



# Results

## Bikar og Flokkamót ÍF

Place: Sundlaug Laugardals  
Pool: 50m

Organizer: Íþróttasamband Fatlaðra  
Competition Date: May 16, 2026 to May 17, 2026

### Event 1, 200m frjáls aðferð kvenna - Úrslit

Allir			Flokkur			
Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Anna Rósa Þrastardóttir	S14 2004 Íþróttafélagið Fjörður	0.83	500	<b>2:41.49</b>	
	50m: 37.51	100m: 1:18.46 (40.95)	150m: 2:01.33 (42.87)		200m: 2:41.49 (40.16)	
2	Rósa Kristín Kristmannsdóttir	S14 2009 Íþróttafélagið Fjörður		499	<b>2:41.57</b>	+0.08
	50m: 38.05	100m: 1:17.62 (39.57)	150m: 2:00.37 (42.75)		200m: 2:41.57 (41.20)	
3	Thelma Björnsdóttir	S6 1996 Reykjavík		399	<b>3:20.61</b>	+39.12
	50m: 44.10	100m: 1:34.34 (50.24)	150m: 2:27.12 (52.78)		200m: 3:20.61 (53.49)	
4	Sandra Sif Gunnarsdóttir	S13 1999 Íþróttafélagið Fjörður	0.74	3	<b>4:05.10</b>	+1:23.61
	50m: 53.33	100m: 1:56.60 (1:03.27)	150m: 3:03.16 (1:06.56)		200m: 4:05.10 (1:01.94)	
=5	Védís Harðardóttir	S14 2002 Íþróttafélagið Fjörður			<b>4:17.32</b>	+1:35.83
	50m: 55.97	100m: 2:03.27 (1:07.30)	150m: 3:10.44 (1:07.17)		200m: 4:17.32 (1:06.88)	
=5	Anna María Jónsdóttir	S14 2012 Íþróttafélagið Fjörður			<b>4:20.85</b>	+1:39.36
		100m: 2:03.84 (2:03.84)	150m: 3:12.09 (1:08.25)		200m: 4:20.85 (1:08.76)	
=5	Sigrún Kjartansdóttir	S18 2003 Íþróttafélagið Fjörður	0.94		<b>3:13.80</b>	+32.31
	50m: 42.48	100m: 1:31.11 (48.63)	150m: 2:21.97 (50.86)		200m: 3:13.80 (51.83)	

Event official at: 5/16/2026 3:10:30 PM

### Event 2, 200m frjáls aðferð karla - Úrslit

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Guðfinnur Karlsson	S11 1988 Íþróttafélagið Fjörður		492	<b>2:40.41</b>	
	50m: 38.22	100m: 1:19.06 (40.84)	150m: 2:00.02 (40.96)		200m: 2:40.41 (40.39)	
2	Ýmir Snær Hlynsson	S14 2002 Reykjavík		112	<b>2:52.40</b>	+11.99
	50m: 37.14	100m: 1:19.78 (42.64)	150m: 2:05.04 (45.26)		200m: 2:52.40 (47.36)	
3	Róbert Erwin	S14 1997 Íþróttafélagið Fjörður		1	<b>3:37.74</b>	+57.33
	50m: 46.01	100m: 1:37.62 (51.61)	150m: 2:36.20 (58.58)		200m: 3:37.74 (1:01.54)	
=4	Hjörtur Ingvarsson	S5 1995 Íþróttafélagið Fjörður			<b>5:16.26</b>	+2:35.85
	50m: 1:16.91	100m: 2:36.81 (1:19.90)	150m: 3:55.73 (1:18.92)		200m: 5:16.26 (1:20.53)	
=4	Frosti Magnusson	S14 2010 Íþróttafélagið Fjörður	0.93		<b>3:59.78</b>	+1:19.37
	50m: 49.76	100m: 1:50.57 (1:00.81)	150m: 2:55.15 (1:04.58)		200m: 3:59.78 (1:04.63)	
=4	Guðmundur Atli Sigurðsson	S8 2005 Íþróttafélagið Fjörður			<b>4:19.00</b>	+1:38.59
	50m: 46.19	100m: 1:47.16 (1:00.97)	150m: 2:58.81 (1:11.65)		200m: 4:19.00 (1:20.19)	

Event official at: 5/16/2026 3:17:09 PM

### Event 3, 50m flugsund kvenna - Úrslit

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Emelía Ýr Gunnarsdóttir	S14 2005 Íþróttafélagið Fjörður		686	<b>35.42</b>	
2	Kristrún Helga Þórðardóttir	S14 2005 Íþróttafélagið Fjörður	0.94	35	<b>55.56</b>	+20.14

