 2010 14: 18:13.45 / Framtíðarhópur 2011 13: 19:15.98

Points: FINA 2024

Rank	YB		Time		Pts	
Open						
1.	Hólmar Grétarsson		08	SH	16:40.85	659 NÆM UNG
	100m: 1:02.81	1:02.81	500m: 5:31.79	1:07.32	900m: 10:02.58	1:07.32
	200m: 2:09.68	1:06.87	600m: 6:39.49	1:07.70	1000m: 11:09.95	1:07.37
	300m: 3:16.99	1:07.31	700m: 7:47.41	1:07.92	1100m: 12:17.36	1:07.41
	400m: 4:24.47	1:07.48	800m: 8:55.26	1:07.85	1200m: 13:24.63	1:07.27
1500m:					16:40.85	1:03.54
2.	Andri Már Kristjánsson		06	SH	17:05.76	612
	100m: 1:02.62	1:02.62	500m: 5:36.47	1:09.41	900m: 10:11.48	1:08.10
	200m: 2:10.16	1:07.54	600m: 6:45.57	1:09.10	1000m: 11:20.38	1:08.90
	300m: 3:18.14	1:07.98	700m: 7:55.21	1:09.64	1100m: 12:29.88	1:09.50
	400m: 4:27.06	1:08.92	800m: 9:03.38	1:08.17	1200m: 13:39.92	1:10.04
1500m:					17:05.76	1:06.23
3.	Karl Björnsson		08	SH	17:07.27	609
	100m: 1:02.87	1:02.87	500m: 5:34.99	1:08.39	900m: 10:11.33	1:09.77
	200m: 2:10.26	1:07.39	600m: 6:44.06	1:09.07	1000m: 11:20.98	1:09.65
	300m: 3:18.35	1:08.09	700m: 7:53.00	1:08.94	1100m: 12:31.14	1:10.16
	400m: 4:26.60	1:08.25	800m: 9:01.56	1:08.56	1200m: 13:41.25	1:10.11
1500m:					17:07.27	1:06.67
4.	Kristjón Hrafn Kjartansson		11	SH	19:01.33	444 FRAM
	100m: 1:11.21	1:11.21	500m: 6:18.86	1:17.13	900m: 11:24.53	1:16.41
	200m: 2:28.06	1:16.85	600m: 7:35.69	1:16.83	1000m: 12:40.71	1:16.18
	300m: 3:44.96	1:16.90	700m: 8:51.95	1:16.26	1100m: 13:57.51	1:16.80
	400m: 5:01.73	1:16.77	800m: 10:08.12	1:16.17	1200m:	
1500m:					19:01.33	
5.	Halldór Ingi Hafþórsson		08	SH	19:12.51	431
	100m: 1:08.12	1:08.12	500m: 6:14.99	1:16.90	900m: 11:27.88	1:17.92
	200m: 2:23.90	1:15.78	600m: 7:33.43	1:18.44	1000m: 12:46.00	1:18.12
	300m: 3:40.68	1:16.78	700m: 8:51.63	1:18.20	1100m: 14:04.25	1:18.25
	400m: 4:58.09	1:17.41	800m: 10:09.96	1:18.33	1200m: 15:21.98	1:17.73
1500m:					19:12.51	1:14.70
6.	Þór Eli Gunnarsson		11	SH	19:40.40	401
	100m: 1:11.16	1:11.16	500m: 6:28.54	1:19.88	900m: 11:47.70	1:20.17
	200m: 2:29.25	1:18.09	600m: 7:48.06	1:19.52	1000m: 13:07.42	1:19.72
	300m: 3:48.71	1:19.46	700m: 9:07.82	1:19.76	1100m: 14:27.42	1:20.00
	400m: 5:08.66	1:19.95	800m: 10:27.53	1:19.71	1200m: 15:46.79	1:19.37
1500m:					19:40.40	1:14.94
7.	Magni Rafn Ragnarsson		10	Óðinn	19:57.19	385
	100m: 1:11.54	1:11.54	500m: 6:28.87	1:20.16	900m: 11:50.67	1:20.90
	200m: 2:29.18	1:17.64	600m: 7:49.23	1:20.36	1000m: 13:11.42	1:20.75
	300m: 3:48.17	1:18.99	700m: 9:09.39	1:20.16	1100m: 14:32.96	1:21.54
	400m: 5:08.71	1:20.54	800m: 10:29.77	1:20.38	1200m: 15:54.81	1:21.85
1500m:					19:57.19	1:19.51



Event 14, Men, 1500m Freestyle

18 years and younger

1. Hólmar Grétarsson	08	SH						16:40.85	659	NÆM UNG
100m: 1:02.81 1:02.81	500m: 5:31.79 1:07.32	900m: 10:02.58 1:07.32	1300m: 14:31.16 1:06.53							
200m: 2:09.68 1:06.87	600m: 6:39.49 1:07.70	1000m: 11:09.95 1:07.37	1400m: 15:37.31 1:06.15							
300m: 3:16.99 1:07.31	700m: 7:47.41 1:07.92	1100m: 12:17.36 1:07.41	1500m: 16:40.85 1:03.54							
400m: 4:24.47 1:07.48	800m: 8:55.26 1:07.85	1200m: 13:24.63 1:07.27								
2. Andri Már Kristjánsson	06	SH						17:05.76	612	
100m: 1:02.62 1:02.62	500m: 5:36.47 1:09.41	900m: 10:11.48 1:08.10	1300m: 14:49.59 1:09.67							
200m: 2:10.16 1:07.54	600m: 6:45.57 1:09.10	1000m: 11:20.38 1:08.90	1400m: 15:59.53 1:09.94							
300m: 3:18.14 1:07.98	700m: 7:55.21 1:09.64	1100m: 12:29.88 1:09.50	1500m: 17:05.76 1:06.23							
400m: 4:27.06 1:08.92	800m: 9:03.38 1:08.17	1200m: 13:39.92 1:10.04								
3. Karl Björnsson	08	SH						17:07.27	609	
100m: 1:02.87 1:02.87	500m: 5:34.99 1:08.39	900m: 10:11.33 1:09.77	1300m: 14:51.00 1:09.75							
200m: 2:10.26 1:07.39	600m: 6:44.06 1:09.07	1000m: 11:20.98 1:09.65	1400m: 16:00.60 1:09.60							
300m: 3:18.35 1:08.09	700m: 7:53.00 1:08.94	1100m: 12:31.14 1:10.16	1500m: 17:07.27 1:06.67							
400m: 4:26.60 1:08.25	800m: 9:01.56 1:08.56	1200m: 13:41.25 1:10.11								
4. Kristjón Hrafn Kjartansson	11	SH						19:01.33	444	FRAM
100m: 1:11.21 1:11.21	500m: 6:18.86 1:17.13	900m: 11:24.53 1:16.41	1300m: 16:30.80							
200m: 2:28.06 1:16.85	600m: 7:35.69 1:16.83	1000m: 12:40.71 1:16.18	1400m:							
300m: 3:44.96 1:16.90	700m: 8:51.95 1:16.26	1100m: 13:57.51 1:16.80	1500m: 19:01.33							
400m: 5:01.73 1:16.77	800m: 10:08.12 1:16.17	1200m:								
5. Halldór Ingi Hafþórsson	08	SH						19:12.51	431	
100m: 1:08.12 1:08.12	500m: 6:14.99 1:16.90	900m: 11:27.88 1:17.92	1300m: 16:40.33 1:18.35							
200m: 2:23.90 1:15.78	600m: 7:33.43 1:18.44	1000m: 12:46.00 1:18.12	1400m: 17:57.81 1:17.48							
300m: 3:40.68 1:16.78	700m: 8:51.63 1:18.20	1100m: 14:04.25 1:18.25	1500m: 19:12.51 1:14.70							
400m: 4:58.09 1:17.41	800m: 10:09.96 1:18.33	1200m: 15:21.98 1:17.73								
6. Þór Eli Gunnarsson	11	SH						19:40.40	401	
100m: 1:11.16 1:11.16	500m: 6:28.54 1:19.88	900m: 11:47.70 1:20.17	1300m: 17:06.67 1:19.88							
200m: 2:29.25 1:18.09	600m: 7:48.06 1:19.52	1000m: 13:07.42 1:19.72	1400m: 18:25.46 1:18.79							
300m: 3:48.71 1:19.46	700m: 9:07.82 1:19.76	1100m: 14:27.42 1:20.00	1500m: 19:40.40 1:14.94							
400m: 5:08.66 1:19.95	800m: 10:27.53 1:19.71	1200m: 15:46.79 1:19.37								
7. Magni Rafn Ragnarsson	10	Óðinn						19:57.19	385	
100m: 1:11.54 1:11.54	500m: 6:28.87 1:20.16	900m: 11:50.67 1:20.90	1300m: 17:16.94 1:22.13							
200m: 2:29.18 1:17.64	600m: 7:49.23 1:20.36	1000m: 13:11.42 1:20.75	1400m: 18:37.68 1:20.74							
300m: 3:48.17 1:18.99	700m: 9:09.39 1:20.16	1100m: 14:32.96 1:21.54	1500m: 19:57.19 1:19.51							
400m: 5:08.71 1:20.54	800m: 10:29.77 1:20.38	1200m: 15:54.81 1:21.85								



Event 15 Men, 50m Backstroke Open
13.04.2024 - 9:48 Results Prelim

Íslandsmet	25.86	Orn Arnarson	SH	Eindhoven (NED)	20.03.2008
Unglingamet	26.87	Kristinn Þórarinnsson	FJOL	Reykjavík	12.04.2014
Aldursflokkamet	27.97	Brynjólfur Óli Karlsson	UBK	Reykjavík	24.04.2016

EM50 Opið : 26.14 / EM50 2003-2005 19 - 21: 26.40 / EMU 2006-2008 16 - 18: 26.93 / A-landslið : 26.67 /
Úrvalshópur 2003 21: 26.87 / Úrvalshópur 2004 20: 27.07 / Úrvalshópur 2005 19: 27.27 / Unglingalandslið 2006 18: 27.48 /
Unglingalandslið 2007 17: 27.89 / Unglingalandslið 2008 16: 28.37

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Guðmundur Leo Rafnsson	06	ÍRB	27.12	654	Q UNG
2.	Bergur Fáfniir Bjarnason	06	SH	28.42	568	Q
3.	Guðbjarni Sigþórsson	06	ÍA	29.93	487	Q
4.	Örn Ægisson	06	Ármann	31.03	437	Q
5.	Árni Þór Pálmason	09	ÍRB	31.45	419	Q
6.	Kajus Jatautas	10	ÍA	32.06	396	Q

19 years and older

1.	Fannar Snævar Hauksson	04	ÍRB	27.22	647	Q
2.	Hálfván Artúr Róbertsson	05	UMFB	32.49	380	Q
3.	Már Gunnarsson	99	ÍRB	33.13	359	R
4.	Martin Tsenov	92	ÍRB	34.17	327	R
5.	Halldór Björn Kristinsson	02	Ármann	37.07	256	

Event 16 Women, 200m Freestyle Open
13.04.2024 - 9:55 Results Prelim

Íslandsmet	1:57.98	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	25.07.2023
Unglingamet	2:01.82	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	15.07.2018
Aldursflokkamet	2:05.17	Vala Dís Cicero	SH	Reykjavík	02.04.2023

ÓL OQT (A) : 1:57.26 / ÓL OCT (B) : 1:57.85 / EM50 Opið : 2:03.26 / EM50 2003-2005 19 - 21: 2:04.52 / EMU 2006-2008 16 -
18: 2:06.69 / NÆM 2008-2010 14 - 16: 2:11.92 / A-landslið : 2:05.78 / Úrvalshópur 2003 21: 2:06.37 /
Úrvalshópur 2004 20: 2:06.95 / Úrvalshópur 2005 19: 2:08.12 / Unglingalandslið 2006 18: 2:09.28 /
Unglingalandslið 2007 17: 2:10.21 / Unglingalandslið 2008 16: 2:11.92 / Framtíðarhópur 2009 15: 2:13.63 /
Framtíðarhópur 2010 14: 2:16.47 / Framtíðarhópur 2011 13: 2:20.91

Points: FINA 2024

Rank		YB		Time	Pts		100m	200m
18 years and younger								
1.	Vala Dís Cicero	08	SH	2:05.30	730	Q EMU N/1:01.25D U1:04.05		
2.	Freyja Birkisdóttir	06	Breiðablik	2:07.43	694	Q UNG	1:01.74	1:05.69
3.	Nadja Djurovic	07	Breiðablik	2:09.58	660	Q UNG	1:03.17	1:06.41
4.	Asdis Steindorsdóttir	09	Breiðablik	2:11.19	636	Q NÆM FF1:03.44	1:07.75	
5.	Haldóra Björt I.	08	Breiðablik	2:16.51	564	Q	1:05.53	1:10.98
6.	Alicja Julia Kempisty	10	Óðinn	2:17.18	556	Q	1:06.23	1:10.95
7.	Maria Skorastein Sigurdardóttir	07	SH	2:18.01	546	R	1:06.02	1:11.99
8.	Asdis Gunnarsdóttir	08	UMFA	2:19.49	529	R	1:09.15	1:10.34
9.	Hulda Bjorg M.	08	Ægir	2:20.24	521		1:06.18	1:14.06
10.	Guðbjörg Helga Hilmarsdóttir	11	Breiðablik	2:20.34	519	FRAM	1:06.77	1:13.57
11.	Bjarndís Olga Hansen	10	Ægir	2:20.47	518		1:07.88	1:12.59
12.	Kristin Rebekka Gunnarsdóttir	09	Ægir	2:20.56	517		1:07.30	1:13.26
13.	Katla María Brynjarsdóttir	07	ÍRB	2:22.39	497		1:08.61	1:13.78



Event 16, Girls, 200m Freestyle, Prelim, 18 years and younger

Rank		YB		Time	Pts	100m	200m
14.	Kristin Asta Sigtryggsdóttir	09	Ægir	2:22.72	494	1:08.45	1:14.27
15.	Helga Sigurlaug Helgadóttir	07	SH	2:25.79	463	1:10.78	1:15.01
16.	Hildur Erla Hákonardóttir	10	SH	2:25.84	463	1:10.57	1:15.27
17.	Yrsa Gunnlaugsdóttir	08	Árman	2:26.41	457	1:13.42	1:12.99
18.	Tinna Karen Sigurdardóttir	08	SH	2:26.62	455	1:10.83	1:15.79
19.	Ágústa Inga Arnarsdóttir	06	Stjarnan	2:27.15	451	1:07.04	1:20.11
20.	Matthildur María Ríkardsdóttir	09	SH	2:28.56	438	1:12.49	1:16.07
21.	Aldís Ögmundsdóttir	09	KR	2:28.70	437	1:12.44	1:16.26
22.	Freyja Sigrídur Asgeirsdóttir	07	Ægir	2:30.00	425	1:12.62	1:17.38
23.	Kolbrun Hilda Gunnarsdóttir	06	Ægir	2:33.16	400	1:12.38	1:20.78
24.	Karen Anna Orlíta	12	ÍA	2:33.39	398	1:14.12	1:19.27
25.	Þeódís Styrmsdóttir	11	Breiðablik	2:34.48	389	1:13.72	1:20.76
26.	Hugrun Guðmundsdóttir	08	Ægir	2:36.19	377	1:12.25	1:23.94
27.	Birgitta Björt Kjartansdóttir	10	SH	2:37.04	371	1:15.50	1:21.54
28.	Sunna Dís Skarphéðinsdóttir	08	ÍA	2:37.18	370	1:11.94	1:25.24
29.	Sigurborg Sesselja Skúladóttir	10	UMFB	2:41.20	343	1:14.95	1:26.25

19 years and older

1.	Snæfríður Sól Jórunnardóttir	00	Aalborg Svømmeklub	2:03.66	760	Q A-LIÐ	1:01.30	1:02.36
2.	Guðbjörg Bjartey G.	05	ÍA	2:16.87	560	Q	1:05.56	1:11.31
3.	Elísa Björnsdóttir	05	Ægir	2:25.54	466		1:08.96	1:16.58
4.	Anna Rósa Þrastardóttir	04	Fjörður	2:41.21	343		1:16.57	1:24.64
5.	Sigrún Kjartansdóttir	03	Fjörður	3:17.14	187		1:33.24	1:43.90

Event 17
13.04.2024 - 10:18

Men, 200m Medley

Open
Results Prelim

Íslandsmet	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Unglingamet	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Aldursflokkamet	2:09.92	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	11.07.2021

ÓL OQT (A) : 1:57.94 / ÓL OCT (B) : 1:58.53 / EM50 Opið : 2:04.17 / EM50 2003-2005 19 - 21: 2:05.43 / EMU 2006-2008 16 - 18: 2:07.93 / NÆM 2008-2010 14 - 16: 2:14.77 / A-landslið : 2:06.70 / Úrvalshópur 2003 21: 2:07.66 / Úrvalshópur 2004 20: 2:08.61 / Úrvalshópur 2005 19: 2:09.58 / Unglingalandslið 2006 18: 2:10.54 / Unglingalandslið 2007 17: 2:12.52 / Unglingalandslið 2008 16: 2:14.77 / Framtíðarhópur 2009 15: 2:19.00 / Framtíðarhópur 2010 14: 2:24.48 / Framtíðarhópur 2011 13: 2:32.74

Points: FINA 2024

Rank		YB		Time	Pts	100m	200m	
18 years and younger								
1.	Birnir Freyr Hálfðánarsson	06	SH	2:13.66	620	Q	1:02.70	1:10.96
2.	Adam Leó Tómasson	07	SH	2:19.58	544	Q	1:07.66	1:11.92
3.	Daði Rafn Falsson	08	ÍRB	2:19.86	541	Q	1:06.86	1:13.00
4.	Gísli Kristján Traustason	09	ÍRB	2:28.51	452	Q	1:11.56	1:16.95
5.	Dominic Dadi Wheeler	07	Breiðablik	2:28.65	451	Q		
6.	Mikael Fannar Arnarson	09	ÍRB	2:30.73	432	Q	1:15.16	1:15.57
7.	Snævar Örn Kristmannsson	06	ÍFR	2:33.61	408	Q	1:10.81	1:22.80
8.	Jón Ingvar Eypórsson	10	Breiðablik	2:34.53	401	Q	1:11.68	1:22.85
9.	Andri Ólafsson	09	SH	2:34.74	399	R	1:13.35	1:21.39
10.	Vanja Djurovic	09	Breiðablik	2:34.86	398	R	1:13.56	1:21.30
11.	Egill Orri Baldursson	09	ÍRB	2:36.32	387		1:11.88	1:24.44
12.	Julian Jarnutowski	10	ÍRB	2:37.94	376		1:15.33	1:22.61
13.	Ragnar Halldórsson	09	Breiðablik	2:38.56	371		1:16.22	1:22.34



Event 17, Men, 200m Medley, Prelim

19 years and older

1. Jón Ingi Halldórsson	04	Breiðablik	2:41.98	348	1:17.84	1:24.14
2. Guðfínnur Karlsson	88	Fjörður	3:08.04	222	1:34.99	1:33.05

Event 18

Women, 100m Breaststroke

Open
Results Prelim

13.04.2024 - 10:29

Íslandsmet	1:06.45	Hrafnhildur Luthersdóttir	SH	London (GBR)	18.05.2016
Unglingamet	1:10.19	Hrafnhildur Luthersdóttir	SH	Reykjavík	20.03.2009
Aldursflokkamet	1:14.21	Eva Margrét Falsdóttir	IRB	Reykjavík	18.07.2020

ÓL OQT (A) : 1:06.79 / ÓL OCT (B) : 1:07.12 / EM50 Opið : 1:09.96 / EM50 2003-2005 19 - 21: 1:10.68 / EMU 2006-2008 16 - 18: 1:11.91 / NÆM 2008-2010 14 - 16: 1:14.87 / A-landslíð : 1:11.39 / Úrvalshópur 2003 21: 1:11.73 / Úrvalshópur 2004 20: 1:12.05 / Úrvalshópur 2005 19: 1:12.72 / Unglingalandslið 2006 18: 1:13.38 / Unglingalandslið 2007 17: 1:13.90 / Unglingalandslið 2008 16: 1:14.87 / Framtíðarhópur 2009 15: 1:15.85 / Framtíðarhópur 2010 14: 1:17.46 / Framtíðarhópur 2011 13: 1:19.98

Points: FINA 2024

Rank	YB		Time	Pts	
18 years and younger					
1.	Margrét Anna Lapas	09	Breiðablik	1:16.17	596 Q
2.	Auguste Balciunaite	11	SH	1:18.25	550 Q FRAM
3.	Katla Mist Bragadóttir	07	Ármann	1:21.55	486 Q
4.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	1:23.31	456 Q
5.	Álfrún Lóa Jónsdóttir	10	Fjölur	1:23.70	449 R
6.	Eydís Anna Ísakson	08	SH	1:24.16	442 R
7.	Eydís Jóhannesdóttir	11	ÍRB	1:24.80	432
8.	Thea Sif Hjaltadóttir	11	Ármann	1:26.04	414
9.	Natalía Fanney Sigurðardóttir	10	ÍRB	1:26.09	413
10.	Isabella Johannsdóttir	10	Óðinn	1:27.12	398
11.	Guðrún Ísöld Harðardóttir	11	Breiðablik	1:27.52	393
12.	Austėja Savickaitė	09	ÍRB	1:27.56	392
13.	Valdis Ros Thorsteinsdóttir	07	SH	1:27.61	392
14.	Ágústa Elly Kristinsdóttir	11	Ármann	1:27.90	388
15.	Kamilla Ýr Ísaksdóttir Guðmann	11	Breiðablik	1:29.11	372
16.	Embla Dogg Helgadóttir	08	Ægir	1:29.31	370
17.	Viktoría Emilia Orlita	09	ÍA	1:30.87	351
18.	Dóróthea Margrét Jakobsdóttir	08	Ármann	1:34.02	317
19.	Stefanía Rún Hjartadóttir	09	UMFB	1:34.89	308
20.	Gabija Marija Savickaitė	08	ÍRB	1:37.15	287

19 years and older

1.	Birgitta Ingólfssdóttir	05	SH	1:13.46	665 Q
2.	Eva Margrét Falsdóttir	05	ÍRB	1:16.22	595 Q
3.	Maja Lind Cicero	05	SH	1:20.45	506 Q
4.	Ran Björnsdóttir	05	Ægir	1:23.23	457 Q
5.	Þórey Ísafold Magnúsdóttir	99	Ármann	1:28.60	379
6.	Anna Rósa Þrastardóttir	04	Fjörður	1:49.59	200
7.	Thelma Björnsdóttir	96	ÍFR	1:59.04	156



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 19 Men, 50m Breaststroke Open
13.04.2024 - 10:44 Results Prelim

Íslandsmet	27.46	Anton Sveinn McKee	SH	Gwangju (KOR)	23.07.2019
Unglingamet	28.33	Snorri Dagur Einarsson	SH	Gzira (MLT)	02.06.2023
Aldursflokkamet	31.41	Snorri Dagur Einarsson	SH	Reykjavík	18.07.2020

EM50 Opið : 28.39 / EM50 2003-2005 19 - 21: 28.68 / EMU 2006-2008 16 - 18: 29.25 / A-landslið : 28.97 /
Úrvalshópur 2003 21: 29.19 / Úrvalshópur 2004 20: 29.41 / Úrvalshópur 2005 19: 29.63 / Unglingalandslið 2006 18: 29.85 /
Unglingalandslið 2007 17: 30.30 / Unglingalandslið 2008 16: 30.82

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Nikolai Leo Jónsson	08	ÍRB	31.15	578	Q
2.	Arnór Egill Einarsson	07	SH	31.67	550	Q
3.	Arnar Logi Ægisson	07	SH	32.94	488	Q
4.	Mikael Fannar Arnarson	09	ÍRB	35.27	398	R
19 years and older						
1.	Einar Margeir Ágústsson	05	ÍA	28.69	739	Q A-LIÐ ÚRV
2.	Snorri Dagur Einarsson	05	SH	28.74	736	Q A-LIÐ ÚRV
3.	Dadi Björnsson	04	SH	30.63	608	Q
4.	Aron Bjarki Pétursson	01	SH	31.15	578	Q
5.	Robert Isak Jonsson	01	SH	33.48	465	Q

Event 20 Women, 50m Butterfly Open
13.04.2024 - 10:51 Results Prelim

Íslandsmet	26.68	Bryndís Hansen	ODINN	London (GBR)	16.05.2016
Unglingamet	27.65	Bryndís Hansen	ODINN	Reykjavík	19.03.2010
Aldursflokkamet	27.93	Bryndís Hansen	ODINN	Belgrade (SRB)	03.08.2008

EM50 Opið : 27.34 / EM50 2003-2005 19 - 21: 27.62 / EMU 2006-2008 16 - 18: 28.10 / A-landslið : 27.90 /
Úrvalshópur 2003 21: 28.03 / Úrvalshópur 2004 20: 28.16 / Úrvalshópur 2005 19: 28.42 / Unglingalandslið 2006 18: 28.67 /
Unglingalandslið 2007 17: 28.88 / Unglingalandslið 2008 16: 29.26

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Elísabet Arnoddsdóttir	09	ÍRB	30.25	526	Q
2.	Hekla Kristrun Mist Arnarsdóttir	06	Ægir	31.16	481	Q
3.	Katrín Ósk Aðalsteinsdóttir	09	SH	31.29	475	Q
4.	Halldóra Björt Ingimundardóttir	08	Breiðablik	31.39	471	Q
5.	Kristin Asta Sigtryggsdóttir	09	Ægir	32.10	440	Q
6.	Adriana Agnes Derti	10	ÍRB	32.92	408	R
7.	Halla Run Fannarsdóttir	08	Óðinn	33.02	404	R
8.	Athena Líf Þrastardóttir	07	ÍRB	33.10	402	
9.	Bergey Huld Arnarsdóttir	11	Breiðablik	33.33	393	
10.	Freydís Lilja Bergþórsdóttir	09	ÍRB	33.63	383	
11.	Sandra Rut Fannarsdóttir	06	Ármann	35.01	339	
12.	Sigrún Halla Olgeirsdóttir	08	UMFB	36.57	298	



