

# Flokkamót ÍF 6. - 7. apríl

Grein	Sæti	Nafn	Flokkur	Félag	Tími
<b>#1 200 m frjáls aðferð</b>			<b>kvk</b>		
	1	Sigrún Kjartansdóttir	S16	Fjörður	3:18,34
	1	Anna Rósa Þrastardóttir	S14	Fjörður	2:42,38
	2	Rósa Kristín Kristmannsdóttir	S14	Ármann	3:08,62
	3	Anna María Jónsdóttir	S14	Fjörður	ógild
	1	Thelma Björg Björnsdóttir	S6	ÍFR	3:10,05
<b>#2 200 m frjáls aðferð</b>			<b>kk</b>		
	1	Snævar Örn Kristmannsson	S15	ÍFR	2:19,72
	1	Ýmir Snær Hlynsson	S14	Ösp	2:48,22
	2	Róbert Erwin	S14	Fjörður	3:41,81
	1	Guðfinnur Karlsson	S11	Fjörður	2:41,70
	1	Hjörtur Már Ingvarsson	S5	Fjörður	4:31,75
<b>#3 50 m flugsund</b>			<b>kvk</b>		
	1	Emelía Ýr Gunnarsdóttir	S14	Fjörður	0:37,71
	2	Kristrún Helga Þórðardóttir	S14	Fjörður	0:58,31
		Kristín Erna Jakobsdóttir	S7	Óðinn	ógild
<b>#4 50 m flugsund</b>			<b>kk</b>		
	1	Snævar Örn Kristmannsson	S15	ÍFR	0:30,12
<b>#5 50 m bringusund</b>			<b>kvk</b>		
	1	Aníta Hrafnsdóttir	S14	Fjörður	0:44,89
	2	Anna Rósa Þrastardóttir	S14	Fjörður	0:48,67
	3	Emelía Ýr Gunnarsdóttir	S14	Fjörður	0:52,30
	4	Védís Harðardóttir	S14	Fjörður	0:55,64
	5	Kristrún Helga Þórðardóttir	S14	Fjörður	1:06,85
	6	Sólveig Guðjónsdóttir	S14	ÍFR	1:10,93
	7	Katrín Anna Heidarsdóttir	S14	Ösp	1:19,70
	1	Kristín Erna Jakobsdóttir	SB7	Óðinn	1:27,88
	1	Thelma Björg Björnsdóttir	SB5	ÍFR	0:57,30
<b>#6 50 m bringusund</b>			<b>kk</b>		
	1	Emil Björnsson	S14	ÍFR	0:46,99
	2	Benjamín Snorrason	S14	ÍFR	0:49,81
	3	Daníel Ísak Sölvason	S14	Ösp	0:53,80
	4	Georgij Stanisic	S14	Ösp	0:53,82

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Grein	Sæti	Nafn	Flokkur	Félag	Tími	
<b>#7 100 m baksund</b>			<b>kvk</b>			
	1	Sigrún Kjartansdóttir	S16	Fjörður	2:04,50	
	1	Aníta Hrafnsdóttir	S14	Fjörður	1:33,65	
	2	Rósa Kristín Kristmannsdóttir	S14	Ármann	1:52,31	
	3	Anna Björk Elkjar Emilsdóttir	S14	Ösp	2:15,65	
	4	Sunna Björnsdóttir	S14	Fjörður	2:46,00	
		Emelía Ýr Gunnarsdóttir	S14	Fjörður	ógild	
	1	Kristín Erna Jakobsdóttir	S7	Óðinn	3:29,56	
	1	Sonja Sigurðardóttir	S3	ÍFR	2:26,87	Íslandsmet
<b>#8 100 m baksund</b>			<b>kk</b>			
	1	Ýmir Snær Hlynsson	S14	Ösp	1:47,01	
	2	Róbert Erwin	S14	Fjörður	2:00,33	
	3	Frosti Magnússon	S14	Fjörður	3:02,25	
	1	Guðfinnur Karlsson	S11	Fjörður	1:33,04	
	1	Michel Masselter	S6	ÍFR	2:21,13	
	1	Hjörtur Már Ingvarsson	S5	Fjörður	2:17,83	
<b>#9 150 m þrísund</b>						
<b>#10 150 m þrísund</b>						
<b>#11 200 m fjórsund</b>			<b>kvk</b>			
	1	Emelía Ýr Gunnarsdóttir	S14	Fjörður	3:31,69	
	2	Kristrún Helga Þórðardóttir	S14	Fjörður	4:33,50	
<b>#12 200 m fjórsund</b>			<b>kk</b>			
	1	Snævar Örn Kristmannsson	S15	ÍFR	2:48,34	
	1	Guðfinnur Karlsson	S11	Fjörður	3:16,67	
<b>#13 100 m frjáls aðferð</b>			<b>kvk</b>			
	1	Sigrún Kjartansdóttir	S16	Fjörður	1:36,77	
	1	Anna Rósa Þrastardóttir	S14	Fjörður	1:13,38	
	2	Aníta Hrafnsdóttir	S14	Fjörður	1:19,56	
	3	Rósa Kristín Kristmannsdóttir	S14	Ármann	1:28,05	
	4	Anna Björk Elkjar Emilsdóttir	S14	Ösp	2:05,13	
	5	Anna María Jónsdóttir	S14	Fjörður	2:23,27	
	6	Sunna Björnsdóttir	S14	Fjörður	2:40,43	
	1	Kristín Erna Jakobsdóttir	S7	Óðinn	2:50,21	
	1	Thelma Björg Björnsdóttir	S6	ÍFR	1:32,23	