Event official at: 5/16/2026 3:20:36 PM

### Event 4, 50m flugsund karla - Úrslit

Rank	Name	Born Team	R.T.	WPS	Time	Diff
1	Róbert Ísak Jónsson	S14 2001 Íþróttafélagið Fjörður	0.60	846	<b>27.84</b>	
=2	Arnar Núi Dagmararson	S19 2016 Reykjavík			<b>48.73</b>	+20.89
=2	Ýmir Snær Hlynsson	S14 2002 Reykjavík			<b>57.76</b>	+29.92
=2	Snævar Örn Kristmannsson	S19 2006 Reykjavík	0.75		<b>28.47</b>	+0.63



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## Event 4, 50m flugsund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
	- Filip Wladyslaw Banczak	S7	2011 Reykjavík			DSQ	
8.2 Handleggir ekki samtímis framávið yfir vatnsyfirborði.							
Event official at: 5/16/2026 3:23:57 PM							

## Event 5, 50m bringusund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Thelma Björnsdóttir	SB5	1996 Reykjavík		501	58.02	
2	Anna Rósa Þrastardóttir	SB1	2004 Íþróttafélagið Fjörður 4	0.83	340	50.10	-7.92
3	Védís Harðardóttir	SB1	2002 Íþróttafélagið Fjörður 4		202	54.46	-3.56
4	Kristín Erna Jakobsdóttir	SB7	2005 Sundfélagið Óðinn		8	1:27.71	+29.69
=5	Sólveig Guðjónsdóttir	SB1	1996 Reykjavík 4			1:24.23	+26.21
=5	Katrín Anna Heiðarsdóttir	SB1	1997 Reykjavík 4			1:29.39	+31.37

Event official at: 5/16/2026 3:25:56 PM

## Event 6, 50m bringusund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Róbert Ísak Jónsson	SB1	2001 Íþróttafélagið Fjörður 4	0.49	676	35.87	
2	Daníel Ísak Sölvason	SB1	1994 Reykjavík 4	0.89	103	48.78	+12.91
3	Benjamín Snorrason	SB1	1995 Reykjavík 4		61	51.25	+15.38
4	Georgij Stanisic	SB1	2009 Reykjavík 4		23	55.20	+19.33
5	Hjörtur Ingvarsson	SB5	1995 Íþróttafélagið Fjörður		21	1:16.49	+40.62
=6	Arnar Nói Dagmararson	SB1	2016 Reykjavík 9	0.74		1:01.14	+25.27
=6	Þorbjörn Helgason	SB4	2003 Reykjavík			1:36.09	+1:00.22
	- Filip Wladyslaw Banczak	SB6	2011 Reykjavík			DSQ	
7.6 Snertir ekki bakka í snúningi eða við lok sunds með báðum höndum; aðskildar og/eða samtímis (þ.e. önnur hönd í bakka).							
	- Miguel Alejandro Fernández	SB1	2011 Reykjavík 4			DSQ	
7.5 Fætur snúa ekki út á við meðan á spyrnu stendur.							
	- Stefán Páll Skarphéðinsson	SB1	1988 Reykjavík 4			DSQ	
7.5 Fætur snúa ekki út á við meðan á spyrnu stendur.							

Event official at: 5/16/2026 3:33:43 PM

## Event 7, 100m baksund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
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## Results

### Event 7, 100m baksund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Emelía Ýr Gunnarsdóttir	S14	2005 Íþróttafélagið Fjörður	0.66	244	1:32.07	
	50m: 44.42		100m: 1:32.07 (47.65)				
2	Rósa Kristín Kristmannsdóttir	S14	2009 Íþróttafélagið Fjörður	0.85	188	1:34.67	+2.60
	50m: 47.48		100m: 1:34.67 (47.19)				
3	Sandra Sif Gunnarsdóttir	S13	1999 Íþróttafélagið Fjörður	0.74	2	1:58.88	+26.81
	50m: 56.90		100m: 1:58.88 (1:01.98)				
=4	Kristín Erna Jakobsdóttir	S7	2005 Sundfélagið Óðinn	0.84		3:21.00	+1:48.93
	50m: 1:39.01		100m: 3:21.00 (1:41.99)				
=4	Anna maría Jónsdóttir	S14	2012 Íþróttafélagið Fjörður			2:56.50	+1:24.43
	50m: 1:22.58		100m: 2:56.50 (1:33.92)				
=4	Kristrún Helga Þórðardóttir	S14	2005 Íþróttafélagið Fjörður	0.82		2:20.34	+48.27
			100m: 2:20.34 (2:20.34)				