Event 20, Women, 50m Butterfly, Prelim

19 years and older

1. Eydís Ósk Kolbeinsdóttir	00	ÍRB	28.85	607	Q
2. Guðbjörg Bjartey Guðmundsdóttir	05	ÍA	29.76	553	Q
3. Dagbjörg Hlíf Ólafsdóttir	05	SH	30.71	503	Q
4. Þórey Ísafold Magnúsdóttir	99	Ármann	36.40	302	
5. Emelía Ýr Gunnarsdóttir	05	Fjörður	37.38	279	

Event 21

Men, 100m Freestyle

Open

13.04.2024 - 10:59

Results Prelim

Íslandsmet	49.97	Orn Arnarson	SH	Monte-Carlo (MON)	05.06.2007
Unglingamet	51.65	Orn Arnarson	SH	Istanbul (TUR)	26.07.1999
Aldursflokkamet	54.31	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	10.07.2021

ÓL OQT (A) : 48.34 / ÓL OCT (B) : 48.58 / EM50 Opið : 50.39 / EM50 2003-2005 19 - 21: 50.91 / EMU 2006-2008 16 - 18: 51.92 /

NÆM 2008-2010 14 - 16: 54.70 / A-landslíð : 51.42 / Úrvalshópur 2003 21: 51.81 / Úrvalshópur 2004 20: 52.20 /

Úrvalshópur 2005 19: 52.59 / Unglingalandslið 2006 18: 52.98 / Unglingalandslið 2007 17: 53.78 /

Unglingalandslið 2008 16: 54.70 / Framtíðarhópur 2009 15: 56.41 / Framtíðarhópur 2010 14: 58.63 /

Framtíðarhópur 2011 13: 1:01.99

Points: FINA 2024

Rank	YB		Time	Pts	
18 years and younger					
1.	06	Breiðablik	52.19	723	Q UNG
2.	06	ÍRB	52.51	710	Q UNG
3.	08	ÍRB	54.18	646	Q NÆM UNG
4.	08	SH	54.20	646	Q NÆM UNG
5.	06	ÍA	54.24	644	Q
6.	06	Ægir	56.09	583	R
7.	07	SH	56.76	562	
8.	07	Ægir	57.47	542	
9.	06	Ármann	58.31	519	
10.	09	ÍRB	58.63	510	
11.	08	ÍRB	58.99	501	
12.	07	Ægir	59.11	498	
13.	07	ÍRB	1:00.22	471	
14.	08	ÍRB	1:00.43	466	
15.	10	ÍA	1:01.15	450	
16.	06	Stjarnan	1:01.67	438	
17.	06	Breiðablik	1:01.91	433	
18.	08	KR	1:02.37	424	
19.	09	Breiðablik	1:03.35	404	
20.	10	ÍRB	1:05.23	370	
21.	10	KR	1:06.87	344	

19 years and older

1. Veigar Hrafn Sigthorsson	05	SH	52.79	699	Q
2. Guðmundur Karl Karlsson	05	ÍRB	54.03	652	Q
3. Stefán Elías Berman	03	ÍRB	54.28	643	Q
4. Przemysław Puławski	93	Breiðablik	55.39	605	R
5. Einar Helgi Guðlaugsson	91	Ægir	57.44	542	



Event 21, Men, 100m Freestyle, Prelim, 19 years and older

Rank		YB		Time	Pts
6.	Martin Tsenov	92	ÍRB	1:01.72	437
7.	Jón Ingi Halldórsson	04	Breiðablik	1:02.48	421

Event 22

Women, 100m Backstroke

Open
Results Prelim

13.04.2024 - 11:12

Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	AEGIR	Kazan (RUS)	03.08.2015
Unglingamet	1:01.08	Eygló Ósk Gústafsdóttir	AEGIR	Broenshoej (DEN)	28.03.2013
Aldursflokkamet	1:04.64	Ylfa Lind Kristmannsdóttir	ARM	Reykjavík	02.04.2023

ÓL OQT (A) : 59.99 / ÓL OCT (B) : 1:00.29 / EM50 Opið : 1:02.94 / EM50 2003-2005 19 - 21: 1:03.58 / EMU 2006-2008 16 - 18: 1:04.69 / NÆM 2008-2010 14 - 16: 1:07.36 / A-landslíð : 1:04.23 / Úrvalshópur 2003 21: 1:04.53 / Úrvalshópur 2004 20: 1:04.82 / Úrvalshópur 2005 19: 1:05.42 / Unglingalandslið 2006 18: 1:06.01 / Unglingalandslið 2007 17: 1:06.49 / Unglingalandslið 2008 16: 1:07.36 / Framtíðarhópur 2009 15: 1:08.23 / Framtíðarhópur 2010 14: 1:09.68 / Framtíðarhópur 2011 13: 1:11.95

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Ylfa Lind Kristmannsdóttir	08	Ármann	1:05.45	672	Q NÆM UNG
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	1:08.05	597	Q
3.	Sunna Arnfinnsdóttir	07	ÍA	1:08.30	591	Q
4.	Ragnheiður Ásta Magnúsdóttir	07	Breiðablik	1:08.44	587	Q
5.	Ylfa Asgerdur Eyjolfssdóttir	06	Ægir	1:10.29	542	Q
6.	Helga Sigurlaug Helgadóttir	07	SH	1:11.84	508	Q
7.	Dagmar Arna Sigurðardóttir	09	SH	1:12.28	498	Q
8.	Kristin Rebekka Gunnarsdóttir	09	Ægir	1:12.83	487	Q
9.	Bjarndis Olga Hansen	10	Ægir	1:13.84	468	R
10.	Athena Líf Þrastardóttir	07	ÍRB	1:14.26	460	R
11.	Yrsa Gunnlaugsdóttir	08	Ármann	1:15.18	443	
12.	Iris Asta Magnúsdóttir	11	Breiðablik	1:16.50	420	
13.	Halla Run Fannarsdóttir	08	Óðinn	1:19.08	381	
14.	Tinna Karen Sigurdardóttir	08	SH	1:19.24	378	
15.	Kornelia Nadia Maniak	10	ÍRB	1:20.39	362	
16.	Karen Sif Helgadóttir	10	Fjölnir	1:20.56	360	
17.	Rebekka Rún Magnúsdóttir	08	SH	1:21.16	352	
18.	Freyja Sigridur Asgeirsdóttir	07	Ægir	1:21.42	349	
19.	Kolbrun Hilda Gunnarsdóttir	06	Ægir	1:22.37	337	
20.	Lilja Rakel Hannesdóttir Bridde	11	Breiðablik	1:22.42	336	
21.	Karen Júlía Traustadóttir	12	ÍRB	1:23.03	329	
22.	Ingibjörg Þóra Stefánsdóttir	08	SH	1:23.78	320	

19 years and older

1.	Ingibjörg Svava Magnúsdóttir	05	ÍA	1:17.65	402
2.	Sigrún Kjartansdóttir	03	Fjörður	2:02.87	101
3.	Sonja Sigurðardóttir	90	ÍFR	2:26.06	60



Event 23 Men, 200m Butterfly Open Results Prelim
13.04.2024 - 11:27

Íslandsmet	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Unglingamet	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Aldursflokkamet	2:12.82	Viktor Forafonov	FJOLN	Bergen (NOR)	05.05.2017

ÓL OQT (A) : 1:55.78 / ÓL OCT (B) : 1:56.36 / EM50 Opið : 2:01.24 / EM50 2003-2005 19 - 21: 2:02.48 / EMU 2006-2008 16 - 18: 2:04.91 / NÆM 2008-2010 14 - 16: 2:11.59 / A-landslið : 2:03.71 / Úrvalshópur 2003 21: 2:04.65 / Úrvalshópur 2004 20: 2:05.58 / Úrvalshópur 2005 19: 2:06.52 / Unglingalandslið 2006 18: 2:07.46 / Unglingalandslið 2007 17: 2:09.39 / Unglingalandslið 2008 16: 2:11.59 / Framtíðarhópur 2009 15: 2:15.73 / Framtíðarhópur 2010 14: 2:21.07 / Framtíðarhópur 2011 13: 2:29.14

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m
18 years and younger					
1.	Hólmar Grétarsson	08 SH	2:09.70	615 Q NÆM U	1:01.73 1:07.97
2.	Bergur Fáfniir Bjarnason	06 SH	2:16.48	528 Q	1:02.88 1:13.60
3.	Snævar Örn Kristmannsson	06 ÍFR	2:23.91	450 Q	1:10.01 1:13.90
4.	Styrmir Snær Árnason	10 SH	2:33.41	372 Q	1:10.01 1:23.40

19 years and older

1.	Bartosz Henke	05 SH	2:24.21	447 Q	1:06.03 1:18.18
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Event 24 Women, 800m Freestyle Open Results
13.04.2024 - 11:35

Íslandsmet	8:53.76	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	11.03.2012
Unglingamet	9:08.86	Freyja Birkisdóttir	UBK	Reykjavik	28.01.2022
Aldursflokkamet	9:09.32	Freyja Birkisdóttir	UBK	Reykjavik	24.04.2021

ÓL OQT (A) : 8:26.71 / ÓL OCT (B) : 8:29.24 / EM50 Opið : 8:57.99 / EM50 2003-2005 19 - 21: 9:03.48 / EMU 2006-2008 16 - 18: 9:12.95 / NÆM 2008-2010 14 - 16: 9:35.76 / A-landslið : 9:08.97 / Úrvalshópur 2003 21: 9:11.55 / Úrvalshópur 2004 20: 9:14.08 / Úrvalshópur 2005 19: 9:19.18 / Unglingalandslið 2006 18: 9:24.24 / Unglingalandslið 2007 17: 9:28.30 / Unglingalandslið 2008 16: 9:35.76 / Framtíðarhópur 2009 15: 9:43.23 / Framtíðarhópur 2010 14: 9:55.64 / Framtíðarhópur 2011 13: 10:15.02

Points: FINA 2024

Rank	YB	Time	Pts
Open			
1.	Freyja Birkisdóttir	06 Breiðablik	9:12.10 677 EMU UNG
	100m: 1:05.19 1:05.19	300m: 3:23.18 1:09.09	500m: 5:42.51 1:09.52
	200m: 2:14.09 1:08.90	400m: 4:32.99 1:09.81	600m: 6:52.96 1:10.45
		700m: 8:03.36 1:10.40	800m: 9:12.10 1:08.74
2.	Asdis Steindorsdóttir	09 Breiðablik	9:13.22 672 NÆM FRAM
	100m: 1:04.82 1:04.82	300m: 3:24.01 1:09.91	500m: 5:43.85 1:09.73
	200m: 2:14.10 1:09.28	400m: 4:34.12 1:10.11	600m: 6:54.08 1:10.23
		700m: 8:04.54 1:10.46	800m: 9:13.22 1:08.68
3.	Katja Lilja Andriydsdóttir	06 SH	9:20.57 646 UNG
	100m: 1:04.40 1:04.40	300m: 3:23.81 1:09.78	500m: 5:45.08 1:10.72
	200m: 2:14.03 1:09.63	400m: 4:34.36 1:10.55	600m: 6:57.36 1:12.28
		700m: 8:09.49 1:12.13	800m: 9:20.57 1:11.08
4.	Sólveig Freyja Hákonardóttir	09 Breiðablik	9:35.29 598 NÆM FRAM
	100m: 1:06.60 1:06.60	300m: 3:29.53 1:12.22	500m: 5:55.62 1:13.09
	200m: 2:17.31 1:10.71	400m: 4:42.53 1:13.00	600m: 7:08.74 1:13.12
		700m: 8:21.96 1:13.22	800m: 9:35.29 1:13.33
5.	Hulda Bjorg Magnúsdóttir Nilsen	08 Ægir	9:49.88 555
	100m: 1:09.38 1:09.38	300m: 3:39.56 1:15.15	500m: 6:08.41 1:14.31
	200m: 2:24.41 1:15.03	400m: 4:54.10 1:14.54	600m: 7:23.26 1:14.85
		700m: 8:37.64 1:14.38	800m: 9:49.88 1:12.24



Event 24, Women, 800m Freestyle, Open

Rank	Name		YB	Time				Pts
6.	Kátla María Brynjarsdóttir		07 ÍRB	9:59.73				528
	100m:	1:09.32 1:09.32	300m:	3:39.99 1:15.78	500m:	6:11.73 1:16.19	700m:	8:44.19 1:16.09
	200m:	2:24.21 1:14.89	400m:	4:55.54 1:15.55	600m:	7:28.10 1:16.37	800m:	9:59.73 1:15.54
7.	Alicja Julia Kempisty		10 Óðinn	10:07.51				508
	100m:	1:13.23 1:13.23	300m:	3:47.10 1:17.96	500m:	6:23.66 1:17.99	700m:	8:55.76 1:15.69
	200m:	2:29.14 1:15.91	400m:	5:05.67 1:18.57	600m:	7:40.07 1:16.41	800m:	10:07.51 1:11.75
8.	Karen Sif Helgadóttir		10 Fjölpir	10:14.86				490
	100m:	1:09.92 1:09.92	300m:	3:44.62 1:18.09	500m:	6:21.91 1:19.06	700m:	8:58.58 1:17.54
	200m:	2:26.53 1:16.61	400m:	5:02.85 1:18.23	600m:	7:41.04 1:19.13	800m:	10:14.86 1:16.28
9.	Guðrún Ísöld Harðardóttir		11 Breiðablik	10:16.02				487
	100m:	1:10.45 1:10.45	300m:	3:45.52 1:18.23	500m:	6:22.81 1:18.55	700m:	8:59.46 1:18.15
	200m:	2:27.29 1:16.84	400m:	5:04.26 1:18.74	600m:	7:41.31 1:18.50	800m:	10:16.02 1:16.56
10.	Þorgerður Freyja Helgadóttir		11 Breiðablik	10:18.75				480
	100m:	1:11.33 1:11.33	300m:	3:48.03 1:19.29	500m:	6:25.18 1:18.39	700m:	9:02.22 1:18.28
	200m:	2:28.74 1:17.41	400m:	5:06.79 1:18.76	600m:	7:43.94 1:18.76	800m:	10:18.75 1:16.53
11.	Ema Austa Pratusyte		10 SH	10:25.81				464
	100m:	1:11.98 1:11.98	300m:	3:51.31 1:20.26	500m:	6:32.67 1:20.57	700m:	9:11.76 1:19.30
	200m:	2:31.05 1:19.07	400m:	5:12.10 1:20.79	600m:	7:52.46 1:19.79	800m:	10:25.81 1:14.05
12.	Hildur Erla Hákonardóttir		10 SH	10:30.12				455
	100m:	1:14.67 1:14.67	300m:	3:55.72 1:20.68	500m:	6:34.54 1:18.87	700m:	9:13.35 1:19.17
	200m:	2:35.04 1:20.37	400m:	5:15.67 1:19.95	600m:	7:54.18 1:19.64	800m:	10:30.12 1:16.77
13.	Nicole Jona Johannsdóttir		08 SH	10:40.89				432
	100m:	1:12.59 1:12.59	300m:	3:53.24 1:20.89	500m:	6:36.30 1:21.87	700m:	9:20.60 1:22.18
	200m:	2:32.35 1:19.76	400m:	5:14.43 1:21.19	600m:	7:58.42 1:22.12	800m:	10:40.89 1:20.29
14.	Aldís Ögmundsdóttir		09 KR	10:41.64				431
	100m:	1:14.14 1:14.14	300m:	3:53.80 1:20.03	500m:	6:37.92 1:22.13	700m:	9:22.12 1:21.75
	200m:	2:33.77 1:19.63	400m:	5:15.79 1:21.99	600m:	8:00.37 1:22.45	800m:	10:41.64 1:19.52
15.	Natalía Eir Curtis		10 Ármann	10:48.80				417
	100m:	1:18.61 1:18.61	300m:	4:04.00 1:22.13	500m:	6:47.99 1:21.96	700m:	9:30.89 1:20.87
	200m:	2:41.87 1:23.26	400m:	5:26.03 1:22.03	600m:	8:10.02 1:22.03	800m:	10:48.80 1:17.91
16.	Bergey Huld Arnarsdóttir		11 Breiðablik	10:55.32				404
	100m:	1:17.70 1:17.70	300m:	4:04.27 1:23.59	500m:	6:48.77 1:22.36	700m:	9:35.01 1:22.85
	200m:	2:40.68 1:22.98	400m:	5:26.41 1:22.14	600m:	8:12.16 1:23.39	800m:	10:55.32 1:20.31
17.	Hanna Steinunn Guðnadóttir		11 ÍRB	11:09.90				378
	100m:	1:19.76 1:19.76	300m:	4:10.32 1:23.30	500m:	6:59.32 1:24.08	700m:	9:48.00 1:24.85
	200m:	2:47.02 1:27.26	400m:	5:35.24 1:24.92	600m:	8:23.15 1:23.83	800m:	11:09.90 1:21.90
18.	Lilja Rakel Hannesdóttir Bridde		11 Breiðablik	11:28.56				349
	100m:	1:17.08 1:17.08	300m:	4:10.04 1:27.65	500m:	7:04.40 1:26.18	700m:	10:00.46 1:27.20
	200m:	2:42.39 1:25.31	400m:	5:38.22 1:28.18	600m:	8:33.26 1:28.86	800m:	11:28.56 1:28.10

18 years and younger

1.	Freyja Birkisdóttir		06 Breiðablik	9:12.10				677	EMU UNG
	100m:	1:05.19 1:05.19	300m:	3:23.18 1:09.09	500m:	5:42.51 1:09.52	700m:	8:03.36 1:10.40	
	200m:	2:14.09 1:08.90	400m:	4:32.99 1:09.81	600m:	6:52.96 1:10.45	800m:	9:12.10 1:08.74	
2.	Asdis Steindorsdottir		09 Breiðablik	9:13.22				672	NÆM FRAM
	100m:	1:04.82 1:04.82	300m:	3:24.01 1:09.91	500m:	5:43.85 1:09.73	700m:	8:04.54 1:10.46	
	200m:	2:14.10 1:09.28	400m:	4:34.12 1:10.11	600m:	6:54.08 1:10.23	800m:	9:13.22 1:08.68	



Event 24, Girls, 800m Freestyle, 18 years and younger

Rank			YB				Time		Pts			
3.	Katja Lilja Andriydsdóttir		06	SH			9:20.57	646	UNG			
	100m:	1:04.40	1:04.40	300m:	3:23.81	1:09.78	500m:	5:45.08	1:10.72	700m:	8:09.49	1:12.13
	200m:	2:14.03	1:09.63	400m:	4:34.36	1:10.55	600m:	6:57.36	1:12.28	800m:	9:20.57	1:11.08
4.	Sólveig Freyja Hákonardóttir		09	Breiðablik			9:35.29	598	NÆM FRAM			
	100m:	1:06.60	1:06.60	300m:	3:29.53	1:12.22	500m:	5:55.62	1:13.09	700m:	8:21.96	1:13.22
	200m:	2:17.31	1:10.71	400m:	4:42.53	1:13.00	600m:	7:08.74	1:13.12	800m:	9:35.29	1:13.33
5.	Hulda Björg Magnúsdóttir Nilsen		08	Ægir			9:49.88	555				
	100m:	1:09.38	1:09.38	300m:	3:39.56	1:15.15	500m:	6:08.41	1:14.31	700m:	8:37.64	1:14.38
	200m:	2:24.41	1:15.03	400m:	4:54.10	1:14.54	600m:	7:23.26	1:14.85	800m:	9:49.88	1:12.24
6.	Katría María Brynjarsdóttir		07	ÍRB			9:59.73	528				
	100m:	1:09.32	1:09.32	300m:	3:39.99	1:15.78	500m:	6:11.73	1:16.19	700m:	8:44.19	1:16.09
	200m:	2:24.21	1:14.89	400m:	4:55.54	1:15.55	600m:	7:28.10	1:16.37	800m:	9:59.73	1:15.54
7.	Alicja Julia Kempisty		10	Óðinn			10:07.51	508				
	100m:	1:13.23	1:13.23	300m:	3:47.10	1:17.96	500m:	6:23.66	1:17.99	700m:	8:55.76	1:15.69
	200m:	2:29.14	1:15.91	400m:	5:05.67	1:18.57	600m:	7:40.07	1:16.41	800m:	10:07.51	1:11.75
8.	Karen Sif Helgadóttir		10	Fjöltnir			10:14.86	490				
	100m:	1:09.92	1:09.92	300m:	3:44.62	1:18.09	500m:	6:21.91	1:19.06	700m:	8:58.58	1:17.54
	200m:	2:26.53	1:16.61	400m:	5:02.85	1:18.23	600m:	7:41.04	1:19.13	800m:	10:14.86	1:16.28
9.	Guðrún Ísöld Harðardóttir		11	Breiðablik			10:16.02	487				
	100m:	1:10.45	1:10.45	300m:	3:45.52	1:18.23	500m:	6:22.81	1:18.55	700m:	8:59.46	1:18.15
	200m:	2:27.29	1:16.84	400m:	5:04.26	1:18.74	600m:	7:41.31	1:18.50	800m:	10:16.02	1:16.56
10.	Þorgerður Freyja Helgadóttir		11	Breiðablik			10:18.75	480				
	100m:	1:11.33	1:11.33	300m:	3:48.03	1:19.29	500m:	6:25.18	1:18.39	700m:	9:02.22	1:18.28
	200m:	2:28.74	1:17.41	400m:	5:06.79	1:18.76	600m:	7:43.94	1:18.76	800m:	10:18.75	1:16.53
11.	Ema Austa Pratusyte		10	SH			10:25.81	464				
	100m:	1:11.98	1:11.98	300m:	3:51.31	1:20.26	500m:	6:32.67	1:20.57	700m:	9:11.76	1:19.30
	200m:	2:31.05	1:19.07	400m:	5:12.10	1:20.79	600m:	7:52.46	1:19.79	800m:	10:25.81	1:14.05
12.	Hildur Erla Hákonardóttir		10	SH			10:30.12	455				
	100m:	1:14.67	1:14.67	300m:	3:55.72	1:20.68	500m:	6:34.54	1:18.87	700m:	9:13.35	1:19.17
	200m:	2:35.04	1:20.37	400m:	5:15.67	1:19.95	600m:	7:54.18	1:19.64	800m:	10:30.12	1:16.77
13.	Nicole Jona Johannsdóttir		08	SH			10:40.89	432				
	100m:	1:12.59	1:12.59	300m:	3:53.24	1:20.89	500m:	6:36.30	1:21.87	700m:	9:20.60	1:22.18
	200m:	2:32.35	1:19.76	400m:	5:14.43	1:21.19	600m:	7:58.42	1:22.12	800m:	10:40.89	1:20.29
14.	Aldís Ögmundsdóttir		09	KR			10:41.64	431				
	100m:	1:14.14	1:14.14	300m:	3:53.80	1:20.03	500m:	6:37.92	1:22.13	700m:	9:22.12	1:21.75
	200m:	2:33.77	1:19.63	400m:	5:15.79	1:21.99	600m:	8:00.37	1:22.45	800m:	10:41.64	1:19.52
15.	Natalía Eir Curtis		10	Ármann			10:48.80	417				
	100m:	1:18.61	1:18.61	300m:	4:04.00	1:22.13	500m:	6:47.99	1:21.96	700m:	9:30.89	1:20.87
	200m:	2:41.87	1:23.26	400m:	5:26.03	1:22.03	600m:	8:10.02	1:22.03	800m:	10:48.80	1:17.91
16.	Bergey Huld Arnarsdóttir		11	Breiðablik			10:55.32	404				
	100m:	1:17.70	1:17.70	300m:	4:04.27	1:23.59	500m:	6:48.77	1:22.36	700m:	9:35.01	1:22.85
	200m:	2:40.68	1:22.98	400m:	5:26.41	1:22.14	600m:	8:12.16	1:23.39	800m:	10:55.32	1:20.31
17.	Hanna Steinunn Guðnadóttir		11	ÍRB			11:09.90	378				
	100m:	1:19.76	1:19.76	300m:	4:10.32	1:23.30	500m:	6:59.32	1:24.08	700m:	9:48.00	1:24.85
	200m:	2:47.02	1:27.26	400m:	5:35.24	1:24.92	600m:	8:23.15	1:23.83	800m:	11:09.90	1:21.90
18.	Lilja Rakel Hannesdóttir Bridde		11	Breiðablik			11:28.56	349				
	100m:	1:17.08	1:17.08	300m:	4:10.04	1:27.65	500m:	7:04.40	1:26.18	700m:	10:00.46	1:27.20
	200m:	2:42.39	1:25.31	400m:	5:38.22	1:28.18	600m:	8:33.26	1:28.86	800m:	11:28.56	1:28.10

Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 13 Women, 400m Medley Open
13.04.2024 - 17:00 Results Final

Íslandsmet	4:46.70	Hrafnhildur Luthersdóttir	SH	Reykjavík	05.06.2015
Unglingamet	4:55.17	Eygló Ósk Gústafsdóttir	AEGIR	Luxembourg (LUX)	31.05.2013
Aldursflokkamet	5:04.17	Eygló Ósk Gústafsdóttir	AEGIR	Reykjanesbaer	29.05.2010

ÓL OQT (A) : 4:38.53 / ÓL OCT (B) : 4:39.92 / EM50 Opið : 4:54.04 / EM50 2003-2005 19 - 21: 4:57.04 / EMU 2006-2008 16 - 18: 5:02.22 / NÆM 2008-2010 14 - 16: 5:14.69 / A-landslið : 5:00.04 / Úrvalshópur 2003 21: 5:01.45 / Úrvalshópur 2004 20: 5:02.83 / Úrvalshópur 2005 19: 5:05.62 / Unglingalandslið 2006 18: 5:08.38 / Unglingalandslið 2007 17: 5:10.61 / Unglingalandslið 2008 16: 5:14.69 / Framtíðarhópur 2009 15: 5:18.77 / Framtíðarhópur 2010 14: 5:25.55 / Framtíðarhópur 2011 13: 5:36.14