ÚRSLIT 6. apríl 2024

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Grein	Sæti	Nafn	Flokkur	Félag	Tími
<b>#14 100 m frjáls aðferð</b>			<b>kvk</b>		
	1	Pétur Mikael Helgason	S16	Ösp	2:03,37
	1	Ýmir Snær Hlynsson	S14	Ösp	1:15,69
	2	Georgij Stanisic	S14	Ösp	1:26,77
	3	Daníel Ísak Sölvason	S14	Ösp	1:36,62
	4	Róbert Erwin	S14	Fjörður	1:15,69
	5	Emil Björnsson	S14	ÍFR	1:38,34
	6	Gustas Poskus	S14	Ösp	1:42,84
	7	Stefán Páll Skarphéðinsson	S14	ÍFR	2:19,11
	8	Frosti Magnússon	S14	Fjörður	2:39,25
	1	Guðfinnur Karlsson	S11	Fjörður	1:16,61
	1	Michel Masselter	S6	ÍFR	2:31,46
	1	Hjörtur Már Ingvarsson	S5	Fjörður	2:03,51
<b>#15 4*100 m fjórsund</b>			<b>kvk</b>		
<b>#16 4*100 m fjórsund</b>			<b>kk</b>		

Stigin eftir 1. keppnisdag:

<b>Fjörður</b>	315
<b>ÍFR</b>	145
<b>Ösp</b>	97
<b>Ármann</b>	28
<b>Óðinn</b>	24

Grein	Sæti	Nafn	Flokkur	Félag	Tími
<b>#17 4*100 m frjáls aðferð</b>			<b>kk</b>		
	1	Ösp	<b>S14</b>	Ösp	6:09,91
	2	ÍFR		ÍFR	8:13,16
<b>#18 4*100 m frjáls aðferð</b>			<b>kvk</b>		
<b>#19 50 m frjáls aðferð</b>			<b>kk</b>		
	1	Pétur Mikael Helgason	S16	Ösp	0:54,09
	1	Snævar Örn Kristmannsson	S15	ÍFR	0:28,22
	1	Ýmir Snær Hlynsson	S14	Ösp	0:35,32
	2	Georgij Stanisic	S14	Ösp	0:36,19
	3	Róbert Erwin	S14	Fjörður	0:39,88
	4	Gustas Poskus	S14	Ösp	0:43,26
	5	Daníel Ísak Sölvason	S14	Ösp	0:44,28
	6	Emil Björnsson	S14	ÍFR	0:47,41
	7	Benjamín Snorrason	S14	ÍFR	0:49,09
	8	Stefán Páll Skarphéðinsson	S14	ÍFR	1:06,94
	9	Frosti Magnússon	S14	Fjörður	1:13,92
	1	Guðfinnur Karlsson	S11	Fjörður	0:35,21
	1	Michel Masselter	S6	ÍFR	1:07,57
	1	Hjörtur Már Ingvarsson	S5	Fjörður	0:59,22
<b>#19 50 m frjáls aðferð</b>			<b>kvk</b>		
	1	Sigrún Kjartansdóttir	S16	Fjörður	0:42,77
	1	Anna Rósa Þrastardóttir	S14	Fjörður	0:33,88
	2	Aníta Hrafnisdóttir	S14	Fjörður	0:34,73
	3	Rósa Kristín Kristmannsdóttir	S14	Ármann	0:37,75
	4	Anna Björk Elkjar Emilsdóttir	S14	Ösp	0:53,88
	5	Katrín Anna Heiðarsdóttir	S14	Ösp	0:54,50
	6	Kristrún Helga Þórðardóttir	S14	Fjörður	0:54,96
	7	Sólveig Guðjónsdóttir	S14	ÍFR	0:59,52
	8	Anna María Jónsdóttir	S14	Fjörður	1:01,54
	9	Sunna Björnsdóttir	S14	Fjörður	1:09,54
	1	Kristín Erna Jakobsdóttir	S7	Óðinn	1:13,90
	1	Thelma Björg Björnsdóttir	S6	ÍFR	0:44,07