Event official at: 5/16/2026 3:49:16 PM

### Event 8, 100m baksund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Guðfinnur Karlsson	S11	1988 Íþróttafélagið Fjörður	0.59	266	1:28.36	
	50m: 43.92		100m: 1:28.36 (44.44)				
=2	Róbert Erwin	S14	1997 Íþróttafélagið Fjörður	0.88		1:56.18	+27.82
			100m: 1:56.18 (1:56.18)				
=2	Hjörtur Ingvarsson	S5	1995 Íþróttafélagið Fjörður			2:44.35	+1:15.99
	50m: 1:18.49		100m: 2:44.35 (1:25.86)				
=2	Snævar Örn Kristmannsson	S19	2006 Reykjavík	0.75		1:16.91	-11.45
	50m: 36.62		100m: 1:16.91 (40.29)				
=2	Frosti Magnusson	S14	2010 Íþróttafélagið Fjörður	0.65		1:55.12	+26.76
	50m: 57.54		100m: 1:55.12 (57.58)				
=2	Guðmundur Atli Sigurðsson	S8	2005 Íþróttafélagið Fjörður	0.83		2:30.12	+1:01.76
	50m: 1:05.68		100m: 2:30.12 (1:24.44)				
-	Daníel Ísak Sölvason	S14	1994 Reykjavík			SICK	

Event official at: 5/16/2026 3:56:47 PM

### Event 11, 200m fjórsund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Rósa Kristín Kristmannsdóttir	SM 14	2009 Íþróttafélagið Fjörður		30	3:42.45	
	50m: 55.19		100m: 1:49.55 (54.36)			150m: 3:01.02 (1:11.47)	
						200m: 3:42.45 (41.43)	

Event official at: 5/16/2026 4:06:32 PM

### Event 12, 200m fjórsund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Guðfinnur Karlsson	SM 11	1988 Íþróttafélagið Fjörður	0.67	123	3:15.17	
	50m: 52.85		100m: 1:40.99 (48.14)			150m: 2:33.81 (52.82)	
						200m: 3:15.17 (41.36)	
2	Snævar Örn Kristmannsson	SM 19	2006 Reykjavík	0.75		2:40.46	-34.71
	50m: 31.37		100m: 1:14.95 (43.58)			150m: 2:06.32 (51.37)	
						200m: 2:40.46 (34.14)	

Event official at: 5/16/2026 4:11:04 PM

### Event 13, 100m frjálss aðferð kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
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## Event 13, 100m frjáls aðferð kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
=1	Thelma Björnsdóttir	S6	1996 Reykjavík		459	<b>1:32.47</b>	
	50m: 44.90		100m: 1:32.47 (47.57)				
=1	Anna Rósa Þrastardóttir	S14	2004 Íþróttafélagið Fjörður	0.77	459	<b>1:15.45</b>	-17.02
	50m: 35.82		100m: 1:15.45 (39.63)				
3	Emelía Ýr Gunnarsdóttir	S14	2005 Íþróttafélagið Fjörður	0.69	452	<b>1:15.66</b>	-16.81
	50m: 36.54		100m: 1:15.66 (39.12)				
4	Krísturín Helga Þórðardóttir	S14	2005 Íþróttafélagið Fjörður	0.92	1	<b>1:54.23</b>	+21.76
	50m: 55.95		100m: 1:54.23 (58.28)				
=5	Sólveig Guðjónsdóttir	S14	1996 Reykjavík			<b>2:25.30</b>	+52.83
	50m: 1:11.07		100m: 2:25.30 (1:14.23)				
=5	Sandra Sif Gunnarsdóttir	S13	1999 Íþróttafélagið Fjörður	0.73		<b>1:55.76</b>	+23.29
	50m: 54.77		100m: 1:55.76 (1:00.99)				
=5	Védís Harðardóttir	S14	2002 Íþróttafélagið Fjörður			<b>2:05.08</b>	+32.61
	50m: 57.55		100m: 2:05.08 (1:07.53)				
=5	Krístín Erna Jakobsdóttir	S7	2005 Sundfélagið Óðinn			<b>2:48.48</b>	+1:16.01
	50m: 1:18.36		100m: 2:48.48 (1:30.12)				
=5	Anna maría Jónsdóttir	S14	2012 Íþróttafélagið Fjörður			<b>2:09.69</b>	+37.22
			100m: 2:09.69 (2:09.69)				
=5	Sigrún Kjartansdóttir	S18	2003 Íþróttafélagið Fjörður	0.84		<b>1:31.59</b>	-0.88
	50m: 43.50		100m: 1:31.59 (48.09)				