Points: FINA 2024

Rank	YB				Time	Pts	100m	200m	300m	400m	
1.	Eva Margrét Falsdóttir	05	ÍRB		5:04.97	662	ÚRV	1:07.81	1:20.51	1:24.54	1:12.11
	50m: 31.03	31.03	150m: 1:48.08	40.27	250m: 3:10.38		42.06	350m: 4:29.48		36.62	
	100m: 1:07.81	36.78	200m: 2:28.32	40.24	300m: 3:52.86		42.48	400m: 5:04.97		35.49	
2.	Sunneva Bergmann Á.	07	ÍRB		5:17.56	586		1:13.23	1:22.58	1:29.94	1:11.81
	50m: 32.72	32.72	150m: 1:55.43	42.20	250m: 3:20.55		44.74	350m: 4:41.74		35.99	
	100m: 1:13.23	40.51	200m: 2:35.81	40.38	300m: 4:05.75		45.20	400m: 5:17.56		35.82	
3.	Sunna Arnfinnsdóttir	07	ÍA		5:20.64	570		1:13.28	1:22.56	1:33.00	1:11.80
	50m: 33.84	33.84	150m: 1:55.11	41.83	250m: 3:22.76		46.92	350m: 4:45.54		36.70	
	100m: 1:13.28	39.44	200m: 2:35.84	40.73	300m: 4:08.84		46.08	400m: 5:20.64		35.10	
4.	Maja Lind Cicero	05	SH		5:27.30	536		1:15.47	1:28.42	1:27.87	1:15.54
	50m: 34.54	34.54	150m: 2:00.06	44.59	250m: 3:27.33		43.44	350m: 4:50.17		38.41	
	100m: 1:15.47	40.93	200m: 2:43.89	43.83	300m: 4:11.76		44.43	400m: 5:27.30		37.13	
5.	Katla Mist Bragadóttir	07	Ármann		5:33.18	508		1:19.27	1:28.39	1:30.09	1:15.43
	50m: 36.35	36.35	150m: 2:03.71	44.44	250m: 3:32.70		45.04	350m: 4:55.90		38.15	
	100m: 1:19.27	42.92	200m: 2:47.66	43.95	300m: 4:17.75		45.05	400m: 5:33.18		37.28	
6.	Austéja Savickaité	09	ÍRB		5:38.52	484		1:18.60	1:28.14	1:33.06	1:18.72
	50m: 36.67	36.67	150m: 2:03.72	45.12	250m: 3:33.43		46.69	350m: 5:00.35		40.55	
	100m: 1:18.60	41.93	200m: 2:46.74	43.02	300m: 4:19.80		46.37	400m: 5:38.52		38.17	
7.	Dagmar Arna S.	09	SH		5:44.00	461		1:21.56	1:22.21	1:44.01	1:16.22
	50m: 36.46	36.46	150m: 2:03.62	42.06	250m: 3:35.88		52.11	350m: 5:06.03		38.25	
	100m: 1:21.56	45.10	200m: 2:43.77	40.15	300m: 4:27.78		51.90	400m: 5:44.00		37.97	
8.	Eydís Jóhannesdóttir	11	ÍRB		5:54.46	421		1:26.31	1:31.95	1:36.74	1:19.46
	50m: 39.64	39.64	150m: 2:12.42	46.11	250m: 3:46.15		47.89	350m: 5:16.55		41.55	
	100m: 1:26.31	46.67	200m: 2:58.26	45.84	300m: 4:35.00		48.85	400m: 5:54.46		37.91	



Event 14
13.04.2024 - 17:11

Men, 1500m Freestyle

Open
Results

Íslandsmet	15:27.08	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	15:45.21	Anton Sveinn McKee	AEGIR	Canet-en-Roussillon (FRA)	09.06.2011
Aldursflokkamet	16:12.57	Hólmar Grétarsson	SH	Gzira (MLT)	02.06.2023

ÓL OQT (A) : 15:00.99 / ÓL OCT (B) : 15:05.49 / EM50 Opið : 15:39.74 / EM50 2003-2005 19 - 21: 15:49.33 / EMU 2006-2008 16 - 18: 16:08.21 / NÆM 2008-2010 14 - 16: 17:00.00 / A-landslíð : 15:58.92 / Úrvalshópur 2003 21: 16:06.21 / Úrvalshópur 2004 20: 16:13.40 / Úrvalshópur 2005 19: 16:20.69 / Unglingalandslið 2006 18: 16:27.97 / Unglingalandslið 2007 17: 16:42.93 / Unglingalandslið 2008 16: 17:00.00 / Framtíðarhópur 2009 15: 17:32.03 / Framtíðarhópur 2010 14: 18:13.45 / Framtíðarhópur 2011 13: 19:15.98

Points: FINA 2024

Rank			YB			Time	Pts		
Open									
1.	Hólmar Grétarsson		08	SH		16:40.85	659	NÆM UNG	
	100m:	1:02.81 1:02.81	500m:	5:31.79 1:07.32	900m:	10:02.58 1:07.32	1300m:	14:31.16 1:06.53	
	200m:	2:09.68 1:06.87	600m:	6:39.49 1:07.70	1000m:	11:09.95 1:07.37	1400m:	15:37.31 1:06.15	
	300m:	3:16.99 1:07.31	700m:	7:47.41 1:07.92	1100m:	12:17.36 1:07.41	1500m:	16:40.85 1:03.54	
	400m:	4:24.47 1:07.48	800m:	8:55.26 1:07.85	1200m:	13:24.63 1:07.27			
2.	Andri Már Kristjánsson		06	SH		17:05.76	612		
	100m:	1:02.62 1:02.62	500m:	5:36.47 1:09.41	900m:	10:11.48 1:08.10	1300m:	14:49.59 1:09.67	
	200m:	2:10.16 1:07.54	600m:	6:45.57 1:09.10	1000m:	11:20.38 1:08.90	1400m:	15:59.53 1:09.94	
	300m:	3:18.14 1:07.98	700m:	7:55.21 1:09.64	1100m:	12:29.88 1:09.50	1500m:	17:05.76 1:06.23	
	400m:	4:27.06 1:08.92	800m:	9:03.38 1:08.17	1200m:	13:39.92 1:10.04			
3.	Karl Björnsson		08	SH		17:07.27	609		
	100m:	1:02.87 1:02.87	500m:	5:34.99 1:08.39	900m:	10:11.33 1:09.77	1300m:	14:51.00 1:09.75	
	200m:	2:10.26 1:07.39	600m:	6:44.06 1:09.07	1000m:	11:20.98 1:09.65	1400m:	16:00.60 1:09.60	
	300m:	3:18.35 1:08.09	700m:	7:53.00 1:08.94	1100m:	12:31.14 1:10.16	1500m:	17:07.27 1:06.67	
	400m:	4:26.60 1:08.25	800m:	9:01.56 1:08.56	1200m:	13:41.25 1:10.11			
4.	Kristjón Hrafn Kjartansson		11	SH		19:01.33	444	FRAM	
	100m:	1:11.21 1:11.21	500m:	6:18.86 1:17.13	900m:	11:24.53 1:16.41	1300m:	16:30.80	
	200m:	2:28.06 1:16.85	600m:	7:35.69 1:16.83	1000m:	12:40.71 1:16.18	1400m:		
	300m:	3:44.96 1:16.90	700m:	8:51.95 1:16.26	1100m:	13:57.51 1:16.80	1500m:	19:01.33	
	400m:	5:01.73 1:16.77	800m:	10:08.12 1:16.17	1200m:				
5.	Halldór Ingi Hafþórsson		08	SH		19:12.51	431		
	100m:	1:08.12 1:08.12	500m:	6:14.99 1:16.90	900m:	11:27.88 1:17.92	1300m:	16:40.33 1:18.35	
	200m:	2:23.90 1:15.78	600m:	7:33.43 1:18.44	1000m:	12:46.00 1:18.12	1400m:	17:57.81 1:17.48	
	300m:	3:40.68 1:16.78	700m:	8:51.63 1:18.20	1100m:	14:04.25 1:18.25	1500m:	19:12.51 1:14.70	
	400m:	4:58.09 1:17.41	800m:	10:09.96 1:18.33	1200m:	15:21.98 1:17.73			
6.	Þór Eli Gunnarsson		11	SH		19:40.40	401		
	100m:	1:11.16 1:11.16	500m:	6:28.54 1:19.88	900m:	11:47.70 1:20.17	1300m:	17:06.67 1:19.88	
	200m:	2:29.25 1:18.09	600m:	7:48.06 1:19.52	1000m:	13:07.42 1:19.72	1400m:	18:25.46 1:18.79	
	300m:	3:48.71 1:19.46	700m:	9:07.82 1:19.76	1100m:	14:27.42 1:20.00	1500m:	19:40.40 1:14.94	
	400m:	5:08.66 1:19.95	800m:	10:27.53 1:19.71	1200m:	15:46.79 1:19.37			
7.	Magni Rafn Ragnarsson		10	Óðinn		19:57.19	385		
	100m:	1:11.54 1:11.54	500m:	6:28.87 1:20.16	900m:	11:50.67 1:20.90	1300m:	17:16.94 1:22.13	
	200m:	2:29.18 1:17.64	600m:	7:49.23 1:20.36	1000m:	13:11.42 1:20.75	1400m:	18:37.68 1:20.74	
	300m:	3:48.17 1:18.99	700m:	9:09.39 1:20.16	1100m:	14:32.96 1:21.54	1500m:	19:57.19 1:19.51	
	400m:	5:08.71 1:20.54	800m:	10:29.77 1:20.38	1200m:	15:54.81 1:21.85			



Event 14, Men, 1500m Freestyle

18 years and younger

1. Hólmar Grétarsson	08	SH	16:40.85	659	NÆM UNG
100m: 1:02.81 1:02.81	500m: 5:31.79 1:07.32	900m: 10:02.58 1:07.32	1300m: 14:31.16 1:06.53		
200m: 2:09.68 1:06.87	600m: 6:39.49 1:07.70	1000m: 11:09.95 1:07.37	1400m: 15:37.31 1:06.15		
300m: 3:16.99 1:07.31	700m: 7:47.41 1:07.92	1100m: 12:17.36 1:07.41	1500m: 16:40.85 1:03.54		
400m: 4:24.47 1:07.48	800m: 8:55.26 1:07.85	1200m: 13:24.63 1:07.27			
2. Andri Már Kristjánsson	06	SH	17:05.76	612	
100m: 1:02.62 1:02.62	500m: 5:36.47 1:09.41	900m: 10:11.48 1:08.10	1300m: 14:49.59 1:09.67		
200m: 2:10.16 1:07.54	600m: 6:45.57 1:09.10	1000m: 11:20.38 1:08.90	1400m: 15:59.53 1:09.94		
300m: 3:18.14 1:07.98	700m: 7:55.21 1:09.64	1100m: 12:29.88 1:09.50	1500m: 17:05.76 1:06.23		
400m: 4:27.06 1:08.92	800m: 9:03.38 1:08.17	1200m: 13:39.92 1:10.04			
3. Karl Björnsson	08	SH	17:07.27	609	
100m: 1:02.87 1:02.87	500m: 5:34.99 1:08.39	900m: 10:11.33 1:09.77	1300m: 14:51.00 1:09.75		
200m: 2:10.26 1:07.39	600m: 6:44.06 1:09.07	1000m: 11:20.98 1:09.65	1400m: 16:00.60 1:09.60		
300m: 3:18.35 1:08.09	700m: 7:53.00 1:08.94	1100m: 12:31.14 1:10.16	1500m: 17:07.27 1:06.67		
400m: 4:26.60 1:08.25	800m: 9:01.56 1:08.56	1200m: 13:41.25 1:10.11			
4. Kristjón Hrafn Kjartansson	11	SH	19:01.33	444	FRAM
100m: 1:11.21 1:11.21	500m: 6:18.86 1:17.13	900m: 11:24.53 1:16.41	1300m: 16:30.80		
200m: 2:28.06 1:16.85	600m: 7:35.69 1:16.83	1000m: 12:40.71 1:16.18	1400m:		
300m: 3:44.96 1:16.90	700m: 8:51.95 1:16.26	1100m: 13:57.51 1:16.80	1500m: 19:01.33		
400m: 5:01.73 1:16.77	800m: 10:08.12 1:16.17	1200m:			
5. Halldór Ingi Hafþórsson	08	SH	19:12.51	431	
100m: 1:08.12 1:08.12	500m: 6:14.99 1:16.90	900m: 11:27.88 1:17.92	1300m: 16:40.33 1:18.35		
200m: 2:23.90 1:15.78	600m: 7:33.43 1:18.44	1000m: 12:46.00 1:18.12	1400m: 17:57.81 1:17.48		
300m: 3:40.68 1:16.78	700m: 8:51.63 1:18.20	1100m: 14:04.25 1:18.25	1500m: 19:12.51 1:14.70		
400m: 4:58.09 1:17.41	800m: 10:09.96 1:18.33	1200m: 15:21.98 1:17.73			
6. Þór Eli Gunnarsson	11	SH	19:40.40	401	
100m: 1:11.16 1:11.16	500m: 6:28.54 1:19.88	900m: 11:47.70 1:20.17	1300m: 17:06.67 1:19.88		
200m: 2:29.25 1:18.09	600m: 7:48.06 1:19.52	1000m: 13:07.42 1:19.72	1400m: 18:25.46 1:18.79		
300m: 3:48.71 1:19.46	700m: 9:07.82 1:19.76	1100m: 14:27.42 1:20.00	1500m: 19:40.40 1:14.94		
400m: 5:08.66 1:19.95	800m: 10:27.53 1:19.71	1200m: 15:46.79 1:19.37			
7. Magni Rafn Ragnarsson	10	Óðinn	19:57.19	385	
100m: 1:11.54 1:11.54	500m: 6:28.87 1:20.16	900m: 11:50.67 1:20.90	1300m: 17:16.94 1:22.13		
200m: 2:29.18 1:17.64	600m: 7:49.23 1:20.36	1000m: 13:11.42 1:20.75	1400m: 18:37.68 1:20.74		
300m: 3:48.17 1:18.99	700m: 9:09.39 1:20.16	1100m: 14:32.96 1:21.54	1500m: 19:57.19 1:19.51		
400m: 5:08.71 1:20.54	800m: 10:29.77 1:20.38	1200m: 15:54.81 1:21.85			



Event 15 Men, 50m Backstroke Open
13.04.2024 - 17:36 Results Final

Íslandsmet	25.86	Orn Arnarson	SH	Eindhoven (NED)	20.03.2008
Unglingamet	26.87	Kristinn Þórarinnsson	FJOL	Reykjavík	12.04.2014
Aldursflokkamet	27.97	Brynjólfur Óli Karlsson	UBK	Reykjavík	24.04.2016

EM50 Opið : 26.14 / EM50 2003-2005 19 - 21: 26.40 / EMU 2006-2008 16 - 18: 26.93 / A-landslið : 26.67 /
Úrvalshópur 2003 21: 26.87 / Úrvalshópur 2004 20: 27.07 / Úrvalshópur 2005 19: 27.27 / Unglingalandslið 2006 18: 27.48 /
Unglingalandslið 2007 17: 27.89 / Unglingalandslið 2008 16: 28.37

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Guðmundur Leo Rafnsson	06	ÍRB	26.80	678	EMU UNG
	<i>Unglingamet</i>					
2.	Fannar Snævar Hauksson	04	ÍRB	27.07	658	ÚRV
3.	Bergur Fálnir Bjarnason	06	SH	28.62	557	
4.	Örn Ægisson	06	Ármann	30.59	456	
5.	Árni Þór Pálmason	09	ÍRB	31.27	427	
6.	Kajus Jatautas	10	ÍA	31.84	404	
7.	Hálf dán Artúr Róbertsson	05	UMFB	32.36	385	

Event 16 Women, 200m Freestyle Open
13.04.2024 - 17:41 Results Final

Íslandsmet	1:57.98	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	25.07.2023
Unglingamet	2:01.82	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	15.07.2018
Aldursflokkamet	2:05.17	Vala Dís Cicero	SH	Reykjavík	02.04.2023

ÓL OQT (A) : 1:57.26 / ÓL OCT (B) : 1:57.85 / EM50 Opið : 2:03.26 / EM50 2003-2005 19 - 21: 2:04.52 / EMU 2006-2008 16 -
18: 2:06.69 / NÆM 2008-2010 14 - 16: 2:11.92 / A-landslið : 2:05.78 / Úrvalshópur 2003 21: 2:06.37 /
Úrvalshópur 2004 20: 2:06.95 / Úrvalshópur 2005 19: 2:08.12 / Unglingalandslið 2006 18: 2:09.28 /
Unglingalandslið 2007 17: 2:10.21 / Unglingalandslið 2008 16: 2:11.92 / Framtíðarhópur 2009 15: 2:13.63 /
Framtíðarhópur 2010 14: 2:16.47 / Framtíðarhópur 2011 13: 2:20.91

Points: FINA 2024

Rank		YB		Time	Pts	100m	200m
1.	Snæfríður Sól Jorunnardóttir	00	Aalborg Svømmeklub	1:58.69	859	EM50 A-LIÐ 57.35	1:01.34
2.	Vala Dís Cicero	08	SH	2:03.51	762	EMU NÆM 59.03 UNK 1:04.48	
3.	Nadja Djurovic	07	Breiðablik	2:07.25	697	UNG 1:02.39	1:04.86
4.	Hulda Björg M.	08	Ægir	2:16.10	570	1:05.30	1:10.80
5.	Alicja Julia Kempisty	10	Óðinn	2:16.89	560	1:06.36	1:10.53
6.	Maria Skorastein Sigurdardóttir	07	SH	2:17.33	554	1:05.16	1:12.17
7.	Asdis Gunnarsdóttir	08	UMFA	2:17.63	551	1:06.93	1:10.70
8.	Hálf dán Björt I.	08	Breiðablik	2:18.69	538	1:05.07	1:13.62



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 17 Men, 200m Medley Open
13.04.2024 - 17:49 Results Final

Íslandsmet	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Unglingamet	2:04.05	Birnir Freyr Hálfðánarsson	SH	Reykjavík	02.04.2023
Aldursflokkamet	2:09.92	Birnir Freyr Hálfðánarsson	SH	Klaipeda (LTU)	11.07.2021

ÓL OQT (A) : 1:57.94 / ÓL OCT (B) : 1:58.53 / EM50 Opið : 2:04.17 / EM50 2003-2005 19 - 21: 2:05.43 / EMU 2006-2008 16 - 18: 2:07.93 / NÆM 2008-2010 14 - 16: 2:14.77 / A-landslið : 2:06.70 / Úrvalshópur 2003 21: 2:07.66 / Úrvalshópur 2004 20: 2:08.61 / Úrvalshópur 2005 19: 2:09.58 / Unglingalandslið 2006 18: 2:10.54 / Unglingalandslið 2007 17: 2:12.52 / Unglingalandslið 2008 16: 2:14.77 / Framtíðarhópur 2009 15: 2:19.00 / Framtíðarhópur 2010 14: 2:24.48 / Framtíðarhópur 2011 13: 2:32.74

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m
1.	Birnir Freyr Hálfðánarsson	06 SH	2:05.74	745	EMU A-LIÐ 1:57.58 1:08.16
2.	Daði Rafn Falsson	08 ÍRB	2:16.68	580	1:05.48 1:11.20
3.	Adam Leó Tómasson	07 SH	2:16.80	578	1:06.56 1:10.24
4.	Gísli Kristján Traustason	09 ÍRB	2:28.14	455	1:11.93 1:16.21
5.	Dominic Dadi Wheeler	07 Breiðablik	2:28.42	453	1:10.16 1:18.26
6.	Mikael Fannar Arnarson	09 ÍRB	2:30.44	435	1:11.65 1:18.79
7.	Snævar Örn Kristmannsson	06 ÍFR	2:33.89	406	1:09.55 1:24.34
8.	Jón Ingvar Eypórsson	10 Breiðablik	2:33.99	405	1:10.80 1:23.19

Event 18 Women, 100m Breaststroke Open
13.04.2024 - 17:56 Results Final

Íslandsmet	1:06.45	Hrafnhildur Luthersdóttir	SH	London (GBR)	18.05.2016
Unglingamet	1:10.19	Hrafnhildur Luthersdóttir	SH	Reykjavík	20.03.2009
Aldursflokkamet	1:14.21	Eva Margrét Falsdóttir	IRB	Reykjavík	18.07.2020

ÓL OQT (A) : 1:06.79 / ÓL OCT (B) : 1:07.12 / EM50 Opið : 1:09.96 / EM50 2003-2005 19 - 21: 1:10.68 / EMU 2006-2008 16 - 18: 1:11.91 / NÆM 2008-2010 14 - 16: 1:14.87 / A-landslið : 1:11.39 / Úrvalshópur 2003 21: 1:11.73 / Úrvalshópur 2004 20: 1:12.05 / Úrvalshópur 2005 19: 1:12.72 / Unglingalandslið 2006 18: 1:13.38 / Unglingalandslið 2007 17: 1:13.90 / Unglingalandslið 2008 16: 1:14.87 / Framtíðarhópur 2009 15: 1:15.85 / Framtíðarhópur 2010 14: 1:17.46 / Framtíðarhópur 2011 13: 1:19.98

Points: FINA 2024

Rank	YB	Time	Pts	
1.	Birgitta Ingólfssdóttir	05 SH	1:11.96	707 ÚRV
2.	Margrét Anna Lapas	09 Breiðablik	1:14.60	635 NÆM FRAM
3.	Auguste Balciunaite	11 SH	1:17.57	565 FRAM
4.	Katla Mist Bragadóttir	07 Ármann	1:20.91	497
5.	Maja Lind Cicero	05 SH	1:20.98	496
6.	Ran Bjornsdóttir	05 Ægir	1:21.39	489
7.	Ragnheiður L. Gunnsteinsdóttir	07 Breiðablik	1:22.90	462
8.	Álfrún Lóa Jónsdóttir	10 Fjölnir	1:23.17	458



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Reykjavík, 12. - 14. apríl 2024

Event 19 Men, 50m Breaststroke Open
13.04.2024 - 18:02 Results Final

Íslandsmet	27.46	Anton Sveinn McKee	SH	Gwangju (KOR)	23.07.2019
Unglingamet	28.33	Snorri Dagur Einarsson	SH	Gzira (MLT)	02.06.2023
Aldursflokkamet	31.41	Snorri Dagur Einarsson	SH	Reykjavík	18.07.2020

EM50 Opið : 28.39 / EM50 2003-2005 19 - 21: 28.68 / EMU 2006-2008 16 - 18: 29.25 / A-landslið : 28.97 /
Úrvalshópur 2003 21: 29.19 / Úrvalshópur 2004 20: 29.41 / Úrvalshópur 2005 19: 29.63 / Unglingalandslið 2006 18: 29.85 /
Unglingalandslið 2007 17: 30.30 / Unglingalandslið 2008 16: 30.82

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Snorri Dagur Einarsson	05	SH	28.26	774	EM50 EM50 A-LI
2.	Einar Margeir Ágústsson	05	ÍA	28.48	756	EM50 A-LIÐ ÚRV
3.	Aron Bjarki Pétursson	01	SH	29.47	682	
4.	Dadi Bjornsson	04	SH	29.92	652	
5.	Arnór Egill Einarsson	07	SH	31.47	560	
6.	Nikolai Leo Jónsson	08	ÍRB	31.48	560	
7.	Robert Isak Jonsson	01	SH	32.80	495	
8.	Arnar Logi Ægisson	07	SH	33.35	471	

Event 20 Women, 50m Butterfly Open
13.04.2024 - 18:08 Results Final

Íslandsmet	26.68	Bryndís Hansen	ODINN	London (GBR)	16.05.2016
Unglingamet	27.65	Bryndís Hansen	ODINN	Reykjavík	19.03.2010
Aldursflokkamet	27.93	Bryndís Hansen	ODINN	Belgrade (SRB)	03.08.2008

EM50 Opið : 27.34 / EM50 2003-2005 19 - 21: 27.62 / EMU 2006-2008 16 - 18: 28.10 / A-landslið : 27.90 /
Úrvalshópur 2003 21: 28.03 / Úrvalshópur 2004 20: 28.16 / Úrvalshópur 2005 19: 28.42 / Unglingalandslið 2006 18: 28.67 /
Unglingalandslið 2007 17: 28.88 / Unglingalandslið 2008 16: 29.26

Points: FINA 2024

Rank		YB		Time	Pts
1.	Eydís Ósk Kolbeinsdóttir	00	ÍRB	28.75	613
2.	Guðbjörg Bjarney Guðmundsdóttir	05	ÍA	29.06	594
3.	Elísabet Arnoddsdóttir	09	ÍRB	30.12	533
4.	Hekla Kristrun Mist Arnarsdóttir	06	Ægír	30.43	517
5.	Kristin Asta Sigtryggsdóttir	09	Ægír	30.79	499
6.	Dagbjörg Hlíf Ólafsdóttir	05	SH	30.98	490
7.	Katrín Ósk Aðalsteinsdóttir	09	SH	31.62	461
8.	Halldóra Björt Ingimundardóttir	08	Breiðablik	31.89	449



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Event 21 Men, 100m Freestyle Open
13.04.2024 - 18:14 Results Final

Íslandsmet	49.97	Orn Arnarson	SH	Monte-Carlo (MON)	05.06.2007
Unglingamet	51.65	Orn Arnarson	SH	Istanbul (TUR)	26.07.1999
Aldursflokkamet	54.31	Birnir Freyr Hálfánarsson	SH	Klaipeda (LTU)	10.07.2021

ÓL OQT (A) : 48.34 / ÓL OCT (B) : 48.58 / EM50 Opið : 50.39 / EM50 2003-2005 19 - 21: 50.91 / EMU 2006-2008 16 - 18: 51.92 /
NÆM 2008-2010 14 - 16: 54.70 / A-landslið : 51.42 / Úrvalshópur 2003 21: 51.81 / Úrvalshópur 2004 20: 52.20 /
Úrvalshópur 2005 19: 52.59 / Unglingalandslið 2006 18: 52.98 / Unglingalandslið 2007 17: 53.78 /
Unglingalandslið 2008 16: 54.70 / Framtíðarhópur 2009 15: 56.41 / Framtíðarhópur 2010 14: 58.63 /
Framtíðarhópur 2011 13: 1:01.99

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Guðmundur Leo Rafnsson	06	ÍRB	52.27	720	UNG
2.	Ýmir Chatenay Sölvason	06	Breiðablik	52.42	714	UNG
3.	Veigar Hrafn Sigthorsson	05	SH	52.54	709	ÚRV
4.	Stefán Elías Berman	03	ÍRB	53.87	658	
5.	Guðbjarni Sigþórsson	06	ÍA	53.90	657	
6.	Magnús Víðir Jónsson	08	SH	54.19	646	NÆM UNG
7.	Guðmundur Karl Karlsson	05	ÍRB	54.24	644	
8.	Denas Kazulis	08	ÍRB	54.33	641	NÆM UNG