**#21 50 m baksund****kk**

1	Pétur Mikael Helgason	S16	Ösp	1:17,86
1	Ýmir Snær Hlynsson	S14	Ösp	0:47,09
2	Róbert Erwin	S14	Fjörður	0:56,24
3	Gustas Poskus	S14	Ösp	1:03,35
4	Frosti Magnússon	S14	Fjörður	1:24,37
1	Michel Masselter	S6	ÍFR	1:06,59
1	Hjörtur Már Ingvarsson	S5	Fjörður	1:07,66

**#22 50 m baksund****kvk**

1	Sigrún Kjartansdóttir	S16	Fjörður	0:59,13
1	Aníta Hrafnisdóttir	S14	Fjörður	0:42,70
2	Emelía Ýr Gunnarsdóttir	S14	Fjörður	0:43,48
3	Rósa Kristín Kristmannsdóttir	S14	Ármann	0:49,39
4	Kristrún Helga Þórðardóttir	S14	Fjörður	1:01,97
5	Anna Björk Elkjar Emilsdóttir	S14	Ösp	1:05,99
6	Katrín Anna Heiðarsdóttir	S14	Ösp	1:07,37
7	Sunna Björnsdóttir	S14	Fjörður	1:11,91
8	Anna María Jónsdóttir	S14	Fjörður	1:54,23
1	Kristín Erna Jakobsdóttir	S7	Óðinn	1:43,31

**#23 100 m flugsund****kk**

1	Snævar Örn Kristmannsson	S15	ÍFR	1:03,82
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**#24 100 m flugsund****kvk**

1	Emelía Ýr Gunnarsdóttir	S14	Fjörður	1:28,65
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**#25 100 m bringusund****kk**

1	Emil Björnsson	S14	ÍFR	1:55,07
2	Benjamín Snorrason	S14	ÍFR	1:57,39
3	Georgij Stanisic	S14	Ösp	2:05,88
4	Daníel Ísak Sölvason	S14	Ösp	2:12,47

**#26 100 m bringusund****kvk**

1	Anna Rósa Þrastardóttir	S14	Fjörður	1:47,92
2	Védís Harðardóttir	S14	Fjörður	2:03,83
3	Kristrún Helga Þórðardóttir	S14	Fjörður	2:22,68
4	Katrín Anna Heidarsdóttir	S14	Ösp	3:07,45
1	Thelma Björg Björnsdóttir	SB5	ÍFR	1:59,64

**#27 400 m frjáls aðferð****kk**

1	Snævar Örn Kristmannsson	S15	ÍFR	4:49,12
1	Guðfinnur Karlsson	S11	Fjörður	5:37,34
1	Hjörtur Már Ingvarsson	S5	Fjörður	9:44,82

**#28 400 m frjáls aðferð**

**kvk**

1	Sigrún Kjartansdóttir	S16	Fjörður	7:14,44	Íslandsmet
1	Anna Rósa Þrastardóttir	S14	Fjörður	5:52,82	
2	Rósa Kristín Kristmannsdóttir	S14	Ármann	7:02,26	
1	Thelma Björg Björnsdóttir	S6	ÍFR	6:38,60	

**#30 4\*50 m frjáls aðferð**

**blandað**

1	ÍFR		ÍFR	3:18,52
2	Ösp	<b>S14</b>	Ösp	3:25,84

Loka staðan:

<b>Fjörður</b>	550
<b>ÍFR</b>	279
<b>Ösp</b>	222
<b>Óðinn</b>	60
<b>Ármann</b>	54