Event official at: 5/16/2026 4:17:47 PM

## Event 14, 100m frjáls aðferð karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Ýmir Snær Hlynsson	S14	2002 Reykjavík		63	<b>1:20.37</b>	
	50m: 36.74		100m: 1:20.37 (43.63)				
2	Georgij Stanisc	S14	2009 Reykjavík		14	<b>1:27.19</b>	+6.82
	50m: 38.28		100m: 1:27.19 (48.91)				
3	Daníel Ísak Sölvason	S14	1994 Reykjavík		1	<b>1:36.57</b>	+16.20
			100m: 1:36.57 (1:36.57)				
=4	Arnar Nói Dagmararson	S19	2016 Reykjavík			<b>1:29.05</b>	+8.68
	50m: 41.05		100m: 1:29.05 (48.00)				
=4	Róbert Erwin	S14	1997 Íþróttafélagið Fjörður	0.86		<b>1:39.65</b>	+19.28
	50m: 46.38		100m: 1:39.65 (53.27)				
=4	Miguel Alejandro Fernández	S14	2011 Reykjavík			<b>2:05.03</b>	+44.66
	50m: 55.24		100m: 2:05.03 (1:09.79)				
=4	Nóel Hrafn Halldórsson	S6	2010 Reykjavík			<b>2:32.33</b>	+1:11.96
	50m: 1:06.70		100m: 2:32.33 (1:25.63)				
=4	Hjörtur Ingvarsson	S5	1995 Íþróttafélagið Fjörður			<b>2:42.36</b>	+1:21.99
	50m: 1:17.63		100m: 2:42.36 (1:24.73)				
=4	Frosti Magnusson	S14	2010 Íþróttafélagið Fjörður	0.91		<b>1:45.39</b>	+25.02
	50m: 50.47		100m: 1:45.39 (54.92)				
=4	Guðmundur Atli Sigurðsson	S8	2005 Íþróttafélagið Fjörður			<b>2:04.73</b>	+44.36
	50m: 51.06		100m: 2:04.73 (1:13.67)				
=4	Stefán Páll Skarphéðinsson	S14	1988 Reykjavík			<b>2:32.12</b>	+1:11.75
	50m: 1:11.49		100m: 2:32.12 (1:20.63)				
=4	Benjamín Snorrason	S14	1995 Reykjavík			<b>1:48.95</b>	+28.58
	50m: 49.98		100m: 1:48.95 (58.97)				

Event official at: 5/16/2026 4:25:26 PM



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### Event 15, 4x50m fjórsund kvenna - Úrslit

Rank	Name	Age	Team	WPS	Time	Diff
-	<b>Fjórður 1</b>	23	Íþróttafélagið Fjórður		<b>2:52.22</b>	
	Rósa Kristín Kristmannsdóttir	2009	S14	0.77	44.78	44.78
	Anna Rósa Þrastardóttir	2004	SB14		49.45	1:34.23
	Emelía Ýr Gunnarsdóttir	2005	S14	-0.03	35.96	2:10.19
	Sigrún Kjartansdóttir	2003	S18		42.03	2:52.22
-	<b>Fjórður 2</b>	27	Íþróttafélagið Fjórður		<b>DSQ</b>	
	10.12 Keppandi sleppir fótum af ráspalli áður en keppandinn á undan honum í sömu sveit snertir bakkann (þjófstart).					
	Sandra Sif Gunnarsdóttir	1999	S13	0.73	54.68	54.68
	Védís Harðardóttir	2002	SB14		55.56	1:50.24
	Kristrún Helga Þórðardóttir	2005	S14	0.30		DSQ
	Anna maría Jónsdóttir	2012	S14			

Event official at: 5/16/2026 4:47:26 PM

### Event 16, 4x50m fjórsund karla - Úrslit

Rank	Name	Age	Team	WPS	Time	Diff
1	<b>Reykjavík</b>	32	Reykjavík		<b>3:19.14</b>	
	Daníel Ísak Sölvason	1994	S14		51.84	51.84
	Benjamín Snorrason	1995	SB14		50.92	1:42.76
	Ýmir Snær Hlynsson	2002	S14		56.61	2:39.37
	Arnar Nói Dagmararson	2016	S19		39.77	3:19.14

Event official at: 5/16/2026 4:49:17 PM

### Event 17, 4x50m frjáls aðferð karla - Úrslit

Rank	Name	Age	Team	WPS	Time	Diff
1	<b>Reykjavík</b>	38	Reykjavík		<b>3:55.09</b>	
	Filip Wladyslaw Banczak	2011	S7		1:14.44	1:14.44
	Miguel Alejandro Fernández Marín	2011	S14		51.74	2:06.18
	Stefán Páll Skarphéðinsson	1988	S14			
	Georgij Stanisic	2009	S14		3:55.09	3:55.09

Event official at: 5/17/2026 10:06:05 AM

### Event 18, 4x50m frjáls aðferð kvenna - Úrslit

Rank	Name	Age	Team	WPS	Time	Diff
-	<b>Fjórður 1</b>	22	Íþróttafélagið Fjórður		<b>2:54.70</b>	
	Anna maría Jónsdóttir	2012	S14		57.44	57.44
	Rósa Kristín Kristmannsdóttir	2009	S14		37.15	1:34.59
	Emelía Ýr Gunnarsdóttir	2005	S14		40.27	2:14.86
	Anna Rósa Þrastardóttir	2004	S14		39.84	2:54.70