Event 22 Women, 100m Backstroke Open
13.04.2024 - 18:19 Results Final

Íslandsmet	1:00.25	Eygló Ósk Gústafsdóttir	AEGIR	Kazan (RUS)	03.08.2015
Unglingamet	1:01.08	Eygló Ósk Gústafsdóttir	AEGIR	Broenshoej (DEN)	28.03.2013
Aldursflokkamet	1:04.64	Ylfa Lind Kristmannsdóttir	ARM	Reykjavik	02.04.2023

ÓL OQT (A) : 59.99 / ÓL OCT (B) : 1:00.29 / EM50 Opið : 1:02.94 / EM50 2003-2005 19 - 21: 1:03.58 / EMU 2006-2008 16 -
18: 1:04.69 / NÆM 2008-2010 14 - 16: 1:07.36 / A-landslið : 1:04.23 / Úrvalshópur 2003 21: 1:04.53 /
Úrvalshópur 2004 20: 1:04.82 / Úrvalshópur 2005 19: 1:05.42 / Unglingalandslið 2006 18: 1:06.01 /
Unglingalandslið 2007 17: 1:06.49 / Unglingalandslið 2008 16: 1:07.36 / Framtíðarhópur 2009 15: 1:08.23 /
Framtíðarhópur 2010 14: 1:09.68 / Framtíðarhópur 2011 13: 1:11.95

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Ylfa Lind Kristmannsdóttir	08	Ármann	1:05.05	684	NÆM UNG
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	1:07.33	617	NÆM UNG
3.	Sunna Arnfinnsdóttir	07	ÍA	1:07.35	616	
4.	Ragnheiður Ásta Magnúsdóttir	07	Breiðablik	1:09.58	559	
5.	Ylfa Asgerdur Eyjólfsdóttir	06	Ægir	1:10.77	531	
6.	Helga Sigurlaug Helgadóttir	07	SH	1:11.45	516	
7.	Dagmar Arna Sigurðardóttir	09	SH	1:12.33	497	
8.	Kristin Rebekka Gunnarsdóttir	09	Ægir	1:12.39	496	



Event 23 Men, 200m Butterfly Open Results Final
13.04.2024 - 18:26

Íslandsmet	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Unglingamet	2:02.97	Sindri Thor Jakobsson	IRB	Prague (CZE)	09.07.2009
Aldursflokkamet	2:12.82	Viktor Forafonov	FJOLN	Bergen (NOR)	05.05.2017

ÓL OQT (A) : 1:55.78 / ÓL OCT (B) : 1:56.36 / EM50 Opið : 2:01.24 / EM50 2003-2005 19 - 21: 2:02.48 / EMU 2006-2008 16 - 18: 2:04.91 / NÆM 2008-2010 14 - 16: 2:11.59 / A-landslið : 2:03.71 / Úrvalshópur 2003 21: 2:04.65 / Úrvalshópur 2004 20: 2:05.58 / Úrvalshópur 2005 19: 2:06.52 / Unglingalandslið 2006 18: 2:07.46 / Unglingalandslið 2007 17: 2:09.39 / Unglingalandslið 2008 16: 2:11.59 / Framtíðarhópur 2009 15: 2:15.73 / Framtíðarhópur 2010 14: 2:21.07 / Framtíðarhópur 2011 13: 2:29.14

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m
1.	Hólmur Grétarsson	08 SH	2:11.22	594	NÆM UN(1:02.46 1:08.76
2.	Bartosz Henke	05 SH	2:19.76	492	1:06.31 1:13.45
3.	Snævar Örn Kristmannsson	06 ÍFR	2:26.10	430	1:09.73 1:16.37
4.	Styrmir Snær Árnason	10 SH	2:29.01	406	1:10.40 1:18.61

Event 24 Women, 800m Freestyle Open Results
13.04.2024 - 18:33

Íslandsmet	8:53.76	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	11.03.2012
Unglingamet	9:08.86	Freyja Birkisdóttir	UBK	Reykjavík	28.01.2022
Aldursflokkamet	9:09.32	Freyja Birkisdóttir	UBK	Reykjavík	24.04.2021

ÓL OQT (A) : 8:26.71 / ÓL OCT (B) : 8:29.24 / EM50 Opið : 8:57.99 / EM50 2003-2005 19 - 21: 9:03.48 / EMU 2006-2008 16 - 18: 9:12.95 / NÆM 2008-2010 14 - 16: 9:35.76 / A-landslið : 9:08.97 / Úrvalshópur 2003 21: 9:11.55 / Úrvalshópur 2004 20: 9:14.08 / Úrvalshópur 2005 19: 9:19.18 / Unglingalandslið 2006 18: 9:24.24 / Unglingalandslið 2007 17: 9:28.30 / Unglingalandslið 2008 16: 9:35.76 / Framtíðarhópur 2009 15: 9:43.23 / Framtíðarhópur 2010 14: 9:55.64 / Framtíðarhópur 2011 13: 10:15.02

Points: FINA 2024

Rank	YB	Time	Pts
Open			
1.	Freyja Birkisdóttir	06 Breiðablik	9:12.10 677 EMU UNG
	100m: 1:05.19 1:05.19	300m: 3:23.18 1:09.09	500m: 5:42.51 1:09.52
	200m: 2:14.09 1:08.90	400m: 4:32.99 1:09.81	600m: 6:52.96 1:10.45
			700m: 8:03.36 1:10.40
			800m: 9:12.10 1:08.74
2.	Asdis Steindorsdóttir	09 Breiðablik	9:13.22 672 NÆM FRAM
	100m: 1:04.82 1:04.82	300m: 3:24.01 1:09.91	500m: 5:43.85 1:09.73
	200m: 2:14.10 1:09.28	400m: 4:34.12 1:10.11	600m: 6:54.08 1:10.23
			700m: 8:04.54 1:10.46
			800m: 9:13.22 1:08.68
3.	Katja Lilja Andriydsdóttir	06 SH	9:20.57 646 UNG
	100m: 1:04.40 1:04.40	300m: 3:23.81 1:09.78	500m: 5:45.08 1:10.72
	200m: 2:14.03 1:09.63	400m: 4:34.36 1:10.55	600m: 6:57.36 1:12.28
			700m: 8:09.49 1:12.13
			800m: 9:20.57 1:11.08
4.	Sólveig Freyja Hákonardóttir	09 Breiðablik	9:35.29 598 NÆM FRAM
	100m: 1:06.60 1:06.60	300m: 3:29.53 1:12.22	500m: 5:55.62 1:13.09
	200m: 2:17.31 1:10.71	400m: 4:42.53 1:13.00	600m: 7:08.74 1:13.12
			700m: 8:21.96 1:13.22
			800m: 9:35.29 1:13.33
5.	Hulda Bjorg Magnúsdóttir Nilsen	08 Ægir	9:49.88 555
	100m: 1:09.38 1:09.38	300m: 3:39.56 1:15.15	500m: 6:08.41 1:14.31
	200m: 2:24.41 1:15.03	400m: 4:54.10 1:14.54	600m: 7:23.26 1:14.85
			700m: 8:37.64 1:14.38
			800m: 9:49.88 1:12.24
6.	Katla María Brynjarsdóttir	07 ÍRB	9:59.73 528
	100m: 1:09.32 1:09.32	300m: 3:39.99 1:15.78	500m: 6:11.73 1:16.19
	200m: 2:24.21 1:14.89	400m: 4:55.54 1:15.55	600m: 7:28.10 1:16.37
			700m: 8:44.19 1:16.09
			800m: 9:59.73 1:15.54
7.	Alicja Julia Kempisty	10 Óðinn	10:07.51 508
	100m: 1:13.23 1:13.23	300m: 3:47.10 1:17.96	500m: 6:23.66 1:17.99
	200m: 2:29.14 1:15.91	400m: 5:05.67 1:18.57	600m: 7:40.07 1:16.41
			700m: 8:55.76 1:15.69
			800m: 10:07.51 1:11.75



Event 24, Women, 800m Freestyle, Open

Rank	YB								Time	Pts
8.	Karen Sif Helgadóttir								10:14.86	490
	100m: 1:09.92	1:09.92	300m: 3:44.62	1:18.09	500m: 6:21.91	1:19.06	700m: 8:58.58	1:17.54		
	200m: 2:26.53	1:16.61	400m: 5:02.85	1:18.23	600m: 7:41.04	1:19.13	800m: 10:14.86	1:16.28		
9.	Guðrún Ísöld Harðardóttir								10:16.02	487
	100m: 1:10.45	1:10.45	300m: 3:45.52	1:18.23	500m: 6:22.81	1:18.55	700m: 8:59.46	1:18.15		
	200m: 2:27.29	1:16.84	400m: 5:04.26	1:18.74	600m: 7:41.31	1:18.50	800m: 10:16.02	1:16.56		
10.	Þorgerður Freyja Helgadóttir								10:18.75	480
	100m: 1:11.33	1:11.33	300m: 3:48.03	1:19.29	500m: 6:25.18	1:18.39	700m: 9:02.22	1:18.28		
	200m: 2:28.74	1:17.41	400m: 5:06.79	1:18.76	600m: 7:43.94	1:18.76	800m: 10:18.75	1:16.53		
11.	Ema Austa Pratusyte								10:25.81	464
	100m: 1:11.98	1:11.98	300m: 3:51.31	1:20.26	500m: 6:32.67	1:20.57	700m: 9:11.76	1:19.30		
	200m: 2:31.05	1:19.07	400m: 5:12.10	1:20.79	600m: 7:52.46	1:19.79	800m: 10:25.81	1:14.05		
12.	Hildur Erla Hákonardóttir								10:30.12	455
	100m: 1:14.67	1:14.67	300m: 3:55.72	1:20.68	500m: 6:34.54	1:18.87	700m: 9:13.35	1:19.17		
	200m: 2:35.04	1:20.37	400m: 5:15.67	1:19.95	600m: 7:54.18	1:19.64	800m: 10:30.12	1:16.77		
13.	Nicole Jona Johannsdóttir								10:40.89	432
	100m: 1:12.59	1:12.59	300m: 3:53.24	1:20.89	500m: 6:36.30	1:21.87	700m: 9:20.60	1:22.18		
	200m: 2:32.35	1:19.76	400m: 5:14.43	1:21.19	600m: 7:58.42	1:22.12	800m: 10:40.89	1:20.29		
14.	Aldís Ögmundsdóttir								10:41.64	431
	100m: 1:14.14	1:14.14	300m: 3:53.80	1:20.03	500m: 6:37.92	1:22.13	700m: 9:22.12	1:21.75		
	200m: 2:33.77	1:19.63	400m: 5:15.79	1:21.99	600m: 8:00.37	1:22.45	800m: 10:41.64	1:19.52		
15.	Natalía Eir Curtiss								10:48.80	417
	100m: 1:18.61	1:18.61	300m: 4:04.00	1:22.13	500m: 6:47.99	1:21.96	700m: 9:30.89	1:20.87		
	200m: 2:41.87	1:23.26	400m: 5:26.03	1:22.03	600m: 8:10.02	1:22.03	800m: 10:48.80	1:17.91		
16.	Bergey Huld Arnarsdóttir								10:55.32	404
	100m: 1:17.70	1:17.70	300m: 4:04.27	1:23.59	500m: 6:48.77	1:22.36	700m: 9:35.01	1:22.85		
	200m: 2:40.68	1:22.98	400m: 5:26.41	1:22.14	600m: 8:12.16	1:23.39	800m: 10:55.32	1:20.31		
17.	Hanna Steinunn Guðnadóttir								11:09.90	378
	100m: 1:19.76	1:19.76	300m: 4:10.32	1:23.30	500m: 6:59.32	1:24.08	700m: 9:48.00	1:24.85		
	200m: 2:47.02	1:27.26	400m: 5:35.24	1:24.92	600m: 8:23.15	1:23.83	800m: 11:09.90	1:21.90		
18.	Lilja Rakel Hannesdóttir Bridde								11:28.56	349
	100m: 1:17.08	1:17.08	300m: 4:10.04	1:27.65	500m: 7:04.40	1:26.18	700m: 10:00.46	1:27.20		
	200m: 2:42.39	1:25.31	400m: 5:38.22	1:28.18	600m: 8:33.26	1:28.86	800m: 11:28.56	1:28.10		

18 years and younger

1.	Freyja Birkisdóttir								9:12.10	677	EMU UNG
	100m: 1:05.19	1:05.19	300m: 3:23.18	1:09.09	500m: 5:42.51	1:09.52	700m: 8:03.36	1:10.40			
	200m: 2:14.09	1:08.90	400m: 4:32.99	1:09.81	600m: 6:52.96	1:10.45	800m: 9:12.10	1:08.74			
2.	Asdis Steindorsdóttir								9:13.22	672	NÆM FRAM
	100m: 1:04.82	1:04.82	300m: 3:24.01	1:09.91	500m: 5:43.85	1:09.73	700m: 8:04.54	1:10.46			
	200m: 2:14.10	1:09.28	400m: 4:34.12	1:10.11	600m: 6:54.08	1:10.23	800m: 9:13.22	1:08.68			
3.	Katja Lilja Andriysdóttir								9:20.57	646	UNG
	100m: 1:04.40	1:04.40	300m: 3:23.81	1:09.78	500m: 5:45.08	1:10.72	700m: 8:09.49	1:12.13			
	200m: 2:14.03	1:09.63	400m: 4:34.36	1:10.55	600m: 6:57.36	1:12.28	800m: 9:20.57	1:11.08			
4.	Sólveig Freyja Hákonardóttir								9:35.29	598	NÆM FRAM
	100m: 1:06.60	1:06.60	300m: 3:29.53	1:12.22	500m: 5:55.62	1:13.09	700m: 8:21.96	1:13.22			
	200m: 2:17.31	1:10.71	400m: 4:42.53	1:13.00	600m: 7:08.74	1:13.12	800m: 9:35.29	1:13.33			



Event 24, Girls, 800m Freestyle, 18 years and younger

Rank	Name		YB	Time						Pts		
5.	Hulda Björg Magnúsdóttir Nilsen		08 Ægir	9:49.88						555		
	100m:	1:09.38	1:09.38	300m:	3:39.56	1:15.15	500m:	6:08.41	1:14.31	700m:	8:37.64	1:14.38
	200m:	2:24.41	1:15.03	400m:	4:54.10	1:14.54	600m:	7:23.26	1:14.85	800m:	9:49.88	1:12.24
6.	Katría María Brynjarsdóttir		07 ÍRB	9:59.73						528		
	100m:	1:09.32	1:09.32	300m:	3:39.99	1:15.78	500m:	6:11.73	1:16.19	700m:	8:44.19	1:16.09
	200m:	2:24.21	1:14.89	400m:	4:55.54	1:15.55	600m:	7:28.10	1:16.37	800m:	9:59.73	1:15.54
7.	Alicja Julia Kempisty		10 Óðinn	10:07.51						508		
	100m:	1:13.23	1:13.23	300m:	3:47.10	1:17.96	500m:	6:23.66	1:17.99	700m:	8:55.76	1:15.69
	200m:	2:29.14	1:15.91	400m:	5:05.67	1:18.57	600m:	7:40.07	1:16.41	800m:	10:07.51	1:11.75
8.	Karen Sif Helgadóttir		10 Fjölnir	10:14.86						490		
	100m:	1:09.92	1:09.92	300m:	3:44.62	1:18.09	500m:	6:21.91	1:19.06	700m:	8:58.58	1:17.54
	200m:	2:26.53	1:16.61	400m:	5:02.85	1:18.23	600m:	7:41.04	1:19.13	800m:	10:14.86	1:16.28
9.	Guðrún Ísöld Harðardóttir		11 Breiðablik	10:16.02						487		
	100m:	1:10.45	1:10.45	300m:	3:45.52	1:18.23	500m:	6:22.81	1:18.55	700m:	8:59.46	1:18.15
	200m:	2:27.29	1:16.84	400m:	5:04.26	1:18.74	600m:	7:41.31	1:18.50	800m:	10:16.02	1:16.56
10.	Þorgerður Freyja Helgadóttir		11 Breiðablik	10:18.75						480		
	100m:	1:11.33	1:11.33	300m:	3:48.03	1:19.29	500m:	6:25.18	1:18.39	700m:	9:02.22	1:18.28
	200m:	2:28.74	1:17.41	400m:	5:06.79	1:18.76	600m:	7:43.94	1:18.76	800m:	10:18.75	1:16.53
11.	Ema Austa Pratusyte		10 SH	10:25.81						464		
	100m:	1:11.98	1:11.98	300m:	3:51.31	1:20.26	500m:	6:32.67	1:20.57	700m:	9:11.76	1:19.30
	200m:	2:31.05	1:19.07	400m:	5:12.10	1:20.79	600m:	7:52.46	1:19.79	800m:	10:25.81	1:14.05
12.	Hildur Erla Hákonardóttir		10 SH	10:30.12						455		
	100m:	1:14.67	1:14.67	300m:	3:55.72	1:20.68	500m:	6:34.54	1:18.87	700m:	9:13.35	1:19.17
	200m:	2:35.04	1:20.37	400m:	5:15.67	1:19.95	600m:	7:54.18	1:19.64	800m:	10:30.12	1:16.77
13.	Nicole Jona Johannsdóttir		08 SH	10:40.89						432		
	100m:	1:12.59	1:12.59	300m:	3:53.24	1:20.89	500m:	6:36.30	1:21.87	700m:	9:20.60	1:22.18
	200m:	2:32.35	1:19.76	400m:	5:14.43	1:21.19	600m:	7:58.42	1:22.12	800m:	10:40.89	1:20.29
14.	Aldís Ögmundsdóttir		09 KR	10:41.64						431		
	100m:	1:14.14	1:14.14	300m:	3:53.80	1:20.03	500m:	6:37.92	1:22.13	700m:	9:22.12	1:21.75
	200m:	2:33.77	1:19.63	400m:	5:15.79	1:21.99	600m:	8:00.37	1:22.45	800m:	10:41.64	1:19.52
15.	Natalía Eir Curtis		10 Ármann	10:48.80						417		
	100m:	1:18.61	1:18.61	300m:	4:04.00	1:22.13	500m:	6:47.99	1:21.96	700m:	9:30.89	1:20.87
	200m:	2:41.87	1:23.26	400m:	5:26.03	1:22.03	600m:	8:10.02	1:22.03	800m:	10:48.80	1:17.91
16.	Bergey Huld Arnarsdóttir		11 Breiðablik	10:55.32						404		
	100m:	1:17.70	1:17.70	300m:	4:04.27	1:23.59	500m:	6:48.77	1:22.36	700m:	9:35.01	1:22.85
	200m:	2:40.68	1:22.98	400m:	5:26.41	1:22.14	600m:	8:12.16	1:23.39	800m:	10:55.32	1:20.31
17.	Hanna Steinunn Guðnadóttir		11 ÍRB	11:09.90						378		
	100m:	1:19.76	1:19.76	300m:	4:10.32	1:23.30	500m:	6:59.32	1:24.08	700m:	9:48.00	1:24.85
	200m:	2:47.02	1:27.26	400m:	5:35.24	1:24.92	600m:	8:23.15	1:23.83	800m:	11:09.90	1:21.90
18.	Lilja Rakel Hannesdóttir Bridde		11 Breiðablik	11:28.56						349		
	100m:	1:17.08	1:17.08	300m:	4:10.04	1:27.65	500m:	7:04.40	1:26.18	700m:	10:00.46	1:27.20
	200m:	2:42.39	1:25.31	400m:	5:38.22	1:28.18	600m:	8:33.26	1:28.86	800m:	11:28.56	1:28.10



Event 25 Men, 4 x 100m Freestyle Open Results
13.04.2024 - 18:54

Íslandsmet	3:31.08	Sundfélag Hafnarfjarðar	SH	Reykjavík	22.04.2018
Unglingamet	3:35.21	Sundfélag Hafnarfjarðar	SH	Reykjavík	02.04.2023
Aldursflokkamet	3:54.97	Sundfélag Hafnarfjarðar	SH	Reykjavík	02.04.2023

Points: FINA 2024

Rank					Time	Pts
1.	ÍRB 1	ÍRB			3:31.75	702
	Fannar Snævar Hauksson	+0.56	25.10	52.73	Guðmundur Karl Karlsson	+0.24 25.56 53.93
	Stefán Elías Berman	+0.37	25.67	53.66	Guðmundur Leo Rafnsson	+0.18 24.58 51.43
2.	SH 1	SH			3:32.44	695
	Veigar Hrafn Sigthorsson	+0.63	25.55	52.39	Bergur Fálnir Bjarnason	+0.21 25.82 53.95
	Magnús Víðir Jónsson	+0.25	26.30	54.26	Birnir Freyr Hálfánarsson	+0.27 24.21 51.84
3.	ÍA 1	ÍA			3:46.75	572
	Einar Margeir Ágústsson	+0.59	25.95	54.91	Kajus Jatautas	+0.74 28.47 21.28
	Guðbjarni Sigþórsson	+0.26	26.15	53.60	Kristján Magnússon	1:36.96
4.	Ægir 1	Ægir			3:47.49	566
	Stefan Ingi Olafsson	+0.64	27.11	56.15	Asberg Halldor Hansson	+0.22 26.87 56.86
	Einar Helgi Gudlaugsson	+0.30	27.31	57.56	Birgir Hrafn Kjartansson	+0.46 27.05 56.92
DSQ	Breiðablik 1	Breiðablik			4:06.82	
	<i>R2 - Swimmer's feet lost touch with starting place before preceding team mate touches (SW 10.11)</i>					
	Jón Ingvar Eypórsson	+0.68	28.78	1:00.21	Vanja Djurovic	-0.04 29.00 1:01.48
	Huginn Leví Pétursson	+0.50	30.66	1:05.06	Dominic Dadi Wheeler	+0.29 28.29 1:00.07

Event 26 Women, 4 x 100m Freestyle Open Results
13.04.2024 - 19:03

Íslandsmet	3:51.64	Sundfélagið Ægir	AEGIR	Laugardalslaug	14.04.2012
Unglingamet	4:03.58	Sunddeild Breiðabliks	UBK	Reykjavík	11.02.2024
Aldursflokkamet	4:14.38	Sundfélagið Óðinn	ODINN	Laugardalslaug	17.02.2008

Points: FINA 2024

Rank					Time	Pts
1.	Breiðablik 1	Breiðablik			3:57.29	673
	Nadja Djurovic	+0.65	28.22	59.36	Sólveig Freyja Hákonardóttir	+0.42 28.87 59.34
	Asdís Steindorsdóttir	+0.32	29.01	1:00.07	Freyja Birkisdóttir	+0.40 28.44 58.52
2.	SH 1	SH			3:58.66	661
	Birgitta Ingólfssdóttir	+0.70	28.79	59.75	Katja Lilja Andriydsdóttir	+0.53 28.88 1:00.72
	Vala Dis Cicero	+0.26	26.98	57.09	Maria Skorastein Sigurdardóttir	+0.54 28.83 1:01.10
3.	ÍRB 1	ÍRB			4:04.46	615
	Eydís Ósk Kolbeinsdóttir	+0.68	28.82	1:00.02	Sunneva Bergmann Ásbjornsdóttir	+0.31 29.60 1:02.69
	Eva Margrét Falsdóttir	+0.41	27.98	58.98	Elisabet Arnoddsdóttir	+0.17 29.50 1:02.77
4.	ÍA 1	ÍA			4:13.21	553
	Guðbjörg Bjartey Guðmundsdóttir	+0.67	29.03	1:00.07	Ingibjörg Svava Magnúsdóttir	+0.41 31.36 1:06.09
	Sunna Arnfinnsdóttir	+0.36	30.24	1:02.14	Viktoria Emilia Orlita	+0.21 30.49 1:04.91
5.	Breiðablik 2	Breiðablik			4:15.77	537
	Ragnheiður Ásta Magnúsdóttir	+0.67	29.57	1:01.86	Margrét Anna Lapas	+0.42 30.11 1:04.01
	Ragnheiður L. Gunnsteinsdóttir	+0.29	31.22	1:06.14	Halldóra Björt Ingimundardóttir	+0.09 30.19 1:03.76
6.	Ægir 1	Ægir			4:17.91	524
	Kristín Rebekka Gunnarsdóttir	09	30.08	1:03.76	Ylfa Asgerdur Eyjólfsdóttir	06 30.38 1:04.30
	Hekla Krístrun Mist Arnarsdóttir	06	31.04	1:06.69	Hulda Björg Magnúsdóttir Nilsen	08 30.20 1:03.16



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 26, Women, 4 x 100m Freestyle, Open

Rank					Time	Pts
7.	Breiðablik 3				4:31.63	448
	Bergey Huld Arnarsdóttir	+0.71	31.70	1:06.46	Iris Asta Magnúsdóttir	+0.19 32.47 1:08.78
	Borgerður Freyja Helgadóttir	+0.27	33.22	1:11.15	Guðbjörg Helga Hilmarsdóttir	+0.12 31.07 1:05.24

Event 27

14.04.2024 - 9:30

Men, 400m Medley

Open
Results Prelim

Íslandsmet	4:23.64	Anton Sveinn McKee	AEGIR	Laugardalslaug	15.04.2012
Unglingamet	4:30.15	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	10.07.2011
Aldursflokkamet	4:35.30	Hólmar Grétarsson	SH	Maribor (SLO)	28.07.2023

ÓL OQT (A) : 4:12.50 / ÓL OCT (B) : 4:13.76 / EM50 Opið : 4:27.47 / EM50 2003-2005 19 - 21: 4:30.20 / EMU 2006-2008 16 -

18: 4:35.57 / NÆM 2008-2010 14 - 16: 4:50.31 / A-landslíð : 4:32.93 / Úrvalshópur 2003 21: 4:35.00 /

Úrvalshópur 2004 20: 4:37.05 / Úrvalshópur 2005 19: 4:39.12 / Unglingalandslíð 2006 18: 4:41.20 /

Unglingalandslíð 2007 17: 4:45.46 / Unglingalandslíð 2008 16: 4:50.31 / Framtíðarhópur 2009 15: 4:59.43 /