Event official at: 5/17/2026 10:12:47 AM

### Event 19, 50m frjáls aðferð karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	<b>Guðfinnur Karlsson</b>	S11	1988 Íþróttafélagið Fjórður	0.83	167	<b>36.26</b>	



## Results

### Event 19, 50m frjáls aðferð karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
2	Ýmir Snær Hlynsson	S14	2002 Reykjavík		100	<b>35.67</b>	-0.59
3	Georgij Stanisc	S14	2009 Reykjavík		69	<b>36.66</b>	+0.40
4	Daníel Ísak Sölvason	S14	1994 Reykjavík	0.81	45	<b>37.64</b>	+1.38
=5	Arnar Nói Dagmararson	S19	2016 Reykjavík			<b>40.61</b>	+4.35
=5	Snævar Örn Kristmannsson	S19	2006 Reykjavík	0.60		<b>27.95</b>	-8.31
=7	Filip Wladyslaw Banczak	S7	2011 Reykjavík	0.94		<b>1:14.50</b>	+38.24
=7	Miguel Alejandro Fernández	S14	2011 Reykjavík			<b>51.57</b>	+15.31
=7	Nóel Hrafn Halldórsson	S6	2010 Reykjavík			<b>1:07.60</b>	+31.34
=7	Frosti Magnusson	S14	2010 Íþróttafélagið Fjörður	0.78		<b>44.70</b>	+8.44
=7	Stefán Páll Skarphéðinsson	S14	1988 Reykjavík			<b>1:07.06</b>	+30.80
=7	Benjamín Snorrason	S14	1995 Reykjavík			<b>49.75</b>	+13.49
13	Guðmundur Atli Sigurðsson	S8	2005 Íþróttafélagið Fjörður	0.96	48	<b>41.26</b>	+5.00
14	Róbert Erwin	S14	1997 Íþróttafélagið Fjörður	0.99	2	<b>42.84</b>	+6.58
15	Hjörtur Ingvarsson	S5	1995 Íþróttafélagið Fjörður			<b>1:19.81</b>	+43.55

Event official at: 5/17/2026 10:18:51 AM

### Event 20, 50m frjáls aðferð kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Anna Rósa Prastardóttir	S14	2004 Íþróttafélagið Fjörður	0.62	511	<b>34.11</b>	
2	Thelma Björnsdóttir	S6	1996 Reykjavík		391	<b>43.65</b>	+9.54
3	Rósa Kristín Kristmannsdóttir	S14	2009 Íþróttafélagið Fjörður		359	<b>36.32</b>	+2.21
4	Emelía Ýr Gunnarsdóttir	S14	2005 Íþróttafélagið Fjörður	0.70	349	<b>36.47</b>	+2.36
=5	Katrín Anna Heiðarsdóttir	S14	1997 Reykjavík			<b>57.73</b>	+23.62
=5	Sigrún Kjartansdóttir	S18	2003 Íþróttafélagið Fjörður	0.80		<b>42.27</b>	+8.16
7	Ronja Mary Sigurjónsdóttir	S8	2012 Íþróttafélagið Fjörður	0.79	16	<b>53.44</b>	+19.33
=8	Sólveig Guðjónsdóttir	S14	1996 Reykjavík			<b>1:05.40</b>	+31.29
=8	Kristín Erna Jakobsdóttir	S7	2005 Sundfélagið Óðinn			<b>1:15.57</b>	+41.46
=8	Anna maría Jónsdóttir	S14	2012 Íþróttafélagið Fjörður			<b>57.46</b>	+23.35
11	Sandra Sif Gunnarsdóttir	S13	1999 Íþróttafélagið Fjörður	0.33	6	<b>49.26</b>	+15.15
=12	Védís Harðardóttir	S14	2002 Íþróttafélagið Fjörður			<b>54.63</b>	+20.52
=12	Krístur Helga Þórðardóttir	S14	2005 Íþróttafélagið Fjörður	0.99		<b>54.50</b>	+20.39

Event official at: 5/17/2026 10:26:26 AM

### Event 21, 50m baksund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Róbert Erwin	S14	1997 Íþróttafélagið Fjörður	0.80	52	<b>52.17</b>	
2	Daníel Ísak Sölvason	S14	1994 Reykjavík	0.72	41	<b>53.41</b>	+1.24
3	Nóel Hrafn Halldórsson	S6	2010 Reykjavík	0.65	3	<b>1:20.35</b>	+28.18
=4	Filip Wladyslaw Banczak	S7	2011 Reykjavík	0.76		<b>1:23.65</b>	+31.48
=4	Miguel Alejandro Fernández	S14	2011 Reykjavík	0.78		<b>1:23.65</b>	+31.48
=4	Snævar Örn Kristmannsson	S19	2006 Reykjavík	0.69		<b>33.70</b>	-18.47



# Results

## Event 21, 50m baksund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
7	Frosti Magnusson	S14	2010 Íþróttafélagið Fjörður	0.73	69	<b>50.76</b>	-1.41
8	Hjörtur Ingvarsson	S5	1995 Íþróttafélagið Fjörður		65	<b>1:04.19</b>	+12.02
9	Guðmundur Atli Sigurðsson	S8	2005 Íþróttafélagið Fjörður	0.84	1	<b>1:12.52</b>	+20.35

Event official at: 5/17/2026 10:29:17 AM

## Event 22, 50m baksund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Emelía Ýr Gunnarsdóttir	S14	2005 Íþróttafélagið Fjörður	0.64	473	<b>42.39</b>	
2	Rósa Kristín Kristmannsdóttir	S14	2009 Íþróttafélagið Fjörður	0.76	397	<b>44.05</b>	+1.66
3	Sandra Sif Gunnarsdóttir	S13	1999 Íþróttafélagið Fjörður	0.74	106	<b>53.59</b>	+11.20
4	Kristrún Helga Þórðardóttir	S14	2005 Íþróttafélagið Fjörður	0.85	11	<b>1:05.60</b>	+23.21
5	Katrín Anna Heiðarsdóttir	S14	1997 Reykjavík		1	<b>1:16.66</b>	+34.27
6	Ronja Mary Sigurjónsdóttir	S8	2012 Íþróttafélagið Fjörður	0.80	132	<b>1:00.19</b>	+17.80
7	Anna maría Jónsdóttir	S14	2012 Íþróttafélagið Fjörður	0.47	1	<b>1:16.21</b>	+33.82
-	Sigrún Kjartansdóttir	S18	2003 Íþróttafélagið Fjörður			<b>DNS</b>	

Event official at: 5/17/2026 10:33:04 AM

## Event 23, 100m flugsund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
=1	Ýmir Snær Hlynsson	S14	2002 Reykjavík			<b>1:58.40</b>	
	50m: 53.37		100m: 1:58.40 (1:05.03)				
=1	Snævar Örn Kristmannsson	S19	2006 Reykjavík	0.72		<b>1:05.35</b>	-53.05
	50m: 29.97		100m: 1:05.35 (35.38)				

Event official at: 5/17/2026 10:40:15 AM

## Event 24, 100m flugsund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Emelía Ýr Gunnarsdóttir	S14	2005 Íþróttafélagið Fjörður		69	<b>1:40.11</b>	
	50m: 42.21		100m: 1:40.11 (57.90)				
2	Kristrún Helga Þórðardóttir	S14	2005 Íþróttafélagið Fjörður	0.95		<b>2:05.31</b>	+25.20
	50m: 1:00.86		100m: 2:05.31 (1:04.45)				

Event official at: 5/17/2026 10:40:27 AM

## Event 25, 100m bringusund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Guðfinnur Karlsson	SB1	1988 Íþróttafélagið Fjörður		386	<b>1:38.31</b>	
	50m: 47.56		100m: 1:38.31 (50.75)				
2	Daníel Ísak Sölvason	SB1	1994 Reykjavík	0.85	32	<b>1:55.97</b>	+17.66
	50m: 51.89		100m: 1:55.97 (1:04.08)				
3	Benjamín Snorrason	SB1	1995 Reykjavík		21	<b>1:59.33</b>	+21.02
	50m: 55.02		100m: 1:59.33 (1:04.31)				
4	Georgij Stanisic	SB1	2009 Reykjavík		13	<b>2:02.75</b>	+24.44
	50m: 56.84		100m: 2:02.75 (1:05.91)				



## Results

### Event 25, 100m bringusund karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
=5	Arnar Núi Dagmararson	SB1	2016 Reykjavík			<b>2:12.57</b>	+34.26
		9					
	50m: 1:00.62		100m: 2:12.57 (1:11.95)				
=5	Þorbjörn Helgason	SB4	2003 Reykjavík			<b>3:32.72</b>	+1:54.41
	50m: 1:39.69		100m: 3:32.72 (1:53.03)				
-	Miguel Alejandro Fernández	SB1	2011 Reykjavík			<b>DSQ</b>	
		4					