Framtíðarhópur 2010 14: 5:11.22 / Framtíðarhópur 2011 13: 5:29.02

Points: FINA 2024

Rank	YB				Time	Pts	100m	200m	300m	400m	
18 years and younger											
1.	Hólmar Grétarsson	08	SH		4:39.85	650 Q	NÆM1:02.34	1:14.69	1:18.70	1:04.12	
	50m:	29.21	29.21	150m:	1:40.41	38.07	250m:	2:56.50	39.47	350m:	4:08.70 32.97
	100m:	1:02.34	33.13	200m:	2:17.03	36.62	300m:	3:35.73	39.23	400m:	4:39.85 31.15
2.	Daði Rafn Falsson	08	ÍRB		4:51.67	574 Q	1:03.86	1:18.07	1:23.37	1:06.37	
	50m:	30.20	30.20	150m:	1:43.15	39.29	250m:	3:03.83	41.90	350m:	4:19.16 33.86
	100m:	1:03.86	33.66	200m:	2:21.93	38.78	300m:	3:45.30	41.47	400m:	4:51.67 32.51
3.	Adam Leó Tómasson	07	SH		5:03.40	510 Q	1:07.13	1:20.88	1:25.02	1:10.37	
	50m:	31.28	31.28	150m:	1:47.30	40.17	250m:	3:10.46	42.45	350m:	4:29.23 36.20
	100m:	1:07.13	35.85	200m:	2:28.01	40.71	300m:	3:53.03	42.57	400m:	5:03.40 34.17
4.	Gísli Kristján Traustason	09	ÍRB		5:31.73	390 Q	1:17.03	1:26.67	1:36.51	1:11.52	
	50m:	34.88	34.88	150m:	2:00.90	43.87	250m:	3:32.12	48.42	350m:	4:59.51 39.30
	100m:	1:17.03	42.15	200m:	2:43.70	42.80	300m:	4:20.21	48.09	400m:	5:31.73 32.22
5.	Julian Jarnutowski	10	ÍRB		5:31.94	389 Q	1:17.34	1:27.76	1:36.82	1:10.02	
	50m:	35.44	35.44	150m:	2:01.76	44.42	250m:	3:33.42	48.32	350m:	4:59.55 37.63
	100m:	1:17.34	41.90	200m:	2:45.10	43.34	300m:	4:21.92	48.50	400m:	5:31.94 32.39
6.	Vanja Djurovic	09	Breiðablik		5:39.07	365 Q	1:15.54	1:28.22	1:41.03	1:14.28	
	50m:	35.39	35.39	150m:	1:59.73	44.19	250m:	3:33.74	49.98	350m:	5:02.64 37.85
	100m:	1:15.54	40.15	200m:	2:43.76	44.03	300m:	4:24.79	51.05	400m:	5:39.07 36.43

Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 28 Women, 1500m Freestyle Open Results
14.04.2024 - 9:40

Íslandsmet	17:17.61	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	23.07.2011
Unglingamet	17:25.46	Freyja Birkisdóttir	UBK	Otopeni (ROU)	05.07.2022
Aldursflokkamet	17:32.11	Freyja Birkisdóttir	UBK	Reykjavík	25.04.2021

ÓL OQT (A) : 16:09.09 / ÓL OCT (B) : 16:13.94 / EM50 Opið : 17:07.97 / EM50 2003-2005 19 - 21: 17:18.45 / EMU 2006-2008 16 - 18: 17:36.54 / A-landslið : 17:28.94 / Úrvalshópur 2003 21: 17:33.87 / Úrvalshópur 2004 20: 17:38.70 / Úrvalshópur 2005 19: 17:48.45 / Unglingalandslið 2006 18: 17:58.10 / Unglingalandslið 2007 17: 18:05.87 / Unglingalandslið 2008 16: 18:20.13 / Framtíðarhópur 2009 15: 18:34.40 / Framtíðarhópur 2010 14: 18:58.10 / Framtíðarhópur 2011 13: 19:35.13

Points: FINA 2024

Rank	YB		Time		Pts
Open					
1.	Freyja Birkisdóttir	06	Breiðablik	17:41.25	652 UNG
	100m: 1:06.23 1:06.23	500m: 5:48.72 1:10.42	900m: 10:33.05 1:11.06	1300m: 15:19.20 1:11.87	
	200m: 2:16.90 1:10.67	600m: 6:59.47 1:10.75	1000m: 11:44.42 1:11.37	1400m: 16:31.03 1:11.83	
	300m: 3:27.76 1:10.86	700m: 8:10.69 1:11.22	1100m: 12:55.67 1:11.25	1500m: 17:41.25 1:10.22	
	400m: 4:38.30 1:10.54	800m: 9:21.99 1:11.30	1200m: 14:07.33 1:11.66		
2.	Asdis Steindorsdóttir	09	Breiðablik	17:44.39	646 FRAM
	100m: 1:05.76 1:05.76	500m: 5:50.10 1:11.11	900m: 10:36.58 1:11.73	1300m: 15:23.45 1:11.67	
	200m: 2:16.50 1:10.74	600m: 7:01.39 1:11.29	1000m: 11:48.29 1:11.71	1400m: 16:35.43 1:11.98	
	300m: 3:27.69 1:11.19	700m: 8:12.97 1:11.58	1100m: 13:00.21 1:11.92	1500m: 17:44.39 1:08.96	
	400m: 4:38.99 1:11.30	800m: 9:24.85 1:11.88	1200m: 14:11.78 1:11.57		
3.	Katja Lilja Andriydsdóttir	06	SH	18:05.64	609
	100m: 1:05.88 1:05.88	500m: 5:50.79 1:11.74	900m: 10:44.03 1:13.72	1300m: 15:38.96 1:13.31	
	200m: 2:16.13 1:10.25	600m: 7:03.56 1:12.77	1000m: 11:57.64 1:13.61	1400m: 16:52.92 1:13.96	
	300m: 3:27.46 1:11.33	700m: 8:16.75 1:13.19	1100m: 13:11.60 1:13.96	1500m: 18:05.64 1:12.72	
	400m: 4:39.05 1:11.59	800m: 9:30.31 1:13.56	1200m: 14:25.65 1:14.05		
4.	Katla María Brynjarsdóttir	07	ÍRB	19:05.11	519
	100m: 1:10.56 1:10.56	500m: 6:16.97 1:16.92	900m: 11:24.85 1:17.01	1300m: 16:32.22 1:16.66	
	200m: 2:26.50 1:15.94	600m: 7:33.87 1:16.90	1000m: 12:41.89 1:17.04	1400m: 17:49.18 1:16.96	
	300m: 3:43.09 1:16.59	700m: 8:51.04 1:17.17	1100m: 13:58.72 1:16.83	1500m: 19:05.11 1:15.93	
	400m: 5:00.05 1:16.96	800m: 10:07.84 1:16.80	1200m: 15:15.56 1:16.84		
5.	Þorgerður Freyja Helgadóttir	11	Breiðablik	19:46.61	466
	100m: 1:13.16 1:13.16	500m: 6:32.12 1:19.88	900m: 11:52.11 1:19.28	1300m: 17:11.69 1:19.93	
	200m: 2:32.46 1:19.30	600m: 7:52.22 1:20.10	1000m: 13:11.87 1:19.76	1400m: 18:30.31 1:18.62	
	300m: 3:52.51 1:20.05	700m: 9:12.08 1:19.86	1100m: 14:32.02 1:20.15	1500m: 19:46.61 1:16.30	
	400m: 5:12.24 1:19.73	800m: 10:32.83 1:20.75	1200m: 15:51.76 1:19.74		
6.	Guðrún Ísöld Harðardóttir	11	Breiðablik	19:48.65	464
	100m: 1:11.79 1:11.79	500m: 6:30.71 1:19.90	900m: 11:50.17 1:19.27	1300m: 17:11.64 1:20.67	
	200m: 2:30.89 1:19.10	600m: 7:51.02 1:20.31	1000m: 13:10.26 1:20.09	1400m: 18:30.73 1:19.09	
	300m: 3:51.07 1:20.18	700m: 9:11.20 1:20.18	1100m: 14:30.49 1:20.23	1500m: 19:48.65 1:17.92	
	400m: 5:10.81 1:19.74	800m: 10:30.90 1:19.70	1200m: 15:50.97 1:20.48		
7.	Isabella Johannsdóttir	10	Óðinn	21:30.44	362
	100m: 1:17.17 1:17.17	500m: 7:09.02 1:27.94	900m: 12:55.83 1:27.14	1300m: 18:42.44 1:26.94	
	200m: 2:45.27 1:28.10	600m: 8:37.00 1:27.94	1000m: 14:22.34 1:26.51	1400m: 20:08.43 1:25.99	
	300m: 4:13.00 1:27.73	700m: 10:02.01 1:24.91	1100m: 15:49.46 1:27.12	1500m: 21:30.44 1:22.01	
	400m: 5:41.08 1:28.08	800m: 11:28.69 1:26.68	1200m: 17:15.50 1:26.04		



Event 28, Women, 1500m Freestyle

18 years and younger

1. Freyja Birkisdóttir	06	Breiðablik	17:41.25	652	UNG
100m: 1:06.23 1:06.23	500m: 5:48.72 1:10.42	900m: 10:33.05 1:11.06	1300m: 15:19.20 1:11.87		
200m: 2:16.90 1:10.67	600m: 6:59.47 1:10.75	1000m: 11:44.42 1:11.37	1400m: 16:31.03 1:11.83		
300m: 3:27.76 1:10.86	700m: 8:10.69 1:11.22	1100m: 12:55.67 1:11.25	1500m: 17:41.25 1:10.22		
400m: 4:38.30 1:10.54	800m: 9:21.99 1:11.30	1200m: 14:07.33 1:11.66			
2. Asdis Steindorsdóttir	09	Breiðablik	17:44.39	646	FRAM
100m: 1:05.76 1:05.76	500m: 5:50.10 1:11.11	900m: 10:36.58 1:11.73	1300m: 15:23.45 1:11.67		
200m: 2:16.50 1:10.74	600m: 7:01.39 1:11.29	1000m: 11:48.29 1:11.71	1400m: 16:35.43 1:11.98		
300m: 3:27.69 1:11.19	700m: 8:12.97 1:11.58	1100m: 13:00.21 1:11.92	1500m: 17:44.39 1:08.96		
400m: 4:38.99 1:11.30	800m: 9:24.85 1:11.88	1200m: 14:11.78 1:11.57			
3. Katja Lilja Andriysoðttir	06	SH	18:05.64	609	
100m: 1:05.88 1:05.88	500m: 5:50.79 1:11.74	900m: 10:44.03 1:13.72	1300m: 15:38.96 1:13.31		
200m: 2:16.13 1:10.25	600m: 7:03.56 1:12.77	1000m: 11:57.64 1:13.61	1400m: 16:52.92 1:13.96		
300m: 3:27.46 1:11.33	700m: 8:16.75 1:13.19	1100m: 13:11.60 1:13.96	1500m: 18:05.64 1:12.72		
400m: 4:39.05 1:11.59	800m: 9:30.31 1:13.56	1200m: 14:25.65 1:14.05			
4. Katla María Brynjarsdóttir	07	ÍRB	19:05.11	519	
100m: 1:10.56 1:10.56	500m: 6:16.97 1:16.92	900m: 11:24.85 1:17.01	1300m: 16:32.22 1:16.66		
200m: 2:26.50 1:15.94	600m: 7:33.87 1:16.90	1000m: 12:41.89 1:17.04	1400m: 17:49.18 1:16.96		
300m: 3:43.09 1:16.59	700m: 8:51.04 1:17.17	1100m: 13:58.72 1:16.83	1500m: 19:05.11 1:15.93		
400m: 5:00.05 1:16.96	800m: 10:07.84 1:16.80	1200m: 15:15.56 1:16.84			
5. Þorgerður Freyja Helgadóttir	11	Breiðablik	19:46.61	466	
100m: 1:13.16 1:13.16	500m: 6:32.12 1:19.88	900m: 11:52.11 1:19.28	1300m: 17:11.69 1:19.93		
200m: 2:32.46 1:19.30	600m: 7:52.22 1:20.10	1000m: 13:11.87 1:19.76	1400m: 18:30.31 1:18.62		
300m: 3:52.51 1:20.05	700m: 9:12.08 1:19.86	1100m: 14:32.02 1:20.15	1500m: 19:46.61 1:16.30		
400m: 5:12.24 1:19.73	800m: 10:32.83 1:20.75	1200m: 15:51.76 1:19.74			
6. Guðrún Ísóld Harðardóttir	11	Breiðablik	19:48.65	464	
100m: 1:11.79 1:11.79	500m: 6:30.71 1:19.90	900m: 11:50.17 1:19.27	1300m: 17:11.64 1:20.67		
200m: 2:30.89 1:19.10	600m: 7:51.02 1:20.31	1000m: 13:10.26 1:20.09	1400m: 18:30.73 1:19.09		
300m: 3:51.07 1:20.18	700m: 9:11.20 1:20.18	1100m: 14:30.49 1:20.23	1500m: 19:48.65 1:17.92		
400m: 5:10.81 1:19.74	800m: 10:30.90 1:19.70	1200m: 15:50.97 1:20.48			
7. Isabella Johannsdóttir	10	Óðinn	21:30.44	362	
100m: 1:17.17 1:17.17	500m: 7:09.02 1:27.94	900m: 12:55.83 1:27.14	1300m: 18:42.44 1:26.94		
200m: 2:45.27 1:28.10	600m:	1000m: 14:22.34 1:26.51	1400m: 20:08.43 1:25.99		
300m:	700m: 10:02.01	1100m: 15:49.46 1:27.12	1500m: 21:30.44 1:22.01		
400m: 5:41.08	800m: 11:28.69 1:26.68	1200m: 17:15.50 1:26.04			



Event 29 Women, 200m Backstroke Open
14.04.2024 - 9:40 Results Prelim

Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	AEGIR	Rio (BRA)	11.08.2016
Unglingamet	2:10.38	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	13.04.2012
Aldursflokkamet	2:18.83	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	14.07.2010

ÓL OQT (A) : 2:10.39 / ÓL OCT (B) : 2:11.04 / EM50 Opið : 2:16.17 / EM50 2003-2005 19 - 21: 2:17.56 / EMU 2006-2008 16 - 18: 2:19.95 / NÆM 2008-2010 14 - 16: 2:25.73 / A-landslið : 2:18.94 / Úrvalshópur 2003 21: 2:19.60 / Úrvalshópur 2004 20: 2:20.24 / Úrvalshópur 2005 19: 2:21.53 / Unglingalandslið 2006 18: 2:22.81 / Unglingalandslið 2007 17: 2:23.84 / Unglingalandslið 2008 16: 2:25.73 / Framtíðarhópur 2009 15: 2:27.61 / Framtíðarhópur 2010 14: 2:30.76 / Framtíðarhópur 2011 13: 2:35.66

Points: FINA 2024

Rank	YB		Time	Pts	100m	200m
18 years and younger						
1.	08	Ármann	2:24.52	618	Q NÆM U	1:08.76 1:15.76
2.	08	ÍRB	2:27.18	585	Q	1:10.58 1:16.60
3.	07	ÍA	2:28.27	572	Q	1:12.30 1:15.97
4.	06	Ægir	2:31.25	539	Q	1:14.85 1:16.40
5.	07	Breiðablik	2:32.36	527	Q	1:13.46 1:18.90
6.	09	SH	2:33.37	517	Q	1:14.90 1:18.47
7.	07	SH	2:35.95	492	Q	1:15.17 1:20.78
8.	08	Ármann	2:41.53	443	Q	1:18.72 1:22.81
9.	07	ÍRB	2:42.39	436	R	1:16.85 1:25.54
10.	11	Breiðablik	2:42.98	431	R	1:16.28 1:26.70
11.	10	SH	2:44.22	421		1:21.03 1:23.19
12.	10	SH	2:44.26	421		1:21.36 1:22.90
13.	08	Ármann	2:44.29	421		1:22.11 1:22.18
14.	10	SH	2:47.30	398		1:21.91 1:25.39
15.	10	Ármann	2:47.75	395		1:23.45 1:24.30
16.	10	Fjölur	2:48.51	390		1:20.89 1:27.62
17.	10	ÍRB	2:48.66	389		1:23.62 1:25.04
18.	09	ÍRB	2:50.27	378		1:23.97 1:26.30
19.	08	SH	2:51.65	369		1:24.13 1:27.52
20.	11	Breiðablik	2:52.00	366		1:22.40 1:29.60
21.	06	Ægir	2:54.72	350		1:24.30 1:30.42
22.	12	ÍRB	2:56.24	341		1:26.51 1:29.73
23.	08	SH	2:56.61	338		1:25.71 1:30.90
24.	11	Ármann	2:57.55	333		1:27.53 1:30.02
25.	11	ÍRB	3:00.67	316		1:28.76 1:31.91
DSQ	11	Breiðablik	2:51.10			1:22.82 1:28.28

Ba5 - Totally submerged, (except for first 15m following the start or turn) during the race or at the finish (SW 6.3)



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 30 Men, 200m Freestyle Open
14.04.2024 - 10:00 Results Prelim

Íslandsmet	1:49.78	Orn Arnarson	SH	Sydney (AUS)	16.09.2000
Unglingamet	1:50.63	Orn Arnarson	SH	Antwerpen (BEL)	30.07.1998
Aldursflokkamet	1:57.07	Magnús Viðir Jónsson	SH	Maribor (SLO)	27.07.2023

ÓL OQT (A) : 1:46.26 / ÓL OCT (B) : 1:46.79 / EM50 Opið : 1:51.21 / EM50 2003-2005 19 - 21: 1:52.35 / EMU 2006-2008 16 - 18: 1:54.58 / NÆM 2008-2010 14 - 16: 2:00.71 / A-landslið : 1:53.48 / Úrvalshópur 2003 21: 1:54.35 / Úrvalshópur 2004 20: 1:55.20 / Úrvalshópur 2005 19: 1:56.06 / Unglingalandslið 2006 18: 1:56.92 / Unglingalandslið 2007 17: 1:58.69 / Unglingalandslið 2008 16: 2:00.71 / Framtíðarhópur 2009 15: 2:04.50 / Framtíðarhópur 2010 14: 2:09.41 / Framtíðarhópur 2011 13: 2:16.80

Points: FINA 2024

Rank	YB		Time	Pts		100m	200m
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18 years and younger

1.	Ýmir Chatenay Sölvason	06	Breiðablik	1:56.16	677	Q UNG	55.52	1:00.64
2.	Magnús Víðir Jónsson	08	SH	1:58.43	638	Q NÆM UN	57.66	1:00.77
3.	Guðbjarni Sigþórsson	06	ÍA	2:02.08	583	Q	57.35	1:04.73
4.	Birgir Hrafn Kjartansson	08	Ægir	2:03.20	567	Q	1:00.26	1:02.94
5.	Denas Kazulis	08	ÍRB	2:03.43	564	Q	1:00.13	1:03.30
6.	Karl Björnsson	08	SH	2:04.84	545	R	1:00.49	1:04.35
7.	Stefan Ingi Olafsson	06	Ægir	2:05.11	541	R	1:00.68	1:04.43
8.	Daði Þór Friðriksson	07	SH	2:07.43	512		1:00.54	1:06.89
9.	Asberg Halldor Hansson	07	Ægir	2:07.50	512		1:00.87	1:06.63
10.	Árni Þór Pálmason	09	ÍRB	2:09.89	484		1:02.40	1:07.49
11.	Jón Ingvar Eypórsson	10	Breiðablik	2:12.31	458		1:02.95	1:09.36
12.	Mykhailo S. Lafleur	07	ÍRB	2:13.84	442		1:05.03	1:08.81
13.	Arnar Milos Arnbjörnsson	08	ÍRB	2:16.26	419		1:03.93	1:12.33
14.	Egill Orri Baldursson	09	ÍRB	2:16.62	416		1:05.91	1:10.71

19 years and older

1.	Veigar Hrafn Sigthorsson	05	SH	1:56.67	668	Q	56.50	1:00.17
2.	Guðmundur Karl Karlsson	05	ÍRB	2:00.65	604	Q	58.91	1:01.74
3.	Stefán Elías Berman	03	ÍRB	2:01.66	589	Q	59.55	1:02.11
4.	Bartosz Henke	05	SH	2:07.39	513		1:02.47	1:04.92
5.	Guðfinnur Karlsson	88	Fjörður	2:37.39	272		1:15.97	1:21.42



Event 31 Women, 100m Butterfly Open
14.04.2024 - 10:13 Results Prelim

Íslandsmet	59.87	Sarah Blake Bateman	AEGIR	London (GBR)	28.07.2012
Unglingamet	1:01.54	Sarah Blake Bateman	AEGIR	Omaha (USA)	29.06.2008
Aldursflokkamet	1:03.44	Vala Dís Cicero	SH	Jonkoping (SWE)	08.07.2023

ÓL OQT (A) : 57.92 / ÓL OCT (B) : 58.21 / EM50 Opið : 1:00.59 / EM50 2003-2005 19 - 21: 1:01.21 / EMU 2006-2008 16 - 18: 1:02.28 / NÆM 2008-2010 14 - 16: 1:04.85 / A-landslið : 1:01.83 / Úrvalshópur 2003 21: 1:02.12 / Úrvalshópur 2004 20: 1:02.40 / Úrvalshópur 2005 19: 1:02.98 / Unglingalandslið 2006 18: 1:03.55 / Unglingalandslið 2007 17: 1:04.01 / Unglingalandslið 2008 16: 1:04.85 / Framtíðarhópur 2009 15: 1:05.69 / Framtíðarhópur 2010 14: 1:07.09 / Framtíðarhópur 2011 13: 1:09.27

Points: FINA 2024

Rank	YB	Time	Pts	
18 years and younger				
1.	Vala Dis Cicero	08 SH	1:04.58	634 Q NÆM UNG
2.	Nadja Djurovic	07 Breiðablik	1:04.77	628 Q
3.	Elísabet Arnoddsdóttir	09 ÍRB	1:09.29	513 Q
4.	Kristin Asta Sigtryggsdóttir	09 Ægir	1:09.65	505 Q
5.	Hekla Kristrun Mist Arnarsdóttir	06 Ægir	1:10.02	497 Q
6.	Freydís Lilja Bergþórsdóttir	09 ÍRB	1:11.37	469 Q
7.	Adriana Agnes Derti	10 ÍRB	1:12.52	447 Q
8.	Katrín Ósk Aðalsteinsdóttir	09 SH	1:13.18	435 R
9.	Þorgerður Freyja Helgadóttir	11 Breiðablik	1:18.00	359
10.	Nicole Jona Johannsdóttir	08 SH	1:18.87	348
11.	Aldís Ögmundsdóttir	09 KR	1:21.61	314
12.	Sandra Rut Fannarsdóttir	06 Ármann	1:22.55	303

19 years and older

1.	Maja Lind Cicero	05 SH	1:10.64	484 Q
2.	Dagbjörg Hlíf Ólafsdóttir	05 SH	1:13.03	438 R
3.	Emelía Yr Gunnarsdóttir	05 Fjörður	1:27.37	256

Event 32 Men, 50m Butterfly Open
14.04.2024 - 10:21 Results Prelim

Íslandsmet	24.02	Orn Arnarson	SH	Melbourne (AUS)	25.03.2007
Unglingamet	24.89	Birnir Freyr Hálfðánarsson	SH	Gzira (MLT)	02.06.2023
Aldursflokkamet	26.06	Birnir Freyr Hálfðánarsson	SH	Reykjavik	05.06.2021

EM50 Opið : 24.44 / EM50 2003-2005 19 - 21: 24.69 / EMU 2006-2008 16 - 18: 25.18 / A-landslið : 24.94 / Úrvalshópur 2003 21: 25.13 / Úrvalshópur 2004 20: 25.32 / Úrvalshópur 2005 19: 25.51 / Unglingalandslið 2006 18: 25.70 / Unglingalandslið 2007 17: 26.09 / Unglingalandslið 2008 16: 26.53

Points: FINA 2024

Rank	YB	Time	Pts	
18 years and younger				
1.	Birnir Freyr Hálfðánarsson	06 SH	25.10	698 Q EMU UNG
2.	Snævar Örn Kristmannsson	06 ÍFR	28.23	490 Q
3.	Oliver Kaldal	07 Ægir	28.56	474 Q
4.	Arnór Egill Einarsson	07 SH	28.67	468 R
5.	Guðbjarni Sigþórsson	06 ÍA	28.72	466 R
6.	Dominic Dadi Wheeler	07 Breiðablik	28.86	459
7.	Örn Ægisson	06 Ármann	28.93	456
8.	Maciej Stefan Markowski	06 Stjarnan	29.30	439
9.	Kacper Kogut	06 Breiðablik	30.29	397



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 32, Boys, 50m Butterfly, Prelim, 18 years and younger

Rank		YB		Time	Pts
10.	Kajus Jatautas	10	ÍA	30.69	382
11.	Jón Haukur Þórssón	08	KR	31.17	364

19 years and older

1.	Fannar Snævar Hauksson	04	ÍRB	25.34	678	Q
2.	Aron Bjarki Pétursson	01	SH	26.66	582	Q
3.	Einar Margeir Ágústsson	05	ÍA	27.25	545	Q
4.	Einar Helgi Gudlaugsson	91	Ægir	27.52	529	Q
5.	Hálf dán Artúr Róbertsson	05	UMFB	28.55	474	Q
6.	Jón Ingi Halldórsson	04	Breiðablik	30.36	394	

Event 33

Women, 50m Breaststroke

Open
Results Prelim

14.04.2024 - 10:29

Íslandsmet	30.71	Hrafnhildur Luthersdóttir	SH	Budapest (HUN)	29.07.2017
Unglingamet	32.56	Hrafnhildur Luthersdóttir	SH	Reykjavík	21.03.2009
Aldursflokkamet	34.36	Karen M Arngersdóttir	IRB	Reykjavík	11.04.2015

EM50 Opíð : 32.22 / EM50 2003-2005 19 - 21: 32.55 / EMU 2006-2008 16 - 18: 33.12 / A-landslið : 32.88 /

Úrvalshópur 2003 21: 33.04 / Úrvalshópur 2004 20: 33.19 / Úrvalshópur 2005 19: 33.49 / Unglingalandslið 2006 18: 33.80 /
Unglingalandslið 2007 17: 34.04 / Unglingalandslið 2008 16: 34.49

Points: FINA 2024

Rank		YB		Time	Pts	
18 years and younger						
1.	Margrét Anna Lapas	09	Breiðablik	34.68	594	Q
2.	Eydís Arna Ísaksen	08	SH	37.27	478	Q
3.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	37.50	470	Q
4.	Isabella Johannsdóttir	10	Óðinn	37.79	459	Q
5.	Álfrún Lóa Jónsdóttir	10	Fjöltnir	38.02	451	Q
6.	Katla Mist Bragadóttir	07	Ármann	38.38	438	R
7.	Thea Sif Hjaltadóttir	11	Ármann	38.95	419	
8.	Valdis Ros Thorsteinsdóttir	07	SH	39.41	405	
9.	Eydís Jóhannesdóttir	11	ÍRB	39.98	388	
10.	Embla Dogg Helgadóttir	08	Ægir	40.11	384	
11.	Austėja Savickaitė	09	ÍRB	40.72	367	
12.	Kamilla Ýr Ísaksdóttir Guðmann	11	Breiðablik	41.30	351	
13.	Natalía Eir Curtis	10	Ármann	42.21	329	
14.	Gabija Marija Savickaitė	08	ÍRB	45.78	258	
DSQ	Asta Margret Bjorgvinsdóttir	09	Ægir	40.44		

Br1 - More than one butterfly kick was used at the start or after turn (SW 7.1)

19 years and older

1.	Birgitta Ingólfssdóttir	05	SH	32.58	716	Q A-LIÐ ÚRV
2.	Eva Margrét Falsdóttir	05	ÍRB	34.44	606	Q
3.	Stefanía Sigurþórsdóttir	01	ÍRB	34.68	594	Q
4.	Ran Bjornsdóttir	05	Ægir	38.19	445	R
5.	Þórey Ísafold Magnúsdóttir	99	Ármann	41.49	347	
6.	Anna Rósa Þrastardóttir	04	Fjörður	49.23	207	
7.	Thelma Björnsdóttir	96	ÍFR	55.27	146	



Event 34 Men, 200m Breaststroke Open
14.04.2024 - 10:37 Results Prelim

Íslandsmet	2:08.74	Anton Sveinn McKee	SH	Budapest (HUN)	22.06.2022
Unglingamet	2:17.86	Jakob Sveinsson	AEGIR	Sydney (AUS)	18.09.2000
Aldursflokkamet	2:29.86	Dadi Björnsson	SH	Reykjavík	27.01.2019

ÓL OQT (A) : 2:09.68 / ÓL OCT (B) : 2:10.33 / EM50 Opið : 2:15.38 / EM50 2003-2005 19 - 21: 2:16.76 / EMU 2006-2008 16 - 18: 2:19.48 / NÆM 2008-2010 14 - 16: 2:26.94 / A-landslið : 2:18.14 / Úrvalshópur 2003 21: 2:19.19 / Úrvalshópur 2004 20: 2:20.23 / Úrvalshópur 2005 19: 2:21.27 / Unglingalandslið 2006 18: 2:22.32 / Unglingalandslið 2007 17: 2:24.48 / Unglingalandslið 2008 16: 2:26.94 / Framtíðarhópur 2009 15: 2:31.55 / Framtíðarhópur 2010 14: 2:37.52 / Framtíðarhópur 2011 13: 2:46.53

Points: FINA 2024

Rank	YB		Time	Pts	100m	200m
18 years and younger						
1.	Nikolai Leo Jónsson	08	ÍRB	2:33.69	544 Q	1:13.79 1:19.90
2.	Adam Leó Tómasson	07	SH	2:34.02	540 Q	1:15.35 1:18.67
3.	Mikael Fannar Arnarson	09	ÍRB	2:42.69	458 Q	1:17.11 1:25.58
4.	Már Óskar Þorsteinsson	07	SH	2:46.79	425 Q	1:18.43 1:28.36
5.	Magni Rafn Ragnarsson	10	Óðinn	3:01.53	330 Q	1:25.88 1:35.65
19 years and older						
1.	Anton Sveinn McKee	93	SH	2:15.63	791 Q A-LIÐ	1:03.54 1:12.09
2.	Snorri Dagur Einarsson	05	SH	2:29.07	596 Q	1:14.63 1:14.44

Event 35 Women, 100m Freestyle Open
14.04.2024 - 10:45 Results Prelim

Íslandsmet	54.74	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	27.07.2023
Unglingamet	56.31	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	12.07.2018
Aldursflokkamet	58.00	Vala Dís Cicero	SH	Maribor (SLO)	24.07.2023

ÓL OQT (A) : 53.61 / ÓL OCT (B) : 53.88 / EM50 Opið : 56.35 / EM50 2003-2005 19 - 21: 56.93 / EMU 2006-2008 16 - 18: 57.92 / NÆM 2008-2010 14 - 16: 1:00.31 / A-landslið : 57.51 / Úrvalshópur 2003 21: 57.78 / Úrvalshópur 2004 20: 58.04 / Úrvalshópur 2005 19: 58.57 / Unglingalandslið 2006 18: 59.10 / Unglingalandslið 2007 17: 59.53 / Unglingalandslið 2008 16: 1:00.31 / Framtíðarhópur 2009 15: 1:01.09 / Framtíðarhópur 2010 14: 1:02.39 / Framtíðarhópur 2011 13: 1:04.42

Points: FINA 2024

Rank	YB		Time	Pts
18 years and younger				
1.	Vala Dís Cicero	08	SH	58.10 705 Q NÆM UNG
2.	Asdis Gunnarsdóttir	08	UMFA	1:00.69 618 Q
3.	Ylfa Lind Kristmannsdóttir	08	Ármann	1:01.28 600 Q
4.	Maria Skorastein Sigurdardóttir	07	SH	1:02.02 579 Q
5.	Kristin Rebekka Gunnarsdóttir	09	Ægir	1:02.77 559 Q
6.	Halldóra Björt Ingimundardóttir	08	Breiðablik	1:03.61 537 Q
7.	Hulda Björg Magnúsdóttir Nilsen	08	Ægir	1:03.62 536 R
8.	Ágústa Inga Arnarsdóttir	06	Stjarnan	1:03.65 536 R
9.	Alicja Julia Kempisty	10	Óðinn	1:03.87 530
10.	Auguste Balciunaite	11	SH	1:05.65 488
11.	Viktoría Emilia Orlita	09	ÍA	1:05.66 488
12.	Guðbjörg Helga Hilmarsdóttir	11	Breiðablik	1:06.32 474
13.	Halla Run Fannarsdóttir	08	Óðinn	1:07.00 459
14.	Karen Sif Helgadóttir	10	Fjölínir	1:07.26 454
15.	Bergey Huld Arnarsdóttir	11	Breiðablik	1:07.63 446



Event 35, Girls, 100m Freestyle, Prelim, 18 years and younger

Rank		YB		Time	Pts
16.	Yrsa Gunnlaugsdóttir	08	Ármann	1:07.94	440
17.	Sigrún Halla Olgeirsdóttir	08	UMFB	1:08.01	439
18.	Sunna Dís Skarphéðinsdóttir	08	ÍA	1:08.19	436
19.	Matthildur María Ríkardsdóttir	09	SH	1:08.40	432
20.	Karen Anna Orlita	12	ÍA	1:08.51	429
21.	Birgitta Björt Kjartansdóttir	10	SH	1:08.69	426
22.	Freyja Sigrídur Asgeirsdóttir	07	Ægir	1:08.81	424
23.	Aldís Ögmundsdóttir	09	KR	1:09.20	417
24.	Hugrun Gudmundsdóttir	08	Ægir	1:09.91	404
25.	Stefanía Rún Hjartardóttir	09	UMFB	1:10.78	389
26.	Nicole Jona Johannsdóttir	08	SH	1:11.43	379
27.	Rebekka Rún Magnúsdóttir	08	SH	1:12.07	369
DSQ	Sigurborg Sesselja Skúladóttir	10	UMFB	1:11.08	

G2 - Starting before the start signal (SW 4.4)

19 years and older

1.	Snæfríður Sól Jórunnardóttir	00	Aalborg Svømmeklub	56.44	769	Q A-LIÐ
2.	Guðbjörg Bjartey Gudmundsdóttir	05	ÍA	1:00.38	628	Q
3.	Ran Björnsdóttir	05	Ægir	1:05.10	501	
4.	Ingibjörg Svava Magnúsdóttir	05	ÍA	1:05.25	497	
5.	Elisa Björnsdóttir	05	Ægir	1:07.90	441	
6.	Anna Rósa Þrastardóttir	04	Fjörður	1:15.52	321	
7.	Thelma Björnsdóttir	96	ÍFR	1:29.67	191	
8.	Sigrún Kjartansdóttir	03	Fjörður	1:33.20	170	

Event 36

Men, 100m Backstroke

Open
Results Prelim

14.04.2024 - 10:59

Íslandsmet	54.75	Orn Arnarson	SH	Fukuoka (JPN)	23.07.2001
Unglingamet	56.68	Orn Arnarson	SH	Moscow (RUS)	14.07.1999
Aldursflokkamet	1:00.40	Brynjólfur Óli Karlsson	UBK	Reykjavík	23.04.2016

ÓL OQT (A) : 53.74 / ÓL OCT (B) : 54.01 / EM50 Opið : 56.13 / EM50 2003-2005 19 - 21: 56.70 / EMU 2006-2008 16 - 18: 57.83 /
NÆM 2008-2010 14 - 16: 1:00.92 / A-landslið : 57.27 / Úrvalshópur 2003 21: 57.71 / Úrvalshópur 2004 20: 58.14 /
Úrvalshópur 2005 19: 58.57 / Unglingalandslið 2006 18: 59.01 / Unglingalandslið 2007 17: 59.90 /
Unglingalandslið 2008 16: 1:00.92 / Framtíðarhópur 2009 15: 1:02.83 / Framtíðarhópur 2010 14: 1:05.31 /
Framtíðarhópur 2011 13: 1:09.04

Points: FINA 2024

Rank		YB		Time	Pts
18 years and younger					
1.	Guðmundur Leo Rafnsson	06	ÍRB	57.77	712 Q EMU UNG
2.	Bergur Fálnir Bjarnason	06	SH	1:00.91	607 Q
3.	Asberg Halldor Hansson	07	Ægir	1:04.00	524 Q
4.	Örn Ægisson	06	Ármann	1:07.76	441 Q
5.	Andri Ólafsson	09	SH	1:11.30	379 Q
6.	Kajus Jatautas	10	ÍA	1:11.40	377 Q
7.	Gísli Kristján Traustason	09	ÍRB	1:12.24	364 R
8.	Jón Ingvar Eypórsson	10	Breiðablik	1:13.61	344 R
9.	Timotei Roland Randhawa	10	KR	1:14.52	331



Event 36, Men, 100m Backstroke, Prelim

19 years and older

1. Przemysław Puławski	93	Breiðablik	1:04.62	509	Q
2. Már Gunnarsson	99	ÍRB	1:12.03	367	Q
3. Guðfinnur Karlsson	88	Fjörður	1:31.75	177	

Event 37

Women, 200m Medley

Open
Results Prelim

14.04.2024 - 11:07

Íslandsmet	2:13.83	Hrafnhildur Luthersdóttir	SH	Reykjavík	02.06.2015
Unglingamet	2:14.87	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	12.04.2012
Aldursflokkamet	2:24.69	Eva Margrét Falsdóttir	IRB	Reykjavík	19.07.2020

ÓL OQT (A) : 2:11.47 / ÓL OCT (B) : 2:12.13 / EM50 Opið : 2:18.14 / EM50 2003-2005 19 - 21: 2:19.55 / EMU 2006-2008 16 -

18: 2:21.98 / NÆM 2008-2010 14 - 16: 2:27.84 / A-landslið : 2:20.96 / Úrvalshópur 2003 21: 2:21.62 /

Úrvalshópur 2004 20: 2:22.27 / Úrvalshópur 2005 19: 2:23.58 / Unglingalandslið 2006 18: 2:24.88 /

Unglingalandslið 2007 17: 2:25.92 / Unglingalandslið 2008 16: 2:27.84 / Framtíðarhópur 2009 15: 2:29.75 /

Framtíðarhópur 2010 14: 2:32.94 / Framtíðarhópur 2011 13: 2:37.92

Points: FINA 2024

Rank	YB		Time	Pts		100m	200m	
18 years and younger								
1.	Sólveig Freyja Hákonardóttir	09	Breiðablik	2:28.84	608	Q FRAM	1:12.85	1:15.99
2.	Sunna Arnfinnsdóttir	07	ÍA	2:31.34	578	Q	1:11.22	1:20.12
3.	Sunneva Bergmann Á.	07	ÍRB	2:31.86	572	Q	1:12.68	1:19.18
4.	Elísabet Arnoddsdóttir	09	ÍRB	2:38.94	499	Q	1:13.80	1:25.14
5.	Auguste Balcunaite	11	SH	2:39.35	495	Q	1:20.10	1:19.25
6.	Ylfa Asgerdur Eyjolfssdóttir	06	Ægir	2:40.25	487	Q	1:15.44	1:24.81
7.	Freydís Lilja Bergþórsdóttir	09	ÍRB	2:40.83	482	R	1:14.84	1:25.99
8.	Kristin Asta Sigtryggsdóttir	09	Ægir	2:43.35	460		1:18.50	1:24.85
9.	Katla Mist Bragadóttir	07	Ármann	2:43.54	458		1:20.98	1:22.56
10.	Austėja Savickaitė	09	ÍRB	2:43.63	457		1:19.66	1:23.97
11.	Adriana Agnes Derti	10	ÍRB	2:43.64	457		1:15.56	1:28.08
12.	Guðrún Ísöld Harðardóttir	11	Breiðablik	2:44.76	448		1:22.35	1:22.41
13.	Katrín Ósk Aðalsteinsdóttir	09	SH	2:44.93	447		1:15.67	1:29.26
14.	Eydís Jóhannesdóttir	11	ÍRB	2:46.85	431		1:21.19	1:25.66
15.	Eydís Arna Ísaksen	08	SH	2:48.46	419		1:23.33	1:25.13
16.	Tinna Karen Sigurdardóttir	08	SH	2:48.78	417		1:17.01	1:31.77
17.	Hekla Kristrun Mist Arnarsdóttir	06	Ægir	2:49.20	414		1:18.54	1:30.66
18.	Valdis Ros Thorsteinsdóttir	07	SH	2:49.28	413		1:22.91	1:26.37
19.	Ema Austa Pratusyte	10	SH	2:50.53	404		1:22.88	1:27.65
20.	Iris Asta Magnusdóttir	11	Breiðablik	2:51.11	400		1:19.07	1:32.04
21.	Kornelia Nadia Maniak	10	ÍRB	2:52.21	392		1:18.11	1:34.10
22.	Alicja Julia Kempisty	10	Óðinn	2:52.90	388		1:23.76	1:29.14
23.	Álfrún Lóa Jónsdóttir	10	Fjölínir	2:54.87	375		1:29.98	1:24.89
24.	Vilte Milleryte	09	ÍRB	2:56.18	366		1:22.05	1:34.13
25.	Stefanía Rún Hjartardóttir	09	UMFB	2:57.34	359		1:28.01	1:29.33
26.	Elsa Dilja Lunddal Runarsdóttir	10	SH	2:58.21	354		1:25.17	1:33.04
27.	Karen Júlía Traustadóttir	12	ÍRB	3:00.96	338		1:27.01	1:33.95
28.	Ágústa Elly Kristinsdóttir	11	Ármann	3:03.25	326		1:28.81	1:34.44
29.	Sandra Rut Fannarsdóttir	06	Ármann	3:04.92	317		1:24.46	1:40.46
DSQ	Helga Sigurlaug Helgadóttir	07	SH	2:47.69			1:16.19	1:31.50

Ba10 - Not on the back at finish (SW 6.5)



Event 37, Women, 200m Medley, Prelim

19 years and older

1. Eva Margrét Falsdóttir	05	ÍRB	2:24.86	659	Q	1:08.36	1:16.50
2. Birgitta Ingólfssdóttir	05	SH	2:30.55	587	Q	1:11.42	1:19.13
3. Maja Lind Cicero	05	SH	2:42.76	465	R	1:18.50	1:24.26
4. Þórey Ísafold Magnúsdóttir	99	Árman	2:57.32	359		1:28.92	1:28.40

Event 38

Men, 800m Freestyle

Open

14.04.2024 - 11:29

Results

Íslandsmet	8:08.09	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	8:15.66	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	09.07.2011
Aldursflokkamet	8:35.15	Hólmur Grétarsson	SH	Gzira (MLT)	30.05.2023

ÓL OQT (A) : 7:51.65 / ÓL OCT (B) : 7:54.01 / EM50 Opið : 8:11.47 / EM50 2003-2005 19 - 21: 8:16.48 / EMU 2006-2008 16 - 18: 8:26.36 / A-landslíð : 8:21.50 / Úrvalshópur 2003 21: 8:25.31 / Úrvalshópur 2004 20: 8:29.07 / Úrvalshópur 2005 19: 8:32.88 / Unglingalandslíð 2006 18: 8:36.69 / Unglingalandslíð 2007 17: 8:44.52 / Unglingalandslíð 2008 16: 8:53.44 / Framtíðarhópur 2009 15: 9:10.19 / Framtíðarhópur 2010 14: 9:31.86 / Framtíðarhópur 2011 13: 10:04.55

Points: FINA 2024

Rank	YB		Time				Pts
Open							
1. Andri Már Kristjánsson	06	SH	8:58.16				592
100m: 1:01.69 1:01.69	300m: 3:17.56 1:08.36	500m: 5:34.44 1:08.23	700m: 7:51.74 1:08.33	800m: 8:58.16 1:06.42			
200m: 2:09.20 1:07.51	400m: 4:26.21 1:08.65	600m: 6:43.41 1:08.97					
2. Bartosz Henke	05	SH	9:02.65				578
100m: 1:01.92 1:01.92	300m: 3:16.71 1:08.05	500m: 5:33.64 1:08.70	700m: 7:52.64 1:09.64	800m: 9:02.65 1:10.01			
200m: 2:08.66 1:06.74	400m: 4:24.94 1:08.23	600m: 6:43.00 1:09.36					
3. Birgir Hrafn Kjartansson	08	Ægir	9:19.85				526
100m: 1:02.76 1:02.76	300m: 3:24.56 1:11.83	500m: 5:48.29 1:12.12	700m: 8:11.71 1:11.68	800m: 9:19.85 1:08.14			
200m: 2:12.73 1:09.97	400m: 4:36.17 1:11.61	600m: 7:00.03 1:11.74					
4. Dominic Dadi Wheeler	07	Breiðablik	9:31.37				495
100m: 1:04.36 1:04.36	300m: 3:26.00 1:11.69	500m: 5:51.09 1:12.59	700m: 8:19.49 1:14.47	800m: 9:31.37 1:11.88			
200m: 2:14.31 1:09.95	400m: 4:38.50 1:12.50	600m: 7:05.02 1:13.93					
5. Árni Þór Pálmason	09	ÍRB	9:32.82				491
100m: 1:05.62 1:05.62	300m: 3:31.18 1:12.67	500m: 5:57.10 1:12.84	700m: 8:23.90 1:13.37	800m: 9:32.82 1:08.92			
200m: 2:18.51 1:12.89	400m: 4:44.26 1:13.08	600m: 7:10.53 1:13.43					
6. Vanja Djurovic	09	Breiðablik	9:41.54				469
100m: 1:06.68 1:06.68	300m: 3:33.38 1:14.09	500m: 6:01.95 1:14.42	700m: 8:30.36 1:13.98	800m: 9:41.54 1:11.18			
200m: 2:19.29 1:12.61	400m: 4:47.53 1:14.15	600m: 7:16.38 1:14.43					
7. Egill Orri Baldursson	09	ÍRB	9:51.19				447
100m: 1:07.43 1:07.43	300m: 3:37.40 1:15.66	500m: 6:08.92 1:16.26	700m: 8:40.19 1:15.31	800m: 9:51.19 1:11.00			
200m: 2:21.74 1:14.31	400m: 4:52.66 1:15.26	600m: 7:24.88 1:15.96					
8. Styrmir Snær Árnason	10	SH	9:58.50				431
100m: 1:10.87 1:10.87	300m: 3:43.81 1:16.94	500m: 6:15.95 1:15.94	700m: 8:47.13 1:15.08	800m: 9:58.50 1:11.37			
200m: 2:26.87 1:16.00	400m: 5:00.01 1:16.20	600m: 7:32.05 1:16.10					
9. Halldór Ingi Hafþórsson	08	SH	9:59.18				429
100m: 1:07.60 1:07.60	300m: 3:38.36 1:16.10	500m: 6:11.07 1:16.47	700m: 8:44.12 1:16.58	800m: 9:59.18 1:15.06			
200m: 2:22.26 1:14.66	400m: 4:54.60 1:16.24	600m: 7:27.54 1:16.47					
10. Viktor Bergmann Arnarsson	10	ÍRB	10:11.50				404
100m: 1:12.39 1:12.39	300m: 3:49.31 1:18.54	500m: 6:26.27 1:18.65	700m: 9:00.51 1:15.54	800m: 10:11.50 1:10.99			
200m: 2:30.77 1:18.38	400m: 5:07.62 1:18.31	600m: 7:44.97 1:18.70					



Event 38, Men, 800m Freestyle, Open

Rank	Name		YB	Time	Pts			
11.	Þór Eli Gunnarsson		11 SH	10:13.75	399			
	100m:	1:09.91 1:09.91	300m:	3:45.20 1:18.41	500m:	6:23.36 1:19.12	700m:	8:59.93 1:17.31
	200m:	2:26.79 1:16.88	400m:	5:04.24 1:19.04	600m:	7:42.62 1:19.26	800m:	10:13.75 1:13.82
12.	Magni Rafn Ragnarsson		10 Óðinn	10:18.96	389			
	100m:	1:13.70 1:13.70	300m:	3:49.00 1:18.30	500m:	6:26.47 1:18.37	700m:	9:02.42 1:17.72
	200m:	2:30.70 1:17.00	400m:	5:08.10 1:19.10	600m:	7:44.70 1:18.23	800m:	10:18.96 1:16.54
13.	Huginn Leví Pétursson		09 Breiðablik	10:23.28	381			
	100m:	1:10.47 1:10.47	300m:	3:52.66 1:21.74	500m:	6:34.43 1:20.51	700m:	9:09.30 1:16.05
	200m:	2:30.92 1:20.45	400m:	5:13.92 1:21.26	600m:	7:53.25 1:18.82	800m:	10:23.28 1:13.98
DSQ	Kristjón Hrafn Kjartansson		11 SH	9:58.27				
	<i>G2 - Starting before the start signal (SW 4.4)</i>							
	100m:	1:08.66 1:08.66	300m:	3:39.03 1:15.63	500m:	6:12.02 1:16.35	700m:	8:45.04 1:16.40
	200m:	2:23.40 1:14.74	400m:	4:55.67 1:16.64	600m:	7:28.64 1:16.62	800m:	9:58.27 1:13.23

18 years and younger

1.	Andri Már Kristjánsson		06 SH	8:58.16	592			
	100m:	1:01.69 1:01.69	300m:	3:17.56 1:08.36	500m:	5:34.44 1:08.23	700m:	7:51.74 1:08.33
	200m:	2:09.20 1:07.51	400m:	4:26.21 1:08.65	600m:	6:43.41 1:08.97	800m:	8:58.16 1:06.42
2.	Birgir Hrafn Kjartansson		08 Ægir	9:19.85	526			
	100m:	1:02.76 1:02.76	300m:	3:24.56 1:11.83	500m:	5:48.29 1:12.12	700m:	8:11.71 1:11.68
	200m:	2:12.73 1:09.97	400m:	4:36.17 1:11.61	600m:	7:00.03 1:11.74	800m:	9:19.85 1:08.14
3.	Dominic Dadi Wheeler		07 Breiðablik	9:31.37	495			
	100m:	1:04.36 1:04.36	300m:	3:26.00 1:11.69	500m:	5:51.09 1:12.59	700m:	8:19.49 1:14.47
	200m:	2:14.31 1:09.95	400m:	4:38.50 1:12.50	600m:	7:05.02 1:13.93	800m:	9:31.37 1:11.88
4.	Árni Þór Pálmason		09 ÍRB	9:32.82	491			
	100m:	1:05.62 1:05.62	300m:	3:31.18 1:12.67	500m:	5:57.10 1:12.84	700m:	8:23.90 1:13.37
	200m:	2:18.51 1:12.89	400m:	4:44.26 1:13.08	600m:	7:10.53 1:13.43	800m:	9:32.82 1:08.92
5.	Vanja Djurovic		09 Breiðablik	9:41.54	469			
	100m:	1:06.68 1:06.68	300m:	3:33.38 1:14.09	500m:	6:01.95 1:14.42	700m:	8:30.36 1:13.98
	200m:	2:19.29 1:12.61	400m:	4:47.53 1:14.15	600m:	7:16.38 1:14.43	800m:	9:41.54 1:11.18
6.	Egill Orri Baldursson		09 ÍRB	9:51.19	447			
	100m:	1:07.43 1:07.43	300m:	3:37.40 1:15.66	500m:	6:08.92 1:16.26	700m:	8:40.19 1:15.31
	200m:	2:21.74 1:14.31	400m:	4:52.66 1:15.26	600m:	7:24.88 1:15.96	800m:	9:51.19 1:11.00
7.	Styrmir Snær Árnason		10 SH	9:58.50	431			
	100m:	1:10.87 1:10.87	300m:	3:43.81 1:16.94	500m:	6:15.95 1:15.94	700m:	8:47.13 1:15.08
	200m:	2:26.87 1:16.00	400m:	5:00.01 1:16.20	600m:	7:32.05 1:16.10	800m:	9:58.50 1:11.37
8.	Halldór Ingi Hafþórsson		08 SH	9:59.18	429			
	100m:	1:07.60 1:07.60	300m:	3:38.36 1:16.10	500m:	6:11.07 1:16.47	700m:	8:44.12 1:16.58
	200m:	2:22.26 1:14.66	400m:	4:54.60 1:16.24	600m:	7:27.54 1:16.47	800m:	9:59.18 1:15.06
9.	Viktor Bergmann Arnarsson		10 ÍRB	10:11.50	404			
	100m:	1:12.39 1:12.39	300m:	3:49.31 1:18.54	500m:	6:26.27 1:18.65	700m:	9:00.51 1:15.54
	200m:	2:30.77 1:18.38	400m:	5:07.62 1:18.31	600m:	7:44.97 1:18.70	800m:	10:11.50 1:10.99
10.	Þór Eli Gunnarsson		11 SH	10:13.75	399			
	100m:	1:09.91 1:09.91	300m:	3:45.20 1:18.41	500m:	6:23.36 1:19.12	700m:	8:59.93 1:17.31
	200m:	2:26.79 1:16.88	400m:	5:04.24 1:19.04	600m:	7:42.62 1:19.26	800m:	10:13.75 1:13.82
11.	Magni Rafn Ragnarsson		10 Óðinn	10:18.96	389			
	100m:	1:13.70 1:13.70	300m:	3:49.00 1:18.30	500m:	6:26.47 1:18.37	700m:	9:02.42 1:17.72
	200m:	2:30.70 1:17.00	400m:	5:08.10 1:19.10	600m:	7:44.70 1:18.23	800m:	10:18.96 1:16.54