7.5 Fætur snúa ekki út á við meðan á spyrnu stendur.

Event official at: 5/17/2026 10:46:57 AM

### Event 26, 100m bringusund kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Thelma Björnsdóttir	SB5	1996 Reykjavík		558	<b>2:04.62</b>	
	50m: 57.92		100m: 2:04.62 (1:06.70)				
2	Anna Rósa Þrastardóttir	SB1	2004 Íþróttafélagið Fjörður	0.82	245	<b>1:51.04</b>	-13.58
	50m: 51.56		100m: 1:51.04 (59.48)				
3	Védís Harðardóttir	SB1	2002 Íþróttafélagið Fjörður		130	<b>1:59.81</b>	-4.81
	50m: 56.28		100m: 1:59.81 (1:03.53)				
4	Ronja Mary Sigurjónsdóttir	SB9	2012 Íþróttafélagið Fjörður	0.77	114	<b>2:03.30</b>	-1.32
			100m: 2:03.30 (2:03.30)				
=5	Sólveig Guðjónsdóttir	SB1	1996 Reykjavík			<b>2:55.60</b>	+50.98
	50m: 1:21.51		100m: 2:55.60 (1:34.09)				
=5	Kristín Erna Jakobsdóttir	SB7	2005 Sundfélagið Óðinn			<b>3:14.09</b>	+1:09.47
	50m: 1:27.39		100m: 3:14.09 (1:46.70)				
-	Katrín Anna Heiðarsdóttir	SB1	1997 Reykjavík			<b>DNS</b>	
		4					

Event official at: 5/17/2026 10:55:15 AM

### Event 27, 400m frjáls aðferð karla - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Guðfinnur Karlsson	S11	1988 Íþróttafélagið Fjörður		312	<b>5:44.94</b>	
	50m: 41.06		100m: 1:24.45 (43.39)			150m: 2:08.64 (44.19)	200m: 2:53.43 (44.79)
	250m: 3:37.11 (43.68)		300m: 4:20.66 (43.55)			350m: 5:04.15 (43.49)	400m: 5:44.94 (40.79)
2	Ýmir Snær Hlynsson	S14	2002 Reykjavík		55	<b>6:08.44</b>	+23.50
	50m: 38.83		100m: 1:22.04 (43.21)			150m: 2:07.66 (45.62)	200m: 2:53.50 (45.84)
	250m: 3:40.73 (47.23)		300m: 4:29.77 (49.04)			350m: 5:20.46 (50.69)	400m: 6:08.44 (47.98)
=3	Frosti Magnusson	S14	2010 Íþróttafélagið Fjörður	0.92		<b>8:24.89</b>	+2:39.95
	100m: 1:57.18 (1:57.18)		150m: 3:02.90 (1:05.72)			200m: 4:06.97 (1:04.07)	
	250m: 5:11.36 (1:04.39)		300m: 6:16.97 (1:05.61)			350m: 7:24.24 (1:07.27)	400m: 8:24.89 (1:00.65)
=3	Guðmundur Atli Sigurðsson	S8	2005 Íþróttafélagið Fjörður			<b>9:47.01</b>	+4:02.07
	50m: 54.37		100m: 2:01.36 (1:06.99)			150m: 3:15.90 (1:14.54)	200m: 4:33.56 (1:17.66)
	250m: 5:50.70 (1:17.14)		300m: 7:09.00 (1:18.30)			350m: 8:28.81 (1:19.81)	400m: 9:47.01 (1:18.20)

Event official at: 5/17/2026 11:16:55 AM

### Event 28, 400m frjáls aðferð kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
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# Results

## Event 28, 400m frjáls aðferð kvenna - Úrslit

Rank	Name	Born	Team	R.T.	WPS	Time	Diff
1	Anna Rósa Prastardóttir	S14	2004 Íþróttafélagið Fjörður	0.78	329	5:45.47	
	50m: 38.18	100m: 1:21.20	(43.02)	150m: 2:04.70	(43.50)	200m: 2:48.31	(43.61)
	250m: 3:32.40	(44.09)	300m: 4:17.03	(44.63)	350m: 5:02.13	(45.10)	400m: 5:45.47 (43.34)
2	Thelma Björnsdóttir	S6	1996 Reykjavík		267	6:49.81	+1:04.34
	50m: 46.35	100m: 1:36.76	(50.41)	150m: 2:28.59	(51.83)	200m: 3:20.17	(51.58)
	250m: 4:12.44	(52.27)	300m: 5:05.68	(53.24)	350m: 5:58.61	(52.93)	400m: 6:49.81 (51.20)
3	Rósa Kristín Kristmannsdóttir	S14	2009 Íþróttafélagið Fjörður		179	6:05.82	+20.35
	50m: 42.42	100m: 1:28.85	(46.43)	150m: 2:15.79	(46.94)	200m: 3:03.17	(47.38)
	250m: 3:50.94	(47.77)	300m: 4:37.75	(46.81)	350m: 5:24.10	(46.35)	400m: 6:05.82 (41.72)
=4	Sandra Sif Gunnarsdóttir	S13	1999 Íþróttafélagið Fjörður	0.81		9:22.81	+3:37.34
	50m: 59.23	100m: 2:09.28	(1:10.05)	150m: 3:19.71	(1:10.43)	200m: 4:28.84	(1:09.13)
	250m: 5:40.10	(1:11.26)	300m: 6:52.58	(1:12.48)	350m: 8:06.52	(1:13.94)	400m: 9:22.81 (1:16.29)
=4	Anna maría Jónsdóttir	S14	2012 Íþróttafélagið Fjörður			9:10.26	+3:24.79
	50m: 58.04	100m: 2:05.46	(1:07.42)	150m: 3:16.68	(1:11.22)	200m: 4:26.13	(1:09.45)
	250m: 5:39.61	(1:13.48)	300m: 6:49.84	(1:10.23)	350m: 8:02.50	(1:12.66)	400m: 9:10.26 (1:07.76)
=4	Sigrún Kjartansdóttir	S18	2003 Íþróttafélagið Fjörður			7:04.44	+1:18.97
	50m: 44.61	100m: 1:37.92	(53.31)	150m: 2:32.84	(54.92)	200m: 3:28.19	(55.35)
	250m: 4:23.30	(55.11)	300m: 5:20.27	(56.97)	350m: 6:15.83	(55.56)	400m: 7:04.44 (48.61)
=4	Ronja Mary Sigurjónsdóttir	S8	2012 Íþróttafélagið Fjörður	0.78		9:39.48	+3:54.01
	50m: 1:05.18	100m: 2:18.71	(1:13.53)	150m: 3:35.96	(1:17.25)	200m: 4:51.05	(1:15.09)
	250m: 6:06.69	(1:15.64)	300m: 7:21.44	(1:14.75)	350m: 8:34.59	(1:13.15)	400m: 9:39.48 (1:04.89)