Event 38, Boys, 800m Freestyle, 18 years and younger

Rank	YB						Time	Pts				
12.	Huginn Leví Pétursson 09 Breiðablik						10:23.28	381				
	100m:	1:10.47	1:10.47	300m:	3:52.66	1:21.74	500m:	6:34.43	1:20.51	700m:	9:09.30	1:16.05
	200m:	2:30.92	1:20.45	400m:	5:13.92	1:21.26	600m:	7:53.25	1:18.82	800m:	10:23.28	1:13.98
DSQ	Kristjón Hrafn Kjartansson 11 SH						9:58.27					
	<i>G2 - Starting before the start signal (SW 4.4)</i>											
	100m:	1:08.66	1:08.66	300m:	3:39.03	1:15.63	500m:	6:12.02	1:16.35	700m:	8:45.04	1:16.40
	200m:	2:23.40	1:14.74	400m:	4:55.67	1:16.64	600m:	7:28.64	1:16.62	800m:	9:58.27	1:13.23

Event 27

Men, 400m Medley

Open

14.04.2024 - 17:00

Results Final

Íslandsmet	4:23.64	Anton Sveinn McKee	AEGIR	Laugardalslaug	15.04.2012
Unglingamet	4:30.15	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	10.07.2011
Aldursflokkamet	4:35.30	Hólmar Grétarsson	SH	Maribor (SLO)	28.07.2023

ÓL OQT (A) : 4:12.50 / ÓL OCT (B) : 4:13.76 / EM50 Opið : 4:27.47 / EM50 2003-2005 19 - 21: 4:30.20 / EMU 2006-2008 16 - 18: 4:35.57 / NÆM 2008-2010 14 - 16: 4:50.31 / A-landslið : 4:32.93 / Úrvalshópur 2003 21: 4:35.00 / Úrvalshópur 2004 20: 4:37.05 / Úrvalshópur 2005 19: 4:39.12 / Unglingalandslið 2006 18: 4:41.20 / Unglingalandslið 2007 17: 4:45.46 / Unglingalandslið 2008 16: 4:50.31 / Framtíðarhópur 2009 15: 4:59.43 / Framtíðarhópur 2010 14: 5:11.22 / Framtíðarhópur 2011 13: 5:29.02

Points: FINA 2024

Rank	YB				Time	Pts	100m	200m	300m	400m		
1.	Hólmar Grétarsson 08 SH				4:39.26	654	NÆM U1:02.90	1:15.15	1:17.45	1:03.76		
	50m:	29.30	29.30	150m:	1:41.76	38.86	250m:	2:57.30	39.25	350m:	4:08.61	33.11
	100m:	1:02.90	33.60	200m:	2:18.05	36.29	300m:	3:35.50	38.20	400m:	4:39.26	30.65
2.	Adam Leó Tómasson 07 SH				4:50.68	580	1:06.99	1:16.22	1:21.44	1:06.03		
	50m:	31.07	31.07	150m:	1:44.79	37.80	250m:	3:03.57	40.36	350m:	4:18.69	34.04
	100m:	1:06.99	35.92	200m:	2:23.21	38.42	300m:	3:44.65	41.08	400m:	4:50.68	31.99
3.	Daði Rafn Falsson 08 ÍRB				4:51.43	576	1:04.10	1:18.20	1:22.79	1:06.34		
	50m:	29.65	29.65	150m:	1:43.88	39.78	250m:	3:03.46	41.16	350m:	4:18.92	33.83
	100m:	1:04.10	34.45	200m:	2:22.30	38.42	300m:	3:45.09	41.63	400m:	4:51.43	32.51
4.	Gísli Kristján Traustason 09 ÍRB				5:24.32	418	1:14.74	1:23.45	1:31.95	1:14.18		
	50m:	34.37	34.37	150m:	1:57.01	42.27	250m:	3:24.09	45.90	350m:	4:47.76	37.62
	100m:	1:14.74	40.37	200m:	2:38.19	41.18	300m:	4:10.14	46.05	400m:	5:24.32	36.56
5.	Julian Jarnutowski 10 ÍRB				5:31.75	390	1:16.91	1:26.59	1:36.24	1:12.01		
	50m:	35.01	35.01	150m:	2:00.89	43.98	250m:	3:31.49	47.99	350m:	4:57.07	37.33
	100m:	1:16.91	41.90	200m:	2:43.50	42.61	300m:	4:19.74	48.25	400m:	5:31.75	34.68
6.	Vanja Djurovic 09 Breiðablik				5:31.80	390	1:16.21	1:26.51	1:38.64	1:10.44		
	50m:	34.85	34.85	150m:	1:59.71	43.50	250m:	3:31.64	48.92	350m:	4:58.76	37.40
	100m:	1:16.21	41.36	200m:	2:42.72	43.01	300m:	4:21.36	49.72	400m:	5:31.80	33.04

Íslands- og unglíngameistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 28 Women, 1500m Freestyle Open Results
14.04.2024 - 17:11

Íslandsmet	17:17.61	Sigrún Sverrisdóttir	AEGIR	Columbus (USA)	23.07.2011
Unglingamet	17:25.46	Freyja Birkisdóttir	UBK	Otopeni (ROU)	05.07.2022
Aldursflokkamet	17:32.11	Freyja Birkisdóttir	UBK	Reykjavík	25.04.2021

ÓL OQT (A) : 16:09.09 / ÓL OCT (B) : 16:13.94 / EM50 Opið : 17:07.97 / EM50 2003-2005 19 - 21: 17:18.45 / EMU 2006-2008 16 - 18: 17:36.54 / A-landslið : 17:28.94 / Úrvalshópur 2003 21: 17:33.87 / Úrvalshópur 2004 20: 17:38.70 / Úrvalshópur 2005 19: 17:48.45 / Unglingalandslið 2006 18: 17:58.10 / Unglingalandslið 2007 17: 18:05.87 / Unglingalandslið 2008 16: 18:20.13 / Framtíðarhópur 2009 15: 18:34.40 / Framtíðarhópur 2010 14: 18:58.10 / Framtíðarhópur 2011 13: 19:35.13

Points: FINA 2024

Rank	YB		Time		Pts
Open					
1.	Freyja Birkisdóttir	06	Breiðablik	17:41.25	652 UNG
	100m: 1:06.23 1:06.23	500m: 5:48.72 1:10.42	900m: 10:33.05 1:11.06	1300m: 15:19.20 1:11.87	
	200m: 2:16.90 1:10.67	600m: 6:59.47 1:10.75	1000m: 11:44.42 1:11.37	1400m: 16:31.03 1:11.83	
	300m: 3:27.76 1:10.86	700m: 8:10.69 1:11.22	1100m: 12:55.67 1:11.25	1500m: 17:41.25 1:10.22	
	400m: 4:38.30 1:10.54	800m: 9:21.99 1:11.30	1200m: 14:07.33 1:11.66		
2.	Asdis Steindorsdóttir	09	Breiðablik	17:44.39	646 FRAM
	100m: 1:05.76 1:05.76	500m: 5:50.10 1:11.11	900m: 10:36.58 1:11.73	1300m: 15:23.45 1:11.67	
	200m: 2:16.50 1:10.74	600m: 7:01.39 1:11.29	1000m: 11:48.29 1:11.71	1400m: 16:35.43 1:11.98	
	300m: 3:27.69 1:11.19	700m: 8:12.97 1:11.58	1100m: 13:00.21 1:11.92	1500m: 17:44.39 1:08.96	
	400m: 4:38.99 1:11.30	800m: 9:24.85 1:11.88	1200m: 14:11.78 1:11.57		
3.	Katja Lilja Andriydsdóttir	06	SH	18:05.64	609
	100m: 1:05.88 1:05.88	500m: 5:50.79 1:11.74	900m: 10:44.03 1:13.72	1300m: 15:38.96 1:13.31	
	200m: 2:16.13 1:10.25	600m: 7:03.56 1:12.77	1000m: 11:57.64 1:13.61	1400m: 16:52.92 1:13.96	
	300m: 3:27.46 1:11.33	700m: 8:16.75 1:13.19	1100m: 13:11.60 1:13.96	1500m: 18:05.64 1:12.72	
	400m: 4:39.05 1:11.59	800m: 9:30.31 1:13.56	1200m: 14:25.65 1:14.05		
4.	Katla María Brynjarsdóttir	07	ÍRB	19:05.11	519
	100m: 1:10.56 1:10.56	500m: 6:16.97 1:16.92	900m: 11:24.85 1:17.01	1300m: 16:32.22 1:16.66	
	200m: 2:26.50 1:15.94	600m: 7:33.87 1:16.90	1000m: 12:41.89 1:17.04	1400m: 17:49.18 1:16.96	
	300m: 3:43.09 1:16.59	700m: 8:51.04 1:17.17	1100m: 13:58.72 1:16.83	1500m: 19:05.11 1:15.93	
	400m: 5:00.05 1:16.96	800m: 10:07.84 1:16.80	1200m: 15:15.56 1:16.84		
5.	Þorgerður Freyja Helgadóttir	11	Breiðablik	19:46.61	466
	100m: 1:13.16 1:13.16	500m: 6:32.12 1:19.88	900m: 11:52.11 1:19.28	1300m: 17:11.69 1:19.93	
	200m: 2:32.46 1:19.30	600m: 7:52.22 1:20.10	1000m: 13:11.87 1:19.76	1400m: 18:30.31 1:18.62	
	300m: 3:52.51 1:20.05	700m: 9:12.08 1:19.86	1100m: 14:32.02 1:20.15	1500m: 19:46.61 1:16.30	
	400m: 5:12.24 1:19.73	800m: 10:32.83 1:20.75	1200m: 15:51.76 1:19.74		
6.	Guðrún Ísöld Harðardóttir	11	Breiðablik	19:48.65	464
	100m: 1:11.79 1:11.79	500m: 6:30.71 1:19.90	900m: 11:50.17 1:19.27	1300m: 17:11.64 1:20.67	
	200m: 2:30.89 1:19.10	600m: 7:51.02 1:20.31	1000m: 13:10.26 1:20.09	1400m: 18:30.73 1:19.09	
	300m: 3:51.07 1:20.18	700m: 9:11.20 1:20.18	1100m: 14:30.49 1:20.23	1500m: 19:48.65 1:17.92	
	400m: 5:10.81 1:19.74	800m: 10:30.90 1:19.70	1200m: 15:50.97 1:20.48		
7.	Isabella Johannsdóttir	10	Óðinn	21:30.44	362
	100m: 1:17.17 1:17.17	500m: 7:09.02 1:27.94	900m: 12:55.83 1:27.14	1300m: 18:42.44 1:26.94	
	200m: 2:45.27 1:28.10	600m:	1000m: 14:22.34 1:26.51	1400m: 20:08.43 1:25.99	
	300m:	700m: 10:02.01	1100m: 15:49.46 1:27.12	1500m: 21:30.44 1:22.01	
	400m: 5:41.08	800m: 11:28.69 1:26.68	1200m: 17:15.50 1:26.04		



Event 28, Women, 1500m Freestyle

18 years and younger

1. Freyja Birkisdóttir	06	Breiðablik	17:41.25	652	UNG
100m: 1:06.23 1:06.23	500m: 5:48.72 1:10.42	900m: 10:33.05 1:11.06	1300m: 15:19.20 1:11.87		
200m: 2:16.90 1:10.67	600m: 6:59.47 1:10.75	1000m: 11:44.42 1:11.37	1400m: 16:31.03 1:11.83		
300m: 3:27.76 1:10.86	700m: 8:10.69 1:11.22	1100m: 12:55.67 1:11.25	1500m: 17:41.25 1:10.22		
400m: 4:38.30 1:10.54	800m: 9:21.99 1:11.30	1200m: 14:07.33 1:11.66			
2. Asdis Steindorsdóttir	09	Breiðablik	17:44.39	646	FRAM
100m: 1:05.76 1:05.76	500m: 5:50.10 1:11.11	900m: 10:36.58 1:11.73	1300m: 15:23.45 1:11.67		
200m: 2:16.50 1:10.74	600m: 7:01.39 1:11.29	1000m: 11:48.29 1:11.71	1400m: 16:35.43 1:11.98		
300m: 3:27.69 1:11.19	700m: 8:12.97 1:11.58	1100m: 13:00.21 1:11.92	1500m: 17:44.39 1:08.96		
400m: 4:38.99 1:11.30	800m: 9:24.85 1:11.88	1200m: 14:11.78 1:11.57			
3. Katja Lilja Andriydsdóttir	06	SH	18:05.64	609	
100m: 1:05.88 1:05.88	500m: 5:50.79 1:11.74	900m: 10:44.03 1:13.72	1300m: 15:38.96 1:13.31		
200m: 2:16.13 1:10.25	600m: 7:03.56 1:12.77	1000m: 11:57.64 1:13.61	1400m: 16:52.92 1:13.96		
300m: 3:27.46 1:11.33	700m: 8:16.75 1:13.19	1100m: 13:11.60 1:13.96	1500m: 18:05.64 1:12.72		
400m: 4:39.05 1:11.59	800m: 9:30.31 1:13.56	1200m: 14:25.65 1:14.05			
4. Katla María Brynjarsdóttir	07	ÍRB	19:05.11	519	
100m: 1:10.56 1:10.56	500m: 6:16.97 1:16.92	900m: 11:24.85 1:17.01	1300m: 16:32.22 1:16.66		
200m: 2:26.50 1:15.94	600m: 7:33.87 1:16.90	1000m: 12:41.89 1:17.04	1400m: 17:49.18 1:16.96		
300m: 3:43.09 1:16.59	700m: 8:51.04 1:17.17	1100m: 13:58.72 1:16.83	1500m: 19:05.11 1:15.93		
400m: 5:00.05 1:16.96	800m: 10:07.84 1:16.80	1200m: 15:15.56 1:16.84			
5. Þorgerður Freyja Helgadóttir	11	Breiðablik	19:46.61	466	
100m: 1:13.16 1:13.16	500m: 6:32.12 1:19.88	900m: 11:52.11 1:19.28	1300m: 17:11.69 1:19.93		
200m: 2:32.46 1:19.30	600m: 7:52.22 1:20.10	1000m: 13:11.87 1:19.76	1400m: 18:30.31 1:18.62		
300m: 3:52.51 1:20.05	700m: 9:12.08 1:19.86	1100m: 14:32.02 1:20.15	1500m: 19:46.61 1:16.30		
400m: 5:12.24 1:19.73	800m: 10:32.83 1:20.75	1200m: 15:51.76 1:19.74			
6. Guðrún Ísöld Harðardóttir	11	Breiðablik	19:48.65	464	
100m: 1:11.79 1:11.79	500m: 6:30.71 1:19.90	900m: 11:50.17 1:19.27	1300m: 17:11.64 1:20.67		
200m: 2:30.89 1:19.10	600m: 7:51.02 1:20.31	1000m: 13:10.26 1:20.09	1400m: 18:30.73 1:19.09		
300m: 3:51.07 1:20.18	700m: 9:11.20 1:20.18	1100m: 14:30.49 1:20.23	1500m: 19:48.65 1:17.92		
400m: 5:10.81 1:19.74	800m: 10:30.90 1:19.70	1200m: 15:50.97 1:20.48			
7. Isabella Johannsdóttir	10	Óðinn	21:30.44	362	
100m: 1:17.17 1:17.17	500m: 7:09.02 1:27.94	900m: 12:55.83 1:27.14	1300m: 18:42.44 1:26.94		
200m: 2:45.27 1:28.10	600m:	1000m: 14:22.34 1:26.51	1400m: 20:08.43 1:25.99		
300m:	700m: 10:02.01	1100m: 15:49.46 1:27.12	1500m: 21:30.44 1:22.01		
400m: 5:41.08	800m: 11:28.69 1:26.68	1200m: 17:15.50 1:26.04			



Event 29 Women, 200m Backstroke Open
14.04.2024 - 17:37 Results Final

Íslandsmet	2:08.84	Eygló Ósk Gústafsdóttir	AEGIR	Rio (BRA)	11.08.2016
Unglingamet	2:10.38	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	13.04.2012
Aldursflokkamet	2:18.83	Eygló Ósk Gústafsdóttir	AEGIR	Helsinki (FIN)	14.07.2010

ÓL OQT (A) : 2:10.39 / ÓL OCT (B) : 2:11.04 / EM50 Opið : 2:16.17 / EM50 2003-2005 19 - 21: 2:17.56 / EMU 2006-2008 16 - 18: 2:19.95 / NÆM 2008-2010 14 - 16: 2:25.73 / A-landslið : 2:18.94 / Úrvalshópur 2003 21: 2:19.60 / Úrvalshópur 2004 20: 2:20.24 / Úrvalshópur 2005 19: 2:21.53 / Unglingalandslið 2006 18: 2:22.81 / Unglingalandslið 2007 17: 2:23.84 / Unglingalandslið 2008 16: 2:25.73 / Framtíðarhópur 2009 15: 2:27.61 / Framtíðarhópur 2010 14: 2:30.76 / Framtíðarhópur 2011 13: 2:35.66

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m		
1.	Ylfa Lind Kristmannsdóttir	08	Ármann	2:21.71	656	NÆM UNC1:07.84	1:13.87
2.	Ástrós Lovísa Hauksdóttir	08	ÍRB	2:25.57	605	NÆM UNC1:10.87	1:14.70
3.	Sunna Arnfinnsdóttir	07	ÍA	2:25.76	602	1:10.09	1:15.67
4.	Ylfa Asgerdur Eyjolfssdóttir	06	Ægir	2:29.37	560	1:13.57	1:15.80
5.	Dagmar Arna Sigurðardóttir	09	SH	2:31.89	532	1:14.23	1:17.66
6.	Ragnheiður Ásta Magnúsdóttir	07	Breiðablik	2:32.91	522	1:13.48	1:19.43
7.	Helga Sigurlaug Helgadóttir	07	SH	2:36.48	487	1:14.68	1:21.80
8.	Katrín Lóa Ingadóttir	08	Ármann	2:37.79	475	1:15.93	1:21.86

Event 30 Men, 200m Freestyle Open
14.04.2024 - 17:45 Results Final

Íslandsmet	1:49.78	Orn Arnarson	SH	Sydney (AUS)	16.09.2000
Unglingamet	1:50.63	Orn Arnarson	SH	Antwerpen (BEL)	30.07.1998
Aldursflokkamet	1:57.07	Magnús Viðir Jónsson	SH	Maribor (SLO)	27.07.2023

ÓL OQT (A) : 1:46.26 / ÓL OCT (B) : 1:46.79 / EM50 Opið : 1:51.21 / EM50 2003-2005 19 - 21: 1:52.35 / EMU 2006-2008 16 - 18: 1:54.58 / NÆM 2008-2010 14 - 16: 2:00.71 / A-landslið : 1:53.48 / Úrvalshópur 2003 21: 1:54.35 / Úrvalshópur 2004 20: 1:55.20 / Úrvalshópur 2005 19: 1:56.06 / Unglingalandslið 2006 18: 1:56.92 / Unglingalandslið 2007 17: 1:58.69 / Unglingalandslið 2008 16: 2:00.71 / Framtíðarhópur 2009 15: 2:04.50 / Framtíðarhópur 2010 14: 2:09.41 / Framtíðarhópur 2011 13: 2:16.80

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m			
1.	Veigar Hrafn Sigthorsson	05	SH	1:54.55	706	ÚRV	55.86	58.69
2.	Ýmir Chatenay Sólvason	06	Breiðablik	1:55.19	694	UNG	56.12	59.07
3.	Magnús Viðir Jónsson	08	SH	1:57.97	646	NÆM UNG	57.32	1:00.65
4.	Guðmundur Karl Karlsson	05	ÍRB	1:58.74	633		57.14	1:01.60
5.	Guðbjarni Sigþórsson	06	ÍA	2:01.15	596		58.06	1:03.09
6.	Stefán Elías Berman	03	ÍRB	2:01.66	589		57.57	1:04.09
7.	Denas Kazulis	08	ÍRB	2:02.31	579		59.61	1:02.70
8.	Birgir Hrafn Kjartansson	08	Ægir	2:03.80	559		1:01.01	1:02.79



Íslands- og unglingsmeistaramótið í 50m laug 2024
Reykjavík, 12. - 14. apríl 2024

Event 31 Women, 100m Butterfly Open
14.04.2024 - 17:52 Results Final

Íslandsmet	59.87	Sarah Blake Bateman	AEGIR	London (GBR)	28.07.2012
Unglingamet	1:01.54	Sarah Blake Bateman	AEGIR	Omaha (USA)	29.06.2008
Aldursflokkamet	1:03.44	Vala Dís Cicero	SH	Jonköping (SWE)	08.07.2023

ÓL OQT (A) : 57.92 / ÓL OCT (B) : 58.21 / EM50 Opið : 1:00.59 / EM50 2003-2005 19 - 21: 1:01.21 / EMU 2006-2008 16 - 18: 1:02.28 / NÆM 2008-2010 14 - 16: 1:04.85 / A-landslið : 1:01.83 / Úrvalshópur 2003 21: 1:02.12 / Úrvalshópur 2004 20: 1:02.40 / Úrvalshópur 2005 19: 1:02.98 / Unglingalandslið 2006 18: 1:03.55 / Unglingalandslið 2007 17: 1:04.01 / Unglingalandslið 2008 16: 1:04.85 / Framtíðarhópur 2009 15: 1:05.69 / Framtíðarhópur 2010 14: 1:07.09 / Framtíðarhópur 2011 13: 1:09.27

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Nadja Djurovic	07	Breiðablik	1:03.43	669	UNG
2.	Vala Dís Cicero	08	SH	1:04.33	641	NÆM UNG
3.	Elísabet Arnoddsdóttir	09	ÍRB	1:08.75	525	
4.	Hekla Kristrun Mist Arnarsdóttir	06	Ægir	1:09.83	501	
5.	Maja Lind Cicero	05	SH	1:10.29	491	
6.	Kristin Asta Sigtryggsdóttir	09	Ægir	1:12.05	456	
	Adriana Agnes Derti	10	ÍRB	1:12.05	456	
8.	Katrín Ósk Aðalsteinsdóttir	09	SH	1:13.44	431	

Event 32 Men, 50m Butterfly Open
14.04.2024 - 17:58 Results Final

Íslandsmet	24.02	Orn Arnarson	SH	Melbourne (AUS)	25.03.2007
Unglingamet	24.89	Birnir Freyr Hálfðánarsson	SH	Gzira (MLT)	02.06.2023
Aldursflokkamet	26.06	Birnir Freyr Hálfðánarsson	SH	Reykjavík	05.06.2021

EM50 Opið : 24.44 / EM50 2003-2005 19 - 21: 24.69 / EMU 2006-2008 16 - 18: 25.18 / A-landslið : 24.94 / Úrvalshópur 2003 21: 25.13 / Úrvalshópur 2004 20: 25.32 / Úrvalshópur 2005 19: 25.51 / Unglingalandslið 2006 18: 25.70 / Unglingalandslið 2007 17: 26.09 / Unglingalandslið 2008 16: 26.53

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Birnir Freyr Hálfðánarsson <i>Unglingamet</i>	06	SH	24.87	718	EMU A-LIÐ UNG
2.	Fannar Snævar Hauksson	04	ÍRB	25.01	706	ÚRV
3.	Einar Margeir Ágústsson	05	ÍA	25.55	662	
4.	Aron Bjarki Pétursson	01	SH	26.29	607	
5.	Einar Helgi Gudlaugsson	91	Ægir	27.48	532	
6.	Arnór Egill Einarsson	07	SH	28.15	495	
7.	Snævar Örn Kristmannsson	06	ÍFR	28.21	491	
8.	Oliver Kaldal	07	Ægir	28.56	474	



Event 33 Women, 50m Breaststroke Open
14.04.2024 - 18:04 Results Final

Íslandsmet	30.71	Hrafnhildur Luthersdóttir	SH	Budapest (HUN)	29.07.2017
Unglingamet	32.56	Hrafnhildur Luthersdóttir	SH	Reykjavík	21.03.2009
Aldursflokkamet	34.36	Karen M Arngeirsdóttir	IRB	Reykjavík	11.04.2015

EM50 Opið : 32.22 / EM50 2003-2005 19 - 21: 32.55 / EMU 2006-2008 16 - 18: 33.12 / A-landslið : 32.88 /
Úrvalshópur 2003 21: 33.04 / Úrvalshópur 2004 20: 33.19 / Úrvalshópur 2005 19: 33.49 / Unglingalandslið 2006 18: 33.80 /
Unglingalandslið 2007 17: 34.04 / Unglingalandslið 2008 16: 34.49

Points: FINA 2024

Rank		YB		Time	Pts	
1.	Birgitta Ingólfssdóttir	05	SH	32.15	746	EM50 EM50 A-LI
2.	Margrét Anna Lapas	09	Breiðablik	34.40	609	
3.	Stefanía Sigurþórsdóttir	01	ÍRB	34.72	592	
4.	Álfrún Lóa Jónsdóttir	10	Fjölínir	37.12	484	
5.	Ran Björnsdóttir	05	Ægir	37.48	470	
6.	Ragnheiður L. Gunnsteinsdóttir	07	Breiðablik	37.51	469	
7.	Eydís Arna Ísaksen	08	SH	37.83	457	
8.	Isabella Johannsdóttir	10	Óðinn	38.84	423	

Event 34 Men, 200m Breaststroke Open
14.04.2024 - 18:09 Results Final

Íslandsmet	2:08.74	Anton Sveinn McKee	SH	Budapest (HUN)	22.06.2022
Unglingamet	2:17.86	Jakob Sveinsson	AEGIR	Sydney (AUS)	18.09.2000
Aldursflokkamet	2:29.86	Dadi Björnsson	SH	Reykjavík	27.01.2019

ÓL OQT (A) : 2:09.68 / ÓL OCT (B) : 2:10.33 / EM50 Opið : 2:15.38 / EM50 2003-2005 19 - 21: 2:16.76 / EMU 2006-2008 16 -
18: 2:19.48 / NÆM 2008-2010 14 - 16: 2:26.94 / A-landslið : 2:18.14 / Úrvalshópur 2003 21: 2:19.19 /
Úrvalshópur 2004 20: 2:20.23 / Úrvalshópur 2005 19: 2:21.27 / Unglingalandslið 2006 18: 2:22.32 /
Unglingalandslið 2007 17: 2:24.48 / Unglingalandslið 2008 16: 2:26.94 / Framtíðarhópur 2009 15: 2:31.55 /
Framtíðarhópur 2010 14: 2:37.52 / Framtíðarhópur 2011 13: 2:46.53

Points: FINA 2024

Rank		YB		Time	Pts	100m	200m
1.	Anton Sveinn McKee	93	SH	2:09.28	914	ÓL-A	ÓL-E1:01.82A-LI1:07.46
2.	Nikolai Leo Jónsson	08	ÍRB	2:40.41	478	1:14.28	1:26.13
3.	Mikael Fannar Arnarson	09	ÍRB	2:41.11	472	1:16.19	1:24.92
4.	Már Óskar Þorsteinsson	07	SH	2:47.14	423	1:19.22	1:27.92
5.	Magni Rafn Ragnarsson	10	Óðinn	2:57.95	350	1:24.61	1:33.34



Event 35 Women, 100m Freestyle Open
14.04.2024 - 18:17 Results Final

Íslandsmet	54.74	Snaefridur Sol Jorunnardóttir	ISL	Fukuoka (JPN)	27.07.2023
Unglingamet	56.31	Snaefridur Sol Jorunnardóttir	ISL	Odense (DEN)	12.07.2018
Aldursflokkamet	58.00	Vala Dís Cicero	SH	Maribor (SLO)	24.07.2023

ÓL OQT (A) : 53.61 / ÓL OCT (B) : 53.88 / EM50 Opið : 56.35 / EM50 2003-2005 19 - 21: 56.93 / EMU 2006-2008 16 - 18: 57.92 /
NÆM 2008-2010 14 - 16: 1:00.31 / A-landslið : 57.51 / Úrvalshópur 2003 21: 57.78 / Úrvalshópur 2004 20: 58.04 /
Úrvalshópur 2005 19: 58.57 / Unglingalandslið 2006 18: 59.10 / Unglingalandslið 2007 17: 59.53 /
Unglingalandslið 2008 16: 1:00.31 / Framtíðarhópur 2009 15: 1:01.09 / Framtíðarhópur 2010 14: 1:02.39 /
Framtíðarhópur 2011 13: 1:04.42

Points: FINA 2024

Rank	YB	Time	Pts	
1.	00	54.75	842	EM50 A-LIÐ
2.	08	57.41	730	EMU NÆM A-LIÐ
3.	05	59.26	664	
4.	08	1:00.98	609	
5.	07	1:01.67	589	
6.	08	1:02.46	567	
7.	08	1:02.75	559	
8.	09	1:02.85	556	

Event 36 Men, 100m Backstroke Open
14.04.2024 - 18:24 Results Final

Íslandsmet	54.75	Orn Arnarson	SH	Fukuoka (JPN)	23.07.2001
Unglingamet	56.68	Orn Arnarson	SH	Moscow (RUS)	14.07.1999
Aldursflokkamet	1:00.40	Brynjólfur Óli Karlsson	UBK	Reykjavik	23.04.2016

ÓL OQT (A) : 53.74 / ÓL OCT (B) : 54.01 / EM50 Opið : 56.13 / EM50 2003-2005 19 - 21: 56.70 / EMU 2006-2008 16 - 18: 57.83 /
NÆM 2008-2010 14 - 16: 1:00.92 / A-landslið : 57.27 / Úrvalshópur 2003 21: 57.71 / Úrvalshópur 2004 20: 58.14 /
Úrvalshópur 2005 19: 58.57 / Unglingalandslið 2006 18: 59.01 / Unglingalandslið 2007 17: 59.90 /
Unglingalandslið 2008 16: 1:00.92 / Framtíðarhópur 2009 15: 1:02.83 / Framtíðarhópur 2010 14: 1:05.31 /
Framtíðarhópur 2011 13: 1:09.04

Points: FINA 2024

Rank	YB	Time	Pts	
1.	06	57.18	734	EMU A-LIÐ UNG
2.	06	1:00.82	610	
3.	07	1:03.88	527	
4.	93	1:04.60	509	
5.	06	1:06.51	466	
6.	10	1:10.24	396	
7.	09	1:10.76	387	
8.	99	1:13.49	346	



Event 37 Women, 200m Medley Open Results Final
14.04.2024 - 18:30

Íslandsmet	2:13.83	Hrafnhildur Luthersdóttir	SH	Reykjavík	02.06.2015
Unglingamet	2:14.87	Eygló Ósk Gústafsdóttir	AEGIR	Laugardalslaug	12.04.2012
Aldursflokkamet	2:24.69	Eva Margrét Falsdóttir	IRB	Reykjavík	19.07.2020

ÓL OQT (A) : 2:11.47 / ÓL OCT (B) : 2:12.13 / EM50 Opið : 2:18.14 / EM50 2003-2005 19 - 21: 2:19.55 / EMU 2006-2008 16 - 18: 2:21.98 / NÆM 2008-2010 14 - 16: 2:27.84 / A-landslið : 2:20.96 / Úrvalshópur 2003 21: 2:21.62 / Úrvalshópur 2004 20: 2:22.27 / Úrvalshópur 2005 19: 2:23.58 / Unglingalandslið 2006 18: 2:24.88 / Unglingalandslið 2007 17: 2:25.92 / Unglingalandslið 2008 16: 2:27.84 / Framtíðarhópur 2009 15: 2:29.75 / Framtíðarhópur 2010 14: 2:32.94 / Framtíðarhópur 2011 13: 2:37.92

Points: FINA 2024

Rank	YB	Time	Pts	100m	200m			
1.	Eva Margrét Falsdóttir	05	ÍRB	2:21.72	704	ÚRV	1:06.80	1:14.92
2.	Sólveig Freyja Hákonardóttir	09	Breiðablik	2:27.60	623	NÆM FRA	1:12.15	1:15.45
3.	Sunneva Bergmann Á.	07	ÍRB	2:31.29	579		1:11.86	1:19.43
4.	Auguste Balciunaite	11	SH	2:37.17	516	FRAM	1:17.99	1:19.18
5.	Ylfa Asgerdur Eyjolfssdóttir	06	Ægir	2:37.49	513		1:14.86	1:22.63
6.	Freydís Lilja Bergþórsdóttir	09	ÍRB	2:38.55	503		1:13.23	1:25.32
7.	Elísabet Arnoddsdóttir	09	ÍRB	2:39.03	498		1:14.85	1:24.18
8.	Kristin Asta Sigtryggsdóttir	09	Ægir	2:40.66	483		1:17.04	1:23.62

Event 38 Men, 800m Freestyle Open Results
14.04.2024 - 18:37

Íslandsmet	8:08.09	Anton Sveinn McKee	AEGIR	Laugardalslaug	13.04.2012
Unglingamet	8:15.66	Anton Sveinn McKee	AEGIR	Belgrade (SRB)	09.07.2011
Aldursflokkamet	8:35.15	Hólmur Grétarsson	SH	Gzira (MLT)	30.05.2023

ÓL OQT (A) : 7:51.65 / ÓL OCT (B) : 7:54.01 / EM50 Opið : 8:11.47 / EM50 2003-2005 19 - 21: 8:16.48 / EMU 2006-2008 16 - 18: 8:26.36 / A-landslið : 8:21.50 / Úrvalshópur 2003 21: 8:25.31 / Úrvalshópur 2004 20: 8:29.07 / Úrvalshópur 2005 19: 8:32.88 / Unglingalandslið 2006 18: 8:36.69 / Unglingalandslið 2007 17: 8:44.52 / Unglingalandslið 2008 16: 8:53.44 / Framtíðarhópur 2009 15: 9:10.19 / Framtíðarhópur 2010 14: 9:31.86 / Framtíðarhópur 2011 13: 10:04.55

Points: FINA 2024

Rank	YB	Time	Pts		
Open					
1.	Andri Már Kristjánsson	06	SH	8:58.16	592
	100m: 1:01.69 1:01.69	300m: 3:17.56 1:08.36	500m: 5:34.44 1:08.23	700m: 7:51.74 1:08.33	
	200m: 2:09.20 1:07.51	400m: 4:26.21 1:08.65	600m: 6:43.41 1:08.97	800m: 8:58.16 1:06.42	
2.	Bartosz Henke	05	SH	9:02.65	578
	100m: 1:01.92 1:01.92	300m: 3:16.71 1:08.05	500m: 5:33.64 1:08.70	700m: 7:52.64 1:09.64	
	200m: 2:08.66 1:06.74	400m: 4:24.94 1:08.23	600m: 6:43.00 1:09.36	800m: 9:02.65 1:10.01	
3.	Birgir Hrafn Kjartansson	08	Ægir	9:19.85	526
	100m: 1:02.76 1:02.76	300m: 3:24.56 1:11.83	500m: 5:48.29 1:12.12	700m: 8:11.71 1:11.68	
	200m: 2:12.73 1:09.97	400m: 4:36.17 1:11.61	600m: 7:00.03 1:11.74	800m: 9:19.85 1:08.14	
4.	Dominic Dadi Wheeler	07	Breiðablik	9:31.37	495
	100m: 1:04.36 1:04.36	300m: 3:26.00 1:11.69	500m: 5:51.09 1:12.59	700m: 8:19.49 1:14.47	
	200m: 2:14.31 1:09.95	400m: 4:38.50 1:12.50	600m: 7:05.02 1:13.93	800m: 9:31.37 1:11.88	
5.	Árni Þór Pálmason	09	ÍRB	9:32.82	491
	100m: 1:05.62 1:05.62	300m: 3:31.18 1:12.67	500m: 5:57.10 1:12.84	700m: 8:23.90 1:13.37	
	200m: 2:18.51 1:12.89	400m: 4:44.26 1:13.08	600m: 7:10.53 1:13.43	800m: 9:32.82 1:08.92	
6.	Vanja Djurovic	09	Breiðablik	9:41.54	469
	100m: 1:06.68 1:06.68	300m: 3:33.38 1:14.09	500m: 6:01.95 1:14.42	700m: 8:30.36 1:13.98	
	200m: 2:19.29 1:12.61	400m: 4:47.53 1:14.15	600m: 7:16.38 1:14.43	800m: 9:41.54 1:11.18	



Event 38, Men, 800m Freestyle, Open

Rank	YB		Time		Pts
7.	Egill Orri Baldursson		09	ÍRB	9:51.19 447
	100m: 1:07.43	1:07.43	300m: 3:37.40	1:15.66	500m: 6:08.92 1:16.26
	200m: 2:21.74	1:14.31	400m: 4:52.66	1:15.26	600m: 7:24.88 1:15.96
					700m: 8:40.19 1:15.31
					800m: 9:51.19 1:11.00
8.	Styrmir Snær Árnason		10	SH	9:58.50 431
	100m: 1:10.87	1:10.87	300m: 3:43.81	1:16.94	500m: 6:15.95 1:15.94
	200m: 2:26.87	1:16.00	400m: 5:00.01	1:16.20	600m: 7:32.05 1:16.10
					700m: 8:47.13 1:15.08
					800m: 9:58.50 1:11.37
9.	Halldór Ingi Hafþórsson		08	SH	9:59.18 429
	100m: 1:07.60	1:07.60	300m: 3:38.36	1:16.10	500m: 6:11.07 1:16.47
	200m: 2:22.26	1:14.66	400m: 4:54.60	1:16.24	600m: 7:27.54 1:16.47
					700m: 8:44.12 1:16.58
					800m: 9:59.18 1:15.06
10.	Viktor Bergmann Arnarsson		10	ÍRB	10:11.50 404
	100m: 1:12.39	1:12.39	300m: 3:49.31	1:18.54	500m: 6:26.27 1:18.65
	200m: 2:30.77	1:18.38	400m: 5:07.62	1:18.31	600m: 7:44.97 1:18.70
					700m: 9:00.51 1:15.54
					800m: 10:11.50 1:10.99
11.	Þór Eli Gunnarsson		11	SH	10:13.75 399
	100m: 1:09.91	1:09.91	300m: 3:45.20	1:18.41	500m: 6:23.36 1:19.12
	200m: 2:26.79	1:16.88	400m: 5:04.24	1:19.04	600m: 7:42.62 1:19.26
					700m: 8:59.93 1:17.31
					800m: 10:13.75 1:13.82
12.	Magni Rafn Ragnarsson		10	Óðinn	10:18.96 389
	100m: 1:13.70	1:13.70	300m: 3:49.00	1:18.30	500m: 6:26.47 1:18.37
	200m: 2:30.70	1:17.00	400m: 5:08.10	1:19.10	600m: 7:44.70 1:18.23
					700m: 9:02.42 1:17.72
					800m: 10:18.96 1:16.54
13.	Huginn Leví Pétursson		09	Breiðablik	10:23.28 381
	100m: 1:10.47	1:10.47	300m: 3:52.66	1:21.74	500m: 6:34.43 1:20.51
	200m: 2:30.92	1:20.45	400m: 5:13.92	1:21.26	600m: 7:53.25 1:18.82
					700m: 9:09.30 1:16.05
					800m: 10:23.28 1:13.98
DSQ	Kristjón Hrafn Kjartansson		11	SH	9:58.27
	<i>G2 - Starting before the start signal (SW 4.4)</i>				
	100m: 1:08.66	1:08.66	300m: 3:39.03	1:15.63	500m: 6:12.02 1:16.35
	200m: 2:23.40	1:14.74	400m: 4:55.67	1:16.64	600m: 7:28.64 1:16.62
					700m: 8:45.04 1:16.40
					800m: 9:58.27 1:13.23

18 years and younger

1.	Andri Már Kristjánsson		06	SH	8:58.16 592
	100m: 1:01.69	1:01.69	300m: 3:17.56	1:08.36	500m: 5:34.44 1:08.23
	200m: 2:09.20	1:07.51	400m: 4:26.21	1:08.65	600m: 6:43.41 1:08.97
					700m: 7:51.74 1:08.33
					800m: 8:58.16 1:06.42
2.	Birgir Hrafn Kjartansson		08	Ægir	9:19.85 526
	100m: 1:02.76	1:02.76	300m: 3:24.56	1:11.83	500m: 5:48.29 1:12.12
	200m: 2:12.73	1:09.97	400m: 4:36.17	1:11.61	600m: 7:00.03 1:11.74
					700m: 8:11.71 1:11.68
					800m: 9:19.85 1:08.14
3.	Dominic Dadi Wheeler		07	Breiðablik	9:31.37 495
	100m: 1:04.36	1:04.36	300m: 3:26.00	1:11.69	500m: 5:51.09 1:12.59
	200m: 2:14.31	1:09.95	400m: 4:38.50	1:12.50	600m: 7:05.02 1:13.93
					700m: 8:19.49 1:14.47
					800m: 9:31.37 1:11.88
4.	Árni Þór Pálmason		09	ÍRB	9:32.82 491
	100m: 1:05.62	1:05.62	300m: 3:31.18	1:12.67	500m: 5:57.10 1:12.84
	200m: 2:18.51	1:12.89	400m: 4:44.26	1:13.08	600m: 7:10.53 1:13.43
					700m: 8:23.90 1:13.37
					800m: 9:32.82 1:08.92
5.	Vanja Djurovic		09	Breiðablik	9:41.54 469
	100m: 1:06.68	1:06.68	300m: 3:33.38	1:14.09	500m: 6:01.95 1:14.42
	200m: 2:19.29	1:12.61	400m: 4:47.53	1:14.15	600m: 7:16.38 1:14.43
					700m: 8:30.36 1:13.98
					800m: 9:41.54 1:11.18
6.	Egill Orri Baldursson		09	ÍRB	9:51.19 447
	100m: 1:07.43	1:07.43	300m: 3:37.40	1:15.66	500m: 6:08.92 1:16.26
	200m: 2:21.74	1:14.31	400m: 4:52.66	1:15.26	600m: 7:24.88 1:15.96
					700m: 8:40.19 1:15.31
					800m: 9:51.19 1:11.00
7.	Styrmir Snær Árnason		10	SH	9:58.50 431
	100m: 1:10.87	1:10.87	300m: 3:43.81	1:16.94	500m: 6:15.95 1:15.94
	200m: 2:26.87	1:16.00	400m: 5:00.01	1:16.20	600m: 7:32.05 1:16.10
					700m: 8:47.13 1:15.08
					800m: 9:58.50 1:11.37



Event 38, Boys, 800m Freestyle, 18 years and younger

Rank	YB		Time		Pts
8.	Halldór Ingi Hafþórsson		08	SH	9:59.18 429
	100m: 1:07.60	1:07.60	300m: 3:38.36	1:16.10	500m: 6:11.07 1:16.47
	200m: 2:22.26	1:14.66	400m: 4:54.60	1:16.24	600m: 7:27.54 1:16.47
					700m: 8:44.12 1:16.58
					800m: 9:59.18 1:15.06
9.	Viktor Bergmann Arnarsson		10	ÍRB	10:11.50 404
	100m: 1:12.39	1:12.39	300m: 3:49.31	1:18.54	500m: 6:26.27 1:18.65
	200m: 2:30.77	1:18.38	400m: 5:07.62	1:18.31	600m: 7:44.97 1:18.70
					700m: 9:00.51 1:15.54
					800m: 10:11.50 1:10.99
10.	Þór Eli Gunnarsson		11	SH	10:13.75 399
	100m: 1:09.91	1:09.91	300m: 3:45.20	1:18.41	500m: 6:23.36 1:19.12
	200m: 2:26.79	1:16.88	400m: 5:04.24	1:19.04	600m: 7:42.62 1:19.26
					700m: 8:59.93 1:17.31
					800m: 10:13.75 1:13.82
11.	Magni Rafn Ragnarsson		10	Óðinn	10:18.96 389
	100m: 1:13.70	1:13.70	300m: 3:49.00	1:18.30	500m: 6:26.47 1:18.37
	200m: 2:30.70	1:17.00	400m: 5:08.10	1:19.10	600m: 7:44.70 1:18.23
					700m: 9:02.42 1:17.72
					800m: 10:18.96 1:16.54
12.	Huginn Leví Pétursson		09	Breiðablik	10:23.28 381
	100m: 1:10.47	1:10.47	300m: 3:52.66	1:21.74	500m: 6:34.43 1:20.51
	200m: 2:30.92	1:20.45	400m: 5:13.92	1:21.26	600m: 7:53.25 1:18.82
					700m: 9:09.30 1:16.05
					800m: 10:23.28 1:13.98
DSQ	Kristjón Hrafn Kjartansson		11	SH	9:58.27
	<i>G2 - Starting before the start signal (SW 4.4)</i>				
	100m: 1:08.66	1:08.66	300m: 3:39.03	1:15.63	500m: 6:12.02 1:16.35
	200m: 2:23.40	1:14.74	400m: 4:55.67	1:16.64	600m: 7:28.64 1:16.62
					700m: 8:45.04 1:16.40
					800m: 9:58.27 1:13.23

Event 39
14.04.2024 - 18:57

Women, 4 x 100m Medley

Open
Results

Íslandsmet	4:16.18	Sundfélag Hafnarfjarðar	SH	Reykjavík	12.04.2014
Unglingamet	4:31.33	Sundfélag Hafnarfjarðar	SH	Reykjavík	21.04.2018
Aldursflokkamet	4:43.70	Íþróttabandalag Reykjanesbæjar	IRB	Reykjanesbaer	07.12.2014

Points: FINA 2024

Rank	Time		Pts
1.	ÍRB 1		4:25.26 655
	Ástrós Lovísa Hauksdóttir	+0.58 31.32 1:06.51	Eydís Ósk Kolbeinsdóttir +0.43 28.81 1:04.94
	Eva Margrét Falsdóttir	+0.20 33.22 1:13.03	Sunneva Bergmann Ásbjörnsdó+0.43 28.86 1:00.78
2.	Breiðablik 1		4:28.74 630
	Ragnheiður Ásta Magnúsdóttir	+0.61 33.22 1:08.24	Nadja Djurovic +0.31 29.80 1:04.30
	Margrét Anna Lapas	+0.40 35.62 1:16.31	Freyja Birkisdóttir +0.29 28.50 59.89
3.	SH 1		4:31.30 612
	Helga Sigurlaug Helgadóttir	+0.62 34.21 1:11.61	Vala Dis Cicero +0.43 30.56 1:06.85
	Birgitta Ingólfssdóttir	+0.55 32.80 1:11.90	Katja Lilja Andriydsdóttir 28.62 1:00.94
4.	Ægir 1		4:45.76 524
	Ylfa Asgerdur Eyjolfssdóttir	+0.60 34.60 1:09.57	Hekla Kristrun Mist Arnarsdóttir +0.33 31.20 1:09.53
	Ran Björnsdóttir	+0.58 38.08 1:22.66	Hulda Björg Magnúsdóttir Nilsen+0.28 30.34 1:04.00
5.	Breiðablik 2		4:47.11 516
	Iris Asta Magnúsdóttir	+0.81 36.24 1:15.46	Sólveig Freyja Hákonardóttir 32.20 1:08.76
	Ragnheiður L. Gunnsteinsdóttir	+0.58 37.94 1:21.77	Asdis Steindorsdóttir 29.19 1:01.12
6.	ÍA 1		4:55.13 475
	Ingibjörg Svava Magnúsardóttir	+0.58 37.54 1:17.92	Guðbjörg Bjartey Guðmundsdóttir+0.43 31.25 1:09.24
	Sunna Arnfinnsdóttir	+0.26 39.25 1:22.49	Viktoria Emilia Orlita +0.63 30.96 1:05.48
7.	SH 2		4:56.72 468
	Dagmar Arna Sigurðardóttir	+0.62 34.90 1:12.28	Tinna Karen Sigurðardóttir +0.73 35.23 1:19.49
	Auguste Balciunaite	+0.41 36.75 1:18.02	Hildur Erla Hákonardóttir +0.15 31.88 1:06.93



Event 39, Women, 4 x 100m Medley, Open

Rank					Time	Pts
8.	Breiðablik 3		Breiðablik		5:06.89	423
	Halldóra Björt Ingimundardóttir	+0.64 36.43	1:16.28	Þorgerður Freyja Helgadóttir	36.23	1:20.01
	Guðrún Ísól Harðardóttir	39.08	1:25.50	Guðbjörg Helga Hilmarsdóttir	30.23	1:05.10
DSQ	Ármann 1		Ármann		4:59.29	
	<i>R2 - Swimmer's feet lost touch with starting place before preceding team</i>				<i>mate touches (SW 10.11)</i>	
	Yrsa Gunnlaugsdóttir	+0.74 35.81	1:12.95	Sandra Rut Fannarsdóttir	+0.26 35.54	1:20.18
	Katla Mist Bragadóttir	+0.40 38.15	1:21.74	Katrín Lóa Ingadóttir	-0.12 29.78	1:04.42

Event 40 Men, 4 x 100m Medley Open
14.04.2024 - 19:07 Results

Íslandsmet	3:50.57	Sundfélag Hafnarfjarðar		Reykjavík	21.04.2018
Unglingamet	3:51.92	Sundfélag Hafnarfjarðar	SH	Reykjavík	03.04.2023
Aldursflokkamet	4:19.11	Íþróttabandalag Reykjanesbæjar	IRB	Reykjanesbaer	19.12.2023

Points: FINA 2024

Rank					Time	Pts
1.	SH 1		SH		3:50.94	717
	Bergur Fálnir Bjarnason	+0.55 29.12	1:01.25	Birnir Freyr Hálfðánarsson	+0.44 25.06	54.94
	Snorri Dagur Einarsson	+0.35 28.74	1:02.61	Veigar Hrafn Sigthorsson	+0.50 24.83	52.14
2.	ÍRB 1		ÍRB		3:57.84	657
	Guðmundur Leo Rafnsson	+0.57 27.86	56.95	Fannar Snævar Hauksson	+0.35 25.53	56.91
	Nikolai Leo Jónsson	+0.23 32.12	1:09.91	Stefán Elías Berman	+0.29 25.53	54.07
3.	ÍA 1		ÍA		4:16.03	526
	Kajus Jatautas	+0.53 33.04	1:09.18	Guðbjarni Sigþórsson	+0.21 28.98	1:04.91
	Einar Margeir Ágústsson	+0.28 29.06	1:04.20	Kristján Magnússon	+0.15 27.27	57.74
4.	Breiðablik 1		Breiðablik		4:22.17	490
	Przemysław Puławski	+0.66 30.77	1:04.47	Kacper Kogut	+0.42 30.37	1:06.02
	Dominic Dadi Wheeler	+0.38 35.91	1:19.57	Ýmir Chatenay Sölvason	+0.37 25.48	52.11
5.	Ægir 1		Ægir		4:25.89	470
	Asberg Halldor Hansson	+0.72 30.68	1:03.56	Oliver Kaldal	+0.40 30.02	1:06.13
	Einar Helgi Gudlaugsson	+0.42 36.89	1:20.12	Stefan Ingi Olafsson	+0.16 27.29	56.08
6.	SH 2		SH		4:52.44	353
	Andri Ólafsson	+0.70 34.62	1:12.80	Styrmir Snær Árnason	+0.18 31.41	1:07.90
	Þór Eli Gunnarsson	39.73	1:26.94	Kristjón Hrafn Kjartansson	30.84	1:04.80