Event official at: 5/17/2026 11:38:55 AM

## Event 29, 4x50m frjáls aðferð blandað - Úrslit

Rank	Name	Age	Team	WPS	Time	Diff
	- Fjörður		29 Íþróttafélagið Fjörður		3:36.25	
	Róbert Erwin	1997	S14	42.57	42.57	
	Frosti Magnusson	2010	S14	1:00.13	1:42.70	
	Ronja Mary Sigurjónsdóttir	2012	S8	56.24	2:38.94	
	Védís Harðardóttir	2002	S14	57.31	3:36.25	
	- Reykjavík		32 Reykjavík		DSQ	
	10.12 Keppandi sleppir fótum af rásfalli áður en keppandinn á undan honum í sömu sveit snertir bakkann (þjófstart).					
	Thelma Björnsdóttir	1996	S6		DSQ	
	Daníel Ísak Sölvason	1994	S14			
	Katrín Anna Heiðarsdóttir	1997	S14			
	Arnar Núi Dagmararson	2016	S19			

Event official at: 5/17/2026 11:57:06 AM

## Event 30, 400m Individual Medley Women - Final

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
1	Svava Björg Lárusdóttir		2003 Sundfélagið Óðinn	0.51		5:50.95	
	50m: 32.73	100m: 1:13.93	(41.20)	150m: 2:00.52	(46.59)	200m: 2:47.33	(46.81)
	250m: 3:36.20	(48.87)	300m: 4:28.89	(52.69)	350m: 5:10.33	(41.44)	400m: 5:50.95 (40.62)

Event official at: 5/17/2026 8:33:50 AM

## Event 31, 1500m Freestyle Women - Final

Rank	Name	Born	Team	R.T.	Pts	Time	Diff
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# Results

## Event 31, 1500m Freestyle Women - Final

Rank	Name	Born	Team	R.T.	Pts	Time	Diff	
1	<b>Svava Björg Lárusdóttir</b>	2003	Sundfélagið Óðinn	0.31		<b>19:28.03</b>		
	50m: 32.88	100m: 1:10.11	(37.23)	150m: 1:48.09	(37.98)	200m: 2:26.76	(38.67)	
	250m: 3:05.03	(38.27)	300m: 3:43.79	(38.76)	350m: 4:22.44	(38.65)	400m: 5:01.41	(38.97)
	450m: 5:40.41	(39.00)	500m: 6:19.53	(39.12)	550m: 6:58.51	(38.98)	600m: 7:37.55	(39.04)
	650m: 8:16.63	(39.08)	700m: 8:55.66	(39.03)	750m: 9:34.73	(39.07)	800m: 10:14.05	(39.32)
	850m: 10:53.44	(39.39)	900m: 11:32.99	(39.55)	950m: 12:12.58	(39.59)	1000m: 12:52.30	(39.72)
	1050m: 13:31.83	(39.53)	1100m: 14:11.48	(39.65)	1150m: 14:51.05	(39.57)	1200m: 15:30.71	(39.66)
	1250m: 16:10.23	(39.52)	1300m: 16:49.97	(39.74)	1350m: 17:30.12	(40.15)	1400m: 18:10.38	(40.26)
	1450m: 18:49.49	(39.11)	1500m: 19:28.03	(38.54)				

Event official at: 5/17/2026 12:17:30 